

# MacDONALD DENTURE CLINIC

42 FRASER AVENUE  
SYDNEY MINES  
PHONE  
**736-2280**

**G. MacDonald**  
*Denturist*

HIGH STREET  
BADDECK  
PHONE  
**295-2516**



**FREE**

## THIS WEEK

**NORTHSIDE COMMUNITY NEWS**

**FREE**

Vol. 10, No. 14 - APRIL 8th - 2020

### HAPPY EASTER



PRACTICE  
SOCIAL DISTANCING



### RALPH IVEY'S

Auto Repair Ltd. and Muffler Man

**BRING YOUR CAR IN FOR  
SPRING SERVICING**

**IF WE CAN'T DO IT - IT CAN'T BE DONE!**



93 KING STREET  
BY THE TRACKS

Bring your Vehicle in  
for Auto Servicing

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## McCormick's **TIRECRAFT**

### POT HOLE SPECIAL



*Any Wheel  
Alignment*

**\$59.99**  
PLUS  
TAX

**BRAKE SERVICE  
MUFFLER & EXHAUST  
SHOCKS & STRUTS  
NOVA SCOTIA MVI  
ALIGNMENT  
OIL CHANGES  
TUNE-UPS  
TIRES**

**KROWN**  
RUSTPROOFING

126 SEAVIEW DRIVE  
NORTH SYDNEY

Phone For An  
Appointment

**794-4947**

## NORTHSIDE COMMUNITY NEWS ITEMS

### SENIORS BINGO

The Regular SUNDAY afternoon Bingo resumes. There will be an Afternoon BINGO Game at the Sydney Mines Seniors & Pensioners Club, 6 Fraser Avenue, Sydney Mines.

BINGO				
7	25	44	57	62
15	22	40	50	70
11	30	42	46	74
2	28	37	55	68
10	27	39	59	75

**Sunday BINGO CANCELLED**  
for 2 weeks  
Updates will follow

Jackpot is \$650 on 50 #'s or less, plus Toonie Jackpot

NOTE: - Management reserves the right to refuse admittance to the BINGO game.

**Royal Canadian Legion  
Branch 83 - Florence**

**BINGO**

**EVERY THURSDAY**  
DOORS OPEN 5 PM - CARDS ON SALE - 6:00 PM  
7:00 pm - CASH PRIZES

**EVERY SATURDAY**

**CLOSED  
UNTIL FURTHER  
NOTICE due  
to Corona  
Virus**

Thursday - BINGO  
Saturday - The CIRCLE  
Sunday - BREAKFAST

WASHER TOSS 8 PM FRIDAY - Prizes for

1st, 2nd, 3rd  
All Monies  
back to the  
players



**736-6313**

### North Sydney Fire Hall

THURSDAY NIGHT ONLY -

Kitchen open from 4:00 - 9:00 pm - 2 pc Fish & Chips \$11.00  
- Take Out of Free Delivery

**CLOSED**

### CONTACT INFORMATION

**GLEN GRAY, EDITOR**

PH: 902-564-9022

Email Address  
[glengray@kleeradio.com](mailto:glengray@kleeradio.com)

PHANTOM COUNTRY with Kenny Walsh airs on K-LEE RADIO on Sundays at 6:00, Wednesday 8:30 - the best in Classic Country Music - tune in to hear Kenny at [www.kleeradio.com](http://www.kleeradio.com)



Join us on our radio station every day, 24 hours a day for the very best selection of Cape Breton and Celtic Music - logon to our website to listen -

[www.kleeradio.com](http://www.kleeradio.com)

FOR THE BEST IN LOCAL  
CAPE BRETON MUSIC  
[www.kleeradio.com](http://www.kleeradio.com)

### NEW KIDS CRAFTS TO DOWNLOAD



We have 120 Paper Crafts Projects to download plus 5 new ones just uploaded - Click the "DOWNLOADS" Page - [www.kleeradio.com](http://www.kleeradio.com)



Heat & Serve Meals - Fresh Meal Selections - Frozen Selections  
Grab 'n Go Lunch  
Soups - Sandwiches - Salads  
**Ph: 217-0280**

**212 Commercial St,  
North Sydney**



### TAX PROFESSIONALS

222 Commercial Street - North Sydney - B2A 1B7  
**902 - 794-7117 - FAX 902-241-3088**  
[nsydhrrblock@syd.eastlink.ca](mailto:nsydhrrblock@syd.eastlink.ca)  
**HOURS - MONDAY - FRIDAY - 9:00 - 5:00**  
See **TAX TIPS** on page 8 and see how much you can save on this year's tax return  
contact H & R Block today



### Keith Bain

MLA -Victoria-The Lakes

1415 Highway 105, Bras d'Or, NS, B1Y 2N5  
902-736-0301 (Office)  
902-736-0411 (Fax)

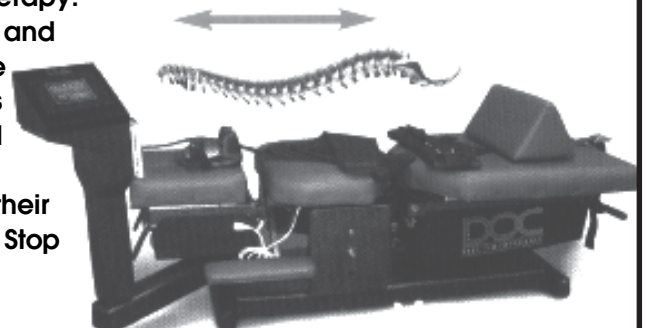
[keithbainmla@bellaliant.com](mailto:keithbainmla@bellaliant.com)

### NEW DECOMPRESSION TABLE RELIEVES PAIN

Darren Strong from Strong Chiropractic, announces a new, sophisticated computerized decompression table that allows the spine to be gently stretched and relaxed for spinal decompression therapy.

The pattern of alternating pulling and relaxing creates vacuum-like pressure which allows disc material that was herniated or protruded to be pulled back in the disc over time.

Patients will notice a reduction of their pain during these treatment sessions. Stop in today and ask about the new table and how you can benefit.



793 Mahon St., New Waterford - 862-9444 224 Commercial St. North Sydney - 241-9444

**COMMUNITY NEWS/EVENTS**

If you are looking for the latest updates on the Corona Virus in Nova Scotia, log on to the link below and get all the facts and stories.

Advice about prevention, preparation, social distancing, safety concerns at work and mental health.

**ADVICE FOR INDIVIDUALS AND FAMILIES**

Reducing contact with other people

Nova Scotians should not leave the province and only leave home for essential items and services. If possible, one person per family should be designated to do these tasks.

Nova Scotians are required to practice social distancing to help reduce the spread of COVID-19. Social distancing means limiting your contact with other people – stay about 2 metres (6 feet) apart.

Government is requiring individuals, employers and organizations to limit non-essential gatherings to no more than 5 people.

**AVOID:** group gatherings (ex: parties, weddings, funerals, bridge clubs)

- visitors in your home
- sleepovers and playdates and other social interactions with
- friends
- public spaces (ex: malls, gyms, theatres, stores)
- parks
- non-essential travel
- athletic events

<https://novascotia.ca/coronavirus/>



**STAGG'S TAXI  
GATEWAY TAXI**

**24/7**

**902-794- 2400  
902-241-2444**

**COMMUNITY NEWS ITEMS**

**JAIME  
BATTISTE**

Member of Parliament  
SYDNEY - VICTORIA

[jaimebattiste.ca](http://jaimebattiste.ca)  
[jaime.battiste@parl.gc.ca](mailto:jaime.battiste@parl.gc.ca)

**(902) 567-6275**

**SING ALONG SHOW ON K-LEE RADIO 2**

K-LEE RADIO is producing Specialty Programming during the Corona Virus outbreak. One of the programs is the Sing Along Show which features popular songs that everybody knows and loves to sing.

There is also an 80 page

Lyrics Handbook which is available to download for Free.

The show airs on Tuesdays at 6:30 pm and Thursdays at 6:30 pm on the K-LEE RADIO 2 internet stream.

If you like to sing, this show is made for you. K-LEE RADIO is committed to providing entertainment while you are waiting at home.

Log on to the website at -  
**[www.kleeradio.com](http://www.kleeradio.com)**

**MURRAY RYAN, MLA - Northside-Westmount**

174 Commercial Street  
North Sydney, NS  
B2A1B4

PHONE  
**902-794-1030**  
FAX - 902-794-1029

[mla@murrayryan.ca](mailto:mla@murrayryan.ca)



HOUSE OF  
ASSEMBLY  
NOVA SCOTIA

**EDUCATION IS THE KEY TO YOUR FUTURE**

For information regarding students loans and scholarship programs, contact Nova Scotia Department of Education  
**1-800-565-8420** [www.studentloans.ednet.ns.ca](http://www.studentloans.ednet.ns.ca)

**ROYAL CANADIAN LEGION - SYDNEY MINES - 736-3206**

**TUESDAY BINGO  
GAME**

**NOW AT - 7:30 PM**

**Hall Rental Available - 736-3206**

BINGO  
**CANCELLED**  
New Jackpot  
**\$1,0250.00**

**BINGO Tues.  
7:30 PM  
Bigger  
Games &  
Prizes**





The **Corona Virus** is taking its toll on all of us and we have to stay calm until the crisis is over.... the Canadian government is doing its best to provide **interim payments** to laid off workers and small businesses to help keep them stable but it remains to be seen how long some local businesses can stay afloat... we have **confirmed cases** in Cape Breton but it does not seem like we are a hotspot so far, this is good..... I have noticed that most of the population is adhering to the Corona Virus **precautions** like washing hands and coughing into your elbow and I particularly notice the **social distancing** of 6 feet is being done without too much fuss by most people - I had to recently mail some letters at the Post Office and there was tape on the floor to indicate **6 feet** of separation and there was a plastic screen in front of the clerk on duty and at my bank the security guards were making sure everyone was adhering to the social distancing.... One thing I am **puzzled** about is the delaying of the opening of fishing season, it seems that being outdoors would be a useful thing to be doing... the **closure of schools** is taking a toll on parents, many parents are at home now because of working conditions but when they go back to work, will the students be going back to school? - I don't think they **will be returning** this school term so parents will have to worry about **child care**... gas is at an **all time low** but the ironic thing is that there is no place to go, parks are **closed**, shopping is vastly restricted, visiting is not **allowed** so where can you go?... An **outbreak** like this puts things in perspective and shows us how dependent we are on society and government to keep things working.... I have been busy working on the **K-LEE RADIO** website and producing new shows for the duration of the outbreak - we have been getting a lot of attention to our **Sandman's Bedtime Stories** for kids from Monday-Friday at 6 pm as well as our **Sing Along Show**, **Phantom Country** and the **Pig & Whistle Show** - I miss all the people I usually interact with each week and I hope it's not too long before we can **visit** again - logon to our website and check out the **Program Guide** for times and days - logon to our website **[www.kleeradio.com](http://www.kleeradio.com)**

**KITCHEN 1409**

**Wait On You!**

**CLOSED TIL FURTHER NOTICE**

**SPECIALS - SENIOR MENU**  
**CHILDREN'S MENU - TAKE OUT**  
 Mon, Tues., Wed 11-7 - Thurs./Fri. 11-8 - Sat 11-8 - Sun 11-7

**NOW OPEN FOR ANOTHER SEASON**  
**FLATBREADS - NEW BREAKFAST MENU ITEMS**  
**BREAKFAST - SEAFOOD - TURKEY - PANINIS**

1409 Hwy 105 Trans Canada **(902) 794-1409**

## NORTHSIDE COMMUNITY NEWS/EVENTS



One of the new programs that we will be featuring on K-LEE RADIO during the Corona Virus outbreak.

We will be following the same format as the TV show - music, fiddling, stories and comedy.

Logon to our website and check the Program Guide - **[www.kleeradio.com](http://www.kleeradio.com)**

### ITEMS FOR SALE

2 Winter tires with studs, on rims 215 70R15 in excellent condition - Price \$100.00  
 Double Comforter, washed, in excellent condition, asking \$50.00 - Phone 902-578-7181 for both items.

## COMMUNITY RADIO PROGRAMMING

K-LEE RADIO is your local Community Radio Station and provides local music programming meant for Cape Breton audiences.

We broadcast 24 Hours a Day - 7 Days A Week with the Best in Cape Breton & Celtic Music - Tune in to our station



Check out the list of Kids activities we have on our website to keep your children occupied during their extended stay at home - Logon to the "DOWNLOAD" page **[www.kleeradio.com](http://www.kleeradio.com)**

## A&K LICK-A-CHICK

**7 PIECE CHICKEN**  
 Med. Fries, Medium Gravy, 3 rolls **\$26.59**  
 PLUS TAX

**12 PIECE CHICKEN**  
 Large Fries, Med. Gravy, Med. Salad, 4 rolls **\$37.59**  
 PLUS TAX

**18 PIECE CHICKEN**  
 Large Fries, Med. Gravy, 2 Med. Salad, 6 rolls **\$47.99**  
 PLUS TAX

**Upsize Your Fries ..... 99c**  
 Located in Bras d'Or on Trans Canada Highway

**- HOURS OF OPERATION -**  
**11:00 AM - 10:00 pm**  
**PHONE**  
**902-736-9496**

Sydney Mines Seniors & Pensioners Card Game  
**CANCELLED**  
 100 Avenue, Sydney Mines - Last Friday of the month 45s Card Game starting at 7:30

**Some News items courtesy of**  
**Swing Over**  
**The Mountain News**  
 logon to website **[www.sotmnews.weebly.com](http://www.sotmnews.weebly.com)**  
 monthly newsletter



The need is even greater now, please help out.

## TOO MANY COOKS

There's an old saying that "too many cooks spoil the broth." I guess those old sayings come from practical experience. I remember one year when we all lived at home. Christmas was "just around the corner" as the saying goes. We had a family of 8 and we were all ready to celebrate our Christmas in our own way.

We always had a little family get together about a week before Christmas as we were all busy on Christmas day and Boxing day with our own families. One of the highlights was our "Christmas Buffet". Everyone would bring a munchie type food and a baked item. With eight people and our mother, we had a varied supply of dishes. Chili, chicken wings, honey garlic ribs, stuffed chicken breasts, rabbit pie and pizza were always on the menu.

We also had the punch pot down in the basement on its own table. Dad would make his favorite fruit punch and he would then "flavor" it with some fancy liquor he would buy at the liquor store. There were five boys in the family and three girls. The boys would also sneak some of their own favorite brew in the pot (actually it was a huge stainless steel lobster pot) to "flavor" it as well.

The boys were all downstairs watching the hockey game and cheering on the Leafs while two of the brothers were rooting for the Canadiens. We sent a punch bowl filled with the brew upstairs for the girls to drink. After the second period ended and many rounds of punch were drunk, dad got up to go to the bathroom and fell "arse over tea kettle" as he got up from the couch. All the boys thought this was hilarious and when Dougie went to get up, he too took a header. This prompted another round of laughter.

By now, nobody was feeling any pain and the boys nearly wet themselves when they saw Dad actually crawling up the basement steps to get upstairs. To put it mildly, he was "pie eyed." The girls were in rare form as well. Mom was telling dirty jokes, a rare thing for her to do, and the girls all had tears running down their faces.

When the time came to go home, everybody realized that they would need to call taxis to get home. It was like a convention as a parade of eight taxis lined up outside our door. The next day we all understood what had happened and solved the mystery. After Dad talked to the boys, they all admitted to "flavoring" the punch with a 26 ounce each, unaware that each of the five boys had done this. The brew must have been pretty near 100% alcohol. No wonder everybody was bombed.

Everybody made it home safely and they still talk about the "Great Christmas Party" with a twinkle in their eyes.

## Take 2 with PAUL POWER

I was searching through my CD collection (yep, old-school) and came across this 'blast from the past' from 2016 - "Magnolia". Megan Bonnell is a Toronto singer/songwriter who released her first album in 2013. That debut generated a lot of industry buzz, and as a result Megan did support gigs throughout North America and Europe; during that time on the road she laid the foundation for this album by writing some of the songs.

With everything happening all around her Megan said she wanted to move forward, yet still keep the past as relevant as she could-honouring the moments that resonated with her, the good ones and the bad ones. All that led to "Magnolia". It starts off with the song "Can't Have You", which has a soft and gentle folk sound; Megan said it's like a handwritten love letter about a love that can't last. Similarly, "Out And Away" and "Broken Hearted Avenue" are like dandelions, so delicate that a light breeze of wind could pick them up and carry them away, yet Megan's voice has the power to hold them firmly in place. "You Are The

One" is one of the most powerful tracks here, clearly allowing Megan the sonic space to express so much through the lyrics, and her voice-as the instruments act as a musical ebb and flow. Megan's rockier side shines through on the track "Golden Boy", which reminds me of a song the Cowboy Junkies or Lana Del Ray might do. "The Wind" has a great piano vibe that carries the song along in



a fanciful fashion and Megan sounds a tiny bit like Bjork (when Bjork sings normal that is) on the number, and "Dynamite" comes across like a Nina Simone-influenced song, with a building intensity

that has just enough quirkiness to keep it super-interesting. I was familiar with Megan's "Maps" EP (2011) and her debut album "Hunt And Chase" (2013), which were both very good releases. Megan said that a lot of things happened in the 5 years between "Maps" and this album-and it shows, as Megan has written/co-written great songs, and recorded what is definitely her best work up to 2016. So what words best describe the songs on this album? Delicate, intense, smoky, quirky, gentle, intriguing, soft, magnetic, captivating, but most of all, a great listen.

**220 MEMORIAL  
DRIVE - North  
Sydney  
Industrial Park**



**CLOSED TIL  
FURTHER NOTICE -  
we will update you  
on our  
re-opening**

**PHONE (902) 736-1600**

### "Stevie's Jamboree" TV Show

**For Sale: 9 different shows on  
6 DVD's for only \$25.**

*They are copied from the original  
master TV tapes by the show  
producer, not just off the TV so  
they are the highest quality possible*

*A Great way to spend your time at home!*

**Call 736-9402 (Paul)**





## NORTHSIDE COMMUNITY NEWS



### NORTH SYDNEY LIBRARY NEWS

ALL LIBRARIES IN NOVA  
SCOTIA CLOSED UNTIL  
APRIL 4th



### BRANCH 008 LEGION NEWS

**Legion Is  
Closed  
Until  
Further  
Notice**

If you like Soduko  
Puzzles, logon to our  
website and enjoy a  
Daily Puzzle along with  
a new Daily Crossword  
Puzzle - Logon at -

**[www.kleeradio.com](http://www.kleeradio.com)**



Check out our website  
for things to occupy you  
and your children's time  
**[www.kleeradio.com](http://www.kleeradio.com)**



### Whaddya Mean "They're All Gone??"

If you missed out on  
Northside This Week just  
go to our website ....  
**[www.kleeradio.com](http://www.kleeradio.com)**  
and you can download an  
electronic copy or print a  
copy on your home com-  
puter. Great for sending  
to folks "away."

### Senior Fitness Classes

Free Senior Functional Fit-  
ness Classes for men &  
women Classes focus on ac-  
tivities of daily living in-  
cluding strength, balance,  
focus, & multi joint  
flexibility. Classes start  
Wednesday, Mar.11th, 12.30  
—1.30 pm. at the Florence  
Legion. Sponsored by the  
Sydney Regional Health Board.  
CANCELLLED

Instructor Patsy MacKenzie.  
Come join us as we venture  
into this new experience .



### JACK COOL K-LEE RADIO DJ NEWS

Hello everybody Jack Cool here  
and this is K-LEE Radio DJ news  
for this week.

Last week I had the absolute  
pleasure of interviewing actor  
Bruce Glover, best remem-  
bered for the 1971 movie  
Diamonds Are Forever, a  
James Bond movie  
where Glover was cast  
as Mr. Wint.

the movie was di-  
rected by the late Guy  
Hamilton. Glover  
stated in our conversa-  
tion it's a movie he is  
very proud of.

We also talked about the 1973  
film Walking Tall where Glover  
was cast as Grady Coker, the  
story of Buford Pusser, starring  
Joe Don Baker As Buford Pusser.  
who was the Sheriff of McNairy  
County, Tennessee, from 1964 to  
1970 and Constable of Adamsville  
from 1970 to 1972.

In my conversation with Bruce  
he said he knew the real Buford  
Pusser and Buford was planning

on betraying himself before  
his death in 1974.

Bruce was also telling me  
that he and his son Crispin have  
been working on a film for the  
last 7 years His son Crispin  
Glover wrote a script on it and  
also plays four characters and  
Bruce plays four characters.  
Bruce also stated that he's an  
artist and he's working at his  
art book right now.

He also mentioned that  
he was a teacher for  
years, but he quit  
teaching classes 3  
years ago. This art  
book that he is work-  
ing on will include 25  
of his paintings  
Bruce also wants  
everybody to stay in  
and keep himself

healthy during Covid-19. And  
that's just the way it was for  
your K-LEE RADIO DJ news  
update and now you're up to  
date on Jack Cool.

Next week I will be promot-  
ing my interview I did with Joey  
Travolta director on the movie  
Carol of the Bells. He is also  
the older brother of actor John  
Travolta. Have a great week  
everyone



Late Night Oldies with  
Jack Cool - Friday at  
11 pm & Wednesday  
at 6:30 pm on  
**[www.kleeradio.com](http://www.kleeradio.com)**

Lots of Free Downloads  
available on our website  
**[www.kleeradio.com](http://www.kleeradio.com)**

For the latest and most  
comprehensive list of  
local events, logon to -  
**[www.musiccapebreton.com](http://www.musiccapebreton.com)**  
Mike Little updates his  
listings each week.

Some News Items courtesy  
of **Swing Over The  
Mountain** Newsletter -  
Login to read it at - <http://sotmnews.weebly.com>

*Shear Madness*

HAIR DESIGNS  
HANDICAP ACCESSIBLE

**CLOSED INDEFINITELY**  
Us Out!  
WALK IN SERVICE

Tues. & Wed. 9-5  
Thurs. 9-7 - Fri. 9-5 - Sat. 9-4

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NORTH SYDNEY**

## NEW PROGRAMS ON K-LEE RADIO



During this Corona Virus outbreak KLEE RADIO has committed to Specialty Programs to help entertain our readers while you are restricted to staying home.

We offer Children's Programming Monday-Friday at 6:00 pm with Sandman's Bedtime Stories with stories, songs and trivia.

For Parents and Seniors we have Late Night Oldies with Jack Cool on Friday Night at 11 pm and on Wednesday evenings at 6:30 pm.

Kenny Walsh hosts Phantom Country on Sundays at 6 pm and Wednesday at 8:30.

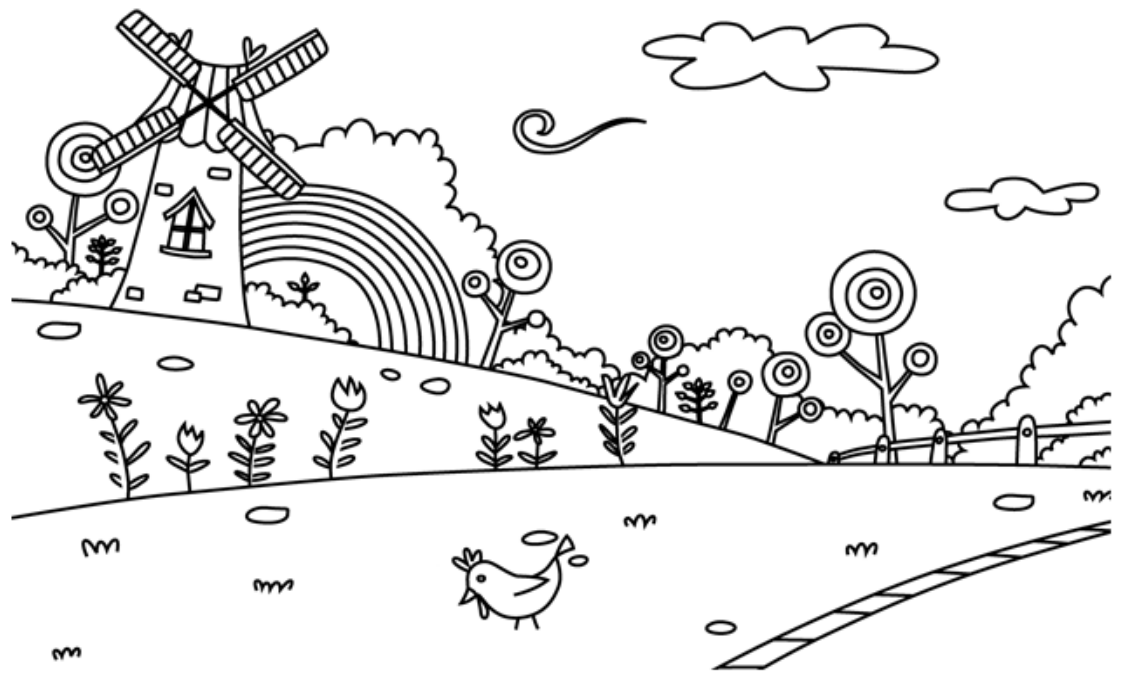
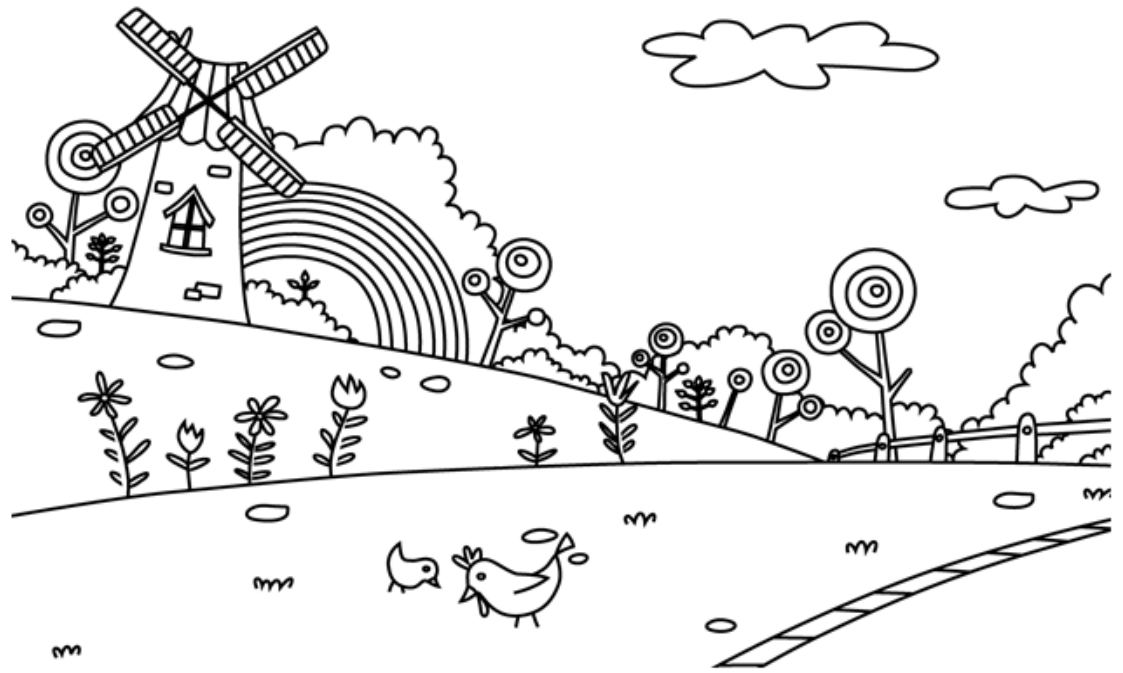
We have created a new audio stream - KLEE RADIO 2 - and we have Old Time Radio Shows from the 40s and 50s such as Bob Hope, Dick Tracy, Our Miss Brooks, Dragnet and Big Band Music.

In addition we have produced such popular shows as the Pig & Whistle, Kitchen Ceilidh and Classic Oldies.

Another show that is getting some listener attention is the Sing Along Show where we play popular songs that everybody can sing along with. We have an 80 page Lyrics Songbook that is available to download from our website and you can follow along with the songs being played on the show. Logon to our website, check the Program Guide to see the times for heshows [www.kleeradio.com](http://www.kleeradio.com)

## FIND 7 DIFFERENCES IN THIS PICTURE

Look closely and see if you can spot the 7 differences in this picture. Some are easy, others are more difficult to spot.



You can find 120 paper craft ideas and puzzles like the above by logging on to [www.kleeradio.com](http://www.kleeradio.com) and click on the "DOWNLOADS"

Page where you will find a treasure trove of Free Items to download and print on your home printer - these Free items are courtesy of K-LEE RADIO and This Week In CBRM

# [www.kleeradio.com](http://www.kleeradio.com)

## KIDS EASTER QUIZ

- 1 - In the Bible which apostle betrayed Jesus?  
(A) Peter (B) Paul (C) Judas
- 2 - The most popular Easter candy is  
(A) Chocolate Bunny (B) Peeps (C) Jelly Beans
- 3 - The idea of the Easter Bunny started in which country? (A) Germany (B) U. S. (C) France
- 4 - What flower is associated with Easter?  
(A) Rose (B) Lily (C) Carnation
- 5 - Name an Easter Game (A) Baseball  
(B) Easter egg Hunt (C) swimming
- 6 - What animal did Jesus ride into Jerusalem?  
(A) donkey (B) Camel (C) horse
- 7 - An Easter song is called Here Comes Peter \_\_\_\_\_  
(A) Rabbit (B) Bunny (C) Cotton Tail
- 8 - The word Easter comes from (A) A Goddess  
(B) the Dictionary (C) A Book
- 9 - The day Jesus died is called Good \_\_\_\_\_  
(A) Monday (B) Sunday (C) Friday
- 10 - What color of jellybean popular to children?  
(A) Yellow (B) Red (C) Black

## YOUR FREE SODUKO WEEKLY PUZZLE

6	3		5	4	1			
	8			9		6		1
				7				
8	5			2			6	
	6	1	7		5	8		9
			8				5	
2			1	6	9	5		
		7			2			
	1							

You can also get your Daily Soduko Puzzle and Crossword Puzzle by logging on to - [www.kleeradio.com](http://www.kleeradio.com) and clicking on the FEATURES Page. Also included is a DAILY FREE SOFTWARE giveaway. Logon today to get yours FREE!!

## TAX TIPS COLUMN

### Changes to benefits, credits, deductions, and programs

Canada Pension Plan (CPP) enhancement – Employed individuals should report their base CPP/Quebec Pension Plan (QPP) contributions on T4 earnings as a non-refundable tax credit at line 30800 of the income tax return. For 2019 and subsequent tax years, the new deduction for the enhanced CPP contributions on T4 earnings will be allowed at new line 22215 on the income tax return.

Self-employed individuals should report half of the base amount of their CPP/QPP contributions on self-employed income at line 31000 (formerly line 310 for 2018 and prior tax years) as a non-refundable tax credit. The other half of the base amount and the full amount of the enhanced CPP contributions on self-employed earnings will be allowed as a deduction at existing line 22200.

Canada training credit limit – Eligible workers of at least 25 years old and less than 65 years old at the end of 2019 and later years, and who meet certain conditions will accumulate \$250 a year, up to a lifetime limit of \$5,000 to be used in calculating their Canada Training Credit, a new refundable tax credit available for 2020 and future years.

Based on the information on their return, the CRA will determine their Canada training credit limit for the 2020 tax year and provide it to them on their notice of assessment for 2019 and will be available in My Account.

For 2020 and future years, an individual may be able to claim a Canada Training Credit equal to their Canada Training Credit Limit for the year or 50% of their eligible tuition and fees paid to an educational institution in Canada, whichever is less.

Canada workers benefit – The Canada workers benefit, formerly the working income tax benefit, is a refundable tax credit available to eligible individuals and families who work, but earn low income. As of February 2020, a simplified version of the advance payments application will be available in My Account.

Withdrawals have increased under the Home Buyers' Plan – The maximum amount that can be withdrawn from a registered retirement savings plan under the Home Buyers' Plan increased from \$25,000 to \$35,000, for withdrawals made after March 19, 2019.

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