

# NORTHSIDE COMMUNITY NEWS ITEMS

**SENIORS BINGO** 

The Regular SUNDAY afternoon Bingo resumes. There will be an Afternoon BINGO Game at the Sydney Mines Seniors & Pensioners Club, 6 Fraser Avenue, Sydney Mines.

WHEN: SUNDAY - 2:00 pm

**COST:** - \$2.00 entry card DAUBERS ONLY - MONEY GAMES Come out and spend a wonderful Saturday afternoon and maybe win some prizes. Hope to see you all there - Regular Jackpot is \$650 on 50 #'s or less, plus Toonie Jackpot

NOTE: - Management reserves the right to refuse admittance to the BINGO game.



North Sydney Fire Hall THURSDAY NIGHT -After Work Party Kitchen open from

4:00 - 12:00 pm - **MTT** music from 6 - 10 by Ernie, Todd & Wade - **FREE ADMIS-SION -** Kitchen Special Bacon Cheeseburger - \$10.00 Kitchen will be open to 10 pm

MARCH 13th - St. Patricks's Dance - music by FULL CICLE - \$5.00 - Dancing 9:00 - 1:00.

MARCH 28 - DANCE - Too Poor To Go South Dance - Dancing 9:00 - 1:00 - Music by Firehounds DJ



Restaurant, 220 Memorial Drive, North Sydney -Great music and Trivia Prizes!

FOR THE BEST IN LOCAL CAPE BRETON MUSIC WWW.kleeradio.com



The Bras d'Or Seniors Club are hosting weekly 45's game on Thursdays at 7:30 pm.

1st, 2nd and 3rd cash prizes are awarded. Also a chance to win the main Jackpot, mini Jackpot, and Loonie Jackpot and 50/50 draw. A total of 9 ways to win.

www.kleeradio.com

H&R BLOCK





222 Commercial Street - North Sydney - B2A 1B7
902 - 794-7117 - FAX 902-241-3088
nsydhrblock@syd.eastlink.ca
HOURS - MONDAY - FRIDAY - 9:00 - 5:00
See TAX TIPS on page 8 and see how much you can save on this year's tax return contact H & R Block today



# Keith Bain

MLA -Victoria-The Lakes

1415 Highway 105, Bras d'Or, NS, B1Y 2NS 902-736-0301 (Office) 902-736-0411 (Fax)

keithbainmla@bellaliant.com

### **NEW DECOMPRESSION TABLE RELIEVES PAIN**

Darren Strong from Strong Chiropractic, announces a new, sophisticated computerized decompression table that allows the spine to be gently stretched and relaxed for spinal decompression therapy.

The pattern of alternating pulling and relaxing creates vacuum-like pressure which allows disc material that was herniated or protruded to be pulled back in the disc over time.

Patients will notice a reduction of their pain during these treatment sessions. Stop in today and ask about the new table and how you can benefit.



793 Mahon St., New Waterford - 862-9444 224 Commercial St. North Sydney - 241-9444

## **NORTHSIDE COMMUNITY NEWS/EVENTS**

**Sydney Mines Seniors** & Pensioners Club



Seniors Lunch will be held at the Sydney Mines Seniors & Pensoners Club, 6 Fraser Avenue from 1:00 3:30.

Light Lunch, draws for prizes and music. There is no admission for this event.

Open to the public, come in an enjoy St. Patick's Day in style!!

### DEADLINE FOR NEWS

The deadlne for news to be printed in our newspaper is Tuesday at 12 noon. We start to put the paper together for printing on Tuesday and if your news is not in by the deadline, it will be printed in the next issue.

FREE PUBLICITY for your event, fund raiser etc. thisweek@kleeradio.com

**ST. PATRICK'S** VARIETY CONCERT Sunday, March 15 NORTH SYDNEY FIREMEN'S CLUB 2:00 pm

With Ernie Wells vocals and Guitar, D & R Dancers under the direction of Denise Jardine Mararet Musgrave, vocals & piano, Lynda Maxwell & David Brown Vocals & Guitar Annabelle Bugay Irish Dancer, Alan Gale & Raylene Burton - vocals & Guitar, Brent Aucoin fiddler with Scott MacKenzie on guitar square set and stepdancing Thank You for supporting

Fundraiser for St. Joseph's CWL SOUND - Railroad **Rrecording Productions** Canteen & 50/50 Draw

**Admission - Goodwill** donations accepted at the door

Hall Rental Available - 736-3206



# COMMUNITY NEWS ITEMS



Jackpot won

New Jackpot

\$1,<u>0250.00</u>

Bigger

Games &

Prizes



One of my favorite days is coming up soon - St. Patrick's Day - that's when my Irish heritage comes to the forefront ..... there are a lot of St. Patricks events scheduled including the following St. Patrick's Dance at the North Sydney Fire Hall, March 13th, 9:00 - 1:00 - see page 2 for details.... Sydney Mines Seniors & Pensioners Club in Sydney Mines are holding a Seniors Lunch March 17th - 1:0 - 3:330, see page 3 for details... St. Patrick's Variety Concert March 15th, 2:00 pm at the North Sydney Fire Hall, see page 3 for additional information .... An Irish Pub and Grub will be held at the Boisdale Fire Hall 7:30 - 9:30, see page 4 for more info.... St. Patricks Dance, Saturday, March 14th, 9:00 - 1:00 at the Southside Boularderie Fire Hall, see page 8 for more info.... St. Patrick's Dance, March 13th at Bras d'Or Hall 9:00 - midnight, see page 8 for additional details.... and, K-LEE RADIO wil be broadcasting live at the MIner's Daughter Restaurant, 220 Memorial Drive, North Sydney for a St. Patrick's Day Ceilidh - great music, trivia and prize giveaways - 11:30 - 1:30 see you there.... Branch 008 Legion, Sydney Mines News - 2 PC. FISH & CHIPS - pan fried or deep fried, dessert - \$12.00 each -April 10th - Good Friday - 3:00 - 6:00 - Tickets at the Bar - APRIL 25TH - ISLE AUX MORT BOYS - DANCE 9:00 - 1:00 - \$10.00 -Limited amount of tickets left..... Do you want to win a Custom Screen Room? Of course you do! This prize has been generously donated by Frank Lush Glass - Tickets are just \$5.00 each. Tickets are available from any MammoWarrior and at the Fitzgerald's Restaurant (Hwy. #105, Boularderie). The draw will be held May 2nd.... and check page 8 for this week's TAX TIPS which will help you save more money on your tax return.... If you are sponsoring a community event and are looking for some FREE PUBLICITY for your event, simply email us with your event information and we'll publish it free of charge for you - email us at thisweek@kleeradio.com



# **NORTHSIDE COMMUNITY NEWS/EVENTS**

#### **Irish Pub and Grub Night**

To be held at the Boisdale Fire Hall on Saturday, March14th with Darrel Keigan 7.30 - 9.30pm \$10.00 at door.

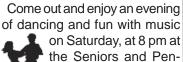
Irish beef stew and biscuits will be available.

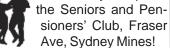
There will be a "take-out" only from 6:00 - 7:00 pm

Then during rest of evening pub style at \$10.00

Tune in on Sunday mornings at 9 am - host Pierre Chiasson presents a one hour show of traditional Gospel songs to listen to as you have your Sunday Brunch - logon to us www.kleeradio.com

# **Seniors Dance**





Ave, Sydney Mines! Admission is \$5.00 and everyone welcome.

#### www.kleeradio.com



Bras d'Or - The very best of Cape Breton fiddling. Stop by for

great Cape Breton fiddling.





Minor Baseball Building, Pitt St Sydney Mines. Give this fun hobby a try -

there are no fees involved.

For additional information, phone 902- 5441073 or 902-595-4449.



**EXERCISE CLASS** 

Monday at 1:00 pm, at the Sydney Mines Seniors & Pensioners Club, 6 Fraser Avenue. Sydney Mines.

**TAX TIPS - PAGE 8** 

### COMMUNITY NEWS ITEMS

### **FREE SWIM SLATED**

Join us at the Northside Community Pool Sunday, March 15, 2020 from 03:30 pm to 04:30 pm for a free swim for all ages. Swimming is a fun activity and full of health benefits. Space is limited to the capacity of the pool.

All Taste of Winter events are free and presented in whole or in part by CBRM Recreation. For full details, visit www.tasteofwinter.ca.

# **FREE SKATE**

Enjoy the last day of March break with a free public skate Sunday, March 22 12:00-1:30 at the Sydney Mines & District Community Centre.Sunday, March 22, 2020 from 12:00 pm to 1:30 pm. - Sydney Mines and District Community Center at 147 Legatto Street.

IONA LEGION SUPPER - Friday night - St. Paddy's Friday Supper - Corned Beef & Cabbage - Music by: Legion Legends - Supper is served from 6:00 - 7:00 pm -Adult \$15 (\$13 + tax) - Senior/Child \$12 (\$10.43 + tax). Coffee & Tea included.





K-LEE RADIO is your local Community Radio Station and provides local music programming meant for Cape Breton audiences.

We broadcast 24 Hours a Day - 7 Days A Week with the Best in Gape Breton &



www.kleeradio.com



Hidden in one of our advertiser's ad copy is a picture of a Leprecaun. Just tell us which advertiser and send your guess and your name to our email **contest@kleeradio.com** and we'll enter your name for the draw for a Free Cape Breton humour book. Good Luck with the hunt for the Lucky Leprecaun



This is solo album number 12 from Ozzy Osbourne, and where it's been 10 years since his last one it warrants some attention-especially given the recent news that Ozzy has Parkinson's disease, his staph infection, and a

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fall that required follow-up surgery. So could this be the last gasp from metal's original Prince of Darkness? By the sounds of things here-not bloodv likelv. Granted, the lyrics for the album's touching

and spectacular namesake song ("Ordinary Man") do hint at the fact that no matter what Ozzy's done over the years he still feels the need to prove to the world that he matters-not from a sense of vanity, but from one of insecurity, and that is indeed Sir Elton John lending vocals on the song; the Rocketman and the Blizzard of Ozz together on one of Ozzy's most sincere numbers ever. Similarly, on "All My Life" Ozzy looks back at times when he was a sad child; then on "Goodbye" he again carries the darkness with him-but the delivery on the song is pure Iron Man. To that end, "Under The Graveyard" is also a deeply moving track-but menacing in its heaviness, with a great old

school Sabbath feel to it. Moving along, "Holy For Tonight" is about someone on death row who knows "I might have told a million lies, but I'll be holy for tonight."Even though some of the songs here are hard and heavy, as mentioned earlier they carry that undercurrent of emotion and pain. The album's opener, "Straight To Hell" rages hard-

but is actually an anti-drug song, featuring Slash's guitar magic. There are also moments of musical mayhem to almost comedic levels; "Scary Little Green Men" waxes on about, yepaliens, and "Eat Me" is not about telling someone to get lostit's based on the true

story of a German man who posted an ad looking for someone to become a dinner date for him-literally. This whole album owes thanks to the fact that Ozzy's daughter Kelly suggested her dad do a song with Post Malone (at the time Ozzy had never heard of Post), resulting in the big hit here "Take What You Want". Ozzy felt a real connection with Malone's producer, Andrew Watt. and this album is the result. The album closes off with the maniacal, punk rock laced ditty "It's A Raid", featuring Post Malone again-as they pogo and bounce vocally about, of all things, being paranoid (that sounds familiar, right Ozzy?). This is a great album.



VIDEOTAPES WEAR OUT SO SAVE YOUR PRECIOUS MEMORIES BEFORE IT'S TOO LATE! We offer Professional transfers from tape to DVD Using Pro equipment-not home video gear We can transfer VHS & 8mm tapes at great prices! Phone 736-9402 (Paul)

#### PAGE 5

### 🕅 NORTH SYDNEY LIBRARY NEWS

FIBRE LUNCH - every Thursdav from 1:00 - 3:00.

STORYTIME on Saturdays -2:30 pm.

CBU SCIENCE CLUB MARCH 18th - Topic - Natural resources - 6:30 - 8:00 pm. No Registration required.

TUES., - MARCH 24 - Songs & Stories with Ken Chisholm and Jeff Ward, no admission starting at 6 pm.

FRIDAY - 1 pm and 2 pm -"Hanging With My Peeps" space is limited, please register Phoe 794-3272.

**INCOME TAX FOR SENIOS** & LOW INCOME EARNERS at the North Sydney Pensioners Club, located below the Library - March 18th, April 1st, April 15th and April 29 - Time -9:00 - 11:00.

FREE PUBLICITY - If your club or group is holding a community event in the new year and you are looking for some free publicity, email us and we'll make sure that your event gets some needed promotion.

> Download a digital copy at www.kleeradio.com

# SATURDAY DANCE

The Sydney Mines & Pen-



sioners Club will host a SATUR-DAY DANCE from 8:00 - 12:00 pm in their

Clubrooms at 6 Fraser Avenue in Sydney Mines. The cost of the Dance is just **\$5.00** and it is open to the public.

There will be a variety of music available. Come out to our Club, 6 Fraser Avenue in Sydney Mines and have a great night every Saturday. Canteen Service and Bar Service is available.



# Whaddva Mean "They're All Gonepp

If you missed out on Northside This Week just go to our website ..... www.kleeradio.com

and you can download an electronic copy or print a copy on your home computer. Great for sending to folks "away."

#### **Senior Fitness Classes**

Free Senior Functional Fitness Classes for men & women Classes focus on activities of daily life, including strengthening our balance, & focus. multi ioint flexibility.Classes start Wednesday, Mar.11th, 12.30 -1.30 pm. at the Florence Legion. Sponsored by the Sydney Mines St. Vincent de Paul Conference with a grant from the Community Health Board.

Instructor Patsv MacKenzie. Come join us as we venture into this new experience.

# NORTHSIDE COMMUNITY NEWS



Chase The Ace every Friday 8 - 10 downstairs - music by Bob MacDonald and Friends - The Branch needs your help to boost the Chase The Ace. We are moving very slow. Remember, funds from these sales helps our Branch renovations and keeping Canada Day and Levee in or town. If you can please purchase a \$5.00 book or \$20.00, your help is needed Jackpot \$9,911.

**KARAOKE - WE'RE BACK -**Fridays from 10 - 12 - music by T. Capstick - \$139.00

2 PC. FISH & CHIPS. pan fried or deep fried, dessert - \$12.00 each - April 10th - Good Friday -3:00 - 6:00 - Tickets at the Bar.

**APRIL 25TH - ISLE AUX MORT** BOYS - DANCE OUT 1:00 -\$10.00 SOLDOUT 1:00 tickets left.

If you like Soduko Puzzles, logon to our website and enjoy a **Daily Puzzle along with** a new Daily Crossword Puzzle - Logon at www.kleeradio.com

The Sydney Mines Minor Hockey 50/50 - Last Draw was won by Alonzo Garnier and the Jackpot amount for this draw was \$11,713 -THANK YOU



# **Sydney Mines Seniors** & Pensioners Club

SUNDAY NIGHTS at 7:30 we have tarabish, everyone is welcome. 1st, 2nd and 3rd place Prizes are awarded.

MONDAY NIGHT - at 7:30 - FUN NIGHT - we invite members from other Seniors Clubs - Bingo 7:30 dabbers only - Loonie Draw Enjoy a game of SCAT - \$1.00, light refreshment, see you there.

WEDNESDAY - 7:30 45s Card Game 1st. 2nd. 3rd

For the latest and most comprehensive list of local events, logon to www.musiccapebreton.com Mike Little updates his listings each week.

Some News Items courtesv of Swing Over The Mountain Newlsletter -Login to read it at - http:// sotmnews.weebly.com





Hello everyone, Jack here this week I'm promoting Nightmare on Elm Street up all night 2020. A Nightmare on Elm Street fan film - what can I say, you cannot Escape Freddy Krueger, your best bet is don't fall asleep stay up all night and for goodness sake do not fall asleep.

The



movie Focus arounda girl named Marlow who's friends Freddy has killed and what she is

doing is hangs round bars and doing unmentionable things that I can't mention in the paper but the idea of all these things that she is doing is to stay awake so she won't fall asleep that way Freddy won't get her.

The movie is directed by Jeremy Brown who brought you Friday13th Vengeance fan flim last year 2019 stars Matt Shaw Jason Brooks. Brandon "Bugzy" Wilson Strawn. Rebecca Tarabocchia and many more. The movie is going to be very interesting. Have a healthy and safe week everyone, I'm Jack cool

# IRISH JOKES

Two Irishmen, Patrick Murphy and Shawn O'Brian grew up together and were lifelong friends. But alas, Patrick developed cancer, and was dying. While on his deathbed, Patrick called to his buddy, Shawn, "O'Brian, come 'ere. I 'ave a request for ye." Shawn walked to his friend's bedside and kneels. "Shawny ole boy, we've been friends all our lives, and now I'm leaving `ere. I 'ave one last request fir ye to do.

"O'Brian burst into tears, "Anything Patrick, anything ye wish. It's done." "Well, under me bed is a box containing a bottle of the finest whiskey in all of Ireland. Bottled the year I was born it was. After I die, and they plant me in the ground, I want you to pour that fine whiskey over me grave so it might soak into me bones and I'll be able to enjoy it for all eternity."

O'Brian was overcome by the beauty and in the true Irish spirit of his friend's request, he asked, "Aye, tis a fine thing you ask of me, and I will pour the whiskey. But, might I strain it through me kidneys first?" \* \* \* \* \* \* \* \* \* \* \* \*

Two Irish sports buddies were discussing life after death and if there was any baseball in Heaven. A week later, Paddy died and the next day showed up in Murphy's bedroom. "Well Murph, I got good news and bad news." "Tell me the good news first," says Murphy. "There definetly is baseball in Heaven, says Murphy. "Well what's the bad news?" You're pitching next Tuesday", replies Paddy.



794-4816 - 794-7482 - Members & Guests

**ITEMS FOR SALE** 2 Winter tires with studs, on rims 215 70R15 in excellent condition - Price \$100.00 Double Comforter, washed, in excellent condition, asking \$50.00 - Phone 902-578-7181 for both items.

BREAKFAST BRUNCH Last Sunday of every month Big Bras d'Or Fire Hall MARCH 29<sup>TH</sup> 9:00 - 12:00 pm Sponsored By Friends Of The Big Bras d'Or Fire Hall 1390 Old Route 5, Big Bras d'Or Adults \$10.00 - Children \$4.00 EAT IN or TAKE OUT

FREE PUBLICITY - If your club or group is holding a community event in the new year and you are looking for some free publicity, email us and we'll make sure that your event gets some needed promotion.



#### SYDNEY MINES LIBRARY NEWS

MARCH BREAK - we are planning several March Break activities - March Break is from March 16 - 20.

MONDAY - Legos

TUESDAY - Coloring

WEDNESDAY - Crafts

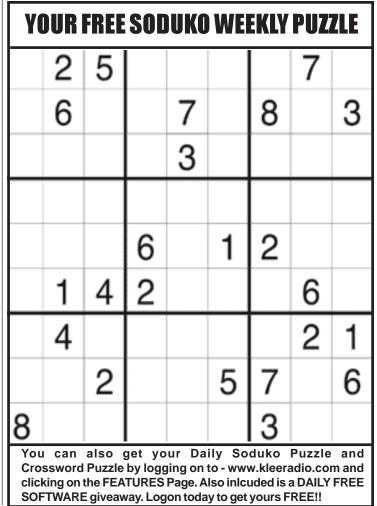
THURSDAY - Board Games

FRIDAY - Creating With Clay

**KNITTING GROUP** has resumed on Mondays at 2:00 pm.

**BOOK CLUB** - anyone interested in forming a Book Club, please contact the Sydney Mines Library.

Join K-LEE RADIO on March 17th at Miners Daughter Restaurant for a St. Paddys' Day Show



# NORTHSIDE COMMUNITY NEWS

#### St. Patick's Day Dance

The Southside Boularderie Volunteer Fire Dept. will be holding a St. Patrick's Day Dance on Saturday, March 14.

Open to all members and guests - 19 and over, Time will be 9 pm - 1 am. No cover charge and we take requests. Check us out on Facebook.

#### **Crafters Guild Meeting**

The Munro Crafters Guild will meet on March 12th at 3:00 pm at the Boularderie School.

#### St. Paddy's Day Dance

We put the FUN in Fundraising! Join us at the Bras d'Or Hall on Friday, March 13th from 9 til midnight for a St. Paddy's Day Dance.

Music by Joey Bennett. Tickets are \$13 at the door. Let's get our Green on!!

#### FOOT CLINIC HELD

There will be a Foot Clinic held at the Ross Ferry Fire Hall on April 4th and the cost is \$25.00

For an appointment call (902) 674-2873.

Some News items courtesy of Swing Over The Mountain News logon to website ww.sotmnews.weebly.com monthly newsletter

At this special time of the year, please contribute to your local Food Drives for those families who cannot afford to feed their families - help make it a special Winter

FREE PUBLICITY for your event, fund raiser etc. thisweek@kleeradio.com

#### MammoWarriors Draw

Do you want to win a Custom Screen Room? Of course you do! This prize has been generously donated by Frank Lush Glass.

Tickets are just \$5.00 each. Tickets are available from any MammoWarrior and at the Fitzgerald's Restauarnt (Hwy. #105, Boularderie). The draw will be held May 2nd.

Proceeds from all our fundraisers go to support the Cape Breton Cancer Patient Care Fund. The Boularderie MammoWarriors thank you for your continued support.

#### WINTER WEARY

I'm winter weary this I know still hill and dale wear cloaks of snow. March the toughest month of all it's been too long since winter's call. The wind has teeth or so it seems as 'round my shoulders it does scream.

The Bay is frozen, stark and cold the view is surely growing old. Birch trees reach bare arms in air as if in prayer for weather fair. And evergreens their branches low are waiting for the chill to go. Folks do run from shop to shop with hooded heads, great angst and so

They slip and slide some broken bones

weary sighs and winter moans. And seasoned noses red as roses running much like summer hoses.

Thus I wait with baited breath for warmer days and winter's death. To say good-bye to cold and snow and dream when green the grass willgrow.

SHARON O'QUINN



# TAX TIPS COLUMN

The Canada workers benefit, formerly the working income tax benefit, is a refundable tax credit available to eligible individuals and families who work, but earn low income.

For 2019 and subsequent taxation years, the Canada Workers Benefit (CWB) will be an enhanced version of the Working Income Tax Benefit (WITB). The CWB is a refundable tax credit that supplements the earnings of low income workers and improves work incentives for low-income Canadians.

The amount of the CWB will be equal to 26% of each dollar of earned income over \$3,000, to a maximum credit of \$1,355 for single individuals without children and \$2,335 for families (couples and single parents). The maximum credit is reduced by 12% of adjusted net income over \$12,820 for single individuals without children and \$17,025 for families.

Your professional tax preparer will calculate the CWB for you with your taxes!



Join **K-LEE RADIO** at Miner's Daughter Restaurant on Tuesday, March 17 for an old fashioned St. Patrick's Day Ceilidh which runs from 11:30 - 1:30.

Come in for a delicious lunch and listen to some great



Irish music. We will also have lots of prizes and Cape Breton Humour books to give away with our Trivia Quiz.

Join hosts Robert O'Hearn and Glen Gray for an enjoyable afternoon of fun and music!!