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**G. MacDonald - Denturist**By Appointment

BADDECK PHONE 295-2516



# THIS WEEK

NORTHSIDE COMMUNITY NEWS

FREE

Vol. 14 - FEBRUARY 21st - 2024



REAL GOOD RADIO Launches - 24/7 www.realgoodradio.ca



## RALPH IVEY'S

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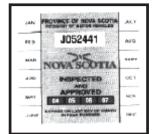
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212 Commercial Street
NORTH SYDNEY

Gospel Hour with Pierre Chiasson Sunday mornings 9 am - Logon to our website **www.kleeradio.com** 

### Royal Canadian Legion Branch 83 Florence



**BINGO** 

starting at 7.00

### TARABISH

Tuesday 7:00 p.m downstairs

POOL

Wed. 7:00 p.m. - Downstairs

### **BINGO**

THURSDAY, 7:00 PM Upstairs

### WASHER TOSS

Friday 7:00 p.m. Downstairs

### THE CIRCLE

Saturday 7:00 p.m **Upstairs** 



45s CARD

GAME

EVERY MONDAY

7:30 pm

736-6313



NORTH SYDNEY SENIORS & PENSIONERS CLUB

Commercial Street

### St. Patricks Day Dance

MARCH 15 - 8:00 - 12:00

Music By Theresa Rideout \$5.00 per person, pay at the door, come and enjoy a night with good music



# BRANCH 19 LEGION UPCOMING EVENTS General Meeting

will be held at Branch 19 on Wednesday February 28th at 7:00 pm. All members are encouraged to attend.

**NOTE:** the Executive meetings will be held Tuesday, February 27th at 7:00 pm.

Branch 19 Members Only

### **POOL TOURNAMENT**

March 12th at 5:45 pm. Registration Fee \$5.00 St. Patrick's Day at Branch

St. Patrick's Day at Branch 19 with music by Shotz Fired

### **SATURDAY MARCH 16**

9:00 PM - 1:00 AM
TICKETS AVAILABLE NOW AT
THE BRANCH \$10/PERSON
Happy Hour Every Friday 3:00
pm - 6:00 pm. Follow us on
Facebook RCL BRANCH 19
NORTH SYDNEY for all upcoming events and information.

### **SUNDAY BINGO**

Sydney Mines Seniors & Pensioners, Club Fraser Avenue, Sydney Mines - **2:00 pm** 

## JACKPOT \$1100 on 54#s or less TOONIE went

### **MONDAY FUN NIGHT - 7 PM**

# 45° CARD GAME

Wednesdays 7:30 pm SATURDAY DANCE

8:00 - 12:00

\$5.00 at Door



### **BOBBY & KENNY**

From Sydney

If you would like to send out Birthday Greetings to a family member or friend, simply email us with the information and we'll publish it free of charge - **thisweek@kleeradio.com** 

## JAIME Battiste

Member of Parliament SYDNEY - VICTORIA

jaimebattiste.ca jaime.battiste@parl.gc.ca 207A-201 Churchill Drive Membertou, NS B1S 0H1

(902) 567-6275





## Keith Bain

1415 Highway 105, Bras d'Or, NS, B1Y 2NS 902-736-0301 (Office) 902-736-0411 (Fax)

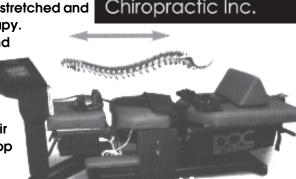
keithbainmla@bellaliant.com

### **NEW DECOMPRESSION TABLE RELIEVES PAIN**

Darren Strong from Strong Chiropractic, announces a new, sophisticated computerized decompression table that allows the spine to be gently stretched and relaxed for spinal decompression therapy.

The pattern of alternating pulling and relaxing creates vacuum-like pressure which allows disc material that was herniated or protruded to be pulled back in the disc over time.

Patients will notice a reduction of their pain during these treatment sessions. Stop in today and ask about the new table and how you can benefit.



793 Mahon St., New Waterford - 862-9444 224 Commercial St. North Sydney - 241-9444

### **NEW I NTERNET RADIO STATION LAUNCHES**

Real Good Radio set to launch Amplifying Community Voices and Music Diversity - Real Good Radio, the newest addition to the digital airwaves in Cape Breton, is proud to announce its official launch, bringing a fresh and dynamic platform for local voices and diverse music to the local and international community.

The station is owned and operated by former local radio

personality, Jeff Romard. Mr. Romard left the local airwaves last August to pursue other interests but quickly realized he missed radio.

"I really felt the need to get back on the air" Romard said. "This is something I have been thinking about for awhile, and as the

idea grew, I thought more about what I could do that was different than what was already offered in the community."

"Music draws people together and I believe good music doesn't have a genre; I play just great music from a large music library,"

The community will be a big part of the new station; "I plan on taking in a lot of community events." Romard said. Real Good Radio officially launched Saturday February 17th at 12 Noon. They are streaming music 24/7

LISTEN LIVE LINK:

https://s10.citrus3.com:2020/public/realgoodradio FACEBOOK PAGE:

https://www.facebook.com/profile.php?id=61553780730047

### IT'S HOWDY DOODY TIME

In the early days of black and white TV, not all the homes had a TV. My father was an avid Toronto Maple Leafs fan and a big Yankee Fan. He decided to go to the Steel Centre Credit Union and buy the TV. We kids had Howdy Doody and once again I tried to turn this opportunity into a fund raising adventure. I would charge them 5 cents to come and watch with me. This went on for quite a while and my friends would all gang around me waiting to be invited for the Howdy Doody Show. I kept reminding my friends to be quiet or else they'd have to go home and there would be no refunding their money. My mother remarked how quiet and well behaved my friends were. She would bake cookies and they all got one so that was a bonus for the 5 cents. Alas, all good things come to an end. My mother found out about the money I was charging and grounded me for a week. No rest for the wicked!

### **CBRM SKATING SCHEDULE 2024**

**MONDAYS -** Tots Skate @ Sydney Mines and District Community Centre from 10-11

Adult Skate @ Sydney Mines and District Community Centre from 12-2

**TUESDAYS -** Pre-school Skating @ Emera Centre from 11:30-12:30 Adult Skating @ Emera Centre from 1-2:30

#### **WEDNESDAYS**

Tots Skate @ Sydney Mines and District Community Centre from 10-11

Adult Skate @ Sydney Mines and District Community Centre from 12-2

#### **THURSDAYS**

Pre-school Skating @ Emera Centre from 11:30-12:30 Adult Skating @ Emera Centre from 1-2:30

#### **FRIDAYS**

Tots Skate @ Sydney Mines and District Community Centre from 10-11

Adult Skate @ Sydney Mines and District Community Centre from 12-2

## Shear Madness Hair Designs



Come Check Us Out
Tues. & Wed. 9:00 - 5:00
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### FRED TILLEY

MLA - NORTHSIDE WESTMOUNT

**Northside-Westmount** 

**Constituency Office** 

2 Elliot Street, Sydney Mines - Nova Scotia B1V 3G1

(902) 736-0546

mla@northsidewestmount.ca

## **BRANCH 008 LEGION - SYDNEY MINES**

TUESDAY NIGHT BINGO - 7:30 PM JACKPOT - \$825.00 - 54#<sup>s</sup> OR LESS

NEW HOURS - 1:00 - 12:00 - Monday - Saturday - Closed Sunday

Every 2nd Saturday, Entertainment Downhouse Boys 3:00 - 6:00 pm NO ADMISSION

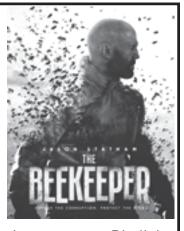


PHONE (902) 736-3206

# Take 2

### PAUL POWER

I'm willing to bet that no one puts on a Jason Statham movie for a cerebral break: for the most part his moves are action/ thrillers amped up to 100. Last week I watched his 2 most-recent releases and there was indeed a big difference in both. "Operation Fortune: Ruse de Guerre" had lots of big name actors such as Hugh Grant, Aubrey Plaza and Josh Hartmett onboard but the movie fell flat quite a few times, so thank God they spent a lot of moola to film in exotic locations and feature lots of guns, gadgets and eye candy to hopefully carry what is a bit of a lame duck movie: not terrible but not all that satisfying. Now "The Beekeeper" is one of the best Statham movies I have ever seen (and I've seen them all). Without giving too much of the storyline away it's premise is really good-and it was



nice to see Phylicia Rashad (the "Cosby show" mom) here, as well as Jeremy Irons and Josh Hutcherson in roles that really gave them a chance to show off their acting chops. I like how director David Aver and writer Kurt Wimmer gradually built up the story-filling in the details along the way until things reach a boiling point, and then the lid blows off the sucker. The action sequences are some of the best and most original that I've seen in a while, eliciting a few WTF? moments. There's also a cool explanation of what the 'Beekeeper' really is. Jason Statham also coproduced this film. So strap in, hit play and enjoy!



K-LEE RADIO has over 100 Free Podcasts that you can download Old Time Radio Shows, Free music concerts, Cape Breton & Oldies Podcasts.

www.kleeradio.com

### **TAX TIP 2024**

Seniors are allowed to split up to half of their eligible pension income with a spouse or common-law partner, so they can assign a portion of what they earned throughout the year to their better half. This can mean a significant tax reduction when one spouse has very little income, and the other has a lot.



PUBLISHED EVERY
WEDNESDAY
IN PRINT AND
DIGITAL FORMAT

## **AROUND THE TOWN**

NORTHSIDE COMMUNITY
NEWS EVENTS
GLEN GRAY - EDITOR



Many of you are still coping with the heavy snow and trying to put it somewhere so you can get around - getting hit with a record setting 150 cm. followed by another Nor'Easter a few days later made it difficult for any - Cape Bretoners are a very resilient people and it was nice to see many community groups, students and volnteers out shovelling those who needed it most and snowmobile clubs for volunteering to deliver food and medicines to those trapped in their homes - THANK YOU to all those wonderful volunteers for their assistance and compassion, a job well done!!!... just keep in mind that SPRING officially begins March 19th, that's not too far away.... On page 3 you'll see CBRM's Skating Schedule for tis year.... on page 3 we have another amusing story from the Tall Tales humour books, a true story from my early years..... Paul Power has a movie review of "The Beekeeper"... see page 5 for a really good deal on internet service from Purple Cow, a Halifax based company providing internet service for \$60.00 a month and with the special code in the ad, you'll get an additional \$15.00 off the first month - I have Purple Cow and I'm pleased with how easy it was to set up and it is fast..... it's Tax Season once again and on page 6 you'll find several helpful TAX TIPS to maximize your return... check out the Library news to see what community programs they are offering for the Winter season - page 6 ..... You'll find a Free Soduko Puzzle on page 7 and we alo have a daily Free Soduko and Crossword Puzzle on our website - www.kleeradio.com click on the FEATURES link.... once again we have a Wuzzle Puzzle for you, this proving a popular feature as readers try to guess the phrases... also on page 8 you'll find the Weekly Horoscope... Cape Breton is geting a new internet radio station with former radio personality Jeff Romard, Real Good Radio, the newest addition to the digital airwaves in Cape Breton, is proud to announce its official launch of Real Good radio, bringing a fresh and dynamic platform for local voices and diverse music to the local and international community, February 17, - best of Luck Jeff, we need all the resources we can get to serve the various Cape breton communities... NOTICE - to all Church groups, Legions, Seniors Clubs, Fire Halls and Community associations - if you want free publicity for your upcoming event, simply email us with your information and we'll publish it in our printed edition and digital edition - email us at thisweek@kleeradio.com



**PHONE 902-371-3356** 

K-LEE RADIO is your local Community Radio Station and provides local music programming meant for Cape Breton audiences.

We broadcast 24 Hours a Day - 7 Days A Week with the Best in Cape Breton & Celtic Music - Tune in

www.kleeradlo.com



### BIRTHDAY WISHES

Please send out birthday wishes to two wonderful people celebrating birthdays this week. Happy Birthday to Tom Tobin, birthday on February 24th and Special Birthday Wishes to Kevin Jardine, celebratig his birthday on February 25th

# FIRE HALL PIERCE ST. - NORTH SYDNEY THURSDAYS

Ernie, Todd & Wade Kitchen Open 4:30 Music 5:00 - 8:30

## OPEN 7 DAYS A WEEK

From 10:00 - Midnight



For the Best In Classic Country Music, join Kenny Walsh every Sunday Night at 6:00 pm for Phantom Country. Logon to our website at this address -

www.kleeradio.com

OUR NEW PHONE # 902-595-4171

### **CHURCH DIRECTORY**

St Matthew Wesley United Church Chuowrch service is held on Sunday at 27 St Columba Drive, Leitches Creek at 11:00 am. ALL ARE WELCOME - the office phone number is 902-577-8472

St John the Baptist Anglican Church services are held on Sunday and Wednesday at 28 King Street in North Sydney at 10:00 am. ALL ARE WELCOME - the office phone number is 902-794-3392.



At this special time of the year, please contribute to your local

Food Drives for those families who cannot afford to feed their families - help make it a reality this year.

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**NORTH SYDNEY LIBRARY FIBRE LUNCH** - Thursdays from 1:00 - 3:00

**STORYTIME** Saturdays at 2:30.



@your library

**GARDEN CLUB** meeting February 27 from 1:00 - 3:00 pm

Cape Breton Naturalists - meets 21st from 6:00-7:45 for members slide show.

Logon to our website - www.kleeradio - and click on the PODCAST link to download your free copy of Cape Breton and Old Time Radio Podcasts are available as well.





SYDNEY CURLING CLUB George Street - Sydney

**MARCH 16 - 24** 





K-LEE RADIO 24 / 7

NEW CONTACT NUMBER 902-595-4171

### TAX TIPS & VALUABLE DEDUCTIONS

**TAXABLE INCOME AS A CANADIAN STUDENT -** Full-time students are not exempt from paying income tax in Canada. If you received any income from summer jobs or part-time jobs, you need to file an income tax return. All money you received regardless of if that work was occasional, part-time, or full time, is considered employment income. This also includes any tips you collected while on the job. Other forms of taxable income include any interest received from a Registered Education Savings Plan (RESP). Scholarships, bursaries, and grants are generally exempt.

REMEMBER TO CLAIM YOUR FEDERAL TUITION TAX CREDIT - The federal tuition tax credit is one of the top tax credits for post-secondary students. Even if you aren't reporting any income on your tax return, you can use this credit to claim the eligible tuition fees for post-secondary level courses. You can also claim fees you paid to an educational institution to take a course for developing or improving your skills in an occupation (if that institution is certified by Employment and Social Development Canada), as well as fees to take an occupational, trade, or professional exam.

**CLAIM THE INTEREST YOU PAID ON YOUR STUDENT LOANS. -** When you repay your student loans, you are able to claim the interest as a non-refundable tax credit to help reduce any taxes owed.

**TRANSFERRING UNUSED CREDITS** - If you have unused tuition tax credits for the current tax year, you can carry them forward to claim in future years. The caveat is that you must claim your carry forward amounts in the first year that you have to pay income tax. Another option you have is to transfer up to \$5,000 to qualifying relatives such as parents, grandparents, spouses, and common-law partners.

**STUDENT MOVING EXPENSES -** If you moved at least 40 kilometres away from home to get a summer job, you might be able to claim your moving expenses. This includes what you paid for transportation, storage, travel, temporary living, and more. You may also claim moving expenses to take courses as a full-time student in a post-secondary program, but only if you have taxable scholarship income (which is not usually the case).

INTERNATIONAL STUDENTS STUDYING IN CANADA - Students who have shown they have significant residential ties to Canada, in the eyes of the federal government, are considered residents of Canada. This means that, like other fellow Canadian residents, they would be eligible for GST/HST credits, tuition carry-forward credits and other provincial credits or tuition rebates!



## TAX PROFESSIONALS

222 Commercial Street - North Sydney - B2A 1B7

902 - 794-7117 - FAX 902-241-3088 sharon.matthews@hrblock.ca

### **SYDNEY MINES LIBRARY**



### **ALL AGES WELCOME**

JOIN OUR WINTER READING CHALLENGE AND YOU COULD WIN ONE OF THREE TERRIFIC PRIZES.

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REGISTER AND LOG THE BOOKS YOU READ INTO CBRLREADS.READSQUARED.COM OR ATTHE LIBRARY.

### NORTH SYDNEY SENIORS & PENSIONERS CLUB NEWS

The North Sydney Seniors & Pensioners Club is available for rentals - anniversaries, showers, funerals.

To book, call Virginia Lewis 902-794-2235

**BINGO GAME** every Saturday Night, doors open at 5:30, game starts at 6:30 - Jackpot, Toonie and Even Split games.



# PHANTOM COUNTRY

CLASSIC COUNTRY with host KENNY

WALSH

Sundays at 6:00 pm

www.kleeradio.com



Please support your Community Food Banks this Christmas

# E V E N T S

WOMENS WORLD CURLING CHAMPIOSHIP - See the story on page 3 for Womens World Curling March 16 - 24 with ticket prices only \$15 & \$25 for semi final and final games.

NORTH SYDNEY SENIORS & PENSIONERS CLUB -BINGO GAME every Saturday Night, doors open at 5:30, game starts at 6:30 - Jackpot, Toonie and Even Split games.

CHEAP INTERNET - \$60.00 per month - see page 5 for details and special code to save you even more money - Purple Cow Internet.

### TAX TIPS

Tax season is coming up and each week we will feature Tax Tips designed to save you money and increase your tax deductions - see page 6.



NORTH SYDNEY URGENT CARE CENTRE HOURS Monday, Tuesday and Thursday 8 am - 7:30 pm Wednesday and Saturday 9 am - 4:30



# OUR NEW CONTACT PHONE NUMBER

902-595-4171



### BIRTHDAY WISHES

HAPPY BIRTHDAY to Darrell Greer celebrating his birthday on February 24th - Love, Amy

Please send out a Special Birthday Greeting to our favorite Aunt, Norrie LeBlanc, February 25th, from Angela & Carol Anne.

# OLD TIME RADIO & MUSIC PODCASTS

Logon to our Free website Download link at www.kleeradio.com and scroll down and click on the "PODCAST" link and start your Free download. Check back each week as we feature a new podcast for your listening pleasure

### **45s Weekly Card Game**

Still going strong, Bras d'Or Seniors and Pensioners weekly 45's card games. Thursdays 7:30....9 ways to win. A great fun night out. 66 Main St. Bras d'Or.



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### KIWANIS GOLDEN K KLONDIKE 50/50

Come play our Klondike 50/50 Draw. Boxes are located in various locations around the Northside.

Draw every Thursday. For tickets call Paul at 902-577-4239.

# DEADLINE FOR NEWS ITEM SUBMISSIONS

A Reminder to all Clubs, and Organizations that our deadline for news is Tuesday at 5:00 pm in order to make it into Wednesday's edition.

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| YOUR FREE SODUKO WEEKLY PUZZLE |   |   |   |   |   |   |   |   |
|--------------------------------|---|---|---|---|---|---|---|---|
| 4                              | 9 |   |   | 2 | 5 |   |   |   |
|                                |   |   | 7 |   | 8 |   |   |   |
| 8                              |   |   |   |   | 6 | 5 |   | 2 |
|                                | 8 |   |   |   |   |   |   |   |
|                                |   | 7 |   |   | 2 |   |   |   |
|                                | 5 | 6 |   | 9 |   | 4 | 2 |   |
|                                |   | 9 |   | 1 |   |   |   |   |
|                                | 6 |   | 2 | 5 |   |   | 4 |   |
| 3                              |   |   | 8 |   | 4 |   |   |   |

A Daily Crossword Online Puzzle available at -www.kleeradio.com click on FEATURES link

New Phone - (902) 595-4171

## **WUZZLE PUZZLE**

Below are some common word phrases, see how many you can guess correctly.

did i know

Blessing Blessing Blessing Blessing

TROI'MUBLE

HAND IT NOW

FLOPS <sup>2</sup>

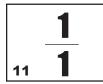
DINCHICKNER 6

WAKE Suzie





KEET KEET



BED BED

ANSWERS - 1 Little Did I Know, 2 Count Your Blessings, 3 I'm In Trouble, 4 Hand It Over Now, 5 Flip Flops, 6 Chicken Dinner, 7 Wake Up Little Suzie, 8 Blockhead, 9 Odd Couple, 10 Parakeets, 11 One On One, 12 Bunk Beds

### FREE OLD TIME RADIO SHOWS

K-LEE RADIO has made available many old time radio shows and serials free to their readers to download. You can build your own audio library of your favorite old time shows. This week's feature is from the **Great Gildersleeve** radio series.

The Great Gildersleeve, a sitcom aired on NBC Radio from August 31, 1941 to 1957, was a spin-off from another popular comedy series Fibber McGee and Molly, or FMAM. It centered on the story of Throckmorton Philharmonic Gildersleeve, who was also the main character of the FMAM. Harold Peary, a popular radio and television personality, was given the lead role. The Great Gildersleeve, which was well-accepted back then, was sponsored by Kraft Foods for its product called Parkay Margarine. When Mrs Ransom goes in to Peavey's chemist and casually enquires about Mrs Peavey she comes away believing that Mrs Peavey is ill and in need of an operation. When she tells Gildy he and the Jolly Boys hatch a plan to get Peavey enough money to pay for his wife's operation.

Logon to our website - www.kleeradio.com - and click on the "PODCAST" link to get this free program and several others that we have loaded for your entertainment.

### YOUR WEEKLY HOROSCOPE

Aries (March 21-April 19) - Do your best to avoid squabbles about money or how to deal with others because you might encounter challenges to what you want to do. Some kind of competition might exist with a friend or a group. If so, be skilful and work slowly. Don't bash at things head on.

**Taurus (April 20-May 20)** - The Moon is in your sign today, which can make you more emotional than usual. Furthermore, you might be challenged by authority figures, including the police. (Pay attention while driving.) Nevertheless, someone older or more experienced will have advice for you. Listen to it.

**Gemini (May 21-June 20)** - Steer clear of arguments about politics, religion and racial issues, which is difficult now with everything that's going on in the world. Ask yourself what kind of day you want to have? Do you want to be upset with others? No. You don't. Let it go and treat your main squeeze to dinner.

Cancer (June 21-July 22) - If you're involved with a friend or a group today, by extension, this could end up in an argument about shared responsibilities, shared property or how to spend a specific amount of money. (Could be anything.) Instead, look for a way to keep the peace. Listen to a teacher or guru-like figure.

**Leo (July 23-Aug. 22)** - You're high viz. today, which means people notice you. Meanwhile, your focus is on partners and close friends. Because you're a romantic sign, many of you are celebrating achievements. Nevertheless, you'll be sensible and practical today. ("One diamond is enough.")

**Virgo (Aug. 23-Sept. 22)** - Today you want a change of pace. Ideally, a change of scenery. If you can do this through your job or with a partner, this will please you. Meanwhile, health challenges along with work challenges can't be avoided.

**Libra (Sept. 23-Oct. 22)** - Many of you will enjoy Valentine's celebrations because you're in the mood to party! (You will socialize today for any reason.) Playful times with kids, social outings, sports events and schmoozing with friends will delight you today.

**Scorpio (Oct. 23-Nov. 21)** - Your focus is on home, family and your private life; and you're involved with partners and close friends. This could trigger tension with loved ones, which means you have a choice. You can stir that tension or let it go and keep the peace. What's it gonna be?

**Sagittarius (Nov. 22-Dec. 21)** - Another fast-paced day! (You have things to do, people to see and places to go.) This can be a productive day, especially if you don't get sidetracked trying to prove you're right. Whether you know it or not, you're coming on strong now. Lighten up.

**Capricorn (Dec. 22-Jan. 19)** - Some of you like expensive gifts because you think it shows someone cares. That might be the case on this Valentines Day, because you're focused on romance, fun outings and money. Is there some conflict here?

Aquarius (Jan. 20-Feb. 18) - You're hyped with energy with the Sun and fiery Mars in your sign. This could be why you might be at odds with a family member today, especially a female. Remember that you're empowered right now, which means you need to tone things down a little. That's better. Maybe a little more.

**Pisces (Feb. 19-March 20)** - Today you might feel restless. You're a sensitive sign and you might feel you're not getting the attention you deserve. (Join the club. We number millions.) Actually, you can do some serious, practical thinking today. Who knew?