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FREE

THIS WEEK

NORTHSIDE COMMUNITY NEWS

FREE

Vol. 13 - FEBRUARY 1st - 2023

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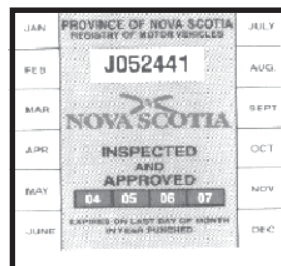
TIRECRAFT

126 SEAVIEW DRIVE - - NORTH SYDNEY

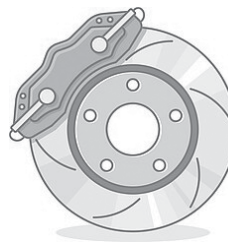
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Chiasson Sunday mornings
9 am - Logon to our website
www.kleeradio.com

**Royal Canadian Legion
Branch 83 Florence**



BINGO

starting
at 7.00

Thursday Nights

**MONDAY, TUESDAY
WEDNESDAY &
THURSDAY**

**Noon - 10:00 pm
FRIDAY & SATURDAY
Noon - Midnight**

The CIRCLE

**Saturday nights
7:00 pm**

TARABISH

TUESDAY AT 7.00 PM



THURSDAY NIGHT

736-6313

Interesting But Useless Trivia

Many moons ago when I was an apprentice printer at the Cape Breton Post, one of my jobs was to set short fillers that were used at the end of a story to fill space.

The fillers usually consisted of trivia and interesting facts. The apprenticeship was 6 years long so you can guess how many fillers I set.

Here are a few to give you an insight into the trivia world.

160 cars can drive side by side on the Monumental Axis in Brazil the world's widest road.

A 10 gallon hat holds only 6 pints of liquid.

A jiffy is actually a time measurement it's length is 1/100th of a second.

A jumbo jet uses 4000 gallons of fuel to take off.

A quarter has 119 groves along its edge while a dime has 118.

Dreamt is the only English word that ends in "mt".

Every time you lick a stamp, you are consuming 1/10th of a calorie.



BIRTHDAY WISHES

Please send out Birthday Wishes to my beautiful wife on Feb. 3rd - Love from Kenny, Marcie and Jane.

DEMONSTRATION MARCH



CAPE BRETON REGIONAL HOSPITAL

**We Need Your Support!!
End The Health Care Patient Crisis
Friday, February 10th - 10 am
Meet at the Bens Bakery
Parking Lot at 9:45 am**

JAIME BATTISTE

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SYDNEY - VICTORIA

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jaime.battiste@parl.gc.ca

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Keith Bain

1415 Highway 105, Bras d'Or, NS, B1Y 2N5

902-736-0301 (Office)

902-736-0411 (Fax)

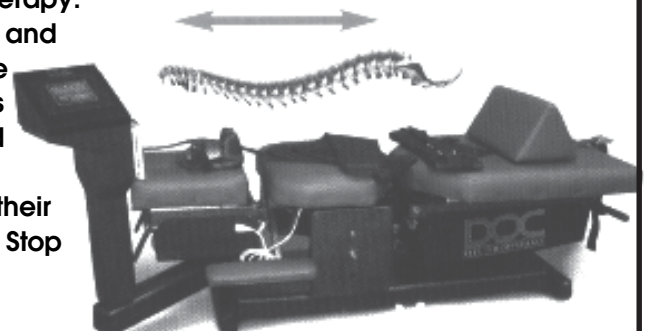
keithbainmla@bellaliant.com

NEW DECOMPRESSION TABLE RELIEVES PAIN

Darren Strong from Strong Chiropractic, announces a new, sophisticated computerized decompression table that allows the spine to be gently stretched and relaxed for spinal decompression therapy.

The pattern of alternating pulling and relaxing creates vacuum-like pressure which allows disc material that was herniated or protruded to be pulled back in the disc over time.

Patients will notice a reduction of their pain during these treatment sessions. Stop in today and ask about the new table and how you can benefit.



793 Mahon St., New Waterford - 862-9444 224 Commercial St. North Sydney - 241-9444

BLUES NIGHT AT FIRE HALL



North Sydney Fire Hall, Pierce Street
February 11th - Doors open 6.30 pm
Dinner at 7:00 pm

Three Course Meal..Home Cooking!!
Dinner Mucic. - All Live Performances
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Advanced Seating - Three forty five
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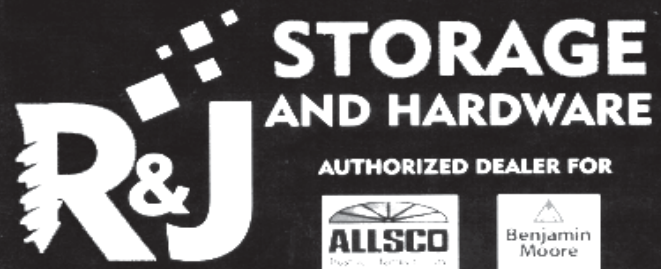
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**Ocean & Atlantic Street BASH - March 4, 9:00 - 1:00 50s
& 60s music - Food & Prizes - All Are Welcome**



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I've been a big fan of science fiction movies (or as some call it "Sci-Fi" or "SF") for a long time. When it comes to literature though science fiction has been around longer than most people realize; in fact what is considered to be the first Sci-fi story was written in the second century A.D., as Lucian's "A True Story" contained themes of travel to other worlds, alien life forms, galactic wars and artificial life forms. That's mind-boggling. The first science fiction film was "A Trip To The Moon" (released in 1902) and 1927's "Metropolis" was the first Sci-Fi feature length film. This week I'm mentioning 2 movies that I recently watched; one excellent-one garbage. First the stinker; the premise for "2036 Unknown Origin" is as follows; after a disastrous trip to Mars it's decided that all future trips will be overseen by artificial intelligence (A.I.'s) so that astronauts won't perish. The latest trip discovers a gigantic monolith on the surface of Mars and in a nutshell this monolith sets things up so that the artificial intelligence taking over the world is actually alien intelligence, and the majority of the movie is dialogue between the main scientist and an A.I. that looks like a



big lamp from IKEA. This movie is crap. Now the good stuff; "Alien Code", stars Kyle Gallner ("Veronica Mars", "American Sniper" and "The Walking Dead") as a brilliant cryptographer who's offered a huge paycheck if he can decipher a message found in a satellite that was not made on earth. Gradually things get crazy, and dangerous as the true nature of the message-and the senders is revealed. This movie reminded me of the old "Twilight Zone" episodes where the viewer was expected to actually think, and piece together the truth, just as the actors do. This movie uses special effects sparingly, but keeps the viewer captivated. One spoiler is that the 'aliens' in this flick are not from another galaxy, but from another dimension, and once again the brain is engaged. Actress Azura Skye ("Riverdale", "28 Days") has a great role as the other rogue scientist who was hired to crack the mystery. So if you like the science fiction universe these are small journeys into that zone. Enjoy!

Old Time Radio Podcast Added

This week's Free Podcast comes from the Golden Age of Radio Drama and was originally broadcast on September 2nd, 1942.

SUSPENSE was a radio series broadcast on CBS from 1942 through 1962.

One of the great radio programs of the Golden Age of Radio, Suspense was subtitled "radio's outstanding theater of thrills". Suspense usually featured leading Hollywood actors of the era.

This week's episode is called "The Hltchiker."

You can download this week's Free Podcast from www.kleeradio.com - along with several others.



KIWANIS GOLDEN K KLONDIKE 50/50

Come play our Klondike 50/50 Draw. Boxes are located in various locations around the Northside.

Draw every Thursday. For tickets call Paul at 902-577-4239.



Late Nite Oldies Show With Jack Cool

is broadcast on K-LEE RADIO on Friday evening at 9:00 pm. Join Jack for classic rock and roll from the 50s, 60s and 70s.

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			1			9	7	3
				9			6	
					6			
				8	5		1	
7						2		5
			9		3	8		
	5	6	2					
				7	9	3	2	
	3							1

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AROUND THE TOWN

NORTHSIDE COMMUNITY NEWS EVENTS

GLEN GRAY - EDITOR

This Wednesday is **February 1st** and the Winter is slowly passing and we still don't have an appreciable amount of snow on the ground - let's keep it that way.... if you look on page 3, you'll see information about a **Blues Night** at the North Sydney Fire Hall - **Angela Ianetti** has prepared another 3 course meal with lots of great entertainment - see page 3 for full details.... **Paul Power** has another column and this week he features science fiction as the topic - see page 4.....also on page 4 is another **Free Podcast** from the Golden Age of radio and this one features a mystery "The Hitchhiker" - we will be featuring a new Podcast each week and you can download yours for free at our website - www.kleeradio.com - February is coming and love is in the air the North Sydney Seniors and Pensioner's Club is getting ready to host Cupid and a **Valentine Tea** on Wednesday, Feb 8th from 2:00 - 4:00, the Club is located under the Library Building on Commercial Street in North Sydney.... it's tax season once again and we have a **TAX TIPS** weekly column that will help you maximize your refunds, see page 6 for details.... we have another **Grant's Horoscope** for you this week, see what your Zodiac sign has in store for you this week.... **Congratulations** are going out this week to all those individuals who have made the **Coal Bowl Classic** possible after a recess because of COVID - this major basketball tournament takes a whole community to co-ordinate the many tasks involved with such a major undertaking - once again Cape Bretoners shine and our **hospitality** shows through.... programs are starting back up at the local Libraries and the North Sydney Library has a **WRITERS GROUP** who meet Wednesdays from 6:00 - 8:00 and new members are welcome to attend, Fibre Lunch on Thursdays at 1:00 pm and some children's activities, **BRILLIANT LAB** - Feb. 11, 18th and 25th - a science adventure for kids from 10:30 - 12:00.... the Sydney Mines Library has **CRAFT ACTIVITIES** every Thursday afternoon starting at 3:15 - **LEGO PLAY** - every 2nd and fourth Tuesday of the month at 3:15 and **PLAY DOH FAMILY FUN** - from 1:00 - 4:30 on Saturdays - **FREE PUBLICITY** for all Clubs and community organizations, simply email us with your information and we'll publish it free of charge in our weekly paper - just email us with your event information to us at our website - email address - thisweek@kleeradio.com

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JOHNNYBEE'S RESTAURANT

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NORTH SYDNEY



Valentine's Dinner & Dance
Saturday, February 11

Dancing 9:00 - 1:00

Dinner available - 2:00 - 9:00

Hot Chicken Dinner

\$20.00 per person

Tickets Available at the Bar

See Northern Yacht Club Facebook Page

- ENTERTAINMENT -

Wednesday Evening
6:00 - 8:00 pm
NOAH REASHORE



Friday Evening
6:00 - 9:00 pm
Robbie Hancock

PHONE - (902) 590-1060

NORTH SYDNEY LIBRARY

STORYTIME on Saturdays at 1:00 pm

FIBRE LUNCH - Thursdays from 1:00 - 3:00

HOME SCHOOLED STUDENTS - meet most Tuesdays, with parents, at 1:00 pm.

WRITERS GROUP - meet Wednesdays from 6:00 - 8:00 and new members are welcome to attend.

North Sydney Seniors & Pensioner's Club VALENTINE TEA

February is coming and love is in the air. The North Sydney Seniors and Pensioner's Club is getting ready to host cupid and a Valentine Tea on Wednesday Feb 8th from 2-4. Our guests will be honoured to be served by some "Celebrity Servers" who have 'Come From Away' to be here with us.

Bring your husband, boyfriend or both to join in the love and the laughter as you enjoy their antics, the Valentine cuisine, prizes and camaraderie with your friends and neighbours.

If you plan on attending, arrive by 2 o'clock as activities will be starting then and you won't want to miss anything.

Tickets are on sale now at the cost of 8 dollars each and they will be limited so get yours before it's too late. They may be obtained by phoning Cyril at 902 578-0878 or Clarisa at 902-919-6708 . .



- TAX TIPS 2022 -

What counts as a medical expense when filing taxes? - When dealing with a health issue, you're probably not thinking about keeping track of receipts. But did you know there are countless medical expenses, ranging from common (prescription medications and medical aids) to not-so-common (service animals, orthopedic shoes, baby breathing monitors) that you can legitimately write-off?

Even most dental expenses are deductible, as long as they're not cosmetic. And they all add up at tax time so you can save money on your taxes.

TIP: Ask your pharmacist as well as other health practitioners you visit for an annual statement of account to fast-track your calculations!

WHAT IS THE MEDICAL EXPENSE TAX CREDIT (METC)? - The deductible medical expenses are considered a non-refundable tax credit, meaning they can help lower how much taxes you'd have to pay.

To qualify, your household's eligible medical expenses must add up to the lesser of 3% of your net income or \$2,479. For example, if your net income is \$60,000, all medical expenses beyond \$1,800 are a credit against your taxable income.

Many people don't bother calculating their expenses to claim the METC because they assume they won't meet the 3% threshold. But there are so many legitimate medical expenses—like car mileage and caregiver lodging for out-of-town appointments—that most people don't think about or know about.

So try your best to keep track of receipts and document your expenses. They'll add up quickly to help you surpass the all-important 3% mark!

TIP: If you're part of a group health insurance plan at work, you may also have a medical expense to claim, reported on your T4 Box 85.

How to make the most out of your medical expenses? - Unlike other deductible expenses, medical expenses don't have to follow a calendar year. The CRA lets you pick the 12-month period to claim these expenses. For example: Let's say your family had a tonne of medical expenses from November until March. Both kids got braces, your spouse spent a bundle on glasses, and you needed physiotherapy due to a fall. If you had to follow the calendar year, the 3% rule would apply to the expenses of two different tax years.

By making your 12-month period from November 1 to October 31, you'll be able to lump all the expenses together on one return (lines 33099 and 275 for Quebec), so the total is more likely to exceed the 3% threshold—at which point the METC kicks in.

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CRAFT ACTIVITIES every Thursday afternoon starting at 3:15

LEGO PLAY - every 2nd and fourth Tuesday of the month at 3:15

PLAY DOH FAMILY FUN - from 1:00 - 4:30 on Saturdays

HAPPY BIRTHDAY, to Brendon Melanson on his 43rd birthday. Love and Best Wishes from Samantha, Barb and Billy.



NORTHSIDE & DISTRICT MINOR HOCKEY 50/50

DRAW - Last week's winner of the 50/50 Draw was Pat Keagan and the amount was \$14,099. Thank you for your continuing support all year long.



The Best of Local Talent - 24/7

www.kleeradio.com

For the latest and most comprehensive list of local events, logon to - **www.musiccapebreton.com**

Mike Little updates his listings each week.

Some stories
Courtesy Of

SWING OVER THE MOUNTAIN NEWS



Community Interview With Jack Cool

I had the pleasure of doing a zoom interview with Dr. Christina Burns Dr. Has a book that will be Released on March 21, 2023, from Prometheus an imprint of R o m a n Littlefield Publishing called "The Ultimate Fertility Guidebook."

To find out more about Dr. Burns book, please listen to my interview with her by googling jack cool youtube channel.

Special thanks to publicist Roger Neal for ranging and asking me to do this interview

VINCE RYAN HOCKEY

The 32nd Annual Vince Ryan Memorial Hockey Tournament will be held from Thursday, March 23rd to March 26th, at rinks throughout the CBRM. For more information you can call (902) 849-1133 or Toll-free: 1-888-731-4488.

Please keep our local Food Banks in mind as the need is greater this year.

Sunday BINGO

Sydney Mines Seniors & Pensioners Club Fraser Avenue, Sydney Mines - 2:00 pm

Toonie Jackpot went

JACKPOT \$1,175.00 on 54#s or less

MONDAY FUN NIGHT - 7 PM

45^s CARD GAME

Wednesdays - 7:00 pm

SATURDAY DANCE

8:00 - 12:00 - Music By

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Music 5:00 - 8:30

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host Kenny Walsh

Sundays at 6:00 pm

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GRANT'S TIMELY HOROSCOPE

MOON ALERT - There are no restrictions to shopping or important decisions today. The Moon is in Aries.

ARIES (MARCH 21-APRIL 19) - for the next four weeks, you'll be more interested in mystical, spiritual subjects. You also might have to care for a loved one, either at home or in a hospital. Others might be involved with charitable activities. This is because you feel more selfless. Someone will appreciate your generosity.

TAURUS (APRIL 20-MAY 20) - For the next four weeks, you will enjoy friendlier relationships with almost everyone. Because your ability to deal agreeably with others will be superb, your relations with group settings, meetings and conferences will be successful. Even romance will be happier.

GEMINI (MAY 21-JUNE 20) - Today Venus will begin to cross the top of your chart in the next four weeks, which will create favourable circumstances for your professional life. Bosses and people in authority will be impressed with you. People will seek your advice about how to make something look more attractive.

CANCER (JUNE 21-JULY 22) - Your desire to travel for pleasure will be strong in the next four weeks. You will also have a heightened appreciation of beauty. Make an effort to see art exhibits, galleries and museums because this will please you. Romance with someone "different" might begin.

LEO (JULY 23-AUG. 22) - Romance will be more passionate and affectionate in the next four weeks for your sign. However, it's interesting to know that you will have the ability to attract money to you through your spouse, business partner or a bank during this same window of time. Ka-ching!

VIRGO (AUG. 23-SEPT. 22) - Lucky you! For the next four weeks, Venus will be opposite your sign, which will promote all your relations with others especially close friends, partners and spouses. You will be more easy-going, and will be able to express your affection more easily. (Even your relations with enemies will improve.)

LIBRA (SEPT. 23-OCT. 22) - Your health will get a lovely boost in the next four weeks, which is good news for you. You will also find that you can more easily discuss agreements with others and cooperate with coworkers. This is a good time to discuss duties, the division of labour and shared obligations.

SCORPIO (OCT. 23-NOV. 21) - You have a lovely four weeks ahead! This is because fair Venus will be travelling through your House of Romance. Love relationships will be favoured along with creative activities. Even your relations with children will improve because this will be a great time for games and fun!

SAGITTARIUS (NOV. 22-DEC. 21) - Take advantage of every opportunity to entertain at home in the next four weeks; and likewise, to redecorate or make your home more attractive because these things will make you happier. Despite the possibility of entertaining, you will also enjoy quiet time in congenial surroundings.

CAPRICORN (DEC. 22-JAN. 19) - You have the good fortune of enjoying your daily surroundings more in the next four weeks. You will find your relations with people around you - siblings, neighbours and relatives will also improve. Even your appreciation of your daily surroundings will be heightened. (Not too shabby.)

AQUARIUS (JAN. 20-FEB. 18) - In the next four weeks, you will be more inclined to spend money on beautiful things for yourself and loved ones. Fortunately, your ability to earn money and attract money to you will also increase.

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ACROSS

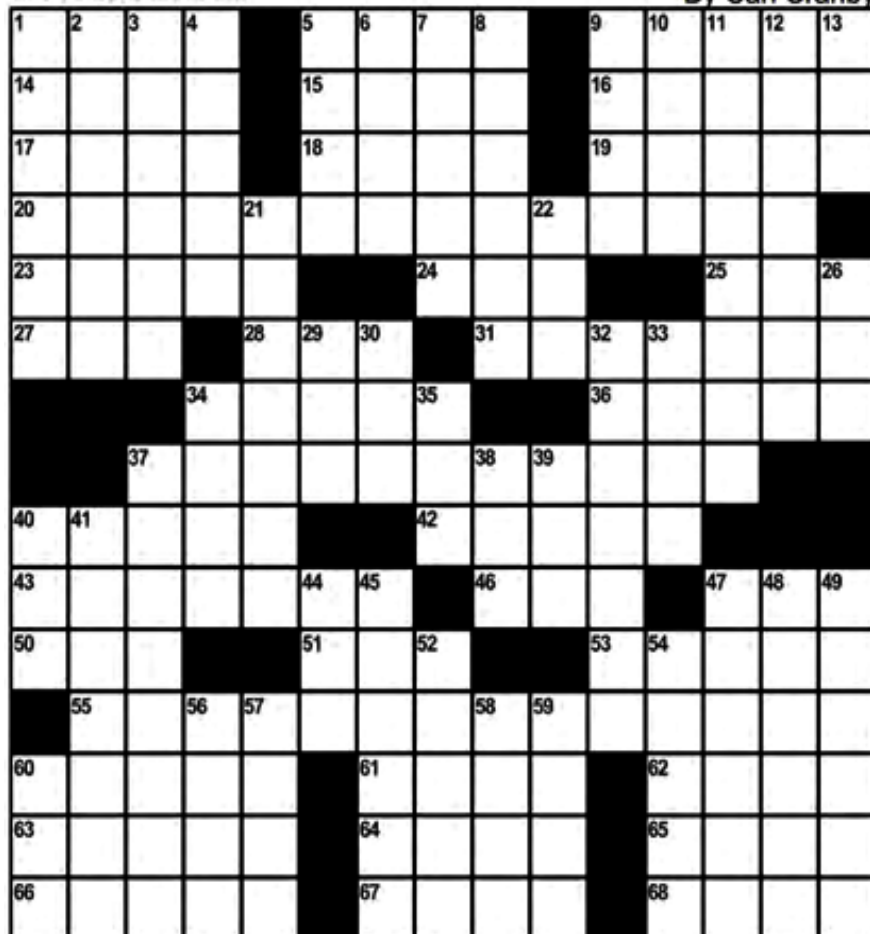
- 1) Muffin type
- 5) Does impersonations of
- 9) Story with a moral
- 14) Legal gambling site
- 15) Brig room
- 16) Small land masses
- 17) Chamber music instrument
- 18) Threesome
- 19) Brownstone feature
- 20) Outcome for Mary and Joseph?
- 23) Owned apartment, for short
- 24) Baby carrier?
- 25) One thousandth of a liter, briefly
- 27) Mel, "The Little Giant"
- 28) Kind of water or dance
- 31) Acts quickly
- 34) Felt lousy
- 36) Made waves, in a way
- 37) Avoid an angry kitty?
- 40) More than a scuffle
- 42) Indian flatbreads
- 43) Content
- 46) High degree
- 47) Victorian, for one
- 50) Position for many a future pres.
- 51) Builder's acquisition
- 53) Evening hour
- 55) What a begging dog might give you?
- 60) Pertaining to the unborn
- 61) Numbskull
- 62) Hang ___ (keep)
- 63) MSG, for one
- 64) Like Bo Peep's sheep
- 65) New driver, often
- 66) Company possession, e.g.
- 67) Weapon with a bell-shaped guard
- 68) Mini-whirlpool

DOWN

- 1) Rodeo mount
- 2) Start over after a crash
- 3) Apply oil and pray
- 4) Incessantly
- 5) Doesn't just sit there
- 6) Persian spirit
- 7) A type type
- 8) Shed (with "off")
- 9) Closed hand
- 10) Italian wine area
- 11) Bygone attire
- 12) Ferociously feline
- 13) Psychic's gift, briefly
- 21) Bulletin board array
- 22) Palindromic honorific
- 26) Source of some strange visions, for short
- 29) King's introduction?
- 30) Get-up-and-go
- 32) Dirty rat or dirty dog
- 33) Fancy shooting marbles
- 34) Enjoying the salt air
- 35) Cub Scout division
- 37) Raises in rank
- 38) Gown's partner
- 39) "Well ___-di-dah"
- 40) Car sticker stat.
- 41) Gretna Green visitors
- 44) Shoemaker's helper, in a fairy tale
- 45) Scribble aimlessly
- 47) Made square
- 48) Wasn't a buyer
- 49) Cleopatra's love
- 52) Army unit
- 54) Be theatrical
- 56) Wax's opposite
- 57) Blind part
- 58) Cathedral part
- 59) Allocate (with "out")
- 60) Air-traffic control org.

PUN INTENDED

By Carl Cranby



Daily Crossword
Online at
www.kleeradio.com
click on the
FEATURES link