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FREE

THIS WEEK

CBRM COMMUNITY NEWS ITEMS

FREE

VOL. 8 - NO. 37 - SEPT 12th - 2018

WEBSITE
www.kleeradio.com

AROUND THE TOWN Local News Items

School is back in and the traffic is heavier around the school zones so please take a little **extra care**, especially with the smaller ones.... Just a quick note to remind you that the **Radio Remote** for the CH Tax preparation Grand Opening has been re-schedule for October 1st
(CONTINUED ON PAGE 4)



RALPH IVEY'S

Auto Repair Ltd. and Muffler Man

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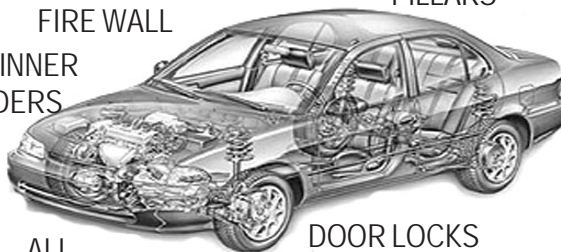
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NORTHSIDE COMMUNITY NEWS ITEMS

SENIORS BINGO

The Regular SUNDAY after-noon Bingo resumes. There will be an Afternoon BINGO Game at the Sydney Mines Seniors & Pensioners Club, 6 Fraser Avenue, Sydney Mines.

WHEN: SUNDAY AFTER-NOON - TIME: 2:00 pm

COST: - \$2.00 entry card DAUBERS ONLY - MONEY GAMES Come out and spend a wonderful Sunday afternoon and maybe win some prizes. Hope to see you all there - Jackpot \$775 on 54 #s Loonie Jackpot was won.

CHASE THE ACE

Sydney Mines Seniors & Pensioners Club - Buy your tickets all week at the Club, Florence Legion or the Florence Community Centre. You do not have to be present to win.

The draw will take place Saturday Night at the Seniors Club, Fraser Ave., in Sydney Mines at 10:00 pm. All tickets will be the same color. \$5.00 each, 3 for \$10.00 - 8 for \$20.00.

St. James Cemetery Annual Service of Remembrance

September 16, 2018 11:00 am - 12:00 pm

The St. James Cemetery Annual Service of Remembrance will be held in St. James Presbyterian Church, Big Bras d'Or on Sunday, September 16th-11am. All invited to attend.



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212 Commercial St., - North Sydney

North Sydney Fire Hall

THURSDAY NIGHT -

After Work Party
Kitchen open from 5:00 - 9:00 pm, music by Ernie, Todd & Wade, from 6:00 - 9:00 - Food Special Club & Fries \$9.50 - **FREE AD-MISSION**, come on out for a good evening of music & food.

SEPT. 16 - Terry Fox Concert 2 pm at the North Sydney Firemen's Club, Pierce St. Admission \$10 at door. All are welcome.

SEPTEMBER 28 - Church Auction, St. Matthew Wesley - details to follow.

SOME NEWS ITEMS IN THIS ISSUE COURTESY OF <http://sotmnews.weebly.com>

BRAS d'OR SENIORS WEEKLY 45s GAME

The Bras d'Or Seniors Club are hosting weekly 45's game on Thursdays at 7:30 pm.

1st, 2nd and 3rd cash prizes are awarded. Also a chance to win the main Jackpot, mini Jackpot, and Loonie Jackpot and 50/50 draw.

www.kleeradio.com



I guess it happens to all of us but it's so sad to see how far gone you've become. I know somebody who will buy your hockey gear now that you're too old to skate anymore. We all chipped in and bought you BINGO dabbers. Happy 40th!



Our next remote broadcast will be for the Grand Opening of the CH Tax Office on Pond Road, Sydney Mines, October 1st.

St. Giles Presbyterian Church To Hold Anniversary Service

St. Giles Presbyterian Church in North Sydney will hold its anniversary service on Sunday, September 16 at 3:00 p.m.

A social time will follow the service. All are welcome to attend.

VAN FOR SALE - 2005 Dodge Caravan very nice condition, new spare tire, new struts, inspected to 2019 - Asking \$1,350 Phone 902-578-7181

CAPE BRETON FARMERS' MARKET every SATURDAY 8:30am to 1:00 pm - 340 Keltic Drive in Sydney River, NS

THE 14TH ANNUAL TERRY FOX CONCERT/CEILIDH is Sunday, September 16th at 2 pm at the North Sydney Firemen's Club, Pierce St. Admission \$10 at door. All are welcome.



Keith Bain

MLA -Victoria-The Lakes

1415 Highway 105, Bras d'Or, NS, B1Y 2N5

902-736-0301 (Office)

902-736-0411 (Fax)

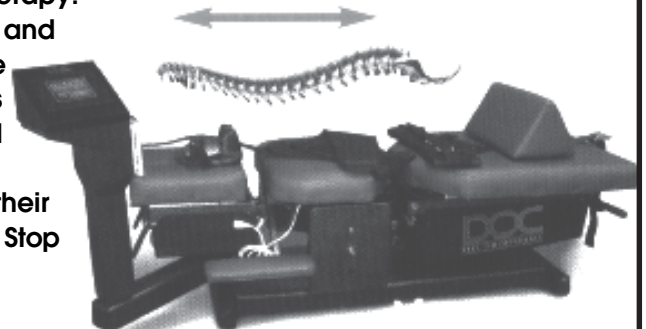
keithbainmla@bellaliant.com

NEW DECOMPRESSION TABLE RELIEVES PAIN

Darren Strong from Strong Chiropractic, announces a new, sophisticated computerized decompression table that allows the spine to be gently stretched and relaxed for spinal decompression therapy.

The pattern of alternating pulling and relaxing creates vacuum-like pressure which allows disc material that was herniated or protruded to be pulled back in the disc over time.

Patients will notice a reduction of their pain during these treatment sessions. Stop in today and ask about the new table and how you can benefit.



793 Mahon St., New Waterford - 862-9444 224 Commercial St. North Sydney - 241-9444

NORTHSIDE COMMUNITY NEWS/EVENTS**Sydney Mines Seniors & Pensioners Club**

SUNDAY NIGHTS at 7:30 we have tarabish, everyone is welcome. 1st, 2nd and 3rd place Prizes are awarded.

MONDAY AFTERNOON - at 1:00 - Exercise Classes, everyone is welcome.

MONDAY NIGHT - at 7:30 - **FUN NIGHT** - we invite members from other Seniors Clubs - Bingo 7:30 dabbers only - Loonie Draw Enjoy a game of SCAT - \$1.00, light refreshment, see you there.

WEDNESDAY - 7:30 45s Card Game 1st, 2nd, 3rd

**BRANCH 008 LEGION NEWS**

TUESDAY BINGO - cards will **NOT** be sold after 7:20 so please come early.

BINGO FUNDRAISER for our Veteran Memorial Park Super Bingo, Saturday, November 17th 2:00 pm. Tickets \$40.00 each, over \$4,280 in Prizes sold at downstairs Bar or on Tuesday Night.

If you would like to hold a ticket and Pay \$5.00 a week on it, we can do this.

LADIES AUXILIARY MEETING - September 9th.

(continued in next column)

BRANCH 008 LEGION NEWS

(continued from previous column)

LADIES DARTS begin Wednesday, September 5th at 6:30 pm.

MONDAY NIGHT MEN'S DARTS begin on September 10th at 7:00 pm.

SEPT. 15 - Please come visit us and help celebrate with us to welcome our Gold Medal Winner Amy Gordon, to have her name inscribed on the sign on Halfway Road.

All are welcome, light lunch to follow at 1:00 pm.

SEPT. 30 - Decoration Day - 2:00 pm at Brookside Cemetery. Line up at the back of the Graveyard. Lunch to follow at Branch.

**DANCE**

Holy Family Parish, Main Street, Sydney Mines, September 15th - Music with Joey & Amy - Tickets \$10.00

BREAKFAST BRUNCH

Last Sunday of every month
Big Bas d'Or Fire Hall

Sept. 30th - 9:00-12:00pm

Sponsored By "Friends of The Big Bas d'Or Fire Hall"

1350 Old Route #5

Big Bas d'Or

Adults \$8.00 - Children \$4.00

EAT IN or TAKE OUT

Feral & Abandoned Cats Draw

Valerie Strong, Glace Bay, won the split in this week's draw with a prize of \$2,209.00.



Next week is estimated at \$50,000 with 19 cards still remaining.

FIREFIIGHTERS DANCE

We are holding a dance to help raise money for equipment for the firefighters

Dance 9:00 - 1:00 am at the Southside Boularderie Firehall

September 29 - 19 and over

Music by Brandon Collier - Tickets are \$10 each and can be purchased from any firefighter or at the door or by phoning 902-304-9513.

FALL FAIR

Holy Family Parish, September 30th from 11:00 - 2:00 pm.

For more information phone (902) 736-8333.

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NORTHSIDE COMMUNITY NEWS**TAI CHI BEGINNER CLASS.**

Tai Chi is a gentle set of exercises designed to improve all aspects of your life including balance, sleep and digestion. No special equipment is required. FLK Taoist Tai Chi is starting a Beginner Class, Wednesday September 12, 6:30 - 8:30 pm at Bras d'Or Hall, 24 Villa Dr. ALL ARE WELCOME. Come see what it is all about.

We are a non profit group and no instructors receive any monies for instructing.

Ross Ferry Farmers Market

Ross Ferry Farmers Market - Ross Ferry Fire Hall Sun Sep 16 at 1:00 PM - 3:00 PM

On Sundays from 1:00 pm - 3:00 pm during the summer and early fall months located at the Ross Ferry Fire Hall (just stone's throw from the Ross Ferry Marine Park).

Some News items courtesy of

Swing Over The Mountain News

logon to website

www.sotmnews.weebly.com

monthly newsletter



Waiting On You!

**DAILY SPECIALS - SENIOR MENU
CHILDREN'S MENU - TAKE OUT**

11 - 8 Mon.- Fri - 8 am - 8 pm Sat. & Sun.

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Tai Chi BEGINNER CLASS. Tai Chi is a gentle set of exercises designed to improve all aspects of your life including balance, sleep and digestion. No special equipment is required. FLK Taoist Tai Chi is starting a Beginner Class,



Wednesday September 12, 6:30 – 8:30 pm at Bras d'Or Hall, 24 Villa Dr. ALL ARE WELCOME. Come see what it is all about. We are a non profit group and no instructors receive any monies for instructing.



NORTHSIDE COMMUNITY NEWS

BIG BRAS d'OR FIREHALL - 45s card Game 7 pm, Pre-School Play Group Tuesday 10 am - noon, Line Dancing Thursday 7 pm sharp - Fee \$5.00. Come and join the fun.

Earl's Greenhouses
429 Seaview Drive
794-4146

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Fall Mums Coming
in September
Gift Certificates Available
Jocelyn's
Perma Leaves
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FREE PUBLICITY for your event, fund raiser etc.
thisweek@kleeradio.com

IONA LEGION SUPPER

Friday's Menu - Boneless Stuffed Chicken Breast. Music by: Legion Legends. Reserve your Friday supper by email or phone the Legion anytime during regular bar hours.

Deadline for receiving email requests is 4 pm on Thursday. Send email requests to: ridaysupper@rc124grandona.ca Phone your request by calling 902-725-2178. Supper is served from 6:00 - 7:00 pm.

FREE CHAIR YOGA CLASSES RESUME

Free Chair Yoga classes for men & women resume Wednesday, Sept. 19th, 12.30 at St. Stephen's Community Hall, Pitt St. Florence, sponsored by Florence Conference Soc. St. Vincent de Paul with a grant from the Community Health Board. Classes opened to the public.

Some News Items courtesy of **Swing Over The Mountain** Newsletter - Login - <http://sotmnews.weebly.com>

AROUND THE TOWN



(CONTINUED FROM PAGE 1)

to make sure that all renovations to their new building are complete, **K-LEE RADIO** will broadcast live from their new building on Pond Road, Sydney Mines, with lots of free music trivia prizes to be won, tune in at www.kleeradio.com.... North Sydney's 38th Annual **Terry Fox** Marathon of Hope is Sunday, September 16th. Registration is at 8:30am at the Northern Yacht Club, run at 9:30.... **CBRM Recreation** looks to make the summer feel a little bit longer with a **free concert** at Open Hearth Park in Sydney on Saturday, September 15th - see **page 8** for details.... **FLEA MARKET** - Florence Legion - Sept. 29, 10 -12 - 8 foot tables \$5.00. 6 foot tables \$4.00 - Canteen Available **THURSDAY NIGHT PUB** - At the Sydney Mines Firemens Club from 6:00 - 9:00 pm - To reserve a table email - futureccya@live.com The Sydney Mines & Pensioners Club will host a **SATURDAY DANCE** from 8:00 - 12:00 pm in their Clubrooms 6 Fraser Avenue in Sydney Mines - The cost of the Dance is just \$3.00 and it is open to the public.... The 11th Annual **Curly & Dave Gray Horseshoe Tournament** will take place Saturday, September 16th at the Gilils Lake Horseshoe Pits, registration starts at 12 noon.... Registration for **Fall Programming** at all local libraries is **now underway**, stop in and see what programs are being offered this upcoming Fall season.... **DANCE** - Holy Family Parish, Main Street, Sydney Mines, September 15th - Music with Joey & Amy - Tickets \$10.00..... **Friday Night Dinner and Free Ceilidh** at the Iona Legion, see story opposite for contact info.... **FALL FAIR** - Holy Family Parish, September 30th from 11:00 - 2:00 pm. - For more information phone (902) 736-8333. **FREE PUBLICITY** - If your club or group are sponsoring a community event and would like some free publicity, email us with your information and we'll publish it in our paper and air it on our internet radio station - **K-LEE RADIO** - email us - thisweek@kleeradio.com

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COMMUNITY NEWS EVENTS

CRUISE SHIP SCHEDULE



SEP 11	Rotterdam	1404
SEP. 12	Veendam	1350
SEP. 13	Adventure	3114
SEP. 14	Norwegian	2390
SEP 16	Disney	2713
SEP. 18	Veendam	1350
SEP. 18	Zuiterdam	2272
SEP. 18	Albatross	812
SEP 19	Rotterdam	1404
SEP 19	Insignia	824

Traditional Music Night - every Thursday at the Blue Mist Beverage Room in Bras d'Or - The very best of Cape Breton fiddling. Stop by for great Cape Breton fiddling.



SATURDAY DANCE

The Sydney Mines & Pensioners Club will host a **SATURDAY DANCE** from 8:00 - 12:00 pm in their Clubrooms 6 Fraser Avenue in Sydney Mines. The cost of the Dance is just \$3.00 and it is open to the public.

There will be a variety of music available..

Come out to our Club, 6 Fraser Avenue in Sydney Mines and have a great night every Saturday. Canteen Service and Bar Service is available.



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NORTHSIDE COMMUNITY NEWS

THURSDAY NIGHT PUB NIGHT



At the Sydney Mines Firemens Club from 6:00 - 9:00 pm.

To reserve a table email - futureccya@live.com

SYDNEY MINES LITTLE LEAGUE 50/50 Darw winner - Walter Devoe and the amount was \$5,319.

For the latest and most comprehensive list of local events, logon to - www.musiccapebreton.com Mike Little updates his listings each week.

CONTACT INFORMATION

GLEN GRAY, EDITOR
PH: 902-564-9022

Email Address
glengray@kleeradio.com

If you like Soduko Puzzles, logon to our website and enjoy a **Daily Puzzle** along with a new **Daily Crossword Puzzle** - Logon Features at -

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From Cape
Breton Island

Written & Compiled By GLEN GRAY

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NOTE - It's that time of year again when the kids return to school - Remember

the School Speed Zones are now in effect and drive carefully especially with new students who are not used to traffic.

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EXERCISE CLASS

Monday at 1:00 pm, no charge and open to the public at the Sydney Mines Seniors & Pensioners Club, 6 Fraser Avenue.



Northside 4 Chase The Ace Jackpot is now built to \$128,000. Draw takes place Sunday

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COUNTRY JAMBOREE



A Country Jamboree will be held every Saturday evening at the Army-Navy Hall in Bras d'Or from 7:00 - 10:00 pm. There is free admission and it is for 19 years and over.



BIRTHDAY WISHES

We would like to wish our Poppy a Happy Birthday on Sunday, Sept. 17th. Hugs & Kisses from Karrie and Emily Morrison.

**Send Your Birthday
Wishes To Us At**

thisweek@kleeradio.com

House of Commons

Mark Eyking MP
Sydney - Victoria

500 Kings Road, Sydney
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markeyking.c1@parl.gc.ca

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"Unearthed and Untold: The Path to Pet Sematary" - I love to watch documentaries ("Docs"), especially ones that take us behind the scenes of the making of classic films, and this Doc does just that. The movie "Pet Sematary", based on the Stephen King novel from 1983, was released in 1989 and raked it in at the box office, on VHS rentals, and in syndication later on. The movie is part of the vanguard of horror films that were deeply disturbing-without resorting to cheap splatter shots.

This documentary offers a lot of great insight into the book-and the original movie; Stephen King had a real problem writing the book, and at times didn't know if he could finish it because it was so disturbing to him-which became a buzz line for the movie and the book-"read the story that was too scary for even Stephen King".

It was unusual in those days to bypass Hollywood completely and go directly to King's home state of Maine for filming, but that's what made the movie so much more real and believable. We get to see the original pet sematary that inspired the book, and the town in general, with its old-style quaintness-but underlying dread.

The documentary doesn't depend on clips from the movie

to tell the story, it utilizes great interviews with the cast and crew, behind-the-scenes footage and photographs to take us to a time and place that is now part of the lexicon of great horror films. I am also a big fan of the Ramones, and the Doc does touch a bit on their hit song (of the same name) written for the movie-but I would have loved to see more of Markey Ramone's interview where he mentions things like the fact that Dee Dee Ramone was given a copy of the book, read it and penned the song in about 40 minutes. The band's music video for the song is also amazing, and carries the images of the film forward.

In the scene where Dale Midkiff (Louis Creed in the movie) carries his already deceased wife Rachel Creed (played by Denise Crosby) past a burning house he actually got facial burns from the burst of flames, which you can see in his true reaction in the film-you don't have to fake it when it's real.

I think most people are familiar with the storyline of the book, and the movie, so I won't touch on that too much-let's just say it's something that no person would ever want to go through-and that's what makes the works of Stephen King so terrifying, in a lot of cases they are based on very possible-and plausible events. This documentary made me want to watch the movie again. Enjoy!

UNEARTHED & UNTOLD
The Path to
PET SEMATARY

COMMUNITY NEWS ITEMS

KELTIC DANCERISE CLASSES RESUME

A Full Fitness Program - One hour program of WARMUPS, CARDIO, LIGHT WEIGHTS, RESISTANCE BANDS, EXERCISE TO VARIOUS SELECTIONS OF MUSIC, C.B. STEP DANCE, SCOTTISH COUNTRY, LINE-DANCING & VARIOUS DANCE FORMS. CLASSES: starting WEDNESDAY, SEPTEMBER 5TH - Monday, Wednesday, Thursday mornings - 10:00 - 11:00 a.m. DROP-INS ARE WELCOME. ALL 3 SESSIONS HELD AT: D & R DANCE STUDIO - 47 Peppett St., North Sydney INSTRUCTOR: Kay Batherson,

SDTA, BATD (Life member) DANCE N.S., SFIC Certified in Dance and Fitness). Phone: For information phone 794-3772 or kayandmattbatherson@eastlink.ca Wear comfortable work-out clothing, light sneaker. or leather sole shoe, bring water and light weights if you have them. resistance bands are provided with limited number of weights

FLEA MARKET - Florence Legion - Sept. 29, 10 -12
FLEA MARKET - 8 foot tables \$5.00. 6 foot tables \$4.00 - Canteen Available - To book tables - 902-736-9740 or 736-2746.

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CBRM FREE WEEKEND CONCERT

CBRM Recreation looks to make the summer feel a little bit longer with a free concert at Open Hearth Park in Sydney on Saturday, September 15th.

The concert, taking place at the Open Hearth Park Amphitheatre in the North End of the park, will be headlined by local rock group Fire Valley Fire and feature The High Tide, New Draft, and high school group Floodgate.

"Music is an important part of the summer experience in the CBRM," says Recreation Program Coordinator Joe Costello. "Grassroots music also plays an important role in the development of the youth in our community."

Headlining the concert is local rock group Fire Valley Fire. Having showcased at the 2018 East Coast Music Awards and set to take Nova Scotia Music Week by storm this fall, the group has built a strong following locally and abroad with their driven rock n' roll style. With their debut album, Bring an Army, the band shines like a beacon in the night as the next

great Cape Breton rock band.

Music will begin at 5pm and admission is free. The concert is all ages and alcohol and smoking is not permitted.

The event is brought to you through the CBRM Youth in Music Program, Makin' Waves presented by Sydney Credit Union, and Open Hearth Park.

TERRY FOX RUN

North Sydney's 38th Annual Terry Fox Marathon of Hope is Sunday, September 16th. Registration is at 8:30am at the Northern Yacht Club, run at 9:30.

Get a t-shirt by calling 902-794-3772. Fruit and refreshments provided.

RUG HOOKING CLASSES

Boularderie Rug Hooking classes will begin Monday, September 17th from 2:00 pm to 4:00 pm.

The annual registration fee is \$25.00. New members welcomed. Come check us out at our classroom at the Boularderie School.

ITEMS FOR SALE - Complete Single bed in excellent condition with head board and foot board - asking \$250.00.

4 All Season Tires in excellent condition - P215 70R15 asking \$120.00 for the 4 tires.

2 pair mens jogging pants, grey, never worn, still have tags on XXXL asking \$20.00 each - PHONE 902-578-7181

Available for General Housekeeping duties - vacuuming, sweeping floor etc. \$10.00 per hour - Phone 902-578-7181.



GEAR SELF STORAGE

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Where Can I Pick Up My Free Copy Of THIS WEEK IN CBRM

We publish every Wednesday and you can logon to our website and download your own Free Copy of our paper or you can pick up a printed copy of the paper at the following outlets

NORTH SYDNEY

North Sydney Library
MLA Eddie Orrell's Office
Bianchinis Pizzeria
Black Spoon Restaurant
Branch 19 Legion
Strong's Chiropractic
North Sydney Fire Hall
Barber Shop
Hair Salon
Clansman Motel
North Sydney Mall Lotto
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McCormick's Tire

Northern Contracting

Robins Donuts
Branch 008 Legion
Needs Convenience
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Elliot Street Plaza

FLORENCE

Florence Legion
Shear Madness
Florence Library

BRAS d'OR

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