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THIS WEEK

NORTHSIDE COMMUNITY NEWS

FREE

VOL. 9 - NO. 21 - MAY 22ND- 2019

WEBSITE www.kleeradio.com

AROUND THE TOWN

The 2nd Annual Fundraising Golf Tournament for the Victory Park project will take place on June 22nd at Seaview Golf & Country Club and you can get all the details from their ad on Page 6 of this edition, this is a good project to support... On page 4 of this edition, there is a story about how

(CONTINUED ON PAGE 3)



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NORTHSIDE COMMUNITY NEWS ITEMS

SENIORS BINGO

The Regular BINGO SUNDAY after- 7 25 44 57 62 noon Bingo resumes. There will 11 30 555 46 74 be an Afternoon BINGO Game at

the Sydney Mines Seniors & Pensioners Club, 6 Fraser Avenue, Sydney Mines.

WHEN: SUNDAY - 2:00 pm

COST: - \$2.00 entry card DAUBERS ONLY - MONEY GAMES Come out and spend a wonderful Saturday afternoon and maybe win some prizes. Hope to see you all there - Jackpot on 54 #s or less - Loonie Jackpot was won - THANK YOU to all who purchased tickets for our Mother's Day Basket - the winner of the Basket was Beradine Rasmussen.

www.kleeradio.com

COMMUNITY SENIORS DAY -

Every Thursday at the Sydney Mines Seniors & Pensioners Club, Fraser Avenue, Sydney Mines. All seniors in the area are welcome, no charge for the programs.

10 AM - Coffee Break, tea. coffee and light refreshments, play games of your choice.

1:00 PM - CRAFTS, instructor will be available for you.

7:00 PM - Fun Darts - all welcome. For more information phone (902) 736-3100.

For the latest and most comprehensive list of local events, logon to www.musiccapebreton.com

Mike Little updates his listings each week.

FREE PUBLICITY - If your group or organization is sponsoring a community event and you'd like some free publicity, email us with your information and we'll publish it free - email us thisweek@kleeradio.com

North Sydney Fire Hall

THURSDAY NIGHT -

After Work Party Kitchen open from 4:00 - 8:30 pm, music by Ernie,



LOOKING FOR PART TIME PIZZA COOK, drop off resume at Fire Hall on Pierce Street. or call (902) 794-7072.

DANCE - Full Circle, May 31, 9:00 - 1:00 - \$5.00.

COUNTRY BREAKFAST

will be held at Knox Church, Ross Ferry on June 22/July 27 and August 17 from 8:00 - 1100 am.



THE MUNRO CRAFTERS **RUG HOOKERS** meet weekly at Boulardeie School - Mondays at 1:30. The Weavers meet at School 1:30 every Friday.

KNOX WALK-A-THON

will be held on May 20th - 10:00 am, at Ross Ferry.

Lunch will be provided for the walkers as they return from the walk.

UPCOMING SENIORS EVENTS

The Sydney Mines Seniors & Pensioners Club has a host of great programs coming up.

MAY 31 - Monte Carlo Night - at 7:00 pm.

JUNE - Lobster Draw, stay tuned for details.



Congratulations to all College students who are graduating in 2019. Be proud of your success and Good Luck with your future career paths.



HAPPY BIRTHDAY to Eileen Jessome who celebrates her birthday May 31st - Love, Dad & Mom.



7 PIECE CHICKEN

Med. Fries. Medium Gravy,

3 rolls **\$75.95** PLUS TAX

12 PIECE CHICKEN Large Fries, Med.

Gravy, Med. Salad, 4 rolls \$36.95

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keithbainmla@bellaliant.com

NEW DECOMPRESSION TABLE RELIEVES PAIN

Darren Strong from Strong Chiropractic, announces a new, sophisticated computerized decompression table that allows the spine to be gently stretched and relaxed for spinal decompression therapy.

The pattern of alternating pulling and relaxing creates vacuum-like pressure which allows disc material that was herniated or protruded to be pulled back in the disc over time.

Patients will notice a reduction of their pain during these treatment sessions. Stop in today and ask about the new table and how you can benefit.

793 Mahon St., New Waterford - 862-9444 224 Commercial St. North Sydney - 241-9444

COMMUNITY NEWS ITEMS

St. Matthew Wesley United Church will be holding their Annual Auction on Friday.



June 7th, at the North Sydney Firemen's Club. It will begin with a Chili Supper from 4:00-6:00 p.m. Eat In or Take Out! Dessert Included! Price \$8.00 There will be free entertainment during the supper provided by The Family Tree Band. There will be a Silent Auction from 4-6:45 p.m. - followed by a Live Auction with MLA Alfie MacLeod as Auctioneer with some great items including Seafood, BBQ, Home Made Quilts etc.

There will also be Balloon Prizes, Home Bake Table, and some surprises!

Come join us for an evening of fellowship and fun! Everyone welcome to attend! Free admission!

(MACS) Monday Afternoon Crafters

Will be held at the Ross Ferry Fire Hall from 1:00 - 3:00 pm.

Everyone is welcome - crafting is optional.

VACATION BIBLE SCHOOL -

will be held at Knox Presbyterian Church, Ross Ferry July 29 - Aug. 2 and at St. James Presbyterian Church, Big Bras d'Or August 5 - 9. All childen are welcome.





to download 1,000 audio books for free, thee are many classic authors and stories available and you can start building your audio book library today - our local Libraries also have a good selection of audio books you can check out as well.... Branch 19 Legion on Archibald Avenue, Nort Sydney, is sponsoring a Lobster Dinner for \$20.00 and dinner includes salads and dessert - see page 6 for more details and St. Matthew Wesley United Church will be holding their **Annual Auction** on Friday, June 7th, at the North Sydney Firemen's Club see page 4 for more details..... The Hills of Boisdale Community Association is having their annual Spring Tea and Plant Sale will be held May 26/19 Sunday 2-4. Admission \$7.00... Traditional Music Night every Thursday at the Blue Mist Beverage Room in Bras d'Or - The very best of Cape Breton fiddling - stop by for great Cape Breton fiddling.... Don't forget Washer Toss at the Florence Legion on Tuesdays beginning at 7:00 pm.... June is Seniors Month and K-LEE RADIO is planning several Northside on location radio remotes to help promote seniors and their activities - we'll have more information next week...... MLA Eddie Orrell has officially entered the race for the federal seat Sydney-Victoria after MP Mark Eyking says he will not re-offer - Orrell has been MLA for Cape Breton North since 2011.... We would like to extend our Congratualtions to all the College students who are graduating - Best of luck with your future career choices and enjoy your hard earned success..... If you're looking for something a little different, try visiting IONA LEGION SUPPER - Friday night - Grilled Haddock is served from 6 - 7 pm - Coffee & Tea included Entertainment Legion Legends - Ceilidh starts at 7 pm until 10 pm (free!) - Adult \$15 (\$13 + tax) - Senior/Child \$10 (\$8.70 + tax). Coffee & Tea included..... BRUCE GUTHRO SONG-WRITERS CIRCLE - Emera Centre - May 25th with Dave Gunning, J P Cormier and MacKayla Lynn - FREE PUBLICITY - If your club or group is holding a community event and you want some FREE PUBLIC-ITY, simply email us with your information and we'll publish it free of charge in our paper and also broadcast it on our internet radio station - email us your event information to thisweek@kleeradio.com



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> FRIDAY NIGHT STEAK NIGHT \$14.50 SATURDAY NIGHT WING NIGHT \$7.00/LB

TOP OF PEPPETT STREET - NORTH SYDNEY - 794-7226
JUST 2 KILOMETERS FROM THE FERRY TERMINAL

COMMUNITY NEWS EVENTS

1,000 FREE AUDIO BOOKS TO DOWNLOAD

Many people are now using their computers to download audio books to listen to at home and while travelling in their cars. Many local libraries have a good selection of audio books and it's easy to use them.

There is a website that has a 1,000 audio books you can download and there's quite a list of literary classics from such authors as Aesop, Jane Austen, Ray Bradbury, Lewis Carroll, Sir Arthur Conan Doyle, Charles Dickens, Alfred Hitch-cock, Edgar Allan Poe, Dr. Seuss, Shakespeare, Mark Twain and many more.

With Summer coming soon (so I'm told), it would be nice to have a good selection of titles on hand that you could just sit back or lay on the beach and listen to a classic story read by someone else.

This website is just one of the many that are available and will help you build your new audio for free. Start your downloading now at www.openculture.com/freeaudiobooks

LOBSTER & SNOW CRAB OPEN TO JULY 15 BALLAST GROUND FISHERIES

Now Offering 2Mobile Units To Serve You Better

CELTIC MARKET - Bras d'Or Next To Frosty's on Keltic Drive, Sydney River

Retail located on the Ballast Gound Wharf in North Sydney



OPEN 7 DAYS A WEEK FOR YOUR CONVENIENCE



WE PACK FOR TRAVEL

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NORTHSIDE COMMUNITY NEWS

HAM & SALAD LUNCHEON

Holy Family CWL will sponsor a Ham & Salad Luncheon on May 29 from 11 - 1 pm - TAKE OUT ONLY.

It will be held at their Hall on Main Street Sydney Mines. The cost is \$10 which includes dessert.

Delivery available on 5 or more orders. FOR TICKETS (902) 736-3421 or (902) 736-8862.

BADDECK NEWS - Bras d'or Yacht Club - every Thursday live music now on Thursday AND Sundays - May 26th - The Cabot Trail Relay After Party with Jason Kempt & Mark MacIntyre - May 30th - Mark Boutilier.

ST. ANN'S - Gaelic College 51779 Cabot Trail Rd. (Exit 11 of TCH #105): 902-295-3411 - May 31st to Jun 2nd - Highland Fèis; presented by CBU pipeband.

BRAS D'OR - Army Navy Air Force Veterans in Canada Unit 381: North Sydney: 902-736-9812: every Saturday - 7:00 pm to 10:00 pm - Country Jamboree; FREE, 19+

Flea Market

Saturday May 25th from 9 am -12 pm Sydney-

Sydney-Riverview Y Service

Club
54 Westmount Road
Sponsored by Cape
Breastoners Dragon Boat
Team

Earl's Greenhouses 429 Seaview Drive 794-4146

Shrubs
Baskets
Landscaping
Services
Spring Annuals
Fall Mums Coming
in September

Gift Certificates Available

BINGO - will be held every Sunday night at the Millville Community Centre - 7 pm - Cash Prizes Only.



EXERCISE CLASS

Monday at 1:00 pm, no charge and open to the public at the Sydney Mines Seniors & Pensioners Club, 6 Fraser Avenue.

k-LEE RADIO is celebrating its 10th year of broadcasting in Cape Breton, We have been playing the very best in Cape Breton & Celtic music 24 Hours A Day-7 Days A Week- Visit www.kleeradio.com

Royal Canadian Legion Branch 83 - Florence



BINGO

EVERY THURSDAY
DOORS OPEN 5 PM - CARDS ON
SALE - 6:00 PM
7:00 pm - CASH PRIZES

EVERY SATURDAY NIGHT

Entertainment by

'THE CIRCLE'

Downstairs 7:00 - 10:00 pm Happy Hour: 7:30 - 8:30 pm

BREAKFAST

SUNDAY - 9:00 - 12:00 Adults \$8.00

Father's Day Draw COMING SOON

WASHER TOSS Tuesday - 7:00 pm - \$10.00

736-6313

Send Your Birthday Wishes To Us At

thisweek@kleeradio.com



NORTH SYDNEY LIBRARY NEWS

FIBRE LUNCH - every Thursday from 1:00 - 3:00.

STORYTIME every Saturday afternoon 2:30

BABIES & BOOKS - Saturday 10 - 11 am - newborn to 18 months Please phone to register 794-3272.

PRE SCHOOL - Tuesdays at 10:30.

TODDLER TIME Wednesdays at 10 am - 18 months to 3 years.

FARMERS MARKET

Time: 8:30 AM - 1:00 PM Cape Breton Farmers' Market every SATURDAY 8:30 am to 1:00 pm. - 340 Keltic Drive in Sydney River.



Whaddya Mean "They're All Gone??

If you missed out on Northside This Week just go to our website

www.kleeradio.com and you can download an electronic copy or print a copy on your home computer. Great for sending to folks "away."

COMMUNITY NEWS ITEMS

DJ/Band Gear For Sale

1-**BEHRINGER NU1000** Power Amp. PAID \$270.25 at Long & McQuade. Have receipts and an



additional warranty until August 2020. NEVER USED - bought as a back up. Still in Box. Delivers 2 x 500 Watts into 2 Ohms; 2 x 300 Watts into 4 Ohms; 1000 Watts into 4 Ohms (bridge mode) and weighs less than 7 lbs. Will sell for \$250.00.

1 – **PEAVEY IPR 1600** Power Amp. Weighs 7 lbs. 530Watts @ 4 Ohms, or 800W per



channel at 2 Ohms. Front panel Blue LED indicators. It also features a variable-speed fan housed in a lightweight aluminum chassis. Mint Condition. \$250.00.

(902) 736 9402 (Paul)

FLORENCE LEGION - BINGO every Thursday, doors open 5:00 PM, cards on sale 6:00 PM; bingo starts at 7:00 PM Cash prizes.

June is Seniors
Month - watch for
upcoming Seniors Radio Specials for the entire

month of June on Cape Breton's community radio station ...

K-LEE RADIO



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FREE PUBLICITY - If your club or group is holding a community event and you want some FREE PUBLICITY, simply email us with your information and we'll publish it free of charge in our weekly paper - just email us with your event info at - www.kleeradio.com



22-May Zaandam 800-1600
28-May Zaandam 1000-1800
05-Jun Zaandam 0800-1600
11-Jun Zaandam 1000-1800
19-Jun Zaandam 0800-0600
25-Jun Zaandam 1000-1800
27-Jun AIDAvita 0800-1700
30-Jun Celebrit 0800-1700
01-Jul Insignia 1000-1700
01-Jul RCGS Resolute OOE

Spring Tea & Plant Sale

The Hills of Boisdale Community Association is having their annual Spring Tea and Plant Sale will be held May 26/19 Sunday 2-4. Admission \$7.00 Sandwiches, sweets, tea, coffee and lemonade.

Also there will be a bake table, novelty table and tickets on a wheel barrow with garden supplies.



ROYAL CANADIAN LEGION - SYDNEY MINES - 736-3206

PEPPER & PEARL FRIDAYS - 9:00 - 1:00 AM TUESDAY BINGO GAME NOW AT - 7:30 PM

Hall Rental Available - 736-3206

BINGO Jackpot won New Jackpot \$550.00+

BINGO Tues. 7:30 PM Bigger Games & Prizes

Sydney Mines Seniors & Pensioners Club

SUNDAY NIGHTS at 7:30 we have tarabish, everyone is welcome. 1st, 2nd and 3rd place Prizes are awarded.

MONDAY AFTERNOON - at 1:00 - Exercise Classes, everyone is welcome.

MONDAY NIGHT - at 7:30 - FUN NIGHT - we invite members from other Seniors Clubs - Bingo 7:30 dabbers only - Loonie Draw Enjoy a game of SCAT - \$1.00, light refreshment, see you there.

WEDNESDAY - 7:30 45s Card Game 1st, 2nd, 3rd

SATURDAY DANCE

The Sydney Mines & Pensioners Club will host a SATURDAY **DANCE** from 8:00 - 12:00 pm in their Clubrooms 6 Fraser Avenue in Sydney Mines. The cost of the Dance is just \$3.00 and it is open to the public.

There will be a variety of music available. Come out to our Club, 6 Fraser Avenue in Sydney Mines and have a great night every Saturday. Canteen Service and Bar Service is available.

LOBSTER DINNER JUNE 8th



at the Branch 19 Legion on Archibald Avenue - \$20.00 and dinner includes salads and dessert.

Take Out Only from 11:00 - 5:00 - Limited number of tickets.

For more information - phone Pat at...... (902) 794-7669.

FREE PUBLICITY for your event, fund raiser etc. this week@kleeradio.com

CONTACT INFORMATION

GLEN GRAY, EDITOR

PH: 902-564-9022

Email Address glengray@kleeradio.com

GOSPEL HOUR AIRS

For those of you who like to start Sunday morning off with some inspirational music, we have just the thing for you.

Tune in on Sunday mornings at 9 am when host Pierre Chiasson presents a one hour show of the best in traditional Gospel songs to listen to as you have your Sunday Brunch - www.kleeradio.com

If you like Soduko Puzzles, logon to our website and enjoy a Daily Puzzle along with a new Daily Crossword Puzzle - Logon Features at - **www.kleeradio.com**



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NORTHSIDE COMMUNITY NEWS



BRANCH 008 LEGION NEWS

CHASE THE ACE - (\$16,400) - every Friday - music with Bob MacDonald & Friends plus canteen services.

BINGO - every Tuesday 7:30 - Jackpot now \$550 plus Toonie Game.

BRANCH 008 LEGION MEET- INGS are held on the 4th Thursday of the month at 7:00 pm

JACKPOT KARAOKE - Every Friday Night 9:00 pm - Midnight - DJ from 12 - 1 am - Draw at Midnight - Jackpot \$219.00.

75th ANNIVERSARY D-DAY LANDING - The Northside salute to the 75th Anniversary of D-Day Landing is sponsored by Branches 008 Legion Sydney

Mines, Branch 83 Florence and Branch 19 North Sydney.

It will take place at the Emera Centre, North Sydney, on June 23 at 2:00 pm. Admission is \$10.00 each and tickets on sale at each Legion and the Emera Centre Box Office. All welcome great acts including The Men of The Deeps, Pipe and Drum Band and many more.

IONA LEGION SUPPER - Friday night - Grilled Haddock is served from 6 - 7 pm - Coffee & Tea included Entertainment Legion Legends - Ceilidh starts at 7 pm - until 10 pm (free!) - Adult \$15 (\$13 + tax) - Senior/Child \$10 (\$8.70 + tax). Coffee & Tea included.

FREE PUBLICITY for your event, fund raiser etc. thisweek@kleeradio.com







SYDNEY MINES LIBRARY NEWS

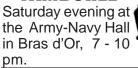
2019 PROGRAMS

AFTERNOON CRAFTS - 6 - 10 year olds - Thursdays 3:00 -4:00 pm.

LEGOS - 2nd & 4th Tuesday of the month.

SENIORS BOOK CLUB - 1st Tuesday of the month.

COUNTRY JAMBOREE





I want to wish a very Happy Birthday to our Mother, Emily Doucette - Let's have cake and a party - Love, Dad, Brian & Amy.



BREAKFAST BRUNCH

Last Sunday of every month Big Bras d'Or Fire Hall **MAY 26TH**

9:00 - 12:00 pm Sponsored By Friends Of The Big Bras d'Or Fire Hall 1390 Old Route 5, Big Bras d'Or Adults \$8.00 - Children \$4.00 **EAT IN or TAKE OUT**

Some News items courtesy of **Swing Over The Mountain News** logon to website www.sotmnews.weebly.com monthly newsletter

www.kleeradio.com

BY PAUL POWER

LUKAS NELSON & PROMISE OF THE REAL

Lukas Nelson & Promise of the Real - I'm willing to bet that some of you are thinking "who is this band?". If you were one of the millions of people who saw the remake of "A Star is Born" with Lady Gaga and Bradley Cooper you also saw and heard Lukas Nelson & Promise of the Real; they were the back-up band for Bradley Cooper's character. Not only that, Lukas co-wrote and coproduced much of the movie's

soundtrack; he also helped Bradley develop his singing skills for the movie. Plus (as if that wasn't enough) Lukas and the band work

onstage and in the studio with Neil Young, and Willie Nelson. This album is called "Turn Off The News Build A Garden", and is the band's second album. As soon as I heard it I thought of 3 other bands; Tom Petty and the Heartbreakers, Graham Parker and the Rumour and Traveling Wilburys. However, later on while listening I was even more surprised at what I heard-more on that later. The first single released was "Bad Case", and on this one you really hear all of the above mentioned bands. The song is a great uptempo rock number, with great vocals. As for some of the other songs, there's a slight Roy Orbison meets Robbie Williams meets Willie Nelson vibe on "Where

Does Love Go", and if I can use a term that's hard to define-but many people will get it, is that the song has a real Brit vibe. "Save A Little Heartache" is a really sweet R&B number that is so good, and "Civilized Hell" really sounds like a Willie Nelson song (more on that later too). Oh yeah, Lukas and the band had some help on this album from Sheryl Crow, Kesha, Margo Price, Willie Nelson, Shooter Jennings (Waylon's son) and Neil Young. So you know this band gets a lot of respect from some music heavyweights, which is a

> testament to their skills and abilities. As mentioned earlier, I was really surprised at how easy Lukas and the band found a way to mix folk and country with soul-which is so

clear on the Willie Nelson influenced song "Simple Life". Oh, by the way-Lukas is Willie Nelson's son. There's no question the best was saved for close to the last; "Stars Made Of You" is another track that has a real Brit feel to it, with a hint of Boz Scaggs, and the song is absolutely majestic. Again it's surprising how well Lukas and the band can do a great soul song-but with their pedigree I guess it should come as no shock that they can pretty much do anything they want. To me this is the best song on the whole album. This album only adds extra fuel to the career trajectory Lukas Nelson & Promise Of The Real are on right now-and more power to them!



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You can also get your Daily Soduko Puzzle and Crossword Puzzle by logging on to - www.kleeradio.com and clicking on the FEATURES Page. Also inlouded is a DAILY FREE SOFTWARE giveaway. Logon today to get yours FREE!!



Armstrong Memorial Branch #19

ROYAL CANADIAN LEGION - NORTH SYDNEY Archibald Avenue - North Sydney

BRANCH 19 AND BRANCH 008 CHASE THE ACE JACKPOT - \$16.400+ CRIB GAME ON THURSDAYS 7:00 PM LOBSTER DINNER - JUNE 8 - SEE PAGE 6

794-4816 - 794-7482 - Members & Guests

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TAX TIPS COLUMN

Parents, rejoice! The new 2018 federal budget amended the Employment Insurance (EI) parental sharing benefit, allowing parents to take up to five additional weeks of time off, starting in March 2019 after the birth or adoption of a child (a whole three months earlier than before). So, you can continue watching your toddler watch The Wiggles on repeat.

Here are a few things you'll want to take note of about the new benefit when it comes to qualifications:

- Parents with children born or placed for adoption on or after March 17, 2019 will be eligible.
- Parents including same-sex and adoptive parents are eligible for this credit only if both new parents share the time at home with the new baby an effort to encourage families to share the responsibility of raising children, which is helping boost gender equality in the workplace.
- Parents selecting the standard duration of parental leave could receive up to 40 weeks of parental benefits (an increase from the current 35 weeks).

Parents selecting the extended duration of parental benefits could receive up to 69 weeks of parental benefits (an increase from the current 61 weeks). As well, the Working While on Claim rules now apply to sickness and maternity benefits. Grab your calculator, because this one requires some math to understand. While on maternity leave, some women choose to return to work early, before their EI benefits end. This is allowed and doable, but requires an adjustment in how much they receive in their benefits. A claimant receives 55% of their weekly salary as their EI benefit. When they return to work early, they must subtract 50 cents of each dollar they earn, and this amount will be subtracted from their overall EI benefit.of purchase was previously 50%) – meaning the amount that can be claimed has tripled. Yes, this one totally deserves a fist-pump.



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