CLIP AND SAVE Official Province of Nova Scotia information visit https://novascotia.ca/coronavirus

Official Government of Canada information visit https://canada.ca/coronavirus or call 1-833-784-4397

Official Cape Breton Regional Municipality information http://cbrm.ns.ca/coronavirus or call 902-563-2276

CLIP AND SAVE



THIS WEEK

NORTHSIDE COMMUNITY NEWS

FREE

FREE

Vol. 10, No. 17 - APRIL 29th - 2020

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SANDMAN'S STORYTIME

Monday through Friday at 6:00 pm on Cape Breton's Community Radio Station - K-LEE RADIO

Kids Radio Show has stories, songs and a Trivia Quiz each night Also available on the website are stories you can download for children to listen to while staying indoors. There is a 120 Paper Craft file that has many printed projects to help fill up children's time during the day

K-LEE RADIO has committed to Specialty Radio Programming during the Corona Virus Outbreak and we also have programs for adults - check the Program Guide on the Main web page

www.kleeradio.com

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NORTHSIDE COMMUNITY NEWS ITEMS

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SENIORS BINGO

The Regular BINGO SUNDAY after- 7 25 44 57 62 noon Bingo resumes. There will 2 28 37 55 68 be an Afternoon 10 27 39 59 75

BINGO Game at the Sydney Mines Seniors & Pensioners Club, 6 Fraser Avenue, Sydney Mines.

> Sunday BINGO **CANCELLED** indefinetly Updates will follow

Jackpot is \$650 on 50 #'s or less, plus Toonie Jackpot

NOTE: - Management reserves right to refuse admittance to the BINGO game.

Royal Canadian Legion Branch 83 - Florence



EVERY THURSDAY

DOORS OPEN 5 PM - CARDS ON SALE - 6:00 PM

7:00 pm - CASH PRIZES

EVERY CATHRDAY



Saturday - The CIRCLE **Sunday - BREAKFAST**

WASHER TOSS 8 PM FRI-DAY - Prizes for



North Sydney Fire Hall

THURSDAY NIGHT ONLY -

- Take Out of Free Delivery

CONTACT INFORMATION

GLEN GRAY. EDITOR

PH: 902-564-9022

Email Address glengray@kleeradio.com

PHANTOM COUNTRY with Kenny Walsh airs on K-LEE RADIO on Sundays at 6:00, Wednesday 8:30 - the best in Classic Country Music tune in to hear Kenny at www.kleeradio.com



Join us on our radio station every day, 24 hours a day for the very best selec-

tion of Cape Breton and Celtic Music - logon to our website to listen -

www.kleeradio.com

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NEW KIDS CRAFTS TO DOWNLOAD



We have 120 Paper Crafts Projects to download plus 5 new ones just uploaded - Click the "DOWNLOADS" Page -

www.kleeradio.com



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Keith Bain

MLA -Victoria-The Lakes

1415 Highway 105, Bras d'Or, NS, B1Y 2NS 902-736-0301 (Office) 902-736-0411 (Fax)

keithbainmla@bellaliant.com

NEW DECOMPRESSION TABLE RELIEVES PAIN

Darren Strong from Strong Chiropractic, announces a new, sophisticated computerized decompression table that allows the spine to be gently stretched and relaxed for spinal decompression therapy.

The pattern of alternating pulling and relaxing creates vacuum-like pressure which allows disc material that was herniated or protruded to be pulled back in the disc over time.

Patients will notice a reduction of their pain during these treatment sessions. Stop in today and ask about the new table and how you can benefit.

793 Mahon St., New Waterford - 862-9444 224 Commercial St. North Sydney - 241-9444

GENERAL TRIVIA QUIZ QUESTIONS

- 1 Who discovered penicillin?
- 2 What is meteorology the study of?
- 3 Which auto brand was the first to offer seat belts?
- 4 In what year was the Corvette introduced?
- 5 Which country produces the most world coffee?
- 6 What name does deer meat go by?
- 7 In which body part can you find the femur?
- 8 How many times does the heart beat per day?
- 9 Which continent is the largest?
- 10 Which musical legend is Jay-Z married to?
- 11 How many James Bond movies did Sean Connery play James Bond?
- 12 How many hearts does an octopus have?
- 13 What did the dwarves in Snow White mine?
- 14 How many Chance squares are in Monopoly?
- 15 Nintendo was sued for infringing what film?
- 16 Which Williams sister won more Grand Slams?
- 17- Google, Safari, Firefox are types of what?
- 18 What percentage of our bodies is made up of water?

17 - web browsers, 18 60-65%

15 - King Kong (the suitt was unsuccessful), 16 - Serena, 10 Beyonce, 11 - Seven, 12 - Three, 13 - diamonds, 14 - Three, 5 Brazil, 6 Venison, 7 Leg, 8 approximately 100,000, 9 Asia, ANSWERS - 1 Fleming, 2 Weather, 3 Nash Motors, 4 1963,



STAGG'S TAXI GATEWAY TAXI

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COMMUNITY NEWS ITEMS



Member of Parliament SYDNEY - VICTORIA

jaimebattiste.ca jaime.battiste@parl.gc.ca

(902) 567-6275





Tune into K-LEE RADIO for **Specialty Programming** during the Corona Virus Check the Program Guide for such shows as - Sandman's Storytime, Late Nite Oldies with Jack Cool, Phantom Country with Kenny Walsh, Golden Oldies with Glen Gray, Jazz Podcast, Kitchen Ceilidh, Pig & Whistle Show, Sing Along Show, The Storytellers and Old Time Radio Shows

MURRAY RYAN, MLA - Northside-Westmount

174 Commercial Street North Sydney, NS B2A1B4

PHONE

902-794-1030 FAX - 902-794-1029 mla@murrayryan.ca







Official Province of **Nova Scotia information** visit https://novascotia.ca/coronavirus



ROYAL CANADIAN LEGION - SYDNEY MINES - 736-3206



24/7



TUESDAY BINGO GAME

NOW AT - 7:30 PM Hall Rental Available - 736-3206



BINGO Tues. 7:30 PM Bigger Games & **Prizes**

I was saddened this past week to hear of the death of Brian McGean who was a tireless community worker and manager of the Princess Credit Union - our condolences go out to his wife Rayanne and his extended family... Condolences also go out to the many members of last week's tragic shooting spree in Nova Scotia - It's hard to fathom what goes through a person's mind to be able to commit such wanton acts of violence and in some cases, absolutley random victims - it will take a long time to get over and recover from such a tragedy - I particulalry liked the **Nova Scotia tribute** and the many musicians who took part Natalie MacMaster's performance was especially touching and poignant and brought a tear to many eyes....Check out the story in Tuesday's Cape Breton Post about Albert Bonnar and Bonnar's Meats - it is a story of innovation and business entreprenurism.... Cape Bretoners are a very sociable people and we miss communicating with our friends and family..... one area I can't really understand is the restriction on outdoors and especially fishing - I am an avid fisherman and when fishing I am not near anybody and naturally if you are out in a boat, there is no one around for a thousand yards, I don't understand the logic of restricting such activities now that the weather is starting to get warmer..... and the children are finding it harder to stay indoors all day and I hope playgrounds and parks will open soon - parents and children would abide by the social distancing restrictions without too much prompting... K-LEE RADIO is in the process of planning several free outdoor concerts to celebrate our liberation - they will be held in several local CBRM public spaces - keep reading our paper to find out when one is coming to your area..... It will take some time before we begin to publish a paper copy again, I think it will be in July before the businesses, librairies, Legions, Fire halls and church halls are open to the public - I can't wait - I really miss being out in the public and communicating with our readers - till then, stay safe and observe the COVID-19 guidelines - Glen



NORTHSIDE COMMUNITY NEWS/EVENTS



BIRTHDAY WISHES

If you have any birthday wishes you want to send in, we are still publishing a weekly electronic edition of our paper until the Legions, Fire Halls, Libraries and local businesses are able to open again. Send your Birthday Wishes to us at this email address -

thisweek@kleeradio.com



COMMUNITY **RADIO PROGRAMMING**

K-LEE RADIO is your local Community Radio Station and provides local music programming meant for Cape Breton audiences.

We broadcast 24 Hours a Day - 7 Days A Week with the Best in Sape Breton &

COMMIT RADIO

Celtic Music - Tune in to our station

Check out the list of Kids activities we have on our websiite to keep your children occupied during their extended stay at home - Logon to the "DOWNLOAD" page www.kleeradio.com





7 PIECE CHICKEN

Med. Fries, Medium Gravy,

3 rolls



4 rolls **PLUS TAX**



6 rolls PLUS TAX

Upsize Your Fries 99c Located in Bras d'Or on **Trans Canada Highway**

- HOURS OF OPERATION -11:00 AM - 10:00 pm PHONE

Sydney Mines Seniors& Pensioners LLED CANCELLED vdney Mines -

Last Friday of the month 45s Card Game starting at 7:30

Some News items courtesy of **Swing Over** The Mountain News

logon to website www.sotmnews.weebly.com monthly newsletter



The need is even now, help out.

The Fake Treasure Map

Kids love to play practical jokes on one another. I particularly like this one as the tables were turned. My younger brother had a fascination with pirates and played at being a pirate all the time. He even had an eye patch and fake sword.

He came to me and asked if I could make him a fake treasure map on my computer and make it look real. I got some parchment paper, wrinkled it up a bit and smeared some dirt on it to make it look old. I had placed some directions on it around our bungalow in East Bay. Of course, I marked several "hot spots" with x's indicating a treasure was buried there.

My brother showed the map to all the kids around our bungalow. Some were skeptical but a few really thought the map was real. To play a trick on my brother, I buried a couple of tin boxes I got at the dollar store and put old coins and tokens in them.

My brother thought it would be a great joke to sell



the map to one of the unsuspecting kids. One offered him two dollars for the map and my brother took it with a smile. Several of the boys went looking for the treasure and came back after about a half hour running with the box of old coins. They brought it to me and asked what did I think it was worth.

Pretending to examine the "treasure" I said I was sure it was valuable. The look on my brother's face was priceless. When the kids found the second treasure, my brother was beside himself. He offered four dollars for the map, then five dollars and finally ten dollars.

In the meantime, I had tipped off the original buyer of the map and he was only too glad to get his money back and eight dollars profit. I let my younger brother dig all day looking for the additional treasure. When he finally came home at night exhausted by all the digging, he vowed to get up early and find the remaining treasure.

I took pity on him and told him what I had done. He got really mad and stormed out of the living room and went to bed. However, in the morning, after he had a good sleep, he laughed it off and thought it was funny.

I never gave it much thought after that until last week when my nephew ran up to me with a treasure map saying he was going hunting pirate treasure.

I smiled and looked at my brother. He was beaming with the memory of Capt. Kidd's treasure.

Take 2

I was looking back at some albums that were surprises; this one was Cyndi Lauper's last album to date and with "Detour" some people found it odd that she'd do an entire album of old style country and western songs, but remember Cyndi's first album was called "She's So Unusual". A common thread in country songs is the 'here in the real world'

observations, and some of the lyrics of Cyndi's biggest hits like "money changes everything" and "after the working day is done, girls just wanna have fun" had that link to the average Jane or Joe. To



flower. To further back up Cyndi's star status she's pulled out some of the big guns in country music to support this album; Vince Gill jumps on the bandwagon for the light-hearted love song "You're The Reason Our Kids Are Ugly", the 'redheaded stranger' Willie Nelson duets with Cyndi on the bluesy song "Night Life", and Alison Krauss joins Cyndi on the classic Dolly Parton song "Hard Candy Christmas". Emmylou Harris also does a vocal twostep duet with Cyndi on the album's namesake song

"Detour" (which was actually written in 1945 and is considered a Western swing song) and Jewel swings by for a do-se-do on "I Want To Be A C o w b o v's

Sweetheart"; both songs reminds me of K.D. Lang's early days when she was known more for light and slightly quirky songs, complete with yodeling. Other standards covered are "I Fall To Pieces" and "Misty Blue"; both were written in the early and mid-1960's respectively, and it's as if they were tailor-made for Cyndi's amazing voice on them. If you like old-style country and western songs, and find that most of today's country (basically pop music with cowboy hats) just ain't cuttin' it for ya, check this album out. You'll be toe-tapping in no time. Enjoy!



"Stevie's Jamboree"

9 shows on 6 DVD's \$20 in total Recorded from the TV Master tapes by the show's producer so they are the Best quality possible. A great way to spend time at home! Call Paul @ 736-9402

NORTHSIDE COMMUNITY NEWS



NORTH SYDNEY LIBRARY NEWS

ALL LIBRARIES IN NOVA SCOTIA CLOSED Indefinitely



BRANCH 008 LEGION NEWS

Legion Is Closed Until Further Notice

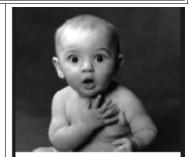
If you like Soduko Puzzles, logon to our website and enjoy a Daily Puzzle along with a new Daily Crossword Puzzle - Logon at -

www.kleeradio.com



Don't Forget our Food Banks during the Corona Outbreak

Check out our website for things to occupy you and your children's time **www.kleeradio.com**



Whaddya Mean "They're All Gone??

If you missed out on Northside This Week just go to our website

www.kleeradio.com and you can download an electronic copy or print a copy on your home computer. Great for sending to folks "away."

Senior Fitness Classes

Free Senior Functional Fitness Classes for men & women Classes focus on activities of dail LED cluding strent CANCELLED cluding strent CANCELLED cluding strent GANCELLED cluding strent de multi joint flexibility. Classes start Wednesday, Mar.11th, 12.30—1.30 pm. at the Florence Legion. Sponse D by the Sydne CANCELLED by the Sydne CANCELLED by the Paul Conference with a grant from the Community Health Board.

Instructor Patsy MacKenzie. Come join us as we venture into this new experience.

JACK GOOL K-LEE RADIO DJ NEWS

Before I talk about the person a few weeks ago I had the pleasure of interviewing I would first like to acknowledge Harlan Boll of B Harlan Boll's public relations who has worked and represented actors such as



Richard Pryor Jr., actresses like Marion Ross, Geri Jewell and so many more.

I would like to take this time to thank Harlan for all he does for me I think I am speaking for everybody Harlan when I say you are the best of the best

I highly respect you as a business person a publicist and as a friend, that being said. I had the absolute pleasure a few weeks ago of interviewing Roslyn kind she is the sister of actress and singer Barbra Streisand.

Roslyn singles Light of Love and Save the Country are available Digitally across the board iTunes, Amazon, YouTube, Spotify, CD Baby, etc. and that's just the way it was for K-Lee radio DJ news now you're up to date on Jack cool



Late Night Oldies with Jack Cool Friday at 11 pm & Wednesday at 6:30 pm on

www.kleeradio.com

If you like Trivia Quizzes, we have a General Trivia Quiz on Page 3 and Kids Trivia on Page 8 of this edition. Each evening Monday through Friday, we also have a Kids trivia Quiz on Sandman's Storytime at 6:00 each evening on Kids Radio - www.kleeradio.com



Lots of Free Downloads available on our website www.kleeradio.com

For the latest and most comprehensive list of local events, logon to - **www.musiccapebreton.com**Mike Little updates his listings each week.

Some News Items courtesy of Swing Over The Mountain NewIsletter - Login to read it at - http://sotmnews.weebly.com

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FREE SONG DOWNLOAD World Without A Song

Northisde songwriter/poet Ron Gillis has penned another song and has graciously offered to have you download a free copy from our website.

Ron has written many local songs and poems over the past few years and Kenny Walsh handles the vocals and music for this song.

Go to the our website and click on the top of the page to the "DOWNLOADS" page and it is the first item on the list. See what else there is while you're there. Logon to our site

www.kleeradio.com

SING ALONG SHOW ON K-LEE RADIO 2



K-LEE RADIO is producing Specialty Programming during the Corona Virus outbreak. One of the programs is the Sing Along Show which features popular songs that everybody knows and loves to sing.

There is also an 80 page Lyrics Handbook which is available to download for Free.

The show airs on Tuesdays at 6:30 pm and Thursdays at 6:30 pm on the K-LEE RADIO 2 internet stream.

If you like to sing, this show is made for you. K-LEE RADIO is committed to providing entertainment while you are waiting at home.

Logon to the website at -

www.kleeradio.com

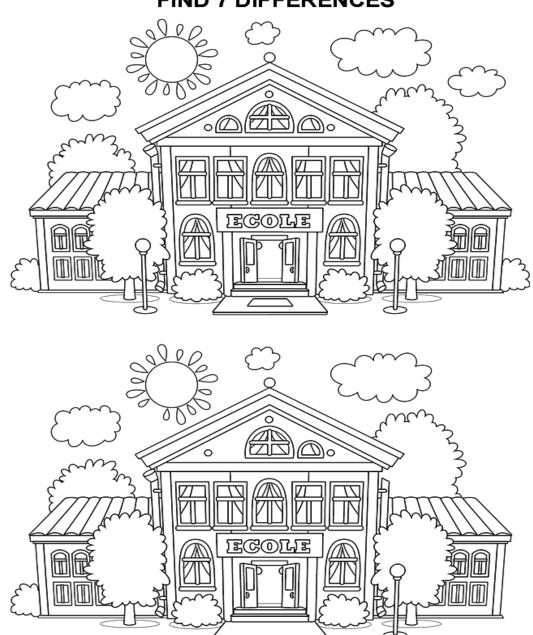
WASHING HANDS TIP

You should wash your hands for 20 seconds and if you sing the "Happy Birthday" song, that's how long 20 seconds is - tell your kids.

FIND 7 DIFFERENCES IN THIS PICTURE

Look closely and see if you can spot the 7 differences in this picture. Some are easy, others are more difficult to spot.

FIND 7 DIFFERENCES



You can find 120 paper craft ideas and puzzles like the above by logging on to www.kleeradio.com and clck on the "DOWNLOADS"

Page where you will find a treasure trove of Free Items to download and print on your home printer - these Free items are courtesy of K-LEE RADIO and This Week In CBRM

www.kleeradio.com

KIDS TRIVIA QUIZ

- 1 What food is the most ordered in Canada?
 - (A) Chicken
- (B) Pizza (C) Hamburgers
- 2 What is the world record for number of hotdogs eaten at 1 time? (A) 25 (B) 40 (C) 72
- 3 What contains more sugar? (
 - A) Lemons
- (B) strawberries (C) Blueberries
- 4 Who lives in a pineapple under the sea?
 - (A) Shrek
- (B) Sponge Bob (C) Sharkey
- 5 How many weeks are in 1 year? (A) 30 (B) 40 (C) 52
- 6 Which animal is known as the 'Ship of the Desert?'
 - (A) Camel (B) Horse (C) Elephant
- 7 What do you call a shape that has five sides? A) Square (B) Pentagon (C) Hexagon
- 8 What do you call a house made of ice?
 - (A) Yert (B) Shack (C) Igloo
- 9 How many lungs does the human body have? (4) (B) 2 (C) 1
- 10 How many strings does a guitar have? (A) 6 (B) 5 (C) 4

VICENSE - 14, 2C, 3A, 4B, 5C, 6A, 7B, 8C, 9B, 10A

YOUR FREE SODUKO WEEKLY PUZZLE 6 9 8 4 5 6 5 3

You can also get your Daily Soduko Puzzle and Crossword Puzzle by logging on to - www.kleeradio.com and clicking on the FEATURES Page. Also inlcuded is a DAILY FREE SOFTWARE giveaway. Logon today to get yours FREE!!

TAX TIPS COLUMN

Filing For An Elderly Parent

FILE A TAX RETURN - Even if they did not earn an income, they could be entitled to other credits, deductions and benefits that are triggered once you file a tax return. For example, they need to file a tax return to receive the Guaranteed Income Supplement (GIS). And filing late could interrupt the GIS benefit. Split pension income and save - Seniors are allowed to split up to half of their eligible pension income with a spouse or common law partner. Income splitting can mean a significant tax reduction and when the lower income spouse has very little income,

: If one parent is unable to completely offset his or her age amount, pension income and disability amount against tax payable, they can transfer their unused portion to the other parent's return.

the tax savings can be substantial Transfer amounts

MEDICAL EXPENSES - It is usually advantageous for medical expenses to be claimed by the lower income spouse, assuming they have tax payable against which to offset them. If your parents travelled to another country and purchased medical insurance for the trip, it is considered a medical expense. If they travelled to obtain medical treatment that was not available where they live, they may be able to claim the cost of transportation, meals and accommodation depending on how far they needed

BENEFITS FOR CAREGIVERS -: If you have a parent who is dependent on you due to an infirmity and their income is less than \$22,996, you may be able to claim the Canada caregiver credit. infirming contrast to previous years, the parent does not have to live with you, but he or she does have to be infirm

DISABILITY TAX CREDIT - If your parent qualifies for the Disability Tax Credit but does not have sufficient taxable income to take advantage of it, they may be able to transfer the unused amount to you. They must depend on you for all or some of the basic necessities of life for the transfer to be allowed.

ATTENDANT CARE PAID TO A RETIREMENT HOME - : A senior who is eligible for the Disability Tax Credit can claim this amount as a medical expense. If they do not qualify for the disability amount, a medical practitioner must certify in writing that the person needs a full time attendant due to mental or physical infirmity and will li kely continue to be dependent on others for the long term

Are you behind? We understand it happens!

We can help! We prepare and file any of the last 10 years for just





ACCOUNTING & Call today 902-317-4829 email help@northsidetax.com