

CLIP
AND
SAVE

Official Province of Nova Scotia information
visit <https://novascotia.ca/coronavirus>

CLIP
AND
SAVE

Official Government of Canada information visit
<https://canada.ca/coronavirus> or call 1-833-784-4397

Official Cape Breton Regional Municipality information
<http://cbrm.ns.ca/coronavirus> or call 902-563-2276



FREE

THIS WEEK

NORTHSIDE COMMUNITY NEWS

FREE

Vol. 10, No. 30 - JULY 29th - 2020

SUMMER RADIO CEILIDH

INDIAN BEACH

Every Sunday Evening
6:00 - 8:00

See Page 8
for Details
and Sponsors



RALPH IVEY'S

Auto Repair Ltd. and Muffler Man

BRING YOUR CAR IN FOR
SUMMER SERVICING



IF WE CAN'T DO IT - IT CAN'T BE DONE!

93 KING STREET
BY THE TRACKS

Bring your Vehicle in
for Auto Servicing

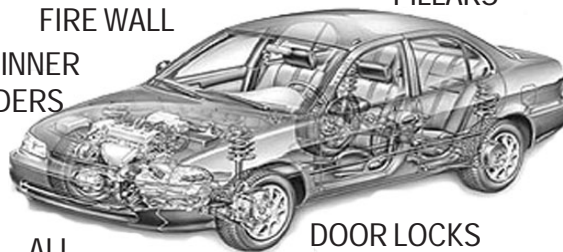
794-7500

KROWN RUST PROOFING

✓ PROTECT
✓ MAINTAIN
✓ SAVE

Here's What We Do..

HINGE ASSEMBLY
FIRE WALL
BOTH INNER FENDERS
ALL SEAMS AND LATCH ON HOOD
COMPLETE UNDERCARRIAGE
ALL WIRING
INCLUDING BACK OF HEADLIGHTS
CLEARANCE LIGHTS
DOORS
BEHIND ALL CHROME MOULDINGS
WINDOW PILLARS
ALL SEAMS & LATCH ON TRUNK LID
TAIL LIGHT ASSEMBLY
DOG LEGS
WHEEL ARCHES AND LINERS
SHOCK TOWERS
FILLER CAP DOOR
ROCKER PANELS
FRONT FENDER BRACES
DOOR LOCKS & HANDLES
ALL SEAMS



Unlike the conventional methods of rust proofing which tend to work as coating, a KROWN treatment actually displaces moisture and creeps into the inner metal fold of the vehicle - the areas where the most rust problems start. The KROWN formula remains active as an invisible barrier to repel moisture and salt and prevent it from re-entering the metal. The KROWN product can be applied in any season and weather.

McCormick's

TIRECRAFT

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NORTH SYDNEY
794-4947

NORTHSIDE COMMUNITY NEWS ITEMS

SENIORS BINGO

The Regular SUNDAY afternoon Bingo resumes. There will be an Afternoon BINGO Game at the Sydney Mines Seniors & Pensioners Club, 6 Fraser Avenue, Sydney Mines.

WHEN: SUNDAY - 2:00 pm

B	I	N	G	O
7	25	44	57	62
15	22	40	50	70
11	30	46	74	
2	28	37	55	68
10	27	39	59	75

Sunday BINGO
CANCELLED
indefinetly
Updates will
follow



For the Best In Classic Country Music, join Kenny Walsh every Sunday Night at 6:00 pm for Phantom Country - 2 hour show of the best Country Music
www.kleeradio.com

Late Nite Oldies with Jack Cool - Friday Night at 11:00 pm Best of Classic Oldies
www.kleeradio.com



BIRTHDAY WISHES

If you have a family member who is celebrating a birthday, simply email us the information and we will print it here in the paper free of charge.

Send you informaton to the following email address - thisweek@kleeradio.com

North Sydney Fire Hall

NOW OPEN - 10 - 11

MONDAY - SATURDAY

SUNDAY - 12 - 11

Thursday 5- 8

Music - Ernie, Todd & Wade

Kitchen open from 4 - 9

This Week's Special

Bacon Cheeseburger

\$10.50

PHANTOM COUNTRY with Kenny Walsh airs on K-LEE RADIO on Sundays at 6:00, Wednesday 8:30 - the best in Classic Country Music - tune in to hear Kenny at www.kleeradio.com



Join us on our radio station every day, 24 hours a day for the very best selection of Cape Breton and Celtic Music - logon to our website to listen - www.kleeradio.com

FOR THE BEST IN LOCAL
CAPE BRETON MUSIC
www.kleeradio.com

NORTH SYDNEY LEGION IS NOW OPEN



Regularly Scheduled Hours

10:00 am - 12:00 pm

Monday - Saturday

CLOSED SUNDAY

PHONE (902) 794-4816

Blueberry Festival

Southside Boularderie Vol.

Fire Dept. Fire Hall

Sunday Aug 23 1 pm to 4 pm

Take Out Only

Following all Nova Scotia Health Protocols

Adults \$10.00 Children \$5.00

Contact any firefighter for tickets

Or call Jimmie 902-736-6731

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food shoppe

Heat & Serve Meals - Fresh Meal Selections - Frozen Selections

Grab 'n Go Lunch

Soups - Sandwiches - Salads

Ph: 217-0280

212 Commercial St,
North Sydney



BIRTHDAY WISHES

Send your Birthday Wishes for friends and family to us - thisweek@kleeradio.com

CONTACT INFORMATION

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glengray@kleeradio.com



Keith Bain

MLA -Victoria-The Lakes

1415 Highway 105, Bras d'Or, NS, B1Y 2N5

902-736-0301 (Office)

902-736-0411 (Fax)

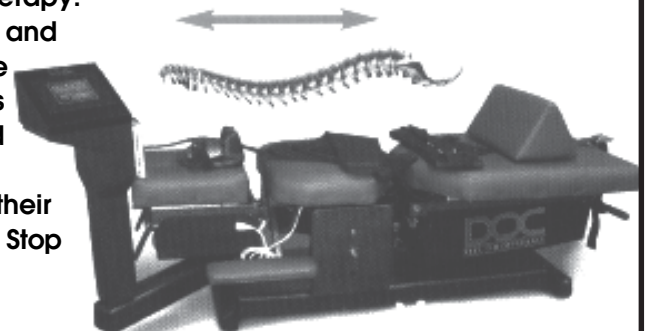
keithbainmla@bellaliant.com

NEW DECOMPRESSION TABLE RELIEVES PAIN

Darren Strong from Strong Chiropractic, announces a new, sophisticated computerized decompression table that allows the spine to be gently stretched and relaxed for spinal decompression therapy.

The pattern of alternating pulling and relaxing creates vacuum-like pressure which allows disc material that was herniated or protruded to be pulled back in the disc over time.

Patients will notice a reduction of their pain during these treatment sessions. Stop in today and ask about the new table and how you can benefit.



793 Mahon St., New Waterford - 862-9444 224 Commercial St. North Sydney - 241-9444

Mandatory Masks In Public Places

The Province of Nova Scotia announced more COVID-19 protection measures. As of July 31st, masks will become mandatory in most public places.

Where the Cape Breton Regional Municipality follows the directives, guidelines and recommendations of Nova Scotia's Medical Officer of Health and the Provincial EMO during this pandemic, to this new directive, we shall also adhere.

Change can be difficult. Many of us are not used to wearing face masks, but science shows wearing a cloth mask helps decrease the spread of COVID-19 and so, we must do our part to protect our community.

As we work to reopen and stimulate the economy, this new measure is just one step in limiting the spread. We need to continue to practice other protection actions such as frequent hand washing, physical distancing and if ill, please stay home.

Signs and messaging is being prepared and will be posted at appropriate Municipal properties, CBRM Social Media pages as well as on our website - <http://www.cbrm.ns.ca>

COMMUNITY NEWS ITEMS

JAIME BATTISTE

Member of Parliament
SYDNEY - VICTORIA

jaimebattiste.ca
jaime.battiste@parl.gc.ca

(902) 567-6275



K-LEE RADIO is providing some relief in the form of audio books you can download and listen to at home.

There are some classic books like Sherlock Holmes, Tom Sawyer, Jeckyl & Hyde and other mystery and adventure books like Jack London's Adventures. Logon to www.kleeradio.com and go to the DOWNLOADS PAGE and get your free audio books.

**Sunday Morning
Gospel Radio Show
with host Pierre
Chiasson Aired
9:00 am**

www.kleeradio.com

?? TRIVIA ??

If you like Trivia, download the Trivia Podcast from our website - it has 20 General knowledge questions, a Cape Breton question and a music question - Use the PODCAST LINK

www.kleeradio.com



**STAGG'S TAXI
GATEWAY TAXI**

-- P H O N E S --

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902-241-2444

24/7

MURRAY RYAN, MLA - Northside-Westmount

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North Sydney, NS
B2A1B4

PHONE
902-794-1030
FAX - 902-794-1029

mra@murrayryan.ca



HOUSE OF
ASSEMBLY
NOVA SCOTIA



CLIP

Official Province of
Nova Scotia information

visit <https://novascotia.ca/coronavirus>



CLIP



Sydney Mines Legion

NOW OPEN - 11:00 - 9:00

Monday - Saturday



AROUND THE TOWN

First this week I want to say a heartfelt **Thank You** to everyone who sent their Brthday Wishes to me on Friday - I enjoyed hearing from every one of you and thank you for taking the time to wish me a **Happy Birthday** - I had a special meal with family and friends and then went **jigging mackerel** on the wharf in Sydney - does it get any better than that???? Secondly, this past Sunday was the first in our series of **Radio Ceilidhs** from Indian Beach - the weather was not co-operating but we were able to get some Summer music in between the raindrops and drizzle - let's hope that this week's event will be warmer and dryer - we have scheduled these Summer Radio Ceilidhs to run **every Sunday evening** from 6:00 - 8:00 pm from **Indian Beach** in North Sydney - stop by to hear some of your favorite songs, some sing along songs, Oldies rock and roll and Country Gold - I would like to say a special **Thank You** to our **sponsors** - MacIntyre's Hardware in Sydney Mines and Crown Taxi in Sydney Mines - please mention the shows whenever you are in the hardware store or take a taxi - it's their **community support** that is making the ceilidhs possible.... Please check the new **mandatory masks requirements** for indoor public places - the CBRM has issued clear and definitive guidelines regarding the wearing of masks - I know it is something we are not used to but if it helps control the spread of the COVID-19 the we should be willing to protect our family and friends when in public - see the official release from the Mayor on **page 3** of this issue - going forward this will be the norm - remember, we are still only in the Atlantic Canada bubble - when the province opens up to the rest of Canada and the U. S., there will be many mnore opportunites to catch the virus - and, remember, this is a **deadly virus** not just a Summer cold - I hope you join us at Indian Beach on Sunday evenings, it would be nice to see you again after staying indoors for months - If your business is looking for some **free publicity** to get started back up, send us your latest information and we'll pulish it our paper and mention it during the Indian Beach Ceilidhs - Till next week - **GLEN**



Waiting On You!
DAILY SPECIALS - SENIOR MENU
CHILDREN'S MENU - TAKE OUT
Social Distancing Guidelines In Effect

MONDAY - TUESDAY - WEDNESDAY - CLOSED
 Thurs. 3 - 8 - Friday 7:30 - 8 - Sunday 7:30 - 8

1409 Hwy 105 Trans Canada

(902) 794-1409

NORTHSIDE COMMUNITY NEWS/EVENTS

FREE PODCASTS TO DOWNLOAD & LISTEN

In response to the "Stay The Blazes Home" rules, K-LEE RADIO has provided several audio programs from Old Time Radio such as; Dragnet, Our Miss Brooks, Boston Blackie, Abbott & Costello, The Lone Ranger, Gunsmoke, Sherlock Homes, Irish music podcasts, local stories free to download and help relieve the boredom - Logon today - we update weekly **www.kleeradio.com**

LICK A TREAT

BRAS d'OR

**Now Open
12 - 8**



COMMUNITY RADIO PROGRAMMING

K-LEE RADIO is your local Community Radio Station and provides local music programming meant for Cape Breton audiences.

We broadcast 24 Hours a Day - 7 Days A Week with the Best in Cape Breton & Celtic Music - Tune in to our station



Check out the list of Kids activities we have on our websiite to keep your children occupied during their extended stay at home - Logon to the "DOWNLOAD" page **www.kleeradio.com**

A&K

LICK-A-CHICK



7 PIECE CHICKEN

Med. Fries, Medium Gravy,
3 rolls **\$26.59**
PLUS TAX



12 PIECE CHICKEN

Large Fries, Med. Gravy, Med. Salad,
4 rolls **\$37.59**
PLUS TAX



18 PIECE CHICKEN

Large Fries, Med. Gravy, 2 Med. Salad,
6 rolls **\$47.99**
PLUS TAX

Upsize Your Fries 99c

Located in Bras d'Or on Trans Canada Highway

- HOURS OF OPERATION -

11:00 AM - 10:00 pm

PHONE

902-736-9496

Sydney Mines Seniors & Pensioners Centre
 600 Main Avenue,
 Sydney Mines -

Last Friday of the month 45s Card Game starting at 7:30

**SUPPORT
LOCAL
MUSICIANS
ATTEND A
SHOW TODAY**



The need is even greater now, please help out.

What's In A Word?

Have some fun with this puzzle - Guess the word, it is a rhyming answer. For example, a shoe tying contest is a Lace Race. The rest of the answers all rhyme. See how many you can get.

1. Smart award
2. Sodium safe
3. Solar enjoyment
4. Serpent dessert
5. Sea lion cry
6. Large boat suggestion
7. Silent fighting
8. Skinny adolescent
9. Sniff, great
10. Salmon plate



*See How
Many You
Can
Guess*

ANSWERS - 1. Wize Prize, 2. Salt Vault, 3. Sun Fun, 4. Snake Cake, 5. Seal Squeal, 6. Ship Tip, 7. Quiet Riot, 8. Lean Teen, 9. Smell Swell, 10. Fish Dish



ATOMIC
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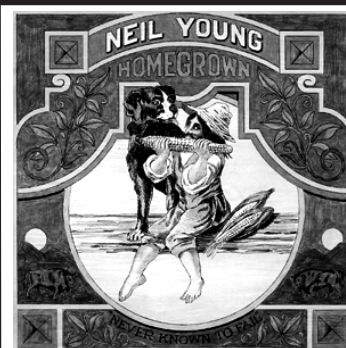
Lots of Kids Stories and Crafts to keep you occupied throughout the Summer - we'll be updating the website with music as well so stop by the Kids Radio Page often and see what else is new - logon to the web address below and get your crafts & stories

- VISIT US AT THIS WEBSITE ADDRESS -
www.kleeradio.com



Despite the fact that musicians pretty much had to put on hold, or completely re-adjust their schedules and careers due to the pandemic some new album releases did happen this summer, and one big one was this album. "Homegrown" by Neil Young came out in June, and even though it's new to us the album was actually recorded between 1974 and 1975, remaining unreleased until now. It's part of Neil's archives project; releasing unheard studio and live recordings and remixing some material with high resolution audio. Neil has said that this album is "the unheard bridge between Harvest and Comes a Time". Let's state the obvious right now-if you don't usually like Neil Young's music-you ain't gonna like this collection either.

To look at a few of the numbers, the first track is "Separate Ways", and immediately the song sounds familiar, warm and embracing. The subject matter may very well be about Neil's relationship with American actress Carrie Snodgrass-and its end not long before this recording. There are not a lot of rock numbers here, with the majority of the songs being very folksy and acoustic, but "Vacancy" is a rock and roll



gem, sounding much like "Cinnamon Girl" and "Homegrown" comes across like an impromptu jam session. "We Don't Smoke It No More" is a nice bluesy number that seems a perfect fit for a dark and smokey after hours club. Seven of these songs were previously unreleased, and different versions of the other five songs showed up on later Neil Young albums. For this project Neil plays guitar, piano and harmonica, and is accompanied by a great group of musicians including Levon Helm, Ben Keith, Karl T. Himmel, Tim Drummond, Emmylou Harris and Robbie Robertson. I recently heard an interview with Neil Young on CBC radio, and if I ever based my liking an artist's music on their temperament I'd never listen to this man again-he was a total jerk to the very capable and polite CBC host. We're often better off NOT knowing much about a musician-and just letting the music do the talking (as the Aerosmith song aptly pointed out many moons ago). If Neil wants to continue on being a cantankerous old fart that's up to him-at least his music is really good.

Transfer your tapes...



... to DVDs!

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Using Pro equipment-not home video gear

We can transfer VHS & 8mm tapes at great prices!

Phone 736-9402 (Paul)

NORTHSIDE COMMUNITY NEWS



NORTH SYDNEY LIBRARY NEWS

See story on page 7
for re-opening
Library News



BRANCH 008 LEGION NEWS

**Legion
Is now
open**

If you like Sudoku
Puzzles, logon to our
website and enjoy a
Daily Puzzle along with
a new Daily Crossword
Puzzle - Logon at -

www.kleeradio.com



Don't Forget
our Food
Banks
during
the
Corona
Outbreak

Check out our website
for things to occupy you
and your children's time
www.kleeradio.com



They say the winds of time
change a man, and it looks
like you have a lot of sand lately
so if you can blow the candles
out on your cake without injur-
ing yourself, we'll have a cel-
ebration and we all chipped in
on the new walker for you, it's
snazzy with new red paint and
green tennis balls.

Happy Birthday Old Timer
from all your much younger (and
more handsome) friends.

Senior Fitness Classes

Free Senior Functional Fit-
ness Classes for men &
women Classes focus on ac-
tivities of daily living including
strengthening our balance,
focus, & multi joint
flexibility. Classes start
Wednesday, Mar. 11th, 12.30
—1.30 pm. at the Florence
Legion. Sponsored by the
Sydney Vincent de Paul Conference with a grant
from the Community Health
Board.

Instructor Patsy MacKenzie.
Come join us as we venture
into this new experience.



JACK COOL K-LEE RADIO DJ NEWS

I had the absolute pleasure last
week of interviewing Steve Smith
he and his wife Morag Smith did
the TV show, Smith & Smith



which ran from 1979 till 1985
although the Red Green show
ran from 1991 till 2006. Steve
actually started doing that skit
in 1978. Steve did his final tour
last year of 2019 nowadays
Steve works on old cars and
works on a podcasts with his son
and he really enjoying that. and
that's just the way it was for your
K - Lee radio DJ news now you're
up-to-date I'm Jack cool special
thank to Scott Sexton of 2911

Late Night Oldies

with Jack Cool
Friday at 11 pm
on KLEE RADIO 2
www.kleeradio.com

Lots of Free Downloads
available on our website
www.kleeradio.com

For the latest and most
comprehensive list of
local events, logon to -
www.musiccapebreton.com
Mike Little updates his
listings each week.

Some News Items courtesy
of **Swing Over The
Mountain** Newsletter -
Login to read it at - <http://sotmnews.weebly.com>

media for arranging this inter-
view I super appreciate it.

I had the pleasure of inter-
viewing last week the lead
singer of the Irish Rovers
George Millar their latest album
Saints and Sinners was re-
leased February 1st, 2020
and after 58 years of being in
Show Business.



The Irish Rovers are still
going strong. thank you,
George, I really appreciate it
special thanks to Jennifer
Fahni for arranging this in-
terview I really appreciate it .
Best, Jack .



BIRTHDAY WISHES

I would like to send out spe-
cial Birthday Wishes to two
members of my family.

The first Birthday Wish goes
out to Darlene Tobin who will
celebrate her birthday on Sat-
urday and the second wish
goes to Paul Barron who will
celebrate his birthday on Sun-
day. Best Wishes and Love
from Aunt Polly - God Bless!

Shear Madness

HAIR DESIGNS
HANDICAP ACCESSIBLE



**Come
Check
Us Out!**

**Tues. & Wed. 9 - 5
Thurs. 9 - 7 - Fri. 9 - 5 - Sat. 9 - 4**

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**155 QUEEN STREET
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LIBRARY COMMUNITY NEWS

Good News!!! - North Sydney and Sydney Mines Libraries are open now and that's good news for adults and children as well.

The libraries will open regular hours and the Summer Reading Program will be available to the public from the Regional Library website (www.cbri.ca).

NORTH SYDNEY LIBRARY - The Library is open for



the public but a reminder that Public Health Guidelines are in effect. They also have Curbside pickup and delivery available. The library is open Regular Hours.

SYDNEY MINES LIBRARY - they are also open Regular Hours and the Public Health Guidelines are in effect there as well. Check the Regional Library website for the Summer Reading Program.



FLORENCE LIBRARY - The Florence Library will re-open July 28th with Regular Hours.



MUSIC

See Page 8 For information on Indian Beach Radio Ceilidhs to be held every Sunday Night 6:00 - 8:00 pm - (weather permitting)

Our station - **K-LEE RADIO** - broadcasts on two separate internet streams on our website.

Our Core Programming is Cape Breton and Celtic Music 24 hours a day, 7 days a week.

Our secondary stream **K-LEE RADIO 2** features Late Nite Oldies on Fridays with DJ Jack Cool as well as many local radio remotes from various venues and businesses on the Northside.

Also included on our station is Gospel Hour on Sundays with Pierre Chiasson and it starts at 9 am and Phantom Country, the best in Classic Country Music airs at 6:00 pm on Sundays with host Kenny Walsh.

Also available on our website for download to your home computer is a wealth of music podcasts - The Pig & Whistle Show, Golden Oldies, Jack Cool's Oldies, Phantom Country, logon to our website and click on the PODCAST link for your free music.

www.kleeradio.com



If you are looking for something to help entertain your children or to take up some time during the long nights we are required to stay indoors, then your search is over. THIS WEEK and K-LEE RADIO have teamed up and

are offering BINGO for the whole family. If you logon to our website and go to the "DOWNLOADS" page you will see links to print your own Bingo Cards and also a Bingo Calling program that calls the random Bingo numbers.

This can be a fun activity for the whole family or you can have some small prizes for a Family Night.

While you're on the page, take a look at the other Crafts and files you can download for FREE.

There are lots of activities to help entertain your children plus we also have several audio stories and previously broadcast shows you can download and listen to at home during rainy days or around the campfire at night.

Logon to get your own BINGO card and calling program at -

www.kleeradio.com

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per year, tax included



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MON - THURS
11 am - 11 pm

FRI. - SAT.
11 am - 12 am

SUNDAY
3 pm - 11 pm

WE CATER TO SERVICE GROUPS AND ORGANIZATIONS
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DELIVERY AVAILABLE



SUMMER

Radio Ceilidh



Best Of
Recorded
* Celtic
* Oldies
* Country
Music

**SOCIAL
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IN EFFECT**

**Indian Beach - North Sydney
6:00 - 8:00 pm**

EVERY SUNDAY EVENING
(WEATHER PERMITTING)



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FAX - (902) 544-1874



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CROWN TAXI

736-6565



**DON'T FORGET TO
WEAR YOUR MASK**