

MacDONALD DENTURE CLINIC

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G. MacDonald - Denturist
By Appointment - Masks Mandatory

HIGH STREET
BADDECK
PHONE
295-2516



FREE

THIS WEEK

NORTHSIDE COMMUNITY NEWS

FREE

Vol. 11 - MAY 5th - 2021

Happy
Mother's
Day

Thank You for all you
do all year long



RALPH IVEY'S

Auto Repair Ltd. and Muffler Man

**BRING YOUR CAR IN FOR
SPRING SERVICING**

IF WE CAN'T DO IT - IT CAN'T BE DONE!

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OIL CHANGE SPECIAL

REGULAR
OIL CHANGE **\$42.95**

SYNTHETIC
OIL CHANGE **\$69.95**

OPEN MONDAY - FRIDAY 8:00 - 5:00 PM PHONE 794-4947

North Sydney Fire Hall MONDAY - SATURDAY

10 am - 11 pm

SUNDAY - 12 - 11

Thursday 5:00 - 8:00

NOTE - The Regular Thursday Nite Entertainment with Ernie, Todd & Wayne has been cancelled due to COVID for the next 3 weeks we'll re-assess again on May 13th

The Kitchen will remain open for Pick Up & Delivery

BACON**CHEESEBURGER****\$10.25**

**KEEP YOUR 6 FOOT
DISTANCE IN PUBLIC**

**Royal Canadian Legion
Branch 83 Florence**



**Washer
Toss
Fridays at 7:00 pm**

THE CIRCLE**SATURDAYS****COVID**

M. - TUES. -

WED. - THURS.

12:00 - 10:00 pm

Fri. & Sat.

12:00 - 12:00

736-6313

K-LEE RADIO SPECIALTY PROGRAMMING

As we have in the past, K-LEE RADIO will present specialty radio programming now that we are officially in lockdown again.

The show, "Cabin Fever" will present local Cape Breton Music, sing along favorites, Celtic songs, Country and a few well known rock and roll songs in a two hour format.

Additional pre-recorded music podcasts will also be available on their website.

Some of the Podcast titles include - Golden Oldies Show, Phantom Country with Kenny Walsh, Late Nite Oldies with DJ Jack Cool, Sing Along Show, St. Patrick's Day show, Indian Beach Summer Ceilidhs, Trivia Podcast, Billboard Top Hits, Pig & Whistle, Instrumental Hits, Classic Old Time Radio shows such as Glenn Miller, Benny Goodman, Boston Blackie, Dragnet, Abbott & Costello, Irish Podcasts and Sea Shanties to name a few.

All these shows are available for download to help past the time "staying the blazes home."

In addition to the music Podcasts, there are many

children's activities including a 120 Craft files to help with keeping your children occupied during the lockdown.

Station Manager Glen

Gray indicated that there will be additional music and craft downloads available during this lockdown. He feels that the initial two weeks will be

lengthened until the end of the month by the Province.

You can check this edition for the entire list of what is affected by this lockdown.

We'll keep you updated as reports are issued by the Provincial Health Department.

The web address for all the Podcast, music and Craft downloads is as follows - -

www.kleeradio.com



PHANTOM COUNTRY with host Kenny Walsh airs Sunday evening 6:00 pm K-LEE RADIO



"food shoppe"

**Heat & Serve Meals - Fresh Meal
Selections - Frozen Selections**

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Soups - Sandwiches - Salads

Ph: 217-0280

**212 Commercial Street
NORTH SYDNEY**



Keith Bain

MLA -Victoria-The Lakes

1415 Highway 105, Bras d'Or, NS, B1Y 2N5

902-736-0301 (Office)

902-736-0411 (Fax)

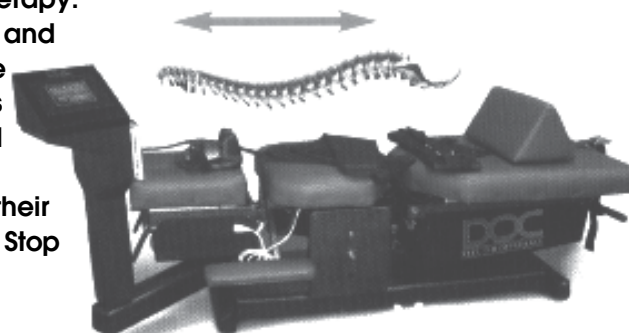
keithbainmla@bellaliant.com

NEW DECOMPRESSION TABLE RELIEVES PAIN

Darren Strong from Strong Chiropractic, announces a new, sophisticated computerized decompression table that allows the spine to be gently stretched and relaxed for spinal decompression therapy.

The pattern of alternating pulling and relaxing creates vacuum-like pressure which allows disc material that was herniated or protruded to be pulled back in the disc over time.

Patients will notice a reduction of their pain during these treatment sessions. Stop in today and ask about the new table and how you can benefit.



793 Mahon St., New Waterford - 862-9444 224 Commercial St. North Sydney - 241-9444



Sunday Afternoon Bingo Game

2:00 PM - Sydney Seniors & Recreation Club
CANCELLED UNTIL FURTHER NOTICE
 JACKPOT \$5.00 on 50
 LUCKY JACKPOT went
 Door Books \$2.00 - Xtra
 Books \$3.00 - Masks are
 mandatory
 Pop & Chips only sold until
 further notice,
 COVID restrictions will be
 in effect - wear mask to
 enter

**Sunday Morning
Gospel Radio Show
with Pierre Chiasson
Airs 9:00 am
www.kleeradio.com**

NOW OPEN



7 PIECE CHICKEN
 Med. Fries, Med.
 Gravy, Med. Salad,
 3 rolls **\$27.80**
 PLUS TAX

12 PIECE CHICKEN
 Large Fries, Med.
 Gravy, Med. Salad,
 4 rolls **\$39.89**
 PLUS TAX

18 PIECE CHICKEN
 Large Fries, Med.
 Gravy, 2 Med. Salad,
 6 rolls **\$49.99**
 PLUS TAX

**- HOURS OF OPERATION -
11:00 AM - 8:00 pm
PHONE
902-736-9496**

COMMUNITY NEWS ITEMS

JAIME BATTISTE

Member of Parliament
 SYDNEY - VICTORIA

jaimebattiste.ca
jaime.battiste@parl.gc.ca

207A-201 Churchill Drive
 Membertou, NS B1S 0H1

(902) 567-6275



Chilli & Cornbread Takeout

The Southside Boularderie
 Volunteer Fire Department is
 sponsoring a Chilli & Cornbread
 Takeout at the Fire Hall,
 Sunday, May 30th from
 2:00 - 5:00 pm

Take Out only - \$10.00

We follow all Nova Scotia
 Health Protocols.

For tickets contact any
 firefighter or call Jimmie at
 902-736-6731 or Mike at
 902-578-4794

Ross Ferry Marine Park

We will be hiring two Summer
 students this year - Park
 Attendant and Marketing Assis-
 tant. You must be available for
 work on Saturday and Sunday.

Drivers licence and reliable
 vehicle would be assets.

Submit your resumes to
terri@seasidehighspeed.com

FRY COOK - for job descrip-
 tion and additional information,
 please contact email below
terri@seasidehighspeed.com

MURRAY RYAN, MLA - Northside-Westmount

174 Commercial Street
 North Sydney, NS
 B2A1B4

PHONE
902-794-1030
 FAX - 902-794-1029
mla@murrayryan.ca



**Official Province of
 Nova Scotia information**



visit <https://novascotia.ca/coronavirus>



**KWIK KOPY
 PRINTING**

CHARLOTTE STREET - SYDNEY

PHONE 562-2122



BRANCH 008 LEGION SCHEDULE

We are Open Monday until 8:00 pm - (Open Upstairs for Darts)

Tuesday - Wednesday and Thursday 8:45 Last Call

Friday & Saturday - Last Call 10:45

PHONE - (902) 736-3206

COVID



LOCKDOWN AGAIN!!

Just when we were starting to get back to some semblance of normal, we are hit with another COVID Lockdown. This is necessary because of the spike in new infections. I would encourage everyone to get the vaccine shots to protect yourself and your family.

I have had several calls and emails asking for specific information on what is closed and what we can expect. Below is the entire list that the Provincial Government issued on Wednesday of last week. We will continue to publish in digital format until the businesses, Legions, Fire Halls and Libraries open again.

28 APRIL 2021 - All counties need to follow province-wide restrictions and protective measures. Additional restrictions and protective measures are no longer in place for Halifax, Hants, Lunenburg and Guysborough County locations.

Avoid non-essential travel outside your community (municipality where you live). Don't travel outside your community unless it's for essential travel like work, childcare, child custody, medical and legal appointments and necessary services like food, gas, healthcare and medications. You can book a COVID-19 test or vaccine at the closest location to your home.

Gathering limit (indoors and outdoors) is no more than your household bubble (the people you live with). Smaller households with up to 2 people can socialize with 2 additional people, but they must be the same 2 people all of the time.

Faith gatherings are not permitted.

Wedding ceremonies and funerals can have up to 5 people plus the person conducting the ceremony (receptions and visitation are not permitted).

Gathering limit with social distancing for mental health and addictions support groups - 10 people maximum.

Public schools, pre-primary and private schools are closed.

Meetings and training (indoor and outdoor) hosted by a business or organization are not permitted, including:

- provincial and municipal governments
- private businesses and organizations
- first responder organizations
- organized clubs

(CONTINUED ON PAGE 5)

Gaelic Awareness Month Celebrated

May is designated Gaelic Awareness Month, when Nova Scotia honours Gaels and promotes and celebrates their language, culture and their community.

Gaelic Affairs Minister Randy Delorey was joined by

members of Comhairle na Gàidhlig/the Gaelic Council of Nova Scotia and the Gaelic community to raise the flag of Gaels on the grounds of Province House in Halifax.

FREE PUBLICITY, simply email us with your information and we'll publish it free of charge in our weekly paper - just email us with your event information to us at this email address - [thisweek@kleeradio.com](mailto:hisweek@kleeradio.com)



TAX PROFESSIONALS

222 Commercial Street - North Sydney - B2A 1B7
902 - 794-7117 - FAX 902-241-3088
sharon.matthews@hrblock.ca
DROP OFF & ONLINE SERVICE AVAILABLE

See TAX TIPS On Page 8 Of This Edition

YOUR FREE SODUKO WEEKLY PUZZLE

			7				5	
	6		2	5		4		
2		8			3	1		
		2	6	4				9
	1			7			3	
7				1	2	5		
		1	9			8		5
		9		8	6		4	
	3				7			

You can also get your Daily Soduko Puzzle and Crossword Puzzle by logging on to - www.kleeradio.com and clicking on the FEATURES Page. Also included is a DAILY FREE SOFTWARE giveaway. Logon today to get yours FREE!!



ELMER's PAVING

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Leah Blinkhorn



FREE ESTIMATES

SERVING ALL CAPE BRETON

45s CARD GAME

The Sydney Mines Seniors & Pensioners Club is hosting a 45s Card Game every Wednesday, 7:30 pm.

There will be a Mini Jackpot, a Regular Jackpot and a Loonie pot.

1st, 2nd and 3rd Prizes. There will also be two Even Split draws.

All COVID restrictions will be in effect.

FREE PODCAST - Songs With Girls Names in the title - download your copy www.kleeradio.com



Branch 19 Legion North Sydney

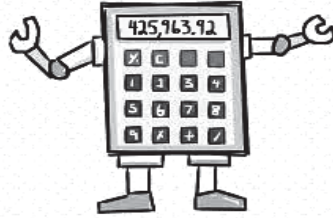
Open Monday
to Saturday
COVID
12:00

Door Buzzer after 6:00

LARGE 75" TV,
POOL TABLE
VLTs 10 - 11:45

MEETINGS CANCELLED -
BRANCH 19 Legion, North
Sydney, Executive Meeting,
Wednesday - 7:00 pm -
General Meeting 8:00 pm.

TAXES



Free Income Tax Help For Seniors

Volunteers will be at the Sydney Mines Seniors & Pensioners Club, 1000 Serpentine Avenue, Sydney, on the following dates to help you with your Income Tax return.

APRIL 1, 8, 15, 22 and 29.

The times for all these dates are from 10 am - noon and from 1:00 - 3:00 pm each date.

Walk In service only - Masks are mandatory and COVID restrictions will be in effect.

**SYDNEY MINES &
DISTRICT
LITTLE LEAGUE 50/
50 DRAW** - Last



week's winner was Mark Lyle and the amount - \$12,752. Thank you for your continued support.

(CONTINUED FROM PAGE 4)

Organized performing arts and sports are not permitted. Virtual gatherings and performances are permitted with a maximum of 5 people in 1 location.

Businesses and organizations are not permitted to host events and activities (indoors or outdoors), including:

- arts and culture events
- festivals
- social events
- special events

sports (recreational, amateur and professional), recreational and physical activity events

wedding and funeral receptions and visitation

Businesses and organizations offering a wide variety of indoor recreation activities (like indoor play areas, arcades, climbing facilities, dance classes and music lessons) must close.

Indoor fitness establishments (like gyms, yoga studios and climbing facilities) and sport and recreation facilities (like pools, arenas, tennis courts and large multipurpose recreation facilities) must close.

Outdoor fitness and recreation businesses and organized clubs can operate with up to 5 people maximum and must maintain a minimum physical distance of 2 metres (6 feet) between participants during activities.

Adult day programs for persons with disabilities funded by the Department of Community Services must close.

Adult residential centres and regional rehabilitation centres licensed by the Department of Community Services are closed to visitors. Residents are not permitted to leave the facilities.

Long-term care facilities are closed to visitors, except for designated caregivers. Residents are not permitted to leave the facilities.

Regulated and unregulated health professions can remain open if they have an approved Workplace COVID-19 Prevention Plan.

Museums, libraries and Art Gallery of Nova Scotia must close. Libraries can offer pick up and drop off for books and other materials.

Personal services businesses (like hair salons, barber shops, spas, nail salons and body art establishments) must close.

Casino Nova Scotia (Halifax and Sydney) is closed.

First Nations gaming establishments must close.

Video lottery terminals (VLTs) are not permitted to operate.

Liquor licensed (drinking) establishments (like bars, wineries, distillery tasting rooms and craft taprooms) are restricted to take-out, delivery and drive-thru service only.

(CONTINUED ON PAGE 8)

All-Star Auto



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I have a good fishing boat, good traps, the lobster and Halibut licenses, but I am getting old and not very strong any longer, So I look for a young fisherman with at least 5 years of experience, Who Kindness, love sea, hard work. no smoking. do not drink. Strong, agile, Having dreams to own a lobster & Halibut license to fish and to take care of my fishing boat my fishing gears, So I pay \$ 250 /a lobster fishing day plus 1/4 lobster income and I pay \$500 CD per fishing halibut day plus 1/4 income, You will get more than \$100 000 CD income each year, Then I will sell all of licenses to you when I retire.

Please Call: Tom - 902 577 2543

NORTHSIDE NEWS



NORTH SYDNEY LIBRARY NEWS

BOOK SALE - Now ongoing - get your Winter Reading books now at \$1.00.

FIBRE LUNCH will resume again on Thursdays from 1:00 - 3:00 pm.

We have some free masks still available. Craft Bags to take home are still available.

Ongoing Science experiments available to be taken home.

Outside Pickup available and drop off in Book Bin at the Library

April 28 - Healthier Home Webinar - Renovations and DIY Projects.



BIRTHDAY WISHES

HAPPY BIRTHDAY Wishes going out to Malcolm Ferguson who will be celebrating his 70th birthday on May. We can't get to see you Malcolm because of COVID but when the Lockdown is over, we'll come calling. Until then enjoy your special day and know that there are many friends and family who love you.

CONTACT INFORMATION

GLEN GRAY, EDITOR

PH: 902-564-9022

Email Address

glengray@kleerradio.com

?? TRIVIA ??

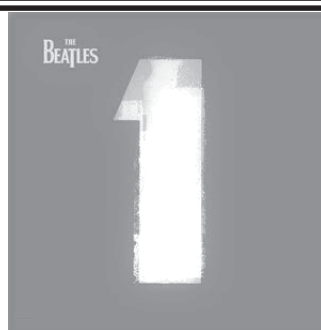
If you like Trivia, download the Trivia Podcast from our website - it has 20 General knowledge questions, a Cape Breton question and a music question - Use the PODCAST LINK - www.kleerradio.com



When I was digging through my shelf of music DVDs I found this fantastic collection, **THE BEATLES—"27 No.1's"**. The Beatles were ahead of their time musically and visually; the band saw the benefit of shooting promotional films, doing live TV performances and filming music videos as a way to connect with the millions of fans who'd never get the chance to see them live. This vision was even more astute when the band decided to stop touring to concentrate more on their musical experimentation.

The Beatles "1" record was originally released in 2000-quickly becoming the fastest selling album of its time. It had 27 of the band's biggest singles-and this is basically the DVD version of that album, with videos masterfully restored, frame by frame, to perfection-also presented in chronological order.

With a collection this big it's hard to mention all of the clips so I'll just touch on a few of them; early career hits such as "From Me To You", the incredible "I Wanna Hold Your Hand", "Can't Buy Me Love" and "She Loves You" are in their original black and white form, but the retouching gives them a look that far surpasses the original cuts. My favourite from that period (and its here) is the great song "We Can Work It Out"-the



final irony being that in the end the lads couldn't. Also, to see John Lennon strolling down the streets of London to meet up with George, Paul and Ringo as they make their way via horseback from the city to the country for a fancy tea on "Penny Lane" is magnificent. The band's hippy days are represented here with the amazingly psychedelic and breathtaking "Hello, Goodbye"-this one is definitely a trip to watch. It's also no idle boast to say that "Hey Jude" is one of this collection's show-stopper songs. There's a new video for "Eight Days A Week" that features performance clips edited together from the "Beatles Live at Shea Stadium" film, with the song acting as a soundtrack because it wasn't performed live at the concert. Also included here are "Help", "Yesterday", "Yellow Submarine", "Get Back" and "Come Together" to name just a few more. The DVD closes with a bearded Paul McCartney singing "The Long and Winding Road" (the band's last 'official' single) which serves as a fitting close and poignant reminder of the fact that the band would break up in 1970.



SYDNEY MINES LIBRARY NEWS

April-June is Adopt A Book Campaign - help us raise funds for our operating budget.

You can "adopt" a book by donating its cost, also audiobooks and DV Ds can be adopted.

If the book is in honor of somebody, we'll send them a



notice informing them of your gift.

Your contribution is tax deductible. The Adopt A Book Campaign accounts for 3% of our operating budget.

Ask for details and give the Gift Of Reading.

FREE MOTHER'S DAY & SPRING CRAFTS are available to take home. - We also have Coloring pages for you to take home and color.

Ask for them at the Library Desk.

Shear Madness

HAIR DESIGNS
HANDICAP ACCESSIBLE



**Come
Check
Us Out!**

**Tues. & Wed. 9 - 5
Thurs. 9 - 7 - Fri. 9 - 5 - Sat. 9 - 4**

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Check our DOWNLOADS Page for Free Music Podcasts -

www.kleerradio.com

Volunteer, volunteer boards and you, hopefully!

Have you ever wondered what a volunteer board does? There are many types and reasons for these boards to exist. Some are a requirement for a society or group to exist such as a charity, society or group which is registered with the Province of Nova Scotia. Some boards are long established while others are brand new. Some are prestigious, some are "resume builders", while others are hard slogging to serve the board and the intended client... regardless all of them take work to manage the personalities, problems and goals of the group or entity. This "entity" allows the group to apply for grants, fundraise and so forth under their registered name~ and require regular board meetings as part of their oversight. Sounds good in theory but most small groups are made up of folks that came together to solve a problem that came their way. Often times there are so few people involved that the group literally cannot fill all the "jobs" required for a board. [president, VP, executive director, chair, co-chair, secretary, book keeper, minute taker to name a few... not all are needed and some were left out, but you get the idea...]

Reality: most small group boards are made up of folks that recognized a problem and came together in an effort to solve that problem. Clifford Street Youth Centre is no different... we came together in an attempt to have impact on several community issues of the time... some of which continue, in one form or another, today while others evolved over time.

BOARD MEMBERS NEEDED!

Ideally a group's board should be made up of community members that share an interest in helping solve those community matters. Most groups require at least a time commitment but virtually all are on the hunt or need cash donations to survive~ we need folks to fundraise!! While the past Christmas our donations were way up, for the season, we have received no funding this year.... So the new board members ideally would have contacts, skills or ability to help resolve some of our cash flow issues. [Creativity is encouraged, grant writing skills an asset, community connections are helpful but truly just the desire to try makes all the difference!]

I, we, are looking for new board members to take up the torch and carry it into the future. Clifford Street is in its fourteenth year of operation and requires a fresh set of eyes, new ideas and especially bountiful energy as it goes forward. Ideally the board member [s] will be an active participant in identifying and solving issues. I, we, would prefer the candidates to not belong to multiple similar groups as this leads to conflict of interest/spying/confidentiality concerns. [yes this actually happens!] Those interested should possess some skill set, professional designation, proven experience, genuine interest, community reach, or simply want to volunteer "hands on" in solving those identified issues. Age does not matter, only commitment!

CLIFFORD NEWS: Currently the office is running as smoothly as it ever has in large, massive, part to Destiny Dermody who has taken up the reigns on a day -to - day basis. Destiny has things well in control!

We have just completed our participation in the "Kitchen's and Kids" program where the Wilfred Oram Centennial [WOC] library partnered with us to involve a number of area children, and parent/guardian, in a cooking program. This was a well

thought out program where the participants received, over four weeks, ingredients, spices and unusual sides, to create inspired and creative meals for their family. The first grocery order had all sorts of differing spices, flavors, and dry goods that will last long beyond the four - week program. The recipes were included each week with the delivered groceries.

HOW WELL THOUGHT OUT? - First WOC asked in the community about what they could do, differently, that would impact their clients. Then they applied for a grant. Then they engaged area community groups to see who would likely benefit. Then the community partner engaged with clients, guinea pigs lol, to see who wanted to participate. Then the first week's delivery, in this case by me and Clifford Street kids, contained a whole lot of mixed dry goods and the week's vegetarian creation, along with a lot of things that most of us would not, or could not due to cost, buy, a recipe sheet, a gift card to purchase some needed utensils, pot or pan, or whatever the recipient needed to complete their home kitchen upgrade. Then the culinary creating began! Each week, for four weeks, a special delivery of groceries was dropped off to clients. All were thankful for the creative and highly participatory program. The kids I spoke with really enjoyed the opportunity to cook and it was something different!

Well though out? Yes! Delivery was arranged to the client! Recipes were on line... but not all have internet, so a DVD was created along with a paper recipe sheet! What else? The gift card! Why? Because not every kitchen has more than one pot or one pan! Cooking utensil are expensive so not every kitchen has an array or them.... So the gift card was to help that along! Smart all around!!!

Last year we were lucky enough to be involved in the "Slow Cooked Dreams" program in partnership with Nadine Bernard and North Sydney Rotary. Here our kids learned menu planning, then purchase and create meals in a slow cooker... yet another stellar example of how to deliver a program! Each household got to keep the slow cooker!

These are but two examples of what we, and you if you volunteer, could do in your community. If you would like to volunteer with children, or Clifford Street, please do so!!!!

Volunteer! We are looking for volunteers! We are in need, in May, of new board members! As always' we are in need of food, gift cards, BOGO extra's, and cash donations!! For anything please call 902 794 9317 and leave a message if we can't grab the call. Thanks again, Paul Ratchford for Clifford Street Youth Centre

COVID update; we are closed to the public but I do check messages on the answering machine!

Stay covid safe these two weeks, or more, and we can all do our part and regain control again!!

Videotapes wear out so save your precious memories before it's too late!

We offer Professional transfers from tape to DVD using Pro Equipment-not home video gear.

We can transfer VHS, 8mm and Mini DV tapes at great prices!

Phone 902 736 9402 (Paul)





JACK COOL K-LEE RADIO DJ NEWS

I had the pleasure last week of interviewing by Zoom, Ricky Lee Phelps. Ricky Lee was the lead singer of The Kentucky Head Hunters from 1986–1992 singing lead vocals on songs



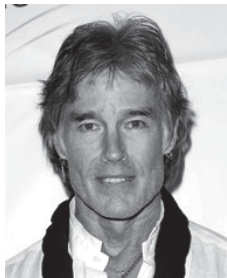
like Dumas Walker and so many more great songs. He and his brother Doug Phelps who was also in the band later formed a band called Brother Phelps which had great songs such as Let Go, Were You Really Livin', 1994 Eagle Over Angel, Ever-Changing Woman many more.

Brother Phelps were together from 1992 until 1995. Ricky Lee is a fine gentleman and I'm honoured that I had the pleasure of interviewing him. If you'd like to find out more on my interview with Ricky Lee interview with please email me and I will send the interview to you via We Transfer because the files are mp4 files my email is djjack@gmail.com all the best JACK

I had the great honour and pleasure of interviewing by Zoom, American actor and musician Ronn Moss best remembered for playing Ridge Forrester on The Bold and the Beautiful from 1987 till 2012.

He also plays John Blackwell in the TV series. Ronn stated in our interview that things were great with him. He and his wife Devin DeVasquez been spending a lot of time in Europe more

of the last year 2020 in Belgium and Italy during their time there Ronn stated he recorded a



lot of music and he also films a movie the name of the movie is called Surprise Trip - a movie that Moss and a friend of his wrote and produced and he's also in the movie as well.

During the interview Ronn also sang to me a song, an Italian song and it was very, very nice. I had the pleasure of interviewing Ronn 5 years ago and it's always a pleasure speaking with him.

Thank you so much, Ronn Moss, I really appreciate it. To hear my interview with Ronn please email me at - djjack@gmail.com - have a great week everyone.

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ANOTHER CAPE BRETON HUMOUR BOOK

OH, ME SHATTERED NERVES



A Look At The Life and Times
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Amusing and Dramatic Stories

WRITTEN & COMPILED BY GLEN GRAY

The book has 43 amusing short stories all related to sayings from my growing up years.

You can order it and all of our Cape Breton Humour books from our website and it will be delivered via mail to your door.

Logon to our website and order today - **JUST \$4.95**

www.kleeradio.com

(CONTINUED FROM PAGE 5)

Liquor licensed (drinking) establishments (like bars, wineries, distillery tasting rooms and craft taprooms) and unlicensed establishments (like community centres, charities and organized clubs) are not permitted to host activities (like bingo, darts, cards, pool and bowling).

Restaurants are restricted to take-out, delivery and drive-thru service only.

NSLC can operate at 25% capacity.

Retail stores must close for in-person service unless the store provides services essential to the life, health or personal safety of individuals and animals. Essential service retail stores can operate at 25% capacity.

Wearing a non-medical mask is required for staff, visitors and children 2 or older when they're in indoor childcare settings.

Wearing a non-medical mask is required outdoors when a physical distance of 2 metres (6 feet) can't be consistently maintained, including playgrounds and parks

TAX TIPS COLUMN

TOP SIX OVERLOOKED TAX DEDUCTIONS

1. MEDICAL EXPENSES - Everything from routine dental visits to prescriptions to doctors' fees could earn you a credit.

2. Union/Professional Dues and Licensing Examination Fees

Most union dues are deducted directly from your paycheck and appear on your T4 (box 44). If you've paid any other amounts to a union or professional organization, be sure to keep the receipts for tax time.

3. MOVING EXPENSES - If you've relocated for work, you may be eligible to claim a wide range of moving expenses for you and your family.

4. STUDENT LOAN INTEREST - Interest paid on a student loan is an often-overlooked credit.

5. CHILDCARE EXPENSES - Along with the usual fees from daycares or in-home providers, most overnight camps and summer day camps are also eligible for the deduction.

6. EMPLOYMENT EXPENSES - From home office costs to tradesperson's tools, if you incur certain expenses related to your job, you may qualify for a deduction at tax time.

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