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THIS WEEK

NORTHSIDE COMMUNITY NEWS

FREE

Vol. 13 - JANUARY 25th - 2023

- INSIDE -

	_
Leon Dubinsky	. Page 2
Cliff MacIntyre	Page 3
Paul Power	. Page 4
Old Time Radio	Page 4
Free Soduko	Page 4
Around TheTown	. Page 5
Library News	. Page 6
Tax Tips	Page 7
Pensoners News	. Page 7
Horoscope	Page 7
Crossword Puzzle	Page 8



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Thursday Nights

MONDAY, TUESDAY WEDNESDAY & THURSDAY

Noon - 10:00 pm FRIDAY & SATURDAY

Noon - Midnight

The CIRCLE

Saturday nights 7:00 pm

TARABISH TUESDAY AT 7.00 PM



THURSDAY NIGHT

736-6313

Talented Cape Bretoner Leon Dubinsky Passes at 81

One thing about getting older is that you begin to see the friends you grew up with pass away.

Last Tuesday, one of Cape Breton's talented performers, Leon Dubinsky, passed away at the age of 81.

Leon was always associated with music and as a fellow Sydney Academy student, I was entertained many times by him and his sister Sylvia while attending the Academy.

My first introduction to Leon was when he wrote the school's song, "All Hail Sydney Academy." I clearly remember him, Max MacDonald, Berkley Lamey and Ralph Dillon perfoming at Daniels on Charlotte Street as "Buddy and The Boys."

Leon also wrote the classic Cape Breton Song "Rise Again" which became a Canadian standard after the Rankin Family recorded it.

He also was a talented actor and worked in film, radio and TV, and received a Genie nomination for best supporting actor in 1987 for his role in the movie Life Classes. He was also the principal actor in the TV series, Pit Pony, which was filmed in parts of Cape Breton. Many of you will remember that TV series.

Dubinsky was also a founding member of the Rise & Follies of Cape Breton Island and for more than a decade, he was



LEON DUBINSKY

the the musical director of The Summertime Revue. In 2002, Dubinsky was honoured with a lifetime achievement award from the East Coast Music Association for his lasting influence on the music industry in Atlantic Canada. Leon was also an environmental activist who led a group known as the Save Kelly's Mountain Society, which raised concerns about potential mining or quarrying on the mountain.

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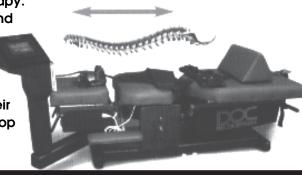
NEW DECOMPRESSION TABLE RELIEVES PAIN

Darren Strong from Strong Chiropractic, announces a new, sophisticated computerized decompression table that allows the spine to be gently stretched and relaxed for spinal decompression therapy.

The pattern of alternating pulling and relaxing creates vacuum-like pressure which allows disc material that was herniated or protruded to be pulled back in the disc over time.

Patients will notice a reduction of their pain during these treatment sessions. Stop in today and ask about the new table and how you can benefit.





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Queen's Jubilee Medal Presented



Cliff MacIntyre, Jubilee Medal winner and MLA Fred Tilley at Branch 19 Legion, North Sydney

Cliff has been a legion member for 46 years and has supported and served veterans in our community for all of those years.

Cliff served as Zone Commander for 14 years and a full term as Cape Breton District Commander.

Cliff's commitment to the Legion and veterans is astounding.



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I've been a Frank Sinatra fan for many years now (in college I wrote my final term paper in Music Studies on Ol' Blue Eyes) and even though it's been almost 25 years since his passing Sinatra's songs captivate the world, and take us back to bygone glamorous davs of nightclubs, smoky dives, dames and martinis (but Frank's favourite drink was actually Jack Daniels on the rocks-with water) so getting to watch this DVD was something I looked forward to. It features a television special and concert from the early 1970's. "Ol' Blue Eyes is Back" was first broadcast on NBC TV on November 18, 1973, marking Frank's return to performing following his retirement in 1971. In front of a live studio audience he opened and closed the show with the song "You Will Be My Music"; in between he captivated the audience with wonderful songs such as "I Get A Kick Out Of You", "I've Got You Under My Skin", "I've Got The World On A String", "Send in the Clowns" and more. Special guest Gene Kelly also joined Frank on stage to perform a few medleys. Frank got a standing



ovation at the end of the show. Also included is "The Main Event" from Madison Square Gardens, broadcast by ABC TV in October of 1974. It wasn't a fight but sports celebrity host Howard Cosell did the introduction to what would be a total knockout of a different type; Frank hit all the right notes on some signature tunes like "The Lady Is A Tramp", "I Get A Kick Out Of You", "Autumn In New York", "I've Got You Under My Skin", "My Kind Of Town" and of course, the show-closer "My Way". This was a performance of a seasoned, mature Frank Sinatra-a man approaching 60 with nothing to prove to anyone, yet still giving 110% to his fans. He knew how to still have fun too, as audience members cut a rug in the aisles to the song "Bad Bad Leroy Brown". Here's living proof that Frank Sinatra always did it his way.

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Old Time Radio Podcast Added

Our Miss Brooks is an American situation comedy starring Eve Arden as a sardonic high school English teacher.

It began as a radio show broadcast on CBS from 1948 to 1957.

When the show was adapted to television (1952-56), it became one of the medium's earliest hits.

In 1956, the sitcom was adapted for big screen in the film of the same name.

This week's episode is called "The Cow In The Closet"



BIRTHDAY WISHES

BEST WISHES to Betty Ann Richard on her birthday from Joan, Peter, Glen and Shelyse. Enjoy your day!!

KIWANIS GOLDEN K KLONDIKE 50/50

Come play our Klondike 50/50 Draw. Boxes are located in various locations around the Northside.

Draw every Thursday. For tickets call Paul at 902-577-4239.



Father Time marches on but it's sad to see you still struggling just to get up the ice on a break - maybe it's time you started thinking about coaching. Happy 40th Birthday Barry from your much younger and better conditioned hockey team players.

YOUR FREE SODUKO WEEKLY PUZZLE									
1				7	2	8			
		4			1				
				4			5	7	
	2				4				
4 5		3		1				8	
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					3	6			
3	8				5				
7		2							

AROUND THE TOWN

NORTHSIDE COMMUNITY NEWS EVENTS
GLEN GRAY - EDITOR

We had another **snow storm** but we managed to get through it without too much interruption - I hope we can keep this up for the rest of the Winter.... Cape Breton lost another one of its great musical treasures with the untimely death of **Leon Dubinsky** - he had an impact on the musical and acting venues and his tribute appears on page 2 of this edition, he is best known for his "We Rise Again" song which has become a Maritime favorite and one of my own favorite songs with the Rankin family version - Leon will be sadly missed..... Congratulations are going out to longtime Branch 19 Legion member Cliff MacIntyre who recently received the Queen's Jubilee Medal - this is a well deserved honour for a man who has contributed much to the Northside community..... Columnist Paul Power has an entertaining review of a Frank Sinatra DVD featuring many of the songs which made him famous, take a look on page 4..... and while you're there on that page, check out this week's featured Old Time Radio Podcast "Our Miss Brooks" starring Eve Arden - the podcast is available free of charge on our website - www.kleeradio.com - we will be adding a new show each week - start building your own collection..... a reminder that Johnybee's Restaurant is now open in the Northern Yacht Club, another place to go and have some lunch and free music on Wednesdays and Friday nights..... it's tax season again and we bring back our TAX TIPS column that has timely tips to help maximize your refund, check it our on page 6 of this edition.... we have received several requests to have a Horoscope feature added to our paper and you'll find one on page 7 this week..... the North Sydney Pensioners Club has a list of club activities you can attend - see page 7 for details..... also we have the free Crossword Puzzle on page 8 and a reminder that we have a free Soduko and crossword puzzle every day on our FEATURES page on our website - www.kleeradio.com - DJ Jack Cool has returned from Christmas holidays with his Late Nite Oldies show featuring the best in classic 50s, 60s and 70s olies songs.... FREE PUBLICITY for all Clubs and community organizations, simply email us with your information and we'll publish it free of charge in our weekly paper - just email us with your event information to us at our website email address - thisweek@kleeradio.com



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STORYTIME on Saturdays at 1:00 pm

FIBRE LUNCH - Thursdays from 1:00 - 3:00

BRIILIANT LAB - Feb. 11, 18th and 25th - a science adventure for kids from 10:30 - 12:00

WRITERS GROUP - meet Wednesdays from 6:00 - 8:00 and new members are welcome to attend

North Sydney Seniors & Pensioner's Club VALENTINE TEA

February is coming and love is in the air. The North Sydney Seniors and Pensioner's Club is getting ready to host cupid and a Valentine Tea on Wednesday Feb 8th from 2-4. Our guests will be honoured to be served by some "Celebrity Servers" who have 'Come From Away to be here with us.

Bring your husband, boyfriend or both-to join in the love and the laughter as you enjoy their antics, the Valentine cuisine, prizes and camaraderie with your friends and eighbours..

If you plan on attending, arrive by 2 o'clock as activities will be starting then and you won't want to miss anything.

Tickets are on sale now at the cost of 8 dollars each and they will be limited so get yours before it's too late. They may be obtained by phoning Cyril at 902 578-0878 or Clarisa at 902-919-6708 . .



THE NEED IS GREAT

- TAX TIPS 2022

Claims for COVID-related work expenses - Did you work from home at least some of the time this year? You can still claim a deduction for home office expenses.

"In 2020, eligible employees who worked remotely could deduct up to \$400 in home expenses from their taxable income, without the need to keep receipts or get a signed T2200 form from their employer. The government has promised to extend the simplified deduction through the 2022 tax year, and to increase the allowable amount to \$500."

Find out more about this deduction and other recent tax proposals: What you need to know about your 2021 income taxes

Self-employed? How much are you setting aside? - If you're self-employed, no one is deducting taxes from your income—it's your responsibility to allocate funds to cover your tax bill.

"As a general rule, you should always set aside 25% of your income for taxes. You're taxed only on your net income, which is your total income minus all your expenses. Look for line 104 on your tax return where it says 'employment income not on a T4 slip.' This is where you report your business income."

Learn about filing taxes when you work for yourself: How to file taxes when you're self-employed

The tax deductions available for small business owners There are several business expenses that may be eligible for tax deductions, if you're a business owner. It helps to have a solid tracking system for your operating costs.

"A sole proprietorship or your share of a partnership is reported on your personal tax return—generally on form T2125 Statement of Business or Professional Activities. The statement itself gives a good sense of the types of expenses that are eligible for business expenses, but CRA also provides a good summary."





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HAPPY BIRTHDAY, to Brielle Campbell on her 14th birthday from Poppy, Nanny, Mom & Dad, Julian and Shay.



NORTHSIDE & DISTRICT MINOR **HOCKEY 50/50**

DRAW - Last week's winner of the 50/50 Draw was Denise Cann and the amount was \$13,621 Thank you for your continuing support all year long.



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For the latest and most comprehensive list of local events, logon to www.musiccapebreton.com

Mike Little updates his listings each week.

> Some stories Courtesy Of

SWING OVER THE MOUNTAIN NEWS

NORTH SYDNEY PENSIONERS CLUB EVENTS

The North Sydney Pensioners Club is off and running for the year 2023. We are busy with Darts every Wednesday evening and with Bingo on Saturday evenings.

JAN. 27 - Dance with Ernie Wells playing from 8:00 -12:00 at the cost of \$5.00.Come out for an evening of fun and socializing.



I had the great pleasure of interviewing Actress Loretta



Swit of the 70s TV s h o w M A S H w h o played Margaret Hot Lips Houlihan Loretta

has a perfume called SwitHeart perfume only available in the United States. Her latest book is SwitHeart The Watercolour Artistry & Animal Activism of Loretta Swit. For more information, please go to switheart.org. Special thanks as always to Harlan Boll, publicist, for setting up this great interview, your help is alway appreciated.

Sunday BINGO

Sydney Mines Seniors & Pensioners Club Fraser Avenue, Sydney Mines - **2:00 pm**

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MONDAY FUN NIGHT – 7 PM

45^s CARD GAME Wednesdays - 7:00 pm **SATURDAY DANCE**

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GRANT'S TIMELY HOROSCOPE

Avoid shopping or making important decisions from 8 a.m. to noon Atlantic time. After that, the moon moves from Scorpio into Sagittarius.

ARIES (MARCH 21-APRIL 19) - You're happier today! Your idealism is aroused, and you're hatching plans to travel and introduce some adventure into your life. If you need to ask for time off, you couldn't pick a better time because authority figures are favorably disposed to you now. Bonus!

TAURUS (APRIL 20-MAY 20) - This is a good day for financial negotiations, especially about inheritances, insurance issues and the wealth of someone else, especially your partner. You will be confident. Furthermore, whatever happens, you will likely come out smelling like a rose.

GEMINI (MAY 21-JUNE 20) - This is a lovely day to schmooze with partners, close friends and even members of the general public. People are warm and friendly! This is also a good day to make plans to travel with a friend or to do something that expands your world.

CANCER (JUNE 21-JULY 22) - Work-related travel is likely for some. Meanwhile, because of an inner idealism that is aroused within you, any opportunity to help someone will make you feel rewarded and gratified. This is good. Never miss an opportunity to practice a kindness.

LEO (JULY 23-AUG. 22) - This is a playful day! Accept invitations to party and schmooze. Enjoy a coffee klatch, a long lunch, playful activities with kids or a romantic date. Sports events will also appeal. Because you're concerned about the welfare of others, especially children, you will be helpful.

VIRGO (AUG. 23-SEPT. 22) - This is a lovely day to spend time at home or entertain at home. Discussions with family members will be upbeat because people are happy to see each other. You might find that someone is concerned about your welfare or perhaps you care are concerned about them?

LIBRA (SEPT. 23-OCT. 22) - You're happy today because you're in a positive frame of mind. Casual conversations with daily contacts, siblings and neighbors will be upbeat and fun! You might enjoy entertaining at home. Perhaps a friend will help you in a redecorating project.

SCORPIO (OCT. 23-NOV. 21) - This is an excellent day for business and commerce because it is possible for you to boost your income in some way. Be open to opportunities that relate to foreign countries and people from other cultures. Don't be afraid to think big.

SAGITTARIUS (NOV. 22-DEC. 21) - Today the moon is in your sign dancing beautifully with your ruler Jupiter, which is why you feel happy and upbeat! Because it's easy to feel warm and friendly with everyone, you're ready to offer emotional or physical support to anyone who needs it. (Great! This is the kind of day where you get what you give.)

CAPRICORN (DEC. 22-JAN. 19) - This is a pleasant day. You will certainly run the meeting if you are involved with others because four planets are in your sign. (Oh yes, you are calling the shots today.) Nevertheless, you will welcome an opportunity to benefit someone who is in need. You will also find this to be gratifying.

AQUARIUS (JAN. 20-FEB. 18) - Although you are happy to keep things down to a dull roar today, in fact, you prefer to work alone or behind the scenes — nevertheless, you will enjoy a heart-to-heart conversation with a female colleague. Or perhaps this person is a member of a group? You will want to discuss charitable ideas.

PISCES (FEB. 19-MARCH 20) - You make a wonderful impression on others today, which is why this is the perfect day to make your pitch and go after what you want. People see you as friendly, approachable, successful and affluent. Don't knock it. If it works, use it!

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ACROSS -

- 1) "Bride or groom?" asker
- 6) Salsa choice
- 10) Arrived
- 14) Oft-recited Christmas poet
- 15) Brilliant flash of inspiration
- 16) It's shouted on Sundays
- 17) Mail may be sent to it
- 20) Series starter
- 21) Lately developed
- 22) Arm joint
- 25) As such
- 26) It's right on a map?
- 30) Become overdone
- 32) Political prisoner

HOP ON THE ...

- 35) Wool-bearing Peruvian
- 41) Way around London

- 43) Negates
- 44) Small, flavored tablet
- 45) Person between 12 and 20
- 47) "I man with seven wives"
- 48) Stone with curved, colored bands
- 53) Sharp mountain ridge
- 56) Drum roll start
- 58) Free, as from a duty
- 63) They're vacations, sorta
- 66) Architect's molding
- 67) Management level
- 68) Word before "cotta" or "firma"
- 69) Librarian's urging
- 70) Smithsonian, e.g. (Abbr.)
- 71) Evil smile

By Lester J. White 12 16 14 15 17 20 22 25 23 31 26 29 32 33 36 38 41 42 46 56 62 63 67 68 66 70

DOWN

- 1) Boss on a shield
- 2) Mock turtle, for one
- 3) Word with "fire" or "garden"
- 4) " go bragh!"
- 5) Extend, in a way
- 6) Match head?
- 7) Checkpoint requests
- 8) Makeshift shelter
- 9) Carpenter's groove
- 10) Do a Thanksgiving duty
- 11) One spelling for a Bahrain bigwig
- 12) Peakless hills
- 13) Follow as a consequence
- 18) Demonstrate one's humanity?
- 19) Exact repro.
- 23) Ensured, as victory
- 24) Overnight-train car
- 26) Norse mythology source
- 27) Longest division of geological time (Var.)
- 28) Render speechless
- 29) Cologne that sounds improper
- 31) Long-haired mammals
- 33) Needing a doctor
- 34) Orioles are home here
- 36) Serve that's replayed
- 37) Straitlaced
- 38) Having sufficient skill
- 39) Group of zealots
- 40) Offshore, and then some
- 42) Word with "candy" or "sugar"
- 46) Has a traditional meal
- 48) Wooded recess
- 49) Speedometer or tach
- 50) Confused, but not to be confused with 40-Down
- 51) Broke, on a ranch
- 52) Efficiency symbol, in physics
- 54) Aviv, Israel
- 55) Highway ramps, often
- 57) -lock brakes
- 59) Somewhere in Genesis
- 60) Mature female horse
- 61) Funeral flames
- 62) Onetime Kremlin dweller (Var.)
- 64) "For ___ a jolly good ..."
- 65) Remnant for a house pooch