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FREE

THIS WEEK

CBRM COMMUNITY NEWS ITEMS

FREE

VOL. 8 - NO. 46 - NOVEMBER 14th - 2018

WEBSITE
www.kleeradio.com



See Page 4 for Santa
Parade Info and Page 2
for CBRM Taste Of Winter
Activities Information



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3 & 4 Door Pickups Large SUV	\$149.95
Superduty Pickups X-Large SUV	\$149.95

NORTHSIDE COMMUNITY NEWS ITEMS

SENIORS BINGO

The Regular SUNDAY afternoon Bingo resumes. There will be an Afternoon BINGO Game at the Sydney Mines Seniors & Pensioners Club, 6 Fraser Avenue, Sydney Mines.

WHEN: SUNDAY - 2:00 pm

COST: - \$2.00 entry card DAUBERS ONLY - MONEY GAMES Come out and spend a wonderful Saturday afternoon and maybe win some prizes. Hope to see you all there - Jackpot \$975 on 54 #s Loonie Jackpot \$894+.

BINGO					
7	25	44	57	62	
15	22	40	50	70	
11	30	45	46	74	
2	28	37	55	68	
10	27	39	59	75	

COMMUNITY SENIORS DAY - Every Thursday at the Sydney Mines Seniors & Pensioners Club, Fraser Avenue, Sydney Mines. All seniors in the area are welcome, no charge for the programs.

10 AM - Coffee Break, tea, coffee and light refreshments, play games of your choice.

1:00 PM - CRAFTS, instructor will be available for you.

7:00 PM - Fun Darts - all welcome. For more information phone (902) 736-3100.

Feral Cats Chase The Ace \$115,000.00 with 11 remaining cards! Last week's winner, Helen Fraser of Sydney Mines, received a split of \$9,248.00.

For the latest and most comprehensive list of local events, logon to - www.musiccapebreton.com Mike Little updates his listings each week.



**DJ JACK COOL
OLDIES
SHOW**

7 DAYS A WEEK

WWW.KLEERADIO.COM

North Sydney Fire Hall THURSDAY NIGHT -

After Work Party
Kitchen open from
5:00 - 9:00 pm,
music by Ernie,
Todd & Wade, from 6:00 - 9:00
- Food Special Club & Fries
\$9.50 - **FREE ADMISSION**,

BENEFIT DANCE - Friday,
8:00 - 1:00 for tickets call (902)
371-4407.

**FIREMENS SPAGHETTI &
Meatball Supper**, Nov. 18, 12 -
6 pm - \$10 per person - Free
Delivery - Take Out only.



NEW YEARS EVE
tickets will be on sale
soon - ask at counter.

**CELEBRITY PRIDE
SCOOTER** - 2 1/2 years old,
brand new battery, in excel-
lent condition, head lights, tail
lights and side seating, arm
rests.

Cost New \$4400 - selling
for \$1975. For more informa-
tion, phone (902) 539-7199.



Florence Legion
Flea Market - will
take place Decem-
ber 1st - from 10 -
noon. Tables 8 ft. \$5.00 - 6 ft.
\$4.00. To Book 736-9740 or
736-2746.

Canteen Services available -
Admission \$1.00

CBRM TASTE OF WINTER

CBRM Recreation is making it easier than ever for residents and community organizations to connect this Winter as they launch the Taste of Winter calendar this fall. Complete with their own Taste of Winter events, the municipality is looking to include any activities from non-profit organizations that will entice residents to brave the colder weather and stay active, social, and engaged through the winter months.

"Currently, we've added events occurring at Centre 200, Highland Arts Theatre, and the Boardmore Theatre," says CBRM Recreation Program Coordinator Joe Costello. "We know there are dozens of more things happening in our community and want to help our residents find these activities. We can help to promote those activities that are occurring at the

grassroots level to give a broader sense of all the things you can do this winter right here at home."

Taste of Winter runs from December 31, 2018, through March 31, 2019, to add your activity to the calendar, visit <http://calendar.tasteofwinter.ca> and click on 'submit event'. Events will be reviewed and approved on an ongoing basis.

CBRM Recreation will be releasing their Taste of Winter activities later this month.



Heat & Serve Meals - Fresh Meal
Selections - Frozen Selections
Grab 'n Go Lunch
Soups - Sandwiches - Salads
Ph: 217-0280

212 Commercial St., - North Sydney



Keith Bain

MLA -Victoria-The Lakes

1415 Highway 105, Bras d'Or, NS, B1Y 2N5

902-736-0301 (Office)

902-736-0411 (Fax)

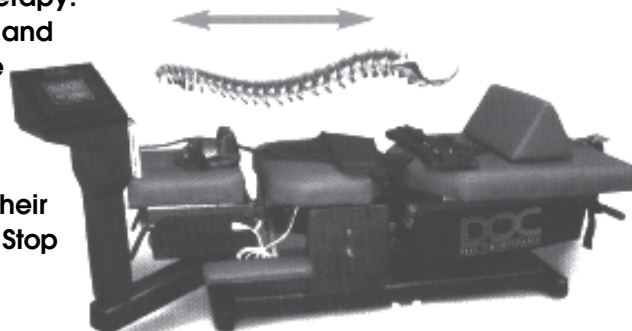
keithbainmla@bellaliant.com

NEW DECOMPRESSION TABLE RELIEVES PAIN

Darren Strong from Strong Chiropractic, announces a new, sophisticated computerized decompression table that allows the spine to be gently stretched and relaxed for spinal decompression therapy.

The pattern of alternating pulling and relaxing creates vacuum-like pressure which allows disc material that was herniated or protruded to be pulled back in the disc over time.

Patients will notice a reduction of their pain during these treatment sessions. Stop in today and ask about the new table and how you can benefit.



793 Mahon St., New Waterford - 862-9444 224 Commercial St. North Sydney - 241-9444

NORTHSIDE COMMUNITY NEWS/EVENTS

Sydney Mines Seniors & Pensioners Club

SUNDAY NIGHTS at 7:30 we have tarabish, everyone is welcome. 1st, 2nd and 3rd place Prizes are awarded.

MONDAY AFTERNOON - at 1:00 - Exercise Classes, everyone is welcome.

MONDAY NIGHT - at 7:30 - **FUN NIGHT** - we invite members from other Seniors Clubs - Bingo 7:30 dabbers only - Loonie Draw Enjoy a game of SCAT - \$1.00, light refreshment, see you there.

WEDNESDAY - 7:30 45s Card Game 1st, 2nd, 3rd



BRANCH 008 LEGION NEWS

BRANCH MEETING - November 22nd - will be picking for the Windsor Convention. Plus Election of Officers.

NOVEMBER 17 - BINGO FUNDRAISER - 2 o'clock - \$40.00 Tickets - 4 Specials Sold Separately - Package includes one \$1000 game, four \$300 games, ten \$200 games, 2 Door Prizes - \$40.00 each - sold at the Downstairs Bar.

NEW YEARS TICKETS - are now at Downstairs Bar - \$20.00 each, meal included - Music By Tom Capstick.

BINGO JACKPOT \$2,125 on 54 # s, Toonie Jackpot \$1134+.

Tickets will be available by Oct. 28th for our Christmas Basket - all proceeds go to Adopt A Family - drawn on Dec. 18th.

Watch for our Line Up with Parade Luncheon and entertainment for Nov. 11th, all welcome.



CHASE THE ACE is back!

Branches 008 and Br. 19, drawing on Fridays - 7:00 pm Music with Bob MacDonald & Friends, kitchen open from 7:00 til 10:00 - Tickets 3 for \$5.00 or 12 for \$20.00.

COUNTRY JAMBOREE



A Country Jamboree will be held every Saturday evening at the Army-Navy Hall in Bras d'Or from 7:00 - 10:00 pm. There is free admission and it is for 19 years and over.

BRAS d'OR SENIORS WEEKLY 45s GAME

The Bras d'Or Seniors Club are hosting weekly 45's game on Thursdays at 7:30 pm.

1st, 2nd and 3rd cash prizes are awarded. Also a chance to win the main Jackpot, mini Jackpot, and Loonie Jackpot and 50/50 draw.



SYDNEY MINES LIBRARY NEWS



Thank You to all our patrons for your patience as we have completed renovations and the Library is now open.

All programs will resume on **November 20**.

We look forward to serving you once again.

For any additional information, you can phone us at (902) 736-3219.

FOR THE BEST IN LOCAL
CAPE BRETON MUSIC

www.kleeradio.com



Northside Minor Hockey Draw - Last week's winner was

Martha Caldwell and the amount was \$11,502. Thank you for your support

HOME CARE - To care for the elderly in their homes. Will do personal care, light housekeeping, and meals.

4 or 6 hour respite also available. Excellent references, phone (902) 565-7679.

If you like Sudoku Puzzles, logon to our website and enjoy a Daily Puzzle along with a new Daily Crossword Puzzle - Logon Features at - www.kleeradio.com

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Using Pro equipment-not home video gear

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Waiting On You!

**DAILY SPECIALS - SENIOR MENU
CHILDREN'S MENU - TAKE OUT**

11 - 8 Mon.- Fri - 8 am - 8 pm Sat. & Sun.

Book Your Christmas Parties Soon

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7 DAYS A WEEK**

FOR HELP DIAL 811

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NORTHSIDE COMMUNITY NEWS

SOUP - SANDWICH - DESSERT

The St. Vincent de Paul Society are sponsoring a Soup-Sandwich-Dessert event at St. Stephens Hall, 34 Pitt Street, Florence, on Thursday, November 15th from 11 - 2 pm.

The cost is just \$8.00 and it is Eat In-Take Out - Free Delivery - you can phone 736-9350 or 577-2569.

BINGO - will be held every Sunday night at the Millville Community Centre - 7 pm - Cash Prizes Only

K-LEE RADIO celebrates its 10th year of broadcasting on October 1st. We have been playing the very best in Cape Breton & Celtic music 24 Hours A Day - 7 Days A Week. Tune in today - www.kleeradio.com



Craft & Bake Sale

The Ladies Auxiliary of the Northside Community Guest Home are hosting a Craft and Bake sale on Dec 8 in the main lounge 11 Queen Street from 1 - to 4 pm.



ITEMS FOR SALE - Complete Single bed in excellent condition with head board and foot board - asking \$250.00.

4 All Season Tires in excellent condition - P215 70R15 asking \$120.00 for the 4 tires.

2 pair mens jogging pants, grey, never worn, still have tags on XXXL asking \$20.00 each - PHONE 902-578-7181

Available for General House-keeping duties - vacuuming, sweeping floor etc. \$10.00 per hour - Phone 902-578-7181.

HANGING OF THE GREENS

St. Andrew's Day - Hanging of the Greens Celebration at St. Andrew's Presbyterian Church (643 Main Street, Sydney Mines) on Friday, November 30th at 7:00 pm.

The program will include some Scottish and Christmas music;

reflections about meaning of Christmas symbols, followed by fellowship and light refreshments.

We open our doors to the community and provide this inspirational evening as the Christmas season approaches. Free admission.



Home Crafters Of Cape Breton 31st Anniversary Christmas Festival Of Crafts The "Really Big One" - over 220 Tables



Handcrafted by Local Crafters

CENTRE 200

FRIDAY, NOV. 16 - 2:00 - 8:00 PM

SATURDAY, NOV. 17 - 10 AM - 6:00 PM

SUNDAY, NOV. 18 - 12 PM - 5:00 PM

* * Wheel Chair Accessible * *

**Sponsored By Cape Breton Post
103.5 New Country - 101.9 The Giant**

ADMISSION - \$2.00 ADULTS - CHILDREN UNDER 12 FREE

Santa Claus Parades



Sydney Mines

Saturday, November 17 • 6pm

EXERCISE CLASS

Monday at 1:00 pm, no charge and open to the public at the Sydney Mines Seniors & Pensioners Club, 6 Fraser Avenue.

FREE LAPTOP DRAW - See

Page 8 for participating sponsors and where you can get your Free Ballot. Nothing to buy, draw date is December 18.

**CONTACT INFORMATION****GLEN GRAY, EDITOR**

PH: 902-564-9022

Email Address
glengray@kleeradio.com

**Royal Canadian Legion
Branch 83 - Florence**

**POOL****TOURNAMENT****Every Wednesday****BINGO EVERY THURSDAY**

8:00 pm - CASH PRIZES

**SATURDAY
NIGHT
KITCHEN**

PARTY with THE CIRCLE
from 7:00 - 10:00

**SATURDAYS
BREAKFAST**

SUNDAY - 9:00 - 12:00

Adults \$7.50 - Kids \$5.00

FLEA MARKET - Dec. 1

From 10:00 - 12:00

736-6313

Hopeful Hearts Nar Anon Family Group is a support group for friends and family of those with substance abuse disorders. Are you affected by someone else's addiction? Nar-Anon offers hope. The Hopeful Hearts Nar-Anon Family Group Regular Weekly Meetings are Wednesdays from 8-9 pm at 26 Haley St, North Sydney. Call 902-322-5588 for more information.

UPCOMING DATES

Nov. 14 - 8:00 pm - 9:00 pm

Nov. 21 - 8:00 pm - 9:00 pm

Nov. 28 - 8:00 pm - 9:00 pm

Dec. 5 - 8:00 pm - 9:00 pm

**NORTH SYDNEY
LIBRARY NEWS**

FIBRE LUNCH - Every Thursday,
1:00 - 3:00 pm.

STORYTIME Saturday regular
time 2:30.

Writers Group meets Nov.
14, 7:00 - 9:00.

Bereaved Families meet every
Thursday 7:00 - 9:00.

Pain Support Group meets
Nov. 15th from 2:00 - 4:00.

NOVEMBER 13 - Science Club,
6:30-8:00 - Mysterious Skulls

Tuesday, December 4th - Phys-
ics of the Playground. - Free for
children ages 8 - 12- parents
welcome too.

Call the Library to register at
902-794-3272.

**FREE PUBLICITY for your
event, fund raiser etc.**
thisweek@kleeradio.com

ITEMS FOR SALE

2005 Toyota Corolla, asking
\$3,700.

One large heater asking \$150.

1 three room cottage in Bras

d'Or, lots of land, asking
\$55,000.

1 new compressor, asking
\$100.00.

Phone number for all these
items is (902) 736-6140.

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565-6798 - 736-1405**ROYAL CANADIAN LEGION - SYDNEY MINES - 736-3206****PEPPER & PEARL FRIDAYS - 10:00 - 2:00 AM****TUESDAY BINGO GAME****NOW AT - 7:30 PM****Hall Rental Available - 736-3206**

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7:30 PM
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SATURDAY DANCE

The Sydney Mines & Pensioners Club will host a SATURDAY DANCE from 8:00 - 12:00 pm in their Clubrooms 6 Fraser Avenue in Sydney Mines. The cost of the Dance is just \$3.00 and it is open to the public.

There will be a variety of music available. Come out to our Club, 6 Fraser Avenue in Sydney Mines and have a great night every Saturday. Canteen Service and Bar Service is available.

DANCE - Millville Community Centre, November 25th - 9 pm - 1 am - Music by THE ASHBYS - \$10 per person.

BREAKFAST BRUNCH

Last Sunday of every month

Big Bas d'Or Fire Hall

NOV. 25th - 9:00-12:00 pm

Sponsored By "Friends of The
Blg Bras d'Or Fire Hall"

1350 Old Route #5

Big Bras d'Or

Adults \$8.00 - Children \$4.00

EAT IN or TAKE OUT

SUNDAY MORNING GOS- PEL SHOW ARS AT 9:00 AM

For those of you who like to start Sunday morning off with some inspirational music, we have just the thing for you.

Tune in on Sunday mornings at 9 am when host Pierre Chiasson presents a one hour show of the best in traditional Gospel songs to listen to as you have your Sunday Brunch - www.kleeradio.com

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Tues. & Wed. 9 - 5

Thurs. 9 - 7 - Fri. 9-5 - Sat. 9 - 4

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NORTHSIDE COMMUNITY NEWS

BOOK LAUNCH RE-SCHEDULED

The upcoming book launch for Let's Jump Again! Volume 2 of the JUMP WITH BOTH FEET! Series.

The date has changed due to the renovations going on at the Library. So it is now Tuesday, November 20th at 3:30 pm, still at the Sydney Mines Library.

CELEBRATION OF LIGHT SERVICE

Will be held at the St. John's United Church, Big Bras d'Or, on Sunday, December 2nd at 7:00 pm.

An evening of music and remembrance - everyone is welcome, lunch to follow.

**FREE PUBLICITY for your
event, fund raiser etc.**
thisweek@kleeradio.com



House of Commons

Mark Eyking MP
Sydney - Victoria

500 Kings Road, Sydney
902.567.6275
markeyking.c1@parl.gc.ca

A Strong Voice for Cape Breton

YOUR FREE SODUKO WEEKLY PUZZLE

9			6	8				
		1			2	4	6	
				1				
1								
						6	5	
	8		4		5		7	
	2		7					4
4		3				1		
					6	5		

You can also get your Daily Soduko Puzzle and Crossword Puzzle by logging on to - www.kleeradio.com and clicking on the FEATURES Page. Also included is a DAILY FREE SOFTWARE giveaway. Logon today to get yours FREE!!

COMMUNITY NEWS ITEMS

WINTER STORAGE - If you are thinking about storing your car, boat, atv, trailer etc. for the Winter, storage space is available at the Exhibition Grounds in North Sydney.

They will begin taking storage on October 15th on a "First Come - First Served" basis, so get your request in early.

For further information phone (902) 794-7633.



Traditional Music Night - every Thursday at the Blue Mist Beverage Room in Bras d'Or - The very best of Cape Breton fiddling. Stop by for great Cape Breton fiddling.

THURSDAY NIGHT PUB NIGHT



at John J. Nugent Fire Hall, Sydney Mines - Live Entertainment - No Admission - Fund Raiser for Community Cares

ment - No Admission - Fund Raiser for Community Cares

SOME NEWS ITEMS IN THIS ISSUE COURTESY OF <http://sotmnews.weebly.com>

Court issues can often take years to resolve with unforeseen results.....but: If you have interest in resolving matters OUT OF COURT and in determining how to *peacefully, less expensively, and usually much more speedily* settle issues or conflicts involving business, family, estate, or contract conflicts or disputes, consider an independent mediator (even if court has already started) at:

MEDIATION MATTERS 902-294-0592

gm.mediation7@gmail.com - www.mediation7.ca

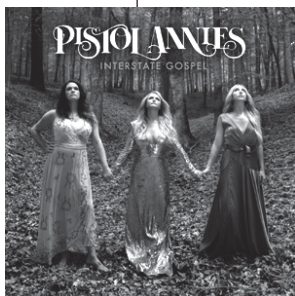
Sliding scale adjusted to lower incomes ** Free initial consult
Can include your own lawyer support if desired See website above for particulars



BY PAUL POWER

Pistol Annies - "Interstate Gospel" - I don't usually listen to a lot of country music, especially some of the new stuff that's basically just pop music with cowboy hats-but every now and then a release by an artist catches my ear-the likes of Chris Stapleton, The Dead South, The White Buffalo or Dwight Yoakam for example. I can now add the Pistol Annies to that list.

This is the third release from this all-female



husband and the resulting divorce (with great video on YouTube) and the song almost goes hand in hand with "When I Was His Wife" and "Leavers Lullaby"-a trifecta of bad decisions, and the resulting heartbreak. "Sugar Daddy" is all about what you'd think it is; then the ladies take a different path musically-

there's a genuine heartfelt daughter to mother narrative thread running through the song "Milkman", and I could hear what sounded a lot like Stevie

Nicks in the backing vocals, as the song could pass for a Fleetwood Mac number. Continuing on, "5 Acres of Turnips" has a very unique style to it-like a girl group from the 1960's who just found roots rock and roll, and to further that diversity the album's namesake track, "Interstate Gospel" is the real foot stomping number here, with the great line "even old Moses was a basket case". The album close off with the slightly melancholy, yet inspirational "This Too Shall Pass", as the number chronicles the rocky road that relationships sometimes take-but the journey is still worth it. It is a great way to finish off an album built on strong voices, strong lyrics and 3 strong women.

Hair Masters

**26 Archibald Avenue
North Sydney
PHONE**

(902) 794-2460



Armstrong Memorial Branch #19

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Archibald Avenue - North Sydney

CHASE THE ACE JACKPOT

(CORRECTED) \$5,847.00

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PLUS TAX



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PLUS TAX



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PLUS TAX

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