MacDONALD DENTURE CLINIC

42 FRASER AVENUE SYDNEY MINES PHONE 736-2280

G. MacDonald - DenturistBy Appointment

BADDECK PHONE 295-2516



THIS WEEK

NORTHSIDE COMMUNITY NEWS

FREE

Vol. 13 - JULY 19th - 2023

LOW PROFILE

FEATURING
KENNY WALSH
will perform at
Indian Beach
July 23rd
6:00 till 8:00 pm
Rain Date - Tues, July 25



RALPH IVEY'S

Auto Repair Ltd. and Muffler Man BRING YOUR CAR IN FOR





IF WE CAN'T DO IT - IT CAN'T BE DONE!

93 KING STREET BY THE TRACKS Bring your Vehicle in for Auto Servicing

794-7500

McCormick's TRECRATION

126 SEAVIEW DRIVE - - NORTH SYDNEY
SUMMER TIRE SALE - \$UPER \$AVINGS



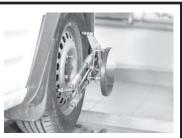
The Only Treatment
That Can Be Applied
All Year Round



MOTOR VEHICLE INSPECTION



COMPLETE BRAKE SERVICE AVAILABLE



WHEEL ALIGNMENT SPECIALISTS

OPEN MONDAY - FRIDAY 8:00 - 5:00 PM PHONE 794-4947



Heat & Serve Meals - Fresh Meal Selections - Frozen Selections Grab 'n Go Lunch Soups - Sandwiches - Salads

Ph: 217-0280

212 Commercial Street NORTH SYDNEY

Gospel Hour with Pierre Chiasson Sunday mornings 9 am - Logon to our website **www.kleeradio.com**

Royal Canadian Legion Branch 83 Florence



BINGO

starting at 7.00

TARABISH

Tuesday 7:00 p.m. Downstairs

POOL

Wednesday 7:00 p.m.
Downstairs

BINGO

Thursday, 7 pm Upstairs

WASHER TOSS

Friday 7:00 p.m. Downstairs

THE CIRCLE

Saturday 7:00 p.m **Upstairs**

The 80s Rock Band SHOTS FIRED Aug. 25 - \$10 pp - tickets available at the downstairs Bar

736-6313

Music At The Museum

The North Sydney Business Improvement Association and the Historical Society will present "2023 Music At The Museum" Outdoor Concerts.

AUGUST 18 - Collette Deveaux

SEPTEMBER 8 - R G Schaller

All Concerts will be held on The Green in front of the Library / Museum, Commercial Street, North Sydney.

All Concerts will be from 3:00 - 4:00 pm.

Ross Ferry Farm Gate

Your fresh, local Roadside Market every Sunday July 9th - October 1st.

Plus Canada Day Pop-Up Market Saturday, July 1st noon - 5:00 pm at the Ross Ferry Marine Park.

Logon to our Free Download website www.kleeradio.com and click on the "PODCAST" link and start your Free download. Check back each week as we feature a new podcast for your listening pleasure.

SUNDAY BINGO

Sydney Mines Seniors & Pensioners Club Fraser Avenue, Sydney Mines - **2:00 pm**

Toonie Jackpot \$858 +

JACKPOT \$850.00 on 53#s or less

45^s CARD GAME Wednesdays - 7:00 pm **SATURDAY DANCE**

8 - 12 - \$5.00 at Door MUSIC BY



ERNIE WELLS

MONDAY FUN NIGHT - 7 PM

If you would like to send out Birthday Greetings to a family member or friend, simply email us with the information and we'll publish it free of charge - thisweek@kleeradio.com

JAIME Battiste

Member of Parliament SYDNEY - VICTORIA

jaimebattiste.ca jaime.battiste@parl.gc.ca 207A-201 Churchill Drive Membertou, NS B1S 0H1

(902) 567-6275





Keith Bain

1415 Highway 105, Bras d'Or, NS, B1Y 2NS 902-736-0301 (Office) 902-736-0411 (Fax)

keithbainmla@bellaliant.com

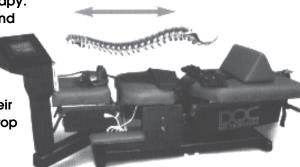
NEW DECOMPRESSION TABLE RELIEVES PAIN

Darren Strong from Strong Chiropractic, announces a new, sophisticated computerized decompression table that allows the spine to be gently stretched and relaxed for spinal decompression therapy.

The pattern of alternating pulling and relaxing creates vacuum-like pressure which allows disc material that was herniated or protruded to be pulled back in the disc over time.

Patients will notice a reduction of their pain during these treatment sessions. Stop in today and ask about the new table and how you can benefit.





793 Mahon St., New Waterford - 862-9444 224 Commercial St. North Sydney - 241-9444

LICK-A-CHICK



7 PIECE CHICKEN

Med. Fries, Medium Gravy, med. salad 3 rolls PLUS TAX **32.85**



12 PIECE CHICKEN

Large Fries, Med. Gravy, Med. Salad, 4 rolls

PLUS TAX \$47.39



18 PIECE CHICKEN

Large Fries, Med. Gravy, 2 Med. Salad, 6 rolls PLUS TAX

Located in Little Bras d'Or on Trans Canada Highway

- HOURS OF OPERATION -11:00 AM - 9:00 pm PHONE 902-736-9496

Cape
Breton
Outhouse
Tales
& Trivia



NEW BOOK

JUST PUBLISHED

GET YOUR COPY FOR

\$4.95

WED. July 19 - Zuiderdam
WED. July 19 - Zaandam
TUES. July 25 - Zuiderdam
WED. July 26 - Zaandam
TUES. Aug 1 - Zaandam
TUES. Aug 1 - Princess
WED. Aug, 9 - C. Princess
SUN. AUG. 13 - Coral Princ.
THURS. AUG 17 - Princess
THURS. AUG 27 - Viking Saturn
MON. AUG. 28 - Norweigan
TUES. AUG. 29 - Zuiderdam
TUES. AUG. 29 - Le Bellot



BIRTHDAY WISHES

Happy Belated Birthday to Kenny Power celebrating his birthday this week.From your friends, North Sydney Fire Hall.

Some stories Courtesy Of SWING OVER THE MOUNTAIN NEWS

North Sydney Fire Hall

Pierce Street, North Sydney
OPEN 7 Days a Week
From 10:00 - Midnight
THURSDAYS - Ernie,
Todd & Wade
Kitchen Open 4:30
Music 5:00 - 8:30

BRANCH 19 LEGION

Carmen Giorno is back by popular demand with a magical hypnotic experience.

Doors open at 7:00 pm with the show starting at 8:00 pm. Following the show will be a dance until 1:00 am

There are a limited number of tickets available for the show.

Tickets \$15 available now at the Legion

FREE OUTDOOR CONCERT AT INDIAN BEACH STAGE

This coming Sunday, July 23rd, "LOW PROFILE" featuring North Sydney's Kenny Walsh, will perform an Outdoor Concert from 6:00 - 8:00 pm.

The band will feature the music you grew up with. This event will be fun to the whole family, there is limited seating so take your chair with you.

The Rain Date for the Concert is Tuesday, July 25th also from 6:00 - 8:00 pm.

BRANCH 19 LEGION IS HOLDING A RAFFLE!!

1ST PRIZE \$5000, 2ND PRIZE \$2000, 3RD PRIZE \$1000, 4TH PRIZE \$500, 5TH PRIZE \$100



\$50/ Ticket - Draw Date **December 9, 2023**

There are only 500 tickets available so get your tickets early!

HAPPY HOUR EVERY FRIDAY 3 PM – 6 PM

WHAT IS IT?



1- Mullet 2 - Per Fess

3 - Passant 4 - fleur-de-lis

ANSWA - 4 Fleur-de-lis

FRED TILLEY

MLA - NORTHSIDE WESTMOUNT

Northside-Westmount Constituency Office

2 Elliot Street, Sydney Mines - Nova Scotia B1V 3G1

(902) 736-0546 mla@northsidewestmount.ca



BRANCH 008 LEGION - SYDNEY MINES

TUESDAY NIGHT BINGO - 7:30 PM JACKPOT - \$675.00 - 54#8 OR LESS

NEW HOURS - 1:00 - 12:00 - Monday - Saturday - Closed Sunday



PHONE (902) 736-3206

Take 2 PAUL POWER

Jake Gyllenhaal is probably my favourite actor, and ever since seeing him in "October Sky" in 1999 I have followed his careerand every film he's done since just reaffirms my choice. Jake's recent films have been super-intense and great examples of his acting skills; "Guilty", "Ambulance" and "Spider Man-No Way Home" are fantastic, but this year's "The Covenant" takes the cake. The film tells the true story of a US Army Master Sergeant who's life is miraculously saved by his Afghani interpreter, and how after being sent stateside to recover the sergeant is determined beyond all obstacles to go back to Afghanistan and save the interpreter and his family-who by now are at the top of the Taliban hit list. Gyllenhaal has done quite a few military and police oriented roles before, and this portrayal is his best yet. On the flip-side, I would also like to recommend a movie where Jake is the polar opposite of a hero; in



"Nightcrawler" Gyllenhaal portrays what has to be the creepiest lowlife of his career thus far. It's the story of how a petty thief in Los Angeles lucks upon a gig as a "stringer"-a freelance journalist, photographer or in this case videographer who sells footage or edited pieces to TV networks. What I also liked about this film is that it shows just how low media outlets are willing to go for ratings-"if it bleeds it leads", and the dirty underbelly of places like TMZ, and the lowlifes that run sensational media outlets. All in all, Jake Gyllenhaal has been in the 'biz' since his acting debut in the Billy Crystal film "City Slickers" in 1991, and where his mom and dad were producers/directors it seemed to make sense that his claim to fame would come from a similar place.BTW-Maggie Gyllenhaal is Jake's sister and she is a fine actor too.

Island of Cape Breton

Our island of Cape Breton is in good hands, for our policemen are vigilant, our firemen courageous, Our Doctors Compassionate,

our nurses caring,
our parents protective,
our teachers
knowledgeable,
our writers creative,
Our Clergy Humble
our politicians obliging,
our citizens friendly,
and our children
respectful.

All in All I would have to say our Island is in real good hands.

RON GILLIS - North Sydney

Breakfast Brunch

Last Sunday of every month
Big Bras d'Or Fire Hall
9:00am - 12:00pm
Sponsored by:
"Friends of the Big Bras d'Or
Fire Hall"

1390 Old Route #5, Big Bras d'O

Adults \$10.00 Children \$5.00

BIG WAVE FESTIVAL JULY 22

OLD TIME RADIO & MUSIC PODCASTS

This week's Free Podcast is from the CBS Radio Mystery Theatre (1974-1982) Produced by Himan Brown, hosted by E.G. Marshall from 1974-1981) and Tammy Grimes (1982).

This long running anthology series featured stories of mystery, horror, and suspense, sometimes drawn from literary classics. A total of 1,399 episodes were produced.

Logon to our website - www.kleeradio.com and click on the "PODCAST" link and start your Free download. Check back each week as we feature a new podcast for your listening pleasure.

NOTICE - to all Groups, Teams, Legions, Fire Halls Seniors Clubs and Community Associations - send us your event information and we will publish it free of charge in our weekly paper email your information to us at -

thisweek@kleeradio.com





KWIK KOPY Printing

CHARLOTTE STREET - SYDNEY

PHONE 562-2122

ATOMIC
Records & Collectibles
Sydney's Music & Pop Culture Store
Thousands of titles in Vinyl, CD's and Games
WE BUY RECORDS, CD'S, VIDEO GAMES & MORE
www.facebook.com/arcsydney
1290 King's Road - Suite 14 Sydney, NS B1S 1E2
(902) 567-4962



PLAYING THE MUSIC WE GREW UP WITH

New 3 piece group ready for Hire!

Only interested in Matinee style performances.

3 hours or less. If interested you can call Robert @ 322-8982 or send email:

Phantom country@hotmail.com

FLORENCE LEGION 80s DANCE BAND

Branch 83 Legion in Florence will sponsor an 80s Dance Band with stairs Bar.

"SHOTS FIRED" on Friday, Aug. 25. The price is \$10.00 per person and the tickets are available at the down-

NEED CAR DETAILING?

CALL



PHONE 902-371-3356

Shear Madness Hair Designs



Come Check Us Out Tues. & Wed. 9:00 - 5:00 Thursday 9:00 - 7:00 Friday 9:00 - 5:00 Saturday 900 - 4:00 T-ZONE VIBRATION AVAILABLE

HANDICAP ACCESSIBLE

363 MAIN STREET FLORENCE

OPEN **From The Sea** 7 Davs Zella's Fish & Chips A Week Lobster Roll Hot Dogs - Club & Fries Clam Strips Potato Skins - Clams Hot Turkey Hamburger SIDE **Poutine** ORDERS French Fries 127 Queen St.

SEASIDE DAYS - Dominion -July 20 - 30

LOW PROFILE - featuring Kenny Walsh - Indian Beach July 23 from 6:00 - 8:00 pm

SYDNEY MINES HERITAGE FESTIVAL - July 29 - 31

CARRIBEAN FESTIVAL -Whitney Pier - August 7th

BAY DAYS - Glace Bay -August 4 - 6

ROCK THE FIDDLE - Sydney Waterfront - Aug. 10 - 12

C B EXHIBITION - North Sydney - August 15 - 19

MOBILITY CUP - North Sydney - Aug. 27 - Aug. 30

CELTIC COLOURS - Cape Breton Wide - October 7 - 15

KIWANIS GOLDEN K KLONDIKE 50/50

Come play our Klondike 50/50 Draw. Boxes are located in various locations around the Northside.

Draw every Thursday. For tickets call Paul at 902-577-4239.

PARK FUN DAY

The Hills of Boisdale Association in conjunction with "Come The Blazes Home to RT.223 in '23."

We will be hosting a Park Fun Day in Boisdale at the "Park 223" on Saturday, July 29 from 1:00 - 4:00 pm during the 3 week event along the 223. (rain date Sunday)

Kids event include kick ball, treasure hunt, 3 leg races, duck races and basketball throws, flea market, bake table, 50/50, plant sale and barbecue.

See you there



The Summer Reading Program is now available at the North Sydney and Sydney Mines Libraries, visit them to get the details on this enjoyable Summer activity

FREE PUBLICITY

Community Groups & Clubs

thisweek@kleeradio.com



NORTH SYDNEY - 241-3200

LOBSTER & SNOW CRAB



KAYLA CELL - 902-577-7357 brogansoffice@gmail.com



Guaranteed Quality Lobster - Open May 5th - July15th LOCATED AT 127 Queen St., North Sydney

Videotapes wear out so save your precious memories before it's too late!

We offer Professional transfers from tape to DVD using Pro Equipment-not home video gear. We can transfer to flashdrives

We can transfer VHS, 8mm and Mini DV tapes at great prices! We also do audio cassettes to CD Phone 902 736 9402 (Paul)





NORTH SYDNEY LIBRARY

SUMMER READING PRO-GRAM has begun June 24th - READING come in for information.



STORYTIME PROGRAM will return in September.

FIBRE LUNCH - Thursdays from 1:00 - 3:00

ONGOING BOOK SALE & CDs - Great selection for Spring Reading.

WRITERS GROUP - July 26th, 6:00 pm, all writers are invited to attend.

THURSDAY, AUGUST 17 -PARKS CANADA - will offer an engaging and informative presentation about Archaeology at the Fortress of Louisbourg and how they date Pottery using seriation. All are welcome



FISHING TIDE CHART

It's fishing season again here's the weekly Tide Chart. 2 High Tides each day

WEDNESDAY - JULY 19

10:02 am - 10:57 pm

THURSDAY - JULY 20

10:39 am - 11:30 pm

FRIDAY - JULY 21

11:16 am - .003 am

SATURDAY - JULY 22

003 am - 11:53 am

SUNDAY - JULY 23

10:36 am - 12:30 pm

MONDAY - JULY 24

1:10 am - 1:12 pm

TUESDAY - JULY 25

1:46 am - 1:59 pm



AROUND THE TOWN

NORTHSIDE COMMUNITY NEWS EVENTS GLEN GRAY - EDITOR

Wow, it's already the middle of July and the Summer seems to be slipping along quickly - the weather has warmed up considerably and the mackerel are plentiful but small this year, so far..... MUSIC AT THE MUSEUM has already had an outdoor concert and two more are planned at the Library grounds on August 18 and September 8 - see page 2 for performer details.... Kenny Walsh has a new band "LOW PROFILE" and they will be performing an outdoor free concert at Indian Beach on July 23 starting at 6:00 pm - a great way to spend a Summer Sunday evening..... Branch 19 Legion in North Sydney will sponsor a magic and hypnosis show "The Carmen Giorono Experience" and the show stars at 8 PM and is followed by a Dance.... PAUL POWER has a review of actor JAKE GYLLENHAAL in this week's column.... North Sydney poet RON GILLIS has an other selection for us this week all about our wonderful Island, on page 4 This week's FREE PODCAST is from the CBS Radio Mystery Theatre and is hosted by E. G. Marshall - logon to our website - www.kleeradio.com - and click on the PODCAST link to get your Free download..... we include an "UPCOMING EVENTS" column that features events, concerts and entertainment shows - use it to plan your Summer Fun The Hills of Boisdale Association in conjunction with "Come The Blazes Home to RT.223 in '23." will be hosting a PARK FUN DAY in Boisdale at the "Park 223" on Saturday, July 29 from 1:00 - 4:00 pm - Kids events include kick ball, treasure hunt, 3 leg races, duck races and basketball throws, flea market, bake table, 50/50, plant sale and barbecue..... be sure to check out the SYDNEY MINES HERITAGE FESTIVAL schedule of great local entertainment and fun activities planned..... if you're planning some Summer painting, see the ad for R & J HARDWARE in this issue - Benjamin Moore paint has 25% off this week only... FREE PUBLICITY for all Clubs and community organizations, simply email us with your information and we'll publish it free of charge in our weekly paper - just email us with your event information to us at our website - the email address is - thisweek@kleeradio.com



K-LEE RADIO has over 100 Free Podcasts that you can download including Old Time Radio Shows, Free music concerts, Cape Breton and Oldies Podcasts.

PODCAST www.kleeradio.com

H&R BLOCK

PROFESSIONALS

222 Commercial Street - North Sydney - B2A 1B7

902 - 794-7117 - FAX 902-241-3088 sharon.matthews@hrblock.ca DROP OFF & ONLINE SERVICE AVAILABLE

SYDNEY MINES LIBRARY



1 FRASER AVENUE SYDNEY MINES **UPCOMING PROGRAMS**

Thurs. Jul. 27 @ 2:30 Ages 7 and up - Bingo For Kids -Tues. Aug. 8 @2:30 Ages 5 and up - Diamond Painting Tues. Aug. 15 @ 2:30 Ages 5 and up - Glitter Slime Making

Space is limited and they must register for the programs by dropping in or by phoning 902-736-3219.

Registration is still open for Summer Reading Program and there are many prizes to be won.

45s Weekly Card Game

Still going strong, Bras d'Or Seniors and Pensioners weekly 45's card games.

Thursdays 7:30....9 ways to win. A great fun night out. 66 Main St. Bras d'Or.on page 7 - there are three days of fun activities and lots of musical talent



NORTH SYDNEY URGENT CARE CENTRE HOURS Monday. Tuesday and Thursday 8 am - 7:30 pm Wednesday and Saturday 9 am - 4:30





All the events at Sydney Mines & District Community Center 147 Legatto Street Sydney Mines

HERITAGE FESTIVAL 2023 JULY 28 - 29 - 30 - SYDNEY MINES

FRIDAY, JULY 28

4 - 10 pm - Welcome Ceremony - Music Kicks Off!

ALL WEEKEND - Kids Fun Day and tour of Fossil Centre sponsored by Sydney Mines Heritage Museum & Fossil Centre

ALL WEEKEND - Melissa's Caricatures - Discounted Rates for Kids

- 4 8 pm Colburnes Fry Truck - FREE
- 4 8 pm Bounce House Fun Provided by Duke's Place
- 4 8 Cape Breton Regional Police Display

ARTIST LINEUP

4 - 5 PM - Welcome

Ceremony - Piper Denise MacDonald

- 5 6 PM Scarlett Blind
- 6 7 PM The Feisty Fiddlers
- 8 10 Full Circle

SATURDAY, JULY 29

- 9 AM Johnny Miles Race -Opening Ceremony starts at Johnny Miles Monument
- 2 5 PM Family Barbeque hosted by MLA Fred Tilley
- 4 PM Live Music on the Outdoor Stage - see Artists Lineup & times
- 4 PM The Northside Boys Display

ALL WEEKEND - Shelly Bond - Face Painting For Kids

ALL WEEKEND - Food Trucks & Vendors

ARTIST LINEUP

- 4 5 PM Dylan Devoe
- 5 6 PM Ryan Rideout
- 6 7 PM D & R Dancers
- 7 8 PM Andrew Doyle
- 8 10 PM The Black Kats

SUNDAY, JULY 30

ALL WEEKEND - Vendor Village - stop by and check out what they have

ALL WEEKEND - Fish Pond For Kids

- 4 10 PM Live Music on the Outdoor Stage - see Artist Lineups and Times
- 4 8 PM Bounce House Fun - Provided by Duke's Place

ALL WEEKEND - Walk Around Mascots

ARTIST LINEUP

- 4 5 PM Robbie Hancock
- 5 6 PM Dane Pedersen
- 6 7 Miners Song and Intermission
- 7 8 PM Angela Ianetti & Her Buddies
- 8 10 P. H. D.

EVENTS ARE SUBJECT TO CHANGE DUE TO WEATHER CONDITIONS

SPONSORS: Aerus Sydney, Autosonic, Bette's Kitchen, Black Spoon Bistro, Burton's Flooring, Cape Breton Regional Police, CBRM Public Works, CBRM Recreation, Coastal Radio - Bill Bradley, Councillor Cyril MacDonald, Councillor Gordon MacDonald, Duke's Place Pub & Grill, Ebbies, MLA Fred Tilley, MP Jaime Battiste, J R Raheys Furniture & Appliances, Knights of Columbus Sydney Mines, MacDougall's Insurance, MacIntyre Timber Mart Hardware, MacRae Home Hardware, Miners Daughter Restaurant & Bakery, NEDAC - Gordon McGean, Princess Credit Union, Royal Canadian Legion Branch 008, Sam's Auto Glass, Shoppers Drug Mart, SOBEYS North Sydney, Strong Chiropractic, SuperValu - North Sydney, Sugar Dish Day Spa, Tim Hortons - Karen Hatcher, Sydney Mines Volunteer Fire Department, Sydney Mines & District Community Centre, Sydney Mines & District Little Leaue



95 MEMORIAL DRIVE **NORTH SYDNEY** INDUSTRIAL PARK





II This We

Over Stocked Windows



PHONE 902-794-2236

2 ELLIOT STREET - SYDNEY MINES - PH: 241-2383

We book for Private Parties, Birthdays, Benefit Dances

URSDAY



Fully Licenced Patio is now Open

BEST TRIVIA ON THE ISLAND 6:00 - 11:00

STEVIE'S

6:00 - 2:00 AM





6:00 pm2:00 an

