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THIS WEEK

NORTHSIDE COMMUNITY NEWS

FREE

Vol. 10, No. 8 - FEBRUARY 26th - 2020

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NORTHSIDE COMMUNITY NEWS ITEMS

SENIORS BINGO

The Regular BINGO SUNDAY after- 7 25 44 57 62 noon Bingo resumes. There will 2 28 37 55 68 be an Afternoon 10 27 39 59 75

BINGO Game at the Sydney Mines Seniors & Pensioners Club, 6 Fraser Avenue, Sydney Mines.

WHEN: SUNDAY - 2:00 pm

COST: - \$2.00 entry card DAUBERS ONLY - MONEY GAMES Come out and spend a wonderful Saturday afternoon and maybe win some prizes. Hope to see you all there - Jackpot is \$650 on 49 #'s or less, Toonie Jackpot is \$238.00+

NOTE: - Management reserves right to refuse admittance to the BINGO game.

Roval Canadian Legion Branch 83 - Florence



EVERY THURSDAY

DOORS OPEN 5 PM - CARDS ON SALE - 6:00 PM

7:00 pm - CASH PRIZES

EVERY SATURDAY NIGHT 7-10

Entertainment by

'THE CIRCLE'

Downstairs 7:00 - 10:00 pm Happy Hour: 7:30 - 8:30 pm

BREAKFAST

SUNDAY - 9:00 - 12:00

Thursday - BINGO Saturday - The CIRCLE **Sunday - BREAKFAST**

WASHER TOSS 8 PM FRI-DAY - Prizes for 1st, 2nd, 3rd All Monies back to players

FRI., FEB. 28 - BENEFIT DANCE for Troy Perro Open to the Public - 9:00 - 1:00

North Sydney Fire Hall

THURSDAY NIGHT

- After Work Party open' Kitchen from 4:00 - 12:00 pm - music from 6



- 10 by Ernie, Todd & Wade - FREE ADMISSION -Kitchen Special Fish & Chips - \$11.00 Kitchen will be open - Kitchen phone 794-8119.

MARCH 13th St. Patircks's Dance - music by FULL CICLE - \$5.00 -Dancing 9:00 - 1:00.



Join us on March 17th for a St. Patrick's Day Ceilidh at Miners Daughter

Restaurant, 220 Memorial Drive, North Sydney -Great music and Trivia Prizes!

IONA LEGION SUPPER - Friday night - February 28th with Corned Beef & Cabbage - Supper is served from 6:00 - 7:00 pm - Adult \$15 (\$13 + tax) -Senior/Child \$12 (\$10.43 + tax). Coffee & Tea included.

BRAS d'OR SENIORS **WEEKLY 45s GAME**

The Bras d'Or Seniors Club are hosting weekly 45's game on Thursdays at 7:30 pm.

1st, 2nd and 3rd cash prizes are awarded. Also a chance to win the main Jackpot, mini Jackpot, and Loonie Jackpot and 50/50 draw. A total of 9 ways to win.

www.kleeradio.com



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Keith Bain

MLA -Victoria-The Lakes

1415 Highway 105, Bras d'Or, NS, B1Y 2NS 902-736-0301 (Office) 902-736-0411 (Fax)

keithbainmla@bellaliant.com

NEW DECOMPRESSION TABLE RELIEVES PAIN

Darren Strong from Strong Chiropractic, announces a new, sophisticated computerized decompression table that allows the spine to be gently stretched and relaxed for spinal decompression therapy.

The pattern of alternating pulling and relaxing creates vacuum-like pressure which allows disc material that was herniated or protruded to be pulled back in the disc over time.

Patients will notice a reduction of their pain during these treatment sessions. Stop in today and ask about the new table and how you can benefit.

793 Mahon St., New Waterford - 862-9444 224 Commercial St. North Sydney - 241-9444

NORTHSIDE COMMUNITY NEWS/EVENTS



St Patrick's Variety Concert

at the
NORTHSIDE FIREMEN'S
CLUB
Sunday, March 15,
2020
Time: 2:00 pm

ADMISSION: FREE WILL OFFERING

50/50 Draw / Toonie Sweet Bag - Loonie Bottled Water Free Tea & Coffee Featuring: Singers, Dancers, Fiddlers & MusiciansSponsored by

ST JOSEPH'S CWL

Phone: 902-794-3772 for information

Join K-LEE RADIO on March 17th at Miners Daughter Restaurant for a St. Paddys' Day Show

DEADLINE FOR NEWS Tuesday - 12 Noon

The deadlne for news to be printed in our newspaper is **Tuesday at 12 noon**. We start to put the paper together for printing on Tuesday and if your news is not in by the deadline, it will be printed in the next issue.

Some News items courtesy of Swing Over The Mountain News

logon to website
ww.sotmnews.weebly.com
monthly newsletter



Find The LEPRECAUN

Hidden in one of our advertiser's ad copy is a picture of a Leprecaun. Just tell us which advertiser and send your guess and your name to our email contest@kleeradio.com and we'll enter your name for the draw for a Free Cape Breton humour book. Good Luck with the hunt for the Lucky Leprecaun

STAGG'S TAXI 902-794 24/7 24-00 24/7

COMMUNITY NEWS ITEMS



JAIME Battiste

Member of Parliament SYDNEY - VICTORIA

jaimebattiste.ca jaime.battiste@parl.gc.ca

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ROYAL CANADIAN LEGION - SYDNEY MINES - 736-3206



TUESDAY BINGO GAME

NOW AT - 7:30 PM Hall Rental Available - 736-3206 BINGO Jackpot won New Jackpot \$950.00

BINGO Tues. 7:30 PM Bigger Games & Prizes

ROUND THE TOWN

Is it cold enought for you yet???? SPRING officially starts on Thursday, March 19th but I think we are not out of the woods yeat... I'd like to welcome back one of sponsors "Kitchen 1409" who are once again open for the season in Bras d'Or, welcome Wendy and staff for another year of fine dining, see their ad below this column for hours of operation.... as well, on Sunday, March 8th, the clocks go ahead one hour and we'll get more daylight (Thank God)... if you use your vehicle in our business, check out this week's TAX TIPS on page 8 to see how you can maximize your deductions on your return.... News Items for Florence Legion - WASHER TOSS 8 PM FRIDAY - Prizes for 1st, 2nd, 3rd - All Monies back to players - FRI., FEB. 28 - BENEFIT DANCE for Troy Perro Open to the Public - 9:00 - 1:00 - IONA **LEGION FRIDAY SUPPER** - Friday night - February 28th with Corned Beef & Cabbage - Supper is served from 6:00 - 7:00.... St. Patrick's Day is creeping up on us and there are some events scheduled... - K-LEE RADIO will hold a St. Patrick's Day Ceilidh at Miners Daughter Restaurant, 220 Memorial Drive, North Sydney Great music and Trivia Prizes! If you can't be there in person, logon to our website and listen in - www.kleeradio.com.... - ST PATRICK'S VARIETY CONCERT - at the NORTHSIDE FIREMEN'S CLUB, Sunday, March 15, 2020, Time: 2:00 pm see page 3 for details... See page 5 for details on how to listen iin to some of the world's busiest airport control towers and hear controllers talking to the pilots.... Don't forget Friday, February 28th at 7:00 p.m. at St. Andrew's Presbyterian Church, 643 Main Street in Sydney Mines we will be having a Kitchen Ceilidh in their church hall featuring CHAULKDUST - If you are sponsoring a community event and are looking for some FREE PUBLICITY for your event, simply email us with your event information and we'll publish it free of charge for you - email us at thisweek@kleeradio.com



NORTHSIDE COMMUNITY NEWS/EVENTS

FOOT CARE CLINIC

A Footcare Clinic will be held at Ross Ferry Fire Hall on February 22nd.

By appointment only. To book an appointment, please call 902-674-2873. Cost is \$25.00

Tune in on Sunday mornings at 9 am - host Pierre Chiasson presents a one hour show of traditional Gospel songs to listen to as you have your Sunday Brunch - logon to us www.kleeradio.com

Seniors Dance

Come out and enjoy an evening of dancing and fun



with music on Saturday, at 8 pm at the Seniors and Pensioners' Club, Fraser

Ave, Sydney Mines!

Admission is \$5.00 and everyone welcome.

www.kleeradio.com



Traditional Music Night - every Thursday at the Blue Mist Beverage Room in Bras d'Or - The very best of Cape Breton fiddling. Stop by for great Cape Breton fiddling.

www.kleeradio.com



Fly Tying Classes Wednesdays at 7:00 p.m.; -Minor Baseball Building, Pitt St Sydney Mines.

Give this fun hobby a try there are no fees involved.

For additional information, phone 902-5441073 or 902-595-4449.

LICK-A-CHICK



7 PIECE CHICKEN

Med. Fries, Medium Gravy,

3 rolls **\$76.59** PLUS TAX



12 PIECE CHICKEN

Large Fries, Med. Gravy, Med. Salad, 4 rolls

PLUS TAX



18 PIECE CHICKEN

Large Fries, Med. Gravy, 2 Med. Salad, 6 rolls

PLUS TAX Upsize Your Fries 99c

Located in Bras d'Or on Trans Canada Highway

- HOURS OF OPERATION -11:00 AM - 10:00 pm **PHONE**

Sydney Mines Seniors& Pensioners Club, 6 Fraser Avenue, Sydney Mines -



Last Friday of the month 45s Card Game starting at 7:30

Some News items courtesy of **Swing Over** The Mountain News

logon to website ww.sotmnews.weebly.com monthly newsletter

EXERCISE CLASS

Monday at 1:00 pm, at the Sydney Mines Seniors & Pensioners Club, 6 Fraser Avenue. Sydney Mines.

TAX TIPS - PAGE 8

AIRPORT CONTROL TOWERS

If you are looking for something a little different to do on one of these cold Winter evenings, try tuing in to the various airport control towers and listen to the controllers taling



the pilots of many airlines. Use the link below to logon to the site and it contains over 50 major airports.

hear takeoff and landing

instuctions and other related comments. This website address gives you 50 airport control towers such as JFK in New York, Boston, Montreal, Anchorage, San Francisco, Dublin and Costa Rica to name a few.

Depending on the time you are listening, some airports will be busy and others quiet. I would suggest major airports like JFK, Boston or LA X as they are busy all the time. Pick up the airline lingo, airlines use the standard alphabet "A=Alpha, B = Bravo, C= Charlie and so on. So if a controller says use apron Charlie he means the one designated as "C"

Use the logon listed below to start your listening....

http://www.liveatc.net/topfeeds.php

COMMUNITY NEWS ITEMS

CAPE BRETON CEILIDH

Tired of winter and shoveling snow? Need a diversion?

Why not drop into the North Sydney Senior's club on Sunday March 8th, from 2:00 - 5:00 and enjoy our Cape Breton Ceilidh.

Sit back, clap your hands, tap your toes and sing along to the music of Bob Finney and his boys. Enjoy the laughter and camaraderie of friends as you sip a hot cup of tea,a bowl of delicious soup and homemade tea biscuits.

You may even be in for a surprise ot two! What better way to spend a cold winters afternoon? See you there!!

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Take 2 with PAUL POWER

This week I'm revisiting a column from last year, not because I'm lazy-because this movie was added to Netflix and is definitely worth watching. To recap, I didn't know about the film "Polaroid" until I saw the poster, and something about it caught my eye. Warning! There will be some bad puns about photography coming up-shall we see what develops? I did

read some reviews (thankfully after the fact) that were not very positive; I don't know what those reviewers were expecting-or

what movie THEY watched. This film is pretty darn good-with a fairly original horror premise in a world filled with unimaginative splatter flicks. As things come into focus you see the originality. Without giving too much away the story is about a cursed Polaroid SX-70 camera that was used to take some very questionable pictures ofwell...that's for you to find out by watching. A few online reviews were critical of the horror effects in the movie, but to me they were fairly original and fairly clever; the acting is good, and the sets and locations all added what they needed to to the story-without

distracting from it (the way some bad CGI effects can do) and the biggest surprise was in the last shot of the film.....the Halifax bridge. The majority of the movie was filmed in Dartmouth, with the school scenes done at Prince Andrew High School. There aren't that many familiar names in this movie, with the exception of Mitch Pileggi (X-Files, SOA, NCIS) as the town sheriff, and Antigonish's own Shauna MacDonald (Trailer Park Boys). However, the lack of 'big names' doesn't mean a lot here: the actors are more than capable of carrying what is a

> g o o d sleeper of a horror m o v i e . Interestingly e n o u g h, this movie a I m o s t didn't get developed. The film w a s

originally going to be released in the summer of 2017, but was pushed to back to December. Dimension Films then opted for a release date in time for Thanksgiving, debuting on November 22, 2017. Finally, three weeks before the release, Lantern Entertainment (previously known as The Weinstein Company) and Dimension Films put the movie on hold temporarily-due to the Harvey Weinstein scandal. All in all, it's better to watch a lower budget movie (it's not cheap looking though) with a good story than a megabucks piece of doo-doo like "Hereditary" was. Enjoy!

"Stevie's Jamboree" TV Show For Sale: 9 different shows on 6 DVD's for only \$20

They are copied from the original master TV tapes by the show producer, not just off the TV so they are the highest quality possible

Call 736-9402 (Paul)



NORTHSIDE COMMUNITY NEWS



NORTH SYDNEY LIBRARY NEWS

FIBRE LUNCH - every Thursday from 1:00 - 3:00.

STORYTIME on Saturdays - 2:30 pm.

CBU SCIENCE CLUB - MARCH 4th - Exploring The Senses - 6:30 - 8:00 pm. No Registration required.

FEBRUARY 26th - Writers Group meets 7:00 - 9:00 pm

Mindfulness Group meets February 27 from 7:00 - 8:00 pm.

Cape Breton Extinction Rebellion and Cape Breton Public Library presents....

ACTIVE HOPE IN THE AGE OF EXTINCTION - at the
North Sydney Llbrary, March
10 - 6:30 pm.;

FREE PUBLICITY - If your club or group is holding a community event in the new year and you are looking for some free publicity, email us and we'll make sure that your event gets some needed promotion.

Download a digital copy at www.kleeradio.com

SATURDAY DANCE

The Sydney Mines & Pensioners Club will host a SATUR-DAY DANCE from 8:00 - 12:00 pm in their Clubrooms at 6

Fraser Avenue in Sydney Mines. The cost of the Dance is just **\$5.00** and it is open to the public.

There will be a variety of music available. Come out to our Club, 6 Fraser Avenue in Sydney Mines and have a great night every Saturday. Canteen Service and Bar Service is available.

In Conversation with the Honourable Mayann Francis

The public is welcome to join us for the following program at the McConnell Library:

In Conversation with the Honourable Mayann Francis, Friday, Mar. 13th - 7:00 PM, McConnell Library (Sydney)

Join the Honourable Dr. Mayann Francis, former lieutenant governor of Nova Scotia, in discussion with CBC's Wendy Bergfeldt.

In her candid and encouraging new memoir, An Honourable Life, Dr. Francis describes the twists and turns of her journey from humble beginnings in Whitney Pier, the daughter of immigrants, to the vice-regal office.

There will be books available for sale and signing. Everyone is welcome!



BIRTHDAY WISHES

Happy 70th Birthday to Patsy Quirk - congratulations, you made it!!!

Join Patsy and her friends at the North Sydney Yacht Club, Friday, Feb. 28th at 7:00 pm. with the Beach Girls to celebrate.

The Sydney Mines Minor Hockey 50/50 - Last Draw was won by Alana Davis and the Jackpot amount for this draw was \$12,516.00

- THANK YOU

If you like Soduko Puzzles, logon to our website and enjoy a Daily Puzzle along with a new Daily Crossword Puzzle - Logon at -

www.kleeradio.com

NORTHSIDE COMMUNITY NEWS



BRANCH 008 LEGION NEWS

Chase The Ace every Friday 8 - 10 downstairs - music by Bob MacDonald and Friends - The Branch needs your help to boost the Chase The Ace. We are moving very slow. Remember, funds from these sales helps our Branch renovations and keeping Canada Day and Levee in or town. If you can please purchase a \$5.00 book or \$20.00, your help is needed.

KARAOKE - WE'RE BACK - March 6th from 10 - 2 - music by T. Capstick.

2 PC. FISH & CHIPS. pan fried or deep fried, dessert - \$12.00 each - April 10th - Good Friday - 3:00 - 6:00 - Tickets at the Bar.

APRIL 25TH - ISLE AUX MORT BOYS - DANCE 9:00 - 1:00 -\$10.00 - Limited amount of tickets left.

BRANCH MEETING - February 27th at 7:00 pm.. Let me take the time to say what a great day February 16th was. We had a



great. The musicians all donated their time, great talent in Cape Breton.

To all who helped, donated, played or in some part helped with this fundraiser, we can't say enough. You always are scared to mention names because you may leave out someone. So, to all who helped in any way, here is a Great Big Thank You.

Our Branch and Veterans Park thanks each and ever one who came out to enjoy the day. Looking forward to next year. **THANK YOU - Br. 008 Legion**



Daylight Saving time in Canada will begin at 3:00 a.m. on Sunday March 8th.

Sydney Mines Seniors & Pensioners Club

SUNDAY NIGHTS at 7:30 we have tarabish, everyone is welcome. 1st, 2nd and 3rd place Prizes are awarded.

MONDAY NIGHT - at 7:30 - FUN NIGHT - we invite members from other Seniors Clubs - Bingo 7:30 dabbers only - Loonie Draw Enjoy a game of SCAT - \$1.00, light refreshment, see you there.

WEDNESDAY - 7:30 45s Card Game 1st. 2nd. 3rd

For the latest and most comprehensive list of local events, logon to - **www.musiccapebreton.com**Mike Little updates his listings each week.

Some News Items courtesy of Swing Over The Mountain NewIsletter - Login to read it at - http://sotmnews.weebly.com



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CONTACT INFORMATION

GLEN GRAY, EDITOR

PH: 902-564-9022

Email Address glengray@kleeradio.com

PHANTOM COUNTRY with Kenny Walsh airs on K-LEE RADIO on Sundays at 6:00 pm - the best in Classic Country Music - tune in to hear Kenny at

www.kleeradio.com

CAN YOU SOLVE THIS MYSTERY?



Mrs. Smith went to the police claiming that her vintage necklace was missing. When the police arrived, they saw no signs of a break-in. Only one window was broken. There was a total mess inside the house and dirty footprints all over the floor.

The next day, Mrs. Smith was arrested for fraud. Why?

OOľ.

ANSWER - The police were sure that Mrs. Smith lied to them because the window was broken from the inside. If it was broken from the outside, little pieces of glass would be on the room's

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Archibald Avenue - North Sydney

CHASE THE ACE JACKPOT \$9,143 - EXECUTIVE MEETING FEB. 26 - 7 PM - GENERAL MEETING AT 8:00 PM - CRIB THURSDAYS AT 7:00 PM LADIES DARTS MONDAY 7:00 PM

794-4816 - 794-7482 - Members & Guests



SYDNEY MINES LIBRARY NEWS

LEGOS - will resume every 2nd Tuesday beginning January 14th.

CRAFTS have rerturned Thursdays at 3:00 pm.

KNITTING GROUP has resumed on Mondays at 2:00 pm.

BOOK CLUB - anyone interested in forming a Book Club, please contact the Sydney Mines Library.

MARCH BREAK - we are planning several March Break activities and will update you next week - March Break is form March 16 - 20.

FREE PUBLICITY for your event, fund raiser etc. thisweek@kleeradio.com



BIRTHDAY WISHES

I would like to send out Special Birthday Wishes to John Cunningham who will be celebrating his 90th birthday on February 28th.

Happy Birthday from your friend Robert and your family, many grandchildren and church friends. We hope your birthday is a Special One - May God Bless.



YOUR FREE SODUKO WEEKLY PUZZLE

4		5					2
	7						
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			6 2			8	
6			2	3		8	5
6 8 2					2		
2			8				
	3				6		
9					7		4

You can also get your Daily Soduko Puzzle and Crossword Puzzle by logging on to - www.kleeradio.com and clicking on the FEATURES Page. Also inlcuded is a DAILY FREE SOFTWARE giveaway. Logon today to get yours FREE!!

NORTHSIDE COMMUNIT

A Kitchen Ceilidh with Chau

By now everyone is sick and tired of shovelling and the freezing cold temperatures here in Cape Breton. It's called the winter blah's and we all have them right about now. Well here is a simple way to shake those winter blah's and enjoy a night of relaxation and good music. On Friday, February 28th at 7:00 p.m. at St. Andrew's Presbyterian Church, 643 Main Street in Sydney Mines we will be having a Kitchen Ceilidh in our church hall featuring Chaulkdust.

Who are Chaulkdust you may ask, well let me tell you who they are. They are a group of teachers that play great music together and bring joy to a very large audience. The band members are Jimmie Campbell, Ian MacLeod, Roy Dawson and Jennifer MacDonald. They play a variety of music anything from



gospel to rock and roll and they will have you singing and tapping your feet all evening long. You will also soloist hear Jennifer MacDonald who sings like an angel, what a treat.

This will be an

evening of fun and music where you can relax, kick back and enjoy yourself in a kitchen party setting. You may also get a surprise visit from Archie Alec from Mabou who will have you laughing out loud.

This great night of music and laughs will be held in the St. Andrew's Church hall and we will have a canteen service which we will be selling coffee, tea, cookies and fudge at a very low cost. So if you like a hot cup of tea or coffee and a homemade cookie or fudge while you enjoy a great show, then St. Andrew's is the place you will want to be.

So break up the winter blues by joining us at St. Andrew's Presbyterian Church in Sydney Mines on Friday, February 28th at 7:00 for our Kitchen Ceilidh with Chaulkdust, you won't be disappointed.



CHARLOTTE STREET - SYDNEY

PHONE 562-2122

TAX TIPS COLUMN

You can deduct your motor vehicle expenses if you meet all of the following conditions:

- 1. You were normally required to work away from your employer's place of business or in different places.
- 2. Under your contract of employment, you had to pay your own motor vehicle expenses. You are not considered to have paid your own motor vehicle expenses if your employer reimburses you or you refuse a reimbursement or reasonable allowance from your employer.
- 3. You did not receive a non-taxable allowance for motor vehicle expenses. Generally, an allowance is non-taxable when it is based solely on a reasonable per-kilometre rate.
- 4. You keep with your records a copy of Form T2200, Declaration of Conditions of Employment, which has been completed and signed by your employer.

The types of expenses you can deduct include:

- fuel (gasoline, propane, oil)
- maintenance and repairs
- insurance
- licence and registration fees
- capital cost allowance, eligible interest you paid on a loan used to buy the motor vehicle or eligible leasing costs

If you have received a non-taxable motor vehicle allowance and can show that the employment-related motor vehicle expenses are in excess of the allowance and voluntarily include the amount of the allowance in income, you can deduct your motor vehicle expenses if conditions 1, 2, and 4 are met.

If you use a motor vehicle for both employment and personal use, you can deduct only the percentage of expenses related to earning income. To support the amount you can deduct, keep a record of both the total kilometres you drove and the kilometres you drove to earn employment income.

The CRA considers driving back and forth between home and work as personal use. Do not deduct motor vehicle expenses if you have not kept an accurate travel log, this is a critical review item.

Are you behind? We understand it happens!

We can help! We prepare and file any of the last 10 years for just





ACCOUNTING & Call today 902-317-4829 email help@northsidetax.com