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NORTHSIDE COMMUNITY NEWS

FREE

Vol. 13 - DECEMBER 27th - 2023



All The Best in 2024 **From Your Friends Northside This Week** and K-LEE Radio



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WITTH

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212 Commercial Street **NORTH SYDNEY**

Gospel Hour with Pierre Chiasson Sunday mornings 9 am - Logon to our website www.kleeradio.com

Roval Canadian Legion Branch 83 Florence



BINGO

starting at 7.00

RABISH

Tuesday 7:00 p.m downstairs

Wed. 7:00 p.m. - Downstairs

BINGO

THURSDAY, 7:00 PM **UPSTAIRS**

WASHER TOSS

Friday 7:00 p.m. **Downstairs**

THE CIRCLE

Saturday 7:00 p.m **Upstairs**

45s CARD GAME EVERY MONDAY

7:30 pm

INSTALLATION OF **OFFICERS** Wednesday Jan. 17th at 7:00 pm

736-6313



NEW YEARS EVE

North Sydney Fire Hall Pierce Street, North Sydney Sunday, December 31st 9:00 - 1:00 \$20.00 per person Finger Foods, Party **Favors** & Fireworks

A Reminder to all Clubs, and Organizations that our deadline for news is Tuesday at 5:00 pm in order to make it into Wednesday's edition.

BRANCH 008 LEGION NEW YEARS HAPPY NEW YEAR

TICK-🎳 **ETS**

Roast

Beef

Supper 6:30 - 8:00, Eat In Only, Music by Tommy Capstick \$25.00 per ticket available at Downstairs bar.

SUNDAY BINGO

Sydney Mines Seniors & Pennsioners. Club Fraser Avenue, Sydney Mines - 2:00 pm

NO BINGO THIS WEEK

Merry Christmas To All **Our Members**

MONDAY FUN NIGHT - 7 PM

45^s CARD GAME

Wednesdays 7:30 pm

No Dance Next Week Due To Christmas Holidays **New Years Dance** Paul Woodfine and Backroads playing \$15.00 each Time - 9:00 - 1:00

SATURDAY DANCE

8 - 12 - \$5.00 at Door **MUSIC BY**

Ernie Wells

JAIME BATTISTF

Member of Parliament SYDNEY - VICTORIA

jaimebattiste.ca jaime.battiste@parl.gc.ca 207A-201 Churchill Drive Membertou, NS B1S 0H1

(902) 567-6275





Keith Bain

1415 Highway 105, Bras d'Or, NS, B1Y 2NS 902-736-0301 (Office) 902-736-0411 (Fax)

keithbainmla@bellaliant.com

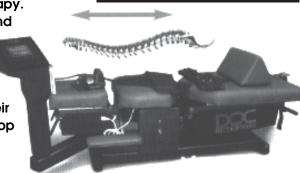
NEW DECOMPRESSION TABLE RELIEVES PAIN

Darren Strong from Strong Chiropractic, announces a new, sophisticated computerized decompression table that allows the spine to be gently stretched and relaxed for spinal decompression therapy.

The pattern of alternating pulling and relaxing creates vacuum-like pressure which allows disc material that was herniated or protruded to be pulled back in the disc over time.

Patients will notice a reduction of their pain during these treatment sessions. Stop in today and ask about the new table and how you can benefit.





793 Mahon St., New Waterford - 862-9444 224 Commercial St. North Sydney - 241-9444



LITTLE WAS KNOWN ABOUT THE 4TH KING

New Years Levee & House Decorating

New Deal Develpoment Ltd. Sydney Mines is co

sponsoring the Sydney Mines New Years Levee along with the Royal Canadian Legion Branch 008 Sydney Mines.



It will be held at Branch 008 Legion on Main Street, Sydney Mines.

ate: Sunday, January, 7, 2024

Wine ar heese, 2:00 - 3:00 pm

Speeches and greetings, 3:00 - 4:00 pm

Music and lunch, 4:00 - 7:00 pm.

Judging of Best Decorated house in Sydney Mines lights is Wednesday, December 27th from 6:00 - 9:00 pm

Awards will be given out at the Levee.



Shear Madness Hair Designs



Come Check Us Out Tues. & Wed. 9:00 - 5:00 Thursday 9:00 - 7:00 Friday 9:00 - 5:00 Saturday 900 - 4:00 T-ZONE VIBRATION AVAILABLE

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Northside-Westmount

Constituency Office

2 Elliot Street, Sydney Mines - Nova Scotia B1V 3G1

(902) 736-0546

mla@northsidewestmount.ca

BRANCH 008 LEGION - SYDNEY MINES

TUESDAY NIGHT BINGO - 7:30 PM JACKPOT - \$800.00 - 54#^s OR LESS

NEW HOURS - 1:00 - 12:00 - Monday - Saturday - Closed Sunday

Every 2nd Saturday, Entertainment Downhouse Band 3:00 - 6:00 pm NO ADMISSION



PHONE (902) 736-3206

Take 2

PAUL POWER

The last time I was at a New Year's Eve dance the DJ played a song by Jive Bunny & the Mastermixers; as a former DJ I was surprised to hear it because it was a long time since I had a request to play that song, but the crowd loved it and filled the dancefloor. Jive Bunny is actually the father and son team of John and Andrew Pickles who took the original mega-mixes by England DJ/producer Les Hemstock; he worked his audio magic for the Music Factory 's Mastermix DJ music service (suppliers of special mixes and collections for DJ's). John and Andrew created instrumental music beds to link the samples of hundreds of songs from various decades; the first being "Swing The Mood", released in 1989. The song soon became their first UK number 1 hit-and eventually topped the charts in 10 other countries. The track used Glenn Miller's "In The Mood" as the intro and closer, with samples of Bill Haley and the Comets, Danny and the Juniors, Elvis Presley and



Haley and the Comets, Danny and the Juniors, Elvis Presley and the Everly Brothers wedged in-between. There were copyright issues when they tried to release the British versions in North America, so that's why some of the Jive Bunny stuff sounds different. That success led to hit number 2: "That's What I Like" shot right to number 1 in the UK in October of 1989 and stayed there for 3 weeks, and in other countries. The track used the theme from the TV show "Hawaii-5-0" to open and close the mix, with samples from Dion, Chubby Checker, Little Richard and more. I know there's people out there (especially DJ's) who cringe at the very mention of Jive Bunny & the Mastermixers, considering the songs 'cheesy', but many people love the mixes. So unless you are lactose-intolerant musically, a little cheese (courtesy of Jive Bunny & the Mastermixers) never hurt anyone.

H&R BLOCK

TAX **PROFESSIONALS**

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AROUND THE TOWN

NORTHSIDE COMMUNITY NEWS EVENTS GLEN GRAY - EDITOR

Sell, Christmas has come and gone once again and this year we were in the midst of moving into **seniors housing** and there was chaos for several weeks as we downsized from one apartment to the other but finally on Christmas Eve we finished up and celebrated Christmas in our new apartment - thank you to all who helped us in the move in all the rain and wind..... To help celebate New Years, there are several options for you this year the North Sydney Fire Hall will have a New Years Dance on Sunday, December 31st from 9:00 1:00, see page 2 for details -Branch 008 Legion in Sydney Mines is offering a Roast Beef Supper 6:30 - 8:00, eat In Only, Dance to follow with Tommy Capstick - \$25.00 per ticket.... the Sydney Mines Seniors Club is holding a New Years Dance, with Paul Woodfine and Backroads playing \$15.00 each - Time - 9:00 - 1:00 New Deal Development Ltd. Sydney Mines is co-sponsoring the Sydney Mines New Years Levee along with the Royal Canadian Legion Branch 008 Sydney Mines - it will be held at Branch 008 Legion on Main Street, Sydney Mines - Sunday, January, 7, 2024 - Wine and cheese, 2:00 - 3:00 pm, Speeches and greetings, 3:00 - 4:00 pm, Music and lunch, 4:00 - 7:00 pm... if you are looking for some things to keep visiting children entertained, THIS WEEK COMMUNITY NEWS has collected a variety of children's activities that you can use this year to keep them occupied while you prepare the Christmas Dinner - logon to our website - www.kleeradio.com - and click on the Christmas Page Link were you will find over 100 activities to keep them amused..... on page 6 you will find a new years story about the Annual Polar Bear Dip, this is a true story and I never tire reliving it at new years..... I just wanted to let you know how compassionate Northside people are - I now walk with a cane and whenever I am carrying a package, or climbing a step, many people offer to assist me and I want to acknowledge your thougtfulness at this special time of year - Merry Christmas to all of you and be safe in the new year and we'll see you back here in 2024 - If you need a new 2024 calendar, find it on our DOWNLOADS page - www.kleeradio.com



Please make this an accident Free Christmas Season Don't Drink & Drive



NEED CAR DETAILING? CALI.

DONALD



PHONE 902-371-3356



Oh, No, the kids are coming to visit and we have nothing to keep them amused before we have Christmas dinner!! If this describes your household, don't panic, we have a solution that will keep the kids entertained for hours on end and it won't cost you a cent.

THIS WEEK COMMUNITY NEWS has collected a variety of children's activities that you can use this year to keep them occupied while you prepare the Christmas Dinner.

Logon to our website - www.kleeradio.com - and click on the Christmas Page Link. There you will find a whole slew of activities such as - 120 Craft Projects, Stories, Color Pages, Find The Differences, Masks, Hidden Objects, Cutouts, Board Games, Mazes, Crossword, Tic Tac Toe, Word Search, I Spy and Paper Airplanes to mention a few.

There is also a Bingo Game and you can print as many cards as you want and the Bingo caller software will display the random numbers for the game, a great time killer and you can have some dollar store items on hand as prizes.

In addition, we also have a variety of audio stories to occupy their time. Stories such as - Aladdin and His Magic Lamp, The Gingerbread Boy, Dr. Seuss Green Eggs and Ham, Joseph's Coat Of Many Colors, Peter & The Wolf, The Shoemaker and The Elves, Dumbo, The Princess & The Pea, Tweety Pie, Mickey Mouses's Birthday, The Three Little Pigs, Prince Bertie & The Dragon, Puss In Boots, Ferdnan The Bull, The Grasshopper and The Ants, Moses In The Bullushes, Little Red Riding Hood, Winnie The Pooh & Tigger, How The Camel Got His Hump and The Missing Bunny will provide hours of entertainment.

Easy To Keep New Years Resolutions

- 1 I resolve to not roll my eyes when my neighbours start to brag about their children and their accomplishments.
- 2 I resolve not to eat chopped liver ever.
- 3 I resolve to eat dessert first whenever I feel like it and not be concerned about what others think.
- 4 I resolve not to act my age. I've got this far in life and I'll throw a tantrum whenver I feel like it.
- 5 I resolve not to feel embarrased going out in public in my pajama bottoms.
- 6 I resolve to finish all the DIY projects I started and aban doned in 2022, or, well, maybe just one of them
- 7 I resolve not to get into any more Facebook snits even though some of my friends are \$\%^\&.

Christmas Traditions Around The World

MARTINIQUE - In the French Caribbean island Martinique, la ribote is a longstanding tradition where families visit their neighbors during Advent and on New Year's Day bearing holiday food like yams, boudin créole, pâtés salés, and pork stew. They sing Christmas carols together into the early hours of the morning, adding their own creole verses to traditional lyr-

NORWAY - In Norway, the Christmas season, called julebord, begins Dec. 3, filling up local bars and restaurants throughout the month. Families celebrate Little Christmas on Dec. 23; each have their own ritual for the day that may include decorating the tree, making a gingerbread house, and eating risengrynsgrøt (hot rice pudding).

IRELAND

The Irish leave a tall red candle in a front window overnight, a welcoming symbol of warmth



INSTALLATION OF OFFICERS **BRANCH 83 FLORENCE**

will take place at the Branch on Wednesday, January 17th at 7:00 pm

and shelter for the holiday season. Traditional Christmas fare in Ireland often includes homemade roast goose, vegetables, cranberries, and potatoes.

BARBADOS

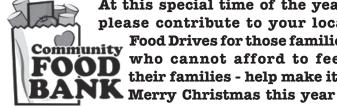
A Christmas table in Barbados isn't complete without a baked ham decorated with pineapple and sorrel glazes, a rum cake, and Jug Jug, a dish inspired by the Scottish influence on the island combining pigeon peas, guinea corn flour, herbs, and salt meat.

POLAND - On Christmas Eve in Poland, many families share oplatek (an unleavened religious wafer), each person breaking off a piece as they wish

CHURCH DIRECTORY

St Matthew Wesley United Church Church service is held on Sunday at 27 St Columba Drive, Leitches Creek at 11:00 am. ALL ARE WELCOME - the office phone number is 902-577-8472

St John the Baptist Anglican Church services are held on Sunday and Wednesday at 28 King Street in North Sydney at 10:00 am. ALL ARE WELCOME - the office phone number is 902-794-3392 .



At this special time of the year, please contribute to your local Food Drives for those families who cannot afford to feed their families - help make it a

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155 QUEEN STREET NORTH SYDNEY

NORTH SYDNEY LIBRARY

FIBRE LUNCH - Thursdays from 1:00 - 3:00

STORYTIME last Saturday, Storytime until after Christmas.

HOMESCHOOLERS GROUP meets Wed., 1:00 -3:00 pm.

ENGLISH CONVERSATION group meets Wednesdays from 11:30 - 12:30.

CHRISTMAS HOLIDAY SCHEDULE

CLOSED Saturday, December 23rd at 1:00 pm
CLOSED December 25th
and December 26th
Open Regular Hours Dec. 27
CLOSED Saturday, DEC. 30
at 1:00 pm
OPEN Jan.2nd Regular
Hours





NEW YEARS TICKETS Roast Beef Supper 6:30 - 8:00,
Eat In Only,
Music will be by
Tommy Capstick \$25.00 per ticket available at Downstairs bar.

Logon and listen to our radio station on website-www.kleeradio.com and click on the "PODCAST" link and start your Free download. Check back weekly for a new podcast for your listening pleasure.

Annual Polar Bear Dip

There's a New Year's Day tradition in many cold, icy towns and villages that never fails to draw the curious and the crazies. I'm speaking of the annual Polar Bear Dip where normally sane and rational people don skimpy bathing suits and run into ice cold, frigid ocean water. Why do they do this? Most people say it's for a lark, others say it's to keep them from getting colds and others are just plain drunk or stupid....or both.

At any rate, it was always something our family went to see during the Christmas vacation. We would pile in the car all dressed in winter boots and winter jackets and head down to South Bar where the cold waters of the Atlantic

Ocean waited. The area that the swimmers would enter the water was known locally as Polar Bear because even in the heat of summer the water was extremely cold.

Many people bring cameras and cheer on the brave souls and usually the local TV station and newspaper cover the event. We usually took a camera to take some pictures. This year, 1988, we had a special reason to be there. Our Uncle Ned decided to become a Polar Bear. He wasn't especially athletic and he was usually pale so we wondered why he would want to try this.

When the time came for the swimmers to go in, a starter would line the swimmers up and set off a starter pistol and they all ran and dived into the water. As I've said, Ned wasn't particularly athletically gifted so when the starter's gun went off, Ned surged forward but he started to slip and lose his footing. He grabbed at the nearest handhold which happened to be Nellie Pearson's butt. She retaliated with a slap that sent Ned swirling to the right. Again he grabbed for a handhold and it was the back of Sammy Dufour's swim trunks.

Down went Ned, down went Sammy's trunks. The two of them were sliding and slipping until they both entered the water, Sammy minus his trunks and Ned half choked and disoriented. Cameras clicked, senior women hooted and Sammy turned a wonderful shade of red. By this time Ned was actually in the water still holding onto Sammy's trunks. Sammy ripped them out of his hand and put them back on. When Ned tried to stand he was paralyzed with the cold and several of the retuning Polar Bear members fell over him and ended up in a tangle of shivering bodies.

I thought my father was going to have a heart attack as he was laughing so hard. My mother had tears running down her face and Dorothy Muldoon, 96, her first time at the Polar Bear Dip remarked, "If I knew it was going to be this much fun, I'd have come a long time ago."

Uncle Ned never went back for the annual dip but we still have pictures and every once in awhile, I take them out of the album for a good laugh.

SYDNEY MINES LIBRARY



CHRISTMAS HOLIDAY SCHEDULE

CLOSED Saturday, December 23rd at 1:00 pm CLOSED December 25th and December 26th Open Regular Hours Dec. 27 CLOSED Saturday, DEC. 30 at 1:00 pm OPEN Jan.2nd Regular

OPEN Jan.2nd Regular Hours

Late Nite Oldies Show With Jack Cool

Jack would like to send out a Special Merry Christmas and Happy New Year to all his faithful listeners All The Best in 2024



PHANTOM COUNTRY

CLASSIC COUNTRY with host KENNY

WALSH

Sundays at 6:00 pm www.kleeradio.com



Please support your Community Food Banks this Christmas





For the Best In Classic Country Music, join Kenny Walsh every Sunday Night at 6:00 pm for Phantom Country. Logon to our website at this address -

www.kleeradio.com



Happy New Year and Please drive safely Over The Holidays



NORTH SYDNEY URGENT CARE CENTRE HOURS Monday, Tuesday and Thursday 8 am - 7:30 pm Wednesday and Saturday 9 am - 4:30

45s Weekly Card Game

Still going strong, Bras d'Or Seniors and Pensioners weekly 45's card games.

Thursdays 7:30....9 ways to win. A great fun night out. 66 Main St. Bras d'Or.



KWIK KOPY Printing

CHARLOTTE STREET - SYDNEY

PHONE 562-2122



To give our volunteers and staff a Christmas break, we will publish an electronic copy of our paper on December 27th and January

3rd. The next printed edtion of or weekly paper will be published on Wednesday, January 10th. The December 27th edition and the January 3rd edition will be electronic only. Merry Christmas to all our readers and all the Best in 2024. Please drive safely over the Christmas holidays.

The famous "Stevie's Jamboree"
TV show **Great Christmas gift!

9 shows on 6 DVD's \$20

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		9				6	7	
			6			2		4
	7	3	1		5	4		
						8	1	
	2		3	9		5		

A Daily Crossword Online Puzzle available at -www.kleeradio.com click on FEATURES link

HAPPY NEW YEAR 2024

HAPPY NEW YEARS



From K-LEE Radio and Northside This Week



ROBERT
O'HEARN
RADIO HOST

JACK COOL
OLDIES DJ
KLEE - 2









KENNY WALSH PHANTOM COUNTRY

PAUL
POWER
TAKE 2
COLUMNIST





May this Christmas be a Safe and Happy Holiday-we look forward to seeing you again in 2024 - Merry Christmas!



GLEN GRAY - MANAGER

www.kleeradio.com