

# MacDONALD DENTURE CLINIC

42 FRASER AVENUE  
SYDNEY MINES  
PHONE  
**736-2280**

**G. MacDonald - Denturist**  
By Appointment - Masks Mandatory

HIGH STREET  
BADDECK  
PHONE  
**295-2516**



**FREE**

## THIS WEEK

**NORTHSIDE COMMUNITY NEWS**

**FREE**

Vol. 10 - SEPTEMBER 9th - 2020

### SCHOOL'S BACK IN

Please watch for  
children playing and  
walking on the roadways



### RALPH IVEY'S

**Auto Repair Ltd. and Muffler Man**

**BRING YOUR CAR IN FOR  
SUMMER SERVICING**

**IF WE CAN'T DO IT - IT CAN'T BE DONE!**

93 KING STREET  
BY THE TRACKS

Bring your Vehicle in  
for Auto Servicing

**794-7500**



### KROWN RUST PROOFING

✓ **PROTECT**  
✓ **MAINTAIN**  
✓ **SAVE**

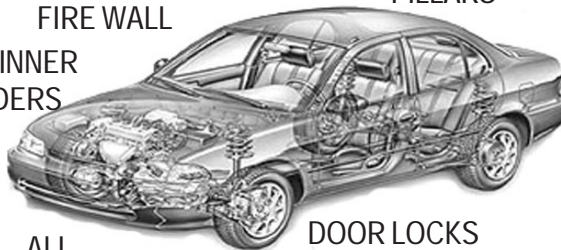
### Here's What We Do..

ALL SEAMS AND LATCH ON HOOD  
COMPLETE UNDERCARRIAGE  
ALL WIRING  
INCLUDING BACK OF HEADLIGHTS  
CLEARANCE LIGHTS

HINGE ASSEMBLY  
FIRE WALL  
BOTH INNER FENDERS  
ALL SEAMS  
DOORS  
BEHIND ALL CHROME  
MOULDINGS

WINDOW  
PILLARS  
DOOR LOCKS & HANDLES  
ROCKER PANELS  
FRONT FENDER BRACES

ALL SEAMS & LATCH  
ON TRUNK LID  
TAIL LIGHT ASSEMBLY  
DOG LEGS  
WHEEL ARCHES  
AND LINERS  
SHOCK TOWERS  
FILLER CAP DOOR



*Unlike the conventional methods of rust proofing which tend to work as coating, a KROWN treatment actually displaces moisture and creeps into the inner metal fold of the vehicle - the areas where the most rust problems start. The KROWN formula remains active as an invisible barrier to repel moisture and salt and prevent it from re-entering the metal. The KROWN product can be applied in any season and weather.*

**McCormick's**

**TIRECRAFT**

126 SEAVIEW DRIVE  
NORTH SYDNEY  
**794-4947**

## NORTHSIDE COMMUNITY NEWS ITEMS



For the Best In Classic Country Music, join Kenny Walsh every Sunday Night at 6:00 pm for Phantom Country - 2 hour show of the best Country Music

[www.kleeradio.com](http://www.kleeradio.com)

**North Sydney Fire Hall**  
**NOW OPEN - 10 - 12**  
**MONDAY - SATURDAY**  
**SUNDAY - 12 - 12**  
**Thursday 5- 8**  
**Music - Ernie, Todd & Wade**  
**Kitchen open from 4 - 9**  
**This Week's Special**  
**EATIN OR TAKE OUT**  
**\$10.25**

BRANCH 008 LEGION NEWS - DECORATION DAY is scheduled for September 27 at 2:00 pm at the Tobin Road Cemetery - Come Join us

**NORTH SYDNEY LEGION IS NOW OPEN**



Regularly Scheduled Hours

**10:00 am - 12:00 pm**

Monday - Saturday

**CLOSED SUNDAY**

**PHONE (902) 794-4816**



Heat & Serve Meals - Fresh Meal Selections - Frozen Selections

**Grab 'n Go Lunch**

Soups - Sandwiches - Salads

**Ph: 217-0280**

**212 Commercial St, North Sydney**

**Citizen Service Centre opens September 8, transit fares resume September 14.** Fare collection on Cape Breton Transit will resume on Monday, September 14.

The Citizen Service Centre at City Hall, 320 Esplanade, will be open starting on Tuesday, September 8 for those seeking transit passes.

Hours of operation are Monday to Friday, 8:30 a.m. to 4:30 p.m. The Citizen Service Centre is also open for residents to pay tax and water bills, parking tickets and tipping fees. Residents are encouraged, whenever possible, to use online options for payments of municipal bills and fees. Meetings with municipal departments are by appointment. Contact numbers are available on CBRM's website at [www.cbrm.ns.ca](http://www.cbrm.ns.ca) or by calling the main line at 902-563-5005.

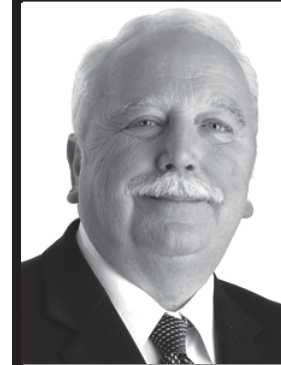


**Waiting On You!**  
**DAILY SPECIALS - SENIOR MENU**  
**CHILDREN'S MENU - TAKE OUT**  
**Social Distancing Guidelines In Effect**

**MONDAY - TUESDAY - WEDNESDAY - CLOSED**  
 Thurs. 3 - 8 - Friday 7:30 - 8 - Sunday 7:30 - 8

1409 Hwy 105 Trans Canada

**(902) 794-1409**



**Keith Bain**

**MLA - Victoria-The Lakes**

**1415 Highway 105, Bras d'Or, NS, B1Y 2N5**

**902-736-0301 (Office)**

**902-736-0411 (Fax)**

**[keithbainmla@bellaliant.com](mailto:keithbainmla@bellaliant.com)**

Late Nite Oldies with Jack Cool - Friday Night at 11:00 pm Best of Classic Oldies  
[www.kleeradio.com](http://www.kleeradio.com)



**BIRTHDAY WISHES**

If you have a family member who is celebrating a birthday, simply email us the information and we will print it here in the paper free of charge.

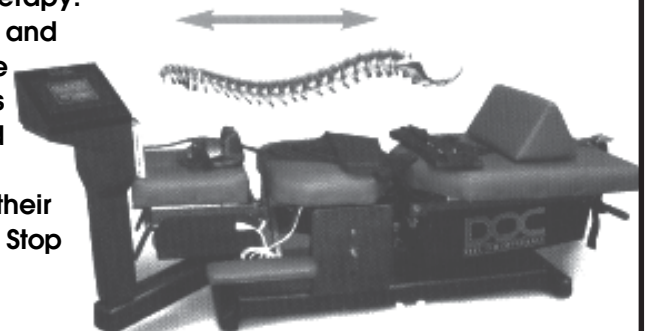
Send you informaton to the following email address - [thisweek@kleeradio.com](mailto:thisweek@kleeradio.com)

## NEW DECOMPRESSION TABLE RELIEVES PAIN

Darren Strong from Strong Chiropractic, announces a new, sophisticated computerized decompression table that allows the spine to be gently stretched and relaxed for spinal decompression therapy.

The pattern of alternating pulling and relaxing creates vacuum-like pressure which allows disc material that was herniated or protruded to be pulled back in the disc over time.

Patients will notice a reduction of their pain during these treatment sessions. Stop in today and ask about the new table and how you can benefit.



**793 Mahon St., New Waterford - 862-9444 224 Commercial St. North Sydney - 241-9444**



## CAPE BRETON REGIONAL LIBRARY

### - CONTACT INFO -

#### NORTH SYDNEY LIBRARY

309 Commercial Street  
North Sydney

PHONE (902) 794-3272

#### **HOURS**

MON. 1:30 - 5:30 - 7:00 - 9:00  
TUES., WED., THURS - 10 - 9  
FRI. 10 - 7 - SAT. 10 - 5

#### SYDNEY MINES LIBRARY

1 Fraser Ave., Sydney Mines  
PHONE (902) 736-3219

#### **HOURS**

MON. 1:30 - 5:30 - 7:00 - 9:00  
TUES., WED., THURS -  
10 - 5:30 - 7:00 - 9:00  
FRI. 10 - 5:30 - SAT. 10 - 12 and  
1:00 - 5:00

#### FLORENCE LIBRARY

676 Bras d'Or Florence Road  
PHONE (902) 736-7583

#### **HOURS**

TUES. 1:00 - 5:00 - 6:00 - 8:00  
WEDNESDAY - 1:00 - 5:00  
THURS. - 1 - 5 and 6:00 - 8:00  
FRIDAY - 1:00 - 5:00  
SATURDAY - 10 - 1:00 pm

## East Coast Klds News

Congratulations to Liam and Lukas Sakalauskas who started their YouTube show East Coast Kids News, they never thought they'd become local celebrities or that they'd land a deal to create shows for a media company.

With the help of their father Herbie Sakalauskas, Liam, 11, and Lukas, 10, started a news show in their basement back in March, complete with green screen and backdrops.

The shows focused on local news headlines, tips on how to tackle things like being safe during the COVID-19 pandemic, and science experiments.

But as restrictions started to ease in Nova Scotia, East Coast Kids News dropped the news part of the name and headed out on the road to showcase Cape Breton to their followers.

The revamped East Coast Kids has been picked up by Bell Media. A producer friend of Herbie Sakalauskas saw the boys on CBC News Network and suggested he pitch it to the company.

Well done gentlemen and welcome to the Cape Breton, Media scene.

## COMMUNITY NEWS ITEMS

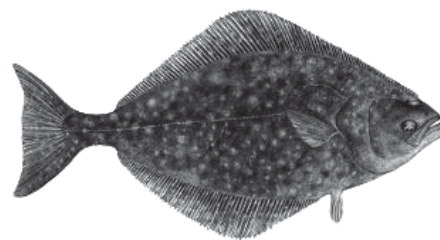


## JAIME BATTISTE

Member of Parliament  
SYDNEY - VICTORIA

[jaimebattiste.ca](http://jaimebattiste.ca)  
[jaime.battiste@parl.gc.ca](mailto:jaime.battiste@parl.gc.ca)

**(902) 567-6275**



**HALIBUT**  
**Selling:**  
**1 CD/**  
**Pound**  
**Halibut**

**or for lease Halibut licence**

**Call: 902 577-2543 Ask for Tom**

## MURRAY RYAN, MLA - Northside-Westmount

174 Commercial Street  
North Sydney, NS  
B2A1B4

PHONE  
902-794-1030  
FAX - 902-794-1029

[mla@murrayryan.ca](mailto:mla@murrayryan.ca)



HOUSE OF  
ASSEMBLY  
NOVA SCOTIA



**Official Province of  
Nova Scotia information**



visit <https://novascotia.ca/coronavirus>



**STAGG'S TAXI**  
**GATEWAY TAXI**

**-- P H O N E S --**

**902-794- 2400**

**902-241-2444**

**24/7**



**DECORATION DAY September 27**  
**2:00 pm - Tobin Road Cemetery**  
**Draw for 2 NHL Jerseys - Nathan MacKinnon & John Tavares**  
**Tickets \$3.00 each or 2 for \$5.00**  
**Proceeds to Veterans Park Project**



# AROUND THE TOWN



School's back in for another year but this year there is extra caution because of **COVID** - I think we have to be prepared for further disruption as COVID begins to spread before we can eradicate it forever - Stay Alert and follow the protocols..... Our Sunday Night Ceilidhs at Indian Beach have proven very successful and we would like to thank our sponsors **MacIntyre Hardware** and **Crown Taxi** for their support of this project - a direct result of the ceilidhs is a request to have more Oldies music and if you check **page 5**, you'll see that **K-LEE RADIO** has produced Oldies Podcast beginning with 1956, 1957 and 1958 - we plan to record **Oldies Podcasts** each week and make them available to you for free download on our website - keep watching for new Podcasts each week - logon to [www.kleeradio.com](http://www.kleeradio.com) and click on the Podcast link for your free download.... Branch 19 Legion is holding their **Annual Decoration Sunday** on September 13th at 6:30 pm (weather permitting) at the Holy Cross Cemetery on Johnson Road and Branch 008 Legion in Sydney Mines will be holding their **Decoration Day** on September 27 at 2:00 pm at the Tobin Road Cemetery..... Cst. Paul Ratchford has another story about the **Clifford Street Youth Centre** on page 7, check out the great work being done by this organization for the youth of North Sydney..... see the story on **page 3** about two young Cape Breton boys, **Liam and Lukas Sakalauskas** who started their YouTube show East Coast Kids News - Bell Media has picked up their show for broadcast and we congratulate you both for showing the rest of Canada what can be done with a little initiative and ambition.... If you are a **jazz enthusiast**, we have good news for you this coming weekend - there are two **free outdoor concerts** Friday, Sep 11 @ 3:30 PM - Front Lawn: The Convent (37 Nepean St./George St.) Sydney, Nova Scotia, and Saturday at 1:30, same location - Performers Include: Red Mike MacDonald, Ron Leadbeater, James Munroe, Bruce McKinley, Chris McDonald, Scott Rodney, Matthew Nicholson, Shelley Allen, Joanne Rolls, Linda Muise, Janet Bickerton, Shirley Dalton, Ralph Dillon, Bob Inglis, Carl Getto - and Sunday Sun, Sep 13 @ 1:30PM - Front Lawn: The Convent (37 Nepean St./George St.) Performers Include: Joe Wayne, Elizabeth Patterson, David Burke, Michele Stevens, and others - for those of you not familiar with Sydney, that is the site of the old Holy Angels High School, looks like a great lineup of local talent.... **MOTORISTS** - Please watch for school children as they have been out of school for a long period and need to get back into safety mode - see you next week - **GLEN**

## Cape Breton Humour Books



For Fall  
Reading or for  
sending to  
"friends & family  
away"

**\$4.95** per copy



## NORTHSIDE COMMUNITY NEWS/EVENTS



BANCH 19  
LEGION  
NORTH SYDNEY

### Annual Decoration Sunday Gravesite Service

**September 13th - 6:30 pm**

(weather permitting)

Holy Cross Cemetery

Johnson Road

Candles now available

**PH: (902) 794-4816**

## LICK A TREAT

BRAS d'OR

**Now Open**

**12 - 9**



## COMMUNITY RADIO PROGRAMMING

K-LEE RADIO is your local Community Radio Station and provides local music programming meant for Cape Breton audiences.

We broadcast 24 Hours a Day - 7 Days A Week with the Best in Cape Breton & Celtic Music - Tune in to our station



Check out the list of Kids activities we have on our website to keep your children occupied during their extended stay at home - Logon to the "DOWNLOAD" page [www.kleeradio.com](http://www.kleeradio.com)

A&K

## LICK-A-CHICK



### 7 PIECE CHICKEN

Med. Fries, Medium  
Gravy, Med. salad  
3 rolls

PLUS TAX

**\$26.79**



### 12 PIECE CHICKEN

Large Fries, Med.  
Gravy, Med. Salad,  
4 rolls

PLUS TAX

**\$37.99**



### 18 PIECE CHICKEN

Large Fries, Med.  
Gravy, 2 Med. Salad,  
6 rolls

PLUS TAX

**\$48.89**

Upsize Your Fries ..... 99c

Located in Bras d'Or on  
Trans Canada Highway

**- HOURS OF OPERATION -**

**11:00 AM - 8:00 pm**

**PHONE**

**902-736-9496**

## WALK-A-THON

Knox Church Walk -  
A - Thon is scheduled for  
Labor Day, September 7th  
beginning at 10 am.  
COVID-10 restrictions will  
be followed.

## BUSINESS RE-LOCATION

DEN OF ANTIQUITY has  
moved from the former Celtic  
Market to 12254 Kempt Head  
Road. Call for opening hours -  
902-371-7364

Some News items courtesy of

**Swing Over**

**The Mountain News**

logon to website

[www.sotmnews.weebly.com](http://www.sotmnews.weebly.com)

monthly newsletter



## BRANCH 008 LEGION NEWS

**VETERANS PARK FUNDRAISER** - We are drawing on 2 NHL Jerseys Nathan MacKinnon and John Tavares - tickets \$3.00 each or 2 for \$5.00.

**DECORATION DAY** - September 27 at 2:00 pm at the Tobin Road Cemetery.

**MUSIC** Friday Night from 8:00-12:00 - Tommy Capstick.

### HOURS OF OPERATION

Monday to Thursday  
11:00 - 9:00 pm

FRIDAY - 11:00 - 12:00 pm

SATURDAY - 11:00 - 9:00 pm

If you still have Dance tickets for the Isle Aux Mort Boys or the Fish Supper tickets, you can return them now to the Bar for a refund.

There is a job posting for a maintenance person for Branch 008 Legon, see the posting on **page 6** for details.



**School's In  
DRIVE  
SAFELY**



The response to our Sunday Night Ceilidhs from Indian Beach was very positive.

Many of the listeners were especially interested in the Oldies segment of the ceilidhs and asked repeatedly about where to hear such music.

K-LEE RADIO has been busy recording Oldies Podcasts that you can download for free on our website.

This week we have added three Podcasts starting with 1956, 1957 and 1958. We plan to produce Oldies Podcasts right up to 1970. The songs are taken from Billboard's Top 10 Songs from that year. Also included is a list of where the songs were on the Top 100 chart

**[www.kleeradio.com](http://www.kleeradio.com)**



It amazes me how different our choices in music are from that of the United Kingdom. I've been 'over the pond' 3 times and as soon as possible when I got there I would hit the radio airwaves, check the music charts, music magazines and the record stores to find the new, awesome and obscure stuff that would most likely not be known over here. Since then I try to keep up on what's new over there, but that's a big task, and sometimes stuff is going to go by unnoticed-thankfully not in this case. Just by chance I stumbled onto a new song by The Slow Readers Club and I was flabbergasted at how great this band is. I then found out that "The Joy Of The Return" is actually their fourth album and was released in the spring of this year. The band started in 2011 (but existed as a band in one form or another since 2003) in Manchester, England and consists of Aaron Starkie on vocals, Kurtis Starkie on guitar and backing vocals, James Ryan on bass and David Whitworth on drums, and it's the vocals and guitar sound that drives this band-setting them apart from some of the musical baby food that clogs up our airwaves. On the name the band said "It's a name that champions the underdog. We feel that it applies to us now more than at anytime. We didn't think of the name with the vision that we would be a bit of an underdog band. It actually comes from the fact that back in the day, school



had 'Special Needs' departments and the thought of branding a kid with such a thing struck a chord with us and that's how our name came about. Anyone can be in the Slow Readers Club". The best way I can describe the band's sound is a sonic recipe of equal parts U2, Joy Division, The Killers and a big dash of originality. As a matter of fact when suggesting this band to a friend I said "this is what The Killers would sound like if they were Brits". The album's first track is the stunning rock number "All I Hear" and immediately the listener hears something fresh, unique-yet familiar at the same time, with a guitar nod to U2's The Edge. The songs "Something Missing" and "Problem Child" are Killers like, whereas "No Surprise" and the amazing track "The Wait" have a substantial Joy Division sound; when you think that Joy Division were from Salford, England which is close to Manchester one wonders if its something in the water that helps create these unique bands. Without describing every song on this album suffice it to say that The Slow Readers Club is one of the standout bands that I've heard so far this year.

**Award winning Customer Service  
and people who care about  
helping you get the most back!**



We prepare and file taxes all year!  
File any of the last 10 years for just **\$45**  
per year, tax included



**NORTHSIDE TAX  
SERVICES INC.**

**Call today 902-317-4829**

Message online: [facebook.com/NSideTax](https://www.facebook.com/NSideTax)



**ATOMIC**  
Records & Collectibles

**Sydney's Music & Pop Culture Store**

**Thousands of titles in Vinyl, CD's and Games**

**WE BUY RECORDS, CD'S, VIDEO GAMES & MORE**

**[www.facebook.com/arcsydney](https://www.facebook.com/arcsydney)**

**1290 King's Road - Suite 14 Sydney, NS B1S 1E2  
(902) 567-4962**

**1986 Memorial  
High School  
Graduation Ceremony**  
**DVD \$10 each**  
**902-736-9402 (Paul)**  
**Professional quality copy**





## NORTHSIDE COMMUNITY NEWS



### NORTH SYDNEY LIBRARY NEWS

**BOOK SALE** - Now ongoing - get your Fall Reading books now at low prices.

We still have some masks available.



## FIBRE LUNCH

Thursday from 1:00 - 3:00  
Munroe Park North Sydney  
**BRING A CHAIR**

If you like **Sudoku Puzzles**, logon to our website and enjoy a **Daily Puzzle** along with a new **Daily Crossword Puzzle** - Logon at -

[www.kleeradio.com](http://www.kleeradio.com)



Don't Forget our Food Banks during the Corona Outbreak

Check out our website for things to occupy you and your children's time  
[www.kleeradio.com](http://www.kleeradio.com)

### BRANCH 008 LEGION NEW JOB POSTING

Maintenance Peron - experience preferred.

Hours and wages to be discussed during interview.

Submit applications to the Bar in a sealed envelope to Cmd. George MacIntosh.

Applications must be received by Sept. 21.

### ?? TRIVIA ??

If you like Trivia, download the Trivia Podcast from our website - it has 20 General knowledge questions, a Cape Breton question and a music question - Use the **PODCAST LINK**

[www.kleeradio.com](http://www.kleeradio.com)

### SPAGHETTI & MEATBALL TAKEOUT SEPT. 19TH

The Friends of the Big Bras d'Or Fire Hall are sponsoring a Spaghetti & Meatball Takeout at the Hall on Saturday, September 19th from 3:00 - 5:00 pm for pickup at the Hall - no eating in at this time.

The cost is \$10.00. We would appreciate you pre-ordering to help gauge the demand.

Please call 902-304-8580 to place your order.

We would like to thank everyone for supporting the Fish Cake & Beans Takeout in August.



### JACK COOL K-LEE RADIO DJ NEWS

I had the great pleasure a few weeks ago of interviewing one of the of the founding members of the legendary Pop/R&B group Kool & the Gang, Robert Kool Bell. Robert Kool Bell is seven-time Grammy award-winners who also earned many American Music Awards.



A multi-platinum-selling group and the most sampled band of all time, as mention before Kool & the Gang the band has sold over 80 million albums worldwide and influenced the music of generations with 25 Top Ten R&B hits, 9 Top Ten Pop hits, and 31 gold and platinum albums.

He sells LE KOOL champagne when I spoke to Robert Kool Bell he said he came up with the idea several years ago touring in Europe its a long story but you can find out more about LE KOOL champagne by listen to my interview with Robert KOOL BELL go to [https://www.mixcloud.com/jack\\_cool/robert-kool-bell-interview-aug-19-2020/](https://www.mixcloud.com/jack_cool/robert-kool-bell-interview-aug-19-2020/)

### CONTACT INFORMATION

**GLEN GRAY, EDITOR**

**PH: 902-564-9022**

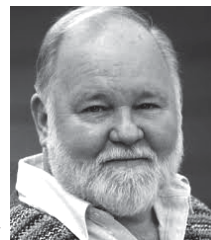
Email Address  
[glengray@kleeradio.com](mailto:glengray@kleeradio.com)

For the latest and most comprehensive list of local events, logon to - [www.musiccapebreton.com](http://www.musiccapebreton.com)

Mike Little updates his listings each week.

Some News Items courtesy of **Swing Over The Mountain** Newsletter - Login to read it at - <http://sotmnews.weebly.com>

I had the great pleasure last week of interviewing a c t o r



Donovan Scott. He's best known for his role as cadet Leslie Barbara in the 1984 film Police Academy.

He also played Olive Oils brother Castor Oyl in the 1980 movie Popeye. He also played Kyle in the 1986 Flim directed by Anthony Perkins, Psycho 3 and many more,

Scott has also done some directing he stated in our interview that he has directed only in Europe. He has directed two miniseries and three movies one was called the Alaska Stories another was called The Gold Rush, another was called Empire The Eagle.

Another was called children of Captain Grant and another was called Laura.

He is also played Santa in several movies. Have a safe week everyone, best - God bless - **JACK COOL**

## Late Night Oldies

with Jack Cool

Friday at 11 pm

[www.kleeradio.com](http://www.kleeradio.com)

*Shear Madness*

HAIR DESIGNS  
HANDICAP ACCESSIBLE



**Come Check Us Out!**

**Tues. & Wed. 9 - 5**  
**Thurs. 9 - 7 - Fri. 9 - 5 - Sat. 9 - 4**

**Gift Certificates Available**

**T-Zone Vibration Available**

363 Main St.  
Florence

**736-7777**

## All-Star Auto



**OWNER - BLAIR MacKENZIE**

**Specializing in Vehicles under \$10,000**  
**EVERYONE IS APPROVED**

**902-574-4764**

**155 QUEEN STREET**  
**NORTH SYDNEY**

# VOLUNTEER OR VOLUNTOLD?

## Volunteers, many types, what kind are you?

The most selfish thing you can do for yourself is volunteer\*

The world is run by volunteers! The dollar value of the extensive time spent by people of all ages and backgrounds assuredly exceeds our gross domestic product output [ google it!]

Volunteers come in many forms and are of all ages. We are always heart warmed to hear about the littles who set up a lemonade stand to raise money for a cause dear to their hearts... this is an example of a "one time" volunteer act where a person volunteers for a specific event or cause. Split responsibilities[?] take Christmas Daddies telethon; it is similar in that those that attend are usually there for the one day event only. BUT... like a swan on the lake, all graceful and poised, under the water legs are paddling furiously fighting tangled weeds, or behind the scenes where other 'full time' volunteers are coordinating all the moving pieces. I have participated in many 'walks' for charity by simply getting a pledge sheet, getting some pledges, and then participating... but the unsung heroes are those that 'start it all over again' as the event ends they start planning for next years event. There is so much background work for any event it is worthy of a couple of articles on its own. [ just ask anyone involved in Sydney Mines Baseball how much work it takes to hold any event let alone a National Event!]

SO are you a volunteer or voluntold? Both CBU & NSCC have programs that require their students to "volunteer" for 30-40 hours per semester...usually in a placement that is similar in nature to their learning program. We have been very fortunate to have had some truly inspiring folks from these programs...the big concern this year is whether or not there will be any 'required' volunteers/voluntolds... we will see! We also have been told of the odd dud too... as one program leader noted the voluntold person was required to stay for 30 hours and literally left the placement halfway through an event as they had met their required hours lol... but for that rare person there are so many truly amazing folks that step up to help out. We were fortunate to have some that way above and beyond by spreading the word in their respective school, doing fundraisers there, clothing drives and so on... it really pushed up our spirits to be regarded so well...don't ever say students don't care.

We have had the elusive 'unicorn' volunteer that gives all their free time, plans events, raises funds, writes grants, completes paperwork, takes very little credit, gives their own money and so on... unicorns are like evangelists of old~ they are on a mission and will stop at nothing.. they are usually empaths that feel the pain

of others and take on the world... there's is an impossible task and sadly eventually they burn out from all the stresses they absorb... but their legacy mains! Conversely we have the ' resume padders' that essentially join a group / board/ committee to add this to their resume for their future goals. Sometimes they add something to help but oftentimes they are only there for the glory moments ~ like the commercial, they want to take in the ice cream cake not the forks...they show up 'to help' at the last possible moment then leave when the clean up starts as they ' have to be somewhere'...

We also have the " I might as well I'm here" volunteers that decide, after sitting bored, to do some volunteer work for the team/group that their child is attending...Since the usually sit bored watching their child eventually they decide to help out... the cool thing is that some of these folks will taste the joy of volunteering then becoming more and more involved... even branching out to other groups.

The REST of us; then there are those that have, usually, volunteered at many groups and boards [ trust me you will oftentimes see the same faces at many many board meetings ] who eventually find that they spread themselves too thin and decide to limit their time to one or two groups. I fit this as I now mostly focus on the problems of Clifford Street Youth Centre... but I work with/speak to/ brainstorm with other groups too... it is our creative and social network for problem solving. In this situation the task list is long; fundraise [ we are unfunded] hire staff for summer grants [ review resumes etc / thank you Elaine/Taylor ], plan meals for the week, get groceries, manage the very limited money, remember that the third week of the month money runs out, kids need more food at the office and to take home on the weekend before "the cheque" comes in, plan for the next big event [ Halloween is next for us , then Christmas both of which I will discuss next column] wash dishes, covid sterilize, and find volunteers! Deal with parents who "know it all", work with the folks that do, keep the kids safe/busy and this year the big deal was preparing them for back to school.

## WE ARE LOOKING FOR VOLUNTEERS!!!!!!

*\* its amazing what you get back by volunteering - give it a try!*

'Til the next article, [ seasons change/ children anxiety builds to its peak at Christmas] be well, wear your mask, chill on the school staff, don't sweat the new rules for drop offs and pick ups, it will all level off in two or so weeks, stay safe, Paul Ratchford for Clifford Street Youth Centre

# FREE COVID SIGNS

As part of our community service. THIS WEEK has COVID signs available for your business, home or office to download free.

The signs are all in color but are in black and white here for illustrative purposes.

Simply logon to our website - [www.kleeradio.com](http://www.kleeradio.com) - and go to the **DOWNLOADS PAGE** and get your free signs.

We have included 5 signs for you to download -

- 1 - Please Wear A Face Mask
- 2 - Please No Visitors
- 3 - Please Use Hand Sanitizer
- 4 - Line Starts Here
- 5 - Thank You For Social Distancing



**PLEASE**

All Signs  
8 1/2 x 11



All Signs  
IN COLOR

**USE HAND  
SANITIZER**



**Gape  
Breton  
Storyteller**

Celtic  
Myths &  
Legends  
Ghost Stories  
Local UFO  
Sightings  
From Cape  
Breton Island



Written & Compiled By GLEN GRAY



**KWIK KOPY  
PRINTING**

CHARLOTTE STREET - SYDNEY

**PHONE 562-2122**

## YOUR FREE SODUKO WEEKLY PUZZLE

		6		2				
	8		9			6		5
		4			8	7		
							9	
	6	7	8		9			
				4		2		
3	7							
	5				3		1	9
				5				2

You can also get your Daily Soduko Puzzle and Crossword Puzzle by logging on to - [www.kleeradio.com](http://www.kleeradio.com) and clicking on the FEATURES Page. Also included is a DAILY FREE SOFTWARE giveaway. Logon today to get yours FREE!!