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THIS WEEK

NORTHSIDE COMMUNITY NEWS

FREE

VOL. 9 - NO. 14 - APRIL 3rd - 2019

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NORTHSIDE COMMUNITY NEWS ITEMS

SENIORS BINGO

The Regular SUNDAY afternoon Bingo resumes. There will be an Afternoon BINGO Game at the Sydney Mines Seniors & Pensioners Club, 6 Fraser Avenue, Sydney Mines.

BINGO				
7	25	44	57	62
15	22	40	50	70
11	30	45	46	74
2	28	37	55	68
10	27	39	59	75

WHEN: SUNDAY - 2:00 pm
COST: - \$2.00 entry card DAUBERS ONLY - MONEY GAMES
 Come out and spend a wonderful Saturday afternoon and maybe win some prizes. Hope to see you all there - Jackpot \$1,500 on 54 #s or less - Loonie Jackpot \$252.00.

COMMUNITY SENIORS DAY - Every Thursday at the Sydney Mines Seniors & Pensioners Club, Fraser Avenue, Sydney Mines. All seniors in the area are welcome, no charge for the programs.

10 AM - Coffee Break, tea, coffee and light refreshments, play games of your choice.

1:00 PM - CRAFTS, instructor will be available for you.

7:00 PM - Fun Darts - all welcome. For more information phone (902) 736-3100.

Some News Items courtesy of **Swing Over The Mountain Newsletter** - Login - <http://sotmnews.weebly.com>

For the latest and most comprehensive list of local events, logon to - www.musiccapebreton.com
 Mike Little updates his listings each week.

FREE PUBLICITY - If your group or organization is sponsoring a community event and you'd like some **free publicity**, email us with your information and we'll publish it free - email us thisweek@kleeradio.com

North Sydney Fire Hall

THURSDAY NIGHT

- After Work Party
 Kitchen open from 5:00 - 9:00 pm, music by Ernie, Todd & Wade, from 6:00 - 9:00 - Food Special - 2 Pc. Fish & Chips \$9.50 - **FREE ADMISSION..**



SPRING FLING DANCE - April 25th - \$2.00 - music by Firehounds DJ.

APRIL 20 - FLEA MARKET - from 10:00 - 2:00 pm.

LOOKING FOR PART TIME PIZZA COOK, drop off resume at Fir Hall on Pierce Street. or call (902) 794-7072.



BIRTHDAY WISHES

HAPPY BIRTHDAY to Lloyd Gillis from all your friends at the North Sydney Fire Hall.

BRAS d'OR SENIORS WEEKLY 45s GAME

The Bras d'Or Seniors Club are hosting weekly 45's game on Thursdays at 7:30 pm.

1st, 2nd and 3rd cash prizes are awarded. Also a chance to win the main Jackpot, mini Jackpot, and Loonie Jackpot and 50/50 draw.

UPCOMING SENIORS EVENTS

The Sydney Mines Seniors & Pensioners Club has a host of great programs coming up.

APRIL 6 - SPRING FLING - 11:00 - 2:00 see page 4.

APRIL 29 - Merchandise Bingo starts at 7:30 pm.

MAY 31 - Monte Carlo Night - at 7:00 pm.

JUNE - Lobster Draw, stay tuned for details.

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Upsize Your Fries 99c
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- HOURS OF OPERATION -
11:00 AM - 10:00 pm
PHONE
902-736-9496



Keith Bain

MLA -Victoria-The Lakes

1415 Highway 105, Bras d'Or, NS, B1Y 2N5

902-736-0301 (Office)

902-736-0411 (Fax)

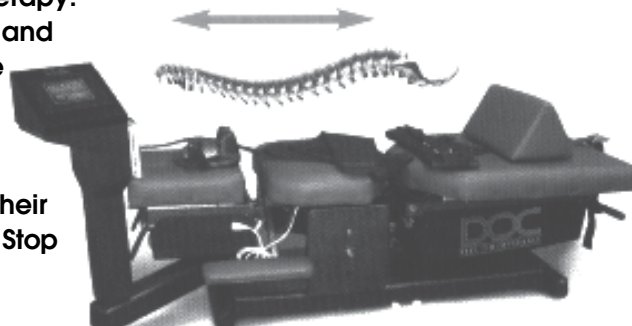
keithbainmla@bellaliant.com

NEW DECOMPRESSION TABLE RELIEVES PAIN

Darren Strong from Strong Chiropractic, announces a new, sophisticated computerized decompression table that allows the spine to be gently stretched and relaxed for spinal decompression therapy.

The pattern of alternating pulling and relaxing creates vacuum-like pressure which allows disc material that was herniated or protruded to be pulled back in the disc over time.

Patients will notice a reduction of their pain during these treatment sessions. Stop in today and ask about the new table and how you can benefit.



793 Mahon St., New Waterford - 862-9444 224 Commercial St. North Sydney - 241-9444

COMMUNITY NEWS ITEMS

Hopeful Hearts Nar Anon Family Group Meetings

Hopeful Hearts Nar Anon Family Group is for friends and family of those with substance abuse disorders.

If you're affected by someone else's addiction, they offer hope. Regular Meetings are Wednesdays 8:00 - 9:00 pm at 26 Haley St, North Sydney. Call 902-322-5588 for info.

- UPCOMING DATES -

April 10, 2019 8:00 pm
April 17, 2019 8:00 pm
April 24, 2019 8:00 pm
May 1, 2019 8:00 pm
May 8, 2019 8:00 pm
May 15, 2019 8:00 pm
May 22, 2019 8:00 pm

Men Of The Deeps Concert

The Men Of The Deeps in support of the Memorial High School Festival Band Trip, will be in concert Sunday, April 28 - \$7.00 pm.

It will take place at Holy Family Church Hall, Main Street, Sydney Mines.

The Memorial High School Concert Band will also perform.

Tickets can be attained from any band member, Buffetts Office Supplies, North Sydney or Cape Breton Curiosity Shop in Sydney.

CRAFTERS MEETING

The Munro Crafters Guild will hold a meeting at Boularderie School on Thursday, April 11th.

Dues in the amount of \$15.00 will be collected at this meeting.

New members are welcome and can be registered at this meeting.

FLORENCE LEGION - BINGO every Thursday, doors open 5:00 PM, cards on sale 6:00 PM; bingo starts at 7:00 PM Cash prizes.



Fly Tying Thursday evenings at 7:00 P.M. We will meet at the Minor Base Ball Building on Pitt St Sydney Mines. We charge no fees. Come out and you can try this fun and interesting hobby.

CBRM HEAVY GARBAGE COLLECTION has been scheduled for a Monday between April 29th and May 13. Place your heavy garbage at the curb - no electronics, paint or tires allowed in this collection.

AROUND THE TOWN

There are some time tested signs that **Spring** is on the way, the warming weather, the birds singing and the **A & K Lick A Treat** opens in Bras d'Or - I can't wait to sample their specialty ice cream treats again... and April 2nd also is the opening of **Washer Toss** at the Florence Legion - this is a popular event that even I can be good at... the **CBRM Heavy Garbage** is being scheduled for late April and early May, it's nice to see properties cleaned up for the Summer.... Don't forget the **Men of The Deeps Concert** coming up at Memorial High School on April 28th.... the Sydney Mines Seniors & Pensioners are holding a **Spring Fling** event at their clubrooms, 6 Fraser Avenue, Sydney Mines, see **page 4** for details.....Check the Tax Tips on page 8 for changes in this year's tax deductions... The Cape Bretoners Dragon Boat Team offers fresh air, fitness and fun paddling on the beautiful Mira River - see page 4 for story details... looking for something to do this weekend - The Sydney Mines Seniors & Pensioners Club, 6 Fraser Avenue in Sydney Mines, will sponsor a Spring Fling at their Clubrooms on April 6th from 11:00 - 2:00 pm. If you're like me and can't take a good photo, check out this program at the North Sydney Library - **APRIL 4th** - What Makes A Good Photograph - How to organize your photo projects - from 6:00-8:30 - presenters Charlie Morrison and Chad Tobin.... coming up later this month, a good fish dinner - **GOOD FRIDAY** - April 19th - Pan fried/Deep Fried, Mashed or fries, dessert, tea, coffee \$15.00 each - Eat In or Take Out from 4:00 - 6:00 pm.... For all the hockey fans - **IT'S HOCKEY NIGHT** - April 6th - Toronto vs Montreal - Pool tickets available downstairs Bar - \$5.00 will get you a beverage, a slice of pizza and a chance to win 2 NHL Hockey Jerseys. Come in and pick up your ticket.... **FREE PUBLICITY** - If your club or group is holding a community event and you want some **FREE PUBLICITY**, simply email us with your information and we'll publish it **free of charge** in our paper and also broadcast it on our internet radio station - email us your event information to thisweek@kleeradio.com



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14" Garlic Fingers

2 Litre Pop

\$33.50 TAX INCLUDED



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50/50 lottery draw winner Jaxson and his Father Shawn Tremblett of Sydney Mines, Shawn put Jaxson's name on one of his tickets, is shown accepting a cheque for \$847.00 from AMP Society Funding Committee Chair Gary Gallop and Treasurer Bob Blinkhorn on March 28. The organization congratulates Jaxson and his father Shawn for supporting the Atlantic Memorial Park Project and thanks to all the ticket outlets and the public for their continued support of the park project.

NORTHSIDE COMMUNITY NEWS/EVENTS

Are You a Breast Cancer Survivor?

The Cape Breastoners Dragon Boat Team offers fresh air, fitness and fun paddling on the beautiful Mira River!

If you are a breast cancer survivor interested in getting fit, having fun and making friends, look us up on Facebook or send us an email for more information:

prescapebreastoners@outlook.com

All equipment is provided! No experience necessary!

SPRING FLING

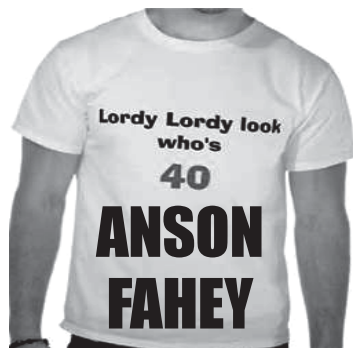
The Sydney Mines Seniors & Pensioners Club, 6 Fraser Avenue in Sydney Mines, will

Spring Fling

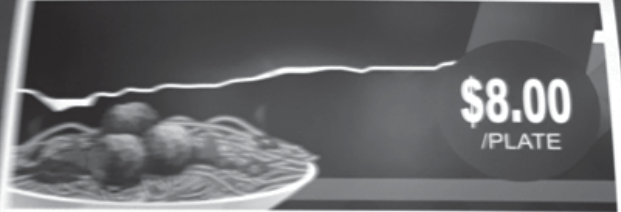
sponsor a Spring Fling at their Clubrooms on April 6th from 11:00 - 2:00 pm.

Tables are \$5.00 each or 2 for \$7.00. Phone (902) 577-5016.

Canteen Services will be available. We will have a Bake Table, a White Elephant Table and we will be selling tickets as well. We'll see you there April 6th.



Well Anson, now instead of watching Oldtimers Hockey, you can actually play in the Oldtimers League as you now qualify. Happy Birthday from all the team that **can't** qualify for the Oldtimers Team!!



CAPE BRETON ITALIAN CULTURAL ASSOCIATION

Spaghetti & Meatball
TAKE OUT DINNER

SUNDAY
APRIL 7th
2019

BRANCH 12 LEGION
Dorchester St., Sydney
2:00 pm - 4:00 pm

FOR TICKETS PHONE
ISABELLE (902) 539-4928
OR ALFIE (902) 562-6513

NORTHSIDE COMMUNITY NEWS

DOG PARK ADVOCATED

Councillors Clarence Prince and Earlene MacMullin, addressed the issue at a recent Cape Breton Regional Municipality meeting.

The Councillors say there is a lot of interest in having a dog park on the Northside.

No sites have been designated yet but several areas have been suggested.

FREE PUBLICITY for your event, fund raiser etc.
thisweek@kleeradio.com

EASTER BAKE SALE

An Easter Bake Sale with Flowers will be held on Saturday, April 20th - 10 am - 1 pm at Fitzgerald's Restaurant.

Baking will be by the MammoWarriors. All proceeds will be donated to the Cape Breton Cancer Patient Care Fund.

Be sure to stay for breakfast - Enjoy a Mimosa along with Chef Roddie's Eggs Benedict Special or your favorite menu item.



Waiting On You!

DAILY SPECIALS - SENIOR MENU

CHILDREN'S MENU - TAKE OUT

11 - 8 Mon.- Fri - 8 am - 8 pm Sat. & Sun.

NOW OPEN FOR ANOTHER SEASON

BREAKFAST - SEAFOOD - TURKEY - PANINIS

1409 Hwy 105 Trans Canada

(902) 794-1409

EXERCISE CLASS

Monday at 1:00 pm, no charge and open to the public at the Sydney Mines Seniors & Pensioners Club, 6 Fraser Avenue.

K-LEE RADIO is celebrating its 10th year of broadcasting on in Cape Breton. We have been playing the very best in Cape Breton & Celtic music 24 Hours A Day - 7 Days A Week- Visit www.kleeradio.com



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Branch 83 - Florence**



BINGO

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SALE - 6:00 PM**

**7:00 pm - CASH PRIZES
EVERY SATURDAY
NIGHT**

Entertainment by
'THE CIRCLE'

Downstairs 7:00 - 10:00 pm
Happy Hour: 7:30 - 8:30 pm

45s Card Game Every

Monday - 7:30 sharp

BREAKFAST

SUNDAY - 9:00 - 12:00

Adults \$8.00

WASHER TOSS

Starts Tuesday April 2 - 7 pm

736-6313

Cape Breton Storyeller Book now on sale on the Northside at Buffett's Office Supplies, North Sydney. Makes a Great Gift

FREE PUBLICITY - If your club or group is holding a community event and you want some **FREE PUBLICITY**, simply email us with your information and we'll publish it free of charge in our paper and also broadcast it on our internet radio station - email us your info at - www.kleeradio.com



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**NORTH SYDNEY
LIBRARY NEWS**

FIBRE LUNCH - every Thursday from 1:00 - 3:00.

STORYTIME every Saturday afternoon 2:30

BABIES & BOOKS starts this Saturday at 10 am - newborn to 18 months Please phone to register 794-3272.

CHRONIC PAIN GROUP meets April 18 from 2:00 - 4:00 pm, new members are welcome to attend.

APRIL 4th - What Makes A Good Photograph - How to organize your photo projects - 6:00-8:30 presenters Charlie Morrison and Chad Tobin.

APRIL 10th - Writing Group meets, 7:00 - 9:00, all welcome to attend.

STORYTELLING at the N. S. Museum on April 14th - this is a free admission event.



Whaddy Mean "They're All Gone??"

If you missed out on Northside This Week just go to our website www.kleeradio.com and you can download an electronic copy or print a copy on your home computer. Great for sending to folks "away."

**FREE PUBLICITY for your
event, fund raiser etc.
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NIGHT OUT OF THE NUNNERY

This event will take place at the Emera Centre, North Sydney on May 4th.

It is a fun filled night, tickets are \$40 and will be available at the Easter Bake Sale.

Contact Grace Hollett at hollettgraca@gmail.com

K-LEE TRIVIA

1. How many million chocolate bunnies are produced each year?

A - 50 B - 90 C - 110

2. How much did the largest bunny ever made weigh?

A - 8,000 lbs B - 11,000 lbs or C - 15,873 lbs

3. What country originated the Easter Bunny?

A - Ireland B - England C - Germany

4. 76% of people eat which part of the bunny first?

A - Ears B - Feet C - Tail

5. How many days does Lent last?

(A) 30 (B) 40 (C) 50

6. When were the first colored Easter eggs exchanged?

(A) 1200 (B) 1800 (C) 1925

5 B, 6 A

ANSWERS - 1 B, 2 C, 3 C, 4 A,



ROYAL CANADIAN LEGION - SYDNEY MINES - 736-3206

PEPPER & PEARL FRIDAYS - 10:00 - 2:00 AM

TUESDAY BINGO GAME

NOW AT - 7:30 PM

Hall Rental Available - 736-3206

**BINGO
Jackpot
\$2,525.00+**

**BINGO Tues.
7:30 PM
Bigger
Games &
Prizes**

Sydney Mines Seniors & Pensioners Club

SUNDAY NIGHTS at 7:30 we have tarabish, everyone is welcome. 1st, 2nd and 3rd place Prizes are awarded.

MONDAY AFTERNOON - at 1:00 - Exercise Classes, everyone is welcome.

MONDAY NIGHT - at 7:30 - FUN NIGHT - we invite members from other Seniors Clubs - Bingo 7:30 dabbars only - Loonie Draw Enjoy a game of SCAT - \$1.00, light refreshment, see you there.

WEDNESDAY - 7:30 45s Card Game 1st, 2nd, 3rd

COMMUNITY NEWS

BRANCH 008 LEGION MEETINGS are held on the 4th Thursday of the month at 7:00 pm

FINAL N. S. MINOR HOCKEY 50/50 DRAW - Last week's winner was Norma F. & Michelle M and the amount was \$14,080. Thank you for your support all season long.

THE MEN OF THE DEEPS in support of the Memorial High School Festival Band Trip, will be in concert Sunday, April 28 - \$7.00 pm.

FREE PUBLICITY for your event, fund raiser etc.
thisweek@kleeradio.com

SATURDAY DANCE

The Sydney Mines & Pensioners Club will host a **SATURDAY DANCE** from 8:00 - 12:00 pm in their Clubrooms 6 Fraser Avenue in Sydney Mines. The cost of the Dance is just \$3.00 and it is open to the public.

There will be a variety of music available. Come out to our Club, 6 Fraser Avenue in Sydney Mines and have a great night every Saturday. Canteen Service and Bar Service is available.

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GOSPEL HOUR AIRS

For those of you who like to start Sunday morning off with some inspirational music, we have just the thing for you.

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Celtic Myths & Legends
Ghost Stories
Local UFO Sightings
From Cape Breton Island



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The Northside Minor Hockey Draw - Last week - we will have extra Bonus Draws for the Final Draw - Thank you for your support.

CONTACT INFORMATION
GLEN GRAY, EDITOR
PH: 902-564-9022
Email Address
glengray@kleeradio.com

NORTHSIDE COMMUNITY NEWS



BRANCH 008 LEGION NEWS

GOOD FRIDAY - April 19th - Pan fried/Deep Fried, Mashed or fries, dessert, tea, coffee \$15.00 each - Eat In or Take Out from 4:00 - 6:00 pm.

MOTHER'S DAY SUPPER DANCE - May 11th - \$15.00 each - Roast Beef Supper 7:00-8:00, Dancing 8:00 - 12:00 - Dave MacNeil.

CHASE THE ACE - (\$12,743) - every Friday - music with Bob MacDonald & Friends plus canteen services.

BINGO - every Tuesday 7:30 - Jackpot \$2,525 plus Toonie Game.

IT'S HOCKEY NIGHT - April 6th - Toronto vs Montreal - Pool tickets available downstairs Bar - \$5.00 will get you a beverage,

If you like Soduko Puzzles, logon to our website and enjoy a Daily Puzzle along with a new Daily Crossword Puzzle - Logon Features at - www.kleeradio.com

IONA LEGION SUPPER - Friday night - Grilled Haddock Dinner is served from 6 - 7 pm - Coffee & Tea included. Entertainment - Chris Campbell. Ceilidh starts at 7 pm - until 10 pm (free!) - Adult \$15 (\$13 + tax) - Senior/Child \$10 (\$8.70 + tax). Coffee & Tea included.

a slice of pizza and a chance to win 2 NHL Hockey Jerseys. Come in and pick up your ticket.

HAM & TURKEY SHOOT - April 19th - 12 o'clock - \$10.00 **FUNDRAISER** for our Bowlers - drawing for set of original 6 Stanley Cup "rings" - \$2.00 each or 3 for \$5.00



BIRTHDAY WISHES

We would like to wish a very Happy Birthday to Angela Campbell, our niece who will be celebrating her "Sweet 16" on April 6th - Nannie & Poppy.

FARMERS MARKET

Time: 8:30 AM - 1:00 PM
Cape Breton Farmers' Market every SATURDAY 8:30 am to 1:00 pm. - 340 Keltic Drive in Sydney River.

COMMUNITY VOLUNTEER INCOME TAX PROGRAM

No appointments, first come, first served. In case of cancellation due to bad weather or power outages, please follow schedule.

NORTH SYDNEY SENIORS CLUB - Commercial Street

APRIL 3 - 9:00 - 11:00

APRIL 17 - 9:00 - 11:00

SYDNEY MINES SENIORS CLUB - 6 Fraser Avenue

APRIL 10 - 9:00 - 11:00

APRIL 24 - 9:00 - 11:00

House of Commons



Mark Eyking MP
Sydney - Victoria

500 Kings Road, Sydney
902.567.6275
mark.eyking.c1@parl.gc.ca

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2019 PROGRAMS

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		7			8			
	5				4			
	3	1			2	5	6	
							3	
		6				7		
		9	5		6	8		
	4							5
							4	
7	2		8					3



**BY PAUL
POWER**

Both bands hail from Sweden, and this Priest album was produced by a former member of GHOST, who goes by the moniker



Alpha. Online rumours abound suggesting a feud between both bands, and that 2 other former GHOST members are in PRIEST, so that would have to be the lead singer Mercury, or Salt or Sulphur. If you are thinking "what's with the names" it's because the lead singer wears a Priest collar and studded leather mask, with the 2 other band members wearing Plague Doctor masks (like a bird's face). Here's the huge twist; regardless of the band's image their music is so retro and accessible that it's uncanny. Imagine a musical blender that grinds up the sonic influences of Depeche Mode, Allison Moyet, Yazoo, Soft Cell, Erasure and OMD, to name a few-and puts out something unique. The

track is "Call My Name" on which Mercury's vocals sound like an Allison Moyet meets Visage aural vibe-leading the listener through a

dark, and steamy underground musical landscape. The song "Populist" reminds me a lot of something by Skinny Puppy and Cabaret Voltaire, and "Private Eye" has a real early Depeche Mode vibe to it. The album closer, "Reloader", really has a synthesizer meets human undercurrent running through it. As a matter of fact, the band's tagline is "Priest is a synth band that creates music rooted in the vastness of electronic dreams. The goal of their multifaceted prophecy is to safely guide humanity unto the next evolutionary step – the merging with machines". Too weird for some-but just perfect for others. This CD is amazing.



Armstrong Memorial Branch #19

ROYAL CANADIAN LEGION - NORTH SYDNEY

Archibald Avenue - North Sydney

BRANCH 19 AND BRANCH 008

CHASE THE ACE JACKPOT - \$12.743+

CRIB GAME ON THURSDAYS 7:00 PM

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TAX TIPS COLUMN

**Are you aware of the major changes
to credits and amounts that effect
your tax filing?**

* TUITION, EDUCATION & TEXTBOOK CREDITS

– Although the federal education and textbook credits were eliminated in 2017, you can still carry forward unused amounts from previous years. Also, with certain conditions, you may now be able to claim the tuition amount for fees you paid to a post-secondary educational institution for occupational skills courses, even if they are not at a post-secondary level. Your educational institution will still issue you a tax slip (T2202) for all tuition paid.

* **CHILDREN'S CREDITS** – As of the 2017 tax year, the children's arts tax credit and children's fitness tax credit were both eliminated. You also do not have to report the CCB on your 2018 income taxes.

* **PUBLIC TRANSIT TAX CREDIT** – As of 2017 tax year, this credit was eliminated, there is no claim for 2018.

If you have any questions about these changes, or other taxation credits and amounts you are encouraged to speak to your tax representative.

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