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By Appointment

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PHONE
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FREE

THIS WEEK

NORTHSIDE COMMUNITY NEWS

FREE

Vol. 13 - JANUARY 11th - 2023

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RALPH IVEY'S

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McCormick's

TIRECRAFT

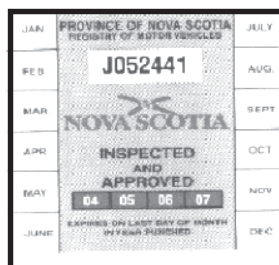
126 SEAVIEW DRIVE - - NORTH SYDNEY

SUMMER TIRE SALE - \$UPER \$AVINGS

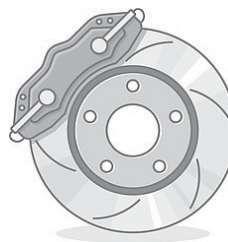
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212 Commercial Street
NORTH SYDNEY

Gospel Hour with Pierre
Chiasson Sunday mornings
9 am - Logon to our website
www.kleeradio.com

Royal Canadian Legion
Branch 83 Florence



BINGO

starting
at 7.00

Thursday Nights

MONDAY, TUESDAY

WEDNESDAY &

THURSDAY

Noon - 10:00 pm

FRIDAY & SATURDAY

Noon - Midnight

The CIRCLE

Saturday nights

7:00 pm

TARABISH

TUESDAY AT 7.00 PM



THURSDAY NIGHT

736-6313

Sunday BINGO

Sydney Mines Seniors & Pensioners Club Fraser Avenue,
Sydney Mines - 2:00 pm

Toonie Jackpot - \$468+

JACKPOT \$1,075.00
on 54#s or less

MONDAY FUN NIGHT - 7 PM

45^S CARD GAME

Wednesdays - 7:00 pm

SATURDAY DANCE

8:00 - 12:00 - Music By

**ERNIE
WELLS**

**North Sydney
FIRE HALL**

Pierce Street North Sydney

OPEN 7 Days a Week

From 10:00 - Midnight

THURSDAYS - Ernie,

Todd & Wade

Kitchen Open 4:30

Music 5:00 - 8:30

PHANTOM COUNTRY

Classic Country with

host Kenny Walsh

Sundays at 6:00 pm

www.kleeradio.com

Helpful Household Hints

Just remove the tab from a can of soda and place it on the neck of a hanger through one of the holes. That adds a place to hang another hanger from the bottom hole and you have two pieces of clothes that take up the space of one!

Unloading the groceries from your car is heavy and difficult to handle even without you trying to open the front door with your hands full. If your door just won't stay open, you can make your trips to the trunk a little easier by tying a rubber band to the doorknobs to keep the latch from closing.

Next time you are snacking on some Pringles, keep the empty can, clean it out, and it becomes the perfect container for noodles. It is just the right size, has a lid, and will save you the trouble and expense of getting a special container.

**JAIME
BATTISTE**

Member of Parliament
SYDNEY - VICTORIA

jaimebattiste.ca

jaime.battiste@parl.gc.ca

207A-201 Churchill Drive
Membertou, NS B1S 0H1

(902) 567-6275



Keith Bain

1415 Highway 105, Bras d'Or, NS, B1Y 2N5

902-736-0301 (Office)

902-736-0411 (Fax)

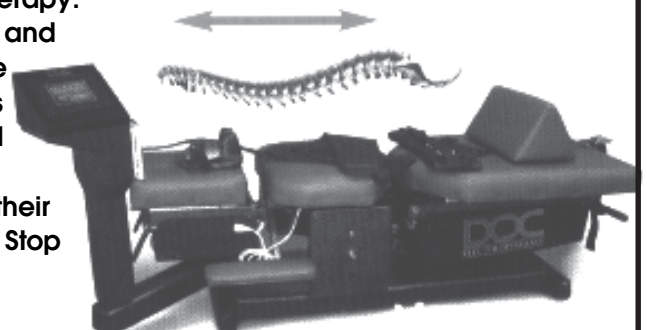
keithbainmla@bellaliant.com

NEW DECOMPRESSION TABLE RELIEVES PAIN

Darren Strong from Strong Chiropractic, announces a new, sophisticated computerized decompression table that allows the spine to be gently stretched and relaxed for spinal decompression therapy.

The pattern of alternating pulling and relaxing creates vacuum-like pressure which allows disc material that was herniated or protruded to be pulled back in the disc over time.

Patients will notice a reduction of their pain during these treatment sessions. Stop in today and ask about the new table and how you can benefit.



793 Mahon St., New Waterford - 862-9444 224 Commercial St. North Sydney - 241-9444

NEW YEARS FREEBIES

There's no denying that we all like to get free things and each year at the beginning of the new year I get many emails offering various items and this year I thought I would let you in on some of them as they tend to make life easier and more efficient. They are all available on our website - www.kleeradio.com - DOWNLOADS

1 - 12 month Calendar all on one page

2 - Large letter 12 separate months

3 - Master Grocery List - check off needed items

4 - Things To Do List - jot down your daily tasks

5 - Weekly Planner - room for 7 days events

6 - Simple Invoice - for home businesses

7 - Free Word processing software - Logon to <https://www.openoffice.org>

8 - Free Daily Crossword and Soduko - Logon to our website - www.kleeradio.com - FEATURES LINK

9 - Free Daily Software Giveaway

We also have an extensive list of Free Podcasts that you can download. We have many Music Podcasts such as - Elvis Remembered, Canada Day Podcast, Remember The Miner, Greatest Instrumental Hits, 1 Hit Wonders, Billboard Top Hits from 1956 - 1959, Indian Beach Summer Show, Trivia Podcast, Pig & Whistle, Golden Oldies, Sing Along Show all available on the website at the PODCASTS link.

We also have many Old Time Radio Show such as - Jack Benny, Burns & Allen, Fibber McGee, Benny Goodman, Baby Snooks, Gunsmoke, Boston Blackie, Dragnet, Abbot & Costello, Our Miss Brooks and The Lone Ranger. Keep checking back as we update the links weekly.

JANUARY 2023						
Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
1	2	3	4	5	6	7
8	9	10	11	12	13	14
15	16	17	18	19	20	21
22	23	24	25	26	27	28
29	30	31				



FRED TILLEY

MLA Northside-Westmount

Northside-Westmount
Constituency Office

2 Elliot Street, Sydney

Mines | Nova Scotia

B1V 3G1

(902) 736-0546

mia@northsidewestmount.ca

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BRANCH 008 LEGION - SYDNEY MINES

Tuesday Night Bingo - 7:00 pm

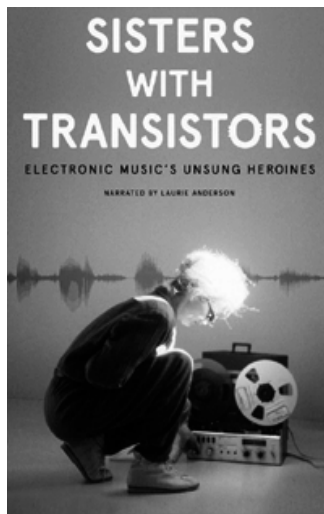
JACKPOT - \$525.00



PHONE (902) 736-3206



There's no question that the synthesizer revolutionized the music world-and believe it or not that electronic device has been around since 1964, with many of the early innovators being women. That fact had been largely overlooked, until now. **"Sisters With Transistors"** is a documentary that shines a light on the important role that women played in the early experimentation with audio soundscapes and music-presented here with testimonials and rare archival footage of artists such as Daphne Oram who worked in the late 1940's at the BBC, using old tape machines and cutting, splicing and looping pieces of tape, and Deila Derbyshire, who in 1963 brought the "Dr. Who" theme to life-which many consider the first electronic theme. Without gender bashing, this documentary shows a factual presentation of how much these women and their contributions to this world were sublimated by the male dominated music, radio and entertainment industries. When the soundtrack for the movie "Forbidden Planet" was created in 1956 by Bebe and Louis Barron the musician's union wouldn't allow it to be called a soundtrack, opting for the phrase "electronic tonalities".



It is however the very first completely elect-ronic film score, preceding the invention of the Moog synthesizer by 8 years. Across continents these women were drawn to the frequencies that drew them to a new and liberating form of music that offered them a new voice, free of the constraints of earlier composers, and not just "push around dead white men's notes". The film is narrated by avant-garde artist/composer/musician Laurie Anderson, which adds even more credibility and insight to this project. Famed composer/musician John Michel Jarre once said that "between noise and music is the hand of the musician", and this feature shows us that many of those hands belonged to women.

Old Time Radio Podcast Added

Many of you will remember the radio Music shows and serials that were broadcast each week.

We have over 50,000 hours of these classic shows and we are adding them to our website on a weekly basis starting in 2023.

Logon to our website at www.kleeradio.com and click on the **PODCASTS** Link and you can download as many programs as you like.

This week's show is "The Shadow" - One of the most popular radio shows in history. The show went on the air in August of 1930.

"Who knows what evil lurks in the hearts of men? The Shadow knows!". This show was broadcast on March 6, 1949.



KIWANIS GOLDEN K KLONDIKE 50/50

Come play our Klondike 50/50 Draw. Boxes are located in various locations around the Northside.

Draw every Thursday. For tickets call Paul at 902-577-4239.



WE'RE HIRING

Looking for a Spare Bar-tender for events. Apply in person with your resume to 16 Archibald Ave, North Sydney, NS B2A 2W1



Late Nite Oldies Show With Jack Cool

Looking forward to 2023 and my first Late Nite Oldies show will air on January 20th - see you there - JACK

YOUR FREE SODUKO WEEKLY PUZZLE

1				7	2	8		
		4			1			
				4			5	7
	2				4			
4		3		1				8
5		6			8	7		4
					3	6		
3	8				5			
7		2						



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AROUND THE TOWN

NORTHSIDE COMMUNITY NEWS EVENTS

GLEN GRAY - EDITOR

Happy New Year to you, it has been a year of challenges but there is one bright spot on the horizon, with over 5.000 spot checks for **impaired drivers**, there have been no case during these stops - "Over the holidays, with **MADD's** involvement, we didn't find any impaired-related charges that were laid," said **Rob Matheson**, the president of the Cape Breton MADD chapter - While Cape Breton Regional Police and RCMP did lay some charges away from the spot checks on Cape Breton roads (3 impaired charges) over Christmas, Matheson said the fact the areas numbers were **relatively low** has to be taken as a positive sign - **Thank you** to all the drivers who heeded the warnings and had a safe and happy Christmas holiday..... it looks like there will be **two roundabouts** in the new year - one will be at the **Causeway** and another will be on Kings Road in Sydney - I'm not sure about the **Kings Road** one - there already is a traffic light there and I feel that with the volume of traffic on Kings Road, there may be **more accidents** as many motorists are not certain of how to approach and drive on roundabouts.....On **page 3** of this edition you will see a list of **Free Items** that are available from our website - www.kleeradio.com - and on **page 4** you will see a new feature we will be adding to our weekly paper, a **Free Old Time Radio Show** you can download for your own collection, this week's show is "**Only The Shadow Knows**" which was a famous radio serial - check back weekly to see the new show - also get your free copy of our **music Podcasts** to add to your collection.....**Paul Power** has a very interesting column detailing the "**Sisters With Transistors**" is a documentary that shines a light on the important role that women played in the early experimentation with audio soundscapes and music, it's worth a read we want to let you know that the Northern Yacht Club is open for dining with "**Johnybee's Restaurant**" and is featuring meals and twice weekly entertainment - see his ad **opposite** this column.... we have another story for you from "**Tall Tales & Udder Lies**" about fishing mackerel in Sydney Harbour on **page 7** and you can cut out the back page of this edition and use the 2023 calendar we have provided - see you next week....**FREE PUBLICITY** for all Clubs and community organizations, simply email us with your information and we'll publish it free of charge in our weekly paper - just email us with your event information to us at our website email address thisweek@kleeradio.com



For the Best In Classic Country Music, join Kenny Walsh every Sunday Night at 6:00 pm for Phantom Country a 2 hour show of the best Country Music

Logon to our website at this address

www.kleeradio.com

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Penne Dish
A New Taste Sensation

WEDNESDAY
WING NIGHT
\$10.00 / Dozen



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5:00 - 8:00 pm
Local Musician



Friday Evening
6:00 - 9:00 pm
LIVE MUSIC

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NORTH SYDNEY LIBRARY

**309 Commercial Street
North Sydney
Phone 902-794-3272**

REGULAR HOURS

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6:00 - 8:00**

TUES. - 9:30 - 8:00 pm

WED. - 9:30 - 8:00 pm

THURS. - 9:30 - 8:00 pm

FRI. - 9:30 - 6:00 pm

SAT. 9:30 - 5:00 pm



K-LEE RADIO will begin its 13th year of broadcasting in 2023 bringing you the very best in Cape Breton & Celtic music 24 hours a day, 7 days a week from beautiful Cape Breton Island. Join us and listen at this web address
www.kleeradio.com



Please keep our local Food Banks in mind as the need is greater this year.

Breakfast Brunch

Last Sunday of every month

Big Bras d'Or Fire Hall

9:00am - 12:00pm

Sponsored by:

**"Friends of the Big Bras d'Or
Fire Hall"**

1390 Old Route #5, Big Bras d'Or

Adults \$10.00 Children \$5.00

Annual Polar Bear Dip

There's a New Year's Day tradition in many cold, icy towns and villages that never fails to draw the curious and the crazies. I'm speaking of the annual Polar Bear Dip where normally sane and rational people don skimpy bathing suits and run into ice cold, frigid ocean water. Why do they do this? Most people say it's for a lark, others say it's to keep them from getting colds and others are just plain drunk or stupid....or both.



At any rate, it was always something our family went to see during the Christmas vacation. We would pile in the car all dressed in winter boots and winter jackets and head down to South Bar where the cold waters of the Atlantic Ocean waited. The area that the swimmers would enter the water was known locally as Polar Bear because even in the heat of summer the water was extremely cold.

Many people bring cameras and cheer on the brave souls and usually the local TV station and newspaper cover the event. We usually took a camera to take some pictures. This year, 1988, we had a special reason to be there. Our Uncle Ned decided to become a Polar Bear. He wasn't especially athletic and he was usually pale so we wondered why he would want to try this.

When the time came for the swimmers to go in, a starter would line the swimmers up and set off a starter pistol and they all ran and dived into the water. As I've said, Ned wasn't particularly athletically gifted so when the starter's gun went off, Ned surged forward but he started to slip and lose his footing. He grabbed at the nearest handhold which happened to be Nellie Pearson's butt. She retaliated with a slap that sent Ned swirling to the right. Again he grabbed for a handhold and it was the back of Sammy Dufour's swim trunks.

Down went Ned, down went Sammy's trunks. The two of them were sliding and slipping until they both entered the water, Sammy minus his trunks and Ned half choked and disoriented. Cameras clicked, senior women hooted and Sammy turned a wonderful shade of red. By this time Ned was actually in the water still holding onto Sammy's trunks. Sammy ripped them out of his hand and put them back on. When Ned tried to stand he was paralyzed with the cold and several of the retuning Polar Bear members fell over him and ended up in a tangle of shivering bodies.

I thought my father was going to have a heart attack as he was laughing so hard. My mother had tears running down her face and Dorothy Muldoon, 96, her first time at the Polar Bear Dip remarked, "If I knew it was going to be this much fun, I'd have come a long time ago."

Uncle Ned never went back for the annual dip but we still have pictures and every once in awhile, I take them out of the album for a good laugh.

SYDNEY MINES LIBRARY

**1 Fraser Avenue
Sydney Mines
Phone 902-736-3219**

REGULAR HOURS

**MON. 1:00 - 5:00 and
6:00 - 8:00**

TUES. - 9:30 - 8:00 pm

WED. - 9:30 - 8:00 pm

THURS. - 9:30 - 8:00 pm

FRI. - 9:30 - 5:30 pm

**SAT. 9:30 - 12:00 and
1:00 - 5:00 pm**



**NORTHSIDE &
DISTRICT
MINOR
HOCKEY 50/50**

DRAW - Last week's 50/50 draw winner was Malcolm MacDermid and the amount won was \$14,414. Thank you for your continuing community support all year long.



**The Best of Local
Talent - 24/7**

www.kleeradio.com

For the latest and most comprehensive list of local events, logon to -
www.musiccapebreton.com

Mike Little updates his listings each week.

**Some stories
Courtesy Of**

**SWING OVER THE
MOUNTAIN NEWS**

The Storytellers

Captain Highliner And The Mackerels

This story comes from the book "Tall Tales & Udder Lies" published by Microtext Publishing and written by Glen Gray

Ambrose Coffin was a retired Newfoundland sea captain who lived on the Esplanade next to the Sydney Harbour. He would always say, "The mackerels is runnin'" and that would be the signal for hordes of would be fishermen to head for the Sydney Harbour Government Wharf in anticipation of the annual mackerel run.

Ambie, as we called him, also kept a dory and he would go out in it from time to time to jig the mackerel as they schooled all around Sydney Harbour.

On the day in question, he was jigging the mackerels when a ship's horn sounded. He didn't move as he was busy jigging the fish. The ship kept on coming and blowing their horn. The ship wanted to dock at the wharf and felt it had the right of way.

Ambrose had to frantically row his dory out of the way of the ship as it steamed towards the mooring at the Government Wharf. The prop wash caught the dory and it



capsized with Ambie losing all his fishing gear as well as all the mackerels he had caught. The crew of the ship were laughing at the sight of Ambrose all soaking wet making his way onto the wharf.

Ambrose filed a lawsuit against the ship's captain and its owners. When it came time for court, the captain had a high priced lawyer defending him. Ambrose had a battered copy of the Mariner's Law Of The Sea book and quoted to the judge that an unpowered vessel such as his dory had the right of way over a powered vessel and the ship should have given him a wide berth.

The lawyer tried to argue that the ship had to land its cargo and Mr. Coffin was in the way and refused to yield. The debate went on for three hours but in the end, Ambrose prevailed and the judge ruled in his favor. As they began to break up, the disgruntled captain was heard to say, "I should have run the old bugged over!"

The judge overheard the remark and banged his gavel and said sternly, "And that will be another \$500 for the lost mackerel!"

Ambrose did a little jig and the sea captain stormed out. From that day on we christened Ambrose "Captain Highliner" and he would tell the tale of the \$500 mackerels to anyone who cared to listen.

MABOU HALL

Sitting in corner of The Mabou Hall,
fifth man out, listening to prompters call,
music bouncing off tartan wall,
sitting in the corner of the Mabou Hall.
Stranger you see, in the midst of frolic,
yearning to get back to my roots.



Caught in excitement of figures promenading,
bringing me back to the days of my youth.
Figure after Figure sashay night away,
my heart on the dance hall floor

Suddenly prompters voice beckons me
Come son join us, we need one more.
No longer in corner of The Mabou Hall,
fifth man out listening to prompters call
part of action now you see,
swinging my partner at The Mabou Ceilidh.



RON GILLIS - NORTH SYDNEY



ATOMIC

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Northside This Week
Published Every
Wednesday
January

Su	Mo	Tu	We	Th	Fr	Sa
1	2	3	4	5	6	7
8	9	10	11	12	13	14
15	16	17	18	19	20	21
22	23	24	25	26	27	28
29	30	31	1	2	3	4

2023 Calendar

February

Su	Mo	Tu	We	Th	Fr	Sa
29	30	31	1	2	3	4
5	6	7	8	9	10	11
12	13	14	15	16	17	18
19	20	21	22	23	24	25
26	27	28	1	2	3	4

Visit K-LEE RADIO
www.kleeradio.com
24 hrs - 7 days a week
March

Su	Mo	Tu	We	Th	Fr	Sa
26	27	28	1	2	3	4
5	6	7	8	9	10	11
12	13	14	15	16	17	18
19	20	21	22	23	24	25
26	27	28	29	30	31	1

April

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26	27	28	29	30	31	1
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30	1	2	3	4	5	6

May

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7	8	9	10	11	12	13
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21	22	23	24	25	26	27
28	29	30	31	1	2	3

June

Su	Mo	Tu	We	Th	Fr	Sa
28	29	30	31	1	2	3
4	5	6	7	8	9	10
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18	19	20	21	22	23	24
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July

Su	Mo	Tu	We	Th	Fr	Sa
25	26	27	28	29	30	1
2	3	4	5	6	7	8
9	10	11	12	13	14	15
16	17	18	19	20	21	22
23	24	25	26	27	28	29
30	31	1	2	3	4	5

August

Su	Mo	Tu	We	Th	Fr	Sa
30	31	1	2	3	4	5
6	7	8	9	10	11	12
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20	21	22	23	24	25	26
27	28	29	30	31	1	2

September

Su	Mo	Tu	We	Th	Fr	Sa
27	28	29	30	31	1	2
3	4	5	6	7	8	9
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October

Su	Mo	Tu	We	Th	Fr	Sa
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8	9	10	11	12	13	14
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29	30	31	1	2	3	4

November

Su	Mo	Tu	We	Th	Fr	Sa
29	30	31	1	2	3	4
5	6	7	8	9	10	11
12	13	14	15	16	17	18
19	20	21	22	23	24	25
26	27	28	29	30	1	2

December

Su	Mo	Tu	We	Th	Fr	Sa
26	27	28	29	30	1	2
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