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FREE

THIS WEEK

CBRM COMMUNITY NEWS ITEMS

FREE

VOL. 8 - NO. 41 - OCTOBER 10th - 2018

WEBSITE
www.kleeradio.com

AROUND THE TOWN Local News Items

Thanksgiving is in the books for another and now we move on to Halloween and Remembrance Day... we spent this Thanksgiving Sunday at Kitchen 1409 in Bras d'Or broadcasting a special remote - we were celebrating K-LEE RADIO's 10th year of broadcasting the very
(CONTINUED ON PAGE 3)



RALPH IVEY'S

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Minivans 2 door pickups small/medium SUV	\$139.95
3 & 4 Door Pickups Large SUV	\$149.95
Superduty Pickups X-Large SUV	\$149.95

NORTHSIDE COMMUNITY NEWS ITEMS

SENIORS BINGO

The Regular SUNDAY afternoon Bingo resumes. There will be an Afternoon BINGO Game at the Sydney Mines Seniors & Pensioners Club, 6 Fraser Avenue, Sydney Mines.

WHEN: SUNDAY AFTER-NOON - TIME: 2:00 pm

COST: - \$2.00 entry card DAUBERS ONLY - MONEY GAMES Come out and spend a wonderful Sunday afternoon and maybe win some prizes. Hope to see you all there - Jackpot \$875 on 54 #s Loonie Jackpot \$344.00.

CHASE THE ACE

Sydney Mines Seniors & Pensioners Club - Buy your tickets all week at the Club, Florence Legion or the Florence Community Centre. You do not have to be present to win.

The draw will take place Saturday Night at the Seniors Club, Fraser Ave., in Sydney Mines at 10:00 pm. All tickets will be the same color. \$5.00 each, 3 for \$10.00 - 8 for \$20.00.

VAN FOR SALE - 2005 Dodge Caravan very nice condition, new spare tire, new struts, inspected to 2019 - Asking \$1,350 Phone 902-578-7181

CAPE BRETON FARMERS' MARKET every SATURDAY 8:30am to 1:00 pm - 340 Keltic Drive in Sydney River, NS



Heat & Serve Meals - Fresh Meal Selections - Frozen Selections
Grab 'n Go Lunch
Soups - Sandwiches - Salads
Ph: 217-0280

212 Commercial St., - North Sydney

North Sydney Fire Hall

THURSDAY NIGHT -

After Work Party
Kitchen open from 5:00 - 9:00 pm, music by Ernie, Todd & Wade, from 6:00 - 9:00 - Food Special Bacon Cheeseburger \$9.50 - **FREE ADMISSION**, come on out for a good evening of music & food.

HALLOWEEN DANCE - will be held at the Hall on Saturday, October 27th.

PRIZES - 1st Place \$1,000 - 2nd Place \$500 - 3rd Place \$250 - \$10.00 Admission. Details will follow on additional Costume Prizes.

FREE PUBLICITY for your event, fund raiser etc.
thisweek@kleeradio.com

BRAS d'OR SENIORS WEEKLY 45s GAME

The Bras d'Or Seniors Club are hosting weekly 45's game on Thursdays at 7:30 pm.

1st, 2nd and 3rd cash prizes are awarded. Also a chance to win the main Jackpot, mini Jackpot, and Loonie Jackpot and 50/50 draw.

www.kleeradio.com

ITEMS FOR SALE - Complete Single bed in excellent condition with head board and foot board - asking \$250.00. 4 All Season Tires in excellent condition - P215 70R15 asking \$120.00 for the 4 tires.

2 pair mens jogging pants, grey, never worn, still have tags on XXXL asking \$20.00 each - PHONE 902-578-7181

Available for General Housekeeping duties - vacuuming, sweeping floor etc. \$10.00 per hour - Phone 902-578-7181.



HOME CRAFTERS OF CAPE BRETON

Christmas Craft Show

Handcrafted by Local Crafters

St. Theresa's Parish Center

(Corner of Ashby Road and St. Peter's Road)

FRIDAY, OCT. 12 - 4:00 - 8:00 PM

SATURDAY, OCT. 13 - 10 AM - 6:00 PM

SUNDAY, OCT. 14 - 12 NOON - 5:00 PM

Sponsored By - Cape Breton Post

103.5 New Country - 101.9 The Giant

ADMISSION - \$2.00 ADULTS - CHILDREN UNDER 12 FREE



Keith Bain

MLA -Victoria-The Lakes

1415 Highway 105, Bras d'Or, NS, B1Y 2N5

902-736-0301 (Office)

902-736-0411 (Fax)

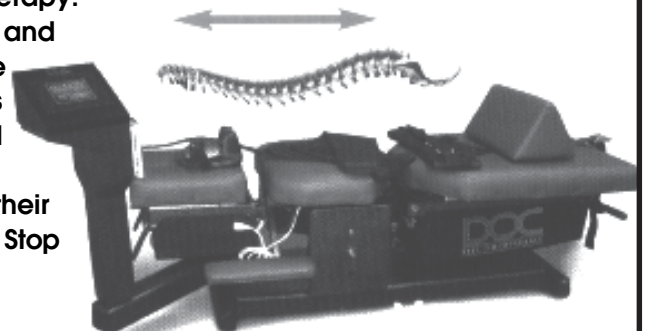
keithbainmla@bellaliant.com

NEW DECOMPRESSION TABLE RELIEVES PAIN

Darren Strong from Strong Chiropractic, announces a new, sophisticated computerized decompression table that allows the spine to be gently stretched and relaxed for spinal decompression therapy.

The pattern of alternating pulling and relaxing creates vacuum-like pressure which allows disc material that was herniated or protruded to be pulled back in the disc over time.

Patients will notice a reduction of their pain during these treatment sessions. Stop in today and ask about the new table and how you can benefit.



793 Mahon St., New Waterford - 862-9444 224 Commercial St. North Sydney - 241-9444

NORTHSIDE COMMUNITY NEWS/EVENTS

Sydney Mines Seniors & Pensioners Club

SUNDAY NIGHTS at 7:30 we have tarabish, everyone is welcome. 1st, 2nd and 3rd place Prizes are awarded.

MONDAY AFTERNOON - at 1:00 - Exercise Classes, everyone is welcome.

MONDAY NIGHT - at 7:30 - **FUN NIGHT** - we invite members from other Seniors Clubs - Bingo 7:30 dabbers only - Loonie Draw Enjoy a game of SCAT - \$1.00, light refreshment, see you there.

WEDNESDAY - 7:30 45s Card Game 1st, 2nd, 3rd



BRANCH 008 LEGION NEWS

Listed below are the coming events for October/November.

OCTOBER 14 - Closing of Veterans Park from 2:00-6:00, open to all members and guests. Call ahead to book a meal by October 11 - (902) 736-3206.

OCTOBER 25 - NOVEMBER 30 - Deep Fried Haddock Dinner - including Tea, Coffee, Dessert, 2 pieces of fish \$15.00 each. Tickets only available at downstairs bar. Eat In or Take Out.

NOVEMBER 3 - Veterans Dinner 2:00 pm. Open to all veter-

ans on the Northside, call to book your seat or a branch in your area. Call Branch 008 at 736-3208, ask for Wendy.

NOVEMBER 18 - Camp Fundraiser - SUPER BINGO included 15 games - 2:00 pm. \$40.00 per ticket one \$1,000 game, four \$300 games, ten \$200 games.

There will be 4 Specials sold separately. Tickets sold at Downstairs Bar - over \$4,800 in Prizes - 150 Tickets sold.

Branch 008 is now taking Dues for 2019, pay at the Bar. **HAPPY BIRTHDAY** to Debbie Milley and Wendy Eldridge from your Legion Friends.

EXHIBITION WINTER STORAGE AVAILABLE

If you are thinking about storing your car, boat, atv, trailer etc. for the Winter, storage space is available at the Exhibition Grounds in North Sydney.

They will begin taking storage on October 15th on a "First Come - First Served" basis, so get your request in early.

For further information phone (902) 794-7633.



K-LEE RADIO is celebrating its 10th year of Broadcasting great Cape Breton Music - tune in!!

www.kleeradio.com

For those of you who like to start Sunday morning off with some inspirational music, we have just the thing for you.

Tune in on Sunday mornings at 9 am when host Pierre Chiasson presents a one hour show of the best in traditional Gospel songs to listen to as you have your unday Branch - www.kleeradio.com

FREE LAPTOP DRAW

See Page 8 for participating sponsors and where you can get your Free Ballot.



NORTHSIDE COMMUNITY NEWS

ARE YOU AFFECTED BY SOMEONE ELSE'S ADDICTION? - NAR-ANON OFFERS HOPE

The Hopeful Hearts Nar-Anon Family Group - Regular Weekly Meetings are Wednesdays at 8:00 pm - 26 Haley St, North Sydney.

Phone 322-5588 for additional information.

Send Your Birthday Wishes To Us At

thisweek@kleeradio.com

DANCE

to be held at the Bras d'Or Seniors & Pensioners Club on Saturday, October 13th from 8:00 - 12:00.

Music will be provided by Joey & Amy - \$10.00. Tickets phone Brenda (902) 736-3488 or Joan (902) 794-8043

COMMUNITY FIREWORKS

- Florence Fire Hall on Halloween at 9:00 pm.

Donations phone 577-2925.



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Waiting On You!

DAILY SPECIALS - SENIOR MENU
CHILDREN'S MENU - TAKE OUT

11 - 8 Mon.- Fri - 8 am - 8 pm Sat. & Sun.

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1409 Hwy 105 Trans Canada

(902) 794-1409



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MLA - Northside-Westmount

eddieorrell@bellaliant.com

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Phone (902) 794-4847

Fax: (902) 794-1815

HEALTH LINK - FREE TELECARE SERVICES
TRAINED NURSES AVAILABLE 24 HOURS A DAY
7 DAYS A WEEK

FOR HELP DIAL 811

309 Commercial St., North Sydney - B2A 1B9

CBRM RECREATION PRESENTS SERIES TO BUILD CAPACITY FOR ORGANIZATIONS IN CBRM

From one end of the Cape Breton Regional Municipality to another, community organizations are working diligently to provide important programs and experiences for our residents. From social activities to exercise classes, skills workshops to community festivals, the dedication and selflessness exhibited by these groups and individuals are exemplary.

Cape Breton Regional Municipality (CBRM) Recreation, with help from the Community Sector Council of Nova Scotia, introduces LaunchPad, a series of community leadership sessions to help build this capacity. These sessions will give organizations and individuals increased capability to operate more effectively and reach their organizational and community goals easier.

Each of the six sessions will take place on weekends at the City Hall Community Room, located on the Sydney Waterfront at 320 Esplanade. The sessions are free and will offer complimentary tea and coffee for pre-registered participants. Registration for the first session is open now by emailing recreation@cbrm.ns.ca with your name and contact, with other sessions to open later in the month.

All sessions take place 9:30 am – 4:00 pm

Saturday, October 27 – Communications and Marketing on a Shoestring

Saturday, November 3 – Managing and Recruiting Volunteers

Saturday, November 17 – Financial Sustainability

Sunday, November 18 – Finding and Writing Grants

Sunday, November 25 – Programming for Success

Saturday, December 1 – Diversifying Funding: Corporate Partnerships

VICTORY PARK FUND RAISING AUCTION Saturday, October 27th EMERA CENTRE NORTHSIDE



VIEWING - 6:00 - 7:00 pm

AUCTION - 7:00 - 9:00 pm

ENTERTAINMENT - Mark Boutilier 9:00 - 12:00



Includes Wings from the
Black Spoon Restaurant & Beverage

PHONE FOR TICKETS

Terry - 537-2741 - Lillian 578-0107

Lyn 574-9520 - Sanra 322-2769

AROUND THE TOWN



best in Cape Breton music and we had a draw for 2 tickets to the Grand Finale Concert at Celtic Colours this coming Saturday and the winner was **Agnes Weatherby**..... thank you to all those who participated in the draw and a special Thank You to my co-host **Robert O'Hearn** and the staff at **Kitchen 1409** who looked after us during the broadcast.... Check out page 8 of this issue and see how you can win a **FREE LAPTOP** which we sponsor each year - the draw will be made December 18th, just in time for Christmas, visit any of the participating sponsors and fill out a ballot, enter each time you visit one of our sponsors and Good Luck..... Be sure to attend the **Fund Raising Auction** on Saturday, October 27th at the Emera Centre to help raise funds for the Victory Park... **Congratulations** to the winners of the Northside 4 Chase The Ace Jackpot of **\$165,000** which was won this past Sunday at the Emera Center... **FALL FAIR** will be held Friday, October 5th from 10 am - 5 pm at the Bras d'Or Seniors Club - Ham and Salad Plate, homemade pie - \$10.00. Eat In or Take Out, Free Delivery - phone 736-2415 - Crafts, Baked Goods, Flea Market Table.... The Fall weather is upon us and time to think about **Winter Storage** for your car, boat, atv, trailer etc., space is available at the Exhibition Grounds in North Sydney - they will begin taking storage on October 15th on a "First Come - First Served" basis, so get your request in early - For further information phone them (902) 794-7633.... **SUPER BINGO GAME - NOVEMBER 18** - Camp Fundraiser - including 15 games - 2:00 pm. \$40.00 per ticket one \$1,000 game, four \$300 games, ten \$200 games - there will be 4 Specials sold separately. Tickets sold at Downstairs Bar - over \$4,800 in Prizes - 150 Tickets sold... if you belong to an organization or club and want some **free help** with your planning, see the story opposite this column for free sessions offered by the CBRM Recreation Dept., lots of good information and help..... The **North Sydney Pool** are now offering Aquafitness Classes 5 times a week, day and evening classes are available, call the Pool at 736-1211... Florence Chase The Ace Jackpot is now building to **\$8,750** just in time for Christmas and the North Sydney Minor Hockey 50/50 Jackpot last week was \$10,496 and was won by Emily Moir... **CORNERSTONE UNVEILING** - The North Sydney Historical Society and Museum will be unveiling the cornerstone that was in the former Thompson High School in front of the museum on Thursday October the 11th at 11 am - **FREE PUBLICITY** - If your group or organization is sponsoring a community event and you'd like some **free publicity**, simply email us with your information and we'll publish it free in our paper - email us at - thisweek@kleeradio.com



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Posters - Drawings

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STREET
SYDNEY**

562-2122

Royal Canadian Legion Branch 83 - Florence



POOL

TOURNAMENT

Every Wednesday

BINGO EVERY THURSDAY

8:00 pm - CASH PRIZES

SATURDAY NIGHT KITCHEN

PARTY with THE CIRCLE

from 7:00 - 10:00

SATURDAYS

BREAKFAST

SUNDAY - 9:00 - 12:00

Adults \$7.50 - Kids \$5.00

Chase The Ace \$8,750

736-6313



SYDNEY MINES LIBRARY NEWS

SEPTEMBER - Pre-School and Babies & Books require at least 3 participants to offer this Program. Please register now 736-3219.

TEEN BOOK CLUB - The Club will begin on Wednesday at 3:30.

SENIORS BOOK CLUB - is now filled, pick up books for discussion October 2nd.

LEGOS program is now filled, Crafts, Babies & Books and Pre-School. You can register by phone 736-3219. Programs start in October.

FREE PUBLICITY for your event, fund raiser etc.
thisweek@kleeradio.com



NORTH SYDNEY LIBRARY NEWS

FIBRE LUNCH - Every Thursday, 1:00 - 3:00 pm.

STORYTIME Saturday 10:30 this week only.

Writers Group meets Wednesday evening 7:00 - 9:00, new members welcome

Registration continues for Babies & Books and Pre School Storytime.

Pain Mgt Group meets October 18 from 2 - 4.

ITEMS FOR SALE

2005 Toyota Corrola, asking \$3,700.

One large heater asking \$150.

1 three room cottage in Bras d'Or, lots of land, asking \$55,000.

1 new compressor, asking \$100.00.

Phone number for all these items is (902) 736-6140.

CORNERSTONE UNVEILING

The North Sydney Historical Society and Museum will be unveiling the cornerstone that was in the former Thompson High School in front of the museum 309 Commercial St on Thursday October the 11th at 11 am.

Also at that time the time capsule that was sealed in the cornerstone in 1949 will be opened. We would like to invite former students of Thompson former teachers and the general public to attend this exciting event.

Members of the Thompson family will be joining us that day.

Feral & Abandoned Cats Draw

Last weeks winner was Ann Boudreau, Glace Bay, won the split of \$2,826.00 with



pink ticket #27659.

The draw continues with 15 cards and a projected prize of \$66,000.00 for the Oct. 10/18 draw.

**We have moved in to our NEW OFFICE
at 40 Pond Road in Sydney Mines**

We can help! We prepare and file any of the last 10 years for just **\$40** per year, tax included



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ROYAL CANADIAN LEGION - SYDNEY MINES - 736-3206

PEPPER & PEARL FRIDAYS - 10:00 - 2:00 AM

TUESDAY BINGO GAME

NOW AT - 7:30 PM

Hall Rental Available - 736-3206

BINGO
Jackpot
\$1,950.00+

**BINGO Tues.
7:30 PM
Biggeelr
Games &
Prizes**

COMMUNITY NEWS EVENTS



Screaming Eagles Home Game Schedule

2018-10-18 Rim vs Cap 7:00 pm
 2018-10-26 Hal vs Cap 7:00 pm
 2018-10-30 Mon vs Cap 7:00 pm
 2018-11-03 Bat vs Cap 7:00 pm
 2018-11-04 Bat vs Cap 4:00 pm
 2018-11-07 Chi vs Cap 7:00 pm
 2018-11-22 BaC vs Cap 7:00 pm
 2018-11-28 SNB vs Cap 7:00 pm
 2018-11-29 Rou vs Cap 7:00 pm
 2018-12-01 VdO vs Cap 7:00 pm

Some News items courtesy of
Swing Over The Mountain News
 logon to website
www.sotmnews.weebly.com
 monthly newsletter

Traditional Music Night - every Thursday at the Blue Mist Beverage Room in Bras d'Or - The very best of Cape Breton fiddling. Stop by for great Cape Breton fiddling.



SATURDAY DANCE

The Sydney Mines & Pensioners Club will host a **SATURDAY DANCE** from 8:00 - 12:00 pm in their Clubrooms 6 Fraser Avenue in Sydney Mines. The cost of the Dance is just \$3.00 and it is open to the public.

There will be a variety of music available..

Come out to our Club, 6 Fraser Avenue in Sydney Mines and have a great night every Saturday. Canteen Service and Bar Service is available.



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email us - thisweek@kleeradio.com

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Thurs. 9-7 - Fri. 9-5 - Sat. 9-4

Gift Certificates Available

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 Florence

736-7777

EXERCISE CLASS

Monday at 1:00 pm, no charge and open to the public at the Sydney Mines Seniors & Pensioners Club, 6 Fraser Avenue.

AQUAFITNESS CLASSES

now registering at the North Sydney Pool. Classes are 5 days a week and there are day and evening classes - phone 736-1211.

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COUNTRY JAMBOREE



A Country Jamboree will be held every Saturday evening at the Army-Navy Hall in Bras d'Or from 7:00 - 10:00 pm. There is free admission and it is for 19 years and over.

CELTIC COLOURS TICKET DRAW HELD ON SUNDAY

The Celtic Colours Grand Finale Conceit tickets sponsored by K-LEE RADIO were drawn for on Sunday at Kitchen 1409 after the completion of our Thanksgiving radio remote.

The winner was Agnes Weatherby, ticket was drawn by restaurant staff.

NORTHSIDE COMMUNITY NEWS

THURSDAY NIGHT PUB NIGHT



At the Sydney Mines Firemens Club from 6:00 - 9:00 pm.

To reserve a table email - futureccya@live.com

SYDNEY MINES LITTLE LEAGUE 50/50 Draw has finished for the season. Thank you to all who purchased tickets.

For the latest and most comprehensive list of local events, logon to - www.musiccapebreton.com
 Mike Little updates his listings each week.

CONTACT INFORMATION

GLEN GRAY, EDITOR

PH: 902-564-9022

Email Address

glengray@kleeradio.com

If you like Soduko Puzzles, logon to our website and enjoy a **Daily Puzzle along with a new Daily Crossword Puzzle - Logon Features at -**

www.kleeradio.com

thisweek@kleeradio.com

ON SALE NOW!!



Written & Compiled By GLEN GRAY

House of Commons

Mark Eyking MP
 Sydney - Victoria

500 Kings Road, Sydney
 902.567.6275
markeyking.c1@parl.gc.ca

A Strong Voice for Cape Breton

COMMUNITY NEWS ITEMS



BIRTHDAY WISHES

HAPPY BIRTHDAY to Estelle McCormick celebrating her 55th birthday on Saturday, October 13th. Have a Great Day!! from Bert, Molly, Kaegan and all the grandkids and your co-workers and friends.

BIG BRAS d'OR FIRE HALL - 45s card Game 7 pm, Pre-School Play Group Tuesday 10 am - noon, Line Dancing Thursday 7 pm sharp - Fee \$5.00. Come and join the fun.

Some News Items courtesy of **Swing Over The Mountain** Newsletter - Login - <http://sotmnews.weebly.com>



BY PAUL POWER

Willie Nelson - "My Way" -

Willie Nelson has been pretty prolific lately; in May I wrote about his then current album "Last Man Standing", which was released just one year after "God's Problem Child"; low and behold we have another album from the "Redheaded Stranger". In this case the "Red-headed Stranger" pays his musical respects to the "Chairman of the Board", one Mr. Frances Albert Sinatra.

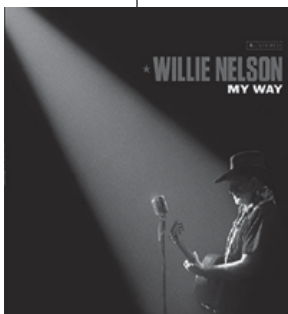
Frank was a friend of Willie's, as well as a duet partner so this album comes as no big surprise. Sinatra always had big band arrangements for his songs but here Willie uses a band made up of

Matt Rollings (piano, organ), Jay Bellerose (drums), David Piltch (acoustic bass), Dean Parks (guitars), Paul Franklin (steel guitar), Mickey Raphael (harmonica), and a seven-piece horn section, so the songs are presented with newer, and somewhat different arrangements for the most part. My most favourite Sinatra song is "Summer Winds", and the version done here is amazing-there's a happy yet slightly melancholy touch to the song anyway, and that's only heightened by Willie's smokey and

jazzy presentation of an incredibly moving and beautiful song. "Fly Me To The Moon" is pretty faithful to the original, yet has enough originality in the delivery to make it seem new-there's a jazz/country swing style to it. Willie and the band set "One For My Baby (and One More For The Road)" up like an old musical friend that helps ease the late night hours in a seedy bar, and the classic "Young At Heart" is a pure treasure to listen to as Willie effortlessly presents a real audio gem to the listener.

There is a melancholy overtone on "It Was A Very Good Year", made even more credible when it's sung by an 85 year old man who's basically

seen it all-done it all. Closing off, Willie Nelson said that his favourite Sinatra song was always "My Way", and this album closes off with this gem that is definitely an audio diamond. To me this is one of the best songs Willie has ever sung. 40 years ago Willie released his first 'standards' album "Stardust", which was fantastic-and the fact that 4 decades later he can record and release songs this darn good is pure magic. Let's hope that there's a few more great ones to come from "The Red-headed Stranger". Enjoy!



K-LEE RADIO celebrates its 10th year of broadcasting on October 1st. We have been playing the very best in Cape Breton & Celtic music 24 Hours A Day - 7 Days A Week. Tune in today - www.kleeradio.com

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Children's Menu
BREAKFAST
DAILY 7 AM**

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Armstrong Memorial Branch #19

ROYAL CANADIAN LEGION NORTH SYDNEY

Archibald Avenue - North Sydney

POPPY DRIVE FLAG RAISING OCTOBER 25 - 4:30

POPPY CAMPAIGN BEGINS OCTOBER 26TH

POPPY BLITZ - SATURDAY, OCTOBER 27TH

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December 18, 2018



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Wing Night
SATURDAYS

Best Wings on The Northside!

Vegan Choices
Available
Seniors' &
Children's Menu
**BREAKFAST
DAILY 7 AM**

TOP OF PEPPETT STREET - NORTH SYDNEY - 794-7226
JUST 2 KILOMETRES FROM THE NORTH SYDNEY FERRY TERMINAL



Duke's Bar & Grill

1 Pitt Street - Sydney Mines
PHONE 736-6216

THURSDAY EVENING - 10 pm - KARAOKE
FRIDAY - WING NIGHT - 1 lb Wings & Beverage \$10
KITCHEN PARTY TO FOLLOW

SATURDAY EVENING - Music by DJ
SUNDAY - JAM SESSIONS
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BLUE MIST BEVERAGE ROOM

Bras d'Or



**WEDNESDAYS
OPEN MIKE NIGHT**

THURSDAYS - Traditional Music Night
FRIDAY NIGHT - Steak Night
Wednesday & Saturday - Wing Night



Bianchini's Pizzeria

PIZZA - SUBS - BURGERS
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GARLIC FINGERS - WINGS



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FRI. - SAT.
11 am - 12 am

SUNDAY
3 pm - 11 pm

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LAYAWAY AVAILABLE

Free Installation On New Tires
902-794-1199 - 902-794-8200



**Located in Bras d'Or
On The Trans
Canada Highway**



7 PIECE CHICKEN
Med. Fries, Med.
Gravy, Med. Salad,
3 rolls **\$24.95**
PLUS TAX



18 PIECE CHICKEN
Large Fries, Med.
Gravy, 2 Med. Salad,
6 rolls **\$45.99**
PLUS TAX



12 PIECE CHICKEN
Large Fries, Med.
Gravy, Med. Salad,
4 rolls **\$36.45**
PLUS TAX

**HOURS OF
OPERATION
11:00 - 10:00
DAILY
902-736-9496**