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FREE

THIS WEEK

NORTHSIDE COMMUNITY NEWS

FREE

Vol. 10, No. 5 - FEBRUARY 5th - 2020



VS



Tune in on February 8th to see my Montreal Canadiens whip the Toronto Maple Leafs - The North Sydney Fire Hall and the Sydney Mines Branch 008 Legion will host the game - kitchens open - have a brew, eat some food and weep for the Leafs!!!



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NORTHSIDE COMMUNITY NEWS ITEMS

SENIORS BINGO

The Regular SUNDAY afternoon Bingo resumes. There will be an Afternoon BINGO Game at the Sydney Mines Seniors & Pensioners Club, 6 Fraser Avenue, Sydney Mines.

WHEN: SUNDAY - 2:00 pm

COST: - \$2.00 entry card DAUBERS ONLY - MONEY GAMES Come out and spend a wonderful Saturday afternoon and maybe win some prizes. Hope to see you all there - Jackpot \$575.00, 48 #'s or less, Toonie Jackpot \$160+

NOTE: - Management reserves the right to refuse admittance to the BINGO game.

BINGO											
7	25	44	57	62							
15	22	40	50	70							
11	30	45	46	74							
2	28	37	55	68							
10	27	39	59	75							

North Sydney Fire Hall

THURSDAY NIGHT -

After Work Party
Kitchen open from 4:00 - 12:00 pm - music from 6 - 10 by Ernie, Todd & Wade - \$10.00 - **FREE ADMISSION.** 2 pc. Fish & Chips - \$11.00 Kitchen will be open - Kitchen phone 794-8119.



VALENTINES DINNER & DANCE will be held on Friday, February 14th - music by Firehounds DJ - Hot Roast Beef Supper - \$15.00 each or \$25.00 per coupe - Supper will be served from 6:00 - 8:00 and Dancing will be from 9:00 - 1:00 pm.

FEB. 21 - FUND RAISING DANCE for Memorial High School Band, music by Full Circle - 9:00 - 1:00 - Tickets on sale \$10.00 each.

TORONTO-MONTREAL Hockey Night on the Big Screen - Free Admission

IONA LEGION SUPPER - Friday night - February 7th with Corned Beef & Cabbage. There will be no ceilidh this week. Supper is served from 6:00 - 7:00 pm - Adult \$15 (\$13 + tax) - Senior/Child \$12 (\$10.43 + tax). Coffee & Tea included

BRAS d'OR SENIORS WEEKLY 45s GAME

The Bras d'Or Seniors Club are hosting weekly 45's game on Thursdays at 7:30 pm.

1st, 2nd and 3rd cash prizes are awarded. Also a chance to win the main Jackpot, mini Jackpot, and Loonie Jackpot and 50/50 draw. A total of 9 ways to win.

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See **TAX TIPS** on page 8 and see how much you can save on this year's tax return
contact **H & R Block** today

Royal Canadian Legion Branch 83 - Florence



BINGO EVERY THURSDAY

DOORS OPEN 5 PM - CARDS ON SALE - 6:00 PM

7:00 pm - CASH PRIZES

EVERY SATURDAY NIGHT 7-10

Entertainment by **'THE CIRCLE'**

Downstairs 7:00 - 10:00 pm
Happy Hour: 7:30 - 8:30 pm

BREAKFAST

SUNDAY - 9:00 - 12:00

Thursday - BINGO
Saturday - The CIRCLE
Sunday - BREAKFAST

736-6313



Keith Bain

MLA -Victoria-The Lakes

1415 Highway 105, Bras d'Or, NS, B1Y 2N5

902-736-0301 (Office)

902-736-0411 (Fax)

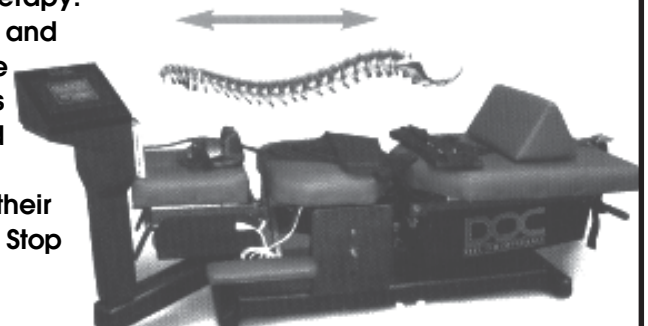
keithbainmla@bellaliant.com

NEW DECOMPRESSION TABLE RELIEVES PAIN

Darren Strong from Strong Chiropractic, announces a new, sophisticated computerized decompression table that allows the spine to be gently stretched and relaxed for spinal decompression therapy.

The pattern of alternating pulling and relaxing creates vacuum-like pressure which allows disc material that was herniated or protruded to be pulled back in the disc over time.

Patients will notice a reduction of their pain during these treatment sessions. Stop in today and ask about the new table and how you can benefit.



793 Mahon St., New Waterford - 862-9444 224 Commercial St. North Sydney - 241-9444

NORTHSIDE COMMUNITY NEWS/EVENTS**Northside Seniors Club Valentines Tea**

We would like to say "Thanks So Much" to all who made our Winter Wonderland Tea the great success that it was. To those who set the atmosphere with the awesome winter, white



on white theme, the soothing background music, the scrumptious deserts, and especially to the wonderful people who came to celebrate with us.

Where would we be without you?

However, if you happened to miss it, Fear Not! On Wednesday Feb. 12th, from 2:00 - 4:00, the Northside Seniors Club will be combining their many talents once again to present you with

a valentine Sweet Heart tea.

Come and enjoy a cup of tea or two, our varied cuisine and be entertained by Glen Gray who will be broadcasting our event for K-LEE RADIO.

Along with his music and rhetoric, he will be testing our romantic skills with some Valentine Trivia. You may be a lucky winner.

Love is in the air, so come and bring a friend, your boyfriend, your husband or both. [lol]..Everyone is welcome! See you there!

Bras d'Or Seniors News

Valentine's Dance at the Bras d'Or Senior's & Pensioners Club

Saturday Feb 15, 8 pm - 12. Admission \$5.00.

Members & guests - Music by Ernie Wells.

PAN CAKES AND SAUSAGE LUNCH, Tuesday Feb 25 th. Time, 11am - 2 pm. \$5.00 per person. Bras d'Or Senior's & Pensioners Club, 66 Main Street, Bras d'Or.

COMMUNITY NEWS ITEMS**JAIME BATTISTE**

Member of Parliament
SYDNEY - VICTORIA

jaimebattiste.ca
jaime.battiste@parl.gc.ca

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Jackpot won
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BINGO Tues.
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AROUND THE TOWN

The Super Bowl is over for another year and **congratulations** to the **Kansas City Chiefs** for winning - it was a good game and lots of great entertainment.... I would like to say a special **Thank You** to the staff at **Bianchini's Pizzeria** for all their hospitality during our recent pre Super Bowl **radio remote**, my co-host **Robert O'Hearn** and I were well looked after during our show.... our next **radio remote** will be on February 12th at the North Sydney Seniors Club for their **Valentines Tea** and we invite you to come and listen to the music, find out more about the Club and its activities and win some of the **Trivia Prizes** we will have available.... we would like to say "Welcome" to our newest advertiser, **MP Jaime Battiste**, we look forward to promoting the Northside area and its residents with the various programs throughout the year.... don't forget about **Tax Tips**, on page 8, make sure you get as many deductions as you are entitled to and our tax experts know how to maximize your deductions.... **A Night to Remember** is a Valentine Gala, hosted by the Cape Breton Chorale. It will take place on Saturday, February 8th, 2020 at Flavor on the Water - see **page 6** for story and details..... North Sydney Fire Hall News - **VALENTINES DINNER & DANCE** will be held on Friday, February 14th - music by Firehounds DJ - Hot Roast Beef Supper - \$15.00 each or \$25.00 per coupe - Supper will be served from 6:00 - 8:00 and Dancing will be from 9:00 - 1:00 pm. - **FEB. 21 - FUND RAISING DANCE** for Memorial High School Band, music by Full Circle - 9:00 - 1:00..... St. John the Baptist Mothers' Union will host a **Valentine's Roast Beef Dinner** on Friday, February 14th at 6pm at 28 King Street, North Sydney. There will be door prizes and entertainment. Tickets are \$15, available at the Parish office 902-794-3392 or call Debbie Moore at 902-544-1018 or 902-371-2807..... The Southside Boularderie Volunteer Fire Dept. will be holding a **Valentine's Dance** on Friday, February 14th - It is open to all members and guests, ages 19 and over.... **A Footcare Clinic** will be held at Ross Ferry Fire Hall on February 22nd - By appointment only. To book an appointment, please call 902-674-2873.... If you are sponsoring a community event and are looking for some **FREE PUBLICITY** for your event, simply email us with your event information and we'll publish it free of charge - email us at - thisweek@kleeradio.com



Join us on Wednesday, February 12th at the North Sydney Seniors Club from 2:00 - 4:00 for a radio broadcast, music, trivia, prizes - stop by for Valentines Tea.

Cape Breton Storyteller

Celtic Myths & Legends
Ghost Stories
Local UFO Sightings
From Cape Breton Island



Written & Compiled By GLEN GRAY

NORTHSIDE COMMUNITY NEWS/EVENTS

NORTHSIDE SENIORS PAST PRESIDENT HONORED

The Northside Seniors and Pensioners club will honor a wonderful and most beloved lady, Minnie Piercey on Sunday Sunday, February 9th from 2-4

Minnie has given of her time and talent for the past twenty years to insure that the northside had a strong and productive seniors club, winning many awards along the way. She has worked diligently to provide every member with a positive experience and will be fondly remembered by all.

We would like to invite, along with the members, her family and friends to come and share with us in this celebration of love for our amazing past president.



DJ JACK COOL K-LEE NEWS

Hello Everybody, its Jack Cool and this is K-LEE RADIO DJ News. Last week I had the pleasure of with Actor Kevin Caliber. who was in a fan film called Tiffany & Chucky, a fan film by Chris R. Notarile. His projects are 16 Bits Movie, it's about the lines between reality and video games blur when a lonely loser befriends a violent street fighter who emerges from an old 16-bit fighting game.

His production company is Digital Myth. He also co-writes and produces the series Extralogy. A comedy you can view it on youtube.

Have a wonderful and safe week everybody - I'm Jack Cool

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Traditional Music Night - every Thursday at the Blue Mist Beverage Room in Bras d'Or - The very best of Cape Breton fiddling. Stop by for great Cape Breton fiddling.

Sydney Mines Seniors & Pensioners Club, 6 Fraser Avenue, Sydney Mines - Last Friday of the month 45s Card Game starting at 7:30



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EXERCISE CLASS

Monday at 1:00 pm, at the Sydney Mines Seniors & Pensioners Club, 6 Fraser Avenue. Sydney Mines.

Valentine's Roast Beef Dinner February 14th

St. John the Baptist Mothers' Union will host a Valentine's Roast Beef Dinner on Friday, February 14th at 6pm at 28 King Street, North Sydney.

There will be door prizes and entertainment. Tickets are \$15, available at the Parish office 902-794-3392 or call Debbie Moore at 902-544-1018 or 902-371-2807.

DEADLINE FOR NEWS Tuesday - 12 Noon

The deadline for news to be printed in our newspaper is **Tuesday at 12 noon**. We start to put the paper together for printing on Tuesday and if your news is not in by the deadline, it will be printed in the next issue.

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Where Can I Pick Up My Free Copy Of THIS WEEK IN CBRM

We publish every Wednesday and you can logon to our website and download your own Free Copy of our paper or you can pick up a printed copy of the paper at the following outlets

NORTH SYDNEY

North Sydney Library
MLAMurray Ryan's Office
Bianchinis Pizzeria
Black Spoon Restaurant
Branch 19 Legion
Brewers Convenience
Strong's Chiropractic
North Sydney Fire Hall
Clansman Motel
North Sydney Mall Lotto
Kenny's Pizza
OK Tire Ltd.
Ralph Ivey Auto
McCormick's Tire
Stagg's Taxi
Miners Daughter Rest.

Robins Donuts
Branch 008 Legion
Needs Convenience
MacDonald Denture

FLORENCE

Florence Legion
Shear Madness
Florence Library
CH Tax Preparation

BRAS d'OR

A & K LICK A CHICK
Celtic Market
MLA Keith Bain Office
Kitchen 1409
Blue Mist
Jane's Restaurant
Bras d'Or Convenience

SYDNEY MINES

Sydney Mines Library
Seniors & Pens. Club

Take 2 with PAUL POWER

Once again my plans for this week's column were sidelined by something more immediate; the other night the better half and I watched what can only be described as the best romantic comedy ("romcom") from 2019-and the best that we've seen in years actually. Before you think "what the heck - a Christmas flick now??" you need to see "Last Christmas" to



be pulled into it's magic, charm and heartwarming sentiment. Game of Thrones fans will be thrilled to see Emilia Clarke (Daenerys Targaryen-"Mother of Dragons") play the haphazard, slightly ditsy and irresponsible party girl "Kate" who works as an elf in a Christmas shop owned by "Santa", played by the amazing Michelle Yeoh. I don't want to give too much away here but Kate meets an enigmatic stranger named "Tom Webster" (played by Henry Golding) who sweeps Kate up off her feet, and she falls in love with him; what happens towards the end of

the movie is a jaw-dropper, as a crucial piece of information is given to the viewer-and it's waterworks time for sure. The movie's title comes from the Wham song of the same name (and without doing a total spoiler I will say that the first 7 words of that song are prophetic for this movie. The wonderful soundtrack contains 14 Wham/George Michael solo songs, and the

previously unreleased song "This Is How (We Want You To Get High)"; I will also say that George Michael was one of my all-time favourite

singers-so a new song by him was so good to hear. In general the critics panned the movie, but audiences loved the flick-which just goes to show that when people are paid to review movies for a living they become jaded and cynical. Never let a review determine whether you should go to see a certain movie or not-at the end of the day the only opinion that matters for personal viewing is yours. Admittedly, this movie can be a little bit cheesy, but cheese is delicious-right? Plus, the movie will warm your heart on these cold winter nights. Enjoy!

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NORTHSIDE COMMUNITY NEWS



NORTH SYDNEY LIBRARY NEWS

FIBRE LUNCH - every Thursday from 1:00 - 3:00.

STORYTIME on Saturdays - 2:30 pm.

CBU SCIENCE CLUB - learn various science techniques will return January 22nd - 6:30 pm.

FEBRUARY 18 - STORY TELLING CIRCLE - Join Bill Conall, Cape Breton Regional Library's Storyteller-in-Residence for an afternoon of storytelling - Feb. 18th - 2:00 - 4:00.

Bill has traveled North America both as a road musician and a long-haul trucker.

He share stories from his own experiences, but also others that have just gathered around him over the years.

Bill enjoys and presents true stories, made-up stories, short stories, long stories, rhyming poetry and songs.

LIBRARY CLOSED - we will be closed Monday, February 17th for Heritage Day.

SATURDAY DANCE



The Sydney Mines & Pensioners Club will host a **SATURDAY DANCE** from 8:00 - 12:00 pm in their Clubrooms at 6 Fraser Avenue in Sydney Mines. The cost of the Dance is just **\$5.00** and it is open to the public.

There will be a variety of music available. Come out to our Club, 6 Fraser Avenue in Sydney Mines and have a great night every Saturday. Canteen Service and Bar Service is available.

Storytelling Through the Arts Opens Registration for Podcast Workshop

Podcasting is one of the most popular forms of modern storytelling. From sports to film, crime to comedy, the form covers near every topic far and wide and is consumed by millions across dozens of platforms.

On February 15th, join Jordan Bonaparte, creator of Nighttime Podcast, for a workshop on storytelling through pod-casting. Jordan will discuss his process in developing stories for his podcast, while also delving into some of the basic technical aspects of the medium. Participants will then work to develop a short form podcast of their own.

Registration for the workshop will open on Thursday, January 23, at 10:00 AM at <http://cbmrerecreation.eventbrite.com>. The workshop is free, though limited to 15 participants aged 16 and older. Storytelling Through the Arts is part of the CBRM ConnectArts Program, a program of CBRM Recreation.

FLY TYING CLASSES



Fly Tying Classes Wednesdays at 7:00 p.m.; - Minor Baseball Building, Pitt St Sydney Mines.

Give this fun hobby a try - there are no fees involved.

For additional information, phone 902- 5441073 or 902-595-4449.

www.kleeradio.com



Please join us on February 12th at the North Sydney Seniors Club for a radio remote - music, free trivia gifts starts at 2:00 pm.



BRANCH 008 LEGION NEWS

Our Chase The Ace Jackpot is now at \$8,747 - stop by and listen to the music and try your luck with the weekly draw - downstairs - The Kitchen will be open on Friday at 6:30 pm for finger foods.

HOCKEY NITE - Feb. 8 - plays at 8:00 pm - Buy Tickets \$3.00 chance to win Jersey.

CAMP ROCK starts 5:00 - 1:00, \$5.00 per person, pay at the door - Kitchen available plus Silent Auction \$5.00 envelope.

FEB. 16 - ISLE AUX MORT BOYS will be here April 25th - cost \$10.00 per person, tickets available Thursday.

HERITAGE DAY - we are open Monday, February 17th Heritage Day.

MUSIC LINEUP FOR CAMP ROCK listed below....

5:00 - 6:00 - Bob MacDonald and The Crew

6:00 - 7:00 - Ward Glogowski

7:00 - 8:00 - Back In Time

8:00 - 9:00 - Andrew Doyle

9:00 - 10:00 - Lynda Maxwell

10:00-11:00 - Alter Ego

11:00-12:00 - Inside Out

12:00 1:00 - Flip Side

Congratulations Coal Bowl

The 38th annual Coal Bowl Classic basketball tournament will run from Monday, February 3 to Saturday, February 8, 2020 and as always, will be hosted at Breton Education Centre.

This year, tournament organizers are happy to welcome teams from Alberta, Prince Edward Island, Ontario, Quebec and mainland Nova Scotia, along with our Cape Breton teams.

Sydney Mines Seniors & Pensioners Club

SUNDAY NIGHTS at 7:30 we have tarabish, everyone is welcome. 1st, 2nd and 3rd place Prizes are awarded.

MONDAY NIGHT - at 7:30 - FUN NIGHT - we invite members from other Seniors Clubs - Bingo 7:30 dabbers only - Loonie Draw Enjoy a game of SCAT - \$1.00, light refreshment, see you there.

WEDNESDAY - 7:30 45s Card Game 1st, 2nd, 3rd

For the latest and most comprehensive list of local events, logon to - www.musiccapebreton.com

Mike Little updates his listings each week.

Some News Items courtesy of **Swing Over The Mountain** Newsletter - Login to read it at - <http://sotmnews.weebly.com>

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CONTACT INFORMATION

GLEN GRAY, EDITOR

PH: 902-564-9022

Email Address

glengray@kleeradio.com

PHANTOM COUNTRY with Kenny Walsh airs on K-LEE RADIO on Sundays at 6:00 pm - the best in Classic Country Music - tune in to hear Kenny at www.kleeradio.com



SYDNEY MINES LIBRARY NEWS

LEGOS - will resume in the new year every 2nd Tuesday beginning January 14th.

CRAFTS will return January 9th, Thursdays at 3 pm.

KNITTING GROUP will resume January 13th at 2:00 pm.

BOOK CLUB - anyone interested in forming a Book Club, please contact the Sydney Mines Library.

LIBRARY CLOSED - we will be closed Monday, February 17th for Heritage Day.

FREE PUBLICITY - If your club or group is holding a community event in the new year and you are looking for some free publicity, email us and we'll make sure that your event gets some needed promotion.

Sunday Morning Gospel Radio Show with host Pierre Chiasson Aired 9:00 am
www.kleeradio.com

Atlantic Memorial Park Draw



50/50 lottery draw winner is Joan Carey of Florence, shown accepting the January Lottery winning cheque for \$620.00 from AMP Society Board Director Clarence Dawe is Joan Carey. The organization congratulates Joan for supporting the Atlantic Memorial Park Project and thanks to all the ticket outlets, individuals who assist us in the 50/50 fund raising and the public for their continued support of the park project.

Seniors Dance



Come out and enjoy an evening of dancing and fun with music on Saturday, at 8 pm at the Seniors and Pensioners' Club, Fraser Ave, Sydney Mines!

Admission is \$5.00 and everyone welcome.

THE RADIANCE OF EVERLIGHT

By: Devin J. Meaney

I shielded my eyes from the vibrant glow of Everlight, but soon removed my hands from my line of vision to properly absorb true beauty. Its radiance pulled on the strings of my heart as I tried to fathom what kind of entity emitted such a dazzling display of unrivaled luminescence, my pupils narrowing to a pin-drop as my mind tried to decipher gleaming splendor.

Was it alive? I imagined so. Was it other-worldly? It must have been! These questions and conclusions enticed me as I continued to stare on with increasing wonder. The ancients had foretold of its arrival, but even our elders were painfully unaware of Everlight's true purpose. We may never know, but damn! What a brilliant, magnificent show!

Like starlight to the surface of a still river, Its shine danced across my irides. Orbs like fireflies flew through the night sky, each sphere a masterpiece of untold finesse.

Then, with a flash, it was all over. I stood in amazement for a few moments, but eventually I turned to go home. The forest went quiet. Peaceful silence. In minutes I had decided to change the way I journeyed through life.

Altered perceptions... for the better.

YOUR FREE SODUKO WEEKLY PUZZLE

						8	4
	5			9			1
8				5			
3		7					
	6		8				
		8				4	2
	2	1					5
4		3				2	
				9	6		

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Nova Scotia Power Warns Customers Of New Phone Scam For Payment

Nova Scotia Power is warning customers about a new phone scam.

In this scam, the caller poses as a representative of the company. They demand the customer arrange for immediate payment or risk disconnection of their power.

The caller threatens to send a Nova Scotia Power crew to the customer's house within the hour, providing a false employee name and truck number.

The scam demands payment via pre-paid credit card, and occasionally via gift card.

These calls are not from Nova Scotia Power. Nova Scotia Power would not call customers unexpectedly and issue an ultimatum on first contact. Additionally, Nova Scotia Power does not accept gift cards as payment.

Any customers who are suspicious about a request for payment are urged to call the company's Customer Care Centre at 1-800-428-6230 to confirm its legitimacy.

Customers should report any attempted fraud to local police.

Those who have provided personal or financial information as part of this scam should contact their financial institution immediately.

NORTHSIDE COMMUNITY NEWS

Valentine's Dance Feb. 14

The Southside Boularderie Volunteer Fire Dept. will be holding a Valentine's Dance on Friday, February 14th.

It is open to all members and guests, ages 19 and over.

Dancing 9:00 - 1:00. No cover charge and we take music requests.

Check us out on Facebook.

Some News items courtesy of
Swing Over The Mountain News

logon to website
www.sotmnews.weebly.com
monthly newsletter

The Sydney Mines Minor Hockey 50/50 - Last Draw was won by Mary Louise Higgins and the Jackpot amount for this draw was 12,872 - **THANK YOU**

FOOT CARE CLINIC

A Footcare Clinic will be held at Ross Ferry Fire Hall on February 22nd.

By appointment only. To book an appointment, please call 902-674-2873. Cost is \$25.00

TAX TIPS COLUMN

Home Buyer's Plan Increased!

Withdrawals have increased under the Home Buyers' Plan - The maximum amount that can be withdrawn from a registered retirement savings plan under the Home Buyers' Plan increased from \$25,000 to \$35,000, for withdrawals made after March 19, 2019.

You can withdraw funds from more than one RRSP as long as you are the owner of each RRSP account. Your RRSP issuer will not withhold tax on withdrawn amounts of \$35,000 or less. Some RRSPs, such as locked-in or group RRSPs, do not allow you to withdraw funds from them, so check with your plan provider first.

Certain conditions must be met in order to be eligible to participate in the HBP, including the following:

- you must be considered a first-time home buyer
- you must have a written agreement to buy or build a qualifying home, either for yourself or for a related person with a disability
- you must be a resident of Canada when you withdraw funds from your RRSPs under the HBP and up to the time a qualifying home is bought or built

You must intend to occupy the qualifying home as your principal place of residence within one year after buying or building it.

Remember that the first-time home buyer definition resets when you do not live in a home you own for 4 years. So for example, if you were living in a rental for the last 4 years you may be considered a first-time home buyer again, even if you had purchased a home in the past. Talk to your tax professional about whether your situation qualifies.



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