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FREE

THIS WEEK

CBRM COMMUNITY NEWS ITEMS

FREE

VOL. 8 - NO. 42 - OCTOBER 17th - 2018

**WEBSITE
www.kleeradio.com**

AROUND THE TOWN Local News Items

You can tell Christmas is coming when you start to see the annual Christmas Fairs being advertised locally - I enjoy going to these Fairs and seeing what gifts I can find for the upcoming Christmas season - I'm always surprised at what new items I uncover - check out the
(CONTINUED ON PAGE 3)



RALPH IVEY'S

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Cars	\$129.95
Minivans 2 door pickups small/medium SUV	\$139.95
3 & 4 Door Pickups Large SUV	\$149.95
Superduty Pickups X-Large SUV	\$149.95

NORTHSIDE COMMUNITY NEWS ITEMS

SENIORS BINGO

The Regular SUNDAY after-noon Bingo resumes. There will be an Afternoon BINGO Game at the Sydney Mines Seniors & Pensioners Club, 6 Fraser Avenue, Sydney Mines.

WHEN: SUNDAY AFTER-NOON - TIME: 2:00 pm

COST: - \$2.00 entry card DAUBERS ONLY - MONEY GAMES Come out and spend a wonderful Sunday afternoon and maybe win some prizes. Hope to see you all there - Jackpot \$900 on 54 #s Loonie Jackpot \$458.00.

CHASE THE ACE

Sydney Mines Seniors & Pensioners Club - Buy your tickets all week at the Club, Florence Legion or the Florence Community Centre. You do not have to be present to win.

The draw will take place Saturday Night at the Seniors Club, Fraser Ave., in Sydney Mines at 10:00 pm. All tickets will be the same color. \$5.00 each, 3 for \$10.00 - 8 for \$20.00.

VAN FOR SALE - 2005 Dodge Caravan very nice condition, new spare tire, new struts, inspected to 2019 - Asking \$1,350 Phone 902-578-7181

FREE PUBLICITY for your event, fund raiser etc.
thisweek@kleeradio.com



food shoppe
Heat & Serve Meals - Fresh Meal Selections - Frozen Selections
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Soups - Sandwiches - Salads
Ph: 217-0280

212 Commercial St., - North Sydney

North Sydney Fire Hall

THURSDAY NIGHT -

After Work Party
Kitchen open from 5:00 - 9:00 pm, music by Ernie, Todd & Wade, from 6:00 - 9:00 - Food Special Fish & Chips \$9.50 - **FREE ADMISSION**, come on out for a good evening of music & food.

HALLOWEEN DANCE - will be held at the Hall on Saturday, October 27th.

PRIZES - 1st Place \$1,000 - 2nd Place \$750 - 3rd Place \$500 - \$10.00 Admission. Details will follow on additional Costume Prizes.

BENEFIT DANCE - Sandy Nicholson, Friday, Nov. 9 from 9 - 1 - ticket and info - Greg 371-1120.

FUND RAISER FLEA MARKET - 10 - 2 pm - \$10 per table, info an to book table - 577-6199/

FIREMENS SPAGHETTI & Meatball Supper, Nov. 18, 12 - 6 pm - \$10 per person - Free Delivery - Take Out only.

FREE LAPTOP DRAW

- See Page 8 for participating sponsors and where you can get your Free Ballot.



ITEMS FOR SALE - Complete Single bed in excellent condition with head board and foot board - asking \$250.00.

4 All Season Tires in excellent condition - P215 70R15 asking \$120.00 for the 4 tires.

2 pair mens jogging pants, grey, never worn, still have tags on XXXL asking \$20.00 each - PHONE 902-578-7181

Available for General House-keeping duties - vacuuming, sweeping floor etc. \$10.00 per hour - Phone 902-578-7181.

BRAS d'OR SENIORS WEEKLY 45s GAME

The Bras d'Or Seniors Club are hosting weekly 45's game on Thursdays at 7:30 pm.

1st, 2nd and 3rd cash prizes are awarded. Also a chance to win the main Jackpot, mini Jackpot, and Loonie Jackpot and 50/50 draw.

'BY GONE SOUND'

Children of the forties, many sounds did hear

Sound no more existing once coveted to ear.

No sound of horse's hoof beat echoing on cobbled street,

Or shaking of grate by father as he tried to coax more heat.

No sound of yesterday's newspaper, as one cleaned blackened lampshade,

Made ready for evening's darkness, winter early invades.

No sound of coal scuttle filled son whose turn is now,

Readied for morning fire, necessity, comfort, chow.

Present day sound ear shattering, horn, whistle, machines, please take me back to the fifties, where sound was so serene.

Children of the Millennium sound to may hear,

But not like sound of the forties, Grand ma, Grand pa revered.

© RON GILLIS



Keith Bain

MLA -Victoria-The Lakes

1415 Highway 105, Bras d'Or, NS, B1Y 2N5

902-736-0301 (Office)

902-736-0411 (Fax)

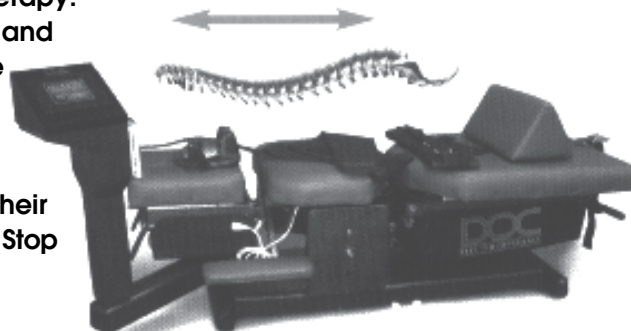
keithbainmla@bellaliant.com

NEW DECOMPRESSION TABLE RELIEVES PAIN

Darren Strong from Strong Chiropractic, announces a new, sophisticated computerized decompression table that allows the spine to be gently stretched and relaxed for spinal decompression therapy.

The pattern of alternating pulling and relaxing creates vacuum-like pressure which allows disc material that was herniated or protruded to be pulled back in the disc over time.

Patients will notice a reduction of their pain during these treatment sessions. Stop in today and ask about the new table and how you can benefit.



793 Mahon St., New Waterford - 862-9444 224 Commercial St. North Sydney - 241-9444

NORTHSIDE COMMUNITY NEWS/EVENTS

Sydney Mines Seniors & Pensioners Club

SUNDAY NIGHTS at 7:30 we have tarabish, everyone is welcome. 1st, 2nd and 3rd place Prizes are awarded.

MONDAY AFTERNOON - at 1:00 - Exercise Classes, everyone is welcome.

MONDAY NIGHT - at 7:30 - **FUN NIGHT** - we invite members from other Seniors Clubs - Bingo 7:30 dabbers only - Loonie Draw Enjoy a game of SCAT - \$1.00, light refreshment, see you there.

WEDNESDAY - 7:30 45s Card Game 1st, 2nd, 3rd



BRANCH 008 LEGION NEWS

HADDOCK FISH SUPPERS - Oct. 26 - Nov. 30 - \$15.00 each includes Rea, Coffee and Dessert - Tickets Only sold at downstairs Bar.

POPPY CAMPAIGN - Flag Raising Oct. 25 - 10 am - Saturday, Oct. 27 - 9 am - Cadets will canvass town, Volunteers will canvass stores. Starting Oct. 26 to Nov 10, office will be open from 10 am - 4 pm daily - Regular Wreaths \$45.00, Large Wreaths \$75.00. Volunteers are needed, sign up at the Bar.

NOVEMBER 17 - BINGO FUNDRAISER - 2 o'clock -

\$40.00 Tickets - 4 Specials Sold Separately - Package includes one \$1000 game, four \$300 games, ten \$200 games, 2 Door Prizes - \$40.00 each - sold at the Downstairs Bar.

VETS DINNER - Saturday, Nov. 3 call 736-3206 to put your name for Dinner. Open to all Vets on the Northside.

BR. 008 is now Taking 2019 Dues.

LADIES AUXILIARY MEETING for Oct. 21 and 28th, Nov. 4th & 25th - Election Dec. 2nd.

NEW YEARS TICKETS - are now at Downstairs Bar - \$20.00 each, meal included - Music By Tom Capstick.

BINGO JACKPOT \$2,000.

Tickets will be available by Oct. 28th for our Christmas Basket - all proceeds go to Adopt A Family - drawn on Dec. 18th.

Watch for our Line Up with Parade Luncheon and entertainment for Nov. 11th, all welcome.

CHASE THE ACE is back! Brabches 008 and Br. 19, starting Oct. 26 - 7 pm Upstairs - Kitchen and Bar - usic - watch for details.



K-LEE RADIO is celebrating its 10th year of Broadcasting great Cape Breton Music - tune in!!

www.kleeradio.com

COMMUNITY SENIORS DAY - Every Thursday at the Sydney Mines Seniors & Pensioners Club, Fraser Avenue, Sydney Mines. All seniors in the area are welcome, no charge for the programs.



10 AM - Coffee Break, tea, coffee and light refreshments, play games of your choice.

1:00 PM - CRAFTS, instructor will be available for you.

7:00 PM - Fun Darts - all welcome. For more information phone (902) 736-3100.

NORTHSIDE COMMUNITY NEWS

ARE YOU AFFECTED BY SOMEONE ELSE'S ADDICTION? - NAR-ANON OFFERS HOPE

The Hopeful Hearts Nar-Anon Family Group - Regular Weekly Meetings are Wednesdays at 8:00 pm - 26 Haley St, North Sydney. Phone 322-5588 for additional information.



Northside Minor Hockey Draw - Last week's winner was

Verna + B. Brewer and the amount was \$11,070. Thank you for your support

COMMUNITY FIREWORKS



- Florence Fire Hall on Halloween at 9:00 pm.

Donations phone 577-2925.

Send Your Birthday Wishes To Us At

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**DAILY SPECIALS - SENIOR MENU
CHILDREN'S MENU - TAKE OUT**

11 - 8 Mon.- Fri - 8 am - 8 pm Sheat. & Sun.

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(902) 794-1409



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Fax: (902) 794-1815

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Mediation and Alternative Conflict Resolution Program

If you have interest in determining how to peacefully, less expensively, and more speedily settle issues or conflicts involving the following family or civil choices, business or partnership disagreements, estate settlements, cohabitation agreements/prenuptuals, personal injury and property damage settlements, elder-care decisions, marital/separation or divorce agreements and settlements, teen-parent issues or conflicts, legal disputes, landlord-tenant matters, workplace issues, choice options, neighbor problems, and other issues needing resolution then you may wish to attend the following public presentation and discussion:

**Mediation and Alternative Conflict Resolution
Cape Breton Regional Library - Sydney Mines –
Wednesday October 17, 2018- 7:00 to 9:00 pm**

Mediation Matters, an independent mediation service here in Cape Breton, will hold an open public session at the above date and time regarding the following topics of interest : SEE www.mediation7.ca

DEFINITION OF MEDIATION AND OTHER ADR MECHANISMS

COMMON ISSUES RESOLVED BY MEDIATION

THE MEDIATION PROCESS

BENEFITS OF MEDIATION / MEDIATION AND THE LEGAL PROCESS COMPARED

LOW AND HIGH CONFLICT MEDIATION

STANDARDS OF PRACTICE AND ETHICS

VICTORY PARK FUND RAISING AUCTION Saturday, October 27th EMERA CENTRE NORTHSIDE



VIEWING - 6:00 - 7:00 pm

AUCTION - 7:00 - 9:00 pm

ENTERTAINMENT - Mark Boutilier 9:00 - 12:00



Includes Wings from the
Black Spoon Restaurant & Beverage

PHONE FOR TICKETS

Terry - 537-2741 - Lillian 578-0107

Lyn 574-9520 - Sanra 322-2769

AROUND THE TOWN



latest Fairs to find that special treasure gift.... The Feral & Abandoned **Cats Chase The Ace** is now at the **\$72,000** level just in time for Christmas.... Check out our sponsors on **page 8** of this issue and you can win yourself a brand new **Laptop** for Christmas, just visit the sponsors and fill out a ballot each time you visit.... The **Exhibition** in North Sydney is now accepting dry storage for the Winter months and you can call 794-7633 for more information...If you are a **senior** on the Northside, check out **page 3** for details on Thursday **Seniors Community Day** with fun activities and light refreshments and all of these programs are **free** of charge.... The North Sydney Fire Dept. is sponsoring a Halloween Dance and the **Prizes** for best costumes are \$1,000 for first place, \$750 for 2nd place and \$500 for third place, these are great Prizes to win just in time for Christmas... Check the notice just opposite this column for details on the **Victory Park Fund Raising Auction** coming up on Saturday, October 27th - a fun time and all for a good cause... On the technology front, the CBRM are now offering to **pay for parking** by using your cell phone - the program went into effect on Monday and you can check the Cape Breton Post for details on how it operates..... See the story about **Mediation Conflict** being held at the Sydney Mines Library on Wednesday, October 17 from 7:00 - 9:00 - this is a Free Program.... Happy Birthday this week to **Grant Robinson** from all your friends at the North Sydney Fire Hall.... Congratulations to the entire staff and many Volunteers of **Celtic Colours** for the tremendous Festival they put on this year - it takes a lot of planning and co-ordination to pull off this event each year - the finale show was absolutely a **wonderful production** Hats Off to all who made this year's Festival a huge Success!!.... **Alex Cormier**, local author, will launch his next book "Let's Jump Again" at the **Sydney Mines Library** on November 14th at 3:30 pm.... and, speaking of local authors, North Sydney author Ron Gillis has another poem for you on **page 2** of this edition... If you enjoy a good Spaghetti Dinner, take note - **THE NORTH SYDNEY FIREMENS SPAGHETTI & Meatball Supper**, Nov. 18, 12 - 6 pm - \$10 per person - Free Delivery - Take Out only..... and if you are all hungry, **Branch 008 Legion - OCTOBER 26 - NOVEMBER 30** - Deep Fried Haddock Dinner - including Tea, Coffee, Dessert, 2 pieces of fish \$15.00 each. Tickets only available at downstairs bar. Eat In or Take **Out** - **FREE PUBLICITY** - If your group or organization is sponsoring a community event and you'd like some **free publicity**, simply email us with your information and we'll publish it free in our paper - email us at - thisweek@kleeradio.com



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POOL

TOURNAMENT

Every Wednesday

BINGO EVERY THURSDAY

8:00 pm - CASH PRIZES

SATURDAY NIGHT KITCHEN

PARTY with THE CIRCLE

from 7:00 - 10:00

SATURDAYS

BREAKFAST

SUNDAY - 9:00 - 12:00

Adults \$7.50 - Kids \$5.00

Chase The Ace \$9,200

736-6313



SYDNEY MINES LIBRARY NEWS

SEPTEMBER - Pre-School and Babies & Books require at least 3 participants to offer this Program. Please register now 736-3219.

TEEN BOOK CLUB - meets 3rd and 5th Tuesdays in October.

SENIORS BOOK CLUB - is now filled, pick up books for discussion.

LEGOS program is now filled, Crafts, Babies & Books and Pre-School. You can register by phone 736-3219. Programs start in October.

FREE PUBLICITY for your event, fund raiser etc.
thisweek@kleeradio.com



NORTH SYDNEY LIBRARY NEWS

FIBRE LUNCH - Every Thursday, 1:00 - 3:00 pm.

STORYTIME Saturday regular time 2:30.

Writers Group meets Oct. 20, 7:00 - 9:00, new members welcome

Registration continues for Pre School Storytime & Toddler Time.

Pain Mgt Group meets October 18 from 2:00 - 4:00.

HAPPY BIRTHDAY TO GRANT ROBINSON

YOUR HOROSCOPE - This is going to be a good moment to look elsewhere.

You should do just as the artist does when he has worked too long on a painting, which is to take a step back. You need to see people, travel, go to the theater, and clear your head.

This is never easy for you, but do it anyway. Afterwards you'll think it was the best thing for you.

Perhaps you've been impatiently waiting for the moment to jump into new adventures after your meditation during the last few months.

Know that the moment has almost arrived! You now have the strategy, objective, and means at your disposal to succeed. Just a bit more work remains to be done.

Gather your strength and get ready to take action with renewed vigor.

Your Lucky Day this week is Friday.

ITEMS FOR SALE

2005 Toyota Corolla, asking \$3,700.

One large heater asking \$150.

1 three room cottage in Bras

d'Or, lots of land, asking \$55,000.

1 new compressor, asking \$100.00.

Phone number for all these items is (902) 736-6140.

**We have moved in to our NEW OFFICE
at 40 Pond Road in Sydney Mines**

We can help! We prepare and file
any of the last 10 years for just **\$40**
per year, tax included



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ROYAL CANADIAN LEGION - SYDNEY MINES - 736-3206

PEPPER & PEARL FRIDAYS - 10:00 - 2:00 AM

TUESDAY BINGO GAME

NOW AT - 7:30 PM

Hall Rental Available - 736-3206

BINGO
Jackpot
\$2,000.00+

**BINGO Tues.
7:30 PM
Biggeelr
Games &
Prizes**

COMMUNITY NEWS EVENTS



Screaming Eagles Home Game Schedule

2018-10-18 Rim vs Cap 7:00 pm
 2018-10-26 Hal vs Cap 7:00 pm
 2018-10-30 Mon vs Cap 7:00 pm
 2018-11-03 Bat vs Cap 7:00 pm
 2018-11-04 Bat vs Cap 4:00 pm
 2018-11-07 Chi vs Cap 7:00 pm
 2018-11-22 BaC vs Cap 7:00 pm
 2018-11-28 SNB vs Cap 7:00 pm
 2018-11-29 Rou vs Cap 7:00 pm
 2018-12-01 VdO vs Cap 7:00 pm

Some News items courtesy of
Swing Over The Mountain News
 logon to website
www.sotmnews.weebly.com
 monthly newsletter

Traditional Music Night - every Thursday at the Blue Mist Beverage Room in Bras d'Or - The very best of Cape Breton fiddling. Stop by for great Cape Breton fiddling.



SATURDAY DANCE

The Sydney Mines & Pensioners Club will host a **SATURDAY DANCE** from 8:00 - 12:00 pm in their Clubrooms 6 Fraser Avenue in Sydney Mines. The cost of the Dance is just \$3.00 and it is open to the public.

There will be a variety of music available..

Come out to our Club, 6 Fraser Avenue in Sydney Mines and have a great night every Saturday. Canteen Service and Bar Service is available.



DJ JACK COOL OLDIES SHOW

7 DAYS A WEEK

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NORTHSIDE COMMUNITY NEWS

THURSDAY NIGHT PUB NIGHT



At the Sydney Mines Firemens Club from 6:00 - 9:00 pm.

To reserve a table email - futureccya@live.com

SYDNEY MINES LITTLE LEAGUE 50/50 Draw has finished for the season. Thank you to all who purchased tickets.

For the latest and most comprehensive list of local events, logon to - www.musiccapebreton.com
 Mike Little updates his listings each week.

CONTACT INFORMATION

GLEN GRAY, EDITOR

PH: 902-564-9022

Email Address

glengray@kleeradio.com

If you like Soduko Puzzles, logon to our website and enjoy a **Daily Puzzle** along with a new **Daily Crossword Puzzle** - Logon Features at -

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Written & Compiled By GLEN GRAY

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EXERCISE CLASS

Monday at 1:00 pm, no charge and open to the public at the Sydney Mines Seniors & Pensioners Club, 6 Fraser Avenue.

AQUAFITNESS CLASSES now registering at the North Sydney Pool. Classes are 5 days a week and there are day and evening classes - phone 736-1211.

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COUNTRY JAMBOREE



A Country Jamboree will be held every Saturday evening at the Army-Navy Hall in Bras d'Or from 7:00 - 10:00 pm. There is free admission and it is for 19 years and over.

SUNDAY MORNING GOSPEL SHOW ARS AT 9:00 AM

For those of you who like to start Sunday morning off with some inspirational music, we have just the thing for you.

Tune in on Sunday mornings at 9 am when host Pierre Chiasson presents a one hour show of the best in traditional Gospel songs to listen to as you have your Sunday Brunch - www.kleeradio.com

Mark Eyking MP

Sydney - Victoria

500 Kings Road, Sydney
 902.567.6275
markeyking.c1@parl.gc.ca

A Strong Voice for Cape Breton

COMMUNITY NEWS ITEMS

WINTER STORAGE - If you are thinking about storing your car, boat, atv, trailer etc. for the Winter, storage space is available at the Exhibition Grounds in North Sydney.

They will begin taking storage on October 15th on a "First Come - First Served" basis, so get your request in early.

For further information phone (902) 794-7633.

BIG BRAS d'OR FIRE HALL - 45s card Game 7 pm, Pre-School Play Group Tuesday 10 am - noon, Line Dancing Thursday 7 pm sharp - Fee \$5.00. Come and join the fun.

Some News Items courtesy of **Swing Over The Mountain** Newsletter - Login - <http://sotmnews.weebly.com>



BY PAUL POWER

Celtic Woman - "Ancient Land"

- For those of you who may not have heard of, or seen this ensemble performing on PBS or YouTube, they basically are an all-female version of Celtic Thunder that formed in 2005 in Ireland. Since then there have been changes in the line-up but basically the group's material follows a similar path-traditional Celtic songs and tunes, as well as some contemporary ones. Under the



brand name, Celtic Woman has released well over a dozen albums so far. Admittedly there are some people that think, just like Celtic Thunder, that Celtic Woman is basically 'Celtic-lite' or touristy Irish music. Given that opinion, there's no denying that the music here is really good-with voices that are at times magical. This incantation of Celtic Woman consists of Mairead Carlin, Eabha McMahon, Megan Walsh and fiddler/harpist Tara MacNeil-all from Ireland, and all well-versed in the Irish language (Gaelic). So, how does the album sound you might ask? Well, I was expecting to hear the lyrics to Van Morrison's "Star of the County Down" on the fifth song-named "County Down" but what happened pleasantly surprised me-I swear the number sounds so much like Raylene Rankin (RIP) that's it's uncanny. The song is beautiful, and reminds us all of the loss of such a great

singer, and musical ambassador for our Island, even though it's not actually Raylene singing-but a musical doppelganger. When I first heard the song "Moorlough Shore" I knew it was the traditional Irish tune often called "Foggy Dew", with different lyrics. It is a great number. Another familiar tune here is the American folk song "Shenandoah", and the version Celtic Woman does follows the story of a canoe traveling fur trader

who wants to marry the daughter of the Oneida Indian tribe chief Shenandoah. As per most of the previous albums this one does have more contemporary songs such as "Follow Me" and "Garden of Eden" and both sound familiar to those of us who know the music of The Rankin Family and the Barra MacNeils. There is indeed here a few good jigs and reels. There are 16 tracks in all on this album, which closes off with the haunting sounds of the Uilleann pipes ushering in "Going Home", a number that slowly builds-and welcomes the Scottish bagpipes as they herald a song of pride and glory for all things Celtic. If you like the music of The Barra MacNeils, the Rankin Family, the Ennis Sisters, or any of our wonderful Celtic tunesmiths you'll like this musical journey.



K-LEE RADIO celebrates its 10th year of broadcasting on October 1st. We have been playing the very best in Cape Breton & Celtic music 24 Hours A Day - 7 Days A Week. Tune in today - www.kleeradio.com

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DAILY 7 AM**

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Armstrong Memorial Branch #19

ROYAL CANADIAN LEGION NORTH SYDNEY

Archibald Avenue - North Sydney

POPPY DRIVE FLAG RAISING OCTOBER 25 - 4:30

POPPY CAMPAIGN BEGINS OCTOBER 26TH

POPPY BLITZ - SATURDAY, OCTOBER 27TH

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Drawing
December 18, 2018



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THURSDAY EVENING - 10 pm - KARAOKE
FRIDAY - WING NIGHT - 1 lb Wings & Beverage \$10
KITCHEN PARTY TO FOLLOW

SATURDAY EVENING - WHISKEY JACK

SUNDAY - JAM SESSIONS

COMING UP - OCT. 27 - HALLOWEEN COSTUME PARTY
100s of cash prizes given away

Kitchen Open Friday, Saturday & Sunday 4 pm

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BLUE MIST BEVERAGE ROOM

Bras d'Or



WEDNESDAYS
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THURSDAYS - Traditional Music Night

FRIDAY NIGHT - Steak Night

Wednesday & Saturday - Wing Night



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MON - THURS
11 am - 11 pm

FRI. - SAT.
11 am - 12 am

SUNDAY
3 pm - 11 pm

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3 rolls **\$24.95**
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18 PIECE CHICKEN

Large Fries, Med.
Gravy, 2 Med. Salad,
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Gravy, Med. Salad,
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PLUS TAX

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OPERATION
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