

CLIP
AND
SAVE

Official Province of Nova Scotia information
visit <https://novascotia.ca/coronavirus>

CLIP
AND
SAVE

Official Government of Canada information visit
<https://canada.ca/coronavirus> or call 1-833-784-4397

Official Cape Breton Regional Municipality information
<http://cbrm.ns.ca/coronavirus> or call 902-563-2276



FREE

THIS WEEK

NORTHSIDE COMMUNITY NEWS

FREE

Vol. 10, No. 26 - JULY 1st - 2020



Canada Day Party

Open Hearth Park
July 1st
2 Music Shows
2 - 4 pm and 6 - 8 pm
Lots of Great Music and
FREE GIVEAWAYS



RALPH IVEY'S

Auto Repair Ltd. and Muffler Man

BRING YOUR CAR IN FOR
SUMMER SERVICING



IF WE CAN'T DO IT - IT CAN'T BE DONE!

93 KING STREET
BY THE TRACKS

Bring your Vehicle in
for Auto Servicing

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JACK COOL - FRIDAY
11:00 PM
GOLDEN OLDIES
TUESDAY 7:30

K-LEE RADIO has Oldies the way
you remember them

the Best of the 50s, 60s and 70s

JACK COOL has Late Nite Oldies on
Friday at 11 pm and an encore on
Wednesday evenings at 6:30

GLEN GRAY hosts
The Golden Oldies Show on
K-LEE RADIO 2 on Tuesday
at 7:30 and replayed again
on Saturday evening at 8:00 pm

Hear all the Great Oldies on Cape
Breton's Community radio station

www.kleeradio.com

NORTHSIDE COMMUNITY NEWS ITEMS**SENIORS BINGO**

The Regular SUNDAY afternoon Bingo resumes. There will be an Afternoon BINGO Game at the Sydney Mines Seniors & Pensioners Club, 6 Fraser Avenue, Sydney Mines.

| BINGO | | | | | |
|-------|----|----|----|----|--|
| 7 | 25 | 44 | 57 | 62 | |
| 15 | 22 | 40 | 50 | 70 | |
| 11 | 30 | 42 | 46 | 74 | |
| 2 | 28 | 37 | 55 | 68 | |
| 10 | 27 | 39 | 59 | 75 | |

Sunday BINGO
CANCELLED
indefinitely
Updates will
follow

Jackpot is \$650 on 50 #'s or less, plus Toonie Jackpot

NOTE: - Management reserves the right to refuse admittance to the BINGO game.

**Royal Canadian Legion
Branch 83 - Florence**
**BINGO****EVERY THURSDAY**
**DOORS OPEN 5 PM - CARDS ON
SALE - 6:00 PM**
7:00 pm - CASH PRIZES

Programs
Pending

**WASHER TOSS 8 PM FRI-
DAY - Prizes for**
**1st, 2nd, 3rd
All Monies
back to the
players**
**736-6313****North Sydney Fire Hall**

**NOW OPEN - 10 - 11
MONDAY - SATURDAY
SUNDAY - 12 - 11
Firehouse Pizza**

Thursday 4 - 12**CONTACT INFORMATION****GLEN GRAY, EDITOR****PH: 902-564-9022**

Email Address

glengray@kleeradio.com

PHANTOM COUNTRY with
Kenny Walsh airs on K-LEE
RADIO on Sundays at 6:00,
Wednesday 8:30 - the best in
Classic Country Music - tune
in to hear Kenny at

www.kleeradio.com

Join us on
our radio
station ev-
ery day, 24
hours a day
for the very
best selec-
tion of Cape Breton and
Celtic Music - logon to
our website to listen -

www.kleeradio.com

FOR THE BEST IN LOCAL
CAPE BRETON MUSIC

www.kleeradio.com
**NORTH
SYDNEY
LEGION IS
NOW
OPEN**


Regularly Scheduled Hours

10:00 am - 12:00 pm

Monday - Saturday

CLOSED SUNDAY

PHONE (902) 794-4816

food shoppe
**Heat & Serve Meals - Fresh Meal
Selections - Frozen Selections**

Grab 'n Go Lunch

Soups - Sandwiches - Salads

Ph: 217-0280
**212 Commercial St.,
North Sydney**
H&R BLOCK
**TAX
PROFESSIONALS**
222 Commercial Street - North Sydney - B2A 1B7**902 - 794-7117 - FAX 902-241-3088****nsydhrrblock@syd.eastlink.ca****HOURS - MONDAY - FRIDAY - 9:00 - 5:00**

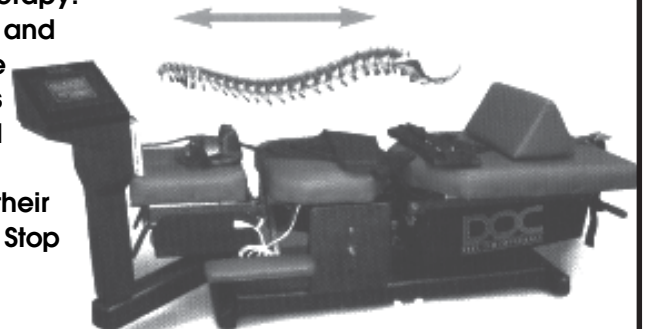
**See TAX TIPS on page 8 and see how much
you can save on this year's tax return
contact H & R Block today**

**Keith Bain****MLA -Victoria-The Lakes****1415 Highway 105, Bras d'Or, NS, B1Y 2N5****902-736-0301 (Office)****902-736-0411 (Fax)****keithbainmla@bellaliant.com****NEW DECOMPRESSION TABLE RELIEVES PAIN**

Darren Strong from Strong Chiropractic, announces a new, sophisticated computerized decompression table that allows the spine to be gently stretched and relaxed for spinal decompression therapy.

The pattern of alternating pulling and relaxing creates vacuum-like pressure which allows disc material that was herniated or protruded to be pulled back in the disc over time.

Patients will notice a reduction of their pain during these treatment sessions. Stop in today and ask about the new table and how you can benefit.



We've got your back!
Strong
Chiropractic Inc.

793 Mahon St., New Waterford - 862-9444 224 Commercial St. North Sydney - 241-9444

Liven Up Your Next Bar-B-Q or Campfire With Free Music Podcasts From K-LEE RADIO

This Summer while you're gathering around the campfire or enjoying a Family Bar-B-Que, let us provide the music for you. We have several Music Podcasts available on our website for you to download for your Summer entertaining.

We have the following shows available -

Jack Cool's Late Nite Oldies - 2 hours

Phantom Country with Kenny Walsh - 2hours

Glen's Golden Oldies - 1 hour format

The Sing Along Show - 1 hour format

The Pig & Whistle - hour format

Logon to or website - click on the K-LEE RADIO 2 link and download your favorite shows



* Also 150 Kids Craft Projects, Kids Radio Shows and Old Time Radio Shows available on The Podcast Page Link

www.kleeradio.com



**STAGG'S TAXI
GATEWAY TAXI**

-- P H O N E S --

902-794- 2400

902-241-2444

24/7

COMMUNITY NEWS ITEMS


JAIME BATTISTE

Member of Parliament
SYDNEY - VICTORIA

jaimebattiste.ca
jaime.battiste@parl.gc.ca

(902) 567-6275



Since the Libraries are closed and we have to stay indoors for a while, K-LEE RADIO is providing some relief in the form of audio books you can download and listen to at home.

There are some classic books like Sherlock Holmes, Tom Sawyer, Jeckyl & Hyde and other mystery and adventure books like Jack London's Adventures. Logon to www.kleeradio.com and go to the DOWNLOADS PAGE and get your free audio books.

MURRAY RYAN, MLA - Northside-Westmount

174 Commercial Street
North Sydney, NS
B2A1B4

PHONE
902-794-1030
FAX - 902-794-1029
mla@murrayryan.ca



HOUSE OF
ASSEMBLY
NOVA SCOTIA



**Official Province of
Nova Scotia information**
visit <https://novascotia.ca/coronavirus>



Sydney Mines Legion

NOW OPEN - 11:00 - 9:00

Monday - Saturday



AROUND THE TOWN

Things are looking much brighter as business slowly gets back to some sense of normal but we still have to remember that the **Social Distancing Guidelines** are still in place, take the time to make sure you and your family are following the guidelines, we'd hate to see you catch COVID-19 and ruin your Summer..... A lot of the local organizations have cancelled the annual **Canada Day Celebrations** because they did not have proper lead time to plan and operate their programs - at **K-LEE RADIO**, we felt that the kids missed out on Grading Day/Graduation Day so we made arrangements with the **Open Hearth Park** in Sydney to allow us to come on to the Park Grounds and produce two shows to entertain families for **Canada Day** - the first show is from 2:00 - 4:00 pm and the second one is from 6:00 to 8:00 so that should give everybody an opportunity to attend the Canada Day Party - the music genre will include Celtic, Country, Oldies and Sing Along songs, shows that we broadcast each week on **K-LEE RADIO** and our secondary stream **K-LEE RADIO 2** - stop by and say Hello and see if you can win one of the may **Free Give-aways** we have for you I mentioned a few weeks ago that the **mackerel** were running but only lasted about a week or so, last week a **big tuna** came right into the St. Peters Canal chasing the mackerel so they should be running again soon, I'll keep you updated..... With all the hot weather, my wife and I usually end up on the **Sydney Board Walk** and catch the evening breeze and watch the sun go down and I have noticed that many people show up with their dogs but all are on leashes and the owners clean up after them, however, I also noticed that there were many **bicycles** on the Boardwalk and they are not allowed, they were weaving in and out where people and small kids are walking, it's only a matter of time before someone is hurt, please do not drive your bicycle on the Boardwalk and parents please advise your children to stop this potential dangerous practice.... the Legions and Fire Halls are open but the Guidelines still make it difficult for many of them to generate any income from their normal programs, I hope the government steps on and provides some much needed assistance - **Happy Canada Day**, stop by Open Hearth Park on July 1st.



Waiting On You!
DAILY SPECIALS - SENIOR MENU
CHILDREN'S MENU - TAKE OUT

NOW OPEN FOR ANOTHER SEASON
FLATBREADS - NEW BREAKFAST MENU ITEMS

BREAKFAST - SEAFOOD - TURKEY - PANINIS

1409 Hwy 105 Trans Canada

(902) 794-1409

NORTHSIDE COMMUNITY NEWS/EVENTS

FREE PODCASTS TO DOWNLOAD & LISTEN

In response to the "Stay The Blazes Home" rules, K-LEE RADIO has provided several audio programs from Old Time Radio such as; Dragnet, Our Miss Brooks, Boston Blackie, Abbott & Costello, The Lone Ranger, Gunsmoke, Sherlock Homes, Irish music podcasts, local stories free to download and help relieve the boredom - Logon today - we update weekly
www.kleeradio.com

LICK A TREAT

BRAS d'OR

**Now Open
12 - 8**



COMMUNITY RADIO PROGRAMMING

K-LEE RADIO is your local Community Radio Station and provides local music programming meant for Cape Breton audiences.

We broadcast 24 Hours a Day - 7 Days A Week with the Best in Cape Breton & Celtic Music - Tune in to our station



Check out the list of Kids activities we have on our website to keep your children occupied during their extended stay at home - Logon to the "DOWNLOAD" page
www.kleeradio.com

A&K

LICK-A-CHICK



7 PIECE CHICKEN

Med. Fries, Medium Gravy,
3 rolls **\$26.59**
PLUS TAX



12 PIECE CHICKEN

Large Fries, Med. Gravy, Med. Salad,
4 rolls **\$37.59**
PLUS TAX



18 PIECE CHICKEN

Large Fries, Med. Gravy, 2 Med. Salad,
6 rolls **\$47.99**
PLUS TAX

Upsize Your Fries 99c

Located in Bras d'Or on
Trans Canada Highway

- HOURS OF OPERATION -
11:00 AM - 10:00 pm

PHONE

902-736-9496

Sydney Mines
Seniors & Pensioners
Centre
1409 Highway,
Sydney Mines -

Last Friday of the month 45s
Card Game starting at 7:30

Some News items courtesy of
Swing Over

The Mountain News

logon to website

www.sotmnews.weebly.com
monthly newsletter



The need is
even
greater
now,
please
help out.

What's In A Word?

Have some fun with this puzzle - Guess the word, it is a rhyming answer. For example, a shoe tying contest is a Lace Race. The rest of the answers all rhyme. See how many you can get.

1. Head policeman
2. Insect carpet
3. Insect carriage
4. Horse gaze
5. Home mate
6. Jail odor
7. Intelligent body organ
8. Jelly made from a shell fish
9. Heavy metal sleigh
10. Hog dance



*See How
Many You
Can Guess*

ANSWERS - 1. Top Cop, 2. Bug Rug, 3. Roach Coach, 4. Mare Stare, 5. House Spouse, 6. Cell Smell, 7. Smart Heart, 8. Clam Jam, 9. Lead Sled, 10. Pig Jig



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Check out our website for Kids Storytime Monday - Friday at 6 pm and also visit our DOWNLOADS Page and The Kids Radio Page to download over 150 Craft files, several games and audio stories for your kids to listen to at home.

- VISIT US AT THIS WEBSITE ADDRESS -
www.kleeradio.com



I know I sometimes rave on when I find a series that really grabbed my attention- and this time it's without a doubt one of the best TV show I have seen in years. "Roadies" is a Showtime series created by Cameron Crowe; he writes for Rolling Stone magazine, screen wrote the movies "Fast Times at Ridgemont High", "Say Anything", "Singles" and "Almost Famous"- which is about a rock journalist who goes on the road with a famous rock band (based on Crowe's time with Poco, The Eagles, Lynyrd Skynyrd, Led Zeppelin and The Allman Brothers). That experience shaped the style of "Roadies", which features Luke Wilson (Bill) and Carla Gugino (Shelli) in the lead roles as the managing duo that holds together a ragtag, motley crew of roadies and techs for The Staton House Band as it tours across The United States. Sounds pretty straightforward, right? Nope! I have done some roadie work in my younger days, and have been behind-the-scenes at many rock concerts producing television coverage, and

CHAOS is usually the norm. In "Roadies" when things are going too good Bill always gets a dark feeling that something bad is waiting just around the corner- which leads to some very funny and strange moments. Not to mention that Bill and Shelli have a slow-burning love for each other-but alas, she's married. In the first season cameos abound; Lindsay Buckingham, David Spade, Halsey, Jim James, Rainn Wilson, Jackson Browne and many more drop by to sing, or just be themselves-and that was the surprise treat each week. John Mellencamp and Eddie Vedder's appearances were truly brilliant. I watched all 10 episodes in the first season, and right from show #1 I was hooked, but episode 8 "The All Night Bus Ride" was the epic moment, as crusty old "seen it all done it all" roadie Phil (played to perfection by Ron White) tells the tearful tale of his early days with Lynyrd Skynyrd, right up to that fateful airplane ride on October 20th, 1977 that changed rock and roll history. The episode is a tearjerker, and wonderful. That's what's so great about "Roadies"-it's as genuinely rock and roll as a bottle of Jack Daniels. In closing, to paraphrase a Joan Jett song lyric, "I love rock and roll, so take a little time to watch Roadies baby".

Transfer your tapes...



... to DVDs!

VIDEOTAPES WEAR OUT SO SAVE YOUR PRECIOUS MEMORIES BEFORE IT'S TOO LATE!

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Using Pro equipment-not home video gear

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Phone 736-9402 (Paul)

NORTHSIDE COMMUNITY NEWS



NORTH SYDNEY LIBRARY NEWS

See story on page 7
for Partial re-opening
Library News



BRANCH 008 LEGION NEWS

**Legion
Is now
open**

If you like Soduko
Puzzles, logon to our
website and enjoy a
Daily Puzzle along with
a new Daily Crossword
Puzzle - Logon at -

www.kleeradio.com



Don't Forget
our Food
Banks
during
the
Corona
Outbreak

Check out our website
for things to occupy you
and your children's time
www.kleeradio.com



Whaddya Mean "They're All Gone??"

If you missed out on
Northside This Week just
go to our website
www.kleeradio.com
and you can download an
electronic copy or print a
copy on your home com-
puter. Great for sending
to folks "away."

Senior Fitness Classes

Free Senior Functional Fit-
ness Classes for men &
women Classes focus on ac-
tivities of daily living in-
cluding strength, balance,
focus, & multi joint
flexibility. Classes start
Wednesday, Mar.11th, 12.30
—1.30 pm. at the Florence
Legion. Sponsored by the
Sydney Vincent de
Paul Conference with a grant
from the Community Health
Board.

Instructor Patsy MacKenzie.
Come join us as we venture
into this new experience .



JACK COOL K-LEE RADIO DJ NEWS

I had the pleasure of interview-
ing a few weeks ago, Songwriter
Roxanne Akhter.

She is doing a series song
for a gentleman who is
known throughout Hol-
lywood as Antonio
Gellini but has
changed his name to
Doctor Olympia.

He has another
award show that he's
going to be promoting
called the Olympic
Award Show. It will be
going on internationally and this
will be taking place in a couple of
years and it will be held in differ-
ent countries every two years.

The first one starts in the
United States and then he will
choose different countries around
the world, to promote it every
couple of years.

Akhter said that Doctor Olym-
pia has been to 23 countries. His

father was a diplomat and he
used to travel when he was
young.

His focus is on World Peace
meetings which are in Korea -
he is iconic, he is legendary,
he's well-known throughout
Hollywood and he used to be
in partnership with the Dick
Clark and he runs the family
film award show in Hollywood.

I would like to
take time to wish
everybody a Happy
and safe Canada
Day and for the
United States,
Happy Indepen-
dence Day.

God bless, I'm
Jack Cool if you
would like to listen

to Roxanne's Akhter song
please go to https://w.youtube.com/watch?v=Sz44SsxaeA&feature=share&fbclid=IwAR3DtorWjCeUsWVsP-yxX02TSs7Rr-EoRp_

Late Nite Oldies with Jack
Cool - Friday Night at 11:00
pm Best of Classic Oldies
www.kleeradio.com

If you like Trivia Quizzes, we have a
General Trivia Quiz on Page 3 and Kids
Trivia on Page 8 of this edition. Each
evening Monday through Friday, we also
have a Kids trivia Quiz on Sandman's
Storytime at 6:00 each evening on Kids
Radio - **www.kleeradio.com**



Lots of Free Downloads
available on our website
www.kleeradio.com

For the latest and most
comprehensive list of
local events, logon to -
www.musiccapebreton.com
Mike Little updates his
listings each week.

Some News Items courtesy
of **Swing Over The
Mountain** Newsletter -
Login to read it at - <http://sotmnews.weebly.com>

Shear Madness

HAIR DESIGNS
HANDICAP ACCESSIBLE



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Check
Us Out!**

WALK IN SERVICE

Tues. & Wed. 9-5

Thurs. 9-7 - Fri. 9-5 - Sat. 9-4

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**155 QUEEN STREET
NORTH SYDNEY**

Hope in the City Virtual Run

This July, The Salvation Army is introducing a new event, Hope in the City Run – a virtual run to support the life-changing programs that The Salvation Army provides across the Maritimes. Virtual runs have become a popular method for non-profit organizations to raise vital funds after COVID-19 forced many key fundraising events to be cancelled or rescheduled.

“So many events raise essential funds for our programs simply won’t be able to take place this year, that’s why we are thrilled to announce this virtual solution.”

Participants register online, and then complete the run in their community on July 25-26, 2020. Competitive runners can even record their time through the host platform, Race Roster.

“You don’t have to be a runner to participate. Whether you run, walk or stroll your registration will help us.

Registration fees also include a T-shirt available via contactless pick-up, a printable bib and a digital medal.

Online registration is now open. To learn more, please visit [SalvationArmy.ca/Maritime/Run](https://salvationarmy.ca/Maritime/Run)

Participants are encouraged to register online at <https://raceroster.com/events/2020/32353/hope-in-the-city-run-2020>

LIBRARIES PARTIAL RE-OPENING

We would like to thank you for your continued patience and support of the library during this time. We know everyone is eager for the library to re-open.

There are many changes and precautions that need to be implemented prior to re-opening our library buildings. Library buildings will not be open initially but will begin offering limited services starting June 10th.

LIBRARY CATALOGUE: - You will be able to access your online account to see what items you still have checked out and to place new holds on items starting June 10th.

You can check your account by going to cbrl.ca and clicking on My Account. You will need your library card number and PIN to sign-in.

RETURNS: - Book-drops will be available at all branches starting June 10th. For branches which do not have permanent book-drops large bins will be placed outside the branch. To find out what hours the bin will be available please phone or e-mail your local branch. The book-drop at McConnell Library in Sydney is available 24/7 and can accept returns from any other branch.

As a precaution for COVID-19 all library items which are returned will be quarantined for a minimum of 5 days. This means that there will be a delay between when you return your items and when they are removed from your account.

All due dates for items currently out have been extended until June 30th. The library is not charging any late fees at this time.

LIBRARY TAKE-OUT: - Library members with items on hold will be contacted by library staff to arrange a time to pick-up the holds. This will be contactless curbside pick-up.

CBRL continues to offer access to eBooks, eAudiobooks, newspapers and magazines through our online library. Go to cbrl.ca/collections to learn more.



If you are looking for something to help entertain your children or to take up some time during the long nights we are required to stay indoors, then your search is over. THIS WEEK and K-LEE RADIO have teamed up and

are offering BINGO for the whole family. If you logon to our website and go to the “DOWNLOADS” page you will see links to print your own Bingo Cards and also a Bingo Calling program that calls the random Bingo numbers.

This can be a fun activity for the whole family or you can have some small prizes for a Family Night.

While you’re on the page, take a look at the other Crafts and files you can download for FREE.

There are lots of activities to help entertain your children plus we also have several audio stories and previously broadcast shows you can download and listen to at home during rainy days or around the campfire at night.

Logon to get your own BINGO card and calling program at -

www.kleeradio.com



KWIK KOPY PRINTING

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PIZZA - SUBS - BURGERS - SALADS - DONAIRS
NACHOS - GARLIC FINGERS - WINGS

PHONE 794-3191

| MON - THURS | FRI. - SAT. | SUNDAY |
|---------------|---------------|--------------|
| 11 am - 11 pm | 11 am - 12 am | 3 pm - 11 pm |

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per year, tax included



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email help@northsidetax.com

YOUR FREE SODUKO WEEKLY PUZZLE

| | | | | | | | | |
|---|---|---|---|--|---|---|---|---|
| | | 5 | | | 7 | | | |
| | | | | | | | | 9 |
| 8 | 9 | | 5 | | | 4 | | |
| | 3 | | 8 | | | | 4 | |
| | | | | | 3 | 2 | | 7 |
| 4 | 7 | | | | | 5 | | |
| | | | | | | 7 | 8 | |
| 6 | | | | | | | | |
| | | | 4 | | 6 | 1 | | |

You can also get your Daily Soduko Puzzle and Crossword Puzzle by logging on to - www.kleeradio.com and clicking on the FEATURES Page. Also included is a DAILY FREE SOFTWARE giveaway. Logon today to get yours FREE!!



|| CANADA DAY PARTY

Open Hearth Park

K-LEE RADIO is broadcasting 2 shows
2:00 - 4:00 and then again from
6:00 - 8:00 pm

Bring A chair with you

Social Distancing Guidelines
in effect for this event

Lots of Great Music
Celtic - Country - Oldies
Sing Along

Plenty of Free Giveaways

Come out and enjoy Canada Day
with your children

CANTEEN FACILITIES AVAILABLE
Park is also open for water slide,
swings and slides

Bring the whole family and enjoy the outdoors, listen to your favorite music and watch the sun go down

HAPPY CANADA DAY

Sponsored by K-LEE RADIO