

# MacDONALD DENTURE CLINIC

42 FRASER AVENUE  
SYDNEY MINES  
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**G. MacDonald - Denturist**  
By Appointment

HIGH STREET  
BADDECK  
PHONE  
295-2516



FREE

## THIS WEEK

NORTHSIDE COMMUNITY NEWS

FREE

Vol. 13 - OCTOBER 11th - 2023

**SENIORS  
CARE GRANT  
EXPANDED**

SEE PAGE 5 FOR  
DETAILS & CONTACT INFO  
FOR SENIORS GRANT



### RALPH IVEY'S

Auto Repair Ltd. and Muffler Man

**BRING YOUR CAR IN FOR  
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93 KING STREET  
BY THE TRACKS

Bring your Vehicle in  
for Auto Servicing

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## McCormick's

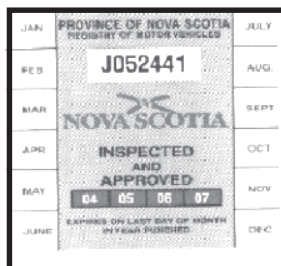
## TIRECRAFT

126 SEAVIEW DRIVE - - NORTH SYDNEY

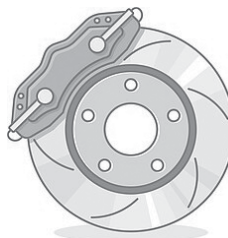
**SUMMER TIRE SALE - \$UPER \$AVINGS**

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KROWN**

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That Can Be Applied  
All Year Round**



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INSPECTION



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Grab 'n Go Lunch  
Soups - Sandwiches - Salads  
**Ph: 217-0280**

**212 Commercial Street  
NORTH SYDNEY**

Gospel Hour with Pierre  
Chiasson Sunday mornings  
9 am - Logon to our website  
**[www.kleeradio.com](http://www.kleeradio.com)**

**Royal Canadian Legion  
Branch 83 Florence**



**BINGO**

starting  
at 7.00

**TARABISH**

Tuesday 7:00 p.m.

Downstairs

**POOL**

Wednesday 7:00 p.m.

Downstairs

**BINGO**

Thursday, 7 pm Upstairs

**WASHER TOSS**

Friday 7:00 p.m.

Downstairs

**THE CIRCLE**

Saturday

7:00 p.m Upstairs

**45s CARD GAME**

**EVERY**

**MONDAY**

**7:30 pm**

**736-6313**

## FISH SUPPER

**FAMOUS CELTIC  
COLOURS FISH SUPPER**  
will take place at Branch 008  
Legion, Sydney Mines, on  
Friday, October 13th from  
4:00 - 6:30. Tickets at the  
Celtic Colours Box Office or  
at the downstairs Bar at the  
Legion. \$20.00 and includes  
tea or coffee and dessert.  
Eat In Only.

## CHURCH DIRECTORY

St Matthew Wesley United  
Church Church service is held  
on Sunday at 27 St Columba  
Drive, Leitches Creek at 11:00  
am. ALL ARE WELCOME  
office phone number is 902-577-  
8472

St John the Baptist Anglican  
Church services are held on  
Sunday and Wednesday at 28  
King Street in North Sydney at  
10:00 am. ALL ARE WELCOME  
office phone number is 902  
794-3392.

## BREAKFAST BRUNCH

Last Sunday of every month  
BIG BRAS D'OR FIRE HALL  
9:00 am - 12:00 pm

Sponsored by "The Friends of  
the Big Bras d'Or Fire Hall"  
1390 Old Route #5, Big Bras d'Or  
Adults \$12.00 Children \$8.00  
Also as a Fund Raiser, The Hall  
Committee are selling Bakers  
Hats \$5.00 each, available  
at the Hall

## SUNDAY BINGO

Sydney Mines Seniors & Pen-  
sioners, Club Fraser Avenue,  
Sydney Mines - **2:00 pm**

**Toonie Jackpot \$200+**

**JACKPOT \$675.00**

on 52#s or less

**MONDAY FUN NIGHT - 7 PM**

## 45<sup>S</sup> CARD GAME

**Wednesdays - 7:30 pm**

**SATURDAY DANCE**

8 - 12 - \$5.00 at Door

MUSIC BY

**ERNIE**

**WELLS**



If you would like to send out Birthday Greetings to a family  
member or friend, simply email us with the information and  
we'll publish it free of charge - [thisweek@kleeradio.com](mailto:thisweek@kleeradio.com)

## JAIME BATTISTE

Member of Parliament  
SYDNEY - VICTORIA

[jaimebattiste.ca](http://jaimebattiste.ca)  
[jaime.battiste@parl.gc.ca](mailto:jaime.battiste@parl.gc.ca)

207A-201 Churchill Drive  
Membertou, NS B1S 0H1

**(902) 567-6275**



## Keith Bain

1415 Highway 105, Bras d'Or, NS, B1Y 2N5

902-736-0301 (Office)

902-736-0411 (Fax)

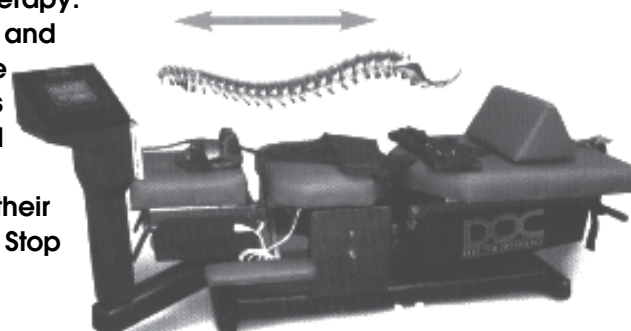
[keithbainmla@bellaliant.com](mailto:keithbainmla@bellaliant.com)

## NEW DECOMPRESSION TABLE RELIEVES PAIN

Darren Strong from Strong Chiropractic, announces  
a new, sophisticated computerized decompression  
table that allows the spine to be gently stretched and  
relaxed for spinal decompression therapy.

The pattern of alternating pulling and  
relaxing creates vacuum-like pressure  
which allows disc material that was  
herniated or protruded to be pulled  
back in the disc over time.

Patients will notice a reduction of their  
pain during these treatment sessions. Stop  
in today and ask about the new  
table and how you can benefit.



793 Mahon St., New Waterford - 862-9444 224 Commercial St. North Sydney - 241-9444

A&amp;K

## LICK-A-CHICK



## 7 PIECE CHICKEN

Med. Fries, Medium  
Gravy, med. salad  
3 rolls **\$34.60**  
PLUS TAX



## 12 PIECE CHICKEN

Large Fries, Med.  
Gravy, Med. Salad,  
4 rolls **\$49.49**  
PLUS TAX



## 18 PIECE CHICKEN

Large Fries, Med.  
Gravy, 2 Med. Salad,  
6 rolls **\$59.99**  
PLUS TAX

Located in Little Bras  
d'Or on Trans Canada  
Highway

**- HOURS OF OPERATION -**  
**11:00 AM - 9:00 pm**  
**PHONE**  
**902-736-9496**

Some stories Courtesy Of  
**SWING OVER THE  
MOUNTAIN NEWS**

## DELEGATE ELECTION

At the October 26 Regular Meeting at Branch 008, Sydney Mines Legion, there will be an election for 2 delegates to attend the Dominion Conference in Saint John, New Brunswick.

## BR. 19 LEGION NEWS

BRANCH 19 IS HOLDING A RAFFLE!! - Tickets available at RCL BRANCH 19 NORTH SYDNEY. Proceeds going toward making renovations and repairs to the upstairs bar area. With only 500 tickets being sold there are a limited number of tickets available so get your tickets before they are gone. Draw date December 9, 2023 Good Luck!!

**MIXED DARTS** will be held on Fridays at 7:00 pm - There is still room for more players!

**HAPPY HOUR** Every Friday 3:00 pm - 6:00 pm - Follow us on Facebook RCL BRANCH 19 NORTH SYDNEY for all upcoming event information.

**POOL TOURNAMENT** - Branch 19 Members Only will be held on Saturday November 4th at 12:00 pm.

**GENERAL MEETING** will be held at Branch 19 on Wednesday October 25th at 7:00pm.

All members are encouraged to attend.

**NOTE:** the Executive meetings will be held Tuesday October 24th at 7:00 pm

NORTH SYDNEY  
FIRE HALL

Pierce Street, North Sydney

OPEN 7 DAYS  
A WEEK

From 10:00 - Midnight

**THURSDAYS** - Ernie,

Todd & Wade

Kitchen Open 4:30

Music 5:00 - 8:30

HOMECRAFTERS OF CAPE BRETON  
Christmas Craft Show

Handcrafted By Local Crafters

**ST. THERESA'S PARISH CENTER**

Corner of Ashby Road & St. Peters Road

**NOTE: 2 days only - Friday & Saturday**

**FRIDAY, OCTOBER 20, 2023 3:00 pm - 8:00 pm**

**SATURDAY, OCTOBER 21, 2023 10:00 am - 6:00**

**ADMISSION \$3.00 - FREE FOR CHILDREN UNDER 12  
ACCOMPANIED BY AN ADULT**

## OPEN HOUSE

**FRIDAY, OCTOBER 13**

**11:00 a.m.- 4:00 p.m.**

**TRINITY ANGLICAN**

**CHURCH, 15 QUEEN STREET**

Is having an Open House, a part of Celtic Colours. Take a self-guided tour through this beautiful church. On display will be quilts, oil paintings, photography and much more.

**Refreshments provided.**

BIRTHDAY  
WISHES

We would like to say a very Special Happy Birthday Wish to our good friend and stellar paper delivery man, Grant Robinson on October 16th from This Week News and all your friends at the North Sydney Fire Hall.

**SECRETARY WANTED** - Branch 008 Legion, Sydney Mines, is looking for a Secretary, 12 hours per month. Pay to be negotiated. Drop of resume to the Downstairs Bar addressed to Len MacIntyre.



## FRED TILLEY

MLA - NORTHSIDE  
WESTMOUNT

Northside-Westmount

Constituency Office

2 Elliot Street, Sydney

Mines - Nova Scotia

B1V 3G1

**(902) 736-0546**

[mia@northsidewestmount.ca](mailto:mia@northsidewestmount.ca)



## BRANCH 008 LEGION - SYDNEY MINES

**TUESDAY NIGHT BINGO - 7:30 PM**

**JACKPOT - \$750.00 - 54#s OR LESS**

**NEW HOURS - 1:00 - 12:00 - Monday - Saturday - Closed Sunday**

Starting Saturday, October 7 and every 2nd Saturday, Entertainment downstairs 3:00 - 6:00 pm  
**NO ADMISSION**

**Karaoke**  
**FRIDAY**  
**9:00 - 1:00**  
**NO**  
**ADMISSION**

**PHONE (902) 736-3206**



## Take 2

### PAUL POWER

When October started I didn't actually plan on writing about horror movies, but after last week's column I thought why not carry on? So this week it's a movie from 1986 that was, a Metalhead's dream; "Trick or Treat" starred Marc Price ("Skippy" from "Family Ties") as Eddie Weinbauer-a social out-cast at his high school who worshipped his Heavy Metal hero Sammi Curr. Curr was played by American dancer Tony Fields; Blackie Lawless (the lead singer of W.A.S.P.) was originally supposed to play the part and he would have been amazing in that role. When Sammi Curr dies it sets in motion a whirlwind of chaos, involving backwards messaging on his last, unreleased album-as well as opening the door for Ozzy Osbourne to play a preacher who is against rock music and Gene Simmons to play the part of a late night radio rock jock who befriends Weinbauer. This film was Charles Martin Smith's first as a director. He acted in "American Graffiti", "The



Buddy Holly Story", "Deep Impact", "The Untouchables", and "A Dog's Way Home" to name just a few. The special effects were created by Kevin Yagher, who later did the effects for Freddy Krueger and the Crypt Keeper from "HBO's Tales from the Crypt". He also has a cameo in the movie as the lead singer/guitarist for the band The Kickers, playing at the high school Halloween dance. What was also interesting to me was the fact that the soundtrack was done by the London, England band Fastway, who were one of my favourite 1980's Heavy Metal bands. Later this year there's a deluxe re-release of the film in Blu-ray and 4K coming out. For the past 2 weeks I have written about fictional horror movies-but next week's subject is even scarier, because it's real. Stay Tuned....

## Shear Madness Hair Designs



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ACCESSIBLE

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Thursday 9:00 - 7:00  
Friday 9:00 - 5:00  
Saturday 9:00 - 4:00  
T-ZONE VIBRATION AVAILABLE

**736-7777**

## CRUISE SHIPS



THURS. OCT. 12 - LIBERTY

THURS. OCT. 12 - ARCADIA

FRI. OCT. 13 Jewel/Seas

SAT. OCT. 14 - INSIGNIA

SAT. OCT. 14 - DISCOVERY

SUN. OCT. 15 - SEVEN SEAS

MON. OCT. 16 - NOR. PEARL

TUES. OCT. 17 - SERENADE

**OCTOBER 7 - 13 IS  
ARTHRITIS WEEK**

## SENIORS FALL TEA

Want to ease yourself into Winter? Why not attend our Fall Tea, the first one of the new season? Come, bring a friend and reunite with some old friends.

Have an afternoon to yourself, enjoy some sandwiches, sweets and all the hot tea your belly can hold.

Listen to some soft musics and perhaps win yourself a prize. The tea is Wednesday Oct. 18th, at the North Sydney Pensioners Club from 2-4. Tickets are \$10 and can be obtained from the ladies posted on the Seniors Facebook page.

There will be a few available at the door. Hope to see you there!



**Call for Vendors  
Craft, Bake &  
Gift Holiday Market**

The Sydney Mines Seniors & Pensioners Club, Fraser Avenue, Sydney Mines, is hosting this Craft Sale

**Friday, December 1st - 10:00 - 4:00 pm**

TO RESERVE A TABLE, CONTACT  
DIANE GENTER - 902-241-2036

## All-Star Auto



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NORTH SYDNEY**



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PRINTING**

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**PHONE 562-2122**

## SENIORS CARE GRANT REGISTERING NOW

The Seniors Care Grant helps low-income seniors with the cost of household services (like lawn care, snow removal, grocery delivery, transportation, small home repairs and phone service), healthcare services (like physiotherapy and mental health support) and home heating.

Grants are \$750 for each household. You can apply until 31 March 2024. To qualify for the grant, you need to be 65 or older by 31 March 2024 and meet all of the following criteria - have a household net income of \$37,500 or less, live in your own home or apartment, have your name on the property title, Land Titles Initiative Certificate of Claim or residential lease agreement or a Band administrative letter issued by a First Nation community (reserve) - have paid (or that you will pay) for household and healthcare services and home heating between 1 April 2023 and 31 March 2024 - Apply online or - Phone: 902-424-5200

Toll-free: 1-800-670-4357

### SYDNEY MINES SENIORS & PENSIONERS CLUB

Sunday Bingo, Mon. Fun Night Wed. 45s , Saturday Dance

### YOUR FREE SODUKO WEEKLY PUZZLE

		5					7	2
	3							
9		7		1	5	8		3
			2	5	8			
	9				3			
2			1	9			6	7
1	5	6		7	2	3		
							2	

**A Daily Crossword Online Puzzle  
available at - [www.kleeradio.com](http://www.kleeradio.com)  
click on FEATURES link**

## AROUND THE TOWN

NORTHSIDE COMMUNITY NEWS EVENTS

GLEN GRAY - EDITOR

It's **CELTIC COLOURS WEEK** again and such a great way to celebrate the Fall season - we will be attending the Closing ceremonies at Centre 200 featuring **Natalie MacMaster and Donnell Leahy** - can't wait.... also the **CRUISE SHIP SCHEDULE** shows lots of activity for October into November with lots of visitors enjoying our Island... a Celtic Colours **FISH SUPPER** will be held at Branch 008 Legion In Sydney Mines on Friday, October 13, 4:00 - 6:30, Eat In Only, get there early as they sell out quickly.... Also at Banch 008 Legion, they are looking for a **SECRETARY** and the contact information is on page 3..... A **45S CARD GAME** is now being held every Monday at the Florence Legion beginning at 7:30 pm..... we have our first **CHRISTMAS CRAFT FAIR** announcement with the Homecrafters ad on page 3.... there will be a **HALLOWEEN THEME DANCE** at the Florence Legion on Friday 13th for kids aged 13 and under with DJ music.... we would like to send out a **SPECIAL BIRTHDAY GREETING** to our good friend **GRANT ROBINSON** celebrating his birthday on October 16th - Grant delivers the paper each week for us - from all of us and your friends at the North Sydney Fire Hall..... there is an **OPEN HOUSE** at the Trinity Anglican Church 15 Queen Street on Friday, Oct. 13th from 11:00 - 4:00 pm..... the **ANNUAL MEETING** of the Ross Ferry Stewardship will take place on October 24th at the Ross Ferry Fire Hall... don 't forget to apply for the **\$750 SENIORS GRANT**, see information opposite this column - I already got mine last week.... **EVANS & DOHERTY** will appear in a Celtic Colours Concert at St. Andrews Presbyterian Church in Sydney Mines on October 13th at 7:30 pm..... There will be a **SEAFOOD CHOWDER**, Biscuit and Cake Supper held at the Southside Boularderie Volunteer Fire Hall on Sunday, October 22nd from 2:00 - 5:00 - Take Out Only..... The Munro Crafters Guild will hold their **ANNUAL CRAFT SALE** on November 4th & 5th at the Big Bras d'Or Community Hall.... there is a **FREE GUEST SPEAKER LUNCHEON** at the Big Bras d'Or Community Hall on October 20th at 10:30 am - the Guest Speaker will be **MADDY MACPHERSON**, Victoria County Solid Waste Educator..... we have a story from the "**OH, ME SHATTERED NERVES**" book for you on page 7... on the last Sunday of every month, the Friends of the Big Bras d'Or Fire Hall sponsor a Breakfast Brunch from 9:00 - 12 at the Hall..... **FREE PUBLICITY** for all Clubs and community organizations, simply email us with your information and we'll publish it free of charge in our weekly paper - just email nus with your event nformation to us at our website - the email address is - [thisweek@kleeradio.com](mailto:thisweek@kleeradio.com)



K-LEE RADIO has over 100 Free Podcasts that you can download including Old Time Radio Shows, Free music concerts, Cape Breton and Oldies Podcasts.

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**NORTH SYDNEY LIBRARY**

**FIBRE LUNCH** - Thursdays  
from 1:00 - 3:00

**ONGOING BOOK SALE & CDs** - Great selection for Fall Reading.

**WRITERS GROUP**- meets  
October 11, at 6:00 pm.

**OCTOBER 13** - Basic  
Emergency Preparation - 3:00  
- 4:00 pm

**OCTOBER 17th** - Cape  
Breton Naturalist David  
Harris "Trip To South Africa"  
at 6:00 pm.

**STORYTIME** returns this Sat-  
urday at 2:30 pm.

**SEAFOOD CHOWDER**

A Seafood Chowder, Biscuit  
& Cake supper will be held at  
the Boularderie Volunteer  
Fire Dept. Fire Hall on Sun-  
day, October 22nd from 2:00  
- 5:00 pm - Take Out Only.

Contact any firefighter for  
tickets - or call Jimmie  
902-736-6731 or Mike at  
902-578-4794.

**FISHING TIDE CHART**

It's fishing season again -  
here's the weekly Tide  
Chart. 2 High Tides daily.

**WEDNESDAY - OCTOBER 11**  
7:03 am - 7:47 pm

**THURSDAY, OCTOBER 12**  
7:47 am - 8:17 pm

**FRIDAY - OCTOBER 13**  
8:27 am - 8:46 pm

**SATURDAY - OCTOBER 14**  
9:03 am - 9:13 pm

**SUNDAY - OCTOBER 15**  
9:38 am - 9:41 pm

**MONDAY - OCTOBER 16**  
10:13 am - 10:10 pm

**TUESDAY - OCTOBER 17**  
10:49 - 10:40 pm

**ST. ANDREW'S TO HOST EVANS AND DOHERTY  
AT CELTIC COLOURS CONCERT OCT. 13**

Most of the local people around the Sydney Mines's area, are  
all too familiar with the International singing duo Evans and Doherty  
as they have performed at St. Andrew's Presbyterian Church be-  
fore. The one thing that is new this year is, they will be performing  
with Celtic Colours. This is their first time performing with the  
festival and they are thrilled to be performing in a church where  
they feel so comfortable and welcomed.

To capture the true essence of  
this fantastic duo, take a lively  
blend of traditional, original and  
contemporary song and throw in  
some humor and true stories and  
then sit back and watch these fine  
entertainers do their stuff, which  
they have done for over thirty  
years. They will make you laugh  
and will have you clapping your  
hands and tapping your feet, you  
won't be able to resist it. Kevin  
Evans and Brian Doherty are first  
rate musicians, songwriters, pro-  
moters and producers and have  
to the ability to put on a show that  
will leave you smiling. Kevin is a songwriter and producer and has  
some of his music recorded by people such as John MacDermott,  
Liam Clancy, Tommy Makem and even the legendary Stoppin'  
Tom Connors and so many more.



Along with Evans and Doherty is Tim Edey who is a one of the  
world's finest guitarist and plays a variety of different instruments.  
In addition to all this, Tim has a fine singing voice and has toured  
the world and has recorded with major names in the Celtic roots  
music such as J. P. Cormier, The Chieftians, The Barra MacNeils,  
Natalie MacMaster and so many more.

So if you are an Evans and Doherty fan, then this is your one  
and only chance to see them in Cape Breton this year, so grab  
your tickets now to ensure to get to see this great duo. Tickets  
are \$30 each and on sale through the Celtic Colours Box Office  
or can be purchased at Shoppers Drug Mart in North Sydney or  
Sexton's Pharmasave in Sydney Mines. Remember Celtic  
Colours at St. Andrew's Presbyterian Church on Friday, October  
13th, at 7:30 p.m. This is going to be a Great Concert!



**LATE NITE OLDIES SHOW**  
with **DJ JACK COOL**  
Fridays at 9:00 pm

ON  
K-LEE  
RADIO



**TAX  
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**sharon.matthews@hrblock.ca**

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Thursdays at 2:30.

**ENGLISH CONVERSATION  
SERIES** - every Tuesday evening  
from 6:00 - 7:00 pm.



**BIRTHDAY  
WISHES**

Happy Birthday to Claire  
Reashore celebrating her birth-  
day October 14th - from Kenny,  
Kaleigh and Brendon.



**KIDS  
HALLOWEEN  
DANCE  
Branch 83  
Legion**

in Florence, on Friday  
13th with music by DJ  
JASON. Dance is from  
6:00 - 8:00 and for ages  
13 and Under.



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**NORTH SYDNEY URGENT  
CARE CENTRE HOURS**  
**Monday, Tuesday  
and Thursday**  
**8 am - 7:30 pm**  
**Wednesday  
and Saturday**  
**9 am - 4:30**

## Muhammad And The Mountain

My mother frequently used the phrase, "If The Mountain Won't Come To Muhammad, Then Muhammad Must Come To The Mountain." I actually asked her to explain that one and she did, quite clearly.

The year was 1959 and Sydney Academy was in the process of being built. There were about 200 tradesmen all working on the site. I went to the foreman of the project and introduced myself. I had a hard hat that my Uncle Bill loaned me and I explained to the foreman that I wanted to sell Kool Aid at the site and also run to the store for the workers so they wouldn't be slipping away to do it themselves.

The foreman thought about it for a while and then agreed when I said that by having me, no other kid could come onto the site. And I had the hard hat.

I had a cart built with a box and at that time you could buy huge square blocks of ice. I used to chip off a piece of ice and put it with the Kool Aid. After a week or so I got my mother to bake homemade cookies and these were a big hit.

Most of the runs to the store were for pop and cigarettes and I had some of my school buddies doing the running for those items. I offered chunks of ice to those drinking just water free of charge. The ice would only melt by the end of the day so I wasn't losing anything by being nice but the workers appreciated having the ice and on Friday, pay day, I got a lot of tips on that job. I was 13 at the time and I was saving all my money in the Credit Union so that I could buy a car when I was 16.



## COMMERCIAL SPACE FOR RENT

95 Memorial Drive, North Sydney  
Formerly R & J Hardware

*Excellent business location,  
near the new hospital*

**Store Size 700 square feet**

**For information phone**

**(902) 578-0979**

## Crafters Annual Sale

The Munro Crafters Guild Annual Sale will take place on November 4th & 5th at the Big Bras d'Or Community Hall.

There will be a Guild Meeting October 12th at 3:00 pm at Boularderie School. Members requested to attend to make final plans for the Sale.

## Guest Speaker Luncheon

A Free Guest Speaker Luncheon will take place at the Big Bras d'Or Community Hall on Fridays at 10:30 am. A Light Lunch will follow.

**OCTOBER 20** - Maddy MacPherson, Victoria County Solid Waste Educator - Waste Reduction / Management

**Videotapes wear out so save your precious memories before it's too late!**

**We offer Professional transfers from tape to DVD using Pro Equipment-not home video gear. We can transfer to flashdrives.**

**We can transfer VHS, 8mm and Mini DV tapes at great prices! We also do audio cassettes to CD**  
Phone 902 736 9402 (Paul)



## NEED CAR DETAILING?

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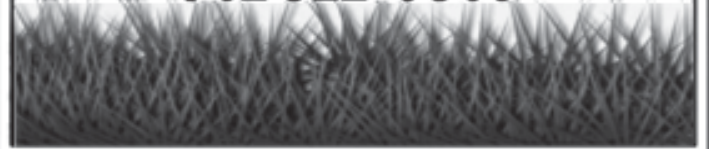
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# UNDERGROUND

**2 ELLIOT STREET - SYDNEY MINES - PH: 241-2383**

*We book for Private Parties, Birthdays, Benefit Dances*

## WEDNESDAY

### WING NIGHT

NOAH REASHORE

6:00 - 8:00

## THURSDAY



**BEST TRIVA  
NIGHT ON  
THE ISLAND**

7:00 - 11:00

## FRIDAY



**HOUSE  
D J**

6:00 - 2:00 am

## SATURDAY

**STEVE'S  
DISCO  
KARAOKE**



6:00 - 2:00