

CLIP
AND
SAVE

Official Province of Nova Scotia information
visit <https://novascotia.ca/coronavirus>

CLIP
AND
SAVE

Official Government of Canada information visit
<https://canada.ca/coronavirus> or call 1-833-784-4397

Official Cape Breton Regional Municipality information
<http://cbrm.ns.ca/coronavirus> or call 902-563-2276



FREE

THIS WEEK

NORTHSIDE COMMUNITY NEWS

FREE

Vol. 10, No. 29 - JULY 22nd - 2020

SUMMER RADIO CEILIDH

INDIAN BEACH

Every Sunday Evening
6:00 - 8:00

See Page 8
for Details
and Sponsors



RALPH IVEY'S

Auto Repair Ltd. and Muffler Man

BRING YOUR CAR IN FOR SUMMER SERVICING



IF WE CAN'T DO IT - IT CAN'T BE DONE!

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BY THE TRACKS

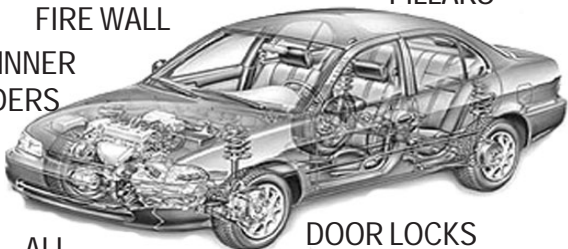
Bring your Vehicle in
for Auto Servicing

794-7500

KROWN RUST PROOFING

✓ PROTECT
✓ MAINTAIN
✓ SAVE

Here's What We Do..



HINGE ASSEMBLY
FIRE WALL
BOTH INNER FENDERS
ALL SEAMS AND LATCH ON HOOD
COMPLETE UNDERCARRIAGE
ALL WIRING
INCLUDING BACK OF HEADLIGHTS
CLEARANCE LIGHTS
DOORS
BEHIND ALL CHROME MOULDINGS
WINDOW PILLARS
DOOR LOCKS & HANDLES
ALL SEAMS & LATCH ON TRUNK LID
TAIL LIGHT ASSEMBLY
DOG LEGS
WHEEL ARCHES AND LINERS
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Unlike the conventional methods of rust proofing which tend to work as coating, a KROWN treatment actually displaces moisture and creeps into the inner metal fold of the vehicle - the areas where the most rust problems start. The KROWN formula remains active as an invisible barrier to repel moisture and salt and prevent it from re-entering the metal. The KROWN product can be applied in any season and weather.

McCormick's

TIRECRAFT

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NORTH SYDNEY
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NORTHSIDE COMMUNITY NEWS ITEMS**SENIORS BINGO**

The Regular SUNDAY afternoon Bingo resumes. There will be an Afternoon BINGO Game at the Sydney Mines Seniors & Pensioners Club, 6 Fraser Avenue, Sydney Mines.

WHEN: SUNDAY - 2:00 pm

BINGO	7	25	44	57	62
15	22	40	50	70	
11	30	42	46	74	
2	28	37	55	68	
10	27	39	59	75	

Sunday BINGO CANCELLED
indefinetly
Updates will follow



For the Best In Classic Country Music, join Kenny Walsh every Sunday Night at 6:00 pm for Phantom Country - 2 hour show of the best Country Music
www.kleeradio.com

Late Nite Oldies with Jack Cool - Friday Night at 11:00 pm Best of Classic Oldies
www.kleeradio.com

**BIRTHDAY WISHES**

If you have a family member who is celebrating a birthday, simply email us the information and we will print it here in the paper free of charge.

Send you informaton to the following email address - thisweek@kleeradio.com

North Sydney Fire Hall

NOW OPEN - 10 - 11
MONDAY - SATURDAY
SUNDAY - 12 - 11
Thursday 5- 8

Music - Ernie, Todd & Wade

CONTACT INFORMATION

GLEN GRAY, EDITOR

PH: 902-564-9022

Email Address

glengray@kleeradio.com

PHANTOM COUNTRY with Kenny Walsh airs on K-LEE RADIO on Sundays at 6:00, Wednesday 8:30 - the best in Classic Country Music - tune in to hear Kenny at
www.kleeradio.com



Join us on our radio station every day, 24 hours a day for the very best selection of Cape Breton and Celtic Music - logon to our website to listen -

www.kleeradio.com

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CAPE BRETON MUSIC

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10:00 am - 12:00 pm

Monday - Saturday

CLOSED SUNDAY

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See **TAX TIPS** on page 8 and see how much you can save on this year's tax return
contact **H & R Block** today

**Keith Bain**

MLA -Victoria-The Lakes

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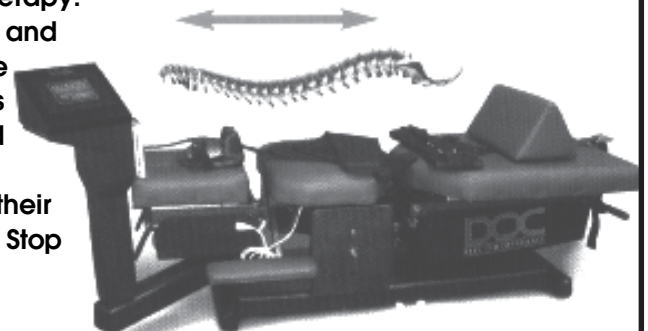
keithbainmla@bellaliant.com

NEW DECOMPRESSION TABLE RELIEVES PAIN

Darren Strong from Strong Chiropractic, announces a new, sophisticated computerized decompression table that allows the spine to be gently stretched and relaxed for spinal decompression therapy.

The pattern of alternating pulling and relaxing creates vacuum-like pressure which allows disc material that was herniated or protruded to be pulled back in the disc over time.

Patients will notice a reduction of their pain during these treatment sessions. Stop in today and ask about the new table and how you can benefit.



793 Mahon St., New Waterford - 862-9444 224 Commercial St. North Sydney - 241-9444

CBRM MASK GUIDELINES

Under the Provincial State of Emergency, the Cape Breton Regional Municipality follows the directives, guidelines and recommendations of Nova Scotia's Medical Officer of Health and the Provincial EMO during the pandemic.

Starting Tuesday, July 21, people will have to wear masks when visiting hospitals and health-care facilities and as of Friday, July 24, it will be mandatory for both drivers and passengers to wear a non-medical mask on public transportation.

Mayor Cecil Clarke says, "As per Provincial orders, I ask CBRM staff and residents to wear a non-medical mask when required as well as when physical distancing is difficult in concert with the other protection measures outlined by Dr. Strang and Nova Scotia's Department of Health and Wellness."

Mayor Clarke encourages residents to make wearing face masks a regular part of their daily routine as to not get caught without when one is required.

Appropriate signage and messaging is being prepared and will be posted at bus stops, on buses and on CBRM Social Media pages as well as on our website at: <http://www.cbm.ns.ca>.

**Sunday Morning
Gospel Radio Show
with host Pierre
Chiasson Aired
9:00 am**

www.kleeradio.com

?? TRIVIA ??

If you like Trivia, download the Trivia Podcast from our website - it has 20 General knowledge questions, a Cape Breton question and a music question - Use the PODCAST LINK

www.kleeradio.com



**STAGG'S TAXI
GATEWAY TAXI**

-- P H O N E S --

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24/7

COMMUNITY NEWS ITEMS



**JAIME
BATTISTE**

Member of Parliament
SYDNEY - VICTORIA

jaimebattiste.ca
jaime.battiste@parl.gc.ca

(902) 567-6275



Since the Libraries are closed and we have to stay indoors for a while, K-LEE RADIO is providing some relief in the form of audio books you can download and listen to at home.

There are some classic books like Sherlock Holmes, Tom Sawyer, Jeckyl & Hyde and other mystery and adventure books like Jack London's Adventures. Logon to www.kleeradio.com and go to the DOWNLOADS PAGE and get your free audio books.

MURRAY RYAN, MLA - Northside-Westmount

174 Commercial Street
North Sydney, NS
B2A1B4

PHONE
902-794-1030
FAX - 902-794-1029

mla@murrayryan.ca



HOUSE OF
ASSEMBLY
NOVA SCOTIA



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Official Province of
Nova Scotia information

visit <https://novascotia.ca/coronavirus>



CLIP



Sydney Mines Legion

NOW OPEN - 11:00 - 9:00

Monday - Saturday



AROUND THE TOWN

If you check **page 3**, you'll see the new Guidelines for **wearing masks** in the CBRM - I know it seems odd to do so but it's clear that we need to be extra careful now that the CBRM is opening up to more public functions - it makes obvious sense to **wear a mask** at the hospital or visiting a nursing home but it's becoming clear that we may be required to wear masks in public all the time soon - we'll have to make the best of it The **mackerel** were late coming in this year but they are all the larger sized fish and that makes it so much better for those trying to get a feed for the Summer - it's nice to see so many people out enjoying the sun and fresh air after being cooped up for so long.... and, speaking of fresh air and outdoors, I'm happy to announce that starting this Sunday, **K-LEE RADIO** will be featuring an outdoors **Radio Ceilidh** at Indian Beach on Sunday evenings starting at 6:00 pm - we will offer this radio ceilidh every Sunday evening until the end of August so make sure to stop by and listen to some of the best of Celtic, Oldies and Country music... and please say a special Thank You to the sponsors who are making this possible - **MacIntyre Hardware** in Sydney Mines and **Cape Breton Humour Books** - we appreciate your support for the community since there is no Johnny Miles, Front Street Frolic or Cape Breton Exhibition this year and so far, no local dances at the Legions or Fire Halls - so this broadcast will be for the whole family to enjoy, **Social Distancing Guidelines** will be in effect for this series of shows and please bring a chair as there is limited bench seating - or just stay in your car - there's lots of room in the parking Lot - we'll see you on Sunday evening at **Indian Beach**..... The Local **Libraries** are open once again much to the delight of the children and their parents - The libraries will open regular hours and the **Summer Reading Program** will be available to the public from the Regional Library website (www.cbri.ca)..... If your club or group is opening again and needs **free publicity**, simply email us and we'll publish it in our paper and on our radio station - email us at - thisweek@kleeradio.com - Till next week - **GLEN**



Waiting On You!
DAILY SPECIALS - SENIOR MENU
CHILDREN'S MENU - TAKE OUT
Social Distancing Guidelines In Effect

MONDAY - TUESDAY - WEDNESDAY - CLOSED
 Thurs. 3 - 8 - Friday 7:30 - 8 - Sunday 7:30 - 8

1409 Hwy 105 Trans Canada

(902) 794-1409

NORTHSIDE COMMUNITY NEWS/EVENTS

FREE PODCASTS TO DOWNLOAD & LISTEN

In response to the "Stay The Blazes Home" rules, K-LEE RADIO has provided several audio programs from Old Time Radio such as; Dragnet, Our Miss Brooks, Boston Blackie, Abbott & Costello, The Lone Ranger, Gunsmoke, Sherlock Homes, Irish music podcasts, local stories free to download and help relieve the boredom - Logon today - we update weekly www.kleeradio.com

LICK A TREAT

BRAS d'OR

Now Open
12 - 8



COMMUNITY RADIO PROGRAMMING

K-LEE RADIO is your local Community Radio Station and provides local music programming meant for Cape Breton audiences.

We broadcast 24 Hours a Day - 7 Days A Week with the Best in Cape Breton & Celtic Music - Tune in to our station



Check out the list of Kids activities we have on our website to keep your children occupied during their extended stay at home - Logon to the "DOWNLOAD" page www.kleeradio.com

A&K

LICK-A-CHICK



7 PIECE CHICKEN

Med. Fries, Medium Gravy,
3 rolls **\$26.59**
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12 PIECE CHICKEN

Large Fries, Med. Gravy, Med. Salad,
4 rolls **\$37.59**
PLUS TAX



18 PIECE CHICKEN

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6 rolls **\$47.99**
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11:00 AM - 10:00 pm

PHONE

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Sydney Mines Seniors & Pensioners

CANCELLED

at 1409 Trans Canada Highway, Sydney Mines -

Last Friday of the month 45s Card Game starting at 7:30

**SUPPORT
LOCAL
MUSICIANS
ATTEND A
SHOW TODAY**



The need is even greater now, please help out.

What's In A Word?

Have some fun with this puzzle - Guess the word, it is a rhyming answer. For example, a shoe tying contest is a Lace Race. The rest of the answers all rhyme. See how many you can get.

1. Wind toy altitude
2. Curtain paper adhesive
3. Gasoline law
4. Elderly metallic element
5. Crafty cornea
6. Main steer
7. Outstanding cargo
8. Surprise pistol
9. Trap door handle
10. Washed empress



*See How
Many You
Can Guess*

ANSWERS - 1. Kite Height, 2. Drape Tape, 3. Fuel Rule, 4. Old Gold, 5. Sly Eye, 6. Chief Beef, 7. Great Freight, 8. Stun Gun, 9. Hatch Latch, 10. Clean Queen



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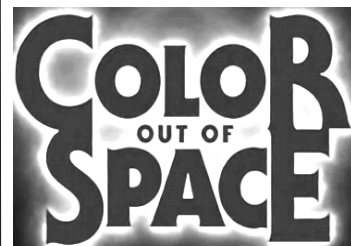


Lots of Kids Stories and Crafts to keep you occupied throughout the Summer - we'll be updating the website with music as well so stop by the Kids Radio Page often and see what else is new - logon to the web address below and get your crafts & stories

- VISIT US AT THIS WEBSITE ADDRESS -
www.kleeradio.com



What would a person do if they were thrown into a living nightmare, trying to understand something that was beyond human understanding? That's the premise behind what I consider to be one of the best and most original horror movies I've seen in years. "Color Out Of Space" is based on a short story by horror author extraordinaire H.P. Lovecraft, and where it was written way back in 1927 it shows just how 'before-his-time' H.P. Lovecraft really was. This movie stars Joely Richardson, Tommy Chong and Nicholas Cage in a role that can best be described as the most "uncaged Cage" you will ever see. The story begins with a family beset by personal circumstances that led them to move out to the country, for a new start on life. They do indeed have issues-but are trying to work them out, with mixed success. Cage's daughter dabbles in Wicca, the oldest son loves weed, the youngest son is withdrawn-and only talks to the family pet dog. Most importantly, Cage's wife is recovering from breast cancer and is trying to deal emotionally with her mastectomy. What happens next is at first puzzling, then ominous-then horrific, and that horror just keeps



building. A family trying to come together soon becomes a family ripped apart by forces that they cannot understand-let alone fight against. The director, Richard Stanley, said that when he was a child his mother would read Lovecraft stories to him (not exactly the Berenstain Bears, right?) and at 12 years of age he latched onto this tale-which stayed with him ever since, eventually leading to this project; a movie that's fresh and super-imaginative, the likes of which the horror movie genre desperately needs. Now it's time to get technical; the color used in this film to represent the alien color is magenta, a color that doesn't exist from a single wavelength of light of the color spectrum of visible light. It is actually an extra spectral color, that's only perceived by humans in a specific interaction of the optical rods in their eyes that detect red and blue colors in specific circumstances to create the color magenta in their minds. So that all means the color doesn't actually exist-but the abject horror in this movie does, big time. By the way-this movie is now on Netflix.

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NORTHSIDE COMMUNITY NEWS



NORTH SYDNEY LIBRARY NEWS

See story on page 7
for re-opening
Library News



BRANCH 008 LEGION NEWS

**Legion
Is now
open**

If you like Sudoku
Puzzles, logon to our
website and enjoy a
Daily Puzzle along with
a new Daily Crossword
Puzzle - Logon at -

www.kleeradio.com



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our Food
Banks
during
the
Corona
Outbreak

Check out our website
for things to occupy you
and your children's time
www.kleeradio.com



They say the winds of time
change a man, and it looks
like you have a lot of sand lately
so if you can blow the candles
out on your cake without injur-
ing yourself, we'll have a cel-
ebration and we all chipped in
on the new walker for you, it's
snazzy with new red paint and
green tennis balls.

Happy Birthday Old Timer
from all your much younger (and
more handsome) friends.

Senior Fitness Classes

Free Senior Functional Fit-
ness Classes for men &
women Classes focus on ac-
tivities of daily living including
strengthening our balance,
focus, & multi joint
flexibility. Classes start
Wednesday, Mar. 11th, 12.30
—1.30 pm. at the Florence
Legion. Sponsored by the
Sydney Vincent de
Paul Conference with a grant
from the Community Health
Board.

Instructor Patsy MacKenzie.
Come join us as we venture
into this new experience.



BIRTHDAY WISHES

I'd like to send out a belated
Birthday Wish to a very good
friend of mine, Justine Mercer,
who celebrated her birthday last
week. Sorry I couldn't get to say
hello but I was not in town. I hope
you had a Good Day and let's
get together this week to
celebrate all over again - **Peter**

HAPPY BIRTHDAY to Karrie
Ingraham who will be celebrating
her birthday on Friday, July 24th.
All The Best to you on your spe-
cial day, with lots of Love and
Good Wishes from Nannie and
Papa.

Thank You

I would like to take this oppor-
tunity to say a very Special Thank
You to all my family and friends
who came by to help me cel-
ebrate my 80th birthday. Your
thoughtfulness was greatly appre-
ciated - **MABEL TOBIN**

Late Night Oldies

with Jack Cool
Friday at 11 pm
on KLEE RADIO 2
www.kleeradio.com

Lots of Free Downloads
available on our website
www.kleeradio.com

For the latest and most
comprehensive list of
local events, logon to -
www.musiccapebreton.com
Mike Little updates his
listings each week.

Some News Items courtesy
of **Swing Over The
Mountain** Newsletter -
Login to read it at - <http://sotmnews.weebly.com>



JACK COOL K-LEE RADIO DJ NEWS

I had the pleasure a few
months ago to interview Film
Actress/producer BOUVIER,
she was named by Cult
Movie Magazine as the cult
film goddess after being
voted on by its readers. She



is the Writers on the movie
Blood Tulips, directed by
Randy Kent and co-directed
by John Luksetich. A woman
travels to Holland in search
of her missing sister who
may have been forced into
prostitution in the infamous
Red Light District of
Amsterdam. The movie has
been on put on hold due to
COVID-19 and the pan-
demic but hopes to get on
the road soon as things lift -
have a great week every-
one - stay safe - **JACK
COOL**

Shear Madness

HAIR DESIGNS
HANDICAP ACCESSIBLE



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Thurs. 9 - 7 - Fri. 9 - 5 - Sat. 9 - 4**

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LIBRARY COMMUNITY NEWS

Good News!!! - North Sydney and Sydney Mines Libraries are open now and that's good news for adults and children as well.

The libraries will open regular hours and the Summer Reading Program will be available to the public from the Regional Library website (www.cbri.ca).

NORTH SYDNEY LIBRARY - The Library is open for the public but a reminder that Public Health Guidelines are in effect. They also have Curbside pickup and delivery available. The library is open Regular Hours.



SYDNEY MINES LIBRARY - they are also open Regular Hours and the Public Health Guidelines are in effect there as well. Check the Regional Library website for the Summer Reading Program.



FLORENCE LIBRARY - The Florence Library is closed for vacation July 14-25th. It will re-open July 28th with Regular Hours.



MUSIC

See Page 8 For information on Indian Beach Radio Ceilidhs to be held every Sunday Night 6:00 - 8:00 pm - (weather permitting)

Our station - **K-LEE RADIO** - broadcasts on two separate internet streams on our website.

Our Core Programming is Cape Breton and Celtic Music 24 hours a day, 7 days a week.

Our secondary stream **K-LEE RADIO 2** features Late Nite Oldies on Fridays with DJ Jack Cool as well as many local radio remotes from various venues and businesses on the Northside.

Also included on our station is Gospel Hour on Sundays with Pierre Chiasson and it starts at 9 am and Phantom Country, the best in Classic Country Music airs at 6:00 pm on Sundays with host Kenny Walsh.

Also available on our website for download to your home computer is a wealth of music podcasts - The Pig & Whistle Show, Golden Oldies, Jack Cool's Oldies, Phantom Country, logon to our website and click on the PODCAST link for your free music.

www.kleeradio.com



If you are looking for something to help entertain your children or to take up some time during the long nights we are required to stay indoors, then your search is over. THIS WEEK and K-LEE RADIO have teamed up and

are offering BINGO for the whole family. If you logon to our website and go to the "DOWNLOADS" page you will see links to print your own Bingo Cards and also a Bingo Calling program that calls the random Bingo numbers.

This can be a fun activity for the whole family or you can have some small prizes for a Family Night.

While you're on the page, take a look at the other Crafts and files you can download for FREE.

There are lots of activities to help entertain your children plus we also have several audio stories and previously broadcast shows you can download and listen to at home during rainy days or around the campfire at night.

Logon to get your own BINGO card and calling program at -

www.kleeradio.com

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11 am - 11 pm

FRI. - SAT.
11 am - 12 am

SUNDAY
3 pm - 11 pm

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SUMMER

Radio Ceilidh



Best Of
Recorded
* Celtic
* Oldies
* Country
Music

Indian Beach - North Sydney

6:00 - 8:00 pm

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DISTANCING
GUIDELINES
IN EFFECT**

EVERY SUNDAY EVENING

(WEATHER PERMITTING)



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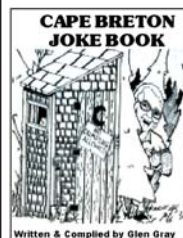
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