42 FRASER AVENUE SYDNEY MINES PHONE 736-2280

## **G. MacDonald**

Denturist

HIGH STREET BADDECK **PHONE** 295-2516



NORTHSIDE COMMUNITY NEWS

EREE

FREE

VOL. 9 - NO. 18 - MAY 1st - 2019

**WEBSITE** www.kleeradio.com

#### ARAIIND THE TAWN

We'd like to welcome a new supporter to our paper - All-Star Auto - the owner is Blair MacKenzie and you can see his list of quality used vehicles at 155 Queen Street - see his ad on page 3 - welcome Blair... Mother's Day is coming and if you're looking for an event to take your Mother to, see page 6 and the High Tea which will

(CONTINUED ON PAGE 3)



**Auto Repair Ltd. and Muffler Man** 







93 KING STREET BY THE TRACKS

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Any Wheel Alignment

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**Phone For An Appointment** 

#### NORTHSIDE COMMUNITY NEWS ITEMS

#### SENIORS BINGO

The Regular SUNDAY afternoon Bingo resumes. There will be an Afternoon BINGO Game at

7	25	144	57	62
15	22	40	50	70
11	30	PREE	46	74
2	28	37	55	68
10	27	39	59	75

the Sydney Mines Seniors & Pensioners Club, 6 Fraser Avenue, Sydney Mines.

WHEN: SUNDAY - 2:00 pm COST: - \$2.00 entry card DAUBERS ONLY - MONEY GAMES Come out and spend a wonderful Saturday afternoon and maybe win some prizes. Hope to see you all there - Jackpot \$1,600 on 54 #s or less - Loonie Jackpot \$384.00 + THANK YOU to all who made our Merchandise Bingo such a huge Success!

#### **COMMUNITY SENIORS DAY -**

Every Thursday at the Sydney Mines Seniors & Pensioners Club, Fraser Avenue, Sydney Mines. All seniors in the area are welcome, no charge for the programs.

10 AM - Coffee Break, tea, coffee and light refreshments, play games of your choice.

1:00 PM - CRAFTS, instructor will be available for you.

7:00 PM - Fun Darts - all welcome. For more information phone (902) 736-3100.

Some News Items courtesy Swing Over The Mountain Newlsletter -Login http:// sotmnews.weeblv.com

For the latest and most comprehensive list of local events, logon to www.musiccapebreton.com

Mike Little updates his listings each week.

FREE PUBLICITY - If your group or organization is sponsoring a community event and you'd like some free publicity, email us with your information and we'll publish it free - email us thisweek@kleeradio.com

#### **North Sydney Fire Hall**

THURSDAY NIGHT -

After Work Party Kitchen open from 5:00 - 9:00 pm, music by Ernie,



Todd & Wade, from 6:00 - 9:00 - Food Special -Club & Fries \$9.50 - FREE ADMISSION.

**LOOKING FOR PART** TIME PIZZA COOK. drop off resume at Fire Hall on Pierce Street. or



DANCE - Full Circle, May 31, 9:00 - 1:00 - \$5.00.

#### **COUNTRY BREAKFAST**

will be held at Knox Church, Ross Ferry on

JUne 22/July 27 and August 17 from 8:00 - 1100 Country



THE MUNRO CRAFTERS **RUG HOOKERS** meet weekly at Boulardeie School - Mondays at 1:30. The Weavers meet at School 1:30 every Friday.

#### KNOX WALK-A-THON

will be held on May 20th - 10:00 am, at Ross Ferry.

Lunch will be provided for the walkers as they return from the



#### **UPCOMING SENIORS EVENTS**

The Sydney Mines Seniors & Pensioners Club has a host of great programs coming up.

MAY 31 - Monte Carlo Night - at 7:00 pm.

JUNE - Lobster Draw, stay tuned for details.



HAPPY BIRTHDAY WISHES going out to Paul Brennan celebrating his birthday May 4th, from Julia and Sandra.

#### Rozicki Boxing Match May 18

The big showdown between Canadian champion Ryan Rozicki (9-0-0, 9KOs) of Sydney Forks and Shawn Miller (18-4-1, 7KOs) of Troy, New York, just got even bigger. When the men meet at Centre 200 on May 18, they will now be competing for the WBC International Silver cruiserweight championship.



#### 7 PIECE CHICKEN

Med. Fries. Medium Gravy,

3 rolls **\$25.95** 



4 rolls \$36.95

### **%18 PIECE CHICKEN**

Large Fries, Med. Gravy, 2 Med. Salad, 6 rolls PLUS TAX

Upsize Your Fries ..... 99c Located in Bras d'Or on **Trans Canada Highway** 

- HOURS OF OPERATION -11:00 AM - 10:00 pm **PHONE** 902-736-9496



## Keith Bain

**MLA -Victoria-The Lakes** 

1415 Highway 105, Bras d'Or, NS, B1Y 2NS 902-736-0301 (Office) 902-736-0411 (Fax)

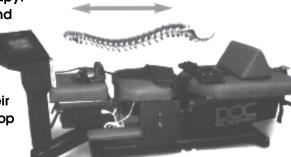
keithbainmla@bellaliant.com

#### **NEW DECOMPRESSION TABLE RELIEVES PAIN**

Darren Strong from Strong Chiropractic, announces a new, sophisticated computerized decompression table that allows the spine to be gently stretched and relaxed for spinal decompression therapy.

The pattern of alternating pulling and relaxing creates vacuum-like pressure which allows disc material that was herniated or protruded to be pulled back in the disc over time.

Patients will notice a reduction of their pain during these treatment sessions. Stop in today and ask about the new table and how you can benefit.



793 Mahon St., New Waterford - 862-9444 224 Commercial St. North Sydney - 241-9444

#### NEWS

#### **BRAS d'OR SENIORS WEEKLY 45s GAME**

The Bras d'Or Seniors Club are hosting weekly 45's game on Thursdays at 7:30 pm.

1st, 2nd and 3rd cash prizes are awarded. Also a chance to win the main Jackpot, mini Jackpot, and Loonie Jackpot and 50/50 draw.



FREE PUBLICITY for your event, fund raiser etc. thisweek@kleeradio.com

#### (MACS) Monday Afternoon Crafters

Will be held at the Ross Ferry Fire Hall from 1:00 - 3:00 pm.

Everyone is welcome - crafting is optional.

#### **VACATION BIBLE SCHOOL -**

will be held at Knox Presbyterian Church, Ross Ferry July 29 - Aug. 2 and at St. James Presbyterian Church, Big Bras d'Or August 5 - 9. All childen are welcome.





May 11th - There will be 2 Seatings - 1:00 p.m. and 3:00 p.m.-\$15.00 - Pick up tickets at Munro Academy, Ball's Creek or by phone 902-241-5090 - Sydney Mines Campus - 902-270-7771 -Ball's Creek Campus - Homemade sandwiches, sweets, fruit, Gluten-free available - Imported Irish Tea.....Vacation Bible School will be held at Knox Presbyterian Church, Ross Ferry July 29 - Aug. 2 and at St. James Presbyterian Church, Big Bras d'Or August 5 - 9. All childen are welcome.... A Homemade Fishcakes, Baked Beans, Brown Bread, & Dessert supper will take place Friday, May 3rd, 2019 at St. Matthew Wesley United Church Hall, 2 Peppett Street, North Sydney, NS. - Cost is \$10.00 per person Thursday, May 2nd at St. Andrew's Presbyterian Church, at 643 Main Street in Sydney Mines, the Watoto Children's Choir from Uganda, East Africa will present their concert beginning at 6:00 pm.... Just in time for Spring - A Sydney Mines Fishing & Hunting Outdoor Weekend will be held on May 4th and 5th - Saturday hours are 10 - 6 pm and Sunday from 10 - 4.... PANCAKE BREAKFAST - The Boisdale Fire Hall is having a pancake breakfast with Highland Gold Maple Syrup which is made in the Hills of Boisdale. - it will be held on Sunday, May 5/19. Time 9:00 - 12:00 - see page 5 for details.... NIGHT **OUT OF THE NUNNERY** will take place at the Emera Centre, North Sydney on May 4th..... LOBSTER DINNER - at the Branch 19 Legion on Archibald Avenue - \$20.00 and dinner includes salads and dessert - Take Out Only from 11:00 - 5:00 - Limited number of tickets available ..... If you have medical expenses or your taxes this year, see page 8 for TAX TIPS for a timely discussion on how you can deduct those expenses on your tax return... Check out the new DAILY SPECIALS for the CLANS-MAN MOTEL below...FREE PUBLICITY - If your club or group is holding a community event and you want some FREE PUBLIC-ITY, simply email us with your information and we'll publish it free of charge in our paper and also broadcast it on our internet radio station - email us your event information to thisweek@kleeradio.com



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**HEALTH LINK - FREE TELECARE SERVICES** TRAINED NURSES AVAILABLE 24 HOURS A DAY **7 DAYS A WEEK** 

FOR HELP DIAL 811

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## **CLANSMAN MOTEL**

DAILY SPECIALS SUNDAY - Hot Turkey ....\$11.99

MONDAY - Chicken Finger and Fries ...... \$11.99 TUESDAY - Chicken Ceasar Wrap & Fries ...... \$14.50 WEDNESDAY - Western & Fries...... \$9.99 THURSDAY - Hamburger & Fries ...... \$8.99 FRIDAY - 2 piece Fish and Chips ......\$12.50 SATURDAY - Chicken Burger and Fries ...... \$7.99

Wednesday night from 7 - 9 pm 2 lbs of wings and a bucket of beer for \$29.99 (can sub pop, tea or coffee for a discount)

> FRIDAY NIGHT STEAK NIGHT \$14.50 **SATURDAY NIGHT WING NIGHT \$7.00/LB**

**TOP OF PEPPETT STREET - NORTH SYDNEY - 794-7226 JUST 2 KILOMETERS FROM THE FERRY TERMINAL** 



50/50 lottery draw winner Pat Johnston of North Sydney is shown accepting a cheque for \$695.00 from AMP Society Chair Cyril Aker and treasurer Bob Blinkhorn on April 26. The organization congratulates Pat for supporting the Atlantic Memorial Park Project and thanks to all the ticket outlets, individuals who assist us in the 50/50 fund raising and the public for their continued support of the park project.

#### NORTHSIDE COMMUNITY NEWS

#### Hopeful Hearts Nar Anon Family Group Meetings

Hopeful Hearts Nar Anon Family Group is for friends and family of those with substance abuse disorders.

If you're affected by someone else's addiction, they offer hope. Regular Meetings are Wednesdays 8:00 - 9:00 pm at 26 Haley St, North Sydney. Call 902-322-5588 for info.

- UPCOMING DATES - MAY 1, 2019 8:00 PM
May 15, 2019 8:00 pm
May 22, 2019 8:00 pm
May 29, 2019 8:00 pm
June 5, 2019 8:00 pm
June 12, 2019 8:00 pm
June 19, 2019 8:00 pm

#### Homemade Fishcakes & Baked Beans

A Homemade Fishcakes, Baked Beans, Brown Bread, & Dessert supper will take place Friday, May 3rd, 2019 at St.Matthew Wesley United Church Hall, 2 Peppett Street, North Sydney, NS.

Cost is \$10.00 per person, Eat

In or Take Out - Musical entertainment by Keith Burton & Friends from 5:00 - 6:00 p.m.

Wine service is available @ \$5.00 per glass

Best to get tickets in advance as we are usually sold out!

Call the church office at 902-794-3651.

FREE PUBLICITY for your event, fund raiser etc. thisweek@kleeradio.com

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Shrubs
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Landscaping
Services
Spring Annuals
Fall Mums Comimg
in September

Gift Certificates Available

## St. Andrew's Presbyterian Church Hosts The Watoto Children's Choir

Have you ever heard of the Watoto Children's Choir? Not many have heard of this beautiful group of children. The Watoto children's Choirs have travelled extensively since 1994 around the world sharing a message of hope for Africa's most venerable women and children that have been impacted by the AIDS/HIV virus. Almost every day of the year, this fantastic choir is performing somewhere in the world. That means thousands of people get to see their smiles and embrace their hugs and to hear their beautiful music. These children share their faith with people from all

around the their stories of Jesus and done in their On Thursday, St. Andrew's Church, at 643 Sydney Mines, Children's Choir East Africa will concert "We concert will be-



world and tell about the love what he has lives.

May 2nd at Presbyterian Main Street in the Watoto from Uganda, present their Will Go". The gin at 6:00

p.m. and will last approximately 1½ hours in length. This lively and upbeat concert will have your heart bursting with joy when you see these young sweet faces singing and dancing. This concert is for the whole family, young and old alike and everyone in between.

Admission is FREE but there will be a Freewill Offering received in support of Watoto's mission for children with AIDS/HIV. So be sure to see this concert. That's Thursday, May 2nd at 6:00 p.m. at St. Andrew's Presbyterian Church in Sydney Mines.



**BINGO** - will be held every Sunday night at the Millville Community Centre - 7 pm - Cash Prizes Only.



#### **EXERCISE CLASS**

Monday at 1:00 pm, no charge and open to the public at the Sydney Mines Seniors & Pensioners Club, 6 Fraser Avenue.

K-LEE RADIO is celebrating its 10th year of broadcasting on in Cape Breton, We have been playing the very best in Cape Breton & Celtic music 24 Hours A Day-7 Days A Week- Visit

www.kleeradio.com

Royal Canadian Legion Branch 83 - Florence



BINGO

EVERY THURSDAY
DOORS OPEN 5 PM - CARDS ON
SALE - 6:00 PM
7:00 pm - CASH PRIZES

#### EVERY SATURDAY NIGHT

Entertainment by

#### 'THE CIRCLE'

Downstairs 7:00 - 10:00 pm Happy Hour: 7:30 - 8:30 pm

#### **BREAKFAST**

SUNDAY - 9:00 - 12:00 Adults \$8.00

#### **WASHER TOSS**

Tuesday - 7:00 pm - \$10.00

#### 736-6313

Cape Breton Storyeller Book now on sale on the Northside at Buffett's Office Supplies, North Sydney. Makes a Great Gift

#### FREE PUBLICITY - If

your club or group is holding a community event and you want some FREE PUB-LICITY, simply email us with your information and we'll publish it free of charge in our paper and also broadcast it on our internet radio station - email us your info at - www.kleeradio.com



DJ JACK COOL OLDIES SHOW

# 7 DAYS A WEEK WWW.KLEERADIO.COM



#### NORTH SYDNEY LIBRARY NEWS

**FIBRE LUNCH** - every Thursday from 1:00 - 3:00.

**STORYTIME** every Saturday afternoon 2:30

BABIES & BOOKS - Saturday 10 - 11 am - newborn to 18 months Please phone to register 794-3272.

WRITERS GROUP - meets May 6th - 7 - 9 pm, everyone welcome.

**PRE SCHOOL** - Tuesdays at 10:30.

**TODDLER TIME** Wednesdays at 10 am - 18 months to 3 years.

**GRIEF SUPPORT GROUP** meets May 2 for 6 weeks - 6:3 - 8:30 - call for info.

#### Send Your Birthday Wishes To Us At

thisweek@kleeradio.com

## **COMMUNITY NEWS ITEMS**

#### DJ/Band Gear For Sale

1-BEHRINGER NU1000 Power Amp. PAID \$270.25 at Long & McQuade. Have receipts and an



additional warranty until August 2020. NEVER USED - bought as a back up. Still in Box. Delivers 2 x 500 Watts into 2 Ohms; 2 x 300 Watts into 4 Ohms; 1000 Watts into 4 Ohms (bridge mode) and weighs less than 7 lbs. Will sell for \$250.00.

1 – **PEAVEY IPR 1600** Power Amp. Weighs 7 lbs. 530Watts @ 4 Ohms, or 800W per



channel at 2 Ohms. Front panel Blue LED indicators. It also features a variable-speed fan housed in a lightweight aluminum chassis. Mint Condition. \$250.00.

#### (902) 736 9402 (Paul)

#### **Fishing & Hunting Weekend**

A Sydney Mines Fishing &



May 4th and 5th.

Saturday hours are 10 - 6 pm and Sunday from 10 - 4.

**FLORENCE LEGION** - BINGO every Thursday, doors open 5:00 PM, cards on sale 6:00 PM; bingo starts at 7:00 PM Cash prizes.

#### **PANCAKE BREAKFAST**

The Boisdale Fire Hall is having a pancake breakfast with Highland Gold Maple Syrup



which is made in the Hills of Boisdale.

It will be held on Sunday, May 5/19. Time 9:00 - 12:00.

Also includes sausages, homemade beans, biscuits, toast, juice, tea and coffee.

Adults \$10.00. Children \$5.00

#### www.kleeradio.com



## Whaddya Mean "They're All Gone??

If you missed out on Northside This Week just go to our website .....

www.kleeradio.com and you can download an electronic copy or print a copy on your home computer. Great for sending to folks "away."



## **ROYAL CANADIAN LEGION - SYDNEY MINES - 736-3206**

PEPPER & PEARL FRIDAYS - 9:00 - 1:00 AM
TUESDAY BINGO GAME
NOW AT - 7:30 PM
Hall Rental Available - 736-3206

BINGO Jackpot **\$2,650.00+**  BINGO Tues. 7:30 PM Bigger Games & Prizes

#### Sydney Mines Seniors & Pensioners Club

**SUNDAY NIGHTS** at 7:30 we have tarabish, everyone is welcome. 1st, 2nd and 3rd place Prizes are awarded.

**MONDAY AFTERNOON** - at 1:00 - Exercise Classes, everyone is welcome.

MONDAY NIGHT - at 7:30 - FUN NIGHT - we invite members from other Seniors Clubs - Bingo 7:30 dabbers only - Loonie Draw Enjoy a game of SCAT - \$1.00, light refreshment, see you there.

WEDNESDAY - 7:30 45s Card Game 1st, 2nd, 3rd

#### **Mother's Day High Tea**

will be held at Munro Academy Ball's Creek Campus on Saturday May 11th.

There will be 2 Seatings - 1:00 p.m. and 3:00 p.m. - \$15.00

Pick up tickets at Munro Academy, Ball's Creek or by phone 902-241-5090 - Sydney Mines Campus - 902-270-7771 - Ball's Creek Campus

Homemade sandwiches, sweets, fruit, Gluten-free available - Imported Irish Tea.

#### **SATURDAY DANCE**

The Sydney Mines & Pensioners Club will host a SATURDAY **DANCE** from 8:00 - 12:00 pm in their Clubrooms 6 Fraser Avenue in Sydney Mines. The cost of the Dance is just \$3.00 and it is open to the public.

There will be a variety of music available. Come out to our Club, 6 Fraser Avenue in Sydney Mines and have a great night every Saturday. Canteen Service and Bar Service is available.

## **HELP WANTED**

Fishing lobster in Louisbourg water. Looking for lobster fishing helpers - Strong, hard working, experienced 2 years or more, No smoking, Salary \$1750 CD/ week,

Please call Tom **902 577-2543** 

#### **GOSPEL HOUR AIRS**

For those of you who like to start Sunday morning off with some inspirational music, we have just the thing for you.

Tune in on Sunday mornings at 9 am when host Pierre Chiasson presents a one hour show of the best in traditional Gospel songs to listen to as you have your Sunday Brunch - www.kleeradio.com

#### LOBSTER DINNER JUNE 8th



at the Branch 19 Legion on Archibald Avenue - \$20.00 and dinner includes salads and dessert.

Take Out Only from 11:00 - 5:00 - Limited number of tickets.

For more information - phone Pat at...... (902) 794-7669.



HANDICAP ACCESSIBLE



Come Check Us Out!

<u>WALK IN SERVICE</u> Tues. & Wed. 9 - 5 Thurs. 9 - 7 - Fri. 9 - 5 - Sat. 9 - 4

#### Gift Certificates Available

**T-Zone Vibration Available** 

363 Main St. Florence

*7*36-*7777* 

The Sydney Mines
Little League 50/50
Draw was won
last week by Dan
Rose and the amount

was \$6,410 Thanks for your support.

#### **CONTACT INFORMATION**

GLEN GRAY, EDITOR

PH: 902-564-9022

Email Address glengray@kleeradio.com

## NORTHSIDE COMMUNITY NEWS



#### BRANCH 008 LEGION NEWS

MOTHER'S DAY SUPPER DANCE - May 11th - \$15.00 each - Roast Beef Supper 7:00-8:00, Dancing 8:00 - 12:00 - Dave MacNeil.

**CHASE THE ACE** - (\$14,812) - every Friday - music with Bob MacDonald & Friends plus canteen services.

BINGO - every Tuesday 7:30 -Jackpot \$2,650 plus Toonie Game - \$1,800

**BRANCH 008 LEGION MEET-INGS** are held on the 4th Thursday of the month at 7:00 pm

JACKPOT KARAOKE - Every Friday Night 9:00 pm - Midnight - DJ from 12 - 1 am - Draw at Midnight - Jackpot \$145.

If you like Soduko Puzzles, logon to our website and enjoy a Daily Puzzle along with a new Daily Crossword Puzzle - Logon Features at - **www.kleeradio.com** 

IONA LEGION SUPPER - Friday night - Fish Cakes & Beans is served from 6 - 7 pm - Coffee & Tea included Entertainment -OPEN MIC NIGHT.

Ceilidh starts at 7 pm - until 10 pm (free!) - Adult \$15 (\$13 + tax) - Senior/Child \$10 (\$8.70 + tax). Coffee & Tea included.



The Cruise Season starts May 8th - we'll have a listing for you beginning next week.

BRUCE GUTHRO SONG-WRITERS CIRCLE - Emera Centre - May 25th with Dave Gunning, J P Cormier and MacKayla Lynn.

#### **FARMERS MARKET**

Time: 8:30 AM - 1:00 PM Cape Breton Farmers' Market every SATURDAY 8:30 am to 1:00 pm. - 340 Keltic Drive in Sydney River.

#### NIGHT OUT OF THE NUNNERY

This event will take place at the Emera Centre, North Sydney on May 4th.

It is a fun filled night, tickets are \$40 and will be availabe at the Easter Bake Sale.

Contact Grace Hollett at hollettgraca@gmail.com

#### www.kleeradio.com

THE MEN OF THE DEEPS in support of the Memorial High School Festival Band Trip, will be in concert Sunday, April 28 - \$7.00 pm.

FREE PUBLICITY for your event, fund raiser etc. thisweek@kleeradio.com





#### SYDNEY MINES LIBRARY NEWS

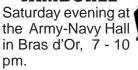
#### 2019 PROGRAMS

AFTERNOON CRAFTS - 6 - 10 year olds - Thursdays 3:00 - 4:00 pm.

**LEGOS** - 2nd & 4th Tuesday of the month.

**SENIORS BOOK CLUB -** 1st Tuesday of the month.

#### COUNTRY JAMBOREE





#### BIRTHDAY WISHES

Best Wishes for a Happy Birthday to Derrick Williams Saturday, April 27th - from Marilyn, Bobbie and Janice.

Traditional Music Night
- every Thursday at the
Blue Mist Beverage
Room in Bras d'Or - The
very best of Cape
Breton fiddling. Stop
by for great Cape Breton fiddling.

#### **BREAKFAST BRUNCH**

Last Sunday of every month Big Bras d'Or Fire Hall MAY 26<sup>TH</sup>

9:00 - 12:00 pm Sponsored By Friends Of The Big Bras d'Or Fire Hall 1390 Old Route 5, Big Bras d'Or Adults \$8.00 - Children \$4.00 EAT IN or TAKE OUT

Some News items courtesy of Swing Over The Mountain News logon to website www.sotmnews.weebly.com monthly newsletter

www.kleeradio.com

### **YOUR FREE SODUKO WEEKLY PUZZLE**

			8	4				
						6	3	
3		5						9
		6		5			4	
	7			2				1
	5				9	8		
					9 5		6	
4								2
		3			1			

You can also get your Daily Soduko Puzzle and Crossword Puzzle by logging on to - www.kleeradio.com and clicking on the FEATURES Page. Also inlcuded is a DAILY FREE SOFTWARE giveaway. Logon today to get yours FREE!!

# Take 2 with PAUL POWER

"THE KID WHO WOULD BE KING" - For this week I'm moving away from music-and back to movies, so welcome back to "Take 2". Sometimes when a film is thought of as just a "kid's movie" it gets unfairly overlooked by adults. In this case, even though the rating was PG (parental

g u i d a n c e suggested) this film still has a bit of a "kids" reputation to itbut it is definitely a good pick for a great night of family viewing. Of course being a modern take

on the legend of King Arthur and the Knights of the Round Table one would expect the film to be set in England-and it is. The biggest departure from the legend to this tale is the fact that the King and Knights are pre-teens and teenagers. The "Kid/King" here (Alex) is played by Louis Ashbourn Serkis (the son of famous motion-capture actor Andy Serkis) and while being bullied and chased by 2 older students Alex and his best friend Bedders seek sanctuary in a construction site where they find....you guessed it ... a sword stuck in a stone. Can you guess what Alex is able to do with the

sword? Can you also guess what the sword is called? I knew you could. The 2 bullies soon become part of Alex's entourage as they embark on a dangerous quest. The spellbinding enchantress of the Arthurian legend is Morgan leFey. In this version she is Morgana-the sorceress/witch who wants to escape the confines of the underground prison that she was banished to hundreds of years ago-and return to destroy the last

descendant of King Arthur, and take over the world. Her make-up and the ensuing effects are really good-especially her demon knights that are unleashed from

the bowels of the earth to hunt down and capture our young King and his cohorts. By the way-a real life knight is featured in this film; Star Trek's Sir Patrick Stewart is in the role of legendary wizard Merlin-bringing his acting cache from the Royal Shakespeare Company to this production-and he is excellent in this role, as usual. The storyline here is legendary (couldn't resist that bad pun), the acting is really good, the effects are greatand there's just enough spinetingling twists to keep the viewer on the edge of their seats throughout the film. This movie is definitely worth your viewing time. Enjoy!



# Armstrong Memorial Branch #19

**ROYAL CANADIAN LEGION - NORTH SYDNEY** Archibald Avenue - North Sydney

BRANCH 19 AND BRANCH 008 CHASE THE ACE JACKPOT - \$14,812+ CRIB GAME ON THURSDAYS 7:00 PM LOBSTER DINNER - JUNE 8 - SEE PAGE 6

794-4816 - 794-7482 - Members & Guests

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## **TAX TIPS COLUMN**

#### Do you know you can deduct medical travel expenses?

Do you travel to Antigonish, or maybe Halifax for medical treatment? If you have to travel at least 80 kilometres (one way) from your home to obtain medical services, you may be able to claim accommodation, meal, and parking expenses in addition to your transportation expenses as medical expenses.

There are conditions to qualify for the claim of course, but they are simply that substantially equivalent medical services were not available near your home; you took a reasonably direct travelling route; and it is reasonable, under the circumstances, for you to have travelled to that place for those medical services.

Also if a medical practitioner certifies in writing that you were incapable of travelling alone to obtain medical services, you can also claim the transportation and travel expenses of an attendant who accompanied you.

For meal and vehicle expenses, you can choose to use the detailed method or the simplified method for calculating meal and vehicle expenses. If you use the detailed method, you have to keep all receipts and records for your 12-month period. The simplified method allows you to claim a flat rate of \$17/meal, to a maximum of \$51/day (sales tax included) per person, without receipts.

To use the simplified method to determine the amount you can claim for vehicle expenses, multiply the number of kilometres by the cents/km rate from the province or territory in which the travel begins. If your travel begins in Nova Scotia, the rate is 49.5 cents per kilometer.

You must keep receipts for all accommodation expenses and you must be able to show that the amount paid for accommodation is necessary because of the distance travelled and your medical condition. Claim the amount for accommodation as shown on your receipts and keep them in case the CRA asks to see them.



## TAX PROFESSIONALS

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