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THIS WEEK - NORTHSIDE COMMUNITY NEWS - email - thisweek@kleeradio.com - 564-9022



North Sydney Fire Hall Pierce Street - North Sydney OPEN DAILY 10:00 - 12:00



Kitchen Open from 4:00 - 9:00

MUSIC from 5:00 - 8:00

KEEP YOUR 6 FOOT DISTANCE IN PUBLIC TO HELP STOP THE SPREAD OF COVID

Royal Canadian Legion Branch 83 Florence



NEW OPEN HOURS SCHEDULE

MONDAY, TUESDAY WEDNESDAY & THURSDAY 12:00 - 10:00 pm FRIDAY & SATURDAY 12:00 - 12:00

The CIRCLE on Saturady nights is back again 7:00 - 10:00 p.m.

736-6313



Monday - Saturday 10 am - 1 - Last Call 11 pm All Out 12 pm CLOSED SUNDAY

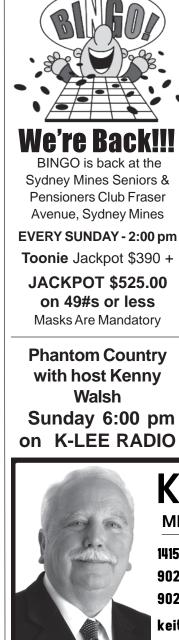


The Cape Breton Classic Cruisers are pleased to announce the tentative dates for their 2021 Events!

The Fall Classic Show & Shine is scheduled for Saturday, September 18th on Charlotte Street.

The MacIntyre All GM Show is scheduled for Saturday, October 2nd on Disco St, Sydney.

All events will follow all COVID-19 Guidelines and Restrictions, for further information call 902-794-8680 or visit capebretonclassiccruisers.com.



793 Mahon St., New Waterford - 862-9444 224 Commercial St. North Sydney - 241-9444

BLUEBERRY FESTIVAL Southside Boularderie Vol. Fire Dept. Fire Hall **SUNDAY AUG 22** 2:00 pm to 5:00 pm Take Out Only Following all Nova Scotia **Health Protocols** \$10.00 Contact any firefighter for tickets Or call Jimmie 902-736-6731, Mike 902 578-4794 TAKEAWAY Good shoppe Heat & Serve Meals - Fresh Meal

Selections - Frozen Selections Grab 'n Go Lunch Soups - Sandwiches - Salads

Ph: 217-0280

212 Commercial Street NORTH SYDNEY

Keith Bain

MLA -Victoria-The Lakes

1415 Highway 105, Bras d'Or, NS, B1Y 2NS 902-736-0301 (Office) 902-736-0411 (Fax)

keithbainmla@bellaliant.com

NEW DECOMPRESSION TABLE RELIEVES PAIN

Darren Strong from Strong Chiropractic, announces a new, sophisticated computerized decompression table that allows the spine to be gently stretched and relaxed for spinal decompression therapy.

The pattern of alternating pulling and relaxing creates vacuum-like pressure which allows disc material that was herniated or protruded to be pulled back in the disc over time.

Patients will notice a reduction of their pain during these treatment sessions. Stop in today and ask about the new table and how you can benefit.



Clifford Street Youth Centre Creates Go Fund Me Page

Clifford Street, as a youth centre, opened in 2009. Quite by accident and observation, what began as a temporary public meeting place for adults evolved into a leading edge "safe haven" for Northside children of all ages

Driven solely by the needs of the "under 18" children who attended, Clifford Street became an entirely FREE resource helping to reduce the Northside 43% child poverty rate downward to 36%!

Food insecurity was and remains the number one issue. It is followed with other necessities such as socks,

oral hygiene, footwear coats, furniture, piland more. Anxiety re-



lated to food insecurity / no clothing for school / no lunches is a real problem faced by real families in your neighborhood.

While other youth groups receive several hundreds of thousands of dollars in annual funding, Clifford St defies convention by existing on less than thirty thousand! [we dream of fifty thousand per year]. We are FREE of any charges to our clients. Any perception of a cost immediately creates a barrier for the 40% children living in poverty; a barrier to the future.

40 % child poverty in the CBRM ... , four out of ten, almost half... when does the number of 40 percent of all children living in poverty on the Northside cause us to respond with resources?

Clifford Street has opened every day we are allowed while Covid ravaged our country. Providing at least one meal a day, computer access with internet, and mentoring with staff who are committed to their wellbeing.

Clifford Street has been a safe haven to children of the Northside for close to fourteen years and now needs your help to continue to operate. Please donate today.

Here is the link to to the Go Fund Me Page

https://gofund.me/4f9aa7da



BRANCH 008 LEGION SCHEDULE MONDAY - TUESDAY - WEDNESDAY - THURSDAY - 11:00 - 9:00

FRIDAY & SATURDAY - 11:00 - 11:30 - OPEN FULL CAPACITY

PHONE - (902) 736-3206

COMMUNITY NEWS ITEMS



Member of Parliament SYDNEY - VICTORIA

jaimebattiste.ca jaime.battiste@parl.gc.ca 207A-201 Churchill Drive Membertou, NS B1S 0H1

(902) 567-6275



Where Can I Get My Free Copy?

NORTH SYDNEY - North Sydney Library, MLA Murray Ryan, Bianchinis Pizzeria, Branch 19 Legion, Strongs Chiropractic, North Sydney Fire Hall, Kenny's Pizza, Ralph Ivey Auto, A-1 Auto, Thyme Savour, H & R Block, Brewers Convenience, Seaview Motors

SYDNEY MINES - Sydney Mines Library, Seniors & Pens. Club, Robins Donuts, Branch 008 Legion, Needs Convenience, MacDonald Denture, MacIntyre Hardware

FLORENCE - Florence Legion, Shear Madness. Florence, Library, CH Tax Services,

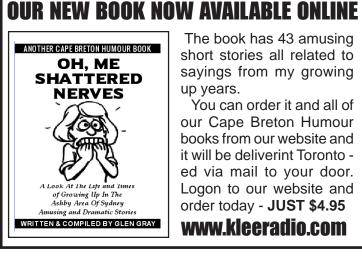
BRAS d'OR - LICK A CHICK, 1409 Restaurant, Jane's Restaurant, Bras d'Or Convenience. MLA Keith Bain - on our website at www.kleeradio.com



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Things have certainly turned around in a hurry weather wise many people were complaining about the extremely hot weather but I was quick to remind them that we had overnight frost in July and we'll be wearing sweaters in the evening in three weeks, so take it while you can get it..... A federal election has been called for Monday, September 20th and we'll see how well the Liberal government holds up for its COVID pandemic response - it is expected that all parties will fiercely defend their platforms - it will remains to be seen what each party will push as its re-election strategy - make sure you get out and vote I was recently on the KitchenFest website and there is a tremendous variety of talented Cape Bretoners waiting to entertain you from August 27 - September 4th - check out the schedule in this issue and the previous issue has August 26 and 27 schedule - I can't wait to attend several of the events check page 3 for the Clifford Street Youth Centre and how you can help support them through their Go Fund Me page - please make a donation to help this worthwhile youth group.....The Northside/Harbourview Hospital Foundation is pleased to announce our 2nd Annual Luminary of Love, Sunday, September 26th at Indian Beach see page 6 for story and details Paul Power has a review of Seth Rogan's new "Yearbook" in his column this week The Provincial Election has made some changes in the Northside area - Incumbent PC MLA Murray Ryan was defeated by Liberal Fred Tilley in the Northside-Westmount riding and PC MLA Keith Bain retained his seat in the Victoria-The Lakes riding -Keith has been a supporter of this paper for many years and we look forward to working weith him and new MLA Fred Tilley to report on the successes in the Northside region of Cape Breton.... FREE PUBLICITY - If your group or organization is planning an upcoming community event and want some free publicity, simply email us with your information and we'll publish it free of charge - just send us your information at this email address - thisweek@kleeradio.com



The book has 43 amusing short stories all related to sayings from my growing up years.

You can order it and all of our Cape Breton Humour books from our website and it will be deliverint Toronto ed via mail to your door. Logon to our website and order today - JUST \$4.95 www.kleeradio.com



Well Billy, it happens to the best of us - the BIG 40 - but don't worry, all the boys chipped in and you should get your new seniors scooter any day now -Happy birthday from your much younger friends.



Happy 44th Anniversary to Ethel and Arthur Harrietha who will be celebrating at home on August 18th - Best Wishes for a wonderful day from family and friends.

Cape Breton Winter

Spring slips to Summer, Summer to Fall.

In Cape Breton. I'll be, waiting Winter's call

First frost of Autumn, warning indeed.

North Wind so frigid, pouring in from the sea.

Cape Bretoners familiar with ice,sleet and snow

test of survival at twenty below.

Survive we shall like forefather before.

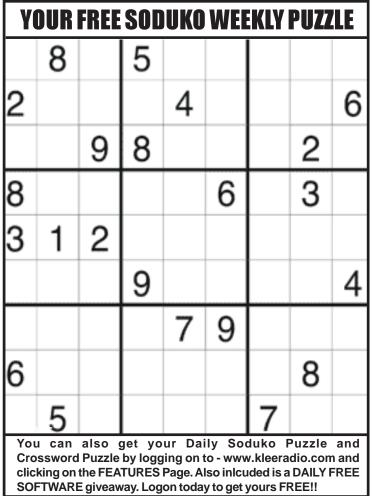
Til warm breeze of Spring, caress us once more.

Winter friend in Cape Breton be, full of surprises this we agree.

As Spring slips to Summer, Summer to Fall.

In Cape Breton I'll be waiting Winter's Call.

Ron Gillis North Sydney, NS



Kitchen Fest 2021 Event Schedule

AUG. 29 - Living History Museum - Higland Village - Iona AUG. 29 - Outdoor Ceilih at Cape Smokey - Ingonish - 1:00 pm AUG. 29 - Ceilidh at the Celtic Music Centre - Mabou AUG. 29 - Outdoor Ceilih at Cape Smokey - Ingonish - 3:00 pm AUG. 29 - Pub Nght at MacBouch - St. Peter's AUG. 29 - Ashley & Friends - Gaelic College - St. Ann's AUG. 29 - Outdoor Pub at Governors - Sydney AUG. 29 - Pub Night at The Old Triangle Pub - Sydney AUG. 29 - Pub Night at Red Shoe Pub - Mabou AUG. 29 - Pub Night at The Doryman - Cheticamp AUG. 30 - Breakfast & Songs - Gaelic College - St. Ann's AUG. 30 - Lunchtime Ceilidh - Galeic Colege - St. Ann's AUG. 30 - Pub Nght at MacBouch - St. Peter's AUG. 30 - Evans & Doherty - Lousibourg Playhouse AUG. 30 - Pub Night at Governors Pub - Sydney AUG. 30 - Pub Night at The Old Triangle Pub - Sydney AUG. 30 - Pub Night at Red Shoe Pub - Mabou AUG. 30 - Pub Night at The Doryman - Cheticamp AUG. 30 - Pub Night at Brook Village Hall AUG. 31 - Breakfast & Tunes at the Gaelic College - St. Ann's AUG. 31 - Lunchtime Ceilidh at Gaelic College - St. Ann's AUG. 31 - Lunch at the Celtic Music Centre - Mabou AUG. 31 - Pub Night at Bras d'Or Lakes Inn - St. Peters AUG. 31 - Tuesday Night Ceilidh at Mabou Parish Hall AUG. 31 - Port Hawkesbury Ceilidh - P. H. Civic Centre AUG. 31 - Pub Night at The Red Shoe Pub - Mabou AUG. 31 - Pub Night at the Baddeck Legion - Baddeck AUG. 31 - Pub Night a the Doryman - Cheticamp SEPT. 1 - Breakfast & Tunes at the Gaelic College - St. Ann's SEPT. 1 - Living History Museum - Higland Village - Iona SEPT. 1 - Lunchtime Ceilidh at Gaelic College - St. Ann's SEPT. 1 - Lunchtime Ceilidh at the Celtic Music Centre - Mabou SEPT. 1 - Wednesday Night Ceilidh - Gaelic College - St. Ann's SEPT. 1 - Outdoor Pub at Governors - Sydney **SEPT. 1** - Pub Night at the Old Triangle - Sydney SEPT. 1 - Pub Night at Red Shoe Pub - Mabou **SEPT. 1** - Pub Night at the Baddeck Legion - Baddeck SEPT. 1 - Pub Night at The Doryman - Cheticamp SEPT. 1 - Concert at the Normaway Inn Barn - Margaree SEPT. 2 - Breakfast & Songs at the Gaelic College - St. Ann's SEPT. 2 - Living History Museum - Higland Village - Iona SEPT. 2 - Lunchtime Ceilidh at the Celtic Music Centre - Mabou SEPT. 2 - Blas Math Ceilidh at the Gaelic College - St. Ann's SEPT. 2 - Outdoor Concert at Cape Smokey - Ingonish SEPT. 2 - Gaelic College Jam Session - St. Ann's SEPT. 2 - Community Roast Beef Supper - Gaelic College SEPT. 2 - Pub Night at Bras d'Or Lakes Inn - St. Peters SEPT. 2 - Pub Night at Inverness Legion - Inverness SEPT. 2 - Concert at Boisdale Hall - Boisdale SEPT. 2 - Songwriters Circle at Gaelic College - St. Ann's SEPT. 2 - Pub Night at the Old Triangle - Sydney SEPT. 2 - Pub Night at Le Gabriel Lounge - Cheticamp SEPT. 2 - Pub Night at The Red Shoe Pub - Mabou

Summer Fire Safety Tips

There is so much to do during the warmer weather. For this reason, it is critical to keep these summer fire safety tips top of mind while you enjoy yourself.

PROPERTY FIRE SAFETY TIPS

Maintain 10 feet of space between your home, shed, and any fire pits, bonfires, or tiki torches. Supervise children and pets at all times, especially around open flames.

Keep matches and lighters far out of the reach of children.

Put out any open fires before leaving the backyard or going to bed.

Leave fireworks to a professional.

GRILLING FIRE SAFETY TIPS

Never grill indoors.

Situate the grill away from the home, deck railings, roof eaves, and low branches

Check propane hoses for leaks before using.

Open the lid of your gas grill before lighting it.

Only use charcoal starter fluid on charcoal grills. Wear short sleeves or roll up sleeves while cooking.

Use long-handled grill tools to avoid burning your fingers and hands.

Keep the grill at least 10 feet away from the property.

Maintain 3 feet of space between children, pets, and the grill.

Never leave the grill unattended.

Clean leftover fat and grease off the grill to prevent fires.

Allow any coals to fully cool before placing them in a metal container for disposal.

PREVENT BURNS AND FIRES THIS SUMMER

By utilizing these summer fire safety tips, you can decrease the changes of a fire or being burned by one. Should you have a mishap, run any burns under cool water for 3-5 minutes before covering with a clean, dry cloth. See a doctor for any severe, large burns. As always, stay safe this summer season and call FloodSERV for any fire restoration needs you may have!

Sharing is caring!

From your Public Fire Educator Ed Fudge any questions or information contact me at 902 371-4044

(SCHEDULE CONTINUED ON PAGE 7)

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NORTHSIDE NEWS



NORTH SYDNEY

It's so good to have the library open again at regular hours just in time for the Summer Reading program.

WELCOME BACK

See all the details on The Summer Reading Program and how to win prizes in the Grand Prize Raffle. The contest runs until August 31st and the Prize Draw will be after that date.

BOOK SALE - All books \$1.00 **FIBRE LUNCH** at Munroe Field Thursdays from 1:00 3:00, weather permitting.

Masks are still required for Library visits.

2ND ANNUAL LUMINARY OF LOVE

The Northside/Harbourview Hospital Foundation is pleased to announce our 2nd Annual Luminary of Love, proudly presented by John D. Steele's Sons Limited!

As the sun begins to set on the evening sky, the shore line begin to glow with love. Watch your luminary drift out into the water as it joins other lanterns carrying hope, love, happiness, healing, and peace. Whether vou want to honour or remember, join us at 6:30 pm on Sunday, September 26th at Indian Beach as we celebrate those who mean the most to us. With the help of North Sydney Fire Department, no luminary will be left behind, we value our environment.

All proceeds directly benefit the Northside/Harbourview Hospital Foundation, allowing us to fulfill our mandate of improving the lives of patients across our two local hospitals.

1 Luminary - \$20 Donation

3 Luminaries - \$50 Donation

To reserve a luminary, contact the foundation office at (902) 794-5402.



I don't think my summer would be complete without mentioning one of the literary highlights of itreading Seth Rogen's autobiography "Yearbook". I have to admit right up-front that I am a huge fan of this man's work-seeing every movie, TV show and almost everything he's done on YouTube, and of course I touched on part of that career last month when I wrote about the wonderful TV series "Freaks and Geeks". One of the actors who got their start on that show was, of course, Seth Rogen. Most people know that Seth was born and raised in Vancouver, B.C. but some may not be aware of the fact that he signed up for a comedy workshop when he was only 12, co-wrote a draft for the movie "Superbad" (which was based on his real experiences) when he was only 13 (what?) and was doing stand-up routines in comedy clubs when he was just 16-making him the family's main wage earner when he co-starred on the TV series "Freaks and Geeks". The rest is, as they say, history with multiple awards, over 20 movies (as writer, producer, actor or all), creating his own line of products Cannabis "Houseplant" brand), pottery (no pun intended) and forming a charity with his wife (actress Lauren Miller-who he met when he worked on "Da Ali G Show",



and she acted in a few of his movies) that raises money, awareness and inspires change in how Alzheimers is perceived. It's called the "Hilarity For Charity" movement. This book is a verv personal journey filled with over-the-top humour, including the worst summer camp experience imaginable, Seth's insights and experience in Hollywood (one case in particular shines a light on an actor of colour who was a racist ierk to Seth, making antisemetic comments) and general mayhem that made Seth who-and what he is today. It's easy for some people to just pass Seth Rogen off as a modern-day Cheech or Chong, but they would be extremely shortsighted and sadly mistaken, as Seth Rogen is a master at his craft and literally wrote the book on millennial comedies-and now he can throw it at us (yuk yuk)...I know, leave the jokes to the professionals. This is a great read-and that's no joke

www.facebook.com/arcsydney

(902) 567-4962

1290 King's Road - Suite 14 Sydney, NS B1S 1E2



WELCOME BACK Summer is here and our Summer Reading Program is set for 2021.

The contest runs until August 31st and the Prize Draw will be after that date.

Each book you read earns you points, so get busy with your favorite authors and titles.

Masks are still required for Library visits.





Check our DOWNOADS Page for Free Music Podcasts -**WWW.kleeradio.com**





In Memory of George Payne

Born June 18th,1937 Died Sept 24th, 2020

Just over a year ago we lost a musical legend and a well known accordion player George Payne.

George was a gifted accordion player, since he

was 13 he played in many venues around Cape Breton.

George's hobbies were recycling old cars and fixing things up.

He loved to travel to Newfoundland and loved meeting different people.

We will always remember his laughter and his smile.

From his Loving Family





Please send out a very special Happy Birthday Wish to Gerry Fiander who will be celebrating his 45th birthday on Augus 18th - With Love, from Gail, Carter and Tammy



For all your Personal and Business Printing Needs

200 Charlotte Street SYDNEY, NS **PHONE 562-2122** Sunday Morning Gospel Radio Show with Pierre Chiasson Airs 9:00 am www.kleeradio.com



For the Best In Classic Country Music, join Kenny Walsh every Sunday Night at 6:00 pm for Phantom Country a 2 hour show of the best Country Music **www.kleeradio.com**

CBRM Open House - North Sydney

Location: Fireman's Club - Date: Wednesday, August 25, 2021 - Time: 6: 00 pm to 8:00 pm.

The Cape Breton Regional Municipality (CBRM) and the Cape Breton Partnership welcome you to CBRM Forward!

CBRM Forward is a comprehensive strategy to guide the CBRM into a bright future. The project includes the development of an Economic Development Strategy, a Growth Strategy, and a thorough overhaul of the Municipal Planning Strategy, the Land Use By-law, and other critical enabling by-laws. CBRM Forward will provide an aspirational vision for the community rooted in the reality of the CBRM's strengths and opportunities. It will provide a framework for action and set expectations over short, medium, and long term horizons.

The components that make up CBRM Forward will be used to make decisions for the next 10 to 25 years. It is therefore critical that these strategies be built by the experts.

That means you! You are the expert on all things CBRM and your input is necessary to build strategies that are representative, actionable, and impactful.

You will be asked to share your thoughts and ideas throughout 2021 and 2022 to help develop CBRM Forward into a project your community can be proud of.



