

MacDONALD DENTURE CLINIC

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 PHONE
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G. MacDonald - Denturist
 By Appointment

HIGH STREET
 BADDECK
 PHONE
 295-2516



FREE

THIS WEEK

NORTHSIDE COMMUNITY NEWS

FREE

Vol. 13 - MARCH 22nd - 2023



HAPPY SPRING
 MARCH 20th



RALPH IVEY'S

Auto Repair Ltd. and Muffler Man

BRING YOUR CAR IN FOR
 ALL YOUR SERVICING



IF WE CAN'T DO IT - IT CAN'T BE DONE!

93 KING STREET
 BY THE TRACKS

Bring your Vehicle in
 for Auto Servicing

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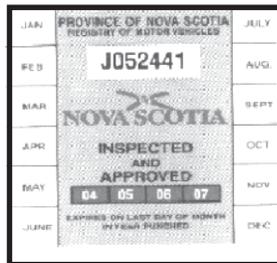


126 SEAVIEW DRIVE -- NORTH SYDNEY

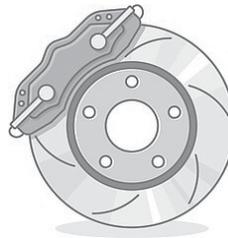
WINTER TIRE SALE - \$UPER \$AVINGS



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Soups - Sandwiches - Salads
Ph: 217-0280

212 Commercial Street
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Gospel Hour with Pierre Chiasson Sunday mornings 9 am - Logon to our website www.kleeradio.com

Royal Canadian Legion
Branch 83 Florence



BINGO

starting at 7.00

Thursday Nights

MONDAY, TUESDAY
WEDNESDAY &
THURSDAY

Noon - 10:00 pm
FRIDAY & SATURDAY
Noon - Midnight

The CIRCLE

Saturday nights
7:00 pm

TARABISH
TUESDAY AT 7.00 PM



THURSDAY NIGHT

736-6313

JOB FAIR

Northside Job Fair is taking place on THURSDAY, MARCH 30TH 10:00 AM TO 2:00 PM Main Entrance Common Area North Sydney Mall

LEGION ELECTION



MARCH 23/23

ELECTION OF 1ST VICE PRESIDENT, SECRETARY, 1 EXECUTIVE MEMBER

1 CANDIDATE FOR THE PROVINCIAL CONVENTION

RCL BRETON BRANCH 008



BIRTHDAY WISHES

Belated Happy Birthday Wishes go out to Betty Ann Richard celebrating her birthday last week, from your "Twisted Sisters."

TAX TIPS - PAGE 6

KIWANIS GOLDEN K KLONDIKE 50/50

Come play our Klondike 50/50 Draw. Boxes are located in various locations around the Northside.

Draw every Thursday. For tickets call Paul at 902-577-4239.

Some stories Courtesy Of
SWING OVER THE MOUNTAIN NEWS

BARTENDER REQUIRED



34 hours rotating shifts - 1:00 pm to Midnight.
34 hours per shedule weekly - wages \$14.50 per hour.

Experience preferred but not essential, training provided.

Resume to be dropped at R.C.L. Branch 008 on or before March 10/23 in an envelope addressed to the Bar Committee

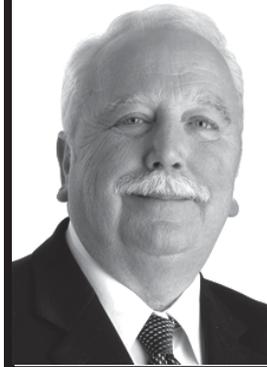
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SYDNEY - VICTORIA

jaimebattiste.ca
jaime.battiste@parl.gc.ca

207A-201 Churchill Drive
Membertou, NS B1S 0H1

(902) 567-6275



Keith Bain

1415 Highway 105, Bras d'Or, NS, B1Y 2N5

902-736-0301 (Office)

902-736-0411 (Fax)

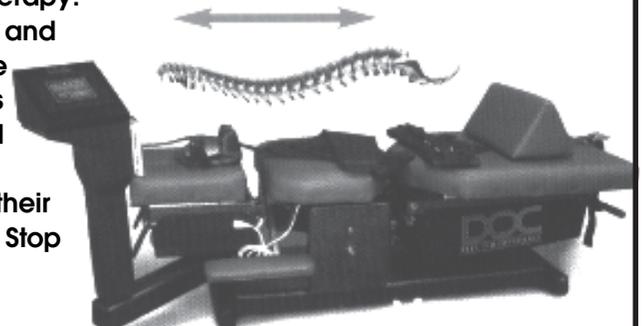
keithbainmla@bellaliant.com

NEW DECOMPRESSION TABLE RELIEVES PAIN

Darren Strong from Strong Chiropractic, announces a new, sophisticated computerized decompression table that allows the spine to be gently stretched and relaxed for spinal decompression therapy.

The pattern of alternating pulling and relaxing creates vacuum-like pressure which allows disc material that was herniated or protruded to be pulled back in the disc over time.

Patients will notice a reduction of their pain during these treatment sessions. Stop in today and ask about the new table and how you can benefit.



A&K
LICK-A-CHICK

7 PIECE CHICKEN
Med. Fries, Medium Gravy, med. salad
3 rolls **\$32.85**
PLUS TAX

12 PIECE CHICKEN
Large Fries, Med. Gravy, Med. Salad,
4 rolls **\$47.39**
PLUS TAX

18 PIECE CHICKEN
Large Fries, Med. Gravy, 2 Med. Salad,
6 rolls **\$58.65**
PLUS TAX

Located in Little Bras
d'Or on Trans Canada
Highway

- HOURS OF OPERATION -
11:00 AM - 9:00 pm
PHONE
902-736-9496

 **Branch 19 Legion
NORTH SYDNEY
General Meeting**

NEXT MEETING of the General membership will be held on Wednesday, March 22nd at 7:00 p.m.

Check out Johnnybee's Restaurant Weekly Specials & Live Entertainment - see ad on page 5

Homemade Quilt Draw

St Matthew Wesley United Church, North Sydney is selling tickets on a home made king size quilt, double pinwheel pattern, navy blue and blue print.

To purchase tickets please contact Maureen at 902-544-1233. Tickets 3 for \$5.00. Draw date April 3rd, just in time for a wonderful Easter present.

**Veterans Bench Coming
To Branch 19 Legion
In North Sydney**

On Tuesday, March 28th from 5:30 pm - 7:00 pm, Colin Seymour from Port aux Basques will be bringing his Veterans Memorial Bench to Branch 19

Collin has collected over 600 names from veterans, members, and family members of the fallen and those no longer with us.

Please join us at the branch to hear Colin's story and sign the bench on behalf of yourself or loved one.



FLORENCE LEGION
Saturday, April 1st
10:00 - 1:00 pm
Tables \$10 each - 2 for \$15
Contact
SHARON 736-2452
OR ANN 736-9740



FRED TILLEY
MLA - NORTHSIDE
WESTMOUNT
Northside-Westmount
Constituency Office
2 Eliot Street, Sydney
Mines - Nova Scotia
B1V 3G1
(902) 736-0546
mia@northsidewestmount.ca

SPRING HAS SPRUNG!!

**Seniors Luncheons
Guest Speakers**

Free Guest Speaker Luncheons 2023. A light lunch will follow and all will take place at the Big Bras d'Or Hall on Fridays from 10:00 - 12:00.

MARCH 31 - Presentation by Victoria County RCMP.

Email or call to register.
deniseoake@hotmail.com
674-2636 and 577-4340

North Sydney Fire Hall

Pierce Street North Sydney

OPEN 7 Days a Week
From 10:00 - Midnight
**THURSDAYS - Ernie,
Todd & Wade**

Kitchen Open 4:30
Music 5:00 - 8:30
APRIL 17 - Good
Friday - Fish & Chips
Eat In, Take Out
or Delivery
12:00 - 6:00 pm
\$15.00

Sunday BINGO

Sydney Mines Seniors & Pensioners Club Fraser Avenue, Sydney Mines - **2:00 pm**

**Toonie Jackpot \$396 +
JACKPOT \$600.00**
on 50#s or less

MONDAY FUN NIGHT - 7 PM

45^S CARD GAME

Wednesdays - 7:00 pm
SATURDAY DANCE

8:00 - 12:00 - \$5.00

Music By

**Paul Woodfine
& Backroads**

NORTHSIDE AND DISTRICT MINOR HOCKEY
50/50 DRAW - Last week's winner of the 50/50 Draw was Cathy Pye and the amount - \$13,201. Thank you for your support.

BRANCH 008 LEGION - SYDNEY MINES

Tuesday Night Bingo - 7:30 pm - JACKPOT - \$575.00 - 52#s or less

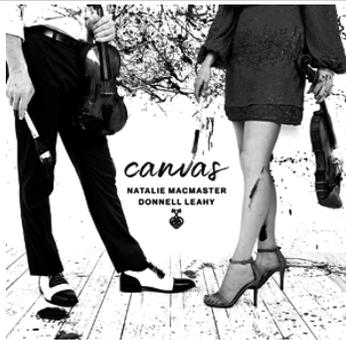
MARCH 23 - 23 - ELECTION OF 1ST VICE PRESIDENT - SECRETARY, 1 EXECUTIVE MEMBER, 1 DELEGATE FOR THE PROVINCIAL CONVENTION



PHONE (902) 736-3206



For the most part when folks around this Island hear the name Natalie MacMaster they think of the whirling dervish with the flowing locks who completely commands the fiddle and the stage at the same time; with lots of hard work, extensive touring, determination, a genuine appreciation for her fans, and a down to earth/down home personality Natalie became a fiddling legend both here, and abroad. As the years went by Natalie and husband Donnell Leahy's status grew and so did their family, with 7 musically gifted children. I have to admit something: I am not much of a fan of Cape Breton style fiddling, and I do know that we have a lot of incredibly talented fiddlers here-but it's not my cup of tea. I do however like Leahy's fiddling style, which is predominately rooted in Celtic and Country music. It must be a hard decision for Celtic fiddlers to make; do they stay the musical course they're on or do they explore new musical territories? Well, this is Natalie's third album



("Canvas") with Donnell and to be honest-they've hit a home run. For instance the track "Colour Theory" (featuring Brian Finnegan on tin whistle and flute) is a great tune that has an Irish influence, with daughter Mary Francis Leahy on piano. Other standout tracks include the fiery instrumentals "Galicia", a modern day Don Messer-style "Choo Choo", and the J Scott Skinner penned "East Neuk of Fife" and the hauntingly beautiful "The Laird O' Bemersyde" are amazing. There are traditional influences here, but the album also has an international flavour on a number of the tracks. Guest appearances also include Rhiannon Giddens on "Woman of the House", Yo-Yo Ma on "So You Love" and Robyn Cunningham on "Wish You Were Near". I honestly didn't know what to expect from this album but I will say that it offers the listener lots of variety from track to track; it is indeed a multi-coloured musical canvas.

Old Time Radio And Music Podcasts

This week's Old Time Radio Podcast is "The Whistler" and is available for download from ir website

"The Whistler" was an American radio program running for a total of 13 years from May 16, 1942 until September 22, 1955. It was one of the most popular mystery drama's of its' time. Signal Oil Company sponsored the program. The marketing catch phrase was: "Let that whistle be your signal for the Signal Oil program, The Whistler."



During the first two years of the show J. Donald Wilson was the writer and producer. During 1944 producer and director George Allen took over. Other directors included Sterling Tracy and Sherman Marks with final scripts by Joel Malone and Harold Swanton. 692 total episodes were produced. Over 200 of those episodes can not be found and are no longer in existence.

Episodes of The Whistler began with the ominous narration: I am the Whistler, and I know many things, for I walk by night. I know many strange tales, many secrets hidden in the hearts of men and women who have stepped into the shadows. I know the nameless terrors of which they dare not speak.

Logon to our website - www.kleeradio.com - and click on the "PODCAST" link and start collecting your free copies.

If you would like to send out Birthday Greetings to a family member or friend, simply email us with the information and we'll publish it free of charge - thisweek@kleeradio.com

UNDERGROUND

2 ELIOT STREET - SYDNEY MINES



Appearing on
Friday, April 14
from
8:00 - 11:00
CANADIAN
PLAYBOYS

UPCOMING EVENTS

Appearing on
Friday, April 28
from
10:00 - 2:00 am
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NORTH SYDNEY

AROUND THE TOWN
 NORTHSIDE COMMUNITY NEWS EVENTS
 GLEN GRAY - EDITOR

St. Patrick's Day has come and gone, along with the "Ides Of March" - I spent the afternoon with the residents of the Richard Hines Manor in Sydney enjoying some Irish music, some laughter and Trivia Draws - the show was recorded as a **Podcast** and is available from our website - www.kleeradio.com - for download - click on the "**PODCAST**" link..... Spring is finally here on March 20 and along with Daylight Savings time, we are slowly shedding the mantle of Winter - for sure we'll get more snow before it's over but it's "**downhill all the way**" until the fishing season opens... **Branch 008 Legion** in Sydney Mines in holding and important **Election** on March 23rd for Executive positions and delegate members - see page 2 for details..... The branch is also looking for a **Bartender** and you can get the contact information from the announcement on page 2 as well.... The North Sydney Kiwanis Club features a **weekly 50/50 Draw** every Thursday, tickets are available from various locations around town the **Bras d'Or Seniors Club** are sponsoring Guest Speaker Luncheons and the contact information is available on page 3 of this edition..... **St Matthew Wesley United Church**, North Sydney is selling tickets on a home made king size quilt and the draw date is April 3rd..... **Paul Power** has another "Take 2" column this week featuring Natalie MacMaster ... Each week **K-LEE RADIO** posts an Old Time Radio Podcast that you can download from their website and this week's entry is a thriller "**The Whistler**" - see the story on page 4 for details.... It's Tax time once again and we feature a **TAX TIPS** columns to help you maximize your deductions for the current tax year - see page 6 for additional information..... the Canada Housing Benefit for renters is **still available** until the end of the month - get your \$500 grant before the deadline expires - **March 31st**..... We have another "**Grant's Timely Horoscope**" on page 7 - see what's in store for you this week.... **FLEA MARKET** - at Florence Legion will be held on Saturday, April 1st, 10:00 - 1:00 pm - Tables \$10 each - 2 for \$15 - Contact SHARON 736-2452 OR ANN 736-9740.... **Good Friday** is coming and the North Sydney Fire Hall is sponsoring a **Good Friday Fish & Chips**, Eat In, Take Out or Delivery - 12:00 - 6:00 pm - \$15.00.... **FREE PUBLICITY** for all Clubs and community organizations, simply email us with your information and we'll publish it free of charge in our weekly paper - just email us with your event information to us at our website - email address - thisweek@kleeradio.com

JOHNNYBEE'S RESTAURANT

Located at
NORTHERN YACHT CLUB
 27 Seaview Drive - NORTH SYDNEY



Fish Cakes & Beans Supper

Sunday - 4:00 pm - closing

Wing Wednesday - \$10 / Dozen

Check Entertainment Schedule Below

FOLLOW JOHNNYBEE'S



ON FACEBOOK FOR NEW SPECIALS

- ENTERTAINMENT -

Wednesday Evening

6:00 - 8:00 pm

Danny MacCarthy



Friday Evening

6:00 - 9:00 pm

ROY DAWSON

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We can transfer VHS, 8mm and Mini DV tapes at great prices! We also do audio cassettes to CD Phone 902 736 9402 (Paul)



NORTH SYDNEY LIBRARY

STORYTIME on Saturdays at 1:00 pm

FIBRE LUNCH - Thursdays from 1:00 - 3:00

HOME SCHOOLED STUDENTS - meet most Tuesdays, with parents, at 1:00 pm.

WRITERS GROUP - meet Wednesdays from 6:00 - 8:00 and new members are welcome to attend.

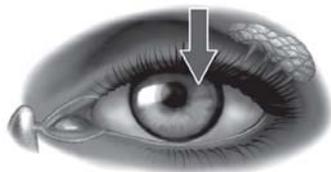
BABIES & BOOKS - starting March 21st from 10 - 11 for 4 Tuesdays.

ONGOING BOOK SALE & CDs - Great selection for Spring Reading.

K-LEE RADIO has begun its 13th year of broadcasting in 2023 bringing you the very best in Cape Breton & Celtic music 24 hours a day, 7 days a week from beautiful Cape Breton Island. Join us and listen to us at this web address -

www.kleeradio.com

WHAT IS IT?



- 1 - Optic Nerve 2 - Cornea
- 3 - Pupil 4 - Iris

ANSWER - 4 IRIS



**JACK COOL
OLDIES
SHOW
Friday at
9:00 pm**

ITEMS FOR SALE

Double reversible comforter in excellent condition for a double bed, brwn with white stripes, asking \$50.00.

Double velour blanket, red in color, never used, \$25.00.

Mens grey vest, never worn in excellent condition, \$40.00. Phone 902-578-3621

- TAX TIPS 2022 -

DISABILITY TAX CREDITS

Living with a disability, whether mental or physical, can greatly affect your day-to-day life – especially financially. Often, disabled taxpayers have some unavoidable additional expenses that others don't have to face, and they can quickly add up. To offset these additional costs, Canadians with disabilities are offered some additional tax credits and deductions.

But what exactly are these tax benefits and how can you claim them come filing time?

WHAT IS THE DISABILITY TAX CREDIT? - Perhaps one of the most important credits for those living with a disability is the Disability tax credit (DTC) – a non-refundable tax credit that reduces the taxes owing by Canadians with severe and prolonged physical or mental impairments.

But why is it one of the most important? Because being eligible for the DTC not only allows you to claim a federal maximum of \$8,662 plus an additional supplement of up to \$5,053 for those under the age of 18 (for 2021), but it can open the door to other federal, provincial, or territorial programs. These include the disability component of the Canada workers benefit and the child disability benefit.

It also opens the door to the registered disability savings plan (RDSP). This tax-free savings plan is designed to help you prepare for the long-term financial security of someone who's eligible for the DTC. As of 2021, if the beneficiary becomes ineligible for the DTC, there's no longer a time limit for how long their RDSP will remain open.

If you're eligible for the federal DTC you can also claim the corresponding provincial/territorial tax credit. If you didn't claim these on previous returns, you can request an adjustment for up to 10 years.

In order to qualify for the DTC, you'll have to have a medical practitioner complete the Form T2201, Disability Tax Credit Certificate, certifying that you have an impairment and describing its effects on your life.

Keep in mind that you can claim the DTC amounts for yourself or a dependant with a disability. If you don't need the full credit to bring your tax owing to zero, you can also transfer it to your spouse or common-law partner, or another supporting person.

DISABILITY MEDICAL EXPENSES - In addition to the DTC, you're also able to claim medical expenses for certain medicines, devices and treatments. This includes expenses associated with having a service animal, accessible computer software, changes you made to your home or car to make it more accessible and also sign-language interpretation services.

TAX PROFESSIONALS

222 Commercial Street - North Sydney - B2A 1B7

902 - 794-7117 - FAX 902-241-3088

sharon.matthews@hrblock.ca

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**1 FRASER AVENUE
SYDNEY MINES
PHONE 902-736-3219**



Craft Table Available with Legos, Play Doh, Crafts, Board Games - is available all week for children's participation.

Florence Library Survey

The Library values your feedback. Please take our short survey and let us

know how we can best serve you, your family, and your community.

In order to continuously improve the Library's services, we are gathering input from our patrons and the communities we serve. All responses are completely anonymous. To take the survey, ask the staff for a print copy or visit -

www.cbri.ca/florence-library-survey

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For the latest and most comprehensive list of local events, logon to - www.musiccapebreton.com Mike Little updates his listings each week.

Canada Housing Benefit Deadline

If you are a renter, you may qualify for this federal government \$500 Benefit. It is for low income renters and the deadline is March 31st. Get your application in before this deadline to ensure you get the \$500.

The one-time top-up to the Canada Housing Benefit aims to help low-income renters with the cost of renting. You may be eligible for a tax-free one-time payment of \$500 if your income and the amount that you pay on rent qualify. The program is still open.

The Canada Revenue Agency (CRA) administers this one-time payment.

To apply for this new federal one-time payment, you do not need to receive other housing benefits such as the Canada Housing Benefit, which is co-funded and delivered by the provinces and territories.

Applications are open until Friday, March 31, 2023



Community Interview With Jack Cool

I had the great pleasure of doing an amazing interview with Mary McCory. She has been on the radio nearly 72 years - longer than any other radio person. Mary McCoy landed her dream job when she was just 12 years old.



More than seven decades later, she has earned the Guinness World Record for longest-serving female Radio person she has shared the stage with singers like Jim Reeves & Elvis Presley. Mary McCoy is 85 years old and showing no signs of slowing down. God bless you Mary, I hope you have many more fantastic years on the air because, as I stated in my interview with Mary, if you find a job you love, you never have to work a day in your life.

If you would like to hear my interview with Mary email me jackcool@mail.com

GRANT'S TIMELY HOROSCOPE

Aries (March 21- April 19) - Interactions with friends and groups will be rewarding and upbeat; nevertheless, there will be a surprise. You might meet someone unusual or someone might catch you off guard. Trust your research and innovative ideas today.

Taurus (April 20- May 20) - Although relations with bosses, parents and people in authority will be positive today; at the same time, you might be caught off guard, or they might surprise you. Know this. Meanwhile, someone younger than you might have a clever idea worth your consideration.

Gemini (May 21- June 20) - Travel plans might suddenly change today. Be smart and check details. Give yourself extra time to deal with the unexpected. Meanwhile, bosses and people in authority might have solutions to an ongoing problem. This could involve dealing with another country or someone different.

Cancer (June 21- July 22) - Double check financial situations related to inheritances, shared property, taxes, debt and insurance matters because something might catch you unawares today. You snooze; you lose. Meanwhile, an innovative idea related to medicine or the law might occur to you.

Leo (July 23- Aug. 22) - Someone will surprise you today, perhaps a close friend or a partner. Nevertheless, it's a feel-good day and you will enjoy schmoozing with others. Listen to suggestions from others because they might have a good financial tip for you. Meanwhile, bosses are impressed with you! (That's always good.)

Virgo (Aug. 23- Sept. 22) - You feel strong and vigorous today; nevertheless, your work routine will be interrupted. Regardless of what happens, your best option today is to work with groups. Meanwhile, someone close to you might have an interesting suggestion that could be an improvement for something, especially if it relates to secrets, manufacturing and production, television and the media.

Libra (Sept. 23- Oct. 22) - Parents should be vigilant about their kids today to avoid accidents. (Know where they are and what they're doing, especially toddlers.) Meanwhile, social plans might suddenly change. You will enjoy group settings or meeting the gang at Happy Hour. This is also a productive day at work for you and for your health.

Scorpio (Oct. 23- Nov. 21) - This is a tricky day! Although you might want to entertain at home today; nevertheless, unexpected events or surprises might occur to change your home routine. Be prepared! Fun gatherings will nevertheless be upbeat and rewarding, especially with younger people.

Sagittarius (Nov. 22- Dec. 21) - Today is a changing landscape. You're full of inventive, creative ideas. Be aware that your plans might change, so stay light on your feet. You will enjoy schmoozing with others. Meanwhile, home repairs, especially to bathrooms, plumbing, garbage and recycling areas will go well.

Capricorn (Dec. 22- Jan. 19) - Keep an eye on your money today. You might find money; you might lose money. Similarly, protect your possessions. Meanwhile, you're full of clever, innovative ideas today, which will no doubt impress someone. In part, this is because you can see the subtext or the bottom line of something.

Aquarius (Jan. 20- Feb. 18) - This is a restless day for you. You will enjoy socializing with others, and yet, you feel you have to be on the move. Your daily plans might change. Meanwhile, you have clever moneymaking ideas! You might see an entirely new approach to something - start fresh from the bottom up!

Pisces (Feb. 19- March 20) - Mercury is about to leave your sign today; but before it does, it will make a strong statement with Pluto, which will spur you to think deeply and in a penetrating way about many things. Therefore, respect your ideas today. Likewise, others will listen to you and be impressed by what you say. You might have moneymaking ideas worth consideration.



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for every 5 Gallons
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purchased get a
Free Paint Brush**



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UNDERGROUND

2 ELIOT STREET - SYDNEY MINES - PH: 241-2383

We book for Private Parties, Birthdays, Benefit Dances

**UPCOMING
EVENTS**

FRIDAY, APRIL 14
Canadian Playboys
8:00 - 11:00

FRIDAY, APRIL 28
BOBCAYGEON
A Tragically Hip Tribute
10:00 - 2:00 am
See Photos page 4

WEDNESDAY
Chicken Wing
Wednesday
\$10 lb. with
beverage
Purchase
6:00 - 10:00

THURSDAY
Best Trivia On
The Island
pre book table
\$5.00 Cover
Food & Drink
Specials
Starts at 7:00

FRIDAY NIGHT



LIVE
ENTERTAINMENT
6:00 - Close
SATURDAY

SATURDAY - Stevie's Karaoke Circus - 6:00 Close