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THIS WEEK

NORTHSIDE COMMUNITY NEWS

FREE

Vol. 11 - SEPTEMBER 15th - 2021



The 41st Annual Terry Fox Run on September 19th at the Yacht Club in North Sydney. See page 7 for details.



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North Sydney Fire Hall

Pierce Street - North Sydney OPEN DAILY 10:00 - 12:00

THURSDAY EVENING

Ernie, Todd & Wade

Kitchen Open from 4:00 - 9:00



MUSIC from 5:00 - 8:00 THIS WEEK'S **SPECIAL**

2 PIECE FISH & CHIPS \$11.75

The Kids Are **Back In School**

Remember the Reduced Speed Zones and please **DRIVE SAFELY**

Royal Canadian Legion Branch 83 Florence



NEW OPEN HOURS SCHEDULE

MONDAY, TUESDAY **WEDNESDAY & THURSDAY**

12:00 - 10:00 pm

FRIDAY & **SATURDAY**

12:00 - 12:00

The CIRCLE on Saturady nights is back again 7:00 - 10:00 p.m.

736-6313



NORTH SYDNEY LEGION - BR. 19 SCHEDULE

Monday - Saturday 10 am - 1 - Last Call 11 pm All Out 12 pm **CLOSED SUNDAY**

Boularderie Island Seniors

We are back again with cooking classes and guest speakers and lunch. All events will take place at the Big Bras d'Or Hall. All events are free.

COOKING CLASSES

October 2nd - 1:00- 4:00 October 26th - 1:00 - 4:00 November 20th - 1:00 - 4:00 November 27th - 1:00 - 4:00 December 5th - 1:00 - 4:00 December 18th - 1:00 - 4:00

GUEST SPEAKERS & LUN-CHEONS - September 17th 10 am - noon - Yoga Introduction with Denise Oake

October 25th - 10 am - noon -Farm and Lunch visit Chenie Swift, Gra Restaurant, Kempt Head Road

November 8th - 10 am - noon Christmas Card Making Workshop with Susan Martin December 3rd - 10 am - noon -Drum Intro with Shelly Allen.

All COVID protocols will be followed.

Sunday Bingo

Sydney Mines Seniors & Pensioners Club Fraser Avenue. Sydney Mines

2:00 pm

Toonie Jackpot \$936 went

JACKPOT \$675.00 on 50#s or less Masks Are Mandatory

45s CARD GAME has resumed on Wednesday evening at 7:00 pm

Open to the Public



WISHES

Happy 45th Birthday to Sean Collier celebrating his birthday September 10 - Love, Amy



Branch 008 Legion, Sydney Mines - Election of 1st. Vice President will be held on Thursday, September 23/21 at 7:00 pm.



Heat & Serve Meals - Fresh Meal **Selections - Frozen Selections** Grab 'n Go Lunch

Soups - Sandwiches - Salads

Ph: 217-0280

212 Commercial Street **NORTH SYDNEY**

Part Time Bartender Wanted at North Sydney Fire Hall

Must be available for evenings & Weekends **Criminal Record Check Required** Please drop off resume at the Bar from 10 am - Midnight

PIERCE STREET - NORTH SYDNEY

NEW DECOMPRESSION TABLE RELIEVES PAIN

Darren Strong from Strong Chiropractic, announces a new, sophisticated computerized decompression table that allows the spine to be gently stretched and relaxed for spinal decompression therapy.

The pattern of alternating pulling and relaxing creates vacuum-like pressure which allows disc material that was herniated or protruded to be pulled back in the disc over time.

Patients will notice a reduction of their pain during these treatment sessions. Stop in today and ask about the new table and how you can benefit.

Chiropractic Inc.

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I had the incredible pleasure and honour and absolute dream come true of interviewing actor John Travolta.

First of all, I would like to say that Mr. Travolta is a down-toearth great person to talk to.

We touched base on a great

conversation about movies such as The Fanatic which he starred in 2 years ago where he plays a fan named "Moose" who has a disability.

He's on the autism spectrum who

is a fan first but later becomes a stalker who is a fan of a celebrity named Hunter Dunbar played Devon Sawa but in the movie, two people cross a line.

John Travolta's character Moose, crosses a line as a fan and Hunter Dunbar Devon Sawa he also crosses a line as a celebrity.

We also talked about the movie Gotti he did in 2018 where he plays John Gotti and John said that was a tough role for him because John Gotti is so not John Travolta

I also gave my condolence to him for the passing of his wife and we both agreed that his wife Kelly who plays his wife in the movie Gotti - her performance was also fantastic.

John also stated in our conversation that he does not have to like the character, he just has to be that character and that's what he gets paid for which is a very true statement. We also

talked about his 1977 movie Saturday Night Fever where he played Tony Manero and also we talked about the sequel to Saturday Night Fever "Stayin Alive" directed by Sylvester Stallone.

We also talked about the movie he did in 2004 called "Ladder 49" and how much he honours the hard work and dedication that firemen put their lives through the save others.

And of course, when they did

that movie, they took the full fireman's course.

Travolta is finishing up a movie with actor Bruce Willis called "Paradise City" then he'll also be starting another one called "In Character" and he starts

that in October.

This week John is up for an Emmy for the comedy he did with actor Kevin Hard called Die Hard. I would love to give big thanks to John Travolta's team for helping me accomplish this interview. I would first like to thank John's brother Joev Travolta for pointing me in the right direction to request an interview with John. I would also like to thank John's people Angie Amanda and all the rest of his great team for allowing me to interview such a great person and Legend. It was an honour John has also accepted another interview request to do with him at some point he is promoting something, if you would like a copy of my interview with john you can email me jackcool@mail.com djjack@gmail.com - all the best I also had the pleasure of interviewing American Graffiti star Paul Lemat. We talked

about his movies and we also talked about "The Boat", a book he is writing which he's calling it at this time one thing or another.

We also talked about his strong

role as Mickey in the true story called The Burning Bed where he plays an abusive husband where he also won Golden

Globe Award for Best Actor – Miniseries or Television Film.

We also talked about that famous scene of drag racing

with him and Harrison Ford in the movie American Graffiti.

Thank you Paul for your time I really appreciate it.

if you would like a copy of the interview email me

at - djjack@gmail.com or jackcool@mail.com

Have a good week everyone **JACK**



<u>WHAT:</u> "Walk in the Park" Fall fundraiser with a flea market, perennial plant sale (pick a pot) Bake sale and activities for children. Hot dogs and refreshments available.

WHEN: Saturday Sept.18/21 Time 10:00 - 2:00 pm (weather permitting)

WHERE: The Park in Boisdale across from the fire hall.

WHO: The Hills Of Boisdale Community Association

Why: To promote the ongoing and future development of the park. Contact # - Peggy 902-304-6787



TAX PROFESSIONALS

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DROP OFF & ONLINE SERVICE AVAILABLE

FEDERAL ELECTION SEPTEMBER 20



BRANCH 008 LEGION - SYDNEY MINES

Branch 008 Legion, Sydney Mines - Election of 1st Vice President will be held on Thursday, September 23 at 7:00 pm.

PHONE - (902) 736-3206



Delivering the best plan for...



1. \$9 billion to hire doctors and nurses and to reduce wait-times and surgery back-logs

2. Increasing debtrelief for doctors who practice in rural communities, bringing doctors here

3. \$4.5 billion in mental health care funding and a permanent, mental healthcare transfer to provinces

- 1. Reduce CMHC mortgage insurance by 25%. For a typical homebuyer, this will save \$6,100
- 2. Rent-to-Own program to help make it easier for renters to get on the path towards home ownership while renting
- 3. Stop renovictions, create a Home Buyer's Bill of Rights, and end foreign home ownership for two years





- 1. \$10/day childcare saving families \$1,000's each year for every child and creating new childcare spaces
- 2. No student will have to pay back student loans until making at least \$50,000 and ending all federal interest
- 3. Create a direct monthly payment for low-income Canadians with disabilities like the GIS and CCB

Authorized by the official agent for Jaime Battiste.





Eddie Orrell, speaking with a supporter at a small craft harbour in Victoria County

Eddie Orrell: Ready to Fight for the People of Sydney-Victoria

The Conservative Party of Canada candidate for Sydney-Victoria, Eddie Orrell, says "the people of Sydney-Victoria deserve an elected representative who is present and aware of their concerns. They deserve someone who will stand up and fight for them."

Born and raised in North Sydney, Eddie is an active member in his community and he hears frustrations and concerns every day. He says, "People are worried about the future. They are worried about their health, safety, security, their jobs, businesses and pensions. COVID has only added to the stress and the strain."

However, the father of two also says, "for the first time in a long time, there is hope."

With Erin O'Toole you get Canada's Recovery Plan to get our county back on track. It shows real promise for Sydney-Victoria.

Eddie says "I encourage people to learn more about the plan because it is a game changer for Cape Breton. From ensuring tourism supports, to making internet accessible for all residents, to providing incentives for innovators to create and produce in Canada, as well as doubling funding for small craft harbours; the Plan has a lot to be excited about."

Eddie Orrell says "as part of Erin O'Toole's team I will be accessible to you, ready to hear you, ready to stand up and fight for you and your family's future."

Sydney-Victoria Deserves Better The Current Liberal MP for Sydney-Victoria has Voted AGAINST:

X The Special Employment Insurance Sickness Benefits Motion. That motion was to increase benefits from 15 to 50 weeks.

X The Support for Health Care workers Motion. That would have increased Health Canada transfers before the end of 2020.

X The Financial Situation of Elderly Motion. That motion was calling on the government to include a \$110-per-month boost to old age security (OAS) benefits in the upcoming federal budget.

X The Measures to Support Canadian Workers Motion. That was to support the tourism and airlines flying to regional airports during the pandemic.

VOTE ON ELECTION DAY: MONDAY, SEPTEMBER 20

EDDIEORRELL.CA 902-317-VOTE (8683) info@eddieorrell.ca

NORTHSIDE NEWS





BOOK SALE - Books 3 for \$1.00 and up to \$2.00. Large slection for your Fall reading.

FIBRE LUNCH at Munroe Field Thursdays from 1:00 3:00, weather permitting.

Free adult and child masks still available.

LIBRARY **CLOSED** September 30th for holiday.

2ND ANNUAL LUMINARY OF LOVE

The Northside/Harbourview Hospital Foundation is pleased to announce our 2nd Annual Luminary of Love, proudly presented by John D. Steele's Sons Limited!

As the sun begins to set on the evening sky, the shore line begin to glow with love. Watch your luminary drift out into the water as it joins other lanterns carrying hope, love, happiness, healing, and peace. Whether you want to honour or remember, join us at 6:30 pm on Sunday, September 26th at Indian Beach as we celebrate those who mean the most to us. With the help of North Sydney Fire Department, no luminary will be left behind, we value our environment.

All proceeds directly benefit the Northside/Harbourview Hospital Foundation, allowing us to fulfill our mandate of improving the lives of patients across our two local hospitals.

1 Luminary - \$20 Donation

3 Luminaries - \$50 Donation

To reserve a luminary, contact the foundation office at (902) 794-5402.



For this week's column I was going to write about another subject-but something unusual, creative and intriguing caught my eye in a big way. To step back a bit. I am a big fan of Canada's own Annie Murphy and her work, especially on "Schitt's Creek"; she perfected playing a likable ditsy bubble-head, but there's so much more to Annie's acting skills. For years she was a struggling actress and recounted in 2020; "My house had just burnt down, I had like, \$3 in my bank account, I hadn't worked in close to two years. And I had just blown my very first screen test - like blown it. blown it. blown it. ... I found myself crying in the Pacific Ocean, a very snotty cry, and the universe was like, 'Don't do this anymore. This is not for you!' But then, two days later, I got the audition for "Schitt's Creek" (in 2013) and the rest is history-or the future, depending on how you look at it. Now to the main subject: "Kevin Can F**k Himself" is a dark comedy running on AMC that is like no other show I have ever seen. It follows Annie's character as she tries to deal with a totally insensitive manchild husband and an unhappy marriage. Here's the ringer; as the wife the segments are



shown in a typical sitcom style, complete with a laugh track, bright colours and supporting characters that are stupid. Then it cuts to Annie's character in her 'real' life-one that is definitely not funny, and is dark and claustrophobic. **Imagine** "The Sopranos" meets "The King of Queens" and that description is dead on the mark. As of writing this I am halfway through the first season's 8 episodes (AMC has renewed the series) and I am almost ready to binge watch and show-verdose. The Rotten Tomatoes website said; "an ambitious blend of genres don't always gel, but searing social commentary and a stellar performance from Annie Murphy make for an engaging watch." Annie IS this show, and I think it's her best work ever. This is indeed not a series for everyone-but if you want a fresh, intelligent viewing experience and are willing to step away from the dumb cookie-cutter sitcom premise then this is the show for you. Enjoy!





Lego Program begins September 21st from 3:00 - 4:00 for ages 5 and up.

Library will be CLOSED on September 30th for holiday.

The FLORENCE Library will be open next week on Tuesdays & Thursdays ONLY.

A new Podcast "Sea Shanties" featuring traditional sea shanties is now available for free download at -

www.kleeradio.com



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FREE CLUB NOTICES

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SYDNEY MINES & DISTRICT LITTLE LEAGUE 50/50 DRAW - Last week's winner was C & K Monroe and the amount - \$11,312.

ONLY 2 MORE DRAWS LEFT!



WISHES

We would like to wish our sister, Angela Payne, a very hapy birthday on September 20th. All the Best for your special day. With Love, from your family and friends

Condolences for your cat Patches from the Payne



Patches will always be remembered fondly.



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- www.kleeradio.com

WISHES

Send your Free Birthday Wishes to us - thisweek@kleeradio.com

CONTACT INFORMATION

GLEN GRAY. EDITOR

PH: 902-564-9022

Email Address glengray@kleeradio.com

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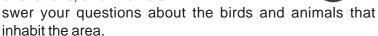


HIKE FOR HOSPI

Hike for Hospice is happening October 2. You can register as an individual, create a team or sponsor your favourite participant. You can walk in memory of a loved one know-

ing that the funds you rais will go to furnish and finish the community's new Hospice.

There will be music. games for the kids, demonstrations, and wildlife ex



It's taking place at the Coxheath Hills Walking Trail and the Coxheath Walking Track from 1-4 pm. Register at or pick up a registration form at any Pharmasave in CBRM

The 41st Annual Terry Fox Run on September 19th at the Yacht Club in North Sydney.

This will be an in person or virtual event. In person registration will take place from 8:00 - 9:00 am followed by a beautiful 5 km run, walk or bike along the North Sydney Harbour.

There will be a breakfast for sale following the run prepared by Thyme Savour Catering. Hope to see a good crowd.



KWIK KOPY

CHARLOTTE STREET - SYDNEY

PHONE 562-2122



Well, the kids are back in school, the federal election is in full swing and the COVID restrictions are scheduled to be lifted today - it will be interesting to see what is lifted - I complain when I have to keep my mask on n church for 45 minutes - I can't imagine workng all day with one on or the kids at school wearing them even on the bus - let's hope this is the start of something good..... The 41st Annual Terry Fox Run will be held at the North Sydney Yacht Club on September 19th - see page 8 for activity details - I am a great admirer of Terry Fox and what he set out to accomplish and he has certainly made an impact..... DJ Jack Cool has been intervieweing celebrities for many years and contributes to K-LEE RADIO with his Late Nite Oldies Show and this past week Jack has interviewed actor **John Travolt**a, an interview Jack has been working on for a long time - you can listen to the interview by clicking on the ink on our website www.kleeradio.com - Congratulations Jack on a job well done.... The Boisdale "Walk in the Park" Fall fundraiser with a flea market, perennial plant sale (pick a pot) Bake sale and activities for children takes place Saturday Sept.18 from 10:00 - 2:00 pm weather permitting)....The Hike for Hospice is happening October 2 - you can register as an individual, create a team or sponsor your favourite participant - you can walk in memory of a loved one knowing that the funds you raise will go to furnish and finish the community's new Hospice - see page 7 for details.... Branch 008 Legion, Sydney Mines -Election of 1st. Vice President will be held on Thursday, September 23/21 at 7:00 pm...... - The North Sydney Fire Hall is looking for a Part Time Bartender and you can check out details in their ad on page 2 of this edition...... Don't forget to get out and vote in the upcoming federal election as it's important to all Cape Bretoners to elect politicans that will be guiding policy in the near future - we need solid government representation.... FREE PUBLICITY - If your group or organization is planning an upcoming community event and want some free publicity, simply email us with your information and we'll publish it free of charge - just send us your information at this email address thisweek@kleeradio.com

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BEGINNER LINE DANCING CLASSES

Hate Exercise but love dance? Black Rock Line Dancers are offering Beginner Line Dance Classes - No Experience necessary - starting Thursday, September 16th from 7:00 - 8:00 pm Line Dancing



at the Big Bras d'Or Fire Hall. Come join the fun - \$5.00 weekly.

Ony 12 spots available due to Covid protocols. Register early. Call or text 902-565-1063 or email imacgregor@hotmail.com to reserve your spot

YOUR FREE SODUKO WEEKLY PUZZLE								
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