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THIS WEEK

NORTHSIDE COMMUNITY NEWS FREE

Vol. 13 - FEBRUARY 15th - 2023



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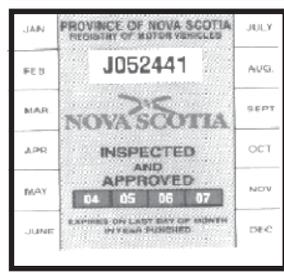


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Gospel Hour with Pierre Chiasson Sunday mornings 9 am - Logon to our website www.kleeradio.com

**Royal Canadian Legion
Branch 83 Florence**



BINGO
starting at 7.00

Thursday Nights

**MONDAY, TUESDAY
WEDNESDAY &
THURSDAY**

**Noon - 10:00 pm
FRIDAY & SATURDAY
Noon - Midnight**

The CIRCLE

**Saturday nights
7:00 pm**

**TARABISH
TUESDAY AT 7.00 PM**



THURSDAY NIGHT

736-6313

Bras d'Or Island Seniors Luncheons

Free Guest Speaker Luncheons 2023. A light lunch will follow and all will take place at the Big Bras d'Or Hall on Fridays from 10:00 - 12:00.

FEB. 24 - Nancy Cronin - Health and Well Being.

MARCH 17 - St. Patrick's Day Celebration.

MARCH 31 - Presentation by Victoria Cou8nty RCMP.

Email or call to register. deniseoake@hotmail.com
674-2636 and 577-4340

Breakfast Brunch
Last Sunday of every month
Big Bras d'Or Fire Hall
9:00am - 12:00pm
Sponsored by:
"Friends of the Big Bras d'Or Fire Hall"
1390 Old Route #5, Big Bras d'Or
Adults \$10.00 Children \$5.00

K-LEE RADIO has begun its 13th year of broadcasting in 2023 bringing you the very best in Cape Breton & Celtic music 24 hours a day, 7 days a week from beautiful Cape Breton Island. Join us and listen to us at this web address - www.kleeradio.com

Voices in Song - A Choral Celebration

The Elmer Iseler Singers - The Cape Breton Chorale
Tuesday, March 14th - 8:00 p.m.

Church of Christ the King - 19 Trinity Ave. Sydney, NS
\$35 general - \$30 senior

Tickets available from Chorale members, by calling 902-270-2591 or purchase online at capebretonchorale.com

A limited number will be available at the door

TAX TIPS - PAGE 6

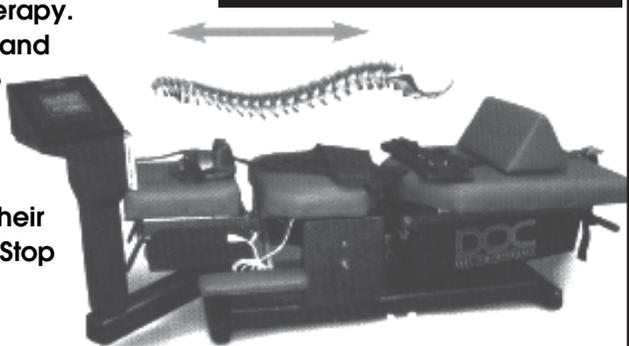
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Keith Bain
1415 Highway 105, Bras d'Or, NS, B1Y 2N5
902-736-0301 (Office)
902-736-0411 (Fax)
keithbainmla@bellaliant.com



NEW DECOMPRESSION TABLE RELIEVES PAIN
Darren Strong from Strong Chiropractic, announces a new, sophisticated computerized decompression table that allows the spine to be gently stretched and relaxed for spinal decompression therapy.
The pattern of alternating pulling and relaxing creates vacuum-like pressure which allows disc material that was herniated or protruded to be pulled back in the disc over time.
Patients will notice a reduction of their pain during these treatment sessions. Stop in today and ask about the new table and how you can benefit.



Strong Chiropractic Inc.
We've got your back!

793 Mahon St., New Waterford - 862-9444 224 Commercial St. North Sydney - 241-9444

Homemade Quilt Draw

St Matthew Wesley United Church, North Sydney is selling tickets on a home made king size quilt, double pinwheel pattern, navy blue and blue print.

To purchase tickets please contact Maureen at 902-544-1233. Tickets 3 for \$5.00. Draw date April 3, just in time for a wonderful Easter present.



BIRTHDAY WISHES

Happy Birthday Wishes are being sent out to Shirley Robinson on her birthday, February 17th, from Grant, Jennifer and Bean.

North Sydney FIRE HALL

Pierce Street North Sydney

OPEN 7 Days a Week
From 10:00 - Midnight

THURSDAYS - Ernie,
Todd & Wade
Kitchen Open 4:30
Music 5:00 - 8:30



Sunday BINGO

Sydney Mines Seniors & Pensioners Club Fraser Avenue, Sydney Mines - **2:00 pm**

Toonie Jackpot went

JACKPOT \$1225.00
on 54#s or less

MONDAY FUN NIGHT - 7 PM

45^S CARD GAME

Wednesdays - 7:00 pm

SATURDAY DANCE

8:00 - 12:00 - \$5.00

Music By

ERNIE WELLS

Br. 19 Legion Events

February 24th Carmen Giorno will be entertaining us with a magical hypnotic experience.

Doors open at 7:00 pm with the show starting at 8:00 pm. Following the show will be a DJ'd dance until 1:00 am
Tickets \$15 available now at the Legion.

A meeting of the General Membership will be held on Wednesday, February 22nd at 7:00p.m.

For the Best In Classic Country Music, join Kenny Walsh every Sunday Night at 6:00 pm for Phantom Country a 2 hour show of the best Country Music.

Logon to our website at this address

www.kleeradio.com



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FUNNY PHRASES PUZZLE - Guess the word/phrase

- | | |
|-------------|-------------|
| 1 POL4ICY | 2 G E S G |
| 3 END DNE | 4 NOON GOOD |
| 5 SOOOOOOO | 6 2. Blame |
| NOW NOW | 3. Blame |
| NOW NOW | 4. Blame |
| 7 DO 12" OR | 8 Ci ii |

ANSWERS - 1 Foreign Policy, 2 Scrambled eggs, 3 End to end, 4 Good afternoon, 5 So Long For Now, 6 No One to blame, 7 Foot in the door, 8 See eye to eye.

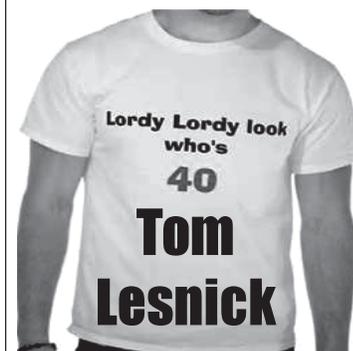
Some stories Courtesy Of

SWING OVER THE MOUNTAIN NEWS

KIWANIS GOLDEN K KLONDIKE 50/50

Come play our Klondike 50/50 Draw. Boxes are located in various locations around the Northside.

Draw every Thursday. For tickets call Paul at 902-577-4239.



I guess we'll have to form a snow shoveling group to help you now that you're old. Happy Birthday from your younger Dart Team pals.

BRANCH 008 LEGION - SYDNEY MINES

Tuesday Night Bingo - 7:00 pm - JACKPOT - \$550.00 - 51#s or less

Ocean & Atlantic Street BASH - March 4, 9:00 - 1:00 50s & 60s music - Food & Prizes - All Are Welcome



PHONE (902) 736-3206



When Shania Twain released her 1997 album "Come On Over" she blazed a new path for herself and modern artists such as Kacey Musgraves, Maren Morris, and Taylor Swift with an album that was a perfect blend of country and pop music-giving us songs that became must-hears at weddings, karaoke nights and all things in between. She put out another album in 2002 then pretty much disappeared until a 2017 album release; we now know a divorce and Lyme disease were mostly responsible. This, "**Queen Of Me**", is her newest album. I don't know how successful this one's going to be but the reviews have been less than spectacular: one saying this; "Got litty in the cup" she bleats, as though that is a perfectly natural turn of phrase for a 57-year-old white woman." and that "Twain peppers other songs with awkward, forcibly modern idioms, like when she sings "I deleted our history" on "Brand New." Ouch! Personally I think both songs are not that bad. As for others, "Last Day Of Summer" and "The Hardest Stone" do turn up the mic on how Shania's voice has lost a lot of its range and power. "Waking Up Dreaming" is basically a mediocre dance



number, and the same can be said for the songs "Queen Of Me", and "Got It Good"-all mid-level adult contemporary meets dance music. Given Shania's health scares, and the fact that she's a 57 year old woman competing in the pop world for listeners (57 isn't old, but in the pop world it's Jurassic) I guess we should congratulate her on even releasing another album-and not being like that nightmare face freak we now call Madonna. I ask these questions: can Gretzky play hockey like he used to? No. Can John Bon Jovi hit the high notes like he used to? No. Time takes it's toll. Shania's team of co-writers and producers here have past credits with Halsey, Justin Bieber, Pitbull, and Iggy Azalea, but these songs for the most part don't hit the target. It was way easier to score mega-hits in 1997 than it is now, and this album doesn't even come close to Shania's former triumphs. All in all, I won't be listening to this album again.

Old Time Radio Podcast Added

Jack Benny (born Benjamin Kubelsky February 14, 1894 - December 26, 1974) was an American comedian, vaudevillian, and actor for radio, television, and film.

Widely recognized as one of the leading American entertainers of the 20th century, Benny was known for his comic timing and his ability to get laughs with either a pregnant pause or a single expression, such as his signature exasperated "Well!"



This Podcast is called "Jack Tries To Trade In The Maxwell."

Logon to our website and download your copy and several others that are listed there.

Click on the "PODCAST" link on the website to download.

www.kleeradio.com

New Book Released

Northside author Devin Meaney has released a new book - "A collection of short horror (and sometimes humorous) fiction by Devin J. Meaney including Devin Stoddard: Vampire Hunter, Lagartija, Red Devils in Darkness, The Silence of the Donairs, Timmy Fright and the Demon Night, When Children Feed, Terror at Tadpole Lake, Gottfried Guiles and the Devil's Hourglass, Enshrouded, Night of the Killer Sweet Potatoes and The Tragic Tale of Blackness Phatgoth!"

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Devin Meaney
<https://meaney-publishing.webnode.page//vampyrlic/>

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	9		4			6	5

AROUND THE TOWN

NORTHSIDE COMMUNITY NEWS EVENTS

GLEN GRAY - EDITOR

We're halfway through **February** and we got our first major snowstorm, I hope we can dodge further ones at least until March arrives..... the Cape Breton Chorale is presenting its "**Voices In Song**" concert coming up March 14, I suggest you get your tickets early as this event sells out quickly - see page 2 for details... St. Matthew Wesley Church is sponsoring a **Homemade Quilt Draw** just in time for Easter - see page 3 for ticket information..... **Branch 19 Legion** in North Sydney is hosting a special hypnotical experience on February 24 and they will hold their **General Membership Meeting** on February 22nd at 7:00 pm..... Paul Power has a **Shania Twain** CD review in his weekly column on page 4.... This week's Old Time Radio Podcast is **Jack Benny** and you can download it, along with several other podcasts from our website - www.kleeradio.com - just click on the **PODCAST** link and build your own free podcast and music library.... **Jack Cool** has another community interview on page 6..... It's tax time again and this week's **TAX TIPS** deal with seniors - see page 6 for details... there is still time to register for the **renters \$500 benefit**, the deadline is March 31st, all low income renters can receive the \$500 and the application only takes about two minutes to fill out - see contact information on page 7..... See the **UNDERGROUND** entertainment listing on page 8 - remember that we offer a free daily crossword and Sudoku puzzle on our website - click on the **FEATURES** link to get these puzzles, If you are looking for another place to dine, try **Johnnybee's Restaurant** located at the **Northern Yacht Club** - Johnny features a varied menu and there is free music on Wednesday and Friday evenings.... **FREE PUBLICITY** for all Clubs and community organizations, simply email us with your information and we'll publish it free of charge in our weekly paper - just email us with your event information to us at our website - email address - thisweek@kleeradio.com

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27 Seaview Drive
NORTH SYDNEY



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Check Entertainment
Schedule Below

**SEE NORTHERN YACHT
CLUB**

FACEBOOK PAGE

- ENTERTAINMENT -

Wednesday Evening

6:00 - 8:00 pm

DANNY McCARTHY



Friday Evening

6:00 - 9:00 pm

ROY DAWSON

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NORTH SYDNEY LIBRARY

STORYTIME on Saturdays at 1:00 pm

FIBRE LUNCH - Thursdays from 1:00 - 3:00

HOME SCHOOLED STUDENTS - meet most Tuesdays, with parents, at 1:00 pm.

WRITERS GROUP - meet Wednesdays from 6:00 - 8:00 and new members are welcome to attend.



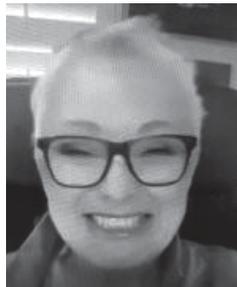
Community Interview With Jack Cool

I had the great pleasure of doing a zoom interview with best selling author Marni Spencer-Devlin.

She has a new book out that was released yesterday, February 14th.

"The List Method" offers a guaranteed science based way for finding the love of your life.

For more information please feel free to go to Marni



Spencer-Devlin's website <https://www.marnispencerdevlin.com/>.

A Thank You goes out to publicist Roger Neal for recommending me to do the interview. It's very much appreciated. Have a blessed and safe weekend everyone - JACK

FREE PODCASTS



- TAX TIPS 2022 -

New extra payment for Old Age Security (OAS)

Back in June 2021, eligible seniors (those born on or after June 30, 1947) received a one-time OAS extra payment of \$500 as long as they met the age requirement. Since then, there is an additional extra payment. This one-time payment is taxable, but it was not subject to clawback.

Since this new bonus payment is not subject to clawback, this means that, if you make above a certain net income, you won't be subject to the 15% OAS recovery tax that is usually applied. This extra payment will be reported in a new box in the T4A slip instead of being included with the regular OAS benefits. It is also not included in your income when it comes to determining eligibility for the Guaranteed Income Supplement (GIS) - Allowance.

For more information about OAS and GIS payments, check out our Help Article for more details! Need help filing? Reach out to one of your local H&R Block tax experts today!

Increase in permanent payments.

EFFECTIVE JULY 2022 - OAS payments will be permanently increased by 10% for seniors 75 or older. This means that eligible seniors can now receive an increase of \$770.70 per year, which is higher than the previous \$642.25 in past years.

This is the first permanent increase to the OAS pension since 1973!

REDUCED GIS PAYMENTS DUE TO CERB - Many seniors who received the GIS and got CERB back in 2020 got a shock when their benefit entitlement was reduced in July 2021 because of the additional income. Seniors who applied for CERB through Service Canada, can apply to have their GIS benefit recalculated based on their current employment, self-employment, or pension income.

But it is worth noting that this re-calculation option isn't available to those who applied through the Canada Revenue Agency (CRA). This is because EI benefits - but not COVID-19 benefits - are defined as "pension" for this arrangement.

Back in December of 2021, the government announced it would make a one-time payment to help GIS recipients compensate for this financial hardship. July 2022 payments and COVID-19 benefits will also be excluded from the GIS calculation.

ADDITIONAL PROVINCIAL MEASURES - Many Canadian provinces created additional financial assistance programs for seniors, to help them through this difficult time. We recommend you review your provincial government's website to find out additional details that are relevant to you.

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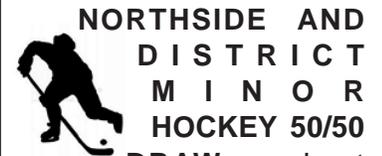
**1 Fraser Avenue
Sydney Mines
Phone 902-736-3219**

CRAFT ACTIVITIES every Thursday afternoon starting at 3:15

LEGO PLAY - every 2nd and fourth Tuesday of the month at 3:15

PLAY DOH FAMILY FUN - from 1:00 - 4:30 on Saturdays

FREE FOR THE TAKING - Large Table 6 Ft. x 3 ft. - Pick up at Sydney Mines Library



DRAW - Last week's winner of the 50/50 Draw was Vanessa Pettipas and the amount was \$13,590. Thank you for your continuing support.



BIRTHDAY WISHES

Birthday Wishes to my grandson Julian Campbell who turns 11 on Sunday, February 19th - With Love Mom, Dad, Shay, Brielle, Poppy and Nanny.

The Best of Local Talent - 24/7

www.kleeradio.com

For the latest and most comprehensive list of local events, logon to - www.musiccapebreton.com
Mike Little updates his listings each week.

Canada Housing Benefit For Renters

The one-time top-up to the Canada Housing Benefit aims to help low-income renters with the cost of renting. You may be eligible for a tax-free one-time payment of \$500 if your income and the amount that you pay on rent qualify. The program is still open, see below for deadline.

The Canada Revenue Agency (CRA) administers this one-time payment. To apply for this new federal one-time payment, you do not need to receive other housing benefits such as the Canada Housing Benefit, which is co-funded and delivered by the provinces and territories.

Applications are open until Friday, March 31, 2023

ELIGIBILITY CRITERIA - Check these boxes to see if you are eligible for the one-time top-up to the Canada Housing Benefit:

You were born on or before December 1, 2007 (at least 15 years old on December 1, 2022)

- Your principal residence was in Canada on December 1, 2022

- You were a resident of Canada in 2022 for tax purposes

- You have filed your 2021 income tax return.

- If you have a spouse or common-law partner, they have filed their 2021 income tax return or statement of income

- In 2021, you had an adjusted family net income of:

- \$35,000 or less for families - \$20,000 or less for individuals

The 2022 eligible rent that you paid was:

- paid in the 2022 calendar year

- paid for any of your qualifying principal residences in 2022

- equal to at least 30% of your 2021 adjusted family net income

Do you have CRA My Account or My Service Canada Account?

Yes - I can sign in to CRA My Account

Yes - I can sign in to My Service Canada Account

No - I need to estimate outside of My Account

You need all the above to be eligible

You must meet all the above criteria to be eligible for the one-time top-up to the Canada Housing Benefit.

GRANT'S TIMELY HOROSCOPE

Aries (March 21- April 19) - This will be a productive day for you, in large measure because your ability to communicate to bosses, parents and people in authority is smooth, strong and direct. You know what you want to get done today and you're going to do it. Furthermore, others will listen to you.

Taurus (April 20- May 20) - This is a positive day to socialize! You will enjoy fun diversions, the arts, movies, the theatre, sports and playful activities with children. Other cultures and foreign countries will appeal to you, especially their arts and crafts. You want to enjoy yourself today!

Gemini (May 21- June 20) - Today you will be happy to cocoon at home and relax among familiar surroundings. You might take a look at your assets and bills and try to straighten up some loose ends because afterwards, you can relax with a treat knowing you did some important work.

Cancer (June 21- July 22) - This is a great day to schmooze with others. Enjoy conversations with neighbours, siblings, relatives and daily contacts. You will also enjoy studying and learning something new, which is why this is a productive day for writers, teachers and editors. Salespeople are on their toes as well.

Leo (July 23- Aug. 22) - Do some serious money planning today. You don't necessarily have to create a budget; but think ahead for the coming year. Can you set aside some money for some obvious expenses you see down the road? Financial planning of any kind always helps. (Especially for big spenders.)

Virgo (Aug. 23- Sept. 22) - Today the Moon is in your sign dancing beautifully with Mercury and Venus. This makes your words sweet, smooth, charming and diplomatic. Your mind is also sharp. This wonderful combination will guarantee insightful conversations and entertaining times with others.

Libra (Sept. 23- Oct. 22) - Research of any kind will go well today because you're happy to dig deep looking for answers. Fortunately, you have the patience and the determination that are necessary to get results. Meanwhile, some of you might begin a secret flirtation or love affair? (Be still my beating heart.)

Scorpio (Oct. 23- Nov. 21) - You will enjoy conversations with friends and members of groups today because you feel witty, sharp and entertaining. (And indeed, you are!) Others will be glad to see you and hear what you have to say. Expect to hold sway, especially with groups. Speak up!

Sagittarius (Nov. 22- Dec. 21) - Financial discussions will go well today. In fact, you might have some excellent moneymaking ideas, which are worth your consideration. Please, write them down because later you might appreciate them more. If shopping, you will enjoy buying beautiful things for yourself and loved ones.

Capricorn (Dec. 22- Jan. 19) - You have a strong urge to get away from all this today. You want to break free from your routine. You always act like you're being sensible, organized and appropriate to the occasion. But sometimes, you like to run wild and crazy! This could be one of those days.

Aquarius (Jan. 20- Feb. 18) - Some quiet study and a bit of research might bode well for financial matters that you are considering, especially anything related to inheritances, shared property, insurance matters or debt. Some hidden information might be valuable. Either seek it out or listen to someone who knows.

Pisces (Feb. 19- March 20) - This is a wonderful day to schmooze with partners and close friends. You will love to socialize with friends, as well as groups, clubs and organizations. In fact, it will benefit you to share your dreams for the future with someone because their feedback might help you. (One never knows where they will hear their next hot tip.)



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 \$10 lb. with
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 pre book table
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FRIDAY NIGHT



LIVE

ENTERTAINMENT

6:00 - Close

SATURDAY

SATURDAY - Stevie's Karaoke Circus - 6:00 Close