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FREE

THIS WEEK

NORTHSIDE COMMUNITY NEWS

FREE

VOL. 10 - No. 3 - JANUARY 22nd - 2020

AROUND THE TOWN

It's that time of year again, Super Bowl time and this year the San Francisco 49ers and the Kansas City Chiefs square off for Super Bowl 54 to be played at Hard Rock Stadium in Florida - there will be an impressive half time show with Jennifer Lopez and Shakira performing on Sunday, February 2

(CONTINUED ON PAGE 4)



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NORTHSIDE COMMUNITY NEWS ITEMS

SENIORS BINGO

The Regular SUNDAY afternoon Bingo resumes. There will be an Afternoon BINGO Game at the Sydney Mines Seniors & Pensioners Club, 6 Fraser Avenue, Sydney Mines.

WHEN: SUNDAY - 2:00 pm

COST: - \$2.00 entry card DAUBERS ONLY - MONEY GAMES Come out and spend a wonderful Saturday afternoon and maybe win some prizes. Hope to see you all there - Jackpot \$550 on 48 #s or less - plus Toonie Jackpot \$56.00.

NOTE: - Management reserves the right to refuse admittance to the BINGO game.

Tune in on Sunday mornings at 9 am - host Pierre Chiasson presents a 1 hour show of traditional Gospel songs to listen to as you have your Sunday Brunch www.kleeradio.com

BINGO									
7	25	44	57	62					
15	22	40	50	70					
11	30		46	74					
2	28	37	55	68					
10	27	39	59	75					

North Sydney Fire Hall

THURSDAY NIGHT -

After Work Party Kitchen open from 4:00 - 12:00 pm - music from 6 - 10 by Ernie, Todd & Wade - \$10.00 - **FREE ADMISSION**. Pizza Special Kitchen will be open - Kitchen phone 794-8119.



SUPER BOWL SUNDAY will be held on February 2nd starting at 6:00 pm - Kitchen will be open - there will be draws made during the game.

VALENTINES DINNER & DANCE will be held on Friday, February 14th - music by Firehounds DJ - Hot Roast Beef Supper - \$15.00 each or \$25.00 per coupe - Supper will be served from 6:00 - 8:00 and Dancing will be from 9:00 - 1:00 pm.

FEB. 21 - FUND RAISING DANCE for Memorial High School Band, music by Full Circle - 9:00 - 1:00.

IONA LEGION SUPPER - Friday night - January 17th with Salisbury Steak. There will be no ceilidh this week. Supper is served from 6:00 - 7:00 pm Adult \$15 (\$13 + tax) - Senior/Child \$12 (\$10.43 + tax). Coffee & Tea included

BRAS d'OR SENIORS WEEKLY 45s GAME

The Bras d'Or Seniors Club are hosting weekly 45's game on Thursdays at 7:30 pm.

1st, 2nd and 3rd cash prizes are awarded. Also a chance to win the main Jackpot, mini Jackpot, and Loonie Jackpot and 50/50 draw. A total of 9 ways to win.

www.kleeradio.com

At this special time of the year, please contribute to



Food Drives for those families who cannot afford to feed their families - help make it a Merry Christmas this year



Heat & Serve Meals - Fresh Meal Selections - Frozen Selections
Grab 'n Go Lunch
Soups - Sandwiches - Salads
Ph: 217-0280

212 Commercial St., - North Sydney

Northside Seniors News

There will be a regular dance on Friday, January 24th. Music by Cyril Keeping, Our regular bingo games will continue on Saturday, January 18th, and Saturday, January 25.

Some News items courtesy of
Swing Over The Mountain News
logon to website
www.sotmnews.weebly.com
monthly newsletter

**Royal Canadian Legion
Branch 83 - Florence**

BINGO

EVERY THURSDAY

DOORS OPEN 5 PM - CARDS ON SALE - 6:00 PM

7:00 pm - CASH PRIZES

**EVERY SATURDAY
NIGHT 7-10**

Entertainment by
'THE CIRCLE'

Downstairs 7:00 - 10:00 pm
Happy Hour: 7:30 - 8:30 pm

BREAKFAST

SUNDAY - 9:00 - 12:00

Thursday - BINGO
Saturday - The CIRCLE
Sunday - BREAKFAST

736-6313



Keith Bain

MLA -Victoria-The Lakes

1415 Highway 105, Bras d'Or, NS, B1Y 2N5

902-736-0301 (Office)

902-736-0411 (Fax)

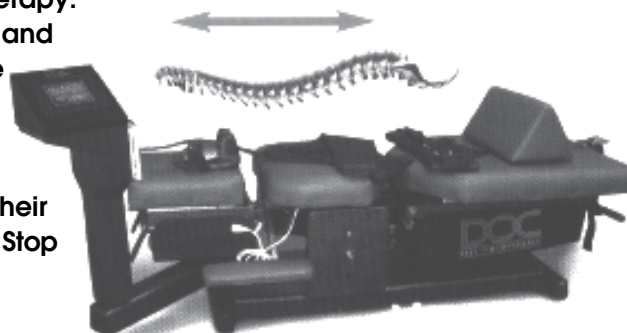
keithbainmla@bellaliant.com

NEW DECOMPRESSION TABLE RELIEVES PAIN

Darren Strong from Strong Chiropractic, announces a new, sophisticated computerized decompression table that allows the spine to be gently stretched and relaxed for spinal decompression therapy.

The pattern of alternating pulling and relaxing creates vacuum-like pressure which allows disc material that was herniated or protruded to be pulled back in the disc over time.

Patients will notice a reduction of their pain during these treatment sessions. Stop in today and ask about the new table and how you can benefit.



793 Mahon St., New Waterford - 862-9444 224 Commercial St. North Sydney - 241-9444

NORTHSIDE COMMUNITY NEWS/EVENTS

Tai Chi New Years Classes

Beginner classes in Taoist Tai Chi® arts start on Wednesday, January 8th at Bras d'Or Hall, 24 Villa Dr. at 6:30 pm.

ALL WELCOME. For more information, please call 902-567-0525.



Emera Centre News

Chase The Ace - Jan. 20 - next draw estimated at \$25,000.

Saturday, Jan. 25th - The Privateers from 9:30 - 1:30

FREE PUBLICITY - If your club or group is holding a community event in the new year and you are looking for some free publicity, email us and we'll make sure that your event gets some needed promotion.

FOR THE BEST IN LOCAL
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www.kleeradio.com

FLY TYING CLASSES



Fly Tying Classes Wednesdays at 7:00 p.m.; - Minor Baseball Building, Pitt St Sydney Mines.

Give this fun hobby a try - there are no fees involved.

For additional information, phone 902- 5441073 or 902-595- 4449.

Seniors Dance

Come out and enjoy an evening of dancing and fun with music on Saturday, at 8 pm at the Seniors and Pensioners' Club, Fraser Ave, Sydney Mines!

Admission is \$5.00 and everyone welcome.

HAPPY NEW YEAR

If you like Soduko Puzzles, logon to our website and enjoy a Daily Puzzle along with a new Daily Crossword Puzzle - Logon at -

www.kleeradio.com

COMMUNITY NEWS ITEMS

TAX PROFESSIONALS

222 Commercial Street - North Sydney - B2A 1B7
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HOURS - MONDAY - FRIDAY - 9:00 - 5:00

See **TAX TIPS** on page 8 and see how much you can save on this year's tax return
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FRI. - SAT.

11 am - 12 am

SUNDAY

3 pm - 11 pm

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GAME**

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Jackpot won
New Jackpot
\$825.00

**BINGO Tues.
7:30 PM
Bigger
Games &
Prizes**



AROUND THE TOWN

that should be good entertainment even if you are not a football fan.... **K-LEE RADIO** will hold a pre-Super Bowl radio remote at Bianchini's Pizzeria in North Sydney on Saturday, February 1st from 1:00 - 2:30 - stop by for some great music, free trivia giveaways and a chance to win **\$25.00** by guessing the correct score for the game... we have included some new giveaways on our website - a Baseball Scoresheet and a Master Grocery list to keep track of items you need to pick up - just logon to www.kleeradio.com and click on the "DOWNLOADS" link and get your free copy..... **NORTH SYDNEY FIRE HALL NEWS - SUPER BOWL SUNDAY** will be held on February 2nd starting at 6:00 pm - Kitchen will be open - there will be draws made during the game - **VALENTINES DINNER & DANCE** will be held on Friday, February 14th - music by Firehounds DJ - Hot Roast Beef Supper - \$15.00 each or \$25.00 per coupe - Supper will be served from 6:00 - 8:00 and Dancing will be from 9:00 - 1:00 pm..... **Fly Tying Classes** Wednesdays at 7:00 p.m.; - Minor Baseball Building, Pitt St Sydney Mines - Give this fun hobby a try - there are no fees involved - see **page 3** for contact information.... see the story opposite this column for the Northside Seniors **Winter Wonder Tea** - January 29th from 2 - 4, Cost-\$5.00..... The A Night to Remember is a **Valentine Gala**, hosted by the Cape Breton Chorale. It will take place on Saturday, February 8th, 2020 at Flavor on the Water - see page 5 for details.... The North Sydney Library will present **FEBRUARY 18 - Storytelling Circle** with storyteller Bill Conall from 2:00 - 4:00 pm - Come share, come to listen, bring your friends..... **NEWS DEADLINE** - The deadline for news to be printed in our newspaper is **Tuesday at 12 noon**. We start to put the paper together for printing on Tuesday and if your news is not in by the deadline, it will be printed in the next issue... The **Privateers and High Society** will perform at the Emera Centre on January 25th from 9:30 - 1:30 - cost \$20.00 - tickets on sale now.... January 27th is **World Literacy Day** - stop by your local library and introduce your children to the wonderful art of book reading - **FREE PUBLICITY** - If your community group is sponsoring a community event and are looking for some **FREE PUBLICITY** for your event, simply email us with your event information and we'll publish it free of charge - email us at - thisweek@kleeradio.com



Join us on Saturday, February 1st Bianchini's Pizzeria in North Sydney for a Super Bowl Weekend Remote Broadcast - Free Giveaways - Stop By - 1:00 3:30

Cape Breton Storyteller

Celtic Myths & Legends
Ghost Stories
Local UFO Sightings
From Cape Breton Island

Written & Compiled By GLEN GRAY

NORTHSIDE COMMUNITY NEWS/EVENTS

NORTHSIDE SENIORS PAST PRESIDENT HONORED

The Northside Seniors and Pensioners club will honor a wonderful and most beloved lady, Minnie Piercey on Sunday Sunday, February 9th from 2-4

Minnie has given of her time and talent for the past twenty years to insure that the northside had a strong and productive seniors club, winning many awards along the way. She has worked diligently to provide every member with a positive experience and will be fondly remembered by all.

We would like to invite, along with the members, her family and friends to come and share with us in this celebration of love for our amazing past president.

NORTHSIDE SENIORS AND PENSIONERS CLUB NEWS Winter Wonder Land Tea

Now that the Rush of Christmas is over and everything is put away for next year, why not take a much deserved break for your self and attend our Winter Wonder Land Tea.

This will be no ordinary tea. It will be a an afternoon delight "DESSERT TEA", in a winter wonderland setting.

Come and sample the culinary arts of our North side seniors, who knows, perhaps you can pick up a few new recipes as you chat with your friends and enjoy some music.

PLACE - Northside Seniors and Pensioners Club

TIME - January 29th from 2-4 Cost-\$5.00.



Traditional Music Night - every Thursday at the Blue Mist Beverage Room in Bras d'Or - The very best of Cape Breton fiddling. Stop by for great Cape Breton fiddling.

Sydney Mines Seniors & Pensioners Club, 6 Fraser Avenue, Sydney Mines - Last Friday of the month 45s Card Game starting at 7:30



Send Your Birthday Wishes To Us At
thisweek@kleeradio.com

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EXERCISE CLASS

Monday at 1:00 pm, at the Sydney Mines Seniors & Pensioners Club, 6 Fraser Avenue. Sydney Mines.

The Sydney Mines Minor Hockey 50/50 - Last Draw was won by Diane Wilson and the Jackpot amount for this draw was 13,372 - **THANK YOU**

Some News items courtesy of **Swing Over The Mountain News**
logon to website
www.sotmnews.weebly.com
monthly newsletter



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Cape Breton Chorale - A Night To Remember Valentine Gala - February 8, 2020

A Night to Remember is a Valentine Gala, hosted by the Cape Breton Chorale. It will take place on Saturday, February 8th, 2020 at Flavor on the Water. Guests will arrive at 6:30 p.m. and will be invited upstairs to proceed to the Royal Cape Breton Room, adjacent to the restaurant.

Wine and light appetizers will be enjoyed and bidding on items in our silent auction will open. At 7:30 p.m., a three course meal will be served, with entertainment provided throughout the evening. This event will be hosted by Bette MacDonald and Maynard Morrison. Dress is semi formal. A limited number of tickets will be sold and the cost is \$100 per person.

Please call 902-539-7495. This fundraiser helps support the future projects of the Cape Breton Chorale.

Where Can I Pick Up My Free Copy Of THIS WEEK IN CBRM

We publish every Wednesday and you can logon to our website and download your own Free Copy of our paper or you can pick up a printed copy of the paper at the following outlets

NORTH SYDNEY

North Sydney Library
MLAMurray Ryan's Office
Bianchinis Pizzeria
Black Spoon Restaurant
Branch 19 Legion
Brewers Convenience
Strong's Chiropractic
North Sydney Fire Hall
Clansman Motel
North Sydney Mall Lotto
Kenny's Pizza
OK Tire Ltd.
Ralph Ivey Auto
McCormick's Tire
Stagg's Taxi
Miners Daughter Rest.

SYDNEY MINES

Sydney Mines Library
Seniors & Pens. Club

Robins Donuts
Branch 008 Legion
Needs Convenience
MacDonald Denture

FLORENCE

Florence Legion
Shear Madness
Florence Library
CH Tax Preparation

BRAS d'OR

A& K LICK A CHICK
Celtic Market
MLA Keith Bain Office
Kitchen 1409
Blue Mist
Jane's Restaurant
Bras d'Or Convenience

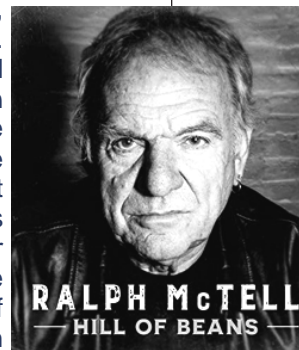
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copy at
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Take 2 with PAUL POWER

Shame on me...I was going through my music files from the latter part of 2019 and saw this unopened album "Hill Of Beans" by someone who's name I didn't recognize. I opened the album and as soon as I heard the first song,

"Oxbow Lakes", I was amazed. Then I realized that **Ralph McTell** was the guy who wrote 2 of the most amazing songs I have ever heard; "The Streets Of London" in 1969-and the

hauntingly beautiful, yet sorrowful "From Claire To Here", released in 1976 (the best version I've heard is actually done by our own Bruce Guthro) so of course I had a total "duh" moment. As I mentioned, this album was released late last year and it's been 9 years since Ralph's last one, so fans were eager to hear from him. McTell reunited with producer Tony Visconti, who provided the arrangements for McTell's first album in 1968, and as he approaches the age of 75 there's no sign of McTell even remotely watering down the quality of his music and lyrics. For



instance, the album's namesake song actually pays homage to the Humphrey Bogart film "Casablanca", incorporating lines from the movie into the lyrics to make for a surprisingly good number that stands on its own merits. One would be hard-pressed to find a more meaningful life song than "When We Were Young", and "Sometimes I Wish I Could Pray" is so much like a Tom T. Hall number that

it would be perfectly at home in the 1970's. A big surprise here (amongst smaller surprises) is Ralph's song "Freewheelin' Bob Dylan", as Ralph waxes poetically about Bob and Suzy Rottollo's

picture on the cover of the Dylan record, the times (1963) and changes that inevitably come. It's true that quite a few people won't be familiar with who Ralph McTell is (although a lot are) but the fact that the man wrote songs that stand the test of time after 50 years is a testament to his ability to craft a tune, conversely I would take a bet that in 50 years time people will be saying "Taylor who?...Cardi What?", so grab onto McTell's songs. Overall, this is a very contemplative album loaded with meaningful songs that at times have sonic touches of Dire Straits, Tom T. Hall and Leonard Cohen-all of which prove just how good Ralph McTell's music really is.

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NORTHSIDE COMMUNITY NEWS



NORTH SYDNEY LIBRARY NEWS

FIBRE LUNCH - every Thursday from 1:00 - 3:00.

STORYTIME on Saturdays - 2:30 pm.

CBU SCIENCE CLUB - learn various science techniques will return January 22nd - 6:30 pm.

MINDFULNESS GROUP meets for 2 sessions - Tuesdays January 7th and 14th - see story on **page 6** for contact information.

FEBRUARY 18 - Storytelling Circle with storyteller Bill Conall



from 2:00 - 4:00 pm - Come share, come to listen, bring your friends.

SATURDAY DANCE

The Sydney Mines & Pensioners Club will host a **SATURDAY DANCE** from 8:00 - 12:00 pm in their Clubrooms 6 Fraser Avenue in Sydney Mines. The cost of the Dance is just **\$5.00** and it is open to the public.

There will be a variety of music available. Come out to our Club, 6 Fraser Avenue in Sydney Mines and have a great night every Saturday. Canteen Service and Bar Service is available.

NORTH SIDE MINDFULNESS MEDITATION GROUP

New comers & experienced practitioners are welcome.

Meets 7-8 PM/Jan 7 & 14th 2020 @ The North Sydney Library

More info @ 902-574-8857 or bodhidharma55@gmail.com

FREE PUBLICITY for your event, fund raiser etc.
thisweek@kleeradio.com

Sydney Library News

Conversations on Writing: with Bill Conall (Author & Storyteller) and Douglas Arthur Brown (Author/ Editor & Publisher) will take place Thursday, January 23 from 2-3:30 pm at the McConnell Library in Sydney

Registration requested - call the library 902-562-3161, or visit us to register.

Everyone welcome. Admission is free.

AN EVENING OF STORYTELLING

will take place on Thursday, January 23 from 6:30-8:00 pm at the McConnell Library.

Join Bill Conall (Cape Breton Regional Library's Storyteller-in-Residence) for an evening of storytelling-tall tales, short tales, sad stories, gigglers and belly-laughers, true stories, partly true stories, complete fabrications and even few songs.

Everyone welcome. Admission is free.

CAPE BRETON FARMERS MARKET

Cape Breton Farmers' Market every **SATURDAY** 8:30 am to 1:00 pm Located at 40 Keltic Drive in Sydney River, NS

The next Market date is January 25, 2020.



K-LEE RADIO will broadcast live from Bianchini's Pizza in North Sydney on Feb 1st - 1:00 - 3:30

A Night to Remember is a Valentine Gala, hosted by the Cape Breton Chorale on Saturday, February 8th, 2020 See page 5 for details.



BRANCH 008 LEGION NEWS

Our Chase The Ace Jackpot is now at \$8,161.50 - stop by and listen to the music and try your luck with the weekly draw - downstairs - The Kitchen will be open on Friday at 6:30 pm for finger foods.

Watch for Veterans Memorial Park Music Festival to be held on February 16th, all funds go to the Veterans Memorial Park. More information to come regarding the music lineup in upcoming editions - stay tuned

ISLE AUX MORT BOYS will be here April 25th..

THOUGHTS ON A COLD WINTER DAY

If one door closes but then another door opens, you're probably in prison.

To me, "drinking responsibly" means not spilling any.

I finally got eight hours of sleep. It took me three days, but...

If my body is ever found on a jogging trail, just know that I was murdered somewhere else and was dumped there.

I hate camping. That's where you spend a lot of money trying to live like a homeless person.

DEADLINE FOR NEWS

The deadline for news to be printed in our newspaper is **Tuesday at 12 noon**. We start to put the paper together for printing on Tuesday and if your news is not in by the deadline, it will be printed in the next issue.

NEW FREEBIES

We have added two new Freebies to our website - Master Grocery List and a Baseball Scoring Sheet in time for the upcoming baseball season. Logon to www.kleeradio.com and click "DOWNLOADS" link.

Sydney Mines Seniors & Pensioners Club

SUNDAY NIGHTS at 7:30 we have tarabish, everyone is welcome. 1st, 2nd and 3rd place Prizes are awarded.

MONDAY NIGHT - at 7:30 - FUN NIGHT - we invite members from other Seniors Clubs - Bingo 7:30 dabbers only - Loonie Draw Enjoy a game of SCAT - \$1.00, light refreshment, see you there.

WEDNESDAY - 7:30 45s Card Game 1st, 2nd, 3rd

For the latest and most comprehensive list of local events, logon to - www.musiccapebreton.com

Mike Little updates his listings each week.

Some News Items courtesy of **Swing Over The Mountain** Newsletter - Login to read it at - <http://sotmnews.weebly.com>

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CONTACT INFORMATION

GLEN GRAY, EDITOR

PH: 902-564-9022

Email Address

glengray@kleeradio.com

PHANTOM COUNTRY with Kenny Walsh airs on K-LEE RADIO on Sundays at 6:00 pm - the best in Classic Country Music - tune in to hear Kenny at www.kleeradio.com



SYDNEY MINES LIBRARY NEWS

LEGOS - will resume in the new year every 2nd Tuesday beginning January 14th.

CRAFTS will return January 9th, Thursdays at 3 pm.

KNITTING GROUP will resume January 13th at 2:00 pm.

BOOK CLUB - anyone interested in forming a Book Club, please contact the Sydney Mines Library.

FREE PUBLICITY - If your club or group is holding a community event in the new year and you are looking for some free publicity, email us and we'll make sure that your event gets some needed promotion.

SUPER BOWL GAME FEBRUARY 2nd

**Sunday Morning Gospel
Radio Show with host
Pierre Chiasson Airls
9:00 am
www.kleeradio.com**

FREE PUBLICITY, simply email us with your information and we'll publish it free of charge in our weekly paper - just email us with your event information to us at this email address - thisweek@kleeradio.com



Whaddya Mean "They're All Gone??"

If you missed out on Northside This Week just go to our website www.kleeradio.com and you can download an electronic copy or print a copy on your home computer. Great for sending to folks "away."

**WIN
\$25.00**



**WIN
\$25.00**

Predict the Super Bowl Score and win \$25.00 - email your score to us at - contest@kleeradio.com

**SAN FRANCISCO
49ers**

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CHIEFS.....**



YOUR FREE SODUKO WEEKLY PUZZLE

2						6	8	4
				1			7	
		8				9		
3				6				
						3		
		4		7	1		2	
						8		
4	6	5						7
9			5					

You can also get your Daily Soduko Puzzle and Crossword Puzzle by logging on to - www.kleeradio.com and clicking on the FEATURES Page. Also included is a DAILY FREE SOFTWARE giveaway. Logon today to get yours FREE!!

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Archibald Avenue - North Sydney

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BRANCH 19 AND BRANCH 008 LEGIONS**

794-4816 - 794-7482 - Members & Guests

JUST ME AND THE CAT!

A true story by: Devin J. Meaney

A few years ago, I was reading in my bedroom while my mother and my aunt were out shopping at the local mall. I don't remember exactly what I was thumbing through, but I can recall the silence of my home. My cat Simba was sprawled out on my bed spread, grooming himself as I was absentmindedly petting him with one hand. The reading continued for a short period of time, but a wave of genuine creepiness soon sent shivers down my spine.

Out of nowhere, a woman's voice called out from downstairs. Whoever it was, she yelled something along the lines of "Hey! Get down here!" Immediately, my cat absolutely freaked out, running from my bedroom and down the stairs to the living room. I assumed it was my mother and my aunt returning from the mall. Doing as I was asked, I left the confines of my bed to see what was required of me.

When I got downstairs, I realized that nobody was there. My cat was sitting in the middle of the living room with his tail on end, clearly disturbed by someone... or something. I checked the kitchen and the porch to see if anyone was around, but aside from the cat, I was alone. The doors were locked, so it would have been impossible for someone to get in without me hearing them.

In the past, I have had problems with psychosis. Due to this, I first assumed that it was just my mind playing tricks on me. I soon abandoned this theory... my cat heard it as well. A cold rush ran through my body as I was struck by the realization of what had just happened. Was it a ghost? A specter from beyond the grave? I do not know. What I do know, is that voices do not come from nowhere, cats don't spazz out for no reason, and whatever or whoever it was, it was not just a figment of my imagination.

Thank god this happened during daylight hours, otherwise the scare factor would have been much more intense!

TAX TIPS COLUMN

People new to Canada, immigrant, student, non residents. Tax deductions vary but here are some useful tips.

In Canada, residents are taxed based on their world income. Part-year residents must report all income from anywhere in the world after their arrival in Canada. New Canadians are entitled to the GST/HST credit after their arrival. If they qualify, the amount received is based on their world income for the preceding year.

If the new resident has investment income abroad, they may be required to notify the payers of their Canadian residency status. Certain tax treaties provide for a reduced rate of withholding in the originating country.

Moving Expenses to Canada are not deductible with one exception. If the immigrant is a student studying at a post-secondary level, moving expenses may be deducted against the taxable portion of any scholarships, bursaries, fellowships or research grants.

Personal amounts and dependent claims may have to be pro-rated depending on the period of residence in Canada.

Immigrants with children may qualify to begin receiving the Canada Child Benefits the month after they arrive depending on their immigration status. Form RC66 (Canada Child Benefits Application) and the related schedule should be completed shortly after arrival.

New Canadians who own capital property such as real estate and securities should determine its Fair Market Value (FMV) on the day they established residence. This constitutes the deemed cost for calculating any future capital gains and will ensure that when the property is sold they will only be taxed on the difference between the sale price and the value when they arrived in Canada.



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