

# MacDONALD DENTURE CLINIC

**42 FRASER AVENUE  
SYDNEY MINES**

PHONE  
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**G. MacDonald**  
*Denturist*

**HIGH STREET  
BADDECK**

PHONE  
**295-2516**



**FREE**

## THIS WEEK

**CBRM COMMUNITY NEWS ITEMS**

**FREE**

VOL. 8 - NO. 35- AUG 29<sup>th</sup> - 2018

WEBSITE  
[www.kleeradio.com](http://www.kleeradio.com)

### AROUND THE TOWN Local News Items

I want to take this opportunity to thank all the fine friends we met at our recent **Beaver Cove Takeout** radio remote... Special thanks to Arlene and Terry Flynn for hosting us and to our resident DJ **Jack Cool** and **Robert O'Hearn** for sharing the hosting duties... we  
(CONTINUED ON PAGE 4)



## RALPH IVEY'S

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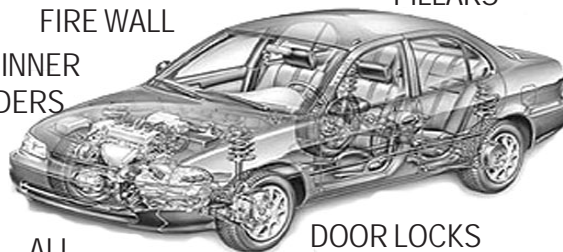
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## NORTHSIDE COMMUNITY NEWS ITEMS

### SENIORS BINGO

The Regular SUNDAY afternoon Bingo resumes. There will be an Afternoon BINGO Game at the Sydney Mines Seniors & Pensioners Club, 6 Fraser Avenue, Sydney Mines.

**WHEN: SUNDAY AFTER-NOON - TIME: 2:00 pm**

**COST:** - \$2.00 entry card DAUBERS ONLY - MONEY GAMES Come out and spend a wonderful Sunday afternoon and maybe win some prizes. Hope to see you all there - Jackpot \$725 on 54 #s Loonie Jackpot \$128.00

### CHASE THE ACE

Sydney Mines Seniors & Pensioners Club - Buy your tickets all week at the Club, Florence Legion or the Florence Community Centre. You do not have to be present to win.

The draw will take place Saturday Night at the Seniors Club, Fraser Ave., in Sydney Mines at 10:00 pm. All tickets will be the same color. \$5.00 each, 3 for \$10.00 - 8 for \$20.00.

### Cape Breton Storyteller Now On Sale Locally

The newest book by author Glen Gray, is now on sale on the Northside at Buffett's Office Supplies, North Sydney. It contains 27 short stories, Celtic Tales, Ghost stories and UFOs.



Heat & Serve Meals - Fresh Meal Selections - Frozen Selections  
Grab 'n Go Lunch  
Soups - Sandwiches - Salads  
Ph: 217-0280

212 Commercial St., - North Sydney

### North Sydney Fire Hall

#### THURSDAY NIGHT -

After Work Party Kitchen open from 5:00 - 9:00 pm, music by Ernie, Todd & Wade, from 6:00 - 9:00 - Food Special Bacon Cheeseburger \$9.50 - **FREE ADMISSION**, come on out for a good evening of music & food.

**Saturday, Sept. 1** from 9 - 1 - Indoor Yard Sale in support of North Sydney Minor Baseball - tables 902-794-7073

**SEPT. 16** - Terry Fox Concert 2 pm at the North Sydney Firemen's Club, Pierce St. Admission \$10 at door. All are welcome.

We will be open on Labor Hour with regular Hours.

### BRAS d'OR SENIORS WEEKLY 45s GAME

The Bras d'Or Seniors Club are hosting weekly 45's game on Thursdays at 7:30 pm.

1st, 2nd and 3rd cash prizes are awarded. Also a chance to win the main Jackpot, mini Jackpot, and Loonie Jackpot and 50/50 draw.

[www.kleeradio.com](http://www.kleeradio.com)

### Ross Ferry Farmers Market

Ross Ferry Farmers Market - at the Ross Ferry Fire Hall Sun September 2nd from 1:00 PM - 3:00 PM.

On Sundays from 1:00 pm - 3:00 pm during the summer and early fall months located at the Ross Ferry Fire Hall (just stone's throw from the Ross Ferry Marine Park).

### CEMETERY ANNUAL SERVICE

The St. James Cemetery Annual Service of Remembrance will be held in St. James Presbyterian Church, Big Bras d'Or on Sunday, September 16th at 11am. All are invited to attend.



Our next remote broadcast will be for the Grand Opening of the CH Tax Office on Pond Road, Sydney Mines, September 13th

### IONA FRIDAY NIGHT SUPPER AND CEILIDH

At Branch 124 Legion, Iona on Friday, August 1st, 6:00 pm

This week's meal - Corned Beef & Cabbage and the music is by The Roadies.

Reserve your Friday supper by email or phone the Legion anytime during regular bar hours.

Deadline for receiving email requests is 4 pm on Thursday. Send email requests to: [fridaysupper@rd124grandona.ca](mailto:fridaysupper@rd124grandona.ca) Phone your request by calling 902-725-2178.

**CAPE BRETON FARMERS' MARKET** every SATURDAY 8:30am to 1:00 pm - 340 Keltic Drive in Sydney River, NS

**THE 14TH ANNUAL TERRY FOX CONCERT/CEILIDH** is Sunday, September 16th at 2 pm at the North Sydney Firemen's Club, Pierce St. Admission \$10 at door. All are welcome.



## Keith Bain

MLA -Victoria-The Lakes

1415 Highway 105, Bras d'Or, NS, B1Y 2N5

902-736-0301 (Office)

902-736-0411 (Fax)

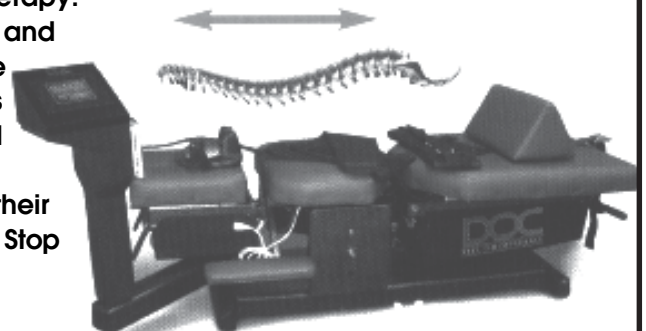
[keithbainmla@bellaliant.com](mailto:keithbainmla@bellaliant.com)

### NEW DECOMPRESSION TABLE RELIEVES PAIN

Darren Strong from Strong Chiropractic, announces a new, sophisticated computerized decompression table that allows the spine to be gently stretched and relaxed for spinal decompression therapy.

The pattern of alternating pulling and relaxing creates vacuum-like pressure which allows disc material that was herniated or protruded to be pulled back in the disc over time.

Patients will notice a reduction of their pain during these treatment sessions. Stop in today and ask about the new table and how you can benefit.



793 Mahon St., New Waterford - 862-9444    224 Commercial St. North Sydney - 241-9444

## NORTHSIDE COMMUNITY NEWS/EVENTS

### Sydney Mines Seniors & Pensioners Club

**SUNDAY NIGHTS** at 7:30 we have tarabish, everyone is welcome. 1st, 2nd and 3rd place Prizes are awarded.

**MONDAY AFTERNOON** - at 1:00 - Exercise Classes, everyone is welcome.

**MONDAY NIGHT** - at 7:30 - **FUN NIGHT** - we invite members from other Seniors Clubs - Bingo 7:30 dabbers only - Loonie Draw Enjoy a game of SCAT - \$1.00, light refreshment, see you there.

**WEDNESDAY** - 7:30 45s Card Game 1st, 2nd, 3rd



### BRANCH 008 LEGION NEWS

**THANK YOU** - Our Ladies Auxiliary would like to give a Great Big Thank You to Angela Ianetti for donating our Dinner on August 5th, it was great.

Also to the Auxiliary who donated Prizes and came out and had a great day with all our firends. **THANK YOU** - Wendy Fraser, President

**TUESDAY BINGO** - cards will **NOT** be sold after 7:20 so please come early.

**GRAND OPENING VETERAN MEMORIAL PARK** - we would like to Thank you each and every one for attending our Grand Opening of Branch 008 Veteran

Memorial Park on August 11th.

To our Guests - your words were great. To our Veterans, young and old who attended, we appreciated you. To George McIntosh giving a little run of how our property came about. Also to MLA Eddie Orrell and Clarence Prince in taking time out to come and celebrate with us, Cliff McIntyre for most moving speech on the Park, our Veterans and great country we live in. Thank You to President Brian, the Ladies Auxiliary for a great meal, to Cyril and Sid for attending bar.

Most of all, to the Camp Committee R. MacIntosh, Jim Lyle, Margaret MacKinnon and Janice for helping out so much, and going forward to see the Park go ahead. We will love to see our next phase for next year to finish inside. Also to all who helped in any way, Thank You.

**BINGO FUNDRAISER** for our Veteran Memorial Park Super Bingo, Saturday, November 17th 2:00 pm. Tickets \$40.00 each, over \$4,280 in Prizes sold at downstairs Bar or on Tuesday Night.

If you would like to hold a ticket and Pay \$5.00 a week on it, we can do this.

**MEN'S OUTING** - Sept 2, \$30.00 each, open to all Branch 8 members "Men", pay at Bar.

**LADIES AUXILIARY MEETING** - September 9th.

## Where Can I Pick Up My Free Copy Of THIS WEEK IN CBRM

We publish every Wednesday and you can logon to our website and download your own Free Copy of our paper or you can pick up a printed copy of the paper at the following outlets

### NORTH SYDNEY

North Sydney Library  
MLA Eddie Orrell's Office  
Bianchinis Pizzeria  
Black Spoon Restaurant  
Branch 19 Legion  
Strong's Chiropractic  
North Sydney Fire Hall  
Barber Shop  
Hair Salon  
Clansman Motel  
North Sydney Mall Lotto  
Kenny's Pizza  
OK Tire Ltd.  
Ralph Ivey Auto  
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Northern Contracting  
Robins Donuts  
Branch 008 Legion  
Needs Convenience  
RONA Hardware  
MacDonald Denture  
Elliot Street Plaza  
**FLORENCE**  
Florence Legion  
Shear Madness  
Florence Library

### BRAS d'OR

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Celtic Market  
Kitchen 1409  
Jane's Restaurant  
Bras d'Or Convenience

Download a digital  
copy at  
[www.kleeradio.com](http://www.kleeradio.com)

### SYDNEY MINES

Sydney Mines Library  
Seniors & Pens. Club



**Waiting On You!**

**DAILY SPECIALS - SENIOR MENU  
CHILDREN'S MENU - TAKE OUT**

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## EDDIE ORRELL

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**TAI CHI OPEN HOUSE** - Tai Chi is a gentle set of exercises designed to improve all aspects of your life including balance, sleep and digestion. No special equipment is required.



FLK Taoist Tai Chi is hav-

ing an **OPEN HOUSE**, Wednesday September 5, 6:30 pm and Beginner Class starting on Wednesday, September 12, 6:30 - 8:30 pm at Bras d'Or Hall, 24 Villa Dr. **ALL ARE WELCOME**. Come see what it is all about.



## NORTHSIDE COMMUNITY NEWS

**BIG BRAS D'OR FIREHALL** - 45s card Game 7 pm, Pre-School Play Group Tuesday 10 am - noon, Line Dancing Thursday 7 pm sharp - Fee \$5.00. Come and join the fun.

**NORTH SYDNEY SENIORS CLUB NEWS** - The Club will hold a meeting on Friday, Sept. 7th at 7:30 in their Clubrooms on Commercial Street in North Sydney.

**FLEA MARKET**

A Flea Market will be held on Saturday, Sept. 8th from 10 - 1 pm at the Club.

### HOME SUPPORT WORKER REQUIRED

In home support worker required for the Inverness area. Salary \$11.00 per hour;

Work every 2nd day for 4 hours; maximum of 64 hours per month

Basic use of an Ipad (Facebook messenger; Face Time; video) would be an asset. To apply please email resume with references to Jon Yipp at [jiypp@ns.sympatico.ca](mailto:jiypp@ns.sympatico.ca)

Some News Items courtesy of **Swing Over The Mountain** Newsletter - Login - <http://sotmnews.weebly.com>

## AROUND THE TOWN



(CONTINUED FROM PAGE 1)

really had a fun time playing the Oldies and Music trivia plus meeting half of the people living in Beaver Cove who showed up, talked with us and **danced on the deck**, it was a pleasure to have met each one of you... **Congratulations** also go out to Pauline MacLeod and all of the staff and volunteers for another successful **Cape Breton County Exhibition**, it was a job well done... Saturday, Sept. 1 from 9 - 1 - **Indoor Yard Sale** in support of North Sydney Minor Baseball to be held at the North Sydney Fire Hall - tables 902-794-7073.... Branch 19 Legion North Sydney News - **MEN'S OUTING** - Sept 2, \$30.00 each, open to all Branch 8 members "Men", pay at Bar - **LADIES AUXILIARY MEETING** September 9th. - **BINGO FUNDRAISER** for our Veteran Memorial Park Super Bingo, Saturday, November 17th 2:00 pm - Tickets \$40.00 each, over \$4,280 in Prizes sold at downstairs Bar or on Tuesday Night.... **FLK Taoist Tai Chi** is having an **OPEN HOUSE**, Wednesday September 5, 6:30 pm and Beginner Class starting on Wednesday, September 12, 6:30 - 8:30 pm at Bras d'Or Hall, 24 Villa Dr. **ALL ARE WELCOME**. Come see what it is all about.... If you are suffering from heart disease, there is a **clinical trial** that are looking for volunteers for a study, details on page 5... **BOOK LAUNCH** Sydney Mines Author, Alex Cormier, will be at the Sydney Mines Library on Wednesday, September 12th, at 2:30 pm, for the book launch event of Motherhood: A Joyful Exhaustion.... North Sydney Seniors Club will hold its **meeting** Friday, September 7th at 7:30 pm and host a **Flea Market** on Sept. 8th from 10 - 1:00 pm at the Club on Commercial Street, North Sydney.... **KELTIC DANCE CLASSES RESUME** - A Full Fitness Program - One hour program **CLASSES**: starting WEDNESDAY, SEPTEMBER 5TH - **INSTRUCTOR**: Kay Batherson - **FREE PUBLICITY** - If your club or group are sponsoring a community event and would like some free publicity, email us with your information and we'll publish it in our paper and air it on our radio station - **K-LEE RADIO** - email us - [thisweek@kleeradio.com](mailto:thisweek@kleeradio.com)

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## COMMUNITY NEWS EVENTS

### CRUISE SHIP SCHEDULE



AUG. 28	Rotterdam	1404
AUG 29	Veendam	1350
SEP. 4	Veendam	1350
SEP 5	Rotterdam	1404
SEP 7	Mein Schiff	2500
SEP 8	Serenade	2490
SEP 11	Rotterdam	1404
SEP. 12	Veendam	1350
SEP. 13	Adventure	3114
SEP. 14	Norwegian	2394

Traditional Music Night - every Thursday at the Blue Mist Beverage Room in Bras d'Or - The very best of Cape Breton fiddling. Stop by for great Cape Breton fiddling.



### SATURDAY DANCE

The Sydney Mines & Pensioners Club will host a **SATURDAY DANCE** from 8:00 - 12:00 pm in their Clubrooms 6 Fraser Avenue in Sydney Mines. The cost of the Dance is just \$3.00 and it is open to the public.

There will be a variety of music available..

Come out to our Club, 6 Fraser Avenue in Sydney Mines and have a great night every Saturday. Canteen Service and Bar Service is available.



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NOTE - It's that time of year again when the kids return to school - Remember

the School Speed Zones are now in effect and drive carefully especially with new students who are not used to traffic.

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### EXERCISE CLASS

Monday at 1:00 pm, no charge and open to the public at the Sydney Mines Seniors & Pensioners Club, 6 Fraser Avenue.



Northside 4 Chase The Ace Jackpot is now built to \$123,000. Draw takes place Sunday

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### COUNTRY JAMBOREE



A Country Jamboree will be held every Saturday evening at the Army-Navy Hall in Bras d'Or from 7:00 - 10:00 pm. There is free admission and it is for 19 years and over.

### CAREGIVER AVAILABLE

On the Northside to sit and care for seniors in their home. Personal Care, Light House-keeping and Meals.

Lots of experience and excellent references are available. Phone 565-7679 and leave message.

**Send Your Birthday  
Wishes To Us At**

**[thisweek@kleeradio.com](mailto:thisweek@kleeradio.com)**

## NORTHSIDE COMMUNITY NEWS

### Sunday Morning Gospel Radio Show Airls 9 am

For those of you who like to start Sunday morning off with some inspirational music, we have just the thing for you.

Tune in on Sunday mornings at 9 am when host Pierre Chiasson presents a one hour show of the best in traditional and contemporary Gospel songs to listen to as you have your Sunday Brunch - Logon to us a. **[www.kleeradio.com](http://www.kleeradio.com)**

For the latest and most comprehensive list of local events, logon to - **[www.musiccapebreton.com](http://www.musiccapebreton.com)** Mike Little updates his listings each week.

### CONTACT INFORMATION

**GLEN GRAY, EDITOR**

**PH: 902-564-9022**

Email Address

**[glengray@kleeradio.com](mailto:glengray@kleeradio.com)**

If you like Soduko Puzzles, logon to our website and enjoy a **Daily Puzzle along with a new Daily Crossword Puzzle - Logon Features at -**

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Ghost Stories  
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Sightings  
From Cape  
Breton Island

Written & Compiled By GLEN GRAY

House of Commons

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Sydney - Victoria

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[markeyking.c1@parl.gc.ca](mailto:markeyking.c1@parl.gc.ca)

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BY PAUL  
POWER

**Rick Astley – “Beautiful Life”** - There are probably some people reading this right now thinking “Rick Astley-he’s still around?” Actually this is album number 8 for Mr. Richard Paul Astley. The baby-faced guy with the deep baritone pipes burst onto the music scene way back in 1987 with the monster hit “Never Gonna Give You Up”, scoring a number 1 single in over 25 countries with that song, as well as a batch of follow-up hit songs-and albums. Over the years Rick moved away from dance pop and more towards more adult contemporary and soul-oriented music. In a rare move in the music business Rick Astley retired at the age of 27 to concentrate on family life-and raising his infant daughter. The majority of the 1990’s were Astley-free, but Rick did return and released albums in 2001, 2005, 2016 and this one last month.

Something happened in 2007 that was definitely a big boost for Rick’s music. Originally meant as a prank “rickrolling” started; an online prank that would entice a person to access some material but would actually be taken to Rick’s “Never Gonna Give You Up” video, getting over 500 million views (wow!). When asked about it, Rick thought it was hilarious-smart

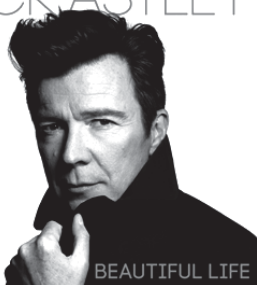
man because the music biz is all about exposure, exposure and exposure.

The first song on this album is, no surprise, “Beautiful Life”. It’s a fantastic, optimistic, uptempo and funky dance pop number that does have that Rick Astley signature sound-and still sounds fresh and new. Things do take a bit of a departure

for the rest of the album, as “She Makes Me” has more in common, sound wise, with Nial Horan’s music than Kylie Minogue’s. I can imagine Johnny Reid

singing this song perfectly. That’s a good comparison because what Rick has done here is for the most part like a Johnny Reid album. Songs seeped in soulful music and heartfelt lyrics. “Every Corner” really sounds like a Rag ‘n’ Bone Man song, as does ‘I Need The Light’. These are both great numbers.

As for some of the other songs, “Last Night On Earth” is very much like a Johnny Reid song and “Shivers” has an Imagine Dragons-like feel to it. The album closes off with the great track “The Good Old Days”, a strong ode to Rick’s early days listening to music-and all the things that changed, and the memorable songs that helped shape his own life in music. With music this good fans of Rick Astley are never gonna give him up.



BEAUTIFUL LIFE

## COMMUNITY NEWS ITEMS

### KELTIC DANCERISE CLASSES RESUME

A Full Fitness Program - One hour program of WARMUPS, CARDIO, LIGHT WEIGHTS, RESISTANCE BANDS, EXERCISE TO VARIOUS SELECTIONS OF MUSIC, C.B. STEP DANCE, SCOTTISH COUNTRY, LINE-DANCING & VARIOUS DANCE FORMS.

CLASSES: starting WEDNESDAY, SEPTEMBER 5TH - Monday, Wednesday, Thursday mornings - 10:00 - 11:00 a.m. DROP-INS ARE WELCOME.

ALL 3 SESSIONS HELD AT: D & R DANCE STUDIO - 47 Peppett St., North Sydney

INSTRUCTOR: Kay Batherson,

SDTA, BATD (Life member) DANCE N.S., SFIC Certified in Dance and Fitness). Phone: For information phone 794-3772 or kayandmattbatherson@eastlink.ca Wear comfortable work-out clothing, light sneaker. or leather sole shoe, bring water and light weights if you have them. resistance bands are provided with limited number of weights

Feral + Abandoned Cat Society Chase The Ace has grown to an estimated \$43,000 with 21 cards remaining for the Aug.29/18 draw at Ziggy's. Beth Bereta, Sydney, won the split last night with pink ticket #16340 in the amount of \$1770.00.

### CLANSMAN MOTEL



*Chicken  
Wing Night*  
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BREAKFAST  
DAILY 7 AM**

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### Armstrong Memorial Branch #19

**ROYAL CANADIAN LEGION NORTH SYDNEY**

Archibald Avenue - North Sydney

**Decoration Sunday Candles \$5.00  
for 91st Decoration Sunday  
Candlelight Service September 9th**

**794-4816 - 794-7482 - Members & Guests**



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## TERRY FOX RUN INFO

North Sydney's 38th Annual Terry Fox Marathon of Hope is Sunday, September 16th. Registration is at 8:30am at the Northern Yacht Club, run at 9:30. Walk, bike, or run to support Terry's mission to fund Cancer Research.

Get a t-shirt by calling 902-794-3772. Fruit and refreshments provided.

Get your pledge sheet at Royal Bank, Scotiabank, Credit Union in North Sydney, and Platinum Fitness Centre.

### Feral Cats Chase The Ace

Lisa Ivey, Sydney Mines, is the winner of \$1,295.00 in the Feral & Abandoned Cat Society 50/50 draw of Sun., Aug. 26/18.



**HAPPY LABOR DAY** to all the hard working people who serve us all year long - Enjoy a Specail Day just for you.



## GEAR SELF STORAGE

65 Main Street - Bras d'Or

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## FIREMEN'S FAMILY FUN DAY

Starting at 1:00 p m on September 8th, rain date is September 9th.



This event involves all the Fire depts on Boularderie. The firemen will showcase their equipment, including new additions.

There will be games and contests for the kids and hot dogs, hamburgers and soft drinks.

The event will be held at 25 Loch Bhreagh across the highway from the Cedar House Restaurant.

Everyone is welcome. Come show your support for these special volunteers.

## RUG HOOKING CLASSES

Boularderie Rug Hooking classes will begin Monday, September 17th from 2:00 pm to 4:00 pm.

The annual registration fee is \$25.00. New members welcomed. Come check us out at our classroom at the Boularderie School.

## BREAKFAST BRUNCH

Last Sunday of every month  
Big Bas d'Or Fire Hall

**Sept. 30th - 9:00-12:00pm**

Sponsored By "Friends of The  
Blg Bras d'Or Fire Hall"

1350 Old Route #5

Big Bras d'Or

**Adults \$8.00 - Children  
\$4.00**

## K-LEE RADIO BEAVER COVE RADIO REMOTE



Shown above, left to right, Glen Gray K-LEE RADIO producer and DJ Jack Cool as they hosted an Oldies live broadcast from the Beaver Cove Takeout on Monday.

THERESA MACNEIL PHOTO



Robert O'Hearn & friends at the Beaver Cove Radio Remote show

## Bianchini's Pizzeria

The Pizza Experts Since 1977



## Now Selling Burgers, Fries & Wings

PIZZA - SUBS - LASAGNA - SALADS - DONAIRS - NACHOS - GARLIC FINGERS

16" PIZZA (Combo or CP)

12" Garlic Fingers

1 Litre Pop

**\$27.50** TAX INCLUDED



18" PIZZA (Combo or CP)

14" Garlic Fingers

2 Litre Pop

**\$33.50** TAX INCLUDED

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