

# MacDONALD DENTURE CLINIC

42 FRASER AVENUE  
SYDNEY MINES  
PHONE  
**736-2280**

**G. MacDonald - Denturist**  
By Appointment - Masks Mandatory

HIGH STREET  
BADDECK  
PHONE  
**295-2516**



**FREE**

## THIS WEEK

**NORTHSIDE COMMUNITY NEWS**

**FREE**

Vol. 11 - JANUARY 6th - 2021

*Happy  
New  
Year!*

Happy New Year  
to all our readers  
Have A Safe & Healthy New Year



### RALPH IVEY'S

Auto Repair Ltd. and Muffler Man

**BRING YOUR CAR IN FOR  
WINTER SERVICING**

**IF WE CAN'T DO IT - IT CAN'T BE DONE!**

93 KING STREET  
BY THE TRACKS

Bring your Vehicle in  
for Auto Servicing

**794-7500**



## McCormick's

## TIRECRAFT

126 SEAVIEW DRIVE - - NORTH SYDNEY



# WINTER TIRE SALE

All Brands  
Tires Starting  
At .....

**\$69.95**

Happy New Year To All Our Customers

MON. - FRI. 8:00 - 5:00 PM & SATURDAY 8:00 - 1:00 **PH: 794-4947**

**North Sydney Fire Hall**

NOW OPEN - 10 - 2  
MONDAY - SATURDAY  
SUNDAY - 12 - 12

Thursday 5:00 - 8:00

**Music - Ernie, Todd & Wade**  
**THIS WEEKS SPECIAL**  
**Club & Fries**  
**\$10.25**

**UPCOMING EVENTS**

**THURSDAY** - Wade, Todd & Ernie from 5 - 8 pm,

The Kitchen is open from 4:00 - 9:00 pm.

Music from 5:00 - 8:00 pm

**FREE 2021 Calendar**  
**Available On Page 8**

**Royal Canadian Legion**  
**Branch 83**  
**Florence**  
**NOW**  
**OPEN**  
**SPECIAL**  
**NOTICE**

Due to COVID Updates, we are waiting to hear from the provincial Government regarding what programs we can run in the new year. Stay tuned for updated COVID protocols and our programming.



**Washer**  
**Toss**  
**To Be Updated**

**736-6313**



**BRANCH 008**  
**LEGION**  
**NEWS**  
**SCHEDULE**  
**NEW HOURS**

Our Branch is closed Monday through Thursday at 9:00 pm and OPEN Friday until 10:00 PM. Closed Saturday at 9:00 pm.

**CLOSED ON SUNDAY**

*Happy New Year to all our Members*

For the Best In Classic Country Music, join Kenny Walsh every Sunday Night at 6:00 pm for Phantom Country - Logon to [www.kleeradio.com](http://www.kleeradio.com)

The North Sydney Minor Hockey 50/50 Draw - Last week's Christmas Draw winner was F & N Morrison and the amount was \$17,673. Thank you for your support.



FREE PUBLICITY, simply email us with your information and we'll publish it free of charge in our weekly paper - just email us with your event information to us at this email address - [thisweek@kleeradio.com](mailto:thisweek@kleeradio.com)



**Lots Of Childrens**  
**Activities To Fill The**  
**School Vacation**  
**Free To Download**

With the children having another week added to the Christmas school vacation, K-LEE RADIO has lots of children's activities available to download.

On our "DOWNLOADS" page we have children's audio stories, mazes, coloring pages, games, paper cutouts, I Spy and several other activities to keep them occupied.

We also have a BINGO game with up to 40 cards to be printed and a Bingo Numbers calling software that you can download and call the numbers randomly. You could get some small dollar stores prizes to play for and easily fill an afternoon.

On the "Kids Rado Page" we have several Kids audio shows we had recorded in March and April during the COVID lockdown. The shows have songs, 2 stories and some kids trivia in each program. There are also 15 children's audio stories on this page.



We also have 120 Craft files your children can use to make suitable crafts.

These activities are made available courtesy of K-LEE RADIO your community radio station. These activities will help to entertain your children over the vacation, school breaks or snow days.



**Keith Bain**

**MLA -Victoria-The Lakes**

**1415 Highway 105, Bras d'Or, NS, B1Y 2N5**

**902-736-0301 (Office)**

**902-736-0411 (Fax)**

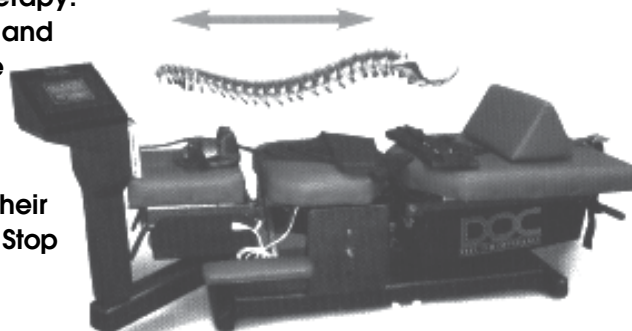
**[keithbainmla@bellaliant.com](mailto:keithbainmla@bellaliant.com)**

**NEW DECOMPRESSION TABLE RELIEVES PAIN**

Darren Strong from Strong Chiropractic, announces a new, sophisticated computerized decompression table that allows the spine to be gently stretched and relaxed for spinal decompression therapy.

The pattern of alternating pulling and relaxing creates vacuum-like pressure which allows disc material that was herniated or protruded to be pulled back in the disc over time.

Patients will notice a reduction of their pain during these treatment sessions. Stop in today and ask about the new table and how you can benefit.



793 Mahon St., New Waterford - 862-9444 224 Commercial St. North Sydney - 241-9444

## The Big Chicken

Here's an amusing story that happened over the Christmas holiday.

Our grandson was used to going to his father's parents for Christmas dinner and they always had chicken instead of turkey.

When he came to our house, we had a huge 20 lb. turkey on the table. He never said anything but his



Mother told us that when he got home, he was talking with his next door friend and told him about the Christmas dinner he had at "Poppy's" house.

"You should have seen the chicken they had, it was huge.... no I really mean it, it was humongous!!"

## FREE PODCASTS TO DOWNLOAD & LISTEN

We have Oldies Podcasts, trivia podcasts, Celtic Music, Country Music, Old Time Radio shows and more on our website [www.kleeradio.com](http://www.kleeradio.com)



## BIRTHDAY WISHES

We'd like to say a Special Happy Birthday to our good friend DJ Jack Cool who celebrated his birthday on Monday. All the Best Jack in the new year from your friends at K-LEE RADIO



Wondering what to get the seniors on your list this year? Why not make a donation to the Legion Poppy Fund in their name. I know they'd appreciate this thoughtful gift.

**TAKEAWAY**  
*thyme*  
**SAVOUR**  
- food shoppe -  
Heat & Serve Meals - Fresh Meal Selections - Frozen Selections  
Grab 'n Go Lunch  
Soups - Sandwiches - Salads  
**Ph: 217-0280**  
**212 Commercial Street NORTH SYDNEY**

## COMMUNITY NEWS ITEMS

## JAIME BATTISTE

Member of Parliament  
SYDNEY - VICTORIA

[jaimebattiste.ca](http://jaimebattiste.ca)  
[jaime.battiste@parl.gc.ca](mailto:jaime.battiste@parl.gc.ca)

207A-201 Churchill Dr,  
Membertou, NS B1S 0H1

**(902) 567-6275**



Please remember our local Food Banks this year especially with COVID as many more families are affected. Thank you for your donation and Happy New Year.



## BIRTHDAY WISHES

We would like to send out a special Happy Birthday Wish to our son, Harold Kiley, who will celebrate his 38th birthday

on January 5th. lots of Love from Mom and Dad, your wife Kathy and Bobby and Milly. Enjoy your special day.

## HAPPY NEW YEAR From K-LEE RADIO

## MURRAY RYAN, MLA - Northside-Westmount

174 Commercial Street  
North Sydney, NS  
B2A1B4

PHONE  
**902-794-1030**  
FAX - 902-794-1029  
[mla@murrayryan.ca](mailto:mla@murrayryan.ca)



**Season's Greetings To All Our Constituents**  
**HAVE A HAPPY & PROSPEROUS NEW YEAR**

## All-Star Auto



OWNER - BLAIR MacKENZIE

Specializing in Vehicles under \$10,000  
EVERYONE IS APPROVED

**902-574-4764**

**155 QUEEN STREET NORTH SYDNEY**



**LEGION CLOSED MON. - THURSDAY AT 9:00 PM**

**OPEN UNTIL 10 PM FRIDAY**

**CLOSED AT 9:00 SATURDAY - CLOSED SUNDAY**

**PHONE - (902) 736-3206**





Another year has come and gone, and what a year it was. COVID was the **number 1 story** and event that captured the most attention. We all suffered through the lockdown and the downturn in business as well as the kids being off school. **Remote learning** became the buzzword of the year and many families had to resort to online methods to communicate. But through it all, we bravely went about our business as we always do and made the best of it. I see **daylight** at the end of a long tunnel and I feel that **2021** will be a turning point for all of us as we make our way back and restore our economy and resume our Cape Breton ways of mingling.... Many Legions, Fire halls and seniors clubs will need our support in the coming year as revenues have dipped dramatically for all these entities, do what you can when the time comes to support the local groups - many local organizations are waiting to hear from the Provincial Government to see if there are any new **COVID restrictions** before they can plan new programs..... Many people still make new years resolutions but seldom do they make it through the Spring, as they say, "The road to Hell is paved with good intentions"..... the kids will have an extra week to stay at home from school and we have decided to put some activities and crafts on our webpage to help parents deal with the extra week of vacation - simply logon to our website - [www.kleeradio.com](http://www.kleeradio.com) - and check out the **DOWNLOADS** page and the Kids Radio Page and you'll find a host of activities, crafts, stories and games to help pass the time for your children. this is a service of our internet radio station **K-LEE RADIO** to help during the "stay at home" time - logon today and get your free children's activities - see **page 2** for details..... **FREE PUBLICITY** - If your community group or organization is planning a local event and you want some free publicity, simply email us your information and we will make sure it gets included on our weekly paper - it's **FREE**, just email us with your community event at - [thisweek@kleeradio.com](mailto:thisweek@kleeradio.com)



**KWIK KOPY  
PRINTING**

**CHARLOTTE STREET - SYDNEY**

**PHONE 562-2122**

## **THE LATE NIGHT OLDIES SHOW**

with DJ Jack Cool will return to  
**K-LEE RADIO IN THE NEW YEAR**

## **ANNUAL POLAR BEAR DIP**

There's a New Year's Day tradition in many cold, icy towns and villages that never fails to draw the curious and the crazies. I'm speaking of the annual Polar Bear Dip where normally sane and rational people don skimpy bathing suits and run into ice cold, frigid ocean water. Why do they do this? Most people say it's for a lark, others say it's to keep them from getting colds and others are just plain drunk or stupid....or both.

At any rate, it was always something our family did during the Christmas vacation. We would pile in the car all dressed in winter boots and winter jackets and head down to South Bar where the cold waters of the Atlantic Ocean waited. The area that the swimmers would enter the water was known locally as Polar Bear because even in the heat of summer the water was extremely cold.

Many people bring cameras and cheer on the brave souls and usually the local TV station and newspaper cover the event. We usually took a camera to take some pictures. This year, 1988, we had a special reason to be there. Our Uncle Ned decided to become a Polar Bear. He wasn't especially athletic and he was usually pale in the summer so we wondered why he would want to try this.

When the time came for the swimmers to go in, a starter would line the swimmers up and set off a starter pistol and they all ran and dived into the water. As I've said, Ned wasn't particularly athletically gifted so when the starter gun went off Ned surged forward but he started to slip and lose his footing. He grabbed at the nearest handhold which happened to be Nellie Pearson's butt. She retaliated with a slap that sent Ned swirling to the right. Again he grabbed for a handhold and it was the back of Sammy Dufour's swim trunks.

Down went Ned, down went Sammy's trunks. Cameras clicked, senior women hooted and Sammy turned a wonderful shade of red. By this time Ned was actually in the water still holding onto Sammy's trunks. Sammy ripped them out of his hand and put them back on. When Ned tried to stand he was paralyzed with the cold and several of the retuning Polar Bear members fell over him and ended up in a tangle of shivering bodies.

I thought my father was going to have a heart attack as he was laughing so hard. My mother had tears running down her face and Dorothy Muldoon, 96, her first time at the Polar Bear Dip remarked, "If I knew it was going to be this much fun, I'd have come a long time ago."

Uncle Ned never went back for the annual dip but we still have pictures and every once in awhile, I take them out of the album for a good laugh.

# H A P P Y NEW YEAR

**From K-Lee Radio and Staff**



**ROBERT  
O'HEARN  
RADIO HOST**

**JACK COOL  
OLDIES DJ  
KLEE - 2**



**GLEN  
GRAY  
K-LEE  
RADIO  
MANAGER**

**KENNY  
WALSH  
Phantom  
Country  
Show**



*We play the Very Best of Cape Breton and Celtic  
Music 24 Hours A Day - 7 Days A Week  
broadcasting from Beautiful Cape Breton Island*

**[www.kleeradio.com](http://www.kleeradio.com)**

# NORTHSIDE NEWS



# NORTH SYDNEY LIBRARY NEWS

**BOOK SALE** - Now ongoing -  
get your Winter Reading books  
now at \$1.00.

**FIBRE LUNCH** will resume again on anuary 14th from 1:00 - 3:00 pm.

Now that we are spending more time indoors, check out the Cape Breton Regional Library website for **Press Reader** where you can access hundreds of newspapers and magazines. This would be a great way to spend your time reading if you can't make it to the Library.

We would like to send out a special Happy & Healthy New Years wish to all our patrons for 2021 and we look forward to seeing you again.

**Sunday Morning  
Gospel Radio Show  
with host Pierre  
Chiasson Aired  
9:00 am**

**www.kleeradio.com**



## BIRTHDAY WISHES

Please send out Special Birthday Wishes to Julian Bushell who will be celebrating his 33rd birthday on December 6th. With Love from Sophia, Lucien and Lucille.

## Warming Centers

A reminder that Big Bras d'Or Fire Hall, Ross Ferry Fire Hall and the Southside Boularderie Fire Hall have all been designated as community warming centres in the event of a prolonged power outage.

Visit these centres to stay warm in an emergency

**We are closed until the New Year  
Merry Christmas and have a Safe Holiday Season**

**Award winning Customer Service  
and people who care about  
helping you get the most back!**



We prepare and file taxes all year!  
File any of the last 10 years for just **\$45**  
per year, tax included

**NORTHSIDE TAX  
SERVICES INC.**

**Call today 902-317-4829**

Message online: [facebook.com/NSideTax](https://www.facebook.com/NSideTax)

### Solve these common words or phrases

<b>OVER OVER</b>	<b>2 blame</b> <b>3 blame</b>	<b><u>NO NO</u></b> <b>RIGHT</b>
<b>BUkickT</b>	<b>DR.</b> DO	<b>LIP LIP</b>

**ANSWERS** - 1 Left overs, 2 No 1 to blame, 3 Right Under the No's, 4 Kick in the Butt, 5 Dr. Doolittle, 6 Tulips

## YOUR FREE SODUKO WEEKLY PUZZLE

	6		4					
1								3
	7	8	3			6		
				9	1			5
8								
		7			9		1	2
		4	2	5				6
		3			8	7		

**You can also get your Daily Soduko Puzzle and Crossword Puzzle by logging on to - [www.kleeradio.com](http://www.kleeradio.com) and clicking on the FEATURES Page. Also included is a DAILY FREE SOFTWARE giveaway. Logon today to get yours FREE!!**



# SYDNEY MINES LIBRARY NEWS

We have some Craft Bags and Coloring pages available to children, check at the Desk.

Now that we are spending more time indoors, check out the Cape Breton Regional Library website for **Press Reader** where you can access hundreds of newspapers and magazines. This would be a great way to spend your time reading if you can't make it to the Library.

We would like to send out a Happy & Healthy NewYears Wish to all our patrons for 2021.

## Shear Madness

HAIR DESIGNS  
HANDICAP ACCESSIBLE



**Come  
Check  
Us Out!**

**Tues. & Wed. 9-5**  
**Thurs. 9-7 - Fri. 9-5 - Sat. 9-4**

**Gift Certificates Available**

## T-Zone Vibration Available

363 Main St.  
Florence **736-7777**

## BOULARDERIE FOOD

**BANK** - With Christmas coming, donations of non perishable food items would be appreciated.

Items can be dropped off at the churches or the school.

Next Food Bank Day is December 16th. We try to give extra this month. -

Some News items courtesy of  
**Swing Over**  
**The Mountain News**

logon to website  
**www.sotmnews.weebly.com**  
monthly newsletter



# Happy New Year With Maxine



Transfer your tapes...



... to DVDs!

**VIDEOTAPES WEAR OUT SO SAVE YOUR PRECIOUS MEMORIES BEFORE IT'S TOO LATE!**

**We offer Professional transfers from tape to DVD  
Using Pro equipment-not home video gear  
We can transfer VHS & 8mm tapes at great prices!  
Phone 736-9402 (Paul)**



**Waiting On You!**  
**DAILY SPECIALS - SENIOR MENU**  
**CHILDREN'S MENU - TAKE OUT**

**We are now closed until the new year - Season's Greetings to all our diners see you back again in the new year**



Did you buy any music in 2020? Not paying for a streaming service-but an actual physical copy of a song or album? If you bought a CD, a record, an audio cassette or a promotional 8-track tape (Nielsen Music Canada reported that more than 8500 cassettes were sold in 2020) you 'bought' and own that music. If you bought music through iTunes or other music providers-you did not 'buy' music-you bought 'access to' that music, and even if you downloaded it to your phone or an mp3 player you still only bought 'access'. The exception to that is if you burnt that music to a CD. Since the dawn of the MP3 (in 1993) the music world witnessed a technological leap of epic proportions; the MP3 offered a new and cheaper way for musicians to spread their music literally around the world, but it also made music so readily available that there was soon too much music. Mostly gone were the days of trips to a record store, or Woolco, Zellers, Walmart or joining Columbia House to get records and CD's-all soon replaced by free Napster and Kazaa downloads, and other newer sites offering money for nothing-beats for free. Music is now super-disposable, leading to a sad state of affairs as record



companies had to find new ways to recoup costs, and make profits. Many didn't, and went under. The dynamics of making money off music was changed forever, and worst of all a song can now get a number 1 spot on the charts just by internet hits, likes or drops, and never actually sell even a fraction of what lower charting artists sell. It wouldn't surprise me if someone recorded the sound of a toilet flushing, and got a posse to "like it" enough, and score airplay for the recording; chances of that happening are not that far from reality based on the Pop crap we hear on the radio. The light at the end of the tunnel is the fact that there has been a resurgence of people of all ages buying record players and vinyl for quite some time now, and some music fans never stopped buying music in one form or another. So, for 2021 support musicians-buy a song or two, and skip the Pop drivel songs that are here today-gone later today. Hopefully some day soon we'll be able to say "Cardi B-gone"! 2021 rant...completed.

# 2021 CALENDAR

January						
S	M	T	W	T	F	S
					1	2
3	4	5	6	7	8	9
10	11	12	13	14	15	16
17	18	19	20	21	22	23
24	25	26	27	28	29	30
31						

February						
S	M	T	W	T	F	S
	1	2	3	4	5	6
7	8	9	10	11	12	13
14	15	16	17	18	19	20
21	22	23	24	25	26	27
28						

March						
S	M	T	W	T	F	S
	1	2	3	4	5	6
7	8	9	10	11	12	13
14	15	16	17	18	19	20
21	22	23	24	25	26	27
28	29	30	31			

April						
S	M	T	W	T	F	S
				1	2	3
4	5	6	7	8	9	10
11	12	13	14	15	16	17
18	19	20	21	22	23	24
25	26	27	28	29	30	

May						
S	M	T	W	T	F	S
						1
2	3	4	5	6	7	8
9	10	11	12	13	14	15
16	17	18	19	20	21	22
23	24	25	26	27	28	29
30	31					

June						
S	M	T	W	T	F	S
		1	2	3	4	5
6	7	8	9	10	11	12
13	14	15	16	17	18	19
20	21	22	23	24	25	26
27	28	29	30			

July						
S	M	T	W	T	F	S
				1	2	3
4	5	6	7	8	9	10
11	12	13	14	15	16	17
18	19	20	21	22	23	24
25	26	27	28	29	30	31

August						
S	M	T	W	T	F	S
1	2	3	4	5	6	7
8	9	10	11	12	13	14
15	16	17	18	19	20	21
22	23	24	25	26	27	28
29	30	31				

September						
S	M	T	W	T	F	S
			1	2	3	4
5	6	7	8	9	10	11
12	13	14	15	16	17	18
19	20	21	22	23	24	25
26	27	28	29	30		

October						
S	M	T	W	T	F	S
					1	2
3	4	5	6	7	8	9
10	11	12	13	14	15	16
17	18	19	20	21	22	23
24	25	26	27	28	29	30
31						

November						
S	M	T	W	T	F	S
	1	2	3	4	5	6
7	8	9	10	11	12	13
14	15	16	17	18	19	20
21	22	23	24	25	26	27
28	29	30				

December						
S	M	T	W	T	F	S
			1	2	3	4
5	6	7	8	9	10	11
12	13	14	15	16	17	18
19	20	21	22	23	24	25
26	27	28	29	30	31	