

MacDONALD DENTURE CLINIC

42 FRASER AVENUE
SYDNEY MINES
PHONE
736-2280

G. MacDonald - Denturist
By Appointment - Masks Mandatory

HIGH STREET
BADDECK
PHONE
295-2516



FREE

THIS WEEK

NORTHSIDE COMMUNITY NEWS

FREE

Vol. 12 - SEPTEMBER 21st - 2022



**Treasure
Trove
of Cape
Breton
Music**

"Through The Years"
produced by
Coastal Radio
See Page 7 for
full story



RALPH IVEY'S

Auto Repair Ltd. and Muffler Man

**BRING YOUR CAR IN FOR
ALL YOUR SERVICING**

IF WE CAN'T DO IT - IT CAN'T BE DONE!

**93 KING STREET
BY THE TRACKS**

**Bring your Vehicle in
for Auto Servicing**

794-7500



McCormick's

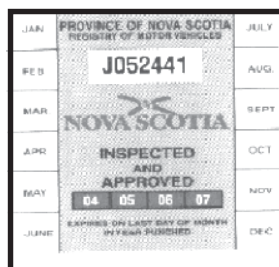
TIRECRAFT

126 SEAVIEW DRIVE - - NORTH SYDNEY

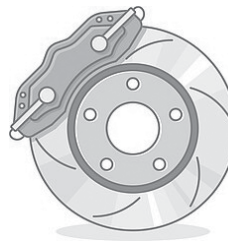
SUMMER TIRE SALE - \$UPER \$AVINGS

MCCORMICKS KROWN

**The Only Treatment
That Can Be Applied
All Year Round**



**MOTOR VEHICLE
INSPECTION**



**COMPLETE
BRAKE SERVICE
AVAILABLE**



**WHEEL
ALIGNMENT
SPECIALISTS**

OPEN MONDAY - FRIDAY 8:00 - 5:00 PM PHONE 794-4947



Heat & Serve Meals - Fresh Meal
Selections - Frozen Selections
Grab 'n Go Lunch
Soups - Sandwiches - Salads
Ph: 217-0280

**212 Commercial Street
NORTH SYDNEY**

Gospel Hour with Pierre
Chiasson Sunday mornings
9 am - Logon to our website
www.kleeradio.com

**Royal Canadian Legion
Branch 83 Florence
NEW SCHEDULE**

**MONDAY, TUESDAY
WEDNESDAY &
THURSDAY**

**Noon - 10:00 pm
FRIDAY & SATURDAY**

**Noon - Midnight
The CIRCLE
Saturday nights
7:00 pm**

BINGO

starting at 7.00
Thursday Nights

TARABISH

TUESDAY AT 7.00 PM

**MIXED DARTS Sept. 25
For this week only**



736-6313

Sunday BINGO

Sydney Mines Seniors &
Pensioners Club Fraser
Avenue, Sydney Mines

2:00 pm

Toonie Jackpot \$382+

**JACKPOT \$700.00
on 51's or less**

45^s CARD GAME

Wednesdays 7:30

Monday Night Fun Night

7:00 pm - members & guests

**DANCE
SATURDAY**

**SEPT. 24TH - \$5.00
8:00 - 12:00**



**Robert
Hancock**

FREE PUBLICITY - If your club
or group is holding a community
event in the new year and you
are looking for some free public-
ity, email us with your info at -
www.kleeradio.com

Some stories Courtesy Of

**SWING OVER THE
MOUNTAIN NEWS**

**CELTIC COLOURS TICKETS
On Sale August 9th**

NORTH SYDNEY FIRE HALL

Pierce Street - North Sydney

**OPEN
DAILY**

10:00 - 12:00

THURSDAYS

Ernie, Todd & Wade



**Sydney
Mines
Branch 008**

Decoration Sunday

To be held on September
25/22 @ 2:00 pm at the
Halfway Rd. Cemetery.
Members to fall in at the
last driveway before town.
Light Lunch to follow at
Branch

Kitchen Open

4:00 - 9:00

MUSIC

5:00 - 8:00

**WEEKLY
SPECIAL**

BACON CHEESEBURGER

\$11.75



**BRANCH 19
MEETING
NOTICE**

General Meeting of the
Branch will be held at
Branch 19 on Wednesday
September 28 at a new
time of 7:00 pm
The Executive meetings
will be held the 4th Tues-
day of the month (Septem-
ber 27th at 7:00 pm)



Keith Bain

1415 Highway 105, Bras d'Or, NS, B1Y 2N5

902-736-0301 (Office)

902-736-0411 (Fax)

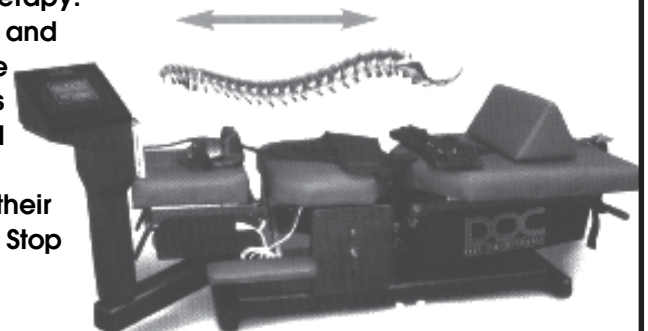
keithbainmla@bellaliant.com

NEW DECOMPRESSION TABLE RELIEVES PAIN

Darren Strong from Strong Chiropractic, announces
a new, sophisticated computerized decompression
table that allows the spine to be gently stretched and
relaxed for spinal decompression therapy.

The pattern of alternating pulling and
relaxing creates vacuum-like pressure
which allows disc material that was
herniated or protruded to be pulled
back in the disc over time.

Patients will notice a reduction of their
pain during these treatment sessions. Stop
in today and ask about the new
table and how you can benefit.



793 Mahon St., New Waterford - 862-9444 224 Commercial St. North Sydney - 241-9444

AROUND THE TOWN



We were all saddened to hear of the death of Queen Elizabeth after ruling on the throne of England for 70 years. There will not be another monarch who will be able to match her longevity. She was regal in her appearance and as seen by the huge crowds whom waited long hours to pay their respects to her majesty. This picture shows her and the late Duke of Edinburgh on the wharf in Sydney during a visit in 1951. She was Princess Elizabeth then.



Jeff Wadden will be the special guest performing during a special **Night Market** to raise money for Molly's Mission on Thursday September 22nd from 4:30 pm to 8:00 pm.... **Fall Ceilidh concert** and it's a fundraiser in support of the Roof Fund - St. Andrew's Presbyterian Church on Friday, September 30th at 7:00 p.m. and you will be entertained by the group Chaulk Dust - **FREE PUBLICITY**, simply email us with your information and we'll publish it free of charge in our weekly paper - just email us with your event information and dates to this email address - thisweek@kleeradio.com



JACK COOL K-LEE RADIO DJ NEWS

Here's some good news for all Oldies fans.

Late Night Oldies with Jack Cool will be back on K-LEE Radio on Friday, September 23rd at 11:00 pm.

Welcome back Jack!

For the latest and most comprehensive list of local events, logon to - www.musiccapebreton.com

Mike Little updates his listings each week.

Free Indian Beach Concert Featuring Kenny Walsh



Kenny Walsh will perform a 90 minute **Free Concert**

at Indian Beach on Monday the 26th of September from 5:30 till 7:00 pm.

The Concert is a Phantom Country Presentation and sponsored by K-LEE RADIO



FRED TILLEY

MLA Northside-Westmount

Northside-Westmount Constituency Office

2 Elliot Street, Sydney
Mines | Nova Scotia
B1V 3G1

(902) 736-0546

mla@northsidewestmount.ca



KWIK KOPY PRINTING

CHARLOTTE STREET - SYDNEY

PHONE 562-2122



TAX PROFESSIONALS

222 Commercial Street - North Sydney - B2A 1B7

902 - 794-7117 - FAX 902-241-3088

sharon.matthews@hrblock.ca

DROP OFF & ONLINE SERVICE AVAILABLE



BRANCH 008 LEGION - SYDNEY MINES TUESDAY NIGHT BINGO - 7:30 - Jackpot \$550 on 50#^s or less

Decoration Sunday to be held on September 25/22 @ 2:00 pm at the Halfway Rd. Cemetery. Members to fall in at the last driveway before town
Light Lunch to follow at Branch

PHONE (902) 736-3206



When Ozzy Osbourne released his "Ordinary Man" album 2 years ago many thought that it was his swan song-especially given his many health issues-but this album shows that the metal madman still has a lot of fire left in him. The first song released was the title track, and "Patient Number 9" is a great number, but when you hear the Sabbath-like intro on "God Only Knows" it reminds you that this is the dude (with his unholy trinity in tow) that introduced heavy metal to the masses. That vibe also shines through on "Degradation Rules" and "No Escape From Now". The album features a who's who of metal; Tony Iommi, Robert Trujillo, Zack Wylde and Duff McKagan-as well as rock legends Eric Clapton, Jeff Beck, Josh Homme, Dave Navarro, Chad Smith and dearly departed Taylor Hawkins. This list is a testament to Ozzy's legendary status. A number of the songs do walk a path closer to Ozzy's early solo material; "Mr. Darkness",



"Immortal", "Parasite" and especially "Dead And Gone" are like updated blasts from the past. As for some of the other tracks, "One of Those Days" and "A Thousand Shades" may walk a path closer to the land of ballads-but Ozzy and company keep them rooted in the land of heavy metal. Interestingly enough, this is Ozzy's 13th solo album and ironically, Ozzy recently pulled up stakes and moved back to England. Why? Because the United States of America is too batshit crazy for him, for Ozzy Osbourne-imagine! Is this one of Ozzy's best albums? No, but given the fact that he's 73 and has health issues we're lucky that he's still releasing material this damn good. Also, hearing Zack Wylde and Tony Iommi backing up their Heavy Metal master again is a very welcomed treat indeed.

All-Star Auto



OWNER - BLAIR MacKENZIE

Specializing in Vehicles under \$10,000

EVERYONE IS APPROVED

902-574-4764

**155 QUEEN STREET
NORTH SYDNEY**



7 PIECE CHICKEN

Med. Fries, Med.
Gravy, Med.
Salad, 3 rolls

\$29.99

PLUS TAX



12 PIECE CHICKEN

Large Fries, Med.
Gravy, Med. Salad,
4 rolls

\$42.49

PLUS TAX



18 PIECE CHICKEN

Large Fries, Med.
Gravy, 2 Med.
Salad, 6 rolls

\$52.99

PLUS TAX

- HOURS OF OPERATION -

11:00 AM - 9:00 pm

PHONE

902-736-9496

K-LEE RADIO has lots of great Cape Breton and Celtic music for you 24 hours a day - 7 days a week on their internet radio station. You



can listen to local artists, Country music with Kenny Walsh, Gospel Music with Pierre Chiasson, Oldies with Jack Cool and lots of Music Podcasts and stories to download as well.

K-LEE RADIO has been broadcasting since 2009 from beautiful Cape Breton Island and will have new programs coming up in 2022.

Watch for Special Programming on October 1st as we begin our 13th year of broadcasting the Best in Cape Breton Music.

CONTACT INFORMATION

GLEN GRAY, EDITOR

PH: 902-564-9022

Email Address

glengray@kleeradio.com

NEED CAR DETAILING?

**CALL
MIKE**



PHONE 902-371-3356

JAIME BATTISTE

Member of Parliament
SYDNEY - VICTORIA

jaimebattiste.ca

jaime.battiste@parl.gc.ca

207A-201 Churchill Drive
Membertou, NS B1S 0H1

(902) 567-6275



St. Andrew's Presbyterian Church Fall Ceilidh

Well summer has come to a close, fall is here and the weather is cooling down. Well, now is time to take a break and relax after entertaining our family and friends. Now is the time for someone to entertain you. So if you just want to sit, relax and listen to some really good tunes by a local group we got something good for you. All you have to do is come on down to St. Andrew's Presbyterian Church on Friday, September 30th at 7:00 p.m. and you will be entertained by the group Chaulk Dust. This is our Fall Ceilidh concert and it's a fundraiser in support of the Roof Fund.

If you haven't heard this group before then you are really missing out on a treat. This group is made up of four school teachers who thought it would be fun to get together and have a jam session now and then. What they didn't know, was how playing together would turn out for them. When word got around, people started asking them to perform in various locations. Chaulk Dust has now been performing for over 15 years. The group's band members are Ian MacLeod on fiddle and guitar, Roy Dawson, vocals and guitar, Jennifer MacDonald, vocals and piano and Jimmie Campbell, guitar. Together, these four school teachers have a unique sound and always enjoy playing for fundraisers. They have played for various churches, schools, fire halls, senior complexes, Harvest House, Community Cares and even toured with Bras d'Or Elementary School Choir at The Big Fiddle and also appeared on Christmas Daddies.

So if you are looking for a relaxing evening out, come on down. The show starts at 7:00 p.m and during the show we will have a ten minute break where we will have oatcakes and tea for sale at a low price. Intermission will give you a chance to stretch your legs and talk to friends. This concert is one for the whole family to enjoy. You never know who will show up at Chaulk Dust's concert, you may even have a laugh or two. So mark this date on the calendar, that's Friday, September 30th at 7:00 p.m. at St. Andrew's Presbyterian Church here in Sydney Mines for our Fall Ceilidh. Admission will be a Free Will offering at the door in support of the Roof Fund. Hope to see you there.

\$500 Senior Care Grant Now Open

The Seniors Care Grant program provides financial support to seniors to help them live well at home, and the program is now open for new applications. Grants are up to \$500 per household.

In addition to the Seniors Care Grant, a one-time Home Heating Grant of \$250 is also available to help you cover the costs of home heating.

Applying online is safe, secure and the fastest way to receive your grants. You can apply for both grants on your mobile device or computer in minutes. To apply online, please visit

www.novascotia.ca/seniorscaregrant

Seniors Care Grant Program

Service Nova Scotia and Internal Services

www.novascotia.ca/sns

Questions? Call 902-424-5200 or 1-800-670-4357



For the Best In Classic Country Music, join Kenny Walsh every Sunday Night at 6:00 pm for Phantom Country a 2 hour show of the best Country Music.

Ligon to our website at this address

www.kleeradio.com

GUIDING PRINCIPLES By Timothy E. Parker

1	2	3	4	5	6	7	8	9	10	11	12	13
E	T	N	A	S	T	A	F	F	B	R	I	G
14	T	H	A	I	C	A	C	A	O	L	O	G
17	C	O	M	M	E	R	C	I	A	L	P	I
20	H	U	E	L	A	I	D	D	I	N	E	R
23	R	A	P	T	B	E	N	D				
25	I	N	T	O	N	E	T	E	R	N	A	L
32	N	O	R	A	T	H	R	O	E	L	I	E
34	F	R	O	N	T	W	H	E	E	L	D	R
39	E	M	U	H	O	I	S	T	I	B	I	D
42	R	A	T	A	O	N	E	O	V	O	I	D
46	H	Y	D	E	U	N	I	T				
48	A	S	L	E	E	P	O	L	I	O	S	K
51	S	T	E	E	R	I	N	G	C	O	L	U
54	P	O	N	D	L	O	R	E	N	S	E	E
57	S	P	A	S	E	W	E	R	S	A	W	E

Cruise Ship Schedule



Wednesday, Sept 21	Carnival Magic	Monday, Sept. 26	Star Pride
Wednesday, Sept 21	Zaandam	Monday, Sept. 26	Norwegian Pearl
Thursday, Sept 22	Voyager of Sea	Monday, Sept. 26	Ambiance
Saturday, Sept 24	Silver Whisper	Tuesday, Sept 27	Queen Mary
Sunday, Sept. 25	Ocean Insignia	Tuesday, Sept 27	Norwegian Joy
Sunday, Sept. 25	7 Seas Nav.	Tuesday, Sept 27	MS Zamdam
Sunday, Sept. 25	Celebrity Summit		

NORTHSIDE NEWS



NORTH SYDNEY LIBRARY NEWS

BOOK & DVD SALE - Books 3 for \$1.00 and up to \$2.00. Large selection for your Winter reading.

For your convenience we have both Indoor and Outdoor Drop Off and Pick Up Service.

Fibre Lunch will be held on Thursdays at 1:00 pm

ROOKIE REPORTER PROGRAM - CBC

and the Cape Breton Regional Library are teaming up to bring the Rookie Reporter Program to kids on the Island.



We will be teaching kids ages 8 - 14 about the basics of journalism, how to spot misinformation and give some hands on experience in front of the camera or behind the microphone. Registration is required - The Program will be held on Tuesday, October 4th from 4:00 - 6:00 pm.



A Reminder To Motorists School Is Starting Sept. 6. Take Note of School Zones and Speed

GO JAYS GO

YOUR FREE SODUKO WEEKLY PUZZLE

	2		9	4		6	8	
1	4		8			7		
6		8			7			
		6				5		
	1	4		6	5			2
9							1	
	7	2						
4		5		9		1		

You can also get your Daily Soduko Puzzle and Crossword Puzzle by logging on to - www.kleeradio.com and clicking on the FEATURES Page. Also included is a DAILY FREE SOFTWARE giveaway. Logon today to get yours FREE!!



To all those who participated and contributed to the Terry Fox Run Thank You for your community spirit and your dedication to the memory of Terry Fox.

Mean E Publishing

Tales from the cape...

<https://mean-e-publishing.webnode.page>

Share this site with your friends and on your social media!

PART TIME BARTENDER WANTED
at North Sydney Fire Hall. Please drop off your resume to Fire Hall on Pierce Street



SYDNEY MINES LIBRARY NEWS

Our summer reading program has ended the closing date was Aug. 31.

We just wanted to let you know about our program plans for this Fall:

Legos: 2nd and 4th Tuesday of each month, 3:15-4:15; beginning Tuesday Sept. 13 and 27th ages 5 and up

Thursday afternoon activity: every Thursday, 3:15-4:15; beginning Thursday Sept. 15th. ages 5 and up.

Please call Sydney Mines Library: 902-736-3219 to register for activities.

ANOTHER CAPE BRETON HUMOUR BOOK

OH, ME SHATTERED NERVES



A Look At The Life and Times of Growing Up In The Ashby Area Of Sydney Amusing and Dramatic Stories

WRITTEN & COMPILED BY GLEN GRAY

OH, ME SHATTERED NERVES BOOK

a new Cape Breton humour book is now available. The book has 43 amusing short stories all related to sayings from my growing up years.

You can order it and all of our Cape Breton Humour books from our website - to order Logon to our website www.kleeradio.com

The Saga of Big Arse Betty

Have you ever wondered where some of the nicknames we use in Cape Breton originated? When I was a young whipper-snapper growing up in Sydney I often wondered why "Little Alex" was 6 foot 4 and his father "Big Alex" was about 5 foot 2. Likewise "Tiny" MacKenzie from Benacadie Pond tipped the scales at 325 pounds.

These nicknames seemed to have opposite meanings. The reason I bring this up is because of the nickname "Big Arse Betty" given to one of my early female friends, Elizabeth Morrison. As teenagers attending Sydney Academy we always wanted new adventures and ironically it was Betty who suggested we try horse back riding at the Mira Riding Stables.

This seemed like a good idea and we all agreed that we would add horse back riding to our schedule. Now there was nobody in our group that even remotely had any horse riding experience but we were 17-18 so naturally we knew everything.

When we first went to the riding camp they gave us some basic pointers and commands we could use to guide the horses. After ten minutes we thought we were John Wayne recruits and off we went to the trail.

It took us a little time to get accustomed to the pitch and gait of the horses but after 15 minutes we were well into the "swing of things." Betty had one of the bigger mounts but she seemed a natural at horse back riding though I knew for a fact that she was never on a horse in her life. We finished the ride after about an hour and we were all of the opinion that horse back riding would become one of our new recreational activities.

Now most of the guys in our group at that time had nicknames and we tried to use them to impress the girls. "Ox" MacKinnon as the name implies could have been a football fullback, Ronnie "Strings" Archibald was the guitar player, Allan "Hawk" MacGuire could sing Gaelic songs and talk dirty and nobody knew the difference and of course me, "Greyhound".

As we made our way back to the paddock there was another group ready to go on the trail ride and as we dismounted there was a gentleman waiting to take one of the horses. As it turned out it was Betty's horse and he remarked in his Newfoundland accent, "My, dats a big harse ya got there young lady" referring to the horse. Of course we jumped all over the comment and started calling her "Big Arse Betty".

Needless to say she was not too impressed but all the boys thought it was hilarious. Now at that time Betty was lucky to be 100 pounds soaking wet but we insisted and the name stuck. Betty went to college at Acadia and we lost track of her for awhile. I went to a 25 year Sydney Academy reunion and when I saw Betty I immediately broke into a big broad smile. The nickname was maybe 25 years late but it certainly fit now. As we told our stories of the last 25 years and caught up on each other's lives she casually mentioned that she had finally forgiven me for the nickname. Apparently she blamed me for the name.

That's the story of how a nickname finally came to be a reality. God love ya Betty!

EARLY CAPE BRETON MUSIC HISTORY TREASURE TROVE OF FREE MUSIC

I was asked over the weekend by a good friend of mine about a song he heard on CJCB radio when he was young. I was able to locate the song for him and also several others in the early history of Cape Breton music.

The shows are a collection of early Cape Breton singers, songwriters, fiddle players and recording artists that helped pave the way for today's new crop of performers.

The series is called "Through The Years" and it was a project of Coastal Radio and the Radio Fund of Canada.

There are ten shows in all (see below for the link) featuring the very best Cape Breton has to offer.

- 1 - Tracks from Rodeo Records - Fiddling Part 1
- 2 - History of Cape Breton Fiddling with Dan MacDonald
- 3 - The Barra MacNeils with Kyle MacNeil
- 4 - Through The Years with Matt Minglewood
- 5 - Through The Years with John Allen Cameron
- 6 - Through The Years with Rita MacNeil
- 7 - Through The Years with Robert Bouchard
- 8 - Through The Years with Cape Breton County Music
- 9 - Through The Years with Cape Breton Songwriters
- 10 - Through The Years with Timeless Treasures

The shows are available as Podcasts on the Coastal Radio website. The series covers a wide variety of early Cape Breton music influences.

You can listen to these "Timeless Treasures" by using the link below or going to our own website and clicking the link there on the main page - www.kleeradio.com

Here is the link to the "Through The Years" podcasts

<https://coastalradio.ca/through-the-years-a-history-of-cape-breton-music-podcast-series/>

Videotapes wear out so save your precious memories before it's too late!

Great Christmas Gift idea! We offer Professional transfers from tape to DVD using Pro Equipment-not home video gear.

We can transfer VHS, 8mm and Mini DV tapes at great prices! We also do audio cassettes to CD Phone 902 736 9402 (Paul)



ACROSS

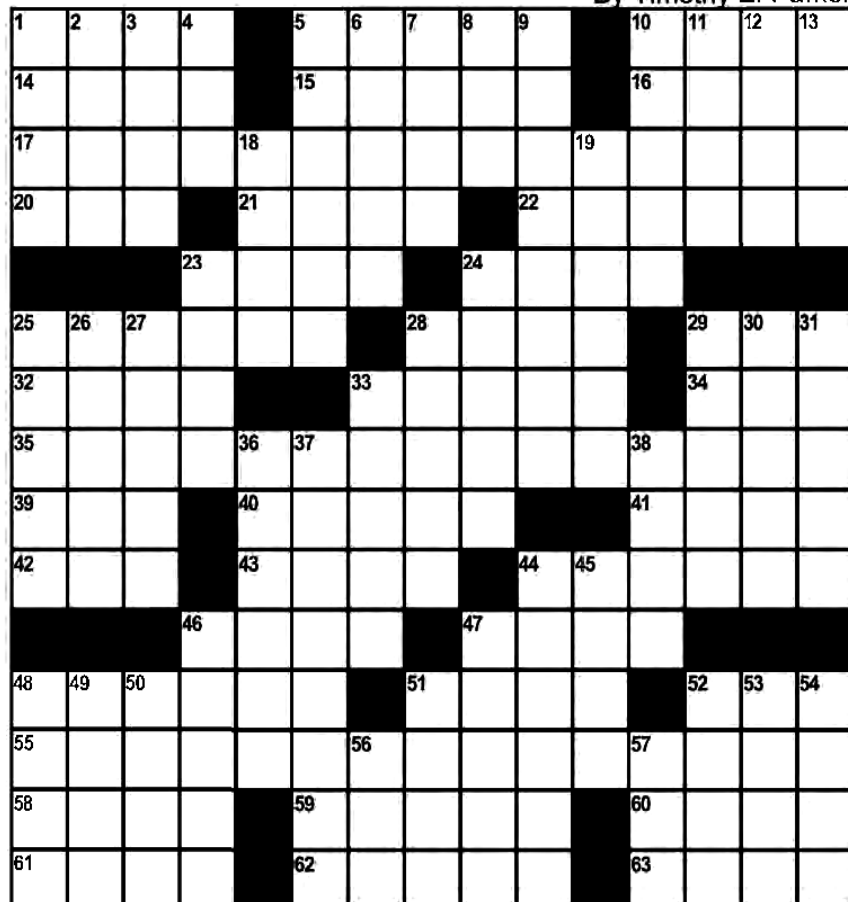
- 1) Volcanic anagram for "ante"
- 5) Where something can be flat or sharp
- 10) Military lockup
- 14) Asian cuisine choice
- 15) Chocolate source
- 16) An apple on a computer, for one
- 17) One taking others to great heights
- 20) Color attribute
- 21) Brought into the world, as eggs
- 22) Dough or bread
- 23) Deeply engrossed
- 24) Give in to pressure
- 25) Chant
- 28) Certain beach bird
- 29) Monopolist's portion
- 32) "... _____ lender be"
- 33) Painful pang
- 34) Deception
- 35) Good feature for cars stuck in the snow
- 39) Tall Australian bird
- 40) Raise, as a flag
- 41) Bibliographical abbr.
- 42) Fink
- 43) First-class
- 44) Not-quite-round shapes
- 46) Jekyll's alter ego
- 47) Kind of individual pricing
- 48) Certainly not alert
- 51) Mixed assortment
- 52) Schuss, e.g.
- 55) Some supports for motorists?
- 58) Koi's place, often
- 59) Legendary actress Sophia
- 60) "... not always what they ____"
- 61) Places of rejuvenation
- 62) Decorative jugs
- 63) Amazes

DOWN

- 1) Carve in stone
- 2) Holier than who?
- 3) Soon-to-be parents' concern
- 4) Order between "ready" and "fire"
- 5) Knee abrasion
- 6) Implied but not verbalized
- 7) Battery contents
- 8) Air-traffic control org.
- 9) Poppycock
- 10) Place for a hunter
- 11) Casting director's handout
- 12) Fictional hunchback
- 13) "____ Jail" (Monopoly bumper)
- 18) Brio or panache
- 19) Immobilized (with "down")
- 23) Bookbinding leather
- 24) Certain chapeau
- 25) Derive by reasoning
- 26) ____ Jean (Marilyn Monroe)
- 27) "Rainbow" fish
- 28) All the ones before us?
- 29) Accused's need
- 30) Enraged
- 31) City on the Aire
- 33) Biblical possessive
- 36) "Casey at the Bat" poet
- 37) Stack of fireplace logs
- 38) Reason for tear gas
- 44) Veggies sometimes served in rings
- 45) Cello's little relative
- 46) Complies with, as advice
- 47) Gastric woe
- 48) Some dangerous snakes
- 49) Cease
- 50) Legendary entertainer Horne
- 51) Shrek, for one
- 52) Type of duck
- 53) "Trick" joint
- 54) "Capital" and "alcohol" endings
- 56) "____ what?"
- 57) "Made in the ____"

GUIDING PRINCIPLES

By Timothy E. Parker



(Solution on page 5)