

# MacDONALD DENTURE CLINIC

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**FREE**

## THIS WEEK

**NORTHSIDE COMMUNITY NEWS**

**FREE**

**VOL. 10 - No. 4 - JANUARY 29th - 2020**

Win  
**\$25.00**



See  
Page 7

Join us at Bianchini's Pizzeria on Saturday, Feb. 1st from 1:00 - 3:00 for a pre Super Bowl Radio remote - Win \$25.00 by guessing the final score.



## RALPH IVEY'S

**Auto Repair Ltd. and Muffler Man**

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NORTH SYDNEY

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## NORTHSIDE COMMUNITY NEWS ITEMS

### SENIORS BINGO

The Regular SUNDAY afternoon Bingo resumes. There will be an Afternoon BINGO Game at the Sydney Mines Seniors & Pensioners Club, 6 Fraser Avenue, Sydney Mines.

**WHEN: SUNDAY - 2:00 pm**

**COST:** - \$2.00 entry card DAUBERS ONLY - MONEY GAMES Come out and spend a wonderful Saturday afternoon and maybe win some prizes. Hope to see you all there - Jackpot plus Toonie Jackpot \$56.00.

**NOTE:** - Management reserves the right to refuse admittance to the BINGO game.

Tune in on Sunday mornings at 9 am - host Pierre Chiasson presents a 1 hour show of traditional Gospel songs to listen to as you have your Sunday Brunch [www.kleeradio.com](http://www.kleeradio.com)

BINGO	7	25	44	57	62
15	22	40	50	70	
11	30	45	46	74	
2	28	37	55	68	
10	27	39	59	75	

### North Sydney Fire Hall

#### THURSDAY NIGHT -

After Work Party Kitchen open from 4:00 - 12:00 pm - music from 6 - 10 by Ernie, Todd & Wade - \$10.00 - **FREE ADMISSION**. Bacon Cheeseburger Platter Kitchen will be open - Kitchen phone 794-8119.

**SUPER BOWL SUNDAY** will be held on February 2nd starting at 6:00 pm - Kitchen will be open - there will be draws made during the game.

**VALENTINES DINNER & DANCE** will be held on Friday, February 14th - music by Firehounds DJ - Hot Roast Beef Supper - \$15.00 each or \$25.00 per coupe - Supper will be served from 6:00 - 8:00 and Dancing will be from 9:00 - 1:00 pm.

**FEB. 21 - FUND RAISING DANCE** for Memorial High School Band, music by Full Circle - 9:00 - 1:00.

**IONA LEGION SUPPER** - Friday night - January 31st with Corned Beef & Cabbage. There will be no ceilidh this week. Supper is served from 6:00 - 7:00 pm - Adult \$15 (\$13 + tax) - Senior/Child \$12 (\$10.43 + tax). Coffee & Tea included

### BRAS d'OR SENIORS WEEKLY 45s GAME

The Bras d'Or Seniors Club are hosting weekly 45's game on Thursdays at 7:30 pm.

1st, 2nd and 3rd cash prizes are awarded. Also a chance to win the main Jackpot, mini Jackpot, and Loonie Jackpot and 50/50 draw. A total of 9 ways to win.

[www.kleeradio.com](http://www.kleeradio.com)

At this special time of the year, please contribute to



**Food Drives for those families who cannot afford to feed their families - help make it a Merry Christmas this year**



Heat & Serve Meals - Fresh Meal Selections - Frozen Selections

Grab 'n Go Lunch

Soups - Sandwiches - Salads

**Ph: 217-0280**

212 Commercial St., - North Sydney

### DEADLINE FOR NEWS

The deadline for news to be printed in our newspaper is **Tuesday at 12 noon**. We start to put the paper together for printing on Tuesday and if your news is not in by the deadline, it will be printed in the next issue.

Some News items courtesy of **Swing Over The Mountain News**

logon to website

[www.sotmnews.weebly.com](http://www.sotmnews.weebly.com)

monthly newsletter

**Royal Canadian Legion Branch 83 - Florence**



**BINGO EVERY THURSDAY**

**DOORS OPEN 5 PM - CARDS ON SALE - 6:00 PM**

**7:00 pm - CASH PRIZES**

**EVERY SATURDAY NIGHT 7-10**

Entertainment by **'THE CIRCLE'**

Downstairs 7:00 - 10:00 pm  
Happy Hour: 7:30 - 8:30 pm

**BREAKFAST**

**SUNDAY - 9:00 - 12:00**

Thursday - BINGO  
Saturday - The CIRCLE  
Sunday - BREAKFAST

**736-6313**



**Keith Bain**

MLA -Victoria-The Lakes

1415 Highway 105, Bras d'Or, NS, B1Y 2N5

902-736-0301 (Office)

902-736-0411 (Fax)

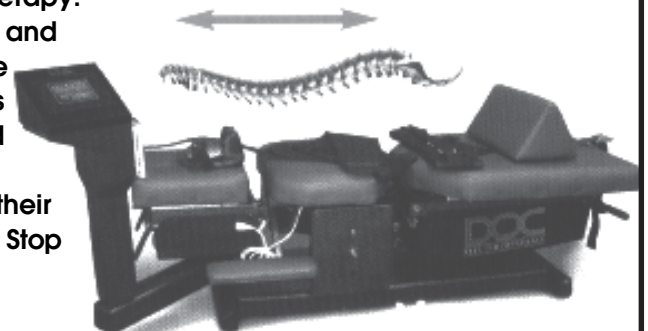
[keithbainmla@bellaliant.com](mailto:keithbainmla@bellaliant.com)

### NEW DECOMPRESSION TABLE RELIEVES PAIN

Darren Strong from Strong Chiropractic, announces a new, sophisticated computerized decompression table that allows the spine to be gently stretched and relaxed for spinal decompression therapy.

The pattern of alternating pulling and relaxing creates vacuum-like pressure which allows disc material that was herniated or protruded to be pulled back in the disc over time.

Patients will notice a reduction of their pain during these treatment sessions. Stop in today and ask about the new table and how you can benefit.



793 Mahon St., New Waterford - 862-9444 224 Commercial St. North Sydney - 241-9444

**NORTHSIDE COMMUNITY NEWS/EVENTS****Tai Chi New Years Classes**

Beginner classes in Taoist Tai Chi® arts start on Wednesday, January 8th at Bras d'Or Hall, 24 Villa Dr. at 6:30 pm.

ALL WELCOME. For more information, please call 902-567-0525.

**Emera Centre News**

Chase The Ace - Jan. 20 - next draw estimated at \$26,500.

Saturday, Jan. 25th - The Privateers from 9:30 - 1:30

**FREE PUBLICITY** - If your club or group is holding a community event in the new year and you are looking for some free publicity, email us and we'll make sure that your event gets some needed promotion.

FOR THE BEST IN LOCAL  
CAPE BRETON MUSIC

[www.kleeradio.com](http://www.kleeradio.com)

**FLY TYING  
CLASSES**

Fly Tying Classes Wednesdays at 7:00 p.m.; - Minor Baseball Building, Pitt St Sydney Mines.

Give this fun hobby a try - there are no fees involved.

For additional information, phone 902- 5441073 or 902-595- 4449.

**Seniors Dance**

Come out and enjoy an evening of dancing and fun with music on Saturday, at 8 pm at the Seniors and Pensioners' Club, Fraser Ave, Sydney Mines!

Admission is \$5.00 and everyone welcome.

**SUPER BOWL - FEB. 2**

If you like Soduko Puzzles, logon to our website and enjoy a Daily Puzzle along with a new Daily Crossword Puzzle - Logon at -

[www.kleeradio.com](http://www.kleeradio.com)

**COMMUNITY NEWS ITEMS****TAX  
PROFESSIONALS**

222 Commercial Street - North Sydney - B2A 1B7  
**902 - 794-7117 - FAX 902-241-3088**  
**[nsydhblock@syd.eastlink.ca](mailto:nsydhblock@syd.eastlink.ca)**  
**HOURS - MONDAY - FRIDAY - 9:00 - 5:00**  
See **TAX TIPS** on page 8 and see how much you can save on this year's tax return  
contact H & R Block today

**Bianchini's Pizzeria**

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MON - THURS	FRI. - SAT.	SUNDAY
11 am - 11 pm	11 am - 12 am	3 pm - 11 pm

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B2A1B4

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[mla@murrayryan.ca](mailto:mla@murrayryan.ca)



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# STAGG'S TAXI

902-794

## 2400

24/7

**ROYAL CANADIAN LEGION - SYDNEY MINES - 736-3206**

**TUESDAY BINGO  
GAME**

**NOW AT - 7:30 PM**

**Hall Rental Available - 736-3206**

BINGO  
Jackpot won  
New Jackpot  
**\$850.00**

**BINGO Tues.  
7:30 PM  
Bigger  
Games &  
Prizes**



## AROUND THE TOWN

I want to send out a **Thank You** to local merchants who have cleared the snow from in front of their businesses - If there is only a small opening to your business, it gets blocked with parked cars and you sometimes have to walk out in the street to get to the businesses - Thank You merchants - Here's something that you might find interesting in the upcoming weeks - On February 15th, join Jordan Bonaparte, creator of **Nighttime Podcast**, for a workshop on storytelling through pod-casting. Jordan will discuss his process in developing stories for his podcast, while also delving into some of the basic technical aspects of the medium. Participants will then work to develop a short form podcast of their own - Registration is **free**, contact the CBRM Recreation Dept..... a quick reminder that **K-LEE RADIO** will be hosting a live radio remote from **Bianchini's Pizzeria** in North Sydney on **Saturday, February 1st** - come and win some free trivia prizes, great music and a chance to **win \$25.00** if you can guess the score of Super Bowl 54.... January 27th was **National Family Literacy Day** and we suggest you visit one of your local libraries and see what they have for adults and children..... Tune in to **Kenny Walsh's** new Phantom Country radio show on Sunday from 6:00 - 8:00 pm on **K-LEE RADIO**..... we have another story on page 8 for your Winter reading pleasure from the Cape Breton Christmas Memories book - this is a true story (the names have been changed to protect the guilty) .... here's a little note for those sending news items for our paper - The deadline for news to be printed in our newspaper is **Tuesday at 12 noon**. We start to put the paper together for printing on Tuesday and if your news is not in by the deadline, it will be printed in the next issue..... check out this week's **TAX TIPS** to see if you qualify for any of the tax savings..... **Win \$25.00** in our Super Bowl Contest - simply guess the final score of this year's Super Bowl and you could be the winner - see page 7 for details.... Watch for Veterans Memorial Park **Music Festival** to be held on February 16th, all funds go to the Veterans Memorial Park. More information to come regarding the music lineup in upcoming editions - stay tuned - **FREE PUBLICITY** - If your community group is sponsoring a community event and are looking for some **FREE PUBLICITY** for your event, simply email us with your event information and we'll publish it free of charge - email us at - [thisweek@kleeradio.com](mailto:thisweek@kleeradio.com)



Join us on Saturday, February 1st Bianchini's Pizzeria in North Sydney for a Super Bowl Weekend Remote Broadcast - Free Giveaways - Stop By - 1:00 3:00

### Cape Breton Storyteller

Celtic Myths & Legends  
Ghost Stories  
Local UFO Sightings  
From Cape Breton Island



Written & Compiled By GLEN GRAY

## NORTHSIDE COMMUNITY NEWS/EVENTS

### NORTHSIDE SENIORS PAST PRESIDENT HONORED

The Northside Seniors and Pensioners club will honor a wonderful and most beloved lady, Minnie Piercey on Sunday Sunday, February 9th from 2-4

Minnie has given of her time and talent for the past twenty years to insure that the northside had a strong and productive seniors club, winning many awards along the way. She has worked diligently to provide every member with a positive experience and will be fondly remembered by all.

We would like to invite, along with the members, her family and friends to come and share with us in this celebration of love for our amazing past president.

### NORTHSIDE SENIORS AND PENSIONERS CLUB NEWS Winter Wonder Land Tea

Now that the Rush of Christmas is over and everything is put away for next year, why not take a much deserved break for your self and attend our Winter Wonder Land Tea.

This will be no ordinary tea. It will be a an afternoon delight "DESSERT TEA", in a winter wonderland setting.

Come and sample the culinary arts of our North side seniors, who knows, perhaps you can pick up a few new recipes as you chat with with your friends and enjoy some music.

**PLACE** - Northside Seniors and Pensioners Club

**TIME** - January 29th from 2-4  
**Cost**-\$5.00.



Traditional Music Night - every Thursday at the Blue Mist Beverage Room in Bras d'Or - The very best of Cape Breton fiddling. Stop by for great Cape Breton fiddling.

Sydney Mines Seniors & Pensioners Club, 6 Fraser Avenue, Sydney Mines - Last Friday of the month 45s Card Game starting at 7:30



**Send Your Birthday Wishes To Us At**  
[thisweek@kleeradio.com](mailto:thisweek@kleeradio.com)

FOR THE BEST IN LOCAL CAPE BRETON MUSIC  
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### EXERCISE CLASS

Monday at 1:00 pm, at the Sydney Mines Seniors & Pensioners Club, 6 Fraser Avenue. Sydney Mines.

The Sydney Mines Minor Hockey 50/50 - Last Draw was won by Mary Louise Higgins and the Jackpot amount for this draw was 12,872 - **THANK YOU**

Some News items courtesy of **Swing Over The Mountain News**  
logon to website  
[www.sotmnews.weebly.com](http://www.sotmnews.weebly.com)  
monthly newsletter



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## Where Can I Pick Up My Free Copy Of THIS WEEK IN CBRM

We publish every Wednesday and you can logon to our website and download your own Free Copy of our paper or you can pick up a printed copy of the paper at the following outlets

### NORTH SYDNEY

North Sydney Library  
MLAMurray Ryan's Office  
Bianchinis Pizzeria  
Black Spoon Restaurant  
Branch 19 Legion  
Brewers Convenience  
Strong's Chiropractic  
North Sydney Fire Hall  
Clansman Motel  
North Sydney Mall Lotto  
Kenny's Pizza  
OK Tire Ltd.  
Ralph Ivey Auto  
McCormick's Tire  
Stagg's Taxi  
Miners Daughter Rest.

### SYDNEY MINES

Sydney Mines Library  
Seniors & Pens. Club

Robins Donuts  
Branch 008 Legion  
Needs Convenience  
MacDonald Denture

### FLORENCE

Florence Legion  
Shear Madness  
Florence Library  
CH Tax Preparation

### BRAS d'OR

A & K LICK A CHICK  
Celtic Market  
MLA Keith Bain Office  
Kitchen 1409  
Blue Mist  
Jane's Restaurant  
Bras d'Or Convenience

## Take 2 with PAUL POWER

I wasn't actually planning on writing about this movie, but where it's the latest release in the "Terminator" franchise it warrants a literary look-plus I watched it last night so the impressions left with me are still fresh; this

movie serves as a follow-up to the second film "Terminator 2: Judgment Day", and it's great to see Linda Hamilton and Arnold Schwarzenegger reprising their roles 28 years after the original movie, as well as James Cameron being onboard as co-producer. To

be honest the first 10 minutes of "Terminator; Dark Fate" had me less than enthusiastic because it was like a 'Michael Bay on steroids' cluster bomb of CGI action (but some people like that) and I did not like the new Terminator "Rev 9", (played by Gabriel Luna) because it's hunter/killer skills were just too over the top, relentless, slightly annoying and reminiscent of the Spider Man movie character Venom's superpowers (you'll know what I mean when you see them here). Luckily enough the story line soon moved back to being just that-a story reuniting

2 deadly enemies-forced to fight a new common foe, and protect the future of the human race, but in a very different and interesting way than before; it's the chemistry between Sarah Connor and the T800 Model 101 that makes this movie so good, plus the plot surprises such as the fact that Skynet never existed because of actions in a different timeline,

yet a more sinister AI called "Legion" is trying to wipe out humanity this time. Juicing up the story even more is the inclusion of the enhanced human/cyborg ex-soldier Grace (played by Canada's own amazing actor Mackenzie Davis) fighting the good fight.



There are some 'in jokes' throughout the movie, and more impressive for fans like me were the times when you think an obvious thing is going to happen-but it doesn't, leaving the viewer admiring the producers choice to present something new, and keep us on your toes as we watch the movie. My favourite movie franchises are "Star Wars", "Predator", "Planet of the Apes" and this one. This latest instalment in the Terminator franchise is well worth watching, even just to hear the line "I'll be back" once again.

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## NORTHSIDE COMMUNITY NEWS



### NORTH SYDNEY LIBRARY NEWS

**FIBRE LUNCH** - every Thursday from 1:00 - 3:00.

**STORYTIME** on Saturdays - 2:30 pm.

**CBU SCIENCE CLUB** - learn various science techniques will return January 22nd - 6:30 pm.

**MINDFULNESS GROUP** meets for 2 sessions - Tuesdays January 7th and 14th - see story on **page 6** for contact information.

### FEBRUARY 18 - STORY TELLING CIRCLE



Join Bill Conall, Cape Breton Regional Library's Storyteller-in-Residence for an afternoon of storytelling - Feb. 18th - 2:00 - 4:00.

Bill has traveled North America both as a road musician and a long-haul trucker. He shares stories from his own experiences, but also others that have just gathered around him over the years.

Bill enjoys and presents true stories, made-up stories, short stories, long stories, rhyming poetry and songs.

### SATURDAY DANCE



The Sydney Mines & Pensioners Club will host a **SATURDAY DANCE** from 8:00 - 12:00 pm in their Clubrooms at 6 Fraser Avenue in Sydney Mines. The cost of the Dance is just **\$5.00** and it is open to the public.

There will be a variety of music available. Come out to our Club, 6 Fraser Avenue in Sydney Mines and have a great night every Saturday. Canteen Service and Bar Service is available.

### Storytelling Through the Arts Opens Registration for Podcast Workshop

Podcasting is one of the most popular forms of modern storytelling. From sports to film, crime to comedy, the form covers near every topic far and wide and is consumed by millions across dozens of platforms.

On February 15th, join Jordan Bonaparte, creator of Nighttime Podcast, for a workshop on storytelling through pod-casting. Jordan will discuss his process in developing stories for his podcast, while also delving into some of the basic technical aspects of the medium. Participants will then work to develop a short form podcast of their own.

Registration for the workshop will open on Thursday, January 23, at 10:00 AM at <http://cbrmrecreation.eventbrite.com>. The workshop is free, though limited to 15 participants aged 16 and older. Storytelling Through the Arts is part of the CBRM ConnectArts Program, a program of CBRM Recreation.

## CAPE BRETON FARMERS MARKET

Cape Breton Farmers' Market every **SATURDAY** 8:30 am to 1:00 pm Located at 40 Keltic Drive in Sydney River, NS

The next Market date is January 25, 2020.



**K-LEE RADIO** will broadcast a live show from **Bianchini's Pizza** in North Sydney on **Feb 1st - 1:00 - 3:00**



### BRANCH 008 LEGION NEWS

Our Chase The Ace Jackpot is now at \$8,467 - stop by and listen to the music and try your luck with the weekly draw - downstairs - The Kitchen will be open on Friday at 6:30 pm for finger foods.

Watch for Veterans Memorial Park Music Festival to be held on February 16th, all funds go to the Veterans Memorial Park. More information to come regarding the music lineup in upcoming editions - stay tuned

**HOCKEY NITE - Feb. 8** - plays at 8:00 pm - Buy Tickets \$3.00 chance to win Jersey.

**CAMP ROCK** starts 5:00 - 1:00, Lineup in next week's paper - \$5.00 per person, pay at the door - Kitchen available plus Silent Auction \$5.00 envelope. Feb. 16 ISLE AUX MORT BOYS will be here April 25th.

### Cape Breton Chorale A Night To Remember Valentine Gala - February 8, 2020

A Night to Remember is a Valentine Gala, hosted by the Cape Breton Chorale. It will take place on Saturday, February 8th, 2020 at Flavor on the Water. Guests will arrive at 6:30 p.m. and will be invited upstairs to proceed to the Royal Cape Breton Room, adjacent to the restaurant.

Wine and light appetizers will be enjoyed and bidding on items in our silent auction will open. At 7:30 p.m., a three course meal will be served, with entertainment provided throughout the evening. This event will be hosted by Bette MacDonald and Maynard Morrison. Dress is semi formal. A limited number of tickets will be sold and the cost is \$100 per person.

Please call 902-539-7495. This fundraiser helps support the future projects of the Cape Breton Chorale.

## NORTHSIDE COMMUNITY NEWS

### Sydney Mines Seniors & Pensioners Club

**SUNDAY NIGHTS** at 7:30 we have tarabish, everyone is welcome. 1st, 2nd and 3rd place Prizes are awarded.

**MONDAY NIGHT** - at 7:30 - FUN NIGHT - we invite members from other Seniors Clubs - Bingo 7:30 dabbers only - Loonie Draw Enjoy a game of SCAT - \$1.00, light refreshment, see you there.

**WEDNESDAY** - 7:30 45s Card Game 1st, 2nd, 3rd

For the latest and most comprehensive list of local events, logon to - [www.musiccapebreton.com](http://www.musiccapebreton.com)

Mike Little updates his listings each week.

Some News Items courtesy of **Swing Over The Mountain** Newsletter - Login to read it at - <http://sotmnews.weebly.com>

### Shear Madness

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**736-7777**

### CONTACT INFORMATION

**GLEN GRAY, EDITOR**

**PH: 902-564-9022**

Email Address

[glengray@kleeradio.com](mailto:glengray@kleeradio.com)

**PHANTOM COUNTRY** with Kenny Walsh airs on K-LEE RADIO on Sundays at 6:00 pm - the best in Classic Country Music - tune in to hear Kenny at [www.kleeradio.com](http://www.kleeradio.com)



## SYDNEY MINES LIBRARY NEWS

**LEGOS** - will resume in the new year every 2nd Tuesday beginning January 14th.

**CRAFTS** will return January 9th, Thursdays at 3 pm.

**KNITTING GROUP** will resume January 13th at 2:00 pm.

**BOOK CLUB** - anyone interested in forming a Book Club, please contact the Sydney Mines Library.

**FREE PUBLICITY** - If your club or group is holding a community event in the new year and you are looking for some free publicity, email us and we'll make sure that your event gets some needed promotion.

### SUPER BOWL GAME FEBRUARY 2nd

**Sunday Morning Gospel  
Radio Show with host  
Pierre Chiasson Aired  
9:00 am  
[www.kleeradio.com](http://www.kleeradio.com)**



## JACK COOL K-LEE RADIO DJ NEWS

Before Christmas last year 2019 i had the pleasure to speak with singer Tommy Roe who had songs such as Sheila, Dizzy . and many more.

Tommy has a new single out called 2020 Vision. and still going strong. I also had the pleasure of interviewing singer Bertie Higgins who has released his 25th Album and also still going strong



I have always said Bertie has got to be my Signature interview . I have interviewed Bertie more times than any other singer.

Have a great week everyone

**WIN  
\$25.00**



**WIN  
\$25.00**

Predict the Super Bowl Score and win \$25.00 - email your score to us at - [contest@kleeradio.com](mailto:contest@kleeradio.com)

**SAN FRANCISCO  
49ers .....**

**KANSAS CITY  
CHIEFS.....**

Join us at Bianchini's Pizzeria - Saturday, Feb. 1 for Radio Remote 1:00 - 3:00



## YOUR FREE SODUKO WEEKLY PUZZLE

			6					
8		5	7				6	
	2				1	7		
	4	2						
	1		8					
				5			4	
		9		1				
		4				8		6
			9		3		5	

You can also get your Daily Soduko Puzzle and Crossword Puzzle by logging on to - [www.kleeradio.com](http://www.kleeradio.com) and clicking on the FEATURES Page. Also included is a DAILY FREE SOFTWARE giveaway. Logon today to get yours FREE!!

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### Armstrong Memorial Branch #19

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Archibald Avenue - North Sydney

**OUR CHASE THE ACE JACKPOT NOW STANDS AT  
\$8,467 - CONGRATULATIONS TO APPOINTED  
OFFICERS AND EXECUTIVE RECENTLY INSTALLED**

**794-4816 - 794-7482 - Members & Guests**

## SLEIGH BELLS RING

Christmas has always been a favorite time of year for me. I like the whole idea of Christmas, getting the tree, decorating the house, the many different foods and the Christmas carols. Another favorite thing we like to do each year as a special treat is to take a sleigh ride in the country.

The Peters family from Mira Road always had sleigh rides offered to the public. I remember one particular year, grade 9 in Park Junior High. Our home room teacher had arranged a sleigh ride for a group of boys and girls. The girls liked the idea of it and the boys were there because the girls were there.

We set off about 7:00 pm when everybody was loaded into the sleigh with hay bales all around for shelter and warmth. There were blankets provided but the boys wouldn't take them because we would look like sissies. So we braved the cold and actually it wasn't too bad as the girls were singing carols and the horses were clip clopping along and there was a little bit of snow falling.

But things were about to change. Calvin Boutilier had a sling shot with him and to spice things up a little, he decided to take a shot at the horse. He let fly with a small pellet and it hit the horse clear on the rump. The horse reared up and began to trot. The girls screamed and the boys held on for dear life. The driver did his level best to control the runaway horse.

Just as things were getting under control, the sleigh runners slipped off the path and the sleigh tipped on its side. Hay bales, girls, blankets and 1 startled teacher all went flopping to one side. Fortunately there were no injuries but everybody was shook up. The driver was able to get the horses back on the path and we continued back to the starting point at the normal pace.

The driver apologized for the horses and wondered aloud why they reared as they did. Nobody said anything but all the boys looked at Calvin. We went back to school on Monday and the story spread but of course it was enhanced by the boys to a life and death struggle for survival. But each year when our family goes for its annual sleigh ride, I keep a close watch on all the boys aboard the sleigh, looking for any telltale signs of mischief. It doesn't hurt to be careful.

## TAX TIPS COLUMN

### Cannabis and Taxes!

Cannabis can be a medical expense! Certain cannabis products bought for a patient for medical purposes are eligible for the medical expense tax credit.

The patient must:

- be a holder of a medical document as defined in the Cannabis Regulations
- be registered as a client of the holder of a licence for sale; and
- make their purchases from the holder of a licence for sale they are registered with.

Medical cannabis (marijuana) products include cannabis, cannabis oil, cannabis plant seeds, or cannabis products.

Medical cannabis is prescribed to treat a number of medical conditions including as a natural remedy for migraines, glaucoma, chronic pain and anxiety. However, only a handful of insurers in Canada offer optional coverage through workplace benefit plans — and it's usually only for more serious conditions such as cancer, HIV/AIDS, rheumatoid arthritis, multiple sclerosis, or patients in palliative care.

Bring all of your medical expenses with you when you come to prepare your taxes, even if you aren't sure you have enough to make a claim!

**SUPER BOWL FACTS** - Peyton Manning is the only starting quarterback to win a Super Bowl with two different teams: the Indianapolis Colts in 2007 and the Denver Broncos in 2016.

Phil Simms was paid \$75,000 to shout "I'm going to Disney World" on the field moments after his Giants won Super Bowl XXI.

If you're thinking about buying tickets for this year's event, you'd better be prepared to shell out at least \$2300 per ticket

In Las Vegas, more than \$115 million is (legally) bet on the Super Bowl every year.

Super Bowl LI was the first one to ever go into overtime. The Patriots defeated the Atlanta Falcons 34-28.



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