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SYDNEY MINES**

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By Appointment - Masks Mandatory

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BADDECK**
PHONE
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FREE

THIS WEEK

NORTHSIDE COMMUNITY NEWS

FREE

Vol. 11 - DECEMBER 29nd - 2021

COVID NOTICE

We are awaiting for an announcement from the Nova Scotia government regarding COVID and ongoing programs for Clubs, Seniors Groups, church Halls, Legions and community based organizations. Depending on the new restrictions



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***Happy
New
Year!***

**Happy
New Year
From All
The Staff
at**

**TERRY McCORMICKS TIRE CRAFT
AND KROWN RUST PROOFING**

North Sydney Fire Hall

Pierce Street - North Sydney
OPEN DAILY 10:00 - 12:00

All Programs are On Hold pending COVID restrictions update from N. S. government

10.75

NEW YEARS DANCE CANCELLED

CHRISTMAS EVE

Ernie Wells from 2:00 - 5:00
Happy Hour All Day

**Royal Canadian Legion
Branch 83 Florence**

NEW SCHEDULE

**MONDAY, TUESDAY
WEDNESDAY &
THURSDAY
12:00 - 10:00 pm
FRIDAY & SATURDAY**

VLTs Are
Open

ALL PROGRAMS
cancelled until
further notice
due to COVID
restrictions

TOONIE \$776.00 +

COVID-19 Proof of
Vaccine required
TARABISH - Wednesday
at 7:00 pm
Washer Toss is back on
Friday nights, starting at
7.00 - open to public.

736-6313

**NORTH SYDNEY
LEGION - BR. 19
SCHEDULE**

ARMSTRONG MEMORIAL
LEGION BR. 019
NORTH SYDNEY
Open Monday - Saturday
10 am - 12 midnight
Last call 11:00 pm
Lounge, wide- screen TV



For the Best In Classic
Country Music, join Kenny
Walsh every Sunday Night
at 6:00 pm for Phantom
Country a 2 hour show of
the best Country Music
Logon to our website at
this address
www.kleeradio.com
*Merry Christmas and
Happy New Year From
Kenny and Phantom
Country.*

Sunday BINGO

Sydney Mines S
Pens
Sydney Mines
2:00 pm

NOTICE

Due to COVID
restrictions, all
programs are on
hold pending
N. S. government
announcement on
new Guidelines

**BIRTHDAY
WISHES**

Happy birthday to Karen
Baxter celebrating her 15th
birthday January 12 - Love,
Mom, Dad and Jeremy,



Happy 45th Birthday to our
friend and fellow radio
announcer Jack Cool from
Robert, Kenny, Paul and
Glen



food shoppe
**Heat & Serve Meals - Fresh Meal
Selections - Frozen Selections
Grab 'n Go Lunch
Soups - Sandwiches - Salads
Ph: 217-0280**

212 Commercial Street
NORTH SYDNEY

**Keith Bain**

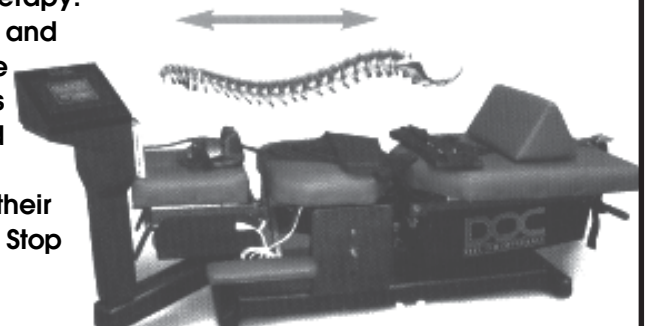
1415 Highway 105, Bras d'Or, NS, B1Y 2N5
902-736-0301 (Office)
902-736-0411 (Fax)
keithbainmla@bellaliant.com

NEW DECOMPRESSION TABLE RELIEVES PAIN

Darren Strong from Strong Chiropractic, announces
a new, sophisticated computerized decompression
table that allows the spine to be gently stretched and
relaxed for spinal decompression therapy.

The pattern of alternating pulling and
relaxing creates vacuum-like pressure
which allows disc material that was
herniated or protruded to be pulled
back in the disc over time.

Patients will notice a reduction of their
pain during these treatment sessions. Stop
in today and ask about the new
table and how you can benefit.



793 Mahon St., New Waterford - 862-9444 224 Commercial St. North Sydney - 241-9444

2022 Residential Christmas Tree Collection Program

The Solid Waste Department will collect undecorated Christmas trees curbside from residential properties eligible to receive curbside collection. All residents living in CBRM, placing a Christmas tree curbside for collection, must have their tree curbside no later than 6 am on Monday, January 10, 2022

Residential Christmas Tree Collection: Curbside Reminders

1. All areas of CBRM must have undecorated Christmas Trees out for curbside collection no later than 6 am on Monday, January 10.
2. Residents are encouraged to wait until the weekend of January 7-9 to place their Christmas tree curbside for this collection.
3. Remove the tree stand and all tree decorations, lights, nails, wire, and plastic from the Christmas tree before placing it out to the curb for collection.
4. A Christmas tree must remain bare and uncovered. Remove any plastic or covering used to remove the tree from your home. Do not cover tree with a blanket or a tarp.
5. Place the bare Christmas tree in a visible location at the curb. The tree must be accessible and placed in a safe location for the collector to remove. A tree placed on top of a snow bank, located in a ditch, or drain, buried in snow or frozen to the ground will not be removed by the collector.
6. An artificial Christmas tree will not be collected curbside. Artificial trees can be dropped-off for disposal at the Waste Management Facility on SPAR Road in Sydney. The site is open 8:00am to 4:00pm Tuesday to Saturday.
7. Christmas trees are also accepted for drop-off at the Waste Management Facility on Spar Road in Sydney.

Happy New Year from the membership of the North Sydney Historical Society and Cultural and Heritage Center. And also from the Folks who share our building - The North Sydney Library, North Sydney Seniors Club and the office of Lyndon Johnston Accounting. Have a safe and happy holiday season.



FRED TILLEY

MLA Northside-Westmount

Northside-Westmount Constituency Office

2 Elliot Street, Sydney
Mines | Nova Scotia
B1V 3G1

(902) 736-0546

mia@northsidewestmount.ca

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sharon.matthews@hrblock.ca

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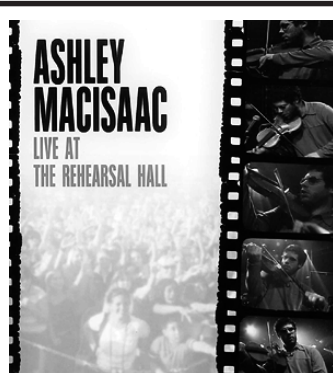
BRANCH 008 LEGION - SYDNEY MINES

**All Programs at Branch 008 have been suspended
until further Notice due to COVD Restrictions
Watch this paper for future Program Updates**

PHONE - (902) 736-3206



Over the Christmas break I had some time to look at my music shelf and rediscovered this concert DVD, **Ashley MacIsaac's "Live At The Rehearsal Hall"**. Ashley was considered the bad boy of Celtic music that was too punk and controversial for mainstream Celtic music circles and too Celtic for mainstream pop circles. Some could argue that Ashley was the perpetrator of his own misfortune in falling from grace-others would say that he was only being true to himself and that no publicity is bad publicity. Indeed, he is one of the most successful roots music artists in the history of Celtic music, and in his early years was seen as a prodigy and a trailblazer for the future of the fiddle. Ashley may have alienated some fans in the past when he talked about very private and personal matters-but that shouldn't detract from the fact that he is a musical genius and has taken the whole Celtic music fusion genre to a new level while never forgetting where his roots are. This concert DVD starts off with the amazing "Sleepy Maggie" as Ashley and the band slip into such an incredible groove of Celtic/dance/fusion that it's easy to see why this man is a master of the bow. The traditional influences are present as the concert continues with "Belle



Cote", "The John Morrison" and "Johnny Cope", but it's the numbers like "Devil In The Kitchen" that stand out as indicators of where the roots music of Cape Breton Island can be taken to when you have a true innovator at the wheel.

The concert portion of the disc includes 8 numbers with an interview and a question and answer segment from the appreciative audience. Also included are 3 music videos; "Devil In The Kitchen", "Sleepy Maggie" and "Brenda Stubbert". To say that the videos are manic is an understatement, if Ashley's not jumping around with feet on fire he's cavorting with, literally, circus freaks. This just adds to the resume of the young man from Creignish who turned Cape Breton music upside down and shook it until the nickels fell out of it's pockets. As the past has illustrated only too well, genius often goes unappreciated and mis-understood and yes, when it comes to the fiddle, Ashley Mac Isaac is a genius. This is a very entertaining DVD.

\$500 Seniors Care Grant 2022

The Seniors Care Grant provides financial support to low-to-modest income seniors to help them stay in their homes.

The Grant is an annual grant program to reimburse costs up to \$500 to help cover costs of household services. It can be used to cover the costs of such things as snow removal, home repairs, lawn care, grocery delivery and more. It is available to homeowners and renters.

To be eligible for this grant:

- * You still reside in your home
- * The property or lease agreement is in your name or includes your name.
- * You are 65 years of age or over
- * You have an annual household net income of \$37,500 or less

All applications must be submitted by May 31st, 2022. You can apply online at

www.novascotia.ca/seniorscaregrant

We have copies of the application available to print at home from our website - www.kleeradio.com.

Mailing instructions are included in the application

Videotapes wear out so save your precious memories before it's too late!

Great Christmas Gift idea!
We offer Professional transfers from tape to DVD using Pro Equipment-not home video gear.

We can transfer VHS, 8mm and Mini DV tapes at great prices!
We also do audio cassettes to CD
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Happy New Year

JAIME BATTISTE

Member of Parliament
SYDNEY - VICTORIA

jaimebattiste.ca
jaime.battiste@parl.gc.ca

207A-201 Churchill Drive
Membertou, NS B1S 0H1

(902) 567-6275



K-LEE RADIO
www.kleeradio.com

2022

THIS WEEK
every Wednesday

-JANUARY-

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NORTHSIDE NEWS



NORTH SYDNEY LIBRARY NEWS

BOOK SALE - Books 3 for \$1.00 and up to \$2.00. Large selection for your Winter reading.

For your convenience we have both Indoor and Outdoor Drop Off and Pick Up Service.



BRANCH 008 LEGION NEWS



has been cancelled due to COVID - we will update you when we will start again when we have more information from the N. S. government. Watch this paper for updates.

On behalf of the Branch 008 Executive and Ladies Auxiliary, we would like to extend a Happy New Year wish to all our members and guests - all the best in 2022.

ANNUAL POLAR BEAR DIP

There's a New Year's Day tradition in many cold, icy towns and villages that never fails to draw the curious and the crazies. I'm speaking of the annual Polar Bear Dip where normally sane and rational people don skimpy bathing suits and run into ice cold, frigid ocean water. Why do they do this? Most people say it's for a lark, others say it's to keep them from getting colds and others are just plain drunk or stupid....or both.

At any rate, it was always something our family went to see during the Christmas vacation. We would pile in the car all dressed in winter boots and winter jackets and head down to South Bar where the cold waters of the Atlantic Ocean waited. The area that the swimmers would enter the water was known locally as Polar Bear because even in the heat of summer the water was extremely cold.

Many people bring cameras and cheer on the brave souls and usually the local TV station and newspaper cover the event. We usually took a camera to take some pictures. This year, 1988, we had a special reason to be there. Our Uncle Ned decided to become a Polar Bear. He wasn't especially athletic and he was usually pale so we wondered why he would want to try this.

When the time came for the swimmers to go in, a starter would line the swimmers up and set off a starter pistol and they all ran and dived into the water. As I've said, Ned wasn't particularly athletically gifted so when the starter's gun went off, Ned surged forward but he started to slip and lose his footing. He grabbed at the nearest handhold which happened to be Nellie Pearson's butt. She retaliated with a slap that sent Ned swirling to the right. Again he grabbed for a handhold and it was the back of Sammy Dufour's swim trunks.

Down went Ned, down went Sammy's trunks. The two of them were sliding and slipping until they both entered the water, Sammy minus his trunks and Ned half choked and disoriented. Cameras clicked, senior women hooted and Sammy turned a wonderful shade of red. By this time Ned was actually in the water still holding onto Sammy's trunks. Sammy ripped them out of his hand and put them back on. When Ned tried to stand he was paralyzed with the cold and several of the retuning Polar Bear members fell over him and ended up in a tangle of shivering bodies.

I thought my father was going to have a heart attack as he was laughing so hard. My mother had tears running down her face and Dorothy Muldoon, 96, her first time at the Polar Bear Dip remarked, "If I knew it was going to be this much fun, I'd have come a long time ago."

Uncle Ned never went back for the annual dip but we still have pictures and every once in awhile, I take them out of the album for a good laugh.

© CAPE BRETON CHRISTMAS MEMORIES - \$4.95



SYDNEY MINES LIBRARY NEWS

All Programs have been suspended until further notice. We will update you when we have received updated N. S. government restrictions.

We would like to wish all our patrons a very Happy New Year.



Stay tuned to Cape Breton's Community Radio station in 2022 as we enter our 12th year of broadcasting. We will have new programs and Free Podcasts for you.

We broadcast the Best in Cape Breton and Celtic music 24 hours a day - 7 days a week www.kleeradio.com

| 2022 JANUARY | | | | | | |
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Free 2022 Calendars - to download your copy, visit our website at - www.kleeradio.com and click on the DOWNLOADS page

Shear Madness

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H A P P Y NEW YEAR



From K-Lee Radio and Northside This Week



**ROBERT
O'HEARN**
RADIO HOST

JACK COOL
OLDIES DJ
KLEE - 2



**KENNY
WALSH**
RADIO HOST
Phantom
Country

**PAUL
POWER**
Columnist
TAKE 2



NORTHSIDE THIS WEEK brings you the latest in
Community News on the Northside every Wednesday
in print and also in digital format on our website

*K-LEE RADIO plays the Best of Cape Breton &
Celtic Music 24 Hours A Day - 7 Days A Week
broadcasting from Beautiful Cape Breton Island*

www.kleeradio.com



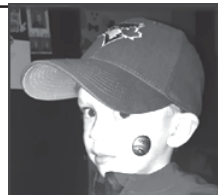
HAPPY NEW YEAR 2022!

Another year has come and gone and **COVID** still remains a main focus in our community - just when things were starting to return to some degree of "normal", we were hit with another strain and this one is very contagious - As I write this column, we are waiting to hear from the government regarding new COVID restrictions - I think we are heading for another **shutdown**, I only hope it is a short duration shutdown..... I want to acknowledge **two birthdays** this week - our good friend **Jack Cool** celebrates his 45th birthday and my grandson **Shay Campbell** celebrates his 8th birthday - **Best Wishes** to both and I know Shay at least will be having an ice cream cake (yum, yum),,,,,, The **Christmas tree pickup** begins this year on Monday, January 10th, see **page 3** for details on how to prepare your tree for disposal..... On **page 4** you will see information regarding a **Seniors \$500 grant** and how you can download your own form to apply for this grant - logon to our website - www.kleeradio.com - and apply for your free grant to help with household expenses.... Also on **page 4** our good friend and colleague **Paul Power** has another review of a local Cape Breton artist **Ashley MacIsaac** in his "TAKE 2" column..... on **page 5** we have a Free 2022 **calendar** that you can tack up on your wall - you can also download a digital copy of the 12 month calendar from our website - www.kleeradio.com - just click on the "DOWNLOADS" link and whenever New Years rolls around, I also think back to the days of the annual "**Polar Bear Dip**" that was held each year at South Bar - you'll find a heart warming true story from the "Cape Breton Christmas Memories" book - **NOTE - CLUBS and ORGANIZATIONS** - Going forward you will need lots of publicity to get your club going once COVID is in the rear view mirror simply send your information to - thisweek@kleeradio.com and we'll make sure your event gets published - **HAPPY NEW YEAR** - Glen



Remember your local Food Bank as this is the busiest time of the year and the need is the greatest. Thank you for your support.

HAPPY BIRTHDAY to my big grandson



Shay Campbell who celebrated his 8th birthday on January 3rd - Watch out for Flying Dinosaurs!!



This Holiday Season, please use a Designated Driver if you are planning on drinking and driving. Don't let a tragedy ruin your Christmas.



JACK COOL
K-LEE RADIO
DJ NEWS

Jack Cool is on Christmas Holidays with Late Nite Oldies and he will return in the new year, Merry Christmas & Happy New Year to our listeners.

YOUR FREE SODUKO WEEKLY PUZZLE

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You can also get your Daily Soduko Puzzle and Crossword Puzzle by logging on to - www.kleeradio.com and clicking on the FEATURES Page. Also included is a DAILY FREE SOFTWARE giveaway. Logon today to get yours FREE!!



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