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FREE

THIS WEEK

NORTHSIDE COMMUNITY NEWS

FREE

Vol. 12 - MARCH 23rd - 2022



Finally Spring has officially arrived - now let's see some warm weather to brighten our days.



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NORTH SYDNEY

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North Sydney Fire Hall

Pierce Street - North Sydney
OPEN DAILY 10:00 - 12:00

Starting Feb. 24th**Ernie, Todd & Wade**

Kitchen Open from 4:00 - 9:00

MUSIC from 5:00 - 8:00**WEEKLY SPECIAL****BACON CHEESEBURGER**

North Sydney Minor Baseball
Registration at the North
Sydney Fire Hall, Pierce Street,
North Sydney

April 2 - 11:00 - 2:00 pm

April 9 - 11:00 - 2:00 pm

April 16 - 11:00 - 2:00 pm

Royal Canadian Legion
Branch 83 Florence

NEW SCHEDULE

MONDAY, TUESDAY
WEDNESDAY &
THURSDAY

12:00 - 10:00 pm**FRIDAY & SATURDAY****12:00 - 12:00****The CIRCLE****on Saturday nights****7:00 - 10:00 p.m.**

BINGO
starting at
7.00

Thursday
Nights

MEN'S DARTS

Monday Nights 7:00 pm

TARABISH TUESDAY
NIGHT AT 7.00 PM



WASHER
TOSS

on Friday

Nights at 7:00 pm

MIXED DARTS

on Sunday Night

Upstairs - 7:00 pm

736-6313

NORTH SYDNEY
LEGION - BR. 19
SCHEDULE

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this address

www.kleeradio.com

Gospel Hour with Pierre
Chiasson Sunday mornings 9
am - Logon to our website
www.kleeradio.com

Sunday BINGO

Sydney Mines Seniors &
Pensioners Club Fraser
Avenue, Sydney Mines

2:00 pm

Doors Open 12:30

Cards selling 12:45

Toonie Jackpot \$358 +**JACKPOT \$1100.00****on 54#s or less**

Masks Are Optional

45s Card Game**Wednesdays****at 7:30**

Masks Are Optional

MEMBERSHIP MEETING

Tues., April 5th at 2:00 pm

All Committees will be
picked at this time. Mem-
bership dues are \$10.00
and must be paid on or be-
fore April 5th



Remember your local Food
Bank as this is the busiest time
of the year and the need is the
greatest.



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**Keith Bain**

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902-736-0301 (Office)

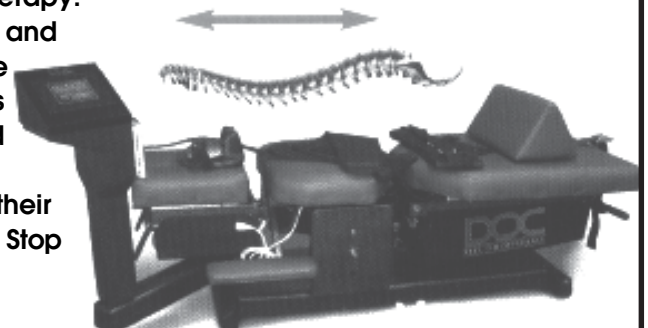
902-736-0411 (Fax)

keithbainmla@bellaliant.com**NEW DECOMPRESSION TABLE RELIEVES PAIN**

Darren Strong from Strong Chiropractic, announces
a new, sophisticated computerized decompression
table that allows the spine to be gently stretched and
relaxed for spinal decompression therapy.

The pattern of alternating pulling and
relaxing creates vacuum-like pressure
which allows disc material that was
herniated or protruded to be pulled
back in the disc over time.

Patients will notice a reduction of their
pain during these treatment sessions. Stop
in today and ask about the new
table and how you can benefit.



793 Mahon St., New Waterford - 862-9444 224 Commercial St. North Sydney - 241-9444

North Sydney Seniors Upcoming Events

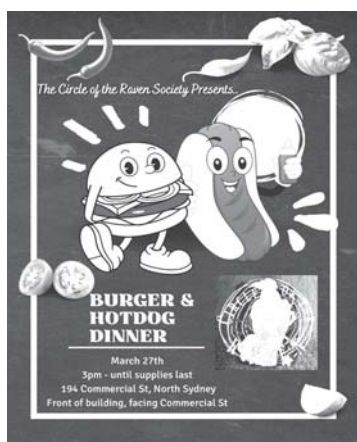
On March 25th there will be a dance for members and guests. Put on your dancing shoes, come and have a good time.



TIME - 8-11 PRICE \$5

On March 31 we are having a tea in memory of one of our dear recently deceased members, Mary Johnston..This is open to all, members, family and friends. Come help us honor her memory.

Time 1:00 - 3:00 - Price \$5.00



Date: 2022-03-27

Time: 3:00 PM - 7:00 PM

Come one and come all! Our dinner this month will be Burgers and Hotdogs. They will all be freshly made as people come by.

This dinner will take place on March 27th starting at 3pm and going until we run out of food!

You can visit us to grab your meals at either location:

-194 Commercial St, North Sydney

It's Tax Season once again and we will be running our weekly "TAX TIPS" column to help you prepare your Tax Return for 2021 and maximize the deductions you can claim especially this year with COVID programs - page 6 for details.

NOTE - CLUBS and ORGANIZATIONS - Going forward you will need lots of publicity to get your club going once COVID is in the rear view mirror - simply send your information to us at this email address - thisweek@kleeradio.com and we'll make sure your event gets published in our weekly paper.



BIRTHDAY WISHES

I would like to send out to my two nephews a Very Special Birthday Wish - Josh who will be 11 on March 26th and Aaron who will be 10 on March 27th - Enjoy your special day - Lots of Love from Nannie & Poppy.

Armstrong Memorial Branch 019 Royal Canadian Legion North Sydney



A meeting of the General Membership will be held Wednesday March 23 - 8:00 pm during which The Bi-Annual Election of Officers take place.

Note: the Executive will meet prior to 7:00 pm - The General Membership Meeting Membership cards to be shown at the door All members are urged to attend



FRED TILLEY

MLA Northside-Westmount

**Northside-Westmount
Constituency Office**

2 Elliot Street, Sydney
Mines | Nova Scotia
B1V 3G1

(902) 736-0546
mla@northsidewestmount.ca



TAX PROFESSIONALS

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BRANCH 008 LEGION - SYDNEY MINES

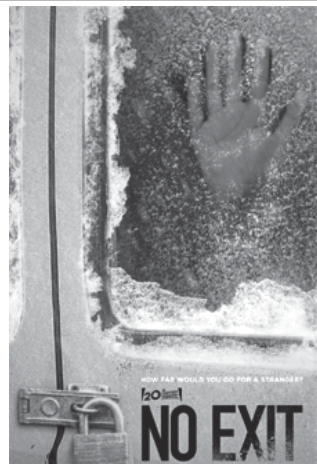
**Lots of great Events taking place including Ladies Auxiliary Meeting
BINGO starts back up - Hockey Night - Fish & Chips Dinner - DANCE**

See page 4 for the details on all these programs

PHONE - (902) 736-3206



Sometimes a new movie, like a blizzard, can sneak up on you-and that's what happened with the new film "No Exit". I knew nothing about this one before seeing the poster, but the description quickly grabbed my attention. The story follows recovering drug addict Darby Thorne (played by the amazingly talented Havana Rose Liu) who escapes from rehab and steals a car to make her way to a hospital where her mother is now a patient in intensive care. The blizzard gets worse and Darby is forced to go to a visitors centre and wait out the storm. Once there she finds 4 other people...and soon discovers that a little girl tied up in a van outside; this is where things get wild and crazy. The movie is filled with story twists and turns, all of which keep the viewer glued to the screen trying to figure out what's really going on and who the kidnapper is. Director Damien Power found a goldmine in the actors chosen for the roles, and their ability to make us question who they really are is the sizzle that sells this flick. The older couple (Ed and Sandi) played by



familiar character actors Dennis Haysbert and Dale Dickey seem to be the anchors of the group as they try to keep everyone calm and reassured. Social reject Lars (David Rysdahl) and mystery boy Ash (Danny Ramirez) all harbour secrets-some deeper and darker than others. Be fair warned though, this movie gets very, very intense and has a few scenes that are downright gruesome, but not in a cheap slasher flick kind of way. The film was originally supposed to be released in theatres in February but was then moved to Hulu's streaming platform, Disney and Star+. To be honest, this is probably the best and most suspenseful movie I've seen in a while, one that is visceral, enticing and at times enraging by the loathsomeness of some of the characters. Be sure to check it out.

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Sydney Mines Legion - Branch 008 UPCOMING EVENTS

MARCH 24 - Branch Meeting 8:00 pm

APRIL 3 - Ladies Auxiliary Meeting - 7:00 pm

APRIL 5 - BINGO will start back - Tuesdays at 7:30 pm - Same Money Prizes - Canteen

APRIL 9 - Hockey Night - 6:00 pm - Mini Darts \$5.00 per person - 2 Jerseys - \$3.00 Pool & Pizza - Montreal & Toronto

APRIL 15 - Fish & Chips- \$16.00 per person - must have ticket - Deep Fried with mashed or Home Fries, dessert, Tea or Coffee - TAKE OUT from 3:00 - 4:30 - EAT IN from 4:30 - 6:00 - Please come and Support the Ladies Auxiliary

APRIL 16 - DANCE - 8:00 - 12:00 - "Time To Get Out" - Music by Ernie Wells - Admission \$5.00 at the door

Congratulations goes out to our Branch 008 Ladies Dart players for winning Zones - Friday, Saturday and Sunday - Keep on going Ladies.

Winner of Ladies Fund Raising Meat Order & Goodies is Kathy Nelson- ticket drawn by Bill Dennis, Monday Night Dart League.

Thank you to all who supported us

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ACROSS

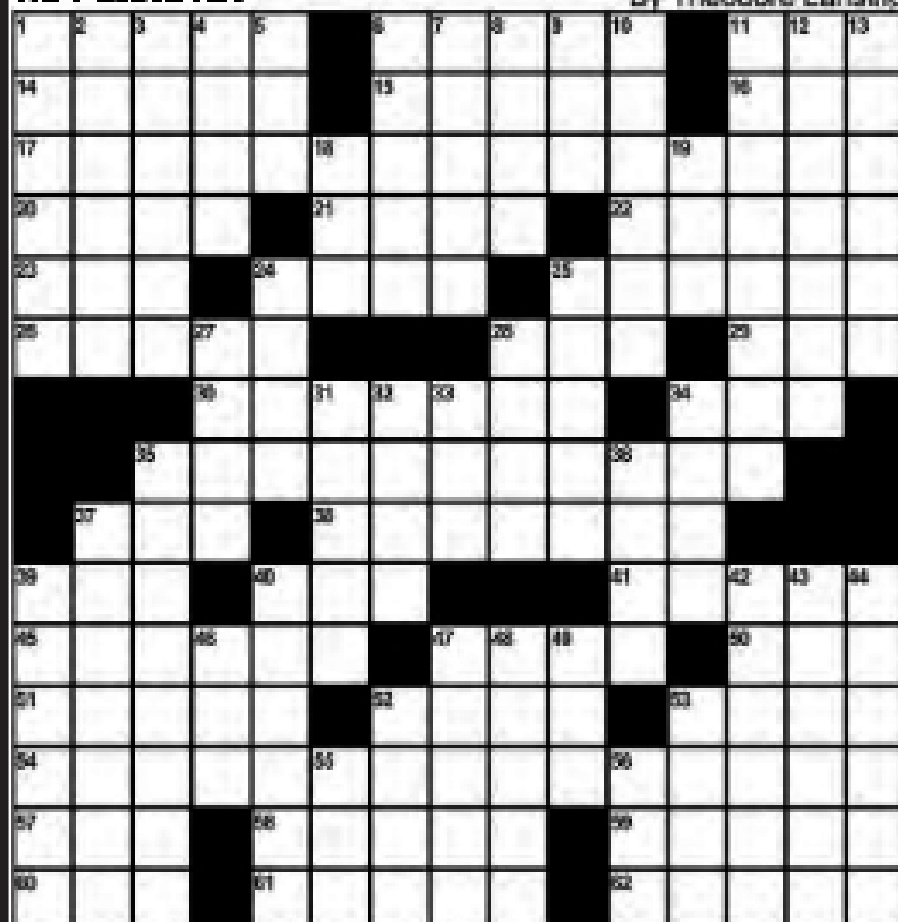
- 1) "___ la vista, baby"
 6) Burst into flower
 11) Impressive degree
 14) Up and moving about
 15) Book, in France
 16) Height for Heidi
 17) Thingamajig
 20) Unaccompanied
 21) Golden calf, infamously
 22) Catcher in the Rhine?
 23) Chapter of history
 24) Football props
 25) Fair-haired chaps
 26) Continue without interruption
 28) ___ Jewelers
 29) Acquire
 30) Annoying
 34) Pre ___ (major for future doctors)
 35) Any one
- 37) Prefix with "solve" or "respect"
 38) Somersaulting drinking vessel?
 39) Couple thousand pounds
 40) The Almighty
 41) "Over my dead body!"
 45) Make lovable
 47) "It's OK after all" in editing
 50) Eggs, to Nero
 51) Parts of necks
 52) "Boy, am I tired!"
 53) Deep drink
 54) Definitely old enough to know better
 57) Driller's syllable
 58) Man of fables
 59) "It follows that ..."
 60) Take in, as sights
 61) Singer LaBelle
 62) Barely defeated

DOWN

- 1) Parts of ship bows
 2) Not on board
 3) German prison camp
 4) Jazz great Puente
 5) Rainbow shape
 6) Fan part
 7) Long vehicles, for short
 8) Charlotte Motor Speedway, e.g.
 9) "The Two Towers" monster
 10) Contemptibly small, as a tip
 11) Fake an illness to avoid work, e.g.
 12) Affected by glare
 13) Most suitable
 18) Flee quickly
 19) DiCaprio of films
 24) "Desperate Housewives" star Hatcher
 25) Brunch selection
 27) Sounds of the disgruntled
 28) Door feature, often
 31) 19-down, for one
 32) Sound of a bad joke?
 33) Suffix with "skeptic"
 34) "A ___ formality"
 35) Throat
 36) Come up for air, as a whale
 37) Former Winfrey rival
 39) Agents' cuts, often
 40) Valve in some fireplaces
 42) Making promises
 43) Show proof of
 44) Frayed and worn
 46) Always, poetically
 47) Fire a weapon
 48) Speeds, to a conductor
 49) Certain mama on a farm
 52) Sound uttered by the secretive
 53) Place for a shovel
 55) "Nay" opposite
 56) Common tide starter

NOT EXACTLY

By Theodore Lansing



(Solution on page 8)

NORTHSIDE NEWS



NORTH SYDNEY LIBRARY NEWS

BOOK & DVD SALE - Books 3 for \$1.00 and up to \$2.00. Large selection for your Winter reading.

For your convenience we have both Indoor and Outdoor Drop Off and Pick Up Service.

FIBRE LUNCH starting again every Thursday.

New programs are being finalized and will start next week

SENIORS CARE GRANT

The Seniors Care Grant provides financial support to low-to-modest income seniors to help them stay in their homes.

The Grant is an annual grant program to reimburse costs up to \$500 to help cover costs of household services.

It can be used to cover the costs of such things as snow removal, home repairs, lawn care, grocery delivery and more. It is available to homeowners and renters.

To be eligible for this grant:

- * You still reside in your home
- * The property or lease agreement is in your name or includes your name.
- * You are 65 years of age or over
- * You have an annual household net income of \$37,500 or less

All applications must be submitted by May 31st, 2022. You can apply online at

www.novascotia.ca/seniorscaregrant

We have copies of the application available to print at home from our website - www.kleeradio.com.

Mailing instructions are included in the application - print out your copy.

TAX TIPS

Canada Caregiver - Aging Parents

Your parents worked hard to take care of you growing up and you're happy to return the favour. The good news? The CRA (the Canada Revenue Agency) wants to say "thanks" too. If you have an aging parent or relative, you might be eligible for the Canada caregiver amount. It's one of the most commonly overlooked tax credits, and it's intended to create additional tax savings for Canadians supporting infirm or dependants at home.

Can I claim the Canada caregiver amount?

To be eligible for the Canada caregiver amount, a family member must have relied on you for support because of an impairment in their mental or physical functions during the year. This means they needed your help with daily activities, such as cooking, getting to appointments, or bathing. It used to be a requirement that the relative lived with you, but this is no longer the case.

For the purposes of this tax credit, a dependant can be your or your spouse's:

Child or grandchild; or Parent, grandparent, brother, sister, uncle, aunt, niece, or nephew (if they lived in Canada at any time during the year).

If the CRA already has an approved disability tax certificate (T2201) on file for the person for whom you're claiming the amount, you won't need a doctor's note confirming their condition. You can also claim their unused disability tax credit in addition to the Canada caregiver amount.

How much can I claim?

If your dependant is 18 or older and is not:

your spouse or common-law partner; or

the person for whom you're claiming the amount for an eligible dependant,

You can claim a caregiver amount of \$7,276. Keep in mind, this amount is reduced by every dollar your dependant's net income is more than \$17,085. This means if your dependant's income is more than \$24,361, you won't be able to claim this credit.

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SYDNEY MINES LIBRARY NEWS

CBRL Community Art Project - Together we will soar!

Visit your local library and pick up a blank feather to decorate any way you like.

Your feather will be joined with dozens of others to make a set of wings.

The wings will then fly around the region, creating a fun photo opportunity for everyone to enjoy.

Registration for the Winter Reading Program ends March 31st.



Stay tuned to Cape Breton's Community Radio station in 2022 as we enter our 12th year of broadcasting. We will have new programs and Free Podcasts for you.

We broadcast the Best in Cape Breton and Celtic music 24 hours a day - 7 days a week on our website www.kleeradio.com

NORTHSIDE & DISTRICT MINOR HOCKEY 50/50 DRAW



- Last wee Ashley Foster and the amount was \$14,457. Thank you for your continuing community support. Extra Draws this week.

Shear Madness

HAIR DESIGNS
HANDICAP ACCESSIBLE



Come
Check
Us Out!

Tues. & Wed. 9 - 5
Thurs. 9 - 7 - Fri. 9 - 5 - Sat. 9 - 4

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363 Main St.
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THE LATE NIGHT OLDIES SHOW

with DJ Jack Cool has returned

K-LEE RADIO ON FRIDAYS - 11 PM



JACK COOL K-LEE RADIO DJ NEWS

Cape Breton singer Andrew Doyle wanted me to mention that The Frankenband shows. April 1 and 2 at the holiday inn. April 2 is sold out and April 1 is past the halfway point Doyle said It's one of those events where we are celebrating all the holidays we missed and there are going to be a hodgepodge of decorations up and what is the Frankenband you may ask is a collaboration of musicians and a local business manager that brings together multiple veterans of the music scene to form a "Frankenstein style" of the band using pieces of multiple groups.

Featuring 8 members



(Andrew Doyle, Dan McCarthy, Mike Wadden, Bobbie Currie, Cory Keeping, Shaun Paris, Stewart MacNeil, Jason Kempt) everyone brings their own unique style of Entertainment have a great week everyone best - Jack



Cape Breton singer Jean Sheppard's latest album is Good Ground.

Released Last Year June 25, 2021. Written by Jenn Sheppard (and co-written by Fred Lavery and Stephen Muise the album aims to give listeners a lift and a few moments to feel hopeful in a strange world. awesome Job Jenn can't wait to hear the next album, Jack. for more info please go to Jenn website <https://jennsheppard.com/music> Jenn - latest release called Six More Weeks of Winter jennsheppard.com

FINAL DRAW EXTRAS



March 27 is the final draw for the Northside & District Minor Hockey

50/50.

Extra draws include one \$1,000, one \$500 and five \$100.00.

Get your tickets early for the extra draws.

CONTACT INFORMATION

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glengray@kleeradio.com

Cape Breton Music Hall Of Fame Long Overdue In Our Community

Every once and awhile there comes along a project so simple and unique that we wonder why it hasn't been done before. That's the feeling one gets about the proposed new Cape Breton Music Hall Of Fame.

What could be more appropriate to an Island that is recognized around the world for the talents of its singers, songwriters and word class fiddlers?

K-LEE RADIO has been showcasing and playing the best of Cape Breton music for the past 12 years letting the world know how talented this Island really is. The station broadcasts 24/7 on the internet and is available to anyone with a click of the button.

Nigel Kearns, chair of the Music Industry Cooperative - the Hall of Fame efforts.

Kearns says the Cape Breton Music Hall of Fame plan is to open a Cape Breton Music Hall of Fame somewhere in downtown Sydney. He says it would include the music, and memorabilia, of some of the biggest names and through displays and interactive experiences.

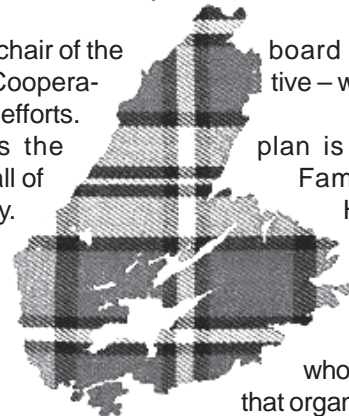
Then, there's a whole other component of the plan - one that organizers call the 'Walk of Stars.'

"It's very similar to the Hollywood walk of stars", Kearns said, "so around our urban areas, we'll have enclaves in the sidewalk with recipients."

Kearns envisions the Hall of Fame would have a presence in different communities around the Island where the artists live, work and perform.

Kearns also mentions that they will team with entities such as Destination Cape Breton to promote their Hall of Fame.

We wholeheartedly support the idea of a Cape Breton Music Hall of Fame and wish all involved the best of luck and let's get it operational as quickly as possible.



board for Cape Breton Music Industry Cooperative - which is heading up

plan is to open a Cape Breton Music Hall of Fame somewhere in downtown Sydney. He says it would include the music, and memorabilia, of some of the biggest names and through displays and interactive experiences.

whole other component of the plan - one that organizers call the 'Walk of Stars.'



Cruise Ship Schedule

May 1	Seven Seas Navigator	1200-2000
May 18	Zaandam	1000-1800
May 23	Celebrity Summit	0700-1600
May 23	7 Seas Navigator	1100-1900
May 25	Zaandam	0800-1700
May 31	Zaandam	1000-1800
June 1	Celebrity Summit	0700-1600
June 2	7 Seas Navigator	0800-1600
June 8	Zaandam	0800-1700
June 13	7 Seas Navigator	1000-1800



**KWIK KOPY
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CHARLOTTE STREET - SYDNEY

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AROUND THE TOWN

Spring is finally here!!! With the warm weather comes some welcome news for the COVID restrictions we have endured for the last two years have come to an end..... I would like to take this opportunity to **thank all** who sent cards, best wishes, prayers and emails to me and my family during my recent heart attack - I am still a little weak and it will be a few months before I can drive again so it will take some time to get to see you all - but thanks for the **good will** you sent to me and my family.... with the warmer weather, we have received the **Cruise Ship schedule** for the coming year and it looks like we are going to have a good year there is an extra dock that was recently completed to handle more cruise ships..... I also got a notice that the popular **Sydney Rib Fest** has been confirmed for Open Hearth Park for July 15-17, many of you will enjoy this outdoor dining experience.... **DJ Jack Cool** has two reviews for this week with local entertainers check out his column for the stories..... another great project that has been proposed for our area is the **Cape Breton Music Hall Of Fame** - I wonder why we never had one before?? - see the story on **page 7** for this very worthwhile project... Good to see the **Vince Ryan Hockey Tournament** back after 2 years because of COVID - it brings in over \$5 million in revenue and this year it has over 70 teams - Congratulations to the organizers..... If you're looking for a **Good Friday Treat**, **APRIL 15** - Fish & Chips- \$16.00 per person - must have ticket - Deep Fried with mashed or Home Fries, dessert, Tea or Coffee TAKE OUT from 3:00 - 4:30 - EAT IN from 4:30 - 6:00.... **NOTE - CLUBS and ORGANIZATIONS** - Going forward you will need lots of publicity to get your club going once COVID is in the rear view mirror - simply send your information to us at this email address- thisweek@kleeradio.com and we'll make sure your event gets published in our weekly paper.

**Sunday Morning
Gospel Radio Show
with Pierre Chiasson
Airs 9:00 am
www.kleeradio.com**



BIRTHDAY WISHES

Please send out Special Birthday Wishes for Brielle Campbell will turn 14 this week - Happy Birthday Brielle - Love from Poppy and Nannie.

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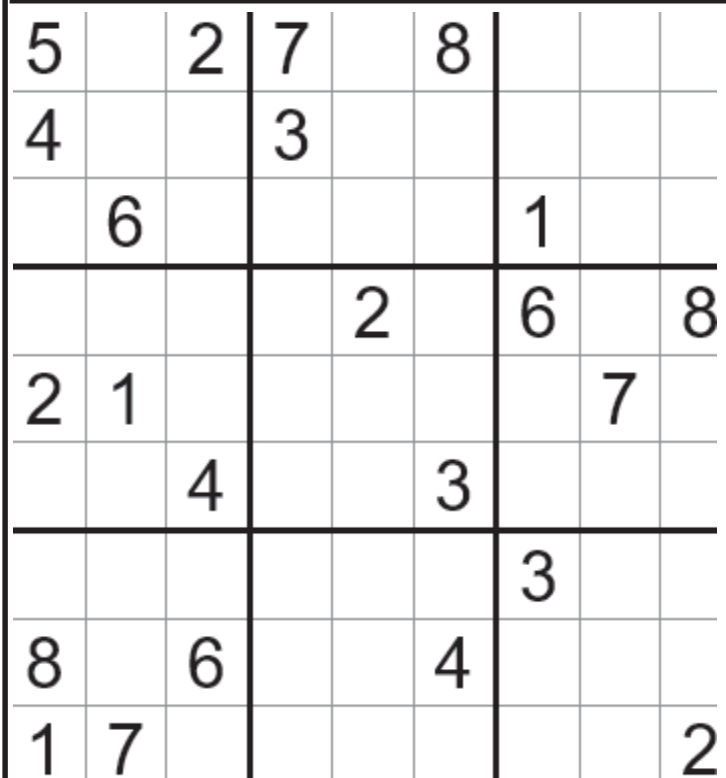
NOT EXACTLY

By Theodore Lansing



We also have a Daily Crossword Puzzle and Soduko available from our website - click the "FEATURES" link - www.kleeradio.com

YOUR FREE SODUKO WEEKLY PUZZLE



You can also get your Daily Soduko Puzzle and Crossword Puzzle by logging on to - www.kleeradio.com and clicking on the FEATURES Page. Also included is a DAILY FREE SOFTWARE giveaway. Logon today to get yours FREE!!