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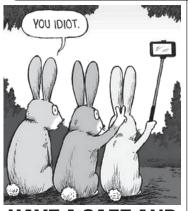


THIS WEEK

NORTHSIDE COMMUNITY NEWS

FREE

Vol. 13 - APRIL 5th - 2023



HAVE A SAFE AND HAPPY EASTER



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Gospel Hour with Pierre Chiasson Sunday mornings 9 am - Logon to our website www.kleeradio.com

Royal Canadian Legion Branch 83 Florence



BINGO

starting at 7.00

TARABISH

Tuesday 7:00 p.m. Downstairs

POOL

Wednesday 7:00 p.m.Downstairs

BINGO

Thursday 7:00 p.m. Upstairs

WASHER TOSS

Friday 7:00 p.m. Downstairs

THE CIRCLE

Saturday 7:00 p.m Upstairs Branch 83

736-6313

LINE DANCING CLASSES

Every Tuesday & Thursday at the Boularderie Elementary School, Ross Ferry Road,

approximately 1 km past the Cedar House.

Beginner Classes Thursday from 7:00 - 8:00. Comfy shoes, a bottle of water and the desire to have fun are reqired.

To learn more about the dance sessions - contact via email - jmacgregor93@hotmail.com or call/text 902-565-1063.

GARDEN CLUB NEWS

The North Sydney Garden Club is celebrating 65 years of gardening on April 14.

We invite you to drop in to the Library in North Sydney for some cake and tea, and to share garden memories and stories. Everyone is welcomed on Friday, April 14 between 2 and 4.

QUILT DRAW WINNER

The draw was made on April 3, the winning ticket was drawn by Carol Vickers of st John's anglican church. And the winner was Walter Stewart.

Thank you to everyone who purchased tickets in support of St Matthew Wesley United Church.

KIWANIS GOLDEN K KLONDIKE 50/50

Come play our Klondike 50/50 Draw. Boxes are located in various locations around the Northside.

Draw every Thursday. For tickets call Paul at 902-577-4239.

Some stories Courtesy Of SWING OVER THE MOUNTAIN NEWS



Munro Crafters Guild Meeting - April 13 at 3:00 pm in the Boularderie School.

Munro Crafters Craft & Bake Sale will be held June 17th from 10:00 - 3:00 pm at the Big Bras d'Or Fire Hall.

JAIME Battiste

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Keith Bain

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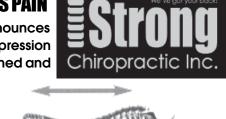
keithbainmla@bellaliant.com

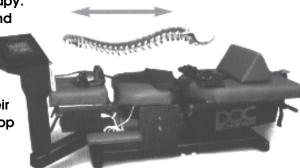
NEW DECOMPRESSION TABLE RELIEVES PAIN

Darren Strong from Strong Chiropractic, announces a new, sophisticated computerized decompression table that allows the spine to be gently stretched and relaxed for spinal decompression therapy.

The pattern of alternating pulling and relaxing creates vacuum-like pressure which allows disc material that was herniated or protruded to be pulled back in the disc over time.

Patients will notice a reduction of their pain during these treatment sessions. Stop in today and ask about the new table and how you can benefit.





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7 PIECE CHICKEN

Med. Fries, Medium Gravy, med. salad 3 rolls \$2.85 PLUS TAX



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4 rolls **\$47.39**



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PHANTOM COUNTRY

CLASSIC COUNTRY with host KENNY

WALSH

Sundays at 6:00 pm Login to our website www.kleeradio.com

Millville Community Center Activities

APRIL 6th - Kids Dance from 6:00 - 8:00 pm with a \$3.00 admission.

APRIL 7th - Fish Cakes & Beans - Take Out from 11:00 - 1:00 and 4:00 - 6:00 pm. \$14.00 - call 902-317-2733 to reserve tickets.

Boularderie Island Seniors Guest Speaker Dates

Free Guest Speaker Luncheons 2023, a light lunch will follow at the Big Bras d'Or Fire Hall on Fridays from 10:00 - 12:00.

APRIL 14th - Paul Gatchell - Songs and Stories.

APRIL 28th - Jeffrey Ward, General Manager of Membertou Heritage Park Idigenous Cultural Center - 500 years of history in 5 minutes.

MAY 12th - Estelle Loiseau Levangie - Thyme For Ewe Farm - Organic Gardening - How to grow your own vegetables.

MAY 26th - Experience Victoria Transit - Meet at the Hall at 10 am. Space is Limited - book early.

JUNE 9th - Dr. Jeannine Ferguson - Dementia and Anxiety.

To Register, email or call deniseoake@hotmail.com or call 902-674-2636 or 902-577-4340.

For any updates, follow Boularderie Island Connected on Facebook.



FRED TILLEY

MLA - NORTHSIDE WESTMOUNT

Northside-Westmount
Constituency Office

2 Eliot Street, Sydney Mines - Nova Scotia B1V 3G1

(902) 736-0546 mla@northsidewestmount.ca

HAVE A HAPPY EASTER

COOKING CLASSES

The Boularderie Island Seniors are sponsoring Free Cooking Classes with Lars. Let's Get Cooking 2023.

We are back again with Cooking Classes at the Big Bras d'Or Hall on Sundays from 1:00 - 4:00 beginning April 2nd and 23rd, May 7th and 21st and June 11th.

North Sydney Fire Hall

Pierce Street North Sydney

OPEN 7 Days a Week From 10:00 - Midnight THURSDAYS - Ernie, Todd & Wade Kitchen Open 4:30 Music 5:00 - 8:30 Good Friday - Fish &

Chips - Eat In, Take
Out or Delivery
12:00 - 6:00 pm

\$15.00

Sydney Mines Seniors & Pensioners Club Fraser Avenue, Sydney Mines - **2:00 pm**

Toonie Jackpot \$658 +

JACKPOT \$650.00 on 51#s or less

MONDAY NIGHT BINGO 7:00 - 9:00 APRIL 10th For This Week Only

No Monday Night Fun Night FOR TIHS WEEK ONLY

45^s CARD GAME Wednesdays - 7:00 pm **SATURDAY DANCE**

8:00 - 12:00 - \$5.00

Music By

ERNIE WELLS

NORTHSIDE AND DISTRICT MINOR HOCKEY
FINAL 50/50 DRAW - Last week's winner of the 50/50 Draw was Elizabeth Dawe - \$19,518. Thank you for your support all year long.

BRANCH 008 LEGION - SYDNEY MINES



We are Open Good Friday - Come In and Enjoy a Fish & Chips Supper \$20.00 - includes coffee, tea and dessert

Eat In from 4:00 - 6:30 - TAKE OUT FROM 3:30 - 4:30 - Our Hours of Operation will be changing on APRIL 3rd - We will be Open 1:00 - to Midnight - Monday to Saturday

PHONE (902) 736-3206

Take 2 with Paul Power

Meredith Moon is Toronto born multiinstrumentalist singer/ songwriter who has spent the last 10 years honing her craft and skills performing throughout this country, blending elements of folk and bluegrass to create a signature sound and style that's represented here in "Constellations", her second album. Of the 10 tracks on the album 8 are original compositions and 2 are covers; "Soldier's Joy" can be traced back over 200 years to Scotland and Robbie Burns, and has seen many revisions and versions-with Meredith's claw-hammer banjo picking and vocals doing the song justice on this outing. That same great picking sound is present on the traditional "Needlecase Medley". The album actually opens with the hauntingly beautiful "Starcrossed", a song that invokes images of sitting on a patio watching a spring rain fall-and it flows perfectly into the next track, "That Town". This number features a great stripped down backing of fiddle and drums, and it reminds me of the Cowboy Junkies music. As for some of the other songs, "Your Cards"



comes across as deeply personal musical ode, and the instrumental "Brokenwing Bird" starts off with a slow simmer, but soon boils over to a full-on claw-hammer banio outing-it's a great number. "Slowmoving Train" closes off the collection, and it seems to be a fitting place for such a nice song. Overall the album seems be more of an introspective collection of songs-with a few uptempo numbers interspersed throughout, all of which shine a bright light on Meredith's musical and lyrical abilities. One thing that Meredith purposely did for years was to gently avoid something; she tried to not ride on the coattails of a famous relative, preferring to cut a path based on her skills, free of nepotism from the music business. Meredith is Gordon Lightfoot's daughter. This is a great album that will appeal to fans of folk, bluegrass and nice music in general.

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UNDERGROUND

2 ELIOT STREET - SYDNEY MINES



Appearing on Friday, April 14 from 8:00 - 11:00 CANADIAN PLAYBOYS

E V E N T S

Appearing on Friday, April 28 from 10:00 - 2:00 am **BOBCAYGEON**



Tragically Hip Tribute Band

NORTHSIDE PENSIONERS CLUB EVENTS

The Northside Pensioners Club is going to host their first ever Trivia Night on April 17, at 7pm, this is a social, fun evening in which everybody can take part and no one is singled out or put on the spot. The rules are as follows.

Make up your team-of 4,5,or 6 members. The more brains on your team the better your chances of coming up with the right answer. If you can only get two or three people together, come anyway and we can put you together with another team

Give your team a name. The trivia is pen and paper,20 questions per round, there will 2 rounds,no phones,cheating, or yelling out answers. Write your answers down on the answer sheet provided among your team. You will be given one minute per answer.

At the end of each round the hosts will score your answer sheets. The ranking of teams will be announced after the answers are revealed.

The best team of two rounds (top score out of 40 questions) will be announced as the winner. The winning team gets 50% of the take at the door. The doors will open at 7:00. The first 35-45 minutes will be used to find your table, have a drink if you so wish or not, and socialize. The canteen will also be open tea and coffee will be available. The cost of the evening is 5 dollars per person, so don't wait, get your team registered by calling Phyllis Reid at 902-736-3332 or 902-304-1563.

There will be a specific number of tables so your registration should be in by the 15th of April. The rest of our activities are-Sunday-April 16- 2- 4 music, Friday April 14 - Dance- music by Ernie Wells, Friday April 28 - Dance, Music by D.J.Theresa Rideout - Darts - Wed 5th, 12th 19th and closing on the 26th.

Income Tax April 6th and April 20th, Bingo April 8, 15, 22, and 29th

AROUND THE TOWN

NORTHSIDE COMMUNITY NEWS EVENTS
GLEN GRAY - EDITOR

I know it's Spring according to the calendar, but Mother Nature still has some surprises in store for us - I'm hoping I can put the shovel away until Next Fall, let's hope.... I want to say a little Thank You to the many businesses on the Northside that clear the snow away from their sidewalks and businesses so that we can get onto the sidewalk when we park, it is much appreciated.... lots of activities are happening with Good Friday and Easter approaching - Johnnybee's Restaurant at the Northern Yacht Club will feature a Fish & Chips Dinner, the Millvile Community Center will host a Fish Cakes & Beans Supper on April 7th from 6:00 - 8:00, Branch 008 Legion in Sydney Mines will have a Fish & Chips dinner with tea, coffee and dessert - see page 3 for details..... North Sydney Fire Hall is having a Fish & Chips, Eat In or Take Out ... Black Rock Line Dance Classes will be held every Tuesday and Thursday at the Boularderie Elementary School Beginner Classes Thursday from 7:00 - 8:00 comfy shoes, a bottle of water and the desire to have fun are required.... the Munro Crafters Guild will hold their Meeting on April 13th at 3:00 m in the Boularderie School also they will hold their Crafters & Bake Sale on June 17th from 10:00 - 3:00 pm at the Big Bras d'Or Fire Hall..... the Millville Community Centre will sponsor a Kids Dance on April 6th from 6:00 - 8:00 pm.... the Boularderie Island Seniors have an extensive list of Guest Speakers for their 2023 Luncheon Series - a light lunch will follow at the Big Bras d'Or Fire Hall on Fridays from 10:00 -12:00 - see the complete list of Speakers and their contact information on page 3 of this edition.... The Boularderie Island Seniors are sponsoring Free Cooking Classes with Lars - Let's Get Cooking 2023 Free with Cooking Classes at the Big Bras d'Or Hall on Sundays from 1:00 - 4:00 beginning April 2nd and 23rd, May 7th and 21st and June 11th.... the Underground Pub in Sydney Mines is hosting the Canadian Playboys on April 14th and BOBCAYGEON, a Tragically Hip Tribute Band on April 28th at their Eliot Street Pub.... Page 6 has the latest Library News and also TAX TIPS for Seniors is the focus of this week's column... FREE PUBLICITY for all Clubs and community organizations, simply email us with your information and we'll publish it free of charge in our weekly paper - just email us with your event information to us at our website - email address thisweek@kleeradio.com

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GOOD FRIDAY Fish Cakes & Beans \$12.95

Fish & Chips Dinner Also Available



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Wednesday Evening 6:00 - 9:00 pm **Noah Reashore**



Friday Evening
4:00 - 7:00 - Alton MacKinnon
7:00 - 10:00 - Dickey Finney
and Robbie Hancock

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NORTH SYDNEY LIBRARY

STORYTIME on Saturdays at 1:00 pm

FIBRE LUNCH - Thursdays from 1:00 - 3:00

HOME SCHOOLED STU- DENTS - meet most Tuesdays, with parents, at 1:00 pm.

BABIES & BOOKS - from 10 - 11 on Tuesdays.

ONGOING BOOK SALE & CDs - Great selection for Spring Reading.

WEDNESDAY - 6 PM - Sean Blaney discussing Biological Conservation.

CLOSED Good Friday and Easter Monday.



I will be interviewing Paul Anthony this Thursday.

Paul does a tribute to the Man in Black himself Johnny Cash. He is now doing a world



tour but we playing at the Highland Arts Theater on April 15th for more infomation please go to https:// tickets.highlandartstheatre.com/ TheatreManager/4/tmEvent/ tmEvent2239.html

If you would like to cheeck out the website please go to http://www.cashmusic.ca/ have a great week everyone have Easter from - JACK

The Late Night Oldies Show with Jack Cool, will return after the Easter holiday.

Happy Easter to everyone all the from - JACK



JACK COOL
OLDIES
SHOW
Friday at
9:00 pm

- TAX TIPS 2022 -

TAX TIPS FOR SENIORS RETURNS

- 1. MAKE SURE THEY FILE A TAX RETURN: Sounds simple, but some folks think that if they didn't earn an income, they shouldn't file a return. Filing always makes sense, because they could be entitled to other credits, deductions and benefits that get triggered once they file a tax return. For example, they'd need to file to receive the Guaranteed Income Supplement (GIS) and filing late could interrupt the GIS benefit, GST/HST credits and other automatic benefits.
- 2. SPLIT PENSION INCOME: Seniors are allowed to split up to half of their eligible pension income with a spouse or commonlaw partner, so they can assign a portion of what they earned throughout the year to their better half. This can mean a significant tax reduction when one spouse has very little income, and the other has a lot. Another way to reduce taxes is through transfer amounts. If one parent is unable to completely offset their age amount, pension income and disability amount against their taxes payable, they can transfer the unused portion to their spouse's return.
- 3. CLAIM MEDICAL EXPENSES: A portion of most medical expenses can be claimed! If your parent is part of a couple and the spouse with the lower income owes any tax, it usually makes the most sense for that person to claim them. Are your parents globetrotters? If they travelled to another country and purchased medical insurance for the trip, it's considered a medical expense. If they traveled to obtain medical treatment that wasn't available where they live, they might be able to claim the cost of transportation, meals and accommodation, depending on how far they needed to go.
- **4. CLAIM THE CAREGIVER AMOUNT: -** If your parent (or parents) are dependent on you by reason of mental or physical infirmity you may be eligible to claim the Canada caregiver amount. You will need a note from their doctor describing their condition. The Canada caregiver amount is worth \$6,986 less their net income in excess of \$16,405. This means that the amount is reduced to zero if their income is in excess of \$23,391.
- **5. SPLIT THE DISABILITY TAX CREDIT:** If your parent qualifies for the Disability Tax Credit but doesn't have enough taxable income to take full advantage of it, they might be able to transfer an unused amount to you. In order to qualify for this, your parent must depend on you for all or some of the basic necessities of life.

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Craft Table Available with Legos, Play Doh, Crafts, Board Games - is available all week for children's participation. LIBRARY is CLOSED for Good Friday and Easter Monday.



NORTH SYDNEY URGENT CARE CENTRE HOURS Monday, Tuesday and Thursday 8 am - 7:30 pm Wednesday and Saturday 9 am - 4:30

DRIVE SAFELY AND ENJOY



For the latest and most comprehensive list of local events, logon to - www.musiccapebreton.com

Mike Little updates his listings each week.

Old Time Radio And Music Podcasts

This week we have an hour long story from the Lux radio series and we have included it for download on our website.

Lux Radio Theatre, sometimes spelled Lux Radio

Theater, a long-run classic radio anthology series, was broadcast on the NBC Blue Network (1934-35); CBS Radio (1935-54), and NBC Radio (1954-55). Initially, the series adapted Broadway plays during its first two seasons before it began adapting films.



These hour-long radio programs

were performed live before studio audiences. The series became the most popular dramatic anthology series on radio, broadcast for more than 20 years and continued on television as the Lux Video Theatre through most of the 1950s.

www.kleeradio.com

EASTER TRIVIA FACTS

- 1 There are 90 million chocolate bunnies produced each year.
- 2 The first Easter eggs were dyed red.
- 3 13th century, the church prohibited eating eggs during Easter
- 4 Hot Cross Buns are baked on Good Friday in England.
- 5 Easter Bunny brings eggs in U.S., fox brings in Germany.
- 6 Households spend \$131 each on average on Easter.
- 7 The first White House Easter Egg Roll was held in 1878.
- 8 Marshmallow peeps are most popular U.S. Easter treat.
- 9 Dyeing Easter eggs is a tradition that began in Ukraine.
- 10 Most Americans bite off the bunny ears first.
- 11 The red jellybean is most popular color for Easter.



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GRANT'S TIMELY HOROSCOPE

Aries (March 21- April 19) - Make plans to meet the gang at Happy Hour today because it's Friday and you want to have fun. Enjoy sports events, the entertainment world and playful activities with kids. Accept invitations to socialize. Kick up your heels and enjoy yourself!

Taurus (April 20- May 20) - This is an excellent day to buy wardrobe goodies for yourself because you feel in a good mood. However, you will also enjoy cocooning at home and pampering yourself with good food and drink. It's a social day. Why not invite someone over?

Gemini (May 21- June 20) - This is a lovely day to schmooze with friends, groups and organizations. It's the perfect day to attend a conference or a convention because you're eager to connect with others to share your ideas and also to learn new things. Think about future goals today.

Cancer (June 21- July 22) - You look good to others today, which is why you might be able to swing a beneficial financial deal. Something to do with your assets or your wealth is a strong focus today. Don't be afraid to demand the advantage or ask for what you want because you will probably get it.

Leo (July 23- Aug. 22) - You're in a very strong position today because the Moon is in your sign dancing beautifully with the Sun. This gives you a sense of balance and confidence. Don't be afraid to ask the universe for a favour because people in authority are on your side. (Timing is everything.)

Virgo (Aug. 23- Sept. 22) - You want to get outta Dodge. You need adventure and a change of scenery. Today you might see the financial means to be able to swing something in your favour. It's a good day to ask for a loan or mortgage. Deal with banking matters because everything will run smoothly.

Libra (Sept. 23- Oct. 22) - Enjoy socializing with others, especially partners and close friends because you feel warm and friendly. Others will be glad to see you. A conversation with someone younger, possibly even a group, will be successful. People are ready to help you and give you a practical, possibly financial, assistance.

Scorpio (Oct. 23- Nov. 21) - This is a productive day for you because you feel like working and things will flow easily. People know details about you today. They recognize you. Plus, relations with others are smooth and friendly. When things are going your way, use this to your advantage!

Sagittarius (Nov. 22- Dec. 21) - It's Friday and you're in the mood to play! Make plans to socialize with others. Get out and enjoy fresh air if you can. Sports events, playful times with children, entertaining diversions and social events will appeal. It's also a great day for romance.

Capricorn (Dec. 22- Jan. 19) - This is the perfect day to entertain at home because you are focused on home and family right now, plus, you're in a great mood. You might be involved with a parent more than usual. Practical, financial discussions will go well. Plans for home repairs might be a topic of interest.

Aquarius (Jan. 20- Feb. 18) - A lovely day for a short trip! You're in the mood to schmooze with others, which is why you will enjoy talking to neighbours, siblings and relatives. It's a great day for those of you in sales, marketing, teaching and acting because you want to connect and make an impression.

Pisces (Feb. 19-March 20) - Financial matters are favoured today. Trust your moneymaking ideas. You're setting off on a new journey, which might require getting your ducks in a row financially speaking. This is an important year for you. Be ready to explore new avenues and accept changes.



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We book for Private Parties, Birthdays, Benefit Dances

FRIDAY, APRIL 14 **Canadian Playboys** 8:00 - 11:00 FRIDAY, APRIL 28 BOBCAYGEON

A Tragically Hip Tribute 10:00 - 2:00 am

See Photos page 4

WEDNESDAY

Chicken Wing

Wednesday

\$10 lb. with

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6:00 - 10:00

THURSDAY

Best Trivia On

The Island

pre book table

\$5.00 Cover

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FRIDAY NIGHT



LIVE

ENTERTAINMENT

6:00 - Close

SATURDAY

SATURDAY - Stevie's Karaoke Circus - 6:00 Close