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G. MacDonald - DenturistBy Appointment

BADDECK PHONE 295-2516



THIS WEEK

NORTHSIDE COMMUNITY NEWS

FREE

Vol. 13 - APRIL 12th - 2023

SENORS HOUSING PROJECT

22 New Units
For Sydney Mines
see page 7 for
the story and
details



RALPH IVEY'S

Auto Repair Ltd. and Muffler Man BRING YOUR CAR IN FOR



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212 Commercial Street NORTH SYDNEY

Gospel Hour with Pierre Chiasson Sunday mornings 9 am - Logon to our website **www.kleeradio.com**

Royal Canadian Legion Branch 83 Florence



BINGO

starting at 7.00

TARABISH

Tuesday 7:00 p.m. Downstairs

POOL

Wednesday 7:00 p.m.

Downstairs

BINGO

Thursday 7:00 p.m. Upstairs

WASHER TOSS

Friday 7:00 p.m. Downstairs

THE CIRCLE

Saturday 7:00 p.m Upstairs Branch 83

736-6313



BIRTHDAY WISHES

Special Birthday Wishes go out to Anne Marie Brogan celebrating her birthday April 17th - from all your friends at the North Sydney Fire Hall.

Happy 60th Birthday to Karen Forrest celebrating her birthday this coming Friday - from all your firneds at the North Sydney Fire Hall.

Spring Gala

Saturday, April 29th at the North Sydney Fire Hall

Dinner & Dance

Dinner at 7:00 pm Dancing from 9:00 - 1:00 with music by

Hubba Parris and the Pretty Handsome Dudes and the best of local Talent

For tickets contact **902-577-8787**



BIRTHDAY WISHES

Please send out Happy Birthday Greetings to my husband, Paul Cormier, who will celebate his 42nd birthday on April 15th with Love from Cathy, Paul Jr. and Amy.

KIWANIS GOLDEN K KLONDIKE 50/50

Come play our Klondike 50/50 Draw. Boxes are located in various locations around the Northside.

Draw every Thursday. For tickets call Paul at 902-577-4239.

Some stories Courtesy Of SWING OVER THE MOUNTAIN NEWS



The North Sydney Garden Club is celebrating 65 years of gardening on April 14.

We invite you to drop in to the Library in North Sydney for some cake and tea, and to share garden memories and stories. Everyone is welcome on Friday, April 14 between 2 and 4.

JAIME Battiste

Member of Parliament SYDNEY - VICTORIA

jaimebattiste.ca jaime.battiste@parl.gc.ca 207A-201 Churchill Drive Membertou, NS B1S 0H1

(902) 567-6275





Keith Bain

1415 Highway 105, Bras d'Or, NS, B1Y 2NS 902-736-0301 (Office) 902-736-0411 (Fax)

keithbainmla@bellaliant.com

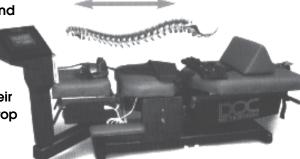
NEW DECOMPRESSION TABLE RELIEVES PAIN

Darren Strong from Strong Chiropractic, announces a new, sophisticated computerized decompression table that allows the spine to be gently stretched and relaxed for spinal decompression therapy.

The pattern of alternating pulling and relaxing creates vacuum-like pressure which allows disc material that was herniated or protruded to be pulled back in the disc over time.

Patients will notice a reduction of their pain during these treatment sessions. Stop in today and ask about the new table and how you can benefit.





793 Mahon St., New Waterford - 862-9444 224 Commercial St. North Sydney - 241-9444





7 PIECE CHICKEN

Med. Fries, Medium Gravy, med. salad 3 rolls **\$99.85** PLUS TAX



12 PIECE CHICKEN

Large Fries, Med. Gravy, Med. Salad, PLUS TAX **\$47.39**



18 PIECE CHICKEN

Large Fries, Med. Gravy, 2 Med. Salad, 6 rolls S5Q.65 PLUS TAX

Located in Little Bras d'Or on Trans Canada Highway

- HOURS OF OPERATION -11:00 AM - 9:00 pm **PHONE** 902-736-9496



PHANTOM **COUNTRY**

CLASSIC COUNTRY with host **KENNY**

WALSH

Sundays at 6:00 pm Login to our website www.kleeradio.com **Boularderie Island Seniors Guest Speaker Dates**

Free Guest Speaker Luncheons 2023, a light lunch will follow at the Big Bras d'Or Fire Hall on Fridays from 10:00 -12:00.

APRIL 14th - Paul Gatchell -Songs and Stories.

APRIL 28th - Jeffrey Ward, General Manager of Membertou Heritage Park Idigenous Cultural Center - 500 years of history in 5 minutes.

MAY 12th - Estelle Loiseau Levangie - Thyme For Ewe Farm - Organic Gardening - How to grow your own vegetables.

MAY 26th - Experience Victoria Transit - Meet at the Hall at 10 am. Space is Limited - book early.

JUNE 9th - Dr. Jeannine Ferguson - Dementia and Anxiety.

To Register, email or call deniseoake@hotmail.com or call 902-674-2636 or 902-577-4340.

For any updates, follow Boularderie Island Connected on Facebook.



FRED TILLEY

MLA - NORTHSIDE WESTMOUNT

Northside-Westmount **Constituency Office**

2 Eliot Street, Sydney Mines - Nova Scotia B1V 3G1

(902) 736-0546 mla@northsidewestmount.ca

SENIORS HOUSING - Story Page 7

North Sydney Fire Hall

Pierce Street, North Sydney OPEN 7 Days a Week From 10:00 - Midnight THURSDAYS - Ernie. Todd & Wade Kitchen Open 4:30 Music 5:00 - 8:30 Baseball Registartion April 15, April 22, and April 29 from 10:00 - 2:00 O ME NERVES Comedy Show, April 21 8 pm - Tina Randall

SUNDAY BINGO

Sydney Mines Seniors & Pensioners Club Fraser Avenue, Sydney Mines - 2:00 pm

Toonie Jackpot is Building

JACKPOT 500.00 on 50#s or less

MONDAY FUN NIGHT - 7 PM 45° CARD GAME Wednesdays - 7:00 pm **SATURDAY DANCE**

8:00 - 12:00 \$5.00 at the Door Music By

BRENT "GUNNER" WATINS

SYDNEY MINES AND DIS-TRICT LITTLE LEAGUE 50/50 DRAW - Last week's winner wasPaul Rogers and the amount - \$6,125 Thank you for your support of our League.

A TRIBUTE TO RITA CONCERT

Men of the Deeps will be in concert with "A Tribute to Rita" at Big Pond Community and Fire Hall on Sunday, April 16th



at 2:00 pm. Tickets are \$30 each and available at Hail & Hazel Boutique on 197 Charlotte Street, East Bay Country Market, Cape Breton Fudge Store and Ski Ben Eoin, For more information, contact members of the Big Pond Fire Department, Community Council members and you can email

marybmacinn@hotmail.com.

BRANCH 008 LEGION - SYDNEY MINES



Tuesday Night Bingo - 7:30 pm - JACKPOT - \$600.00 - 53#s or less Our Hours of Operation have changed - we are open 1:00 - to Midnight - Monday to Saturday

PHONE (902) 736-3206

Take 2

with Paul Power

Whenever I read or hear the name Marc Jordan I immediately think of a song that to me personifies summers in the 1970's-of course I'm referring to his memorable hit song "Marina Del Ray". However, one song does not define the artist; Marc has released over 15 albums and wrote songs covered by the likes of Cher, Chicago, Kansas, Kenny Loggins, Olivia Newton John, Diana Ross, Rod Stewart and many more. This is Marc's latest album, scheduled for release later this month, and "Waiting For The Sun To **Rise"** is the title. Being the track jumper that I am I immediately went to Marc's cover of the Tears for Fears song "Everybody Wants To Rule The World", the result is a nice, relaxed jazzy version of the pop hit song. According to Marc this was his first COVID-era project and that may have been the impetus to make an album that looked outward on the state of the world and how we, as individuals, looked inward to deal with things; the album's namesake song certainly



bears that out as Marc poetically waxes introspection and the power of love and life. There's an almost cinematic quality to a number of the tracks, as they invoke images of places and people-like the smokey "Best Day Of My Life" does. It reminds me of the work Nelson Riddle did with Linda Ronstadt years ago. The same can be said for the cover of Glaswegian band Blue Nile's "The Downtown Lights", to me its the best song on the album, with a perfectly timed rise in the tempo. Marc's son Ezra is featured on backing vocals on a number of the songsand of course, Ezra's mom is Canadian music legend Amy Sky. Without mentioning every cut here I think it's fair to say that overall Marc and producer Lou Pomanti have crafted a beautiful collection of songs that give warmth, comfort, and entertain the best way possible-through great music.

UNDERGROUND

2 ELIOT STREET - SYDNEY MINES



Appearing on Friday, April 14 from 8:00 - 11:00 CANADIAN PLAYBOYS

E V E N T S

Appearing on Friday, April 28 from 10:00 - 2:00 am **BOBCAYGEON**



Tragically Hip Tribute Band

NORTHSIDE PENSIONERS CLUB EVENTS

The Northside Pensioners Club is going to host their first ever Trivia Night on April 17, at 7pm, this is a social, fun evening in which everybody can take part and no one is singled out or put on the spot. The rules are as follows.

Make up your team-of 4,5,or 6 members. The more brains on your team the better your chances of coming up with the right answer. If you can only get two or three people together, come anyway and we can put you together with another team

Give your team a name. The trivia is pen and paper, 20 questions per round, there will 2 rounds, no phones, cheating, or yelling out answers. Write your answers down on the answer sheet provided among your team You will be given one minute per answer.

At the end of each round the hosts will score your answer sheets. The ranking of teams will be announced after the answers are revealed.

The best team of two rounds (top score out of 40 questions) will be announced as the winner. The winning team gets 50% of the take at the door. The doors will open at 7:00. The first 35-45 minutes will be used to find your table, have a drink if you so wish or not, and socialize. The canteen will also be open tea and coffee will be available. The cost of the evening is 5 dollars per person, so don't wait, get your team registered by calling Phyllis Reid at 902-736-3332 or 902-304-1563 .

There will be a specific number of tables so your registration should be in by the 15th of April. The rest of our activities are-Sunday-April 16- 2- 4 music, Friday April 14 - Dance- music by Ernie Wells, Friday April 28 - Dance, Music by D.J.Theresa Rideout - Darts - Wed 5th,12th19th and closing on the 26th.

Income Tax April 6th and April 20th, Bingo April 8, 15, 22, and 29th

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AROUND THE TOWN

NORTHSIDE COMMUNITY NEWS EVENTS
GLEN GRAY - EDITOR

Well Easter has come and gone for another year and I had my fill of chocolate bunnies and Easter eggs, I can begin to look forward to getting out fishing when the weather starts to warm up again..... if you ever wanted to try Line Dancing, now's your chance, Every Tuesday & Thursday at the Boularderie Elementary School, Ross Ferry Road, approximately 1 km past the Cedar House, see page 2 for contact information.... while I think of it, you can send out Birthday Wishes to your friends and family free of charge in our paper, simply send us your information and we'll print it up for you - send it to thisweek@kleeradio.com.... The North Sydney Garden Club is celebrating 65 years of gardening on April 14 - we invite you to drop in to the Library in North Sydney for some cake and tea, and to share garden memories and stories - everyone is welcome on April 14 between 2:00 and 4:00see the story on page 7 about the new seniors housing Complex being built in Sydney Mines - this is a much needed housing project... Free Guest Speaker Luncheons sponsored by Boularderie Island Seniors - a light lunch will follow at the Big Bras d'Or Fire Hall on Fridays from 10:00 - 12:00 - see page 3 for the complete list of speakers and dates.... the Branch 008 Legion in Sydney Mines has new hours of operation - they are now open from 1:00 pm until Midnight, 7 days a week..... the Underground Pub on Eliot Street in Sydney Mines has two events scheduled - April 14 the Canadian Playboys will appear and a Tragically HipTribute Band, BOBCAYGEON, will perform on April 28th.... the North Sydney Pensioners Club has an extensive list of activities scheduled for this month - check them out on page 4.... page 6 has the latest in Library news as well as TAX TIPS and this week's tips are aimed at claiming child care expenses, make sure you read them to get your maximum return..... Our Old Time Radio Podcast this week is a sitcom "The Life Of Riley" - get your free copy from our website www.kleeradio.com and click on the PODCAST link.... apparently my horoscope says it's a bad day to shop, check out your sign on page 7..... FREE PUBLICITY for all Clubs and community organizations, simply email us with your information and we'll publish it free of charge in our weekly paper - just email us with your event information to us at our website - email address - thisweek@kleeradio.com

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Aries (March 21- April 19) - Do be careful because this is a loosey-goosey day. The entire day is a Moon Alert, which means it's a poor time to make important decisions or to shop for anything other than food or gas. Definitely do not commit to anything with a partner or close friend. Just coast.

Taurus (April 20- May 20) - This will be a challenging day at work for you because it is Moon Alert all day. Expect shortages and a vague sense of confusion. Don't volunteer for anything. Don't initiate anything important. Just carry on as usual. Wait until tomorrow to order supplies or spend money.

Gemini (May 21- June 20) - This is a very creative day for you! Although it's a loosey-goosey day for almost everyone, for your sign, because it's easy for you to think outside of the box, you will dream up creative concepts and be very imaginative. It's also a great day to party and schmooze!

Cancer (June 21- July 22) - If you can, this is the perfect day to play hooky and stay at home and watch daytime TV or indulge in your favourite guilty pleasure. It's a poor day for important decisions. It's a poor day to spend money on anything other than food and gas. Do not agree to anything important. Just tread water.

Leo (July 23- Aug. 22) - Your impulse today will be to keep a busy pace, run errands and meet people and handle appointments. However, this is a poor day for decisions of any kind. It's a poor day to shop (except for food and gas). Do not commit to anything. Forewarned is forearmed.

Virgo (Aug. 23- Sept. 22) - Right now, you have a stronger than usual focus on money, cash flow, shared property, wills and inheritances. Nevertheless, because today there is a Moon Alert happening for the entire day, avoid important financial decisions. If shopping, restrict your spending to food and gas.

Libra (Sept. 23- Oct. 22) - Be careful today. Because the Moon is in your sign, you will tend to be more emotional than usual. You might overreact. Meanwhile, all of today is a Moon Alert, which means avoid important decisions and restrict your spending to food and gas. Be aware of this to avoid headaches later.

Scorpio (Oct. 23- Nov. 21) - This is the perfect day to keep a low profile and seek solitude if you can arrange it. If not, be careful at work. Keep your head down and your powder dry. It's a Moon Alert all day, which means - avoid important decisions and spending money. (Except for food.)

Sagittarius (Nov. 22- Dec. 21) - This is a playful, social day for you. Enjoy the company of others. Enjoy artistic and creative adventures. Be careful about going overboard, especially spending money. Enjoy socializing but avoid important decisions and shopping. Commit to nothing.

Capricorn (Dec. 22- Jan. 19) - Do not volunteer for anything today because today is a Moon Alert. You are high viz. and very likely, someone might approach you to ask you to do something. Try to deflect this if you can and give them your response tomorrow.

Aquarius (Jan. 20-Feb. 18) - In one way, this might be a busy day for you with short trips and appointments. Nevertheless, expect shortages, delays and misunderstandings. Avoid important decisions. Don't volunteer for anything. Restrict spending to food and gas because it's a Moon Alert all day. Be smart.

Pisces (Feb. 19- March 20) - This is a tricky day because it is a Moon Alert all day, which means avoid shopping except for food and gas. Nevertheless, your focus is on money, cash flow and earnings. Avoid important decisions. Tread carefully!

NORTH SYDNEY LIBRARY

STORYTIME every Saturday at 1:00 pm.

FIBRE LUNCH - Thursdays from 1:00 - 3:00

SEED LIBRARY - up to 10 packages of vegetable seeds are available.

BABIES & BOOKS - April 18 last one - 10-11

ONGOING BOOK SALE & CDs - Great selection for Spring Reading.

LIBRARY CLOSED - April 28th for In Service.



BIRTHDAY WISHES

HAPPY BIRTHDAY to my wonderful son, Jamie Ferguson, who will officially become a teenager on April 16th - Best Wishes for a wonderful day - Mom & Dad.

A SPECIAL BIRTHDAY WISH goes out to Danny Nickerson from all his pals at work - let us know when you light the candles on the cake, we have to notify the North Sydney Fire Dept.

ITEMS FOR SALE

Double reversible comforter in excellent condition for a double bed, brwn with white stripes, asking \$50.00.

Double velour blanket, red in color, never used, \$25.00.

Mens grey vest, never worn in excellent condition, \$40.00. Phone 902-578-3621



JACK COOL
OLDIES
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Friday at
9:00 pm

Breakfast Brunch

Last Sunday of every month
Big Bras d'Or Fire Hall
9:00am - 12:00pm
Sponsored by:
"Friends of the Big Bras d'Or
Fire Hall"
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Adults \$10.00 Children \$5.00

- TAX TIPS 2022 -

CLAIMING CHILD CARE EXPENSES

1. SERVICES YOU CAN CLAIM - You can claim the cost of the following services:

Childcare services provided by caregivers (including babysitters and nannies); Nursery schools and daycare centres; Childcare services provided by educational institutions (only the part of your fees related to childcare can be claimed); Day camps and day sports schools where the primary goal of the camp is to care for children (an institution offering a sports study program is not a sports school); or

Boarding schools (excluding the amount relating to education), overnight sports schools, or camps where accommodation is involved.

- 2. GET YOUR SUPPORTING DOCUMENTS TOGETHER The first step in making a proper claim is getting a receipt for your childcare expenses from your childcare provider. Every receipt needs to be made out to the person who paid for the childcare expenses. If the childcare services were provided by an individual, the receipt should also show the provider's SIN (Social Insurance Number). You don't have to submit your receipts if you're filing electronically, but you do need to keep them in case the CRA or asks to see them.
- 3. WHO MAKES THE CLAIM? The spouse who earns less income will need to claim the childcare expenses on their federal return. Even if the lower income earner doesn't need the deductions, the expenses usually can't be transferred, with a few exceptions If the spouse who earns less is in school, in the hospital, or if they're confined to a prison or similar institution, childcare expenses can be claimed for that period by the spouse who earns a higher income, or both spouses can split the expenses on their returns. If you're a single parent, you'll claim all the childcare expenses you paid for while your child was living with you.
- **4. ALL IN THE FAMILY -** If you pay your parent (say your mother or father-in-law) to look after your children, you can claim the amount you pay them. Keep in mind they'll have to provide you with a receipt that includes their SIN, and report the money you've paid them as income on their return. However, if your child was looked after by their own parent (for example, their own dad) or their parent's spouse (for example, their stepdad), you won't be able to claim the amount you pay them.

H&R BLOCK

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902 - 794-7117 - FAX 902-241-3088 sharon.matthews@hrblock.ca

SYDNEY MINES LIBRARY



1 FRASER AVENUE SYDNEY MINES PHONE 902-736-3219



Craft Table Available with Legos, Play Doh, Crafts, Board Games - is available all week for children's participation.

FREE GUEST SPEAKER LUNCHEONS - SEE PAGE 3 FOR COMPLETE LIST OF SPEAKERS & DATES



NORTH SYDNEY URGENT
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Monday, Tuesday
and Thursday
8 am - 7:30 pm
Wednesday
and Saturday
9 am - 4:30



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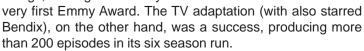
Mike Little updates his listings each week.

Old Time Radio And Music Podcasts

The Life of Riley was a 30-minute family sitcom that started airing on CBS radio on April 12, 1941. It starred William Bendix as the lead character Chester A. Riley, a simple aircraft plant worker with a very complicated life. "What a revoltin' development this is!" was Riley's famous line in the show,

which he usually utter after getting into one mess after another.

Due to its popularity, the show lasted for a decade, with the last episode aired on June 29, 1951. A total of 320 episodes were produced during its entire run. It also has a movie and TV adaptation in the 1950s. The movie adaption was a flop in terms of ratings, although it ironically received the



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NEW SENIORS COMPLEX UNITS



Depicted above is the new Seniors Affordable Housing Complex being constructed on 224 Pitt Street in Sydney Mines by New Deal (Northside) Development Ltd and Future Growth Co-Op Ltd. Non Profit Organization, lead by Dave Julian, President & CEO New Deal Development.

Project Cost - \$4 million dollars, estimated completion date is January 2024. The rent for the unit - 1 bedroom \$750 per month, 2 bedroom \$850 per month. JONELJIM is the project contractor.

MAKING A DIFFERENCE IN OUR COMMUNITY - We work hard to get our efforts noticed by the media and are so proud when this goal comes to life. take a look at some of our latest coverage and help spread the word about all the amazing developments at New Deal (Northside) Development LTD. and Future Growth CO-OP LTD.

Incorporated in October 1983 New Deal (Northside) Development LTD. is led by a volunteer board of directors who have an interest in the well being of the Northside community. This strategic plan is to bring the organization into its next generation. New Deal has accomplished a lot in 40 years of operation with the help of its volunteers and community

New Deal (Northside) Development LTD. & Future Growth CO-OP LTD provides economic and social capital returns to all its stakeholders by assisting with employment and housing of people in need while acting as a conduit for funding agencies through the delivery of programming, project job creation and housing.

To date the group has constructed 20 housing units on the Northside and the new Complex pictured above will have 22 units of much needed senior accommodation.

The headquarters for the group is located in the old Scotia Bank Building at 765 Main Street, Sydney Mines which the group purchased and renovated for their offices and they have space for rent.

For further information call 902-736-3796 - email us at **futuregrowth765@gmail.com**



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We book for Private Parties, Birthdays, Benefit Dances

FRIDAY, APRIL 14 **Canadian Playboys** 8:00 - 11:00 FRIDAY, APRIL 28 BOBCAYGEON

A Tragically Hip Tribute 10:00 - 2:00 am

See Photos page 4

WEDNESDAY Chicken Wing

Wednesday

\$10 lb. with

beverage

Purchase

6:00 - 10:00

THURSDAY

Best Trivia On

The Island

pre book table

\$5.00 Cover

Food & Drink

Specials

Starts at 7:00

FRIDAY NIGHT



LIVE

ENTERTAINMENT

6:00 - Close

SATURDAY

SATURDAY - Stevie's Karaoke Circus - 6:00 Close