

MacDONALD DENTURE CLINIC

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SYDNEY MINES
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G. MacDonald - Denturist
By Appointment

HIGH STREET
BADDECK
PHONE
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FREE

THIS WEEK

NORTHSIDE COMMUNITY NEWS

FREE

Vol. 13 - MARCH 29th - 2023



HAVE A SAFE AND
HAPPY EASTER



RALPH IVEY'S

Auto Repair Ltd. and Muffler Man

BRING YOUR CAR IN FOR
ALL YOUR SERVICING

IF WE CAN'T DO IT - IT CAN'T BE DONE!

93 KING STREET
BY THE TRACKS

Bring your Vehicle in
for Auto Servicing

794-7500



McCormick's

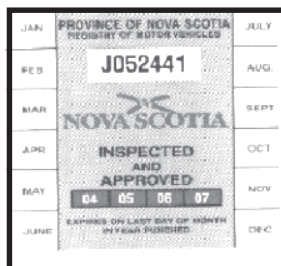
TIRECRAFT

126 SEAVIEW DRIVE - - NORTH SYDNEY

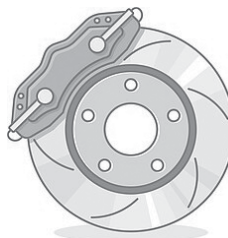
WINTER TIRE SALE - \$UPER \$AVINGS

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Food shoppe
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Selections - Frozen Selections
Grab 'n Go Lunch
Soups - Sandwiches - Salads
Ph: 217-0280

**212 Commercial Street
NORTH SYDNEY**

Gospel Hour with Pierre
Chiasson Sunday mornings
9 am - Logon to our website
www.kleeradio.com

**Royal Canadian Legion
Branch 83 Florence**



BINGO

starting
at 7.00

Thursday Nights

MONDAY, TUESDAY

WEDNESDAY &

THURSDAY

Noon - 10:00 pm

FRIDAY & SATURDAY

Noon - Midnight

The CIRCLE

Saturday nights

7:00 pm

TARABISH

TUESDAY AT 7.00 PM



THURSDAY NIGHT

736-6313

JOB FAIR

Northside Job Fair is
taking place on THURS-
DAY, MARCH 30TH
10:00 AM TO 2:00 PM
Main Entrance Common
Area North Sydney Mall



**NORTH SYDNEY URGENT
CARE CENTRE HOURS**
**Monday, Tuesday
and Thursday**
8 am - 7:30 pm
Wednesday
and Saturday
9 am - 4:30

Breakfast Brunch

Last Sunday of every month

Big Bras d'Or Fire Hall

9:00am - 12:00pm

Sponsored by:

"Friends of the Big Bras d'Or
Fire Hall"

1390 Old Route #5, Big Bras d'Or

Adults \$10.00 Children \$5.00

TAX TIPS - PAGE 6

KIWANIS GOLDEN K KLONDIKE 50/50

Come play our Klondike
50/50 Draw. Boxes are
located in various locations
around the Northside.

Draw every Thursday.
For tickets call Paul at
902-577-4239.

Some stories Courtesy Of

SWING OVER THE MOUNTAIN NEWS

BARTENDER REQUIRED



34 hours rotating shifts - 1:00
pm to Midnight.

34 hours per schedule weekly -
wages \$14.50 per hour.

Experience preferred but not
essential, training provided.

Resume to be dropped at
R.C.L. Branch 008 on or before
March 10/23 in an envelope ad-
dressed to the Bar Committee

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jaime.battiste@parl.gc.ca

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Membertou, NS B1S 0H1

(902) 567-6275



Keith Bain

1415 Highway 105, Bras d'Or, NS, B1Y 2N5

902-736-0301 (Office)

902-736-0411 (Fax)

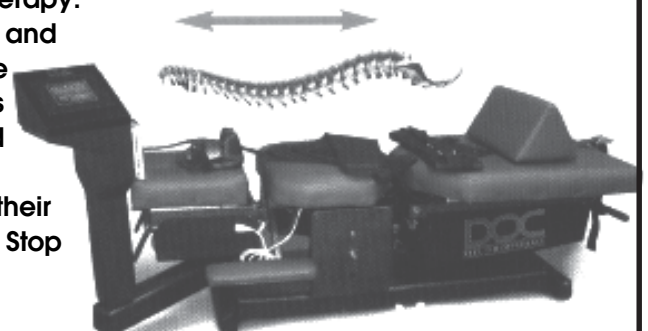
keithbainmla@bellaliant.com

NEW DECOMPRESSION TABLE RELIEVES PAIN

Darren Strong from Strong Chiropractic, announces
a new, sophisticated computerized decompression
table that allows the spine to be gently stretched and
relaxed for spinal decompression therapy.

The pattern of alternating pulling and
relaxing creates vacuum-like pressure
which allows disc material that was
herniated or protruded to be pulled
back in the disc over time.

Patients will notice a reduction of their
pain during these treatment sessions. Stop
in today and ask about the new
table and how you can benefit.



793 Mahon St., New Waterford - 862-9444 224 Commercial St. North Sydney - 241-9444

A&K LICK-A-CHICK

7 PIECE CHICKEN
Med. Fries, Medium
Gravy, med. salad
3 rolls **\$32.85**
PLUS TAX

12 PIECE CHICKEN
Large Fries, Med.
Gravy, Med. Salad,
4 rolls **\$47.39**
PLUS TAX

18 PIECE CHICKEN
Large Fries, Med.
Gravy, 2 Med. Salad,
6 rolls **\$58.65**
PLUS TAX

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d'Or on Trans Canada
Highway

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11:00 AM - 9:00 pm
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COUNTRY
CLASSIC
COUNTRY**
with host
**KENNY
WALSH**

Sundays at 6:00 pm
Login to our website
www.kleeradio.com



FLORENCE LEGION

Saturday, April 1st

10:00 - 1:00 pm

Tables \$10 each - 2 for \$15

Contact

SHARON 736-2452

OR ANN 736-9740

Canada Housing Benefit Deadline

If you are a renter, you may qualify for this federal government \$500 Benefit. It is for low income renters and the deadline is March 31st. Get your application in before this deadline to ensure you get the \$500.

The one-time top-up to the Canada Housing Benefit aims to help low-income renters with the cost of renting. You may be eligible for a tax-free one-time payment of \$500 if your income and the amount that you pay on rent qualify. The program is still open.

The Canada Revenue Agency (CRA) administers this one-time payment.

To apply for this new federal one-time payment, you do not need to receive other housing benefits such as the Canada Housing Benefit, which is co-funded and delivered by the provinces and territories.

Applications are open
until Friday, March 31, 2023



FRED TILLEY

MLA - NORTHSIDE
WESTMOUNT

Northside-Westmount

Constituency Office

2 Eliot Street, Sydney

Mines - Nova Scotia

B1V 3G1

(902) 736-0546

mia@northsidewestmount.ca

HAVE A HAPPY EASTER

Seniors Luncheons Guest Speakers

Free Guest Speaker Luncheons 2023. A light lunch will follow and all will take place at the Big Bras d'Or Hall on Fridays from 10:00 - 12:00.

MARCH 31 - Presentation by
Victoria County RCMP.

Email or call to register.
deniseoake@hotmail.com
674-2636 and 577-4340

North Sydney Fire Hall

Pierce Street North Sydney

OPEN 7 Days a Week
From 10:00 - Midnight

THURSDAYS - Ernie,

Todd & Wade

Kitchen Open 4:30

Music 5:00 - 8:30

Good Friday - Fish &

Chips - Eat In, Take

Outor Delivery

12:00 - 6:00 pm

\$15.00

Sunday BINGO

Sydney Mines Seniors & Pensioners Club Fraser Avenue,
Sydney Mines - **2:00 pm**

Toonie Jackpot \$522 +

JACKPOT \$650.00
on 50#s or less

MONDAY FUN NIGHT - 7 PM

45^s CARD GAME

Wednesdays - 7:00pm

SATURDAY DANCE

8:00 - 12:00 - \$5.00

Music By

**KILLIN'
TIME**

NORTHSIDE AND DISTRICT MINOR HOCKEY
50/50 DRAW - Last week's winner of the 50/50 Draw was Cathy Pye and the amount - \$13,201. Thank you for your support.

BRANCH 008 LEGION - SYDNEY MINES

We are Open Good Friday - Come In and Enjoy a Fish & Chips Supper

\$20.00 - includes coffee, tea and dessert

Eat In from 4:00 - 6:30 - TAKE OUT FROM 3:30 - 4:30 - Our Hours of Operation will be changing on APRIL 3rd - We will be Open 1:00 - to Midnight - Monday to Saturday



PHONE (902) 736-3206



The pride of Belfast, Ireland is back with his latest album, a tribute to "skiffle" music (a style of music with influences from American folk music, blues, country, bluegrass and jazz that was performed with a mixture of manufactured and homemade instruments. It gained popularity in United Kingdom in the 1950s, attracting the likes of the Beatles, Cliff Richard, the Rolling Stones, the Bee Gees and more). This is Van's latest release and on **"Moving On Skiffle"** he revisits the genre that he covered in 1996 on a live skiffle concert recording. There are some very familiar songs included, such as "Oh Lonesome Me", "Cotton Fields" and "I'm So Lonesome I Could Cry"-all of which sound more bluesier than the style these numbers are usually presented in, but it's a nice touch. Van even said about a trip to the United States when he was younger; "I was in a smoky room, hearing Lead Belly and Jelly Roll Morton, and I connected with it early on.....I didn't know I was going to do it professionally.



One of the teachers at Orangefield School told me I was going to be a singer before I knew it myself." As for some of the other tracks here, Morrison changed the title and lyrics of "Mama Don't Allow" (a song from the late 1920s) to "Gov Don't Allow"-a nod to his fight against the rise of totalitarianism. Also, the gospel standard "This Little Light of Mine" is updated to the rollicking, upbeat "This Loving Light of Mine". That vibe continues on the great numbers "Freight Train" and "Gypsy Davey". There are 23 songs in this collection and Van closes it all off with the introspective "Green Rocky Road", a song about the Troubadour life-one that Van knows all too well. The album does have an underlying message about the importance of freedom, and living on your own terms, as Morrison puts it: "Freedom is not a given anymore. You have to fight for it. That's where the blues come in."

Old Time Radio And Music Podcasts

Perry Mason aired from 1943 to 1955. Although it is ostensibly a crime drama, Perry Mason sounds and feels like a soap opera. With 15-minute shows every weekday for years on end, the famous defense lawyer handled a myriad of cases, each one blending into the next.

The shows presented here give the flavor of this serial, with Perry pulling every sort of trick to prove his client innocent.



Perry Mason was a 15-minute radio drama series that aired on CBS Radio on October 18, 1943. It featured different actors—Barlett Robinson, Santos Ortega, Donald Briggs, and John Larkin—as the lead character Perry Mason, a defense lawyer. Mason's secretary Della Street, on the other hand, was portrayed by Gertrude Warner, Jan Miner, and Joan Alexander. Raymond Burr starred as Perry Mason when the show aired on TV.

"Barker, Barker - we know you're in there! Come out with your hands above your head!" Perry Mason and homicide Lieutenant Tragg stand on either side of a closed door, behind which they believe is the murderer Bill Barker. According to the tip given to Mason by a friend, Barker must be there, and they're sure that he's well armed and desperate enough to take a shot at them.

Ligon to our website - www.kleeradio.com - and click on the **"PODCAST"** link and start collecting your free copies.

If you would like to send out Birthday Greetings to a family member or friend, simply email us with the information and we'll publish it free of charge - thisweek@kleeradio.com

UNDERGROUND

2 ELIOT STREET - SYDNEY MINES



Appearing on
Friday, April 14
from

8:00 - 11:00
CANADIAN
PLAYBOYS

UPCOMING EVENTS

Appearing on
Friday, April 28
from

10:00 - 2:00 am
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Tragically Hip Tribute Band

All-Star Auto



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NORTH SYDNEY

AROUND THE TOWN

NORTHSIDE COMMUNITY NEWS EVENTS

GLEN GRAY - EDITOR

Easter is fast approaching and that is the start of my waiting for the **fishing season** to start on April 1st, many of the lakes are no longer frozen so it should be a good year for trout.... there is a **Northside Job Fair** to be held at the North Sydney Mall, main entrance, on Thursday, March 30 from 10 - 2 - it will be a good time to check out the various businesses that are looking for staff... one of our senior readers has asked if we could post the hours that the **Urgent Care Clinic** is open - you can find those hours posted on page 2.... with Spring cleaning beginning, we have seen an increase in **Flea Market** events and the Florence Lgion is sponsriong one on April 1st from 10:00 - 1:00 - see page 3 for table contact information.... The deadline for the Canada Housing Renters \$500 Grant is **March 31st** - apply now to avoid delays in getting your money - see page 3 for details..... the Big Bras d'Or Seniors are sponsoring a **Guest Speakers Luncheon** on March 31st - see page 3 for contact information.... **K-LEE RADIO** has listed more **Old Time Radio Shows** that you can download from their website - this week's entry is Perry Mason with 2 shows as they are only 15 minutes in length - see page 4 for additional program information..... The **Underground Pub** in Sydney Mines is planning two upcoming events in April - The **Canadian Playboys** will be there on April 14th and **Bobcaygeon**, a Tragicccally Hip Tribute Band, will perform on April 28th - get your tickets early as space is limited..... This week's **TAX TIPS** features tax deductions that **we often overlook** - see page 6 for deductions that can maximize your return.... the **North Sydney and Sydney Mines Librairies** have a listng of their events on page 6..... the St. James Presbyterian Church in Big Bras d'Or is sorsoring "**CHALK DUST**" in a Hymns, Hope and Inspiration Concert on Friday, March 31 - see page 7 for details.... Jack Cool has another **community interview** to share with you this week see page 6 for Jack's column... **Johnnybee's Restaurant** has **local live entertainment** on Wednesday and Friday evenings, stop by for some great food and live music... the weekly **Horoscope** is available and it looks like a good week for me... **FREE PUBLICITY** for all Clubs and community organizations, simply email us with your information and we'll publish it free of charge in our weekly paper - just email us with your event information to us at our website - email address - thisweek@kleeradio.com

Videotapes wear out so save your precious memories before it's too late!

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JOHNNYBEE'S RESTAURANT

Located at
NORTHERN YACHT CLUB
27 Seaview Drive - NORTH SYDNEY



GOOD FRIDAY

Enjoy Our Delicious Fish & Chips Dinner

Check Entertainment Schedule Below

FOLLOW JOHNNYBEES
ON FACEBOOK FOR
NEW SPECIALS



- ENTERTAINMENT -

Wednesday Evening
6:00 - 8:00 pm

ROB BARRIE



Friday Evening
6:00 - 9:00 pm

ANDREW DOYLE

PHONE - (902) 590-1060



Community Interview With Jack Cool

I had the great pleasure of being interviewed by Max Murphy and Owen Long. Max Murphy goes to CBU in Sydney and has a dream of wanting to become a professional country singer who does live performances from time to time on Facebook.



Owen Long goes to Riverview in Sydney. They asked me questions like how I got started in radio and my background in radio and how I got into interview-



ing all these great celebrities. When it came time to ask them ques-

tions, I asked Max what was his dream as child and he said to become a professional country singer. When I interviewed Owen and asked him what he wanted to become as a child, he said his dream was to become a radio host like yours truly and interview big stars like Randy Travis, Kane Brown and many more but the most important reason why we were talking to me was because March 21st is International Down Syndrome Awareness Day and

NORTH SYDNEY LIBRARY

STORYTIME on Saturdays at 1:00 pm

FIBRE LUNCH - Thursdays from 1:00 - 3:00

HOME SCHOoled STUDENTS - meet most Tuesdays, with parents, at 1:00 pm.

WRITERS GROUP - meet Wednesdays from 6:00 - 8:00 and new members are welcome to attend.

BABIES & BOOKS - starting March 21st from 10 - 11 for 4 Tuesdays.

ONGOING BOOK SALE & CDs - Great selection for Spring Reading.

Max and Owen, besides being lovely people who are down syndrome, they both are great members of the CBDDs they are also part of a group called Zoom Timers and occasionally they play with Donnie Campbell, host of Celtic Serenade

We also talked about the reason why we wear Odd Socks on International Down syndrome Awareness Day and reason for that is because people with Down Syndrome have an extra chromosome. Chromosomes are shaped "like socks."

Special thanks to Max and Owen for interviewing me on behalf of International Down Syndrome Awareness Day and also a special thanks going out to Lynn for arranging this interview, very much appreciated

If you would like to watch the Zoom interview, you can go to my YouTube channel <https://www.youtube.com/@jackcool/featured> have a great week everyone - best from JACK.

ITEMS FOR SALE

Double reversible comforter in excellent condition for a double bed, brwn with white stripes, asking \$50.00.

Double velour blanket, red in color, never used, \$25.00.

Mens grey vest, never worn in excellent condition, \$40.00. Phone 902-578-3621

Homemade Quilt Draw

St Matthew Wesley United Church, North Sydney is selling tickets on a home made king size quilt, double pinwheel pattern, navy blue and blue print.

To purchase tickets please contact Maureen at 902-544-1233. Tickets 3 for \$5.00. Draw date April 3rd, just in time for a wonderful Easter present.

Overlooked Tax Tips

CHARITABLE TAX CREDIT - When you donate to a charity, you can receive tax benefits for your donations. The Charitable Donation Tax Credit is available to anyone who makes a donation to a qualifying donee

SELF EMPLOYED - Whether you are fully self-employed, or have a full-time job and earn self-employed income on the side, the CRA allows you to deduct a range of business expenses on your tax return.

WORK FROM HOME EXPENSES - A very popular credit that was introduced by the CRA since 2020 is the Work from Home Tax Credit. CRA allows all employees who work from home to claim up to \$500 in employment expenses as a flat rate for tax year 2021, up from \$400 last year.

Canada Workers Benefit (CWB) is a refundable tax credit available for low-income individuals in the workforce. You may qualify for additional payments like the disability supplement. To be eligible, you have to earn no less than \$3,000. However, the maximum income level is different in each province.

MOVING EXPENSES - Did you know that if you relocated more than 40 km for work, you may be eligible to claim your moving expenses?

STUDENT LOAN INTEREST - Interest paid on a student loan is an often-overlooked credit. To help students and graduates offset some of the financial burden of repaying student loans, the CRA offers a deduction for qualifying student loan interest payments.

SYDNEY MINES LIBRARY



**1 FRASER AVENUE
SYDNEY MINES
PHONE 902-736-3219**



Craft Table Available with Legos, Play Doh, Crafts, Board Games - is available all week for children's participation.

Florence Library Survey



The Library values your feedback. Please take our short survey and let us

know how we can best serve you, your family, and your community.

In order to continuously improve the Library's services, we are gathering input from our patrons and the communities we serve. All responses are completely anonymous. To take the survey, ask the staff for a print copy or visit -

www.cbri.ca/florence-library-survey



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For the latest and most comprehensive list of local events, logon to - www.musiccapebreton.com

Mike Little updates his listings each week.

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sharon.matthews@hrblock.ca

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HYMNS. HOPE & INSPIRATION CONCERT**Featuring Chalk Dust****Friday, March 31 - 7:00 pm****St. James Presbyterian Church****1918 Old Route 5 - Big Bras d'Or****Free Will Donation at the door****Tea or coffee available at intermission***Join us for a mix of favorite hymns and songs
with a common theme of Inspiration***Come Celebrate Spring With Us****This concert is a fund raiser in support of refurbishing our well**

K-LEE RADIO has over 100 Free Podcasts that you can download including Old Time Radio Shows, Free music concerts, Cape Breton and Oldies Podcasts.

www.kleeradio.com

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PRINTING****CHARLOTTE STREET - SYDNEY****PHONE 562-2122****NEED CAR DETAILING?****CALL
MIKE****PHONE 902-371-3356****GRANT'S TIMELY HOROSCOPE**

Aries (March 21- April 19) - Like Obi-Wan, today you might feel a great disturbance in the force as Pluto changes signs. This might signal that your friends will change. Likewise, you might decide that goals you have been pursuing are not worth pursuing. Shallow friendships will end.

Taurus (April 20- May 20) - A major change taking place today will empower you to achieve your life goals and possibly change your life direction or your career path. (This is big stuff.) Take all the time that you need to contemplate this new direction. This will become more obvious by next year.

Gemini (May 21- June 20) - You are starting to see that your overall view of the world is changing. Therefore, strive to learn everything you can because the knowledge you gain will be useful in the future. You might develop a strong belief or conviction in something.

Cancer (June 21- July 22) - Your interest in the occult and hidden teachings might increase in the near future. This is because you want to know explanations that get to the bottom of things. Give serious thought to how you can reduce or get out of debt. Smart move. Don't let debt control your future.

Leo (July 23- Aug. 22) - You might start to feel that your relationships and partnerships are going to go through a profound and significant transformation because they will. As this unfolds, avoid power struggles with others. Very likely, you will redefine the nature of your close relationships and seek what is good for you.

Virgo (Aug. 23- Sept. 22) - A major shift that occurs today is a warning not to overdo things or over strain your body or your health. On the other hand, you might see ways to bring about a complete physical regeneration for the better. Examine your diet and your exercise regime. Be good to yourself.

Libra (Sept. 23- Oct. 22) - For those of you who have children, you might see major changes taking place in the near future. Others might encounter star-crossed, intense romance. Be open to discovering activities where you can express your creative talents and explore new hobbies.

Scorpio (Oct. 23- Nov. 21) - Major changes will be taking place at home and within your family dynamic in the near future. Your home life might change. Your residence might change. Relations to family members might change, especially relationships to parents.

Sagittarius (Nov. 22- Dec. 21) - In a curious way, elements of your everyday life that you normally take for granted, especially relations with siblings, relatives and neighbours, might now become fraught with significance. Even the most casual conversation could seem profound or prophetic. (Interesting.)

Capricorn (Dec. 22- Jan. 19) - In the next several years, your values will change, which might affect how you decide to earn your money and certainly how you decide to spend it. In fact, your attitude to property might change completely. Get ready for transformation that is inevitable.

Aquarius (Jan. 20- Feb. 18) - Today Pluto enters your sign for the first time in roughly 250 years. (It was last there in 1778-1798.) It will stay in your sign until mid-June, then return in January 2024 to stay until 2043. This will reshape your personality and make you want to control everything and everyone around you. (Wow.)

Pisces (Feb. 19- March 20) - You will begin to go through psychological changes as Pluto enters your 12th house urging you to get rid of hidden, psychic garbage. It's time to let go of prejudices and attitudes that no longer serve your purpose. Many of these will be childish patterns that you must confront and deal with. (Pretty heady stuff.)



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UNDERGROUND

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We book for Private Parties, Birthdays, Benefit Dances

**UPCOMING
EVENTS**

FRIDAY, APRIL 14
Canadian Playboys
8:00 - 11:00

FRIDAY, APRIL 28
BOBCAYGEON
A Tragically Hip Tribute
10:00 - 2:00 am

See Photos page 4

WEDNESDAY
Chicken Wing
Wednesday
\$10 lb. with
beverage
Purchase
6:00 - 10:00

THURSDAY
Best Trivia On
The Island
pre book table
\$5.00 Cover
Food & Drink
Specials
Starts at 7:00

FRIDAY NIGHT



LIVE
ENTERTAINMENT
6:00 - Close
SATURDAY

SATURDAY - Stevie's Karaoke Circus - 6:00 Close