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Official Cape Breton Regional Municipality information
<http://cbrm.ns.ca/coronavirus> or call 902-563-2276



FREE

THIS WEEK

NORTHSIDE COMMUNITY NEWS

FREE

Vol. 10, No. 32 - AUGUST 12th - 2020

SUMMER RADIO CEILIDH

INDIAN BEACH

SUNDAY, AUGUST 16

6:00 - 8:00 PM

See Page 8

for Details
and Sponsors



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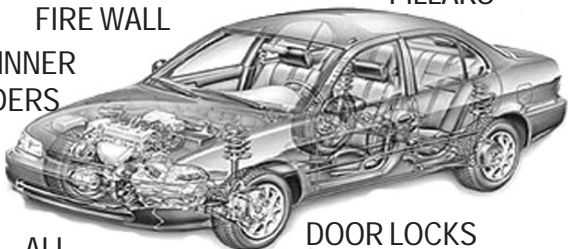
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ALL SEAMS
DOORS
BEHIND ALL CHROME MOULDINGS

WINDOW PILLARS
ALL SEAMS & LATCH ON TRUNK LID
TAIL LIGHT ASSEMBLY
DOG LEGS
WHEEL ARCHES AND LINERS
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794-4947

NORTHSIDE COMMUNITY NEWS ITEMS

SENIORS BINGO

The Regular SUNDAY afternoon Bingo resumes. There will be an Afternoon BINGO Game at the Sydney Mines Seniors & Pensioners Club, 6 Fraser Avenue, Sydney Mines.

WHEN: SUNDAY - 2:00 pm

BINGO									
7	25	44	57	62					
15	22	40	50	70					
11	30		46	74					
2	28	37	55	68					
10	27	39	59	75					

Sunday BINGO
CANCELLED
indefinetly
Updates will
follow



For the Best In Classic Country Music, join Kenny Walsh every Sunday Night at 6:00 pm for Phantom Country - 2 hour show of the best Country Music
www.kleeradio.com

Late Nite Oldies with Jack Cool - Friday Night at 11:00 pm Best of Classic Oldies
www.kleeradio.com



BIRTHDAY WISHES

If you have a family member who is celebrating a birthday, simply email us the information and we will print it here in the paper free of charge.

Send you informaton to the following email address - thisweek@kleeradio.com

North Sydney Fire Hall

NOW OPEN - 10 - 12

MONDAY - SATURDAY

SUNDAY - 12 - 12

Thursday 5- 8

Music - Ernie, Todd & Wade

Kitchen open from 4 - 9

This Week's Special

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\$10.25

PHANTOM COUNTRY with Kenny Walsh airs on K-LEE RADIO on Sundays at 6:00, Wednesday 8:30 - the best in Classic Country Music - tune in to hear Kenny at www.kleeradio.com



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www.kleeradio.com

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10:00 am - 12:00 pm

Monday - Saturday

CLOSED SUNDAY

PHONE (902) 794-4816

Blueberry Festival

Southside Boularderie Vol.

Fire Dept. Fire Hall

Sunday Aug 23 1 pm to 4 pm

Take Out Only

Following all Nova Scotia Health Protocols

Adults \$10.00 Children \$5.00

Contact any firefighter for tickets

Or call Jimmie 902-736-6731

Mike 902 578-4794



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Heat & Serve Meals - Fresh Meal Selections - Frozen Selections

Grab 'n Go Lunch

Soups - Sandwiches - Salads

Ph: 217-0280

212 Commercial St,
North Sydney



BIRTHDAY WISHES

Send your Birthday Wishes for friends and family to us - thisweek@kleeradio.com

CONTACT INFORMATION

GLEN GRAY, EDITOR

PH: 902-564-9022

Email Address

glengray@kleeradio.com



Keith Bain

MLA -Victoria-The Lakes

1415 Highway 105, Bras d'Or, NS, B1Y 2N5

902-736-0301 (Office)

902-736-0411 (Fax)

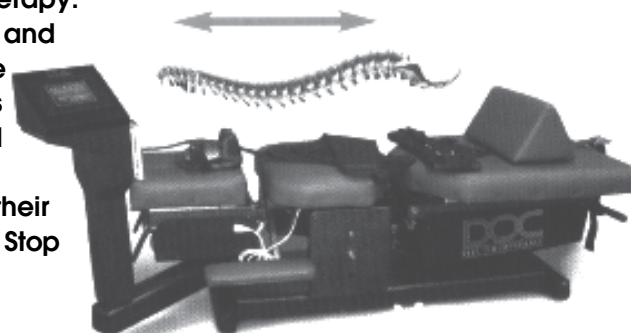
keithbainmla@bellaliant.com

NEW DECOMPRESSION TABLE RELIEVES PAIN

Darren Strong from Strong Chiropractic, announces a new, sophisticated computerized decompression table that allows the spine to be gently stretched and relaxed for spinal decompression therapy.

The pattern of alternating pulling and relaxing creates vacuum-like pressure which allows disc material that was herniated or protruded to be pulled back in the disc over time.

Patients will notice a reduction of their pain during these treatment sessions. Stop in today and ask about the new table and how you can benefit.



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CAPE BRETON REGIONAL LIBRARY

- CONTACT INFO -

NORTH SYDNEY LIBRARY

309 Commercial Street
North Sydney

PHONE (902) 794-3272

HOURS

MON. 1:30 - 5:30 - 7:00 - 9:00
TUES., WED., THURS - 10 - 9
FRI. 10 - 7 - SAT. 10 - 5

SYDNEY MINES LIBRARY

1 Fraser Ave., Sydney Mines
PHONE (902) 736-3219

HOURS

MON. 1:30 - 5:30 - 7:00 - 9:00
TUES., WED., THURS -
10 - 5:30 - 7:00 - 9:00
FRI. 10 - 5:30 - SAT. 10 - 12 and
1:00 - 5:00

FLORENCE LIBRARY

676 Bras d'Or Florence Road
PHONE (902) 736-7583

HOURS

TUES. 1:00 - 5:00 - 6:00 - 8:00
WEDNESDAY - 1:00 - 5:00
THURS. - 1 - 5 and 6:00 - 8:00
FRIDAY - 1:00 - 5:00
SATURDAY - 10 - 1:00 pm

FISH CAKE & BEAN TAKE OUT

Sponsored by the Friends of the Big Bras d'Or Fire Hall will take place at the Hall on Saturday, August 15th from 3:00 - 5:00 pm.

Because of COVID, no eating in the hall at this time.

PRICE - \$10.00. The Friends of the Fire Hall would appreciate pre-ordering to help gauge the demand.

Please call 902-304-8580 to place your order.

BREAKFAST BRUNCH

Until further notice, the Breakfast Brunch will not be operating due to COVID-19 restrictions.

WALK-A-THON

Knox Church Walk - A - Thon is scheduled for Labor Day, September 7th beginning at 10 am. COVID-10 restrictions will be followed.

BUSINESS RE-LOCATION

DEN OF ANTIQUITY has moved from the former Celtic Market to 12254 Kempt Head Road. Call for opening hours - 902-371-7364

COMMUNITY NEWS ITEMS



JAIME BATTISTE

Member of Parliament
SYDNEY - VICTORIA

jaimebattiste.ca
jaime.battiste@parl.gc.ca

(902) 567-6275



Innovative Farmers Market Every Sunday

THE FARM GATE MARKET - The Ross Ferry Farmers Market is changing their name due to COVID-19 restrictions. We are now calling it 'The Ross Ferry Farm Gate Market'

On Sunday afternoons, the vendors will each set up at the end of their driveways along Kempt Head Road and customers will drive to them. We will be providing a map showing the route and location of each vendor. The map will be on our website and on our Facebook page.

The Farm Gate Market will take place from 12 noon until 3:00 pm every Sunday through August and September. Everyone loves a drive around beautiful Boularderie Island on a Sunday afternoon. The scenery is Great and there is lots of room for social distancing. Come and meet your vendors where they live.

MURRAY RYAN, MLA - Northside-Westmount

174 Commercial Street
North Sydney, NS
B2A1B4

PHONE
902-794-1030
FAX - 902-794-1029

mla@murrayryan.ca



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-- P H O N E S --

902-794- 2400

902-241-2444

24/7



Sydney Mines Legion

NOW OPEN - 11:00 - 9:00

Monday - Saturday



AROUND THE TOWN

What a gorgeous Night we had last Sunday at Indian Beach for our **Sunday evening Ceilidh** - the weather was absolutely beautiful and a nice sea breeze kept the sun from boiling us - we will be at Indian Beach **every Sunday** until the end of August courtesy of your community minded sponsors - **MacIntyre Hardware in Sydney Mines** and **CROWN Taxi in Sydney Mines** - come join us, listen to the music and watch the sun go down - 6:00 - 800 pm and, if we are rained

out, we will re-broadcast on Tuesday evening from 6:00 - 8:00 **BLUEBERRY FESTIVAL** - Southside Boularderie Vol. Fire Dept. Fire Hall, Sunday Aug 23rd, 1 pm to 4 pm - **Take Out Only**, see details on **page 2**..... we have another installment of the Clifford Street Youth Centre and its origins in North Sydney, see **page 7** for the second installment..... the **North Sydney Fire Hall** features music on Thursday night and the Kitchen is open - this week's menu is Club and Fries \$10.25 per person..... If you happen to be in Sydney this Thursday, stop by **Ed's Bookstore** on Charlotte Street where we will be broadcasting on the sidewalk, stop in to see Ed's huge variety of used books and magazines and listen to some great Cape Breton music.... we'll keep you updated on the new **Food Hub** that is planning to open in the former Celtic Market in Bras d'Or - farmers and food businesses will **welcome** such a new and convenient facility to sell their products - you can find out more information about this group and local food news at their website - <https://www.capebretonfoodhub.com>.....see **page 3** for information on the Ross Ferry Farm Gate Farmers Market, this is a very innovative approach to business under COVID-19 restrictions.... see you at Indian Beach on Sunday at 6:00 pm - **GLEN**



Waiting On You!
DAILY SPECIALS - SENIOR MENU
CHILDREN'S MENU - TAKE OUT
Social Distancing Guidelines In Effect

MONDAY - TUESDAY - WEDNESDAY - CLOSED
 Thurs. 3 - 8 - Friday 7:30 - 8 - Sunday 7:30 - 8

1409 Hwy 105 Trans Canada

(902) 794-1409

NORTHSIDE COMMUNITY NEWS/EVENTS

FREE PODCASTS TO DOWNLOAD & LISTEN

In response to the "Stay The Blazes Home" rules, K-LEE RADIO has provided several audio programs from Old Time Radio such as; Dragnet, Our Miss Brooks, Boston Blackie, Abbott & Costello, The Lone Ranger, Gunsmoke, Sherlock Homes, Irish music podcasts, local stories free to download and help relieve the boredom - Logon today - we update weekly www.kleeradio.com

LICK A TREAT

BRAS d'OR

Now Open
12 - 9



COMMUNITY RADIO PROGRAMMING

K-LEE RADIO is your local Community Radio Station and provides local music programming meant for Cape Breton audiences.

We broadcast 24 Hours a Day - 7 Days A Week with the Best in Cape Breton & Celtic Music - Tune in to our station



Check out the list of Kids activities we have on our website to keep your children occupied during their extended stay at home - Logon to the "DOWNLOAD" page www.kleeradio.com

A&K

LICK-A-CHICK



7 PIECE CHICKEN

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 3 rolls
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12 PIECE CHICKEN

Large Fries, Med. Gravy, Med. Salad,
 4 rolls
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Large Fries, Med. Gravy, 2 Med. Salad,
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Located in Bras d'Or on Trans Canada Highway

- HOURS OF OPERATION -

11:00 AM - 8:00 pm

PHONE

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Sydney Mines Seniors & Pensioners
 600 Main Avenue,
 Sydney Mines -

Last Friday of the month 45s Card Game starting at 7:30

SUPPORT LOCAL MUSICIANS ATTEND A SHOW TODAY



The need is even greater now, please help out.

Hello! Operator? connect me long distance to Roy Acuff, Nashville Tennessee.

Hello! Roy? Hank here, your old buddy, Hank Williams. How's everything on the Opry? I'm calling you from a little Honky Tonk, on the country side of Heaven, We are having an old time Jamboree tonight Roy, starring Mother Mae Belle, Patsy Cline, Jim Reeves, Cowboy Copas, and yours truly, old Hank.

Also featured are Jimmy Rodgers, Tex Ritter and Ernest Tubbs. Lefty and Marty couldn't make it tonight for they are on the road with Dottie and Keith. Regards to all the gang on The Opry, say! how is Bosphorus? I hope he is still picking and singing that good old country. Well Roy I better sign off, by the way when you make that eternal trip to glory, drop in on the country Side of Heaven we need a lead singer for The Wabash Cannon Ball.

"THE CALL" - © RON GILLIS

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Lots of Kids Stories and Crafts to keep you occupied throughout the Summer - we'll be updating the website with music as well so stop by the Kids Radio Page often and see what else is new - logon to the web address below and get your crafts & stories

**- VISIT US AT THIS WEBSITE ADDRESS -
www.kleeradio.com**



Shortly after the pandemic started-and people were confused, scared and stressed out I found myself looking back at some movies that really highlighted the darkness that hangs over us when we're dealing with something so ominous and deadly, yet invisible. The obvious choice was the too scary because it was dead-on-the mark "Contagion", but I wanted to go back in history to a time when medical science was basically one of the dark arts, and revisited 2 great movies; "Black Death" from 2010 and "Season of the Witch" from 2011. The common thread here is both movies take place in the Middle Ages, and both involve witches and plagues. Remember, in those days rational thinking was often replaced with suspicion, fear and mass-hysteria. "Season of the Witch" has Nicholas Cage and Ron Perlman in the lead role as Knights Crusaders who, weary of the carnage and slaughter, leave the Holy land to return to their homeland-only to see the effects of the plague spreading across Europe. It's there they are captured and forced to redeem their desertion by accepting the Cardinal's edict to accompany a witch to a remote monastery where she will be exorcised. The plague-ridden cardinal is played by the legendary horror actor Christopher Lee. Everything about this movie is great; battle



scenes, costumes, weapons, locations-and especially the chemistry between Perlman and Cage, which makes it believable that these 2 men are 'blood brothers', as portrayed in the movie. The dilemma these men face as they escort the so-called witch to her fate is only matched by the movie's great ending. "Black Death" is also a great movie, but it has a darker, grimmer and more depressing look to it- purposely so to better convey the abject horror of life in the Middle Ages. This movie differs from the other by it's religious zealotry, and how one of the main characters changes after a crushing personal loss. The film stars Sean Bean ("Game of Thrones") and Eddie Redmayne as the representative of the bishop and a young monk, respectively, as they set out to investigate why a remote village has avoided the plague-and that's where things take on a distinctly horrific tinge. I don't want to give away too much about this movie because I think it needs to be seen for what it is-a masterpiece in the horror and historical film genres.



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NORTHSIDE COMMUNITY NEWS



NORTH SYDNEY LIBRARY NEWS

See Library Contact
Information on page
3 of this edition



BRANCH 008 LEGION NEWS

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Legends
Ghost Stories
Local UFO
Sightings
From Cape
Breton Island



Written & Compiled By GLEN GRAY

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knowledge questions, a
Cape Breton question and a
music question - Use the
PODCAST LINK

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tivities of daily living in-
cluding strength, balance,
focus, & multi joint
flexibility. Classes start
Wednesday, Mar. 11th, 12.30
—1.30 pm. at the Florence
Legion. Sponsored by the
Sydney Regional Vincent de
Paul Conference with a grant
from the Community Health
Board.

Instructor Patsy MacKenzie.
Come join us as we venture
into this new experience .



JACK COOL K-LEE RADIO DJ NEWS

Veteran Broadcaster Jay Bedford Retires

Happy retirement to radio
announcer Jay Bedford after 52
years on the air



Born David Leonard Bedford.
on December 24th, 1949 in
Ottawa, Ontario. Jay's radio
career started on August 4th,
1968. In the course of his
career Jay has worked with
Radio announcers past and
present such as Fred Denny,
Phil Thompson, Ian "Smitty"
Smith, Nikki Sullivan, Shelagh
McDonald, Rob McNamara,
Tasha Lee, Rob Calabrese,
Stan Campbell, Gerard Mac-
Mullin, Brother Jake Edwards.
and so many more.

Over the years Jay has worked
at a lot of great radio stations
such as CKJL, CJFX, CHER,
CJSS, CJCB, CIGO, CHRB
CHLQ, CJYQ, and CTV
SYDNEY..

**Lots of Free Downloads
available on our website
www.kleeradio.com**

For the latest and most
comprehensive list of
local events, logon to -
www.musiccapebreton.com

Mike Little updates his
listings each week.

Some News Items courtesy
of **Swing Over The
Mountain Newsletter** -
Login to read it at - <http://sotmnews.weebly.com>

On behalf of Glen Gray,
owner and manager of K- LEE
radio and all the great
announcers of K- LEE Radio,
we would like to wish
Jay Bedford a happy and safe
retirement - happy retirement
Jay and God bless.

Jay has agreed to do an
interview with me at some point
and when we do it will post the
interview

EDITOR'S NOTE - I would just
like to say a special Thank You
to Jay Bedford for the many
years as a popular broadcaster
and a staunch promoter of
Cape Breton and its musical
talent.

Your "velvet voice" will be
missed on the airwaves around
Cape Breton.

Best Wishes for a happy and
peaceful retirement - **Glen
Gray**

Late Night Oldies

with Jack Cool
Friday at 11 pm
on KLEE RADIO 2
www.kleeradio.com



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every Sunday - 6:00 - 8:00

Shear Madness

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CLIFFORD STREET YOUTH CENTRE - ORIGINS

The office that is now Clifford Street Youth Centre was the unplanned result of a collaboration with the Association of Safer Cape Breton Communities [AfSCBC], CBRM Housing, Cape Breton Regional Police Service [CBRPS], Bell Aliant, CBU, all who worked in conjunction with the Department of Justice, and numerous other agencies & groups. The vision was to see how we, as group, could help to improve the quality of living in each town we surveyed. Bear in mind that positive change is not always accompanied with fanfare and photo ops~ a simple kindness to another, picking up that garbage rather than complaining about it, or simply becoming part of the solution...are as important as bricks and mortar projects.

Originally, almost fourteen years ago, CBRPS Community Officers, under Sgt Tom Ripley, went door to door in North Sydney, and later other towns, to complete an in person survey of the "state of the town" to determine what the person being interviewed believed would make a difference to their community. We knocked on over 800 doors in North Sydney. The range of candid responses were incredible! Some answers were anticipated/commonly mentioned; 'more jobs', 'more/better access to services', 'more doctors', however one of the most common thoughts, regardless of where a person lived/ their age/ their financial situation/ was "more for children to do~free". Despite every issue that impacted peoples lives the universal comment emerged "more free things for kids to do" which was followed by a reflection on what "we" did as kids and how that has changed.

At that time the Northside Pool reopening was just a dream, the skateboard park did not exist and the hockey / basketball court on Regent St was just elephant ears. The survey also allowed people to provide a "dream / wish" that they thought would help the Northside~ again most wanted free things for the children to do.

So how did Clifford Street Youth Centre come to be? AfSCBC, upon completing their survey, identified the Clifford Street area as the perfect location to open a "community office" for groups to meet, free of charge, and is was used by many groups including the then heavily attended meetings by the AfSCBC. Youth had nothing to do with the office, it was adult civic groups and clubs using the space.

The office had been open to the public, not children, for about two months when Cst Paul Ratchford, the North CBRPS Community Officer, started in early January replacing outgoing Cst Hank Lamond. Due to an article, looking for volunteers, in the Cape Breton Post, thank you Julie, the Community office received a number of volunteers. Around this time an area ten year old had been hanging around the outside of the office and asking if he could use the computers that were supposed to be inside. I told him that the computers were pre- Y2K and that although they were inside no one could hook them up. Well this excuse worked for a couple of weeks when I finally said "look if you can get them working you can come in now and then..." Well, never challenge a ten year old to hook up the internet even where several retired and working employees could not.... he had three out of four working in less than ten minutes... (of

course lol) . As a result of the first visit to use computers the young man/child brought along his younger sister, who he had to watch after school. He told me one of the reasons they wanted to use these computers was because at the time the library, way down town, would only allow one person at a time on their computers and you were limited to how much time you could use them. [could not bring his sister with him] Soon these two children asked if others kiddies could come in...of course when there aren't any meetings AND we have a volunteer to open up. In time the many meetings held at the office were rescheduled to allow for the increasing number of area children looking to come in after school ~ essentially we kept the office meeting schedule free between 1-5 daily. So, in truth the youth office was opened/evolved by accident and observation! Thirteen years later we still have children attending, some are the children of our first children to attend.

Turning point, food insecurity. One day I brought in a "soon to be spoiled" bag of apples which resulted in the children jockeying to get one of the apples. Hmm... so the next day more apples and some granola bars....and again the children were lining up... this lead to paying more attention to the side effects of need.

One volunteer also volunteered at a school breakfast program and had noted that a few of the children ate there...and at Clifford... and I had noticed that these same kiddies were attending the then open Harvest House for their suppers..... they managed three meals, but none from home. From this point on the often difficult to observe effects of poverty became the mission of Clifford Street office, now becoming Clifford Street Youth Centre~ we were there to learn and help out, not judge, and provide a free safe space....

Clifford Street Youth Centre caters to any child looking for a safe non-judgmental space to learn and play. Its not perfect, but it is, and always has been, FREE to attend..... its not about poverty, its about ease of access for children on the Northside. Children have a lot of monetary demands placed on them.... there is always a shortage of money.

Due to COVID you do have to register first before attending, thats our only new rule..... Until next article when I expand on the collateral effects of poverty... be well, wear your mask, get out, have fun!

Call 902 794 9371 to join or leave a donation, or email us;

Cliffordstreetyouthcentre@hotmail.com

The office survives on donations by the way.. any an all is appreciated



**KWIK KOPY
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**CHARLOTTE STREET - SYDNEY
PHONE 562-2122**

SUMMER

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