**CLIP AND SAVE**  Official Province of Nova Scotia information visit https://novascotia.ca/coronavirus

Official Government of Canada information visit https://canada.ca/coronavirus or call 1-833-784-4397

Official Cape Breton Regional Municipality information http://cbrm.ns.ca/coronavirus or call 902-563-2276

**AND** SAVE



NORTHSIDE COMMUNITY NEWS

FREE

Vol. 10, No. 16 - APRIL 22nd - 2020

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**Auto Repair Ltd. and Muffler Man** 





# VE CAN'T DO IT - IT CAN'T BE DONE!

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# **Sandman's Bedtime Stories**

Monday through Friday at 6:00 pm on Cape Breton's Community **Radio Station - K-LEE RADIO** 

Kids Radio Show has stories, songs and a Trivia Quiz each night Also available on the website are stories you can download for children to listen to while staying indoors. There is a 120 Paper Craft file that has many printed projects to help fill up children's time during the day

K-LEE RADIO has committed to Specialty Radio Programming during the Corona Virus Outbreak and we also have programs for adults - check the Program Guide on the Main web page

www.kleeradio.com

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# NORTHSIDE COMMUNITY NEWS ITEMS

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#### SENIORS BINGO

The Regular BINGO SUNDAY after- 7 25 44 57 62 noon Bingo resumes. There will 2 28 37 55 68 be an Afternoon 10 27 39 59 75

BINGO Game at the Sydney Mines Seniors & Pensioners Club, 6 Fraser Avenue, Sydney Mines.

> Sunday BINGO **CANCELLED** indefinetly Updates will follow

Jackpot is \$650 on 50 #'s or less, plus Toonie Jackpot

**NOTE: - Management reserves** right to refuse admittance to the BINGO game.

**Royal Canadian Legion Branch 83 - Florence** 



EVERY THURSDAY

**DOORS OPEN 5 PM - CARDS ON SALE - 6:00 PM** 

7:00 pm - CASH PRIZES

EVERY CATHRDAY



Saturday - The CIRCLE **Sunday - BREAKFAST** 

**WASHER TOSS 8 PM FRI-**DAY - Prizes for



# **North Sydney Fire Hall**

THURSDAY NIGHT ONLY -

- Take Out of Free Delivery

#### CONTACT INFORMATION

#### **GLEN GRAY. EDITOR**

PH: 902-564-9022

**Email Address** glengray@kleeradio.com

PHANTOM COUNTRY with Kenny Walsh airs on K-LEE RADIO on Sundays at 6:00, Wednesday 8:30 - the best in Classic Country Music tune in to hear Kenny at www.kleeradio.com



Join us on our radio station every day, 24 hours a day for the very best selec-

tion of Cape Breton and Celtic Music - logon to our website to listen -

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# **NEW KIDS CRAFTS TO DOWNLOAD**



We have 120 Paper Crafts Projects to download plus 5 new ones just uploaded - Click the "DOWNLOADS" Page -

www.kleeradio.com



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# Keith Bain

MLA -Victoria-The Lakes

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#### **NEW DECOMPRESSION TABLE RELIEVES PAIN**

Darren Strong from Strong Chiropractic, announces a new, sophisticated computerized decompression table that allows the spine to be gently stretched and relaxed for spinal decompression therapy.

The pattern of alternating pulling and relaxing creates vacuum-like pressure which allows disc material that was herniated or protruded to be pulled back in the disc over time.

Patients will notice a reduction of their pain during these treatment sessions. Stop in today and ask about the new table and how you can benefit.

793 Mahon St., New Waterford - 862-9444 224 Commercial St. North Sydney - 241-9444

# **GENERAL TRIVIA QUIZ QUESTIONS**

- 1 Churchill, Sherman, and Panzer were all developed as types of what?
- 2 Who is author of 'On Her Majesty's Secret Service', 'Dr No'
- 3 Which record label did Michael Jackson first record on?
- 4 Which talk-show hostess appeared in The Color Purple?
- 5 Who recorded the album Dark Side Of the Moon?
- 6 Where are 40,000 Americans injured each year?
- 7 When was the euro introduced as legal currency?
- 8 What does the N stand for in NATO?
- 9 Which word goes before vest, beans and quartet?
- 10 Which day do the most auto accidents happen?
- 11 Who invented the rabies vaccine?
- 12 What's the ballet term for a 360-degree turn on one foot?
- 13 In which year did the Titanic sink?
- 14 Which mammal has the longest gestation period?
- 15 From which language did the word "Ketchup" originate?
- 16 What is the hardest substance in the human body?
- 17 What is the wood-carvers name in Pinocchio?
- 18 Name the phobia that is an abnormal fear of spiders?
- 19 Which soft green egg-shaped fruit comes from New Zealand?
- 20 What is the national sport of Japan?

18 Arachnophobia, 19 Kiwi, 20 Sumo Westling 14 Elephant, 15 Chinese, 16 Teeth, 17 Gepetto, 10 Saturday, 11 Louis Pasteur, 12 Pirouette, 13, 1912, 5 Pnk Floyd, 6 Bathroom, 7 Jan.1, 1999, 8 North, 9 Stri g, ANSWERS - 1 tanks, 2 Ian Fleming, 3 Mptown, 4 Oprah Winfrey,



# **STAGG'S TAXI GATEWAY TAXI**

992-794- 24

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# COMMUNITY NEWS ITEMS



Member of Parliament SYDNEY - VICTORIA

jaimebattiste.ca jaime.battiste@parl.gc.ca

(902) 567-6275





Tune into K-LEE RADIO for **Specialty Programming** during the Corona Virus Check the Program Guide for such shows as - Sandman's **Bedtime Stories, Late Nite** Oldies with Jack Cool, **Phantom Country with** Kenny Walsh, Golden Oldies with Glen Gray, Jazz Podcast, Kitchen Ceilidh, Pig & Whistle Show, Sing Along Show, The Storytellers and Old Time Radio Shows

#### **MURRAY RYAN. MLA - Northside-Westmount**

174 Commercial Street North Sydney, NS B2A1B4

PHONE

902-794-1030 FAX - 902-794-1029 mla@murrayryan.ca







Official Province of **Nova Scotia information** 

CLIP

visit https://novascotia.ca/coronavirus



24/7

# **ROYAL CANADIAN LEGION - SYDNEY MINES - 736-3206**



Tuesday bingo *GAME* 

NOW AT - 7:30 PM Hall Rental Available - 736-3206



**BINGO Tues.** 7:30 PM Bigger Games & **Prizes** 



I have noticed that there are many more apparent violations of the social distancing in the last week - people walking alongside one another and others chatting with neighbours and crowding in some fast food outlets some of the excuses I have heard are - "it only affects older people" or "I don't have any symptoms"..... we have learned from medical experts that you may be carrying the virus and not experience any symptoms or very mild ones - I ask you to take the social distancing seriously until the outbreak is contained - instances of house parties are just not in the best interests of any Cape Bretoners... I have included some recent guidelines printed in the Cape Breton Post by Sharon Montgomery - As of Monday, regional police have issued 66 violations under the provincial state of emergency and have now received more than 500 calls related to COVID-19 complaints.

Magnus said police are often asked about driving regulations and the number of persons permitted in a vehicle.

The Health Protection Act states that all Nova Scotians must maintain a distance of six feet apart from one another.

"If you can't be six feet apart in the same vehicle, then you can't be in the same vehicle with that person," she said.

However, the exceptions would be people who live in the same household because they already share the same physical space, so social distancing wouldn't be a factor. Vehicle exceptions also include essential workers travelling to work — such as healthcare workers — who are exempt from social-distancing rules.

"If those individuals are travelling to the same place of work and there's no other means for them to get there, it would likely be OK for them to carpool together."

Magnus said police will continue to enforce the law and suggests the public educate themselves by going to www.novascotia.ca/coronavirus for more information.

Anyone with concerns regarding COVID-19 issues is asked to telephone the non-emergency police number 902-563-5151.



## NORTHSIDE COMMUNITY NEWS/EVENTS



#### BIRTHDAY WISHES

If you have any birthday wishes you want to send in, we are still publishing a weekly electronic edition of our paper until the Legions, Fire Halls, Libraries and local businesses are able to open again. Send your Birthday Wishes to us at this email address -

thisweek@kleeradio.com



# COMMUNITY RADIO **PROGRAMMING**

K-LEE RADIO is your local Community Radio Station and provides local music programming meant for Cape Breton audiences.

We broadcast 24 Hours a Day - 7 Days A Week with the Best in Sape Breton &

**COMMIT RADIO** 

Celtic Music - Tune in to our station

Check out the list of Kids activities we have on our websiite to keep your children occupied during their extended stay at home - Logon to the "DOWNLOAD" page www.kleeradio.com



# 7 PIECE CHICKEN





# 18 PIECE CHICKEN

Large Fries, Med. Gravy, 2 Med. Salad, 6 rolls PLUS TAX

Upsize Your Fries ..... 99c Located in Bras d'Or on **Trans Canada Highway** 

- HOURS OF OPERATION -11:00 AM - 10:00 pm PHONE

Sydney Mines Seniors& Pensioners LLED CANCELLED vdney Mines -

Last Friday of the month 45s Card Game starting at 7:30

#### Some News items courtesy of **Swing Over** The Mountain News

logon to website ww.sotmnews.weebly.com monthly newsletter



The need is even now,



# Brian Joseph McGean Sydney Mines

"A family is a circle of love, not broken by a loss but made stronger by the memories. We are forever blessed that God connected us to you."

Brian passed away suddenly at home on Saturday April 18th, 2020 with his loving wife, Rayeanne, at his side. He was the youngest child of the late Howard and Frances (Hoskins) McGean, born on August 3rd, 1957 in Sydney Mines. He is survived by his wife, Rayeanne LeBlanc of Sydney Mines, his much-loved stepchildren, Vicki (Doug), Brigid and Tony and his beautiful grand daughter, Zora. Brian is also survived by his loving siblings, Estelle, Heather, Rachael (Dave), Sharon, Jackie and Gerard, his mother and father-in-law Shirley and Doug LeBlanc, sisters-in-law Dee-Ann (Blair) Maltby and Maureen McGean, many nieces and nephews and cherished friends. Besides his mom and dad, Brian was also predeceased by his siblings, Kevin (died in infancy), Basil and Colleen, nephew Kevin as well as brother and sisters-in-law, Norman, Neila and Leona.

Brian began his banking career with Household Financial Corporation, North Sydney in 1978 followed by a transfer to Halifax where he went on to work with Scotiabank for over twenty years. Finally, in 2000 Brian was able to move back to the home of his heart, Cape Breton, working as manager of the Princess Credit Union for the next twenty years.

Brian has been a very involved and passionate member within his community serving as Chairman of the Board of Directors for the Northside Homemakers Service, Miners Memorial Manor, Sydney Mines & District Community Center and Kinsman Day Care Center. He was also a member of Branch 8 Legion, Sydney Mines. He has been a member of the Knights of Columbus (Santa Maria Council 2024) for over forty years, a 4th degree Knight, Past Grand Knight and most recently Financial Secretary. At The State Level, he was a Past State Deputy.

Above and beyond, Brian was a man of integrity always providing unconditional love and support for the people and things he believed in. He loved his family and friends fiercely. He was an unsung hero, always helping and giving within his community whenever and wherever needed. Nothing he liked better than sitting at his favorite summer hangout, Frankies Pond, telling a few stories to whomever was willing to listen. He loved the simple things in life and was eagerly anticipating a retirement of relaxing at home, travelling with his family, tinkering in his yard and garage but most importantly spending so much more time with his cherished family and friends. We will miss his wisdom, strength, presence, treasured memories we have shared, but most of all his unconditional love for each of us.

Cremation has taken place. A celebration of Brian's life will take place at a later date. Donations in Memory of Brian may be made to a charity of your choice.

Words of comfort may be expressed to his family at www.jmjobesfuneralhome.com

"It's hard to forget someone who gave so much to remember"

# Take 2

3 years ago last month the world lost the TRUE king of rock and roll; Chuck Berry was credited by the likes of The Rolling Stones, Bruce Springsteen, The Beatles and countless other rock and roll pioneers as such. According to Rolling Stone magazine Chuck Berry was a very hard person to get along with, did have

a shady past, and burned many bridges over the years-but no one could deny the fact that he invented rock and roll. This album "Chuck" was a bitters weet release-it had

been 38 years since Chuck Berry released an album, and this was his last. Recording was completed on schedule before Chuck's death, for which his estate was prepared; three days after his death (on March 18th) it was announced that the album would be released on June 16, 2017. Also on that day Chuck Berry's first single in 40 years hit the airwaves; "Big Boys" was a signature Chuck Berry song that's a blast from the past to the heyday of oldies rock and roll, and is a wicked tune all about a teenager wanting to

do all the things that the big boys do. Even more significant is the sequel song "Lady B. Goode" which is almost a carbon copy of the original song, but has enough of a new vibe to make it an instant classic. As for the other songs here, "Wonderful Woman" is an updated homage to his wife of 68 years (the first song was, of course "Little Queenie"). There is a live version of the borderline silly, but so enjoyable "3/4 time" and "You Go To My Head" sounds steamy and sultry. On a

different note
"Darlin" is a slow
jam that sounds
like an old
country honkytonk standard,
which Berry
wrote for his
daughter, and
"Jamaica Moon" is
a rum-heavy ditty,

complete with 'ya mon' Rasta style vocals. One of the most heartfelt songs on the album is "She Still Loves You", which comes across as very personal and intimate, with Chuck Berry's signature guitar solos. The album closes off with the number "Eyes Of A Man" and it's a fitting close on the final chapter of the music of Charles Edward Anderson Berry-born on October 18th, 1926-died on March 18th, 2017. Chuck can duke it out with Elvis Presley in the great beyond for who is the true King of Rock and Roll-my money is on Berry to win by a TKO.





time at home!
Call Paul @ 736-9402

# NORTHSIDE COMMUNITY NEWS



## NORTH SYDNEY LIBRARY NEWS

ALL LIBRARIES IN NOVA SCOTIA CLOSED Indefinitely



# BRANCH 008 LEGION NEWS

Legion Is Closed Until Further Notice

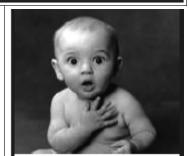
If you like Soduko Puzzles, logon to our website and enjoy a Daily Puzzle along with a new Daily Crossword Puzzle - Logon at -

#### www.kleeradio.com



Don't Forget our Food Banks during the Corona Outbreak

Check out our website for things to occupy you and your children's time **www.kleeradio.com** 



# Whaddya Mean "They're All Gone??

If you missed out on Northside This Week just go to our website .....

www.kleeradio.com and you can download an electronic copy or print a copy on your home computer. Great for sending to folks "away."

#### Senior Fitness Classes

Free Senior Functional Fitness Classes for men & women Classes focus on activities of delicated cluding strent CANCELED cluding strent CANCELED cluding strent wednesday, Mar.11th, 12.30—1.30 pm. at the Florence Legion. Sponsed by the Sydner CANCELED by the Sydner CANCELED by the Paul Conference with a grant from the Community Health Board.

Instructor Patsy MacKenzie. Come join us as we venture into this new experience.

# JACK COOL K-LEE RADIO DJ NEWS

A few weeks ago I had the pleasure of interviewing writer-producer-director and actor Bo Seven's Bo is best remembered for playing Buford Pusser in the

1975 film Walking Tall part 2 he was also in 1977 Walking Tall. the Final Chapter and Walking Tall the TV series where he was cast in those movies and the TV series as Burford Pusser which came in 1981.

Bo is also best remembered for the 1978 film the Inglourious Bastards where he was cast as Lt. Robert Yeager. It was directed by Enzo G. Castellari. He was also recast in the remake of Inglourious Bastards which came out in 2009 directed by Quentin Tarantino.

He was cast as an American Colonel. He Co-produced the

1998 film Yukie and also 2006 film Raising Jeffrey Dahmer where he was also cast as Detective John Amos.Bo Svensons projects are "So Don't Call Me Sir!"

A young Jewish woman's fight for equality

"A Dream of America" An epic love story

"The Viking Legacy"

The arrival in America by the Norse 500 years b e f o r e Columbus

"A Champion For All"

A young martial artist's quest for his father's approval

"Six Days in America"
She is a black gospel singer.
He is white and is told he is dying.

"Last Chance"

And 'Anything Goes' Nightclub.

And that's just the way it was for K - LEE radio DJ news, now you're up-to-date I'm Jack Cool



Late Night Oldies with Jack Cool - Friday at 11 pm & Wednesday at 6:30 pm on

www.kleeradio.com

# **All-Star Auto**



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# Lots of Free Downloads available on our website www.kleeradio.com

For the latest and most comprehensive list of local events, logon to - www.musiccapebreton.com
Mike Little updates his listings each week.

Some News Items courtesy of Swing Over The Mountain Newlsletter - Login to read it at - http://sotmnews.weebly.com



Thurs. 9 - 7 - Fri. 9-5 - Sat. 9 - 4

Gift Certificates Available

T-Zone Vibration Available

363 Main St. **736-777** 

# INSIDE LOOKING OUTSIDE'

Inside looking outside I see a trace of snow

Inside looking outside I see a robin

Inside looking outside I see a delivery van

Inside looking outside I see postman

Inside looking outside I see trees bending in the wind Inside looking outside I see changing of season Inside looking outside I see nobody at my door and inside looking outside I know I'm safe

# SING ALONG SHOW ON K-LEE RADIO 2

© RON GILLIS



K-LEE RADIO is producing Specialty Programming during the Corona Virus outbreak. One of the programs is the Sing Along Show which features popular songs that everybody knows and loves to sing.

There is also an 80 page Lyrics Handbook which is available to download for Free.

The show airs on Tuesdays at 6:30 pm and Thursdays at 6:30 pm on the K-LEE RADIO 2 internet stream.

If you like to sing, this show is made for you. K-LEE RADIO is committed to providing entertainment while you are waiting at home.

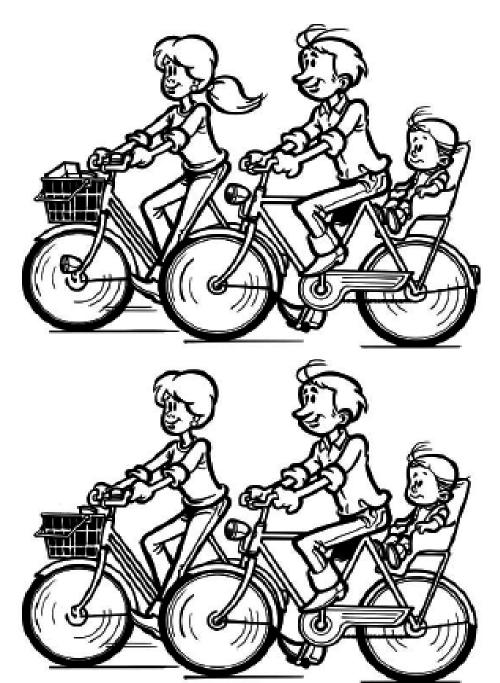
Logon to the website at - www.kleeradio.com

#### WASHING HANDS TIP

You should wash your hands for 20 seconds and if you sing the "Happy Birthday" song, that's how long 20 seconds is - tell your kids.

## FIND 7 DIFFERENCES IN THIS PICTURE

Look closely and see if you can spot the 7 differences in this picture. Some are easy, others are more difficult to spot.



You can find 120 paper craft ideas and puzzles like the above by logging on to www.kleeradio.com and clck on the "DOWNLOADS" Page where you will find a treasure trove of Free Items to download and print on your home printer - these Free items are courtesy of K-LEE RADIO and This Week In CBRM

www.kleeradio.com

## KIDS TRIVIA QUIZ

1 - What food is the most ordered in Canada?

(A) Chicken

(B) Pizza

- (C) Hamburgers
- 2 What is the world record for number of hotdogs eaten at 1 time? (A) 25 (B) 40 (C) 72
- 3 What contains more sugar?

(A) Lemons (B) strawberries (C) Blueberries

- 4 Who lives in a pineapple under the sea? (A) Shrek (B) Sponge Bob (C) Sharkey
- 5 How many weeks are in 1 year? (A) 30 (B) 40 (C) 52
- 6 Which animal is known as the 'Ship of the Desert?' (A) Camel (B) Horse (C) Elephant
- 7 What do you call a shape that has five sides? (A) Square (B) Pentagon (C) Hexagon
- 8 What do you call a house made of ice? (A) Yert (B) Shack (C) Igloo
- 9 How many lungs does the human body have? ((4)(B) 2 (C) 1
- 10 How many strings does a guitar have? (B) 5 (C) 4(6)

**VICEMERS** - 1A, 2C, 3A, 4B, 5C, 6A, 7B, 8C, 9B, 10A

# **YOUR FREE SODUKO WEEKLY PUZZLE**

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You can also get your Daily Soduko Puzzle and Crossword Puzzle by logging on to - www.kleeradio.com and clicking on the FEATURES Page. Also inlcuded is a DAILY FREE SOFTWARE giveaway. Logon today to get yours FREE!!

# TAX TIPS COLUMN

BENEFITS AND CREDITS - Canada training credit limit -Eligible workers of at least 25 years old and less than 65 years old at the end of 2019 and later years, and who meet certain conditions will accumulate \$250 a year, up to a lifetime limit of \$5,000 to be used in calculating their Canada Training Credit, a new refundable tax credit available for 2020 and future years.

Based on the information on their return, the CRA will determine their Canada training credit limit for the 2020 tax year and provide it to them on their notice of assessment for 2019 and will be available in My Account.

For 2020 and future years, an individual may be able to claim a Canada Training Credit equal to their Canada Training Credit Limit for the year or 50% of their eligible tuition and fees paid to an educational Institution in Canada, whichever is less.

CANADA WORKERS BENEFIT - The Canada workers benefit, formerly the working income tax benefit, is a refundable tax credit available to eligible individuals and families who work, but earn low income. As of February 2020, a simplified version of the advance payments application will be available in My Account.

CANADA PENSION PLAN (CPP) ENHANCEMENT - On January 1, 2019, Canadians began contributing more to the Canada Pension Plan. You can claim a deduction for your enhanced contributions to the CPP. Annual contribution rates will rise modestly over seven years. This change helps increase retirement income for working Canadians and their families.

**CHANGES FOR INDIVIDUALS AND FAMILIES - Withdrawals** have increased under the Home Buyers' Plan – The maximum amount you can withdraw from your registered retirement savings plan under the Home Buyers' Plan increased from \$25,000 to \$35,000 for withdrawals made after March 19, 2019.

**CANNABIS AS A MEDICAL EXPENSE** – Certain cannabis products bought for a patient for medical purposes are eligible for the medical expense tax credit. The patient must: be a holder of a medical document as defined in the Cannabis Regulations be registered as a client of the holder of a licence for sale; and make their purchases from the holder of a licence for sale they are registered with.

# Are you behind? We understand it happens!

We can help! We prepare and file any of the last 10 years for just





Call today 902-317-4829 email help@northsidetax.com