# MacDONALD DENTURE CLINIC

42 FRASER AVENUE SYDNEY MINES PHONE 736-2280

**G. MacDonald - Denturist**By Appointment

HIGH STREET BADDECK PHONE 295-2516



# THIS WEEK

NORTHSIDE COMMUNITY NEWS

FREE

Vol. 13 - AUGUST 16th - 2023

CAPE BRETON
EXHIBITION
April 15th - 19th
Exhibition
Grounds
Regent Street
Great Music
and Attractions



# RALPH IVEY'S

Auto Repair Ltd. and Muffler Man BRING YOUR CAR IN FOR





IF WE CAN'T DO IT - IT CAN'T BE DONE!

93 KING STREET BY THE TRACKS Bring your Vehicle in for Auto Servicing

794-7500

# McCormick's

TIRECRAFT////

126 SEAVIEW DRIVE - - NORTH SYDNEY
SUMMER TIRE SALE - \$UPER \$AVINGS



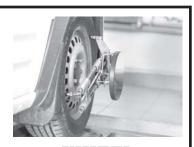
The Only Treatment
That Can Be Applied
All Year Round



MOTOR VEHICLE INSPECTION



COMPLETE BRAKE SERVICE AVAILABLE



WHEEL ALIGNMENT SPECIALISTS

OPEN MONDAY - FRIDAY 8:00 - 5:00 PM PHONE 794-4947



Heat & Serve Meals - Fresh Meal Selections - Frozen Selections Grab 'n Go Lunch Soups - Sandwiches - Salads

Ph: 217-0280

212 Commercial Street
NORTH SYDNEY

Gospel Hour with Pierre Chiasson Sunday mornings 9 am - Logon to our website www.kleeradio.com

#### Royal Canadian Legion Branch 83 Florence



#### **BINGO**

starting at 7.00

#### **TARABISH**

Tuesday 7:00 p.m. Downstairs

#### **POOL**

**Wednesday 7:00 p.m.**Downstairs

#### BINGO

Thursday, 7 pm Upstairs

#### **WASHER TOSS**

Friday 7:00 p.m. Downstairs

#### THE CIRCLE

Saturday 7:00 p.m **Upstairs** 

The 80s Rock Band SHOTS FIRED Aug. 25 - \$10 pp - tickets available at the downstairs Bar

736-6313

#### JACK COOL 10th ANNIVERSARY INTERVIEW CAREER

Cape Breton's own Oldies DJ, Jack Cool, celebrates his 10th anniversary as a celebrity interviewer.



Jack began his career August 19th and hasn't looked back yet. Some of the celebrities he has interviewed include; Susan Jacks, Olivia Newton John, John Travolta, Tommy James; Tommy Chong, Joan Van Ark from Knots Landing, Charlie Daniels, John Densmore drummer of the Doors, Sam Moon, Ron Dante from the Archies Ronn Moss, Mike Farrell and many more.

Jack spends time researching his interview subjects and asks pertinent and thought provoking questions.

When he finishes his interviews, he posts them on his internet channel and makes them available to the public to hear.

The talented Beaver Cove resident also hosts his own Oldies show on Cape Breton's internet radio station, K-LEE RADIO.

You'll also see his written descriptions in past issues of the Northside weekly publication THIS WEEK.

We look forward to Jack's next celebrity interview.

#### **SUNDAY BINGO**

Sydney Mines Seniors & Pensioners, Club Fraser Avenue, Sydney Mines - **2:00 pm** 

Toonie Jackpot242 +

JACKPOT \$500.00 on 50#s or less

#### 45<sup>s</sup> CARD GAME Wednesdays - 7:30 pm **SATURDAY DANCE**

8 - 12 - \$5.00 at Door MUSIC BY



KILLIN'
TIME

#### MONDAY FUN NIGHT – 7 PM

If you would like to send out Birthday Greetings to a family member or friend, simply email us with the information and we'll publish it free of charge - thisweek@kleeradio.com

# JAIME **Battiste**

Member of Parliament SYDNEY - VICTORIA

jaimebattiste.ca jaime.battiste@parl.gc.ca 207A-201 Churchill Drive Membertou, NS B1S 0H1

(902) 567-6275





## Keith Bain

1415 Highway 105, Bras d'Or, NS, B1Y 2NS 902-736-0301 (Office) 902-736-0411 (Fax)

keithbainmla@bellaliant.com

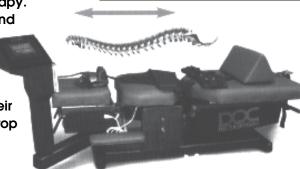
#### **NEW DECOMPRESSION TABLE RELIEVES PAIN**

Darren Strong from Strong Chiropractic, announces a new, sophisticated computerized decompression table that allows the spine to be gently stretched and relaxed for spinal decompression therapy.

The pattern of alternating pulling and relaxing creates vacuum-like pressure which allows disc material that was herniated or protruded to be pulled back in the disc over time.

Patients will notice a reduction of their pain during these treatment sessions. Stop in today and ask about the new table and how you can benefit.





793 Mahon St., New Waterford - 862-9444 224 Commercial St. North Sydney - 241-9444

# LICK-A-CHICK



#### 7 PIECE CHICKEN

Med. Fries, Medium Gravy, med. salad 3 rolls **\$99.85** PLUS TAX TU



#### **12 PIECE CHICKEN**

Large Fries, Med. Gravy, Med. Salad, PLUS TAX **\$47.39** 

#### 18 PIECE CHICKEN

Large Fries, Med. Gravy, 2 Med. Salad, 6 rolls \$**5.0**.65 PLUS TAX

Located in Little Bras d'Or on Trans Canada Highway

- HOURS OF OPERATION -11:00 AM - 9:00 pm **PHONE** 902-736-9496



**NEW BOOK** JUST PUBLISHED **GET YOUR COPY FOR** \$4.95

#### **BRANCH 19 LEGION NORTH SYDNEY NEWS**

DECORATION **CANDLES NOW AVAILABLE** at Armstrong Memorial Branch #19, Royal Canadian Legion, North Sydney, Nova Scotia

#### **CANDLES \$6:00 EACH**

Purchase of Candles for the families of Veterans as well the General Public. Everyone is Welcome

96th ANNUAL DECORATION SUNDAY CANDLELIGHT SERVICE - September 10, 2023, 6:00 PM at Lakeside Cemetery

#### **EXECUTIVE MEETING**

Executive Meeting will be held at Branch 19 on Tuesday August 22, 2023 at 7:00 pm.

This will be an Executive Meeting only

General Meeting will resume in September 27, 2023.

## Ross Ferry Farm Gate Your fresh, local Roadside

Market every Sunday July 9th -October 1st.

Plus Canada Day Pop-Up Market Saturday, July 1st noon -5:00 pm at the Ross Ferry Marine Park.

#### **NORTH SYDNEY FIRE HALL**

**Pierce Street. North Sydney** 

#### **OPEN 7 DAYS** A WEEK

From 10:00 - Midnight THURSDAYS - Ernie. Todd & Wade Kitchen Open 4:30 Music 5:00 - 8:30

C B EXHIBITION - North Sydney - August 15 - 19

**HIGHLAND GAMES** - August 19 - Pitt Street Track - Sydney

"SHOTS FIRED" - Branch 83, Legion, Florence - August 25

MOBILITY CUP - North Sydney - Aug. 27 - Aug. 30

**ACOUSTIC ROOTS FESTI-**VAL - Sept. 1 -3 - Mira Park **CELTIC COLOURS** - Cape

Breton Wide - October 7 - 15



#### **PHANTOM COUNTRY**

**CLASSIC COUNTRY** with host KENNY

#### **WALSH**

Sundays at 6:00 pm Login to our website www.kleeradio.com

#### **BRANCH 19 LEGION IS HOLDING A RAFFLE!!**

1ST PRIZE \$5000, 2ND PRIZE \$2000, 3RD PRIZE \$1000. 4TH PRIZE \$500, **5TH PRIZE \$100** 



\$50/Ticket - Draw Date December 9, 2023

There are only 500 tickets available so get your tickets early!

**HAPPY HOUR EVERY** FRIDAY 3 PM – 6 PM

#### **BLUEBERRY FESTIVAL**

Southside Boularderie Vol. Fire Dept. Fire Hall

**SUNDAY, AUGUST 27** 

2:00 - 5:00 pm TAKE OUT ONLY

Contact any firefighter for tickets or

> **JIMMIE 736-6731** MIKE 578-4794

Some stories Courtesy Of

**SWING OVER THE MOUNTAIN NEWS** 



#### FRED TILLEY

MLA - NORTHSIDE WESTMOUNT

Northside-Westmount **Constituency Office** 

2 Elliot Street, Sydney Mines - Nova Scotia

**B1V3G1** (902) 736-0546

mla@northsidewestmount.ca

BRANCH 008 LEGION - SYDNEY MINES **TUESDAY NIGHT BINGO - 7:30 PM** JACKPOT - \$700.00 - 54#<sup>s</sup> OR LESS

NEW HOURS - 1:00 - 12:00 - Monday - Saturday - Closed Sunday

PHONE (902) 736-3206

# Take 2

#### **PAUL POWER**

I've always had the impression that in movies Nicholas Cage plays a character that is a certain percentage of who he really is (sometimes a bit more and sometimes a bit less) but still Nicholas Kim Coppola (real name). However, Cage did say in the past that most of his onscreen personas bear little resemblance to his real self. Because of that I'll bet that in real life he's a super chill and easy going dudesaving his anger and angst for the big screen, like therapy by celluloid. This week this space is all about his latest movie release.

The storyline of "Sympathy For The Devil" is that after being car-jacked by an over-the-top mysterious stranger (Cage) who's brandishing a gun the "driver"(played by Joel Kinnaman) is in a hgh stakes game where what seems to be is not actually what is. Complicating matters is that the driver had just entered a hospital parking lot where his wife is in labour, and he was already running against the



clock. What ensues is a tension filled hour and a half as Cage 'out-Cage's' himself against the driver, cops, restaurant patrons and ultimately himself. There is a major surprise towards the end of the movie, but a saavy viewer would pick up on that subtle clue earlier (yes I did pick up on it-not to brag). Also, if I didn't point out the fact that the majority of this movie is locked between 2 people you probably wouldn't even realize, as the tension and action covers that up so well. There's also a lot of twisted humour dispensed by Cage's character making him seem even more evil. We all know that Nicholas Cage can play crazy to a level not matched by anyone else, and this role may very well be his craziest so far.

# Shear Madness Hair Designs



Come Check Us Out Tues. & Wed. 9:00 - 5:00 Thursday 9:00 - 7:00 Friday 9:00 - 5:00 Saturday 900 - 4:00 T-ZONE VIBRATION AVAILABLE

HANDICAP ACCESSIBLE

363 MAIN STREET FLORENCE

736-7777

#### **CAPE BRETON EXHIBITION - AUG. 15 - 19**



# **All-Star Auto**



OWNER - BLAIR MacKENZIE
Specializing in Vehicles under \$10,000
EVERYONE IS APPROVED

902-574-4764

155 QUEEN STREET NORTH SYDNEY



#### NORTH SYDNEY'S COMMUNITY BUILDING HUB OF ACTIVITY

The North Sydney Cultural And Heritage Center is a bustling hub of activity. The building which is home to the North Sydney Historical Museum, the Wilfred Oram Centennial Library, the North Sydney Seniors and Pensioners club and Lyndon Johnson's Accounting office. "Our building is always busy with activities" says Building Manager Robert Hillman. The museum has a steady stream of tourists throughout the summer season and the Visitors Information Center located in the museum helps numerous folks a day navigate

North sydney
Heritage
Museum

The Library is the busiest spot in town and hosts many programs throughout the

year. Lyndon Johnson's Accounting office is located on the lower level along with the ever growing busy North Sydney Seniors and Pensioners Club. "The Seniors Club is always busy hosting teas, dances, darts banquets etc. We are very lucky to have

this great group of folks sharing the building with us" Hillman says. "As the saying goes it takes a village" applies to us too" says Joe Meaney, Historical Society Chairman. "We have many folks helping us keep the Cultural and Heritage Center the beautiful building that it is."

their travels.

"We are the focal point of downtown we are proud to be running such an imyou drive by you will notice a beautiful Wagonmaster Art of Boularderie Island. Cultural Centre and that is the very unique of North River - it's fittingly called Cod ture has been graciously gifted to the cenciation better known as the BIDA."

"The sculpture has been placed in a Monuments of North Sydney. We are also Finney who overseen the mural and sculpneed him and has undertaken many



mural with artwork by Wayne Leal of And out front is a brand new addition to the and stunning sculpture by Gordon Kennedy and Kelp. This beautiful mural and sculptre from the downtown development asso-

marble base which was provided by Steele's very thankful to have area businessman Paul ture completion. Paul is always there if we projects to help and beautify the property"

Meaney says. "Our property and grounds are meticulously kept by our good friend Earl MacPherson and his staff at Earls Greenhouse. From the beautiful flowers and baskets to our manicured lawn, it's all due to the

generosity and kindness of Earl. It would be very costly for us to have the property look half as good if it wasn't for Earl and Anne and their staff," says Hillman.

CHARTERED PROFESSIONAL ACCOUNTANT

"Also thanks to the Northside Garden Club for their time and generosity to our grounds. We are also very fortunate to have three capable students working in the museum this year Ian MacNeil, Brooke Barry And Isabella MacDonald, two who are funded through the Federal government and the other from the Provincial. The students are a great asset and we are lucky to be able to hire staff on a yearly basis" Meaney says.

The Cultural Centre was the dream of former chairman the late Jim Walsh who originally wanted a new museum building. When funding was applied for it

was realized that a stand alone museum wouldn't work and a more sustainable vision was developed. That's why the library and seniors club were approached to join as integral parts of the building. We've had the seniors and library since the beginning Hillman says along with being home to three former MLA's and now Lyndon Johnson's accounting office.

"We are fortunate to always be at full capacity and we rely on our rental income to sustain our building. Some folks still think we are government funded but we are not. The building is owned by the North Sydney Historical Society and is run by our Manager under the direction of the Society," Meaney said. "We have a full board of directors and a membership. We will resume meetings in September and meet on the last Tuesday of the month at 2 pm. New members are always welcome. The Society itself was started in 1980 by former Chairman and historian Gordon Sampson with a few community members. Since then we've had Chairman's Jim Walsh, Ron MacDonald and current Chairman, former North Sydney Police Chief Joe Meaney. Our board consists of Joe Meaney Chairman, Marilyn Ritza Vice Chairman, Treasurer Harry Taylor, secretary Alaine Taylor and directors Ron MacDonald, Wes Stewart, Bill Weatherbee and Andie Currie.



#### **NORTH SYDNEY LIBRARY**

FIBRE LUNCH - Thursdays from 1:00 - 3:00

**ONGOING BOOK SALE & CDs** - Great selection for Spring Reading.

THURSDAY, AUGUST 17 - PARKS CANADA - will offer an engaging and informative presentation about Archaeology at the Fortress of Louisbourg.

**CONVERSATIONAL ENGLISH GROUP** - Registration required for this program.

#### FLORENCE LEGION 80s DANCE BAND

Branch 83 Legion in Florence will sponsor an 80s Dance Band with "SHOTS FIRED" on Friday, Aug. 25. The price is \$10.00 per person and the tickets are available at the downstairs Bar.



#### **FISHING TIDE CHART**

It's fishing season again here's the weekly Tide Chart. 2 High Tides each day

**WEDNESDAY - AUGUST 16** 

9:11 am - 9:58 pm

THURSDAY - AUGUST 17

9:47 am - 10:28 pm

**FRIDAY - AUGUST 18** 

10:22 am - 10:57 pm

**SATURDAY - AUGUST 19** 

10:56 am - 11:25 pm

**SUNDAY - AUGUST 20** 

11:30 am - 11:54 pm

**MONDAY - AUGUST 21** 

12:06 pm - 0:24 pm

**TUESDAY - AUGUST 15** 

0:24 am - 12:44 pm



# ST. ANDREW'S PRESBYTERIAN CHURCH ANNUAL YARD SALE

Well the congregation of St. Andrew's maybe a little later this year with their Annual yard Sale but none the less they are putting in a lot of time and work into getting their Annual yard sale ready for the Labour Day Weekend.

Usually the St. Andrew's Presbyterian Church Annual Yard Sale is the first week of July each year, but this year it was decided to

hold it on the long weekend at the beginning of September. Also, like last year, the committee decided to hold it inside the church hall because in past years some days were a might chilly and manpower is getting less and less as our congregation ages.

Last year's Yard Sale was a big success and there was a huge

amount of things donated from the congregation. Not only does the congregation donate items but friends and family members of the congregation as well, which is fantastic. This year we have surpassed last year's amount said Rita Johnston, one of the yard sale organizers. People have been so generous in giving us things that are practically new. There are a lot of nice items and we have marked them low because we want them "To Go". At the end of last year's sale whatever was left over was donated to Community Cares and St. Vincent DePaul for their sales. It's not only about raising money to help our church, it's about helping others in our community in any way we can. So if we didn't sell it then someone else could possibly benefit from the items.

This is one Annual event you won't want to miss and we will even have some BBQ hotdogs grilling on the old barbeque just for you, if you get hungry while picking your way through the tables. So save this date on your calendars.

#### Here are the details:

Who: St. Andrew's Presbyterian Church Sydney Mines

What: Our Annual Yard Sale

When: Saturday, September 2nd from 10 a.m. to 2 p.m.

Where: 643 Main Street, Sydney Mines (in the church hall)

Why: Money raised goes in support of our beautiful church to keep it open in our community.

ADMISSION IS FREE AND NO EARLY BIRDS PLEASE



# TAX PROFESSIONALS

222 Commercial Street - North Sydney - B2A 1B7

902 - 794-7117 - FAX 902-241-3088 sharon.matthews@hrblock.ca

#### SYDNEY MINES LIBRARY



1 FRASER AVENUE SYDNEY MINES

#### **UPCOMING PROGRAMS**

TUES. AUG. 15 @ 2:30 Ages 5 and up - Glitter Slime Making

ARTS FOR ALL - Thursdays 2:00 - 4:30 - Space is limited and they must register for the programs by dropping in or by phoning 902-736-3219.

Registration is still open for Summer Reading Program and there are many prizes to be won.

HIGHLAND GAMES Sydney Mines Aug. 19

#### **45s Weekly Card Game**

Still going strong, Bras d'Or Seniors and Pensioners weekly 45's card games.

Thursdays 7:30....9 ways to win. A great fun night out. 66 Main St. Bras d'Or.





NORTH SYDNEY URGENT CARE CENTRE HOURS Monday, Tuesday and Thursday 8 am - 7:30 pm Wednesday and Saturday 9 am - 4:30

#### Sydney Mines Native To Perform At Inaugural Games

#### BY COREY LEBLANC

Although she has played the bagpipes for almost half a century, Denise MacDonald is – once again – preparing for a first-time musical experience later this month.

In her hometown, she will be one of the performers for the opening ceremonies of the inaugural Sydney Mines Highland Games, which are scheduled for Saturday, Aug. 19, at the Pitt Street Walking Track on the former Princess Colliery property.



"No, I never thought it would happen in my lifetime," MacDonald said of having the opportunity to play her beloved instrument at a Games in her backyard.

She added, "It is really exciting – I am looking forward to it."

MacDonald has played for more than 45 years.

"It's been a long time," she said, adding with a laugh, "That's something considering I am only 29."

The 'Mac' in her name aside, one might ask how a youngster from Fraser Avenue ended up playing the beloved

Scottish instrument.

Highland dancer.

When MacDonald was five years old, her now 94-year-old father – Cecil – took his children to The Gaelic College in St. Ann's for a concert headlined by the legendary John Allan Cameron.

"I fell in love with them," she remembered of seeing and hearing] the bagpipes on that unforgettable day.

Before long, MacDonald was taking lessons; not surprising, considering Cecil and his wife, Selina, had a home filled with music. If any of their seven children wanted to play an instrument, one was provided, along with any required lessons.

"They loved it," she said of parents' pride in their children's passion for music.

Over the years, MacDonald not only had stints with high-end bands – such as the Halifax Police Pipe Band and Gaelic College Pipe Band – in competition and for other performances, but also playing solo for a variety of events.

Although she lessened her band time over the years, once she started her family, she never stopped playing.

"They are such a unique instrument," MacDonald said of the bagpipes.

She added, "When played alone, they are very haunting." Celebrating Scottish culture and tradition is a family tradition for the MacDonald clan. Along with Denise, her sister, Bonnie Jean a member of the Cape Breton University band, plays the pipes. Maria Elena, another sister, was once a drummer with the Gaelic College Pipe Band, while sister – Suzanne – was a long-time

"We had those connections all of our lives," she noted.

Along with MacDonald, the line-up for the Sydney Mines Highland Games' opening ceremony, which is scheduled for 2 p.m. (on Aug 19), includes members of the Kelly MacArthur's Highland Dancers, who will perform favorites such as the Highland fling and the sword dance. The Clan Thompson Pipe Band – which is based in Antigonish – will also provide their talents to the

festivities. They will also take center stage during the closing ceremonies at 6 p.m.

"I am really looking forward to it," MacDonald said.

She added, "I hope it is the start of something that will take place for years to come. It is going to be great for the community."



A Reminder to all Clubs, and Organizations that our deadline for news is Tuesday at 5:00 pm in order to make it into Wednesday's edition.

Videotapes wear out so save your precious memories before it's too late!

We offer Professional transfers from tape to DVD using Pro Equipment-not home video gear. We can transfer to flashdrives

We can transfer VHS, 8mm and Mini DV tapes at great prices! We also do audio cassettes to CD Phone 902 736 9402 (Paul)





**PHONE 902-371-3356** 





# 95 MEMORIAL DRIVE NORTH SYDNEY INDUSTRIAL PARK



# RE-LOCATING TO 2 ELLIOT STREET SYDNEY MINES - ABOVE THE UNDERGROUND PUB

PHONE 902-794-2236

# UNDERGROUND

2 ELLIOT STREET - SYDNEY MINES - PH: 241-2383

We book for Private Parties, Birthdays, Benefit Dances

#### WEDNESDAY

#### THURSDAY

**WING NIGHT**6:00 - 10:00

Fully Licenced
Patio
is now Open

BEST TRIVIA ON THE ISLAND 6:00 - 11:00

#### FRIDAY

STEVIE'S KARAOKE CIRCUS



6:00 - 2:00 am

SCAVENGER HUNT - \$50.00 per Team Starts at 7 pm - Register by 6 pm 9:00 - 1:00 "WIRED FOR SOUND"