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FREE

THIS WEEK

NORTHSIDE COMMUNITY NEWS

FREE

Vol. 14 - FEBRUARY 7th - 2024

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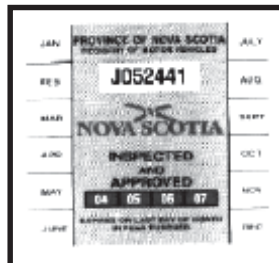
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Gospel Hour with Pierre Chiasson Sunday mornings 9 am - Logon to our website www.kleeradio.com

**Royal Canadian Legion
Branch 83 Florence**

BINGO starting at 7.00
TARABISH

Tuesday 7:00 p.m downstairs

POOL
Wed. 7:00 p.m. - Downstairs

BINGO

**THURSDAY, 7:00 PM
UPSTAIRS**

WASHER TOSS

**Friday 7:00 p.m.
Downstairs**

THE CIRCLE

**Saturday
7:00 p.m Upstairs
45s CARD GAME
EVERY MONDAY
7:30 pm**

DANCE FEBRUARY 16

Music By FINAL CUT
\$10.00 each
Tickets at The Bar

736-6313

Boisdale Valentine Dinner

The Ways and Means of the Boisdale Fire Hall will be hosting at the firehall Sat.Feb.10th A Valentine Spaghetti Dinner with dessert \$15.00, served from 6:00 - 7:00 with music and Including DJ dancing til 10:00 pm.

Please call 902-304-6787 or 902-871-2172 to book a spot by Feb.6th

NORTH SYDNEY FIRE HALL

**PIERCE ST. - NORTH SYDNEY
THURSDAYS**

Ernie, Todd & Wade
Kitchen Open 4:30

Music 5:00 - 8:30

OPEN 7 DAYS A WEEK

From 10:00 - Midnight



**BIRTHDAY
WISHES**

Happy Birthday Jannie Cormier,
February 10th With Love from
Mom and Dad

VALENTINES DANCE



Branch 008 Legion, Main
Street, Sydney Mines
Saturday, February 17th

from 9:00 - 1:00

Music by - Turnbull Brothers
\$10.00 each - \$15 at the door

SUNDAY BINGO

Sydney Mines Seniors & Pensioners, Club Fraser Avenue, Sydney Mines - **2:00 pm**

**JACKPOT \$1050
on 54#s or less
TOONIE - went**

MONDAY FUN NIGHT - 7 PM

45^s CARD GAME

Wednesdays 7:30 pm

SATURDAY DANCE

8:00 - 12:00

\$5.00 at Door



- MUSIC BY -

1ST CHOICE

If you would like to send out Birthday Greetings to a family member or friend, simply email us with the information and we'll publish it free of charge - thisweek@kleeradio.com

JAIME BATTISTE

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SYDNEY - VICTORIA

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jaime.battiste@parl.gc.ca

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Keith Bain

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902-736-0301 (Office)

902-736-0411 (Fax)

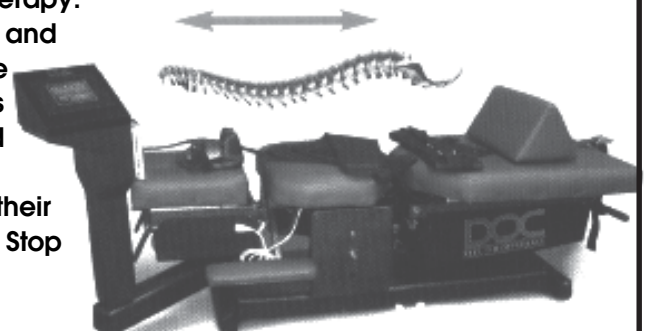
keithbainmla@bellaliant.com

NEW DECOMPRESSION TABLE RELIEVES PAIN

Darren Strong from Strong Chiropractic, announces a new, sophisticated computerized decompression table that allows the spine to be gently stretched and relaxed for spinal decompression therapy.

The pattern of alternating pulling and relaxing creates vacuum-like pressure which allows disc material that was herniated or protruded to be pulled back in the disc over time.

Patients will notice a reduction of their pain during these treatment sessions. Stop in today and ask about the new table and how you can benefit.



Strong
Chiropractic Inc.

793 Mahon St., New Waterford - 862-9444 224 Commercial St. North Sydney - 241-9444

NORTH SYDNEY MALL SOLD

Leyad Corporation, a leader in the Canadian real estate industry, announces its latest acquisition, the North Sydney Mall. The North Sydney Mall is a cornerstone of retail in the region, hosting major tenants like Walmart, Sobeys, Dollarama, and offices of the Government of Nova Scotia.

Leyad is dedicated to enhancing the mall's role as a community landmark and driving force in the local economy. Plans for property improvements include revitalization of the mall's infrastructure enabling enrichment of the visitors' shopping experience. These developments are expected to not only benefit the mall's patrons and tenants but also contribute positively to the local community and economy.

"This acquisition is not just about expanding our portfolio; it's about investing in the community. The North Sydney Mall stands as a beacon of economic vitality and community spirit in Cape Breton. Our vision at Leyad is to enhance this iconic mall, transforming it into not only a shopping destination but a center for community life and engagement." says Henry Zavriyev, Leyad's CEO.

SYDNEY HOSTS WOMENS WORLD CURLING CHAMPIONSHIP AT CENTRE 200

If you've ever wanted to see how the sport of curling is played, this is your chance. The Womens World Curling Championship will be held in Sydney at Centre 200 from March 16 - 24.

It will feature teams from around the world from 10 different countries.

The host Sydney Club will hold a Ticket Party on February 16 from 11:00 - 1:00 pm. This is your opportunity to get a ticket and the price is very reasonable for this calibre of curling - \$15.00.

Congratulations to the Sydney Curling Club for its role in securing this level of competition.



Let It Snow, Let It Snow, Let It Snow



Many of you have similar pictures of the record snowfall over the past weekend but as you can see from the above picture, this is my car in the parking lot. You can make out the windshield wipers but that's about it. We made it through January without any snow and now we're paying for it. What's all this talk about global warming??

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B1V 3G1

(902) 736-0546

mia@northsidewestmount.ca



BRANCH 008 LEGION - SYDNEY MINES

TUESDAY NIGHT BINGO - 7:30 PM

JACKPOT - \$825.00 - 54#s OR LESS

NEW HOURS - 1:00 - 12:00 - Monday - Saturday - Closed Sunday

Every 2nd Saturday,
Entertainment
Downhouse Band
3:00 - 6:00 pm
NO ADMISSION



Every Friday
Evening 9 - 1
NO ADMISSION

PHONE (902) 736-3206

Take 2

PAUL POWER

So the dark days of winter are fully upon us and like so many other Capers I am always looking for something on the boob toob/idiot box to watch. Being that I am a huge fan of British television, especially comedies, so just after Christmas I found a TV series called "Boomers" on TubiTV. It turned out to be a very funny and a bit 'cheeky' (as they say) program. By definition anyone born between 1946 and 1954 are "Boomers 1" (if born between 1955 to 1964 they are called "Boomers 2", but both are lumped in as "Baby Boomers"). So this is a British television sitcom that was first broadcast on the BBC in 2014 and was originally titled "Grey Mates" but was changed to "Boomers". There are 2 seasons with 6 shows in each season, so an easy watch. It follows the ups and downs of three late middle-aged retired (or due to retire) couples who live in Thurnemouth-"Norfolk's only west-facing resort". Fans of "Coronation Street" will see some famil-



iar faces here, such as Stephanie Beacham, Paula Wilcox and Lee Boardman. The main cast is Beacham, Wilcox and Boardman plus Russ Abbott, Philip Jackson, Alison Steadman and James Smith. The characters here are really interesting; there's the sultry lady, the sensible lady and the quirky and slightly ditsy lady. Then there's the men/husbands; the well-off cheapskate, the nerd and the sensible yet slightly anti-social one. Over the 12 shows these 3 couples manage to find themselves in an absolute pickle of a predicament over and over, with hilarious results. In a small way it's a bit sad when one finishes a TV series that is so good each episode draws you in-and makes you want more. "Boomers" is that kind of show.

AROUND THE TOWN

NORTHSIDE COMMUNITY NEWS EVENTS

GLEN GRAY - EDITOR

There's an old saying, "there's good news and there's bad news" and that certainly describes the recent weather we are experiencing - there was **little or no snow** up until the end of January and then the floodgates opened - the good news? the groundhog **did not** see his shadow so there is going to be an early Spring, we could use it.... Speaking of good news, the North Sydney Mall **has been sold** to Leyad Corporation, a leader in the Canadian real estate industry and from their press release, they intend to update and modernize the Mall, which will be good for businesses and workers as well, we wish them well the Boisdale Fire Hall will be hosting at the firehall Sat.Feb.10th, a **Valentine Spaghetti Dinner** with dessert \$15.00, served from 6:00 - 7:00 with music and Including DJ dancing til 10:00 pm. - Please call 902-304-6787 or 902-871-2172 to book a spot by Feb.6th.... Also in the Valentine theme, Branch 008 Legion in Sydney Mines will host a **Dance** on Saturday, February 17th from 9:00 - 1:00 with the **Turnbull Brothers** providing the music..... the Florence Legion will sponsor a **Valentines Dance** Friday, February 16th from 9:00 - 1:00 with music by **Final Cut** and Branch 19 Legion in North Sydney will be holding a **Valentines Dance**, February 10th from 9:00 - 1:00 with music by **Alter Ego**, lots of dancing in store for February..... Centre 200 will be the venue for the 2024 **Womens World Curling Champonship** from March 16-24 with teams from around the world competing - tickets start at just \$15.00..... on page 5 we are featuring a great deal on **internet service with Purple Cow Internet**, just \$60.00 a month plus get a \$15 discount on the first month - **use the code** to get your special affordable internet service ... on page 3 you'll see a picture of **my car** buried up to the roof after the recent 3 day snow storm - this reminds me of when we were young and my father would dress us in snowsuits and lower us out the top floor window so we could shovel down to get the front door open on page 6 we have this week's **TAX TIPS** and you will read about ways to maximize your income tax refunds, check each week to see what deductions you may have left out.... Page 8 has another **Wuzzle Puzzle** and this is proving very popular with our readers and the weekly **Horoscope** is also on page 8.... **NOTICE** - to all Church groups, Legions, Seniors Clubs, Fire Halls and Community associations - if you want free publicity for your upcoming event, simply email us with your information and we'll publish it in our printed edition and digital edition - email us at - thisweek@kleeradio.com

SOUP LUNCHEON

The North Sydney Seniors & Pensioners Club, Commercial Street, North Sydney, are sponsoring a soup Luncheon on Tuesday, February 20th from 12:00 - 2:00 pm. Corn Chowder, Hamburger Soup and tea biscuits and dessert. \$10.00 per person, pay at the door. Come and have fun!



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**BRANCH 19 LEGION
NORTH SYDNEY
UPCOMING EVENTS**



VALENTINE DANCE

at Branch 19 Legion
with music by

ALTER EGO



Saturday, February 10th
9: 00 PM - 1:00 AM

Tickets available now at the Branch - \$10.00/person.

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CHURCH DIRECTORY

St Matthew Wesley United Church Chuowrch service is held on Sunday at 27 St Columba Drive, Leitches Creek at 11:00 am. ALL ARE WELCOME - the office phone number is 902-577-8472

St John the Baptist Anglican Church services are held on Sunday and Wednesday at 28 King Street in North Sydney at 10:00 am. ALL ARE WELCOME - the office phone number is 902-794-3392 .

NORTH SYDNEY LIBRARY

FIBRE LUNCH - Thursdays
from 1:00 - 3:00

STORYTIME Saturdays at
2:30.

It's story
TIME

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WRITERS GROUP meets
Wednesdays at 6:00 pm.

January 31st and February 7th - Lunch & Learn For Seniors - This program has been filled to capacity.

Cape Breton Naturalists - meets 21st from 6:00-7:45 for members slide show.

Logon to our website - [www.kleeradio](http://www.kleeradio.com) - and click on the **PODCAST** link to download your free copy of Cape Breton and Old Time Radio Podcasts are available as well.



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TAX TIPS & VALUABLE DEDUCTIONS

TAX TIPS FOR SENIORS

MAKE SURE YOU FILE A TAX RETURN - Always file, because you could be entitled to other credits, deductions and benefits that get triggered by your tax return such as GST/HST credits. If you're receiving Guaranteed Income Supplement (GIS) through Old Age Security, make sure to file on time to ensure their benefits continue uninterrupted.

INCOME SPLIT AND SAVE - You're allowed to split up to half of your eligible pension income with a spouse or common-law partner. Income splitting allows some seniors to enjoy a significant tax reduction. In the situation where the lower-income spouse has very little income, the tax savings are substantial. If your spouse is unable to completely offset his or her age amount, pension income and disability amount against tax payable, he or she may transfer the unused portion to your return.

SPLIT YOUR CPP AND SAVE - You may be able to split part of your CPP retirement benefits with your spouse depending on how long you lived together when you were contributing to the plan. This is an advantage if one senior is in a higher tax bracket than the other. However, to do so, you must apply to Human Resources & Social Development Canada using Form ISP-1002. It cannot be done at the time of tax preparation.

MEDICAL EXPENSES CAN ADD UP - A portion of most medical expenses can be claimed! Everything from medication to nursing home fees, and even medical insurance for a trip or wintering in another country is considered eligible. Medical expenses are reduced by a percentage of your income, so it is normally more beneficial for the lower income spouse to claim them. And if you had to travel to obtain medical treatment that was not available where you live, you may be able to claim the cost of transportation, meals and accommodation.

TAKING CARE OF A SENIOR HAS ITS TAX BENEFITS - If you are over 65 and dependent on your children or other family members because of an impairment in physical or medical functions, they may be able to claim the Canada Caregiver Tax Credit. To qualify for the tax credit, your earnings need to be less than \$23,906 in 2019 and a doctor needs to supply a note explaining the nature and duration of the impairment. If you are eligible for the disability tax credit, they may also be able to claim any portion that you do not need to reduce your taxes to zero.

A Tax Expert can help you make sure you claim every deduction and benefit you're eligible for.

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NORTH SYDNEY SENIORS & PENSIONERS CLUB NEWS

The North Sydney Seniors & Pensioners Club is available for rentals - anniversaries, showers, funerals.

To book, call Virginia Lewis 902-794-2235

BINGO GAME every Saturday Night, doors open at 5:30, game starts at 6:30 - Jackpot, Toonie and Even Split games.



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COUNTRY
with host
KENNY**

WALSH

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UPCOMING EVENTS

WOMENS WORLD CURLING CHAMPIOSHIP - See the story on page 3 for Womens World Curling March 16 - 24 with ticket prices only \$15 & \$25 for semi final and final games.

NORTH SYDNEY SENIORS & PENSIONERS CLUB - BINGO GAME every Saturday Night, doors open at 5:30, game starts at 6:30 - Jackpot, Toonie and Even Split games.

VALENTINE DANCE - Branch 19 Legion, North Sydney, Saturday, February 10 from 9:00 - 1:00 - Music by ALTER EGO. Tickets \$10 available at the Branch.

TAX TIPS

Tax season is coming up and each week we will feature Tax Tips designed to save you money and increase your tax deductions - see page 6.



NORTH SYDNEY URGENT CARE CENTRE HOURS

Monday, Tuesday and Thursday

8 am - 7:30 pm

Wednesday and Saturday
9 am - 4:30



OUR NEW CONTACT PHONE NUMBER

902-595-4171



BIRTHDAY WISHES

Please send out birthday wishes to two wonderful people celebrating birthdays this week. Happy Birthday to Tom Tobin, birthday on January 24th and Special Birthday Wishes to Kevin Jardine, birthday Jan. 26.

OLD TIME RADIO & MUSIC PODCASTS

Logon to our Free website Download link at www.kleeradio.com and scroll down and click on the "PODCAST" link and start your Free download. Check back each week as we feature a new podcast for your listening pleasure

45s Weekly Card Game

Still going strong, Bras d'Or Seniors and Pensioners weekly 45's card games. Thursdays 7:30....9 ways to win. A great fun night out. 66 Main St. Bras d'Or.

KIWANIS GOLDEN K KLONDIKE 50/50

Come play our Klondike 50/50 Draw. Boxes are located in various locations around the Northside.

Draw every Thursday. For tickets call Paul at 902-577-4239.

DEADLINE FOR NEWS ITEM SUBMISSIONS

A Reminder to all Clubs, and Organizations that our deadline for news is Tuesday at 5:00 pm in order to make it into Wednesday's edition.

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YOUR FREE SODUKO WEEKLY PUZZLE

					4			
			5		9			
	1					5		4
1						7		
								9
	7		3			8	2	
5	3		8			1	6	
7	2			3		4		5
	8	4			2		9	

A Daily Crossword Online Puzzle available at - www.kleeradio.com click on FEATURES link



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WUZZLE PUZZLE

Below are some common word phrases, see how many you can guess correctly.

Sleeping  1	TWINS TWINS 2	B E D 3
Life Live Live 4	Or Or Zero 5	+ dresses dresses dresses 6
Try STAND 2 7	NoonT 8	B B O W W 9
nafish nafish 10	I'M u 11	Atlantic Pacific Arctic SAW 12

ANSWERS - 1 Sleeping at the wheel, 2 Identical twins, 3 Bed Spread, 4 One life to live, 5 Double or Nothing, 6 Addresses, 7 Try To Understand, 8 Afternoon tea, 9 Cross Bow, 10 Tuna Fish, 11 I'm Bigger Than You, 12 See Saw

Coke - Not The Drink

My father worked at the Steel Plant and steel plant workers got a discount on coal and coke. We used the coal and coke for the upstairs heating with a Warm Morning stove that threw off heat really well.

For those of you who do not know what coke is, it is a refined coal product where most of the impurities of coal are burned off and the coke burns with less smoke and more heat. Naturally the coke is more expensive than coal.

We had a coal and coke bin and we had to keep padlocks on both of them. As I mentioned before we boys had a lot of ideas to make money. I put my mind to thinking of ways to raise more spending funds and I came up with the idea of selling coke to our neighbours for a small fee.

I started to charge 25 cents for a small bag of coke. I did all right for about two weeks until one of the neighbours asked my mother to send me over with a bag of coke. I then had to tell her about my new business adventure. "Oh, me shattered nerves! Wait until your father gets home!" I dreaded to hear the plant whistle at 4 o'clock because that would mean my father would be home shortly.

As soon as my father got in, my mother explained what I was doing and he looked at me and said, "So, you're a regular Irving Schwartz" (a local successful businessman). He said it was good that I was so businesslike because for the next month I wouldn't be getting any allowance. I thought I got off easy.

YOUR WEEKLY HOROSCOPE

Aries (March 21-April 19) - Be aware of the limitations of the Moon Alert (see above). Meanwhile, this is another day where people are pushy and prickly. Instead, go with what's working, and what is working is that you're popular. Everyone wants to see your face! Get out and flash your pearly whites.

Taurus (April 20-May 20) - Another challenging day because issues with others might trigger power struggles. Nevertheless, you're in the middle of a four-week window when the Sun is at the top of your chart casting you in a flattering spotlight. You look good to everyone! Make your pitch. (Check Moon Alert.)

Gemini (May 21-June 20) - Power struggles and arguments about politics and religion continue today. However, you can sidestep these and think about future travel plans or what you can do to enrich your daily world. Maybe you can explore your own city? What can you learn that is interesting? (See above.)

Cancer (June 21-July 22) - Money squabbles as well as arguments about territory and boundaries of responsibility might continue to be a drag. Before you agree to anything important, check the Moon Alert because it lasts for 12 hours! Fortunately, relations with friends and partners are supportive.

Leo (July 23-Aug. 22) - Get more rest. Avoid power struggles with partners and close friends today. This is a good day to relax at home among familiar surroundings; however, don't get caught up in family squabbles. Chill out and enjoy yourself. If shopping or making decisions, check the Moon Alert. (See above.)

Virgo (Aug. 23-Sept. 22) - This is a productive time for you; and yet, it's also a playful time. Oh yeah, work hard - party hard! However, this week (including today), you have to dodge quarrels and power struggles with others. Don't get involved. Protect your peace of mind. Be aware of the Moon Alert today.

Libra (Sept. 23-Oct. 22) - You might be redecorating, tackling home repairs or entertaining because you're energetic and sociable. Perfect time for a vacation! Unfortunately, tension with kids and romantic partners still continues.

Scorpio (Oct. 23-Nov. 21) - Later today, the Moon will move into your sign, which could make you a bit excitable, especially dealing with parents or family members. Don't lose your cool. (And remember how intimidating you can be even if you don't think so.) Check Moon Alert today.

Sagittarius (Nov. 22-Dec. 21) - This is a fast-paced time for you, and you're eager to learn as well as communicate to others. In part, this is why you might get caught up with a power struggle with someone. Before you go off on a tangent, ask yourself is this worth it? Don't lose friends by squabbling. Be cool.

Capricorn (Dec. 22-Jan. 19) - Disagreements or power struggles with friends and members of groups might arise today, especially about financial matters or different values. Let's face it, we all have different values. Some prefer bread; some prefer rice; some prefer vodka (oops, potatoes.) That's life.

Aquarius (Jan. 20-Feb. 18) - Be aware that later in the day, when the Moon changes signs (see Moon Alert) you will suddenly become high viz. People will notice you. Meanwhile, you don't need a public argument in an elevator. Or anywhere else. Take the high road. (The view is better.)

Pisces (Feb. 19-March 20) - Later in the day, you might find yourself embroiled in political or philosophical arguments or power struggles. Is this how you want to spend your day? Instead, you can enjoy the company of younger, creative and artistic people and have fun. (No brainer.)