

# MacDONALD DENTURE CLINIC

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SYDNEY MINES  
PHONE  
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**G. MacDonald - Denturist**  
By Appointment - Masks Mandatory

HIGH STREET  
BADDECK  
PHONE  
**295-2516**



**FREE**

## THIS WEEK

**NORTHSIDE COMMUNITY NEWS**

**FREE**

Vol. 10 - NOVEMBER 4th - 2020

On November 11th, please  
take a moment to remember the  
sacrifices our brave men and  
women made to keep our county  
and way of life free...  
**WE WILL REMEMBER THEM**



### RALPH IVEY'S

**Auto Repair Ltd. and Muffler Man**

**BRING YOUR CAR IN FOR  
WINTER SERVICING**

**IF WE CAN'T DO IT - IT CAN'T BE DONE!**

**93 KING STREET  
BY THE TRACKS**

**Bring your Vehicle in  
for Auto Servicing**

**794-7500**



## McCormick's

## TIRECRAFT

**126 SEAVIEW DRIVE - - NORTH SYDNEY**



# WINTER TIRE SALE

**All Brands Tires Starting At.....**

**\$69.95**

**MON. - FRI. 8:00 - 5:00 PM & SATURDAY 8:00 - 1:00 PH: 794-4947**

**North Sydney Fire Hall**

NOW OPEN - 10 - 2  
MONDAY - SATURDAY  
SUNDAY - 12 - 12

Thursday 5:00 - 8:00

**Music - Ernie, Todd & Wade**

Kitchen open from 4 - 9

**THIS WEEKS SPECIAL**

**Club & Fries**

**\$10.25**

**Warming Centers**

A reminder that Big Bras d'Or Fire Hall, Ross Ferry Fire Hall and the Southside Boularderie Fire Hall have all been designated as community warming centres in the event of a prolonged power outage.

Visit these centres to stay warm in an emergency

**Royal Canadian Legion  
Branch 83 - Florence**

**NOW  
OPEN**

**12-12 DAILY  
Closed on  
Sunday**

**THE CIRCLE**

Saturday 7:00 - 10:00

**Mixed Dart League  
7:00 pm**

**MEN'S DART  
LEAGUE  
STARTING  
SOON**



**Washer  
Toss**

**FRIDAY NIGHT**

**736-6313**



**BRANCH  
008  
LEGION  
NEWS**

**POPPY CAMPAIGN -**

The Poppy Campaign will start October 30th, office will be open 1:00 - 4:00. Wreaths - small \$45.00 and Large \$80.00.

Poppy Sales and Service will be different this year so please find out what your Branch in your area is doing.

**DUES** for 2021 has started.

**MUSIC** Friday Night from 8:00-12:00 - Tommy Capstick.

**HOURS OF OPERATION**

Monday to Thursday

11:00 - 9:00 pm

FRIDAY - 11:00 - 12:00 pm

SATURDAY - 11:00 - 12:00 pm.

**Ladies Auxliary Meeting -**  
November 8th at 8:00 pm.

**Ladies Auxiliary Adopt-A-Family on the Northside 50/50** - Tickets \$5.00 each - please help support a family on the Northside, you can win \$250.00.

The North Sydney Minor Hockey 50/50 Draw - Last week's winner Amanda Edmunds and the amount was \$15,825.

Thank you for your support.



**NORTH  
SYDNEY  
LEGION IS  
NOW  
OPEN**



Regularly Scheduled Hours

**10:00 am - 12:00 pm**

Monday - Saturday

**CLOSED SUNDAY**

**PHONE (902) 794-4816**

**FREE PODCASTS TO  
DOWNLOAD & LISTEN**

We have Oldies Podcasts, trivia podcasts, Celtic Music, Country Music, Old Time Radio shows and more on our website [www.kleeradio.com](http://www.kleeradio.com)

Free Birthday Wishes to friends and family - email us at this address and we'll print them FREE - [www.kleeradio.com](http://www.kleeradio.com)



**Heat & Serve Meals - Fresh Meal Selections - Frozen Selections**  
**Grab 'n Go Lunch**  
Soups - Sandwiches - Salads  
**Ph: 217-0280**

**212 Commercial St,  
North Sydney**

**Trivia Game Book**

*Amaze Your Friends, Host A Game  
Increase Your Knowledge*



*Over 750 General Knowledge Questions  
Great For Parties - Facebook Chats  
Showers - Social Gatherings*

Written and Compiled By Glen Gray

**NOW ON SALE**



**Keith Bain**

**MLA -Victoria-The Lakes**

**1415 Highway 105, Bras d'Or, NS, B1Y 2N5**

**902-736-0301 (Office)**

**902-736-0411 (Fax)**

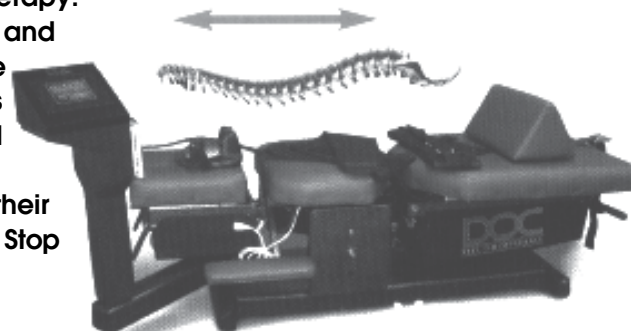
**[keithbainmla@bellaliant.com](mailto:keithbainmla@bellaliant.com)**

**NEW DECOMPRESSION TABLE RELIEVES PAIN**

Darren Strong from Strong Chiropractic, announces a new, sophisticated computerized decompression table that allows the spine to be gently stretched and relaxed for spinal decompression therapy.

The pattern of alternating pulling and relaxing creates vacuum-like pressure which allows disc material that was herniated or protruded to be pulled back in the disc over time.

Patients will notice a reduction of their pain during these treatment sessions. Stop in today and ask about the new table and how you can benefit.



793 Mahon St., New Waterford - 862-9444 224 Commercial St. North Sydney - 241-9444

## AROUND THE TOWN



In this week's column I would like to concentrate on this year's **Annual Legion Poppy Campaign** - with COVID restrictions in place, the local Legions will not be able to conduct a door-to-door canvass of the community as in previous years. This could mean a **significant drop** in the amount of funds generated for Veterans Programs. All funds generated by the Poppy Campaign have to go to **Veterans programs** all year long, so that means if there is a significant drop in revenue, many of the Veterans programs will have to be discontinued. That would be a shame. I think I can speak for most of the community who realize the sacrifice that Veterans have made over the years and we would like to **honor their service** by contributing to the Poppy Fund this year. Many of the local businesses and malls have been prevented from having the Veterans sell the poppies in their stores because of COVID-19 protocols. That would contribute to a significant drop in actual poppy sales. So what can you do to offset this deficit? Send your donation **directly to your local Legion** this year and **wear a poppy** to let Veterans know that you care for them and support their programs. Many events at local Legions such as dances, food sales and bingos have also been cancelled and that puts an **extra strain** on local Legions to keep operating. Please take this opportunity to show your support for Veterans and for your local Legion - *"Lest We Forget"*



*Lest We Forget*

## COMMUNITY NEWS ITEMS

### JAIME BATTISTE

Member of Parliament  
SYDNEY - VICTORIA

[jaimebattiste.ca](http://jaimebattiste.ca)  
[jaime.battiste@parl.gc.ca](mailto:jaime.battiste@parl.gc.ca)

207A-201 Churchill Dr,  
Membertou, NS B1S 0H1

**(902) 567-6275**



### Boularderie Island Press Publishes 50th Book

Douglas Arthur Brown has published the 50th book for the Boularderie Island Press.

He has a total of 7 of his own books in the list.

Brown outlines the difficulties in the publishing industry especially now during the Corona Virus pandemic.

You can read this entire story in the latest edition of *SwingOver The Mountain News*.

### Grocery Store Germ Study

CBC's Marketplace visited 24 grocery stores around Toronto to swab the high-touch surfaces. Here's a surprising answer.

The "germiest" surface was the PIN card holder, followed by basket handles, the front of the shopping cart, the freezer door and the baby seat.

What surprised me most was the cleanest surface - the shopping cart handle. Who knew?

### MURRAY RYAN, MLA - Northside-Westmount

174 Commercial Street  
North Sydney, NS  
B2A1B4

PHONE

**902-794-1030**

FAX - 902-794-1029

[mla@murrayryan.ca](mailto:mla@murrayryan.ca)



Official Province of  
Nova Scotia information



visit <https://novascotia.ca/coronavirus>



**STAGG'S TAXI  
GATEWAY TAXI**

-- P H O N E S --

**902-794-2400**

**902-241-2444**

**24/7**



**Poppy Campaign will start on October 30th**  
**Office Open from 1 - 4 - small wreath \$45.00**  
**Large Wreath \$80.00 - - 2021 Dues have started**  
**Ladies Auxiliary Meeting - November 8th - 8:00 pm**  
**PHONE - (902) 736-3206**





## Local Legions Need Your Support For This Year's Poppy Fund Drive

Because of COVID-19 all area Legions have been put at a severe financial disadvantage with their Annual Poppy Fund Raising Drive.

They had to postpone their door-to-door community canvass and many establishments were not able to permit the Veterans to sit and sell the poppies as in past years.

This makes it very difficult to reach the community as the Legions usually did.

Remembrance Day was always popular at local Legions and they had social programs and entertainment all day and evening. This year, they cannot do this because of COVID.

The monies raised during the Annual Poppy Drive are used exclusively for Veterans programs all year long. That is why it is crucial that you support the Poppy Drive financially to ensure these Veterans programs can continue.

We all wear a Poppy but you may not have had access as in previous years. Please contact your local Legion and make a donation. It will help support the tremendous effort that the Legions put forth for the Veterans each year. Contact North Sydney Legion at 794-4816, Sydney Mines Legion 736-3206, Florence Legion 736-6313.



Nov. 11th

### Lest We Forget

**You are in our thoughts and memory on this very Special Day of Remembrance  
Your brave Deeds and Gallantry speak volumes - and we shall not forget**

The Board of Directors & Staff Of  
North Sydney Heritage Museum

**" A Hero is  
Someone who  
has given his  
or her Life to  
something  
bigger than  
o n e s e l f "**

- Joseph Campbell



**Please support your local Poppy Drive  
Fund Raising for Veterans Programs  
as the Poppy Fund is their chief  
means of raising Funds**



*From your friends at K-LEE  
RADIO where we play the  
very best in Cape Breton and  
Celtic Music 24 hours a Day  
7 Days A Week*

## In Flanders Fields - John McCrae

In Flanders fields the poppies blow  
Between the crosses, row on row,  
That mark our place; and in the sky  
The larks, still bravely singing, fly  
Scarce heard amid the guns below.  
We are the Dead. Short days ago  
We lived, felt dawn, saw sunset glow,  
Loved, and were loved, and now we lie  
In Flanders Fields.  
Take up our quarrel with the foe:  
To you from failing hands we throw  
The torch; be yours to hold it high.  
If ye break faith with us who die  
We shall not sleep, though poppies grow  
In Flanders Fields.

## How Much Do You Know About Remembrance Day?

- 1 - What doctor wrote the famous poem "In Flanders Fields"?
- 2 - When did Canada adopt the poppy as a symbol for Remembrance Day? (A) 1918 (B) 1921 (C) 1945
- 3 - How Many poppies are distributed across Canada every year?  
(A) 10 Million (B) 15 Million (C) 21 Million
- 4 - We all wear the red poppy for remembrance of our Veterans but what does the purple poppy signify?
- 5 - How many Canadians earned the Victoria Cross for fighting at Passchendaele? (A) 5 (B) 7 (C) 9
- 6 - The National War Memorial was dedicated in what year?  
(A) 1918 (B) 1929 (C) 1939
- 7 - What is the highest military decoration given to members of Commonwealth Armed Forces?  
(A) Silver Star (B) Victoria Cross (C) Medal of Honor
- 8 - How many soldiers were killed during World War 2?  
(A) 45, 400 (B) 55, 300 (C) 61, 000
- 9 - How many Canadians were awarded the Victoria Cross for "most conspicuous bravery in the presence of the enemy" during the First World War?  
(A) 45 (B) 70 (C) 91
- 10 - During Operation Overlord or D-Day, which beach was assigned to Canadian troops?  
(A) Normandy (B) Omaha (C) Juno

ANSWERS - 1 Dr. John MacRae, 2 B, 3 C, 4 remembrance of animals killed in the war, 5 C, 6C, 7 B, 8 A, 9 B, 10 C

## FREE COVID SIGNS

As part of our community service. THIS WEEK has COVID signs available for your business, home or office to download free.

The signs are all in color but are in black and white here for illustrative purposes.

Simply logon to our website - [www.kleeradio.com](http://www.kleeradio.com) - and go to the **DOWNLOADS PAGE** and get your free signs.

We have included 5 signs for you to download -

- 1 - Please Wear A Face Mask
- 2 - Please No Visitors
- 3 - Please Use Hand Sanitizer
- 4 - Line Starts Here
- 5 - Thank You For Social Distancing

## A&K LICK-A-CHICK

 **7 PIECE CHICKEN**  
Med. Fries, Medium Gravy, Med. salad  
3 rolls  
PLUS TAX **\$26.79**

 **12 PIECE CHICKEN**  
Large Fries, Med. Gravy, Med. Salad,  
4 rolls  
PLUS TAX **\$37.99**

 **18 PIECE CHICKEN**  
Large Fries, Med. Gravy, 2 Med. Salad,  
6 rolls  
PLUS TAX **\$48.89**

Upsize Your Fries ..... 99c  
Located in Bras d'Or on Trans Canada Highway

**- HOURS OF OPERATION -**  
**11:00 AM - 8:00 pm**  
**PHONE**  
**902-736-9496**

## Cape Breton Humour Books



For Fall Reading or for sending to "friends & family away"

**\$4.95** per copy



**KWIK KOPY PRINTING**

**CHARLOTTE STREET - SYDNEY**  
**PHONE 562-2122**

**NORTHSIDE NEWS****NORTH SYDNEY LIBRARY NEWS**

**BOOK SALE** - Now ongoing - get your Fall Reading books now at low prices.

We still have some masks available.

Curbside Service is now Available

**FIBRE LUNCH**

**Call For Location - 794-3272**

Thursday from 1:00 - 3:00



FREE CRAFT BAGS now available at the Library.

Stop in and get your bag and you can take it home to make the craft.

**CLOSED** 4:30 on Saturday, October 31st (Halloween).

FREE PUBLICITY, simply email us with your information and we'll publish it free of charge in our weekly paper - just email us with your event information to us at this email address - [thisweek@kleeradio.com](mailto:thisweek@kleeradio.com)

**Check your children's treats before they eat them**



Check out our website for things to occupy you and your children's time  
**[www.kleeradio.com](http://www.kleeradio.com)**



DJ Jack Cool will return next week with his column - Check out his Oldies show every

Friday night at 11 pm on K-LEE RADIO.



Lest We Forget

**Wear A Poppy**

**We Shall Always Remember The Sacrifices That Our Veterans Have Made For Us and Honor Their Courage and Valor**

**Please wear a Poppy this Remembrance Day to show them that we have not forgotten!**



From The Management & Staff At



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**BIRTHDAY WISHES**

Happy Birthday to Caroline Tobin celebrating her birthday on November 8th - With love from Tilly and the girls.

**?? TRIVIA ??**

If you like Trivia, download the Trivia Podcast from our website - it has 20 General knowledge questions, a Cape Breton question and a music question - Use the PODCAST LINK

**[www.kleeradio.com](http://www.kleeradio.com)**

**SYDNEY MINES LIBRARY NEWS**

**HELP US SOLVE A MYSTERY** - We have a display in the Sydney Mines Library of a class of graduates from Sydney Mines High School circa 1938-1939.

There are 39 graduates in this photo. We have identified 9 so far.

You may see a family resemblance or perhaps remember a picture of a relative from back then. We would really appreciate your help.

We have Free Craft Bags available for children. You can take them home with you.

Stop in and get your Craft Bag before they're all gone.

On Saturday, October 31st (Halloween) we'll be open 10 - 12 and 1 - 4:30, then close early.

Some News items courtesy of  
**Swing Over**  
**The Mountain News**

logon to website  
**[www.sotmnews.weebly.com](http://www.sotmnews.weebly.com)**  
monthly newsletter

**Late Night Oldies**

with Jack Cool  
Friday at 11 pm  
**[www.kleeradio.com](http://www.kleeradio.com)**

*Shear Madness*

HAIR DESIGNS  
HANDICAP ACCESSIBLE



**Come Check Us Out!**

**Tues. & Wed. 9 - 5**  
**Thurs. 9 - 7 - Fri. 9 - 5 - Sat. 9 - 4**

**Gift Certificates Available**

**T-Zone Vibration Available**

363 Main St.  
Florence

**736-7777**





Chase The Ace returns on October 4th - Jackpot is \$36,000 and there are 33 cards remaining. Tickets are on sale now.

For the latest and most comprehensive list of local events, logon to - [www.musiccapebreton.com](http://www.musiccapebreton.com)

Updated each week

### New Music Podcast

A new Podcast "Rock & Roll Instrumentals" featuring songs from 1958 - 1968 is now available for download at -

[www.kleeradio.com](http://www.kleeradio.com)

**SUPPORT OUR VETERANS  
PLEASE WEAR A POPPY**



### BIRTHDAY WISHES

If you have a family member who is celebrating a birthday, simply email us the information and we will print it here in the paper free of charge.

Send you informaton to this email address - [thisweek@kleeradio.com](mailto:thisweek@kleeradio.com)

### Trivia Game Book

Amaze Your Friends, Host A Game  
Increase Your Knowledge



Over 750 General Knowledge Questions  
Great For Parties - Facebook Chats  
Showers - Social Gatherings

Written and Compiled By Glen Gray



Every now and then a movie comes out that absolutely blows you away-and after the end credit roll you just sit there thinking "oh my God!". This is one of those movies-but first a preamble; I know there are a lot of differing opinions out there about the safety of going to a local theatre to watch a movie, and with that in mind I decided to take a look at the first movie to make the big bold move to debut on the big screen since the pandemic shuttered movie theatres. Full disclosure though-I saw this film at home. "Unhinged" stars Russell Crowe in what for him is the unimaginable role of a totally psychotic murderer-he packed on the pounds and took on a southern American accent to play a person who is truly despicable, coldhearted and totally evil, as his character (Tom Cooper) hunts down a complete stranger and her son because the lady honked her horn when Cooper was idling at a green light. The events that ensue are visceral, horrific, shocking, outrageous and an outright condemnation of society's obsession with cellphones in cars, road rage-and a total lack of civility, patience and our genuine level of humanity towards each other. As the story progresses we



learn more about Tom Cooper, and what put him on this path of total destruction. It's hard to find an action movie that finds the perfect balance between morality and 'go for the jugular' pacing-this movie nailed it 100 per-cent. I don't want to give away too much of the onscreen magic here but I will also say that I have never seen Russell Crowe play a character like this-and do it so well. His status in action movies is legendary, especially after playing Robin Hood and more importantly Maximus Decimus Meridius from "Gladiator", which is probably my favourite movie of all time. If you are a squeamish person this movie is not for you-but if you like good scares and want to see the results of the 'all-too-true' road rage that happens every day then grab some popcorn and plunk your butt down in front of the screen for what is one of the best action movies I've seen in 2020, and actually in years.



**Waiting On You!**  
DAILY SPECIALS - SENIOR MENU  
CHILDREN'S MENU - TAKE OUT

**Social Distancing Guidelines In Effect**

MONDAY - TUESDAY - WEDNESDAY - CLOSED  
Thurs. 3 - 8 - Friday 7:30 - 8 - Sat. & Sun. 7:30 - 8

1409 Hwy 105 Trans Canada **(902) 794-1409**



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## NORTHSIDE COMMUNITY NEWS ITEMS



For the Best In Classic Country Music, join Kenny Walsh every Sunday Night at 6:00 pm for Phantom Country - 2 hour show of the best Country Music

[www.kleeradio.com](http://www.kleeradio.com)

### Cape Breton Christmas Memories



Heartwarming Memories and Amusing Stories of Cape Breton Christmases Past

Written By Glen Gray

Available at Buffetts Office Supplies North Sydney

Makes A Great Stocking Stuffer for Family and Friends Away

JUST **\$4.95**

### NORTH SYDNEY LIBRARY

309 Commercial Street  
North Sydney

PHONE (902) 794-3272

#### HOURS

MON. 1:30 - 5:30 - 7:00 - 9:00  
TUES., WED., THURS - 10 - 9  
FRI. 10 - 7 - SAT. 10 - 5

### SYDNEY MINES LIBRARY

1 Fraser Ave., Sydney Mines

PHONE (902) 736-3219

#### HOURS

MON. 1:30 - 5:30 - 7:00 - 9:00  
TUES., WED., THURS - 10 - 5:30 - 7:00 - 9:00  
FRI. 10 - 5:30 - SAT. 10 - 12 and 1:00 - 5:00

### FLORENCE LIBRARY

676 Bras d'Or Florence Road

PHONE (902) 736-7583

#### HOURS

TUES. 1:00 - 5:00 - 6:00 - 8:00  
WEDNESDAY - 1:00 - 5:00  
THURS. - 1 - 5 and 6:00 - 8:00  
FRIDAY - 1:00 - 5:00  
SATURDAY - 10 - 1:00 pm

**Sunday Morning  
Gospel Radio Show  
with host Pierre  
Chiasson Aired  
9:00 am**

[www.kleeradio.com](http://www.kleeradio.com)

**Wear A Poppy**

## RECIPE FOR PEACE

Dear editor, symbol of peace pure dove white,  
war symbol blood red.

flow from veins, of our soldiers,  
who in battle lie heroically dead.

Why war is it to settle a difference,  
why not give peace a chance to

pave way for existence

If all nations throughout the world

set aside animosity,

peace would flourish, war would perish,

this my friend a victory.

Ron Gillis - North Sydney, NS



## YOUR FREE SODUKO WEEKLY PUZZLE

						6		
	7	9		3	4		1	2
1					9			8
	5						3	
2		8			1			7
						6		
4							7	9
				2				
	3	1						

You can also get your Daily Soduko Puzzle and Crossword Puzzle by logging on to - [www.kleeradio.com](http://www.kleeradio.com) and clicking on the FEATURES Page. Also included is a DAILY FREE SOFTWARE giveaway. Logon today to get yours FREE!!

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