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THIS WEEK

NORTHSIDE COMMUNITY NEWS

FREE

VOL. 9 - NO. 4 - JANUARY 23RD - 2019

WEBSITE
www.kleeradio.com

AROUND THE TOWN

We certainly are getting our share of weird weather in January, personally I'll be glad when that month is over.... February, along with being the shortest month, also has a holiday to help us endure the Winter - Family Day is celebrated on the 3rd Monday of February which is the 18th this year, while look-

(CONTINUED ON PAGE 3)



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NORTHSIDE COMMUNITY NEWS ITEMS

SENIORS BINGO

The Regular SUNDAY afternoon Bingo resumes. There will be an Afternoon BINGO Game at the Sydney Mines Seniors & Pensioners Club, 6 Fraser Avenue, Sydney Mines.

WHEN: SUNDAY - 2:00 pm

COST: - \$2.00 entry card DAUBERS ONLY - MONEY GAMES Come out and spend a wonderful Saturday afternoon and maybe win some prizes. Hope to see you all there - Jackpot \$1,250 on 54 #s or less - Loonie Jackpot \$236.

COMMUNITY SENIORS DAY -

Every Thursday at the Sydney Mines Seniors & Pensioners Club, Fraser Avenue, Sydney Mines. All seniors in the area are welcome, no charge for the programs.

10 AM - Coffee Break, tea, coffee and light refreshments, play games of your choice.

1:00 PM - CRAFTS, instructor will be available for you.

7:00 PM - Fun Darts - all welcome. For more information phone (902) 736-3100.

Some News Items courtesy of **Swing Over The Mountain Newsletter - Login** - <http://sotmnews.weebly.com>

For the latest and most comprehensive list of local events, logon to - www.musiccapebreton.com Mike Little updates his listings each week.

FREE PUBLICITY - If your group or organization is sponsoring a community event and you'd like some **free publicity**, email us with your information and we'll publish it free - email us thisweek@kleeradio.com

North Sydney Fire Hall

THURSDAY NIGHT -

After Work Party Kitchen open from 5:00 - 9:00 pm, music by Ernie, Todd & Wade, from 6:00 - 9:00 - Food Special - Club & Fries \$9.50 - **FREE AD-MISSION.**

SUPER BOWL - FEB. 3 - Additional Information to follow.

FEB. 9 - Valentines Dinner & Dance - Supper 6:00 - 8:00 - Dance 9:00 - 1:00 - Music by Firehounds DJ. Tickets available soon.

BRAS d'OR SENIORS WEEKLY 45s GAME

The Bras d'Or Seniors Club are hosting weekly 45's game on Thursdays at 7:30 pm.

1st, 2nd and 3rd cash prizes are awarded. Also a chance to win the main Jackpot, mini Jackpot, and Loonie Jackpot and 50/50 draw.

FLORENCE LEGION - BINGO every Thursday, doors open 5:00 PM, cards on sale 6:00 PM; bingo starts at 7:00 PM Cash prizes

BINGO - Every Sunday Night at the Millville Community Centre beginning at 7:00 pm. Cash Prizes Only.

Sydney Mines Seniors & Pensioners Club

SUNDAY NIGHTS at 7:30 we have tarabish, everyone is welcome. 1st, 2nd and 3rd place Prizes are awarded.

MONDAY AFTERNOON - at 1:00 - Exercise Classes, everyone is welcome.

MONDAY NIGHT - at 7:30 - **FUN NIGHT** - we invite members from other Seniors Clubs - Bingo 7:30 dabbers only - Loonie Draw Enjoy a game of SCAT - \$1.00, light refreshment, see you there.

WEDNESDAY - 7:30 45s Card Game 1st, 2nd, 3rd



Branch 19 and Branch 008 Legions Chase The Ace Jackpot - **\$8,900.**

Northside 4 Chase The Ace Jackpot is now at **\$32,500.** Tickets on sale all week long.

Thank you for supporting these weekly draws.



Fly Tying Wednesday evenings at 7:00 P.M. We will meet at the Minor Base Ball Building on Pitt St Sydney Mines. We charge no fees. Come out and try this fun and interesting hobby.



Heat & Serve Meals - Fresh Meal Selections - Frozen Selections

Grab 'n Go Lunch

Soups - Sandwiches - Salads

Ph: 217-0280

212 Commercial St., - North Sydney



Keith Bain

MLA -Victoria-The Lakes

1415 Highway 105, Bras d'Or, NS, B1Y 2N5

902-736-0301 (Office)

902-736-0411 (Fax)

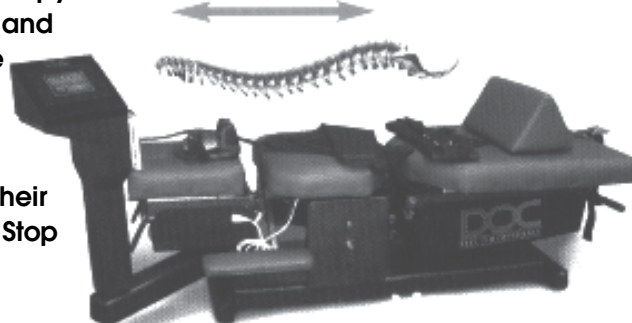
keithbainmla@bellaliant.com

NEW DECOMPRESSION TABLE RELIEVES PAIN

Darren Strong from Strong Chiropractic, announces a new, sophisticated computerized decompression table that allows the spine to be gently stretched and relaxed for spinal decompression therapy.

The pattern of alternating pulling and relaxing creates vacuum-like pressure which allows disc material that was herniated or protruded to be pulled back in the disc over time.

Patients will notice a reduction of their pain during these treatment sessions. Stop in today and ask about the new table and how you can benefit.



793 Mahon St., New Waterford - 862-9444 224 Commercial St. North Sydney - 241-9444

NORTHSIDE COMMUNITY NEWS/EVENTS

BRANCH 008
LEGION NEWS

BENEFIT DANCE JAN. 26 - Branch 008 Legion for Brian Bobbitt, past president of Br. 008 - Brian is having heart problems and has a few appointments in Halifax. He can't work since November until they figure out his heart problem. He needs a little help - if you can help or support him in any way, please attend this Benefit Dance - come out and give your support - Music with Bob MacDonald and friends.

VALENTINES DANCE - Feb. 9 - Supper Dance with Roast Beef from 7:00 - 8:30, dancing from 9:00 - 1:00 with Dave MacNeil - \$15.00.

MARCH 17 - Fish Cake and Beans, dessert included \$12.00. Music - Take Out 3:00 - 4:00 Eat In 4:00 - 6:00 with light music.

K-LEE RADIO will be there from 4 - 6 with lots of great Irish music and Prizes and trivia Games.

MARCH 30 - SUPER BINGO \$40.00 each with over \$4,280 in Prizes.

Some News items courtesy of
Swing Over The Mountain News
logon to website
www.sotmnews.weebly.com
monthly newsletter

SYDNEY MINES
LIBRARY NEWS

2019 PROGRAMS

PRE-SCHOOL - Thursdays at 10:30 m - 2 - 3 year olds.

TEEN BOOK CLUB - Tuesday, Jan. 29 - 3:30 pm. The book "The Film Club" by David Gilmore.

AFTERNOON CRAFTS - 6 - 10 year olds - Thursdays 3:00 - 4:00 pm

SENIORS BOOK CLUB - first Tuesday of the month.

To register for any of these programs or if you wish additional information, please call the Library at (902) 736-3219.



The Northside Minor Hockey Draw - Last week's winner was Lisa Richards and the amount was \$11,400. Thank you for your support

CONTACT INFORMATION

GLEN GRAY, EDITOR

PH: 902-564-9022

Email Address
glengray@kleeradio.com

AROUND THE TOWN



ing up something else on the internet, I came across what I consider a useful "teachable moment" for children, see **page 4** for the details.... On **page 8** of this edition, we have included several recent poems by North Sydney Poet/Songwriter **Ron Gillis** to start off 2019.... I was happy to see that many of the folks at the **Sydney Call Call Centre** are back to work after being so abruptly closed down just before Christmas, the work ethic of the local customer service agents was one of the key factors in re-opening the Centre, **congratulations** to the workers.... There's a change in the **Fly Tying Sessions** - they are now being held on **Wednesday** evenings at 7:00 P.M at the Minor Base Ball Building on Pitt St Sydney Minest here are no fees - Come out and try this fun and interesting hobby..... The regular monthly meeting of the **North Sydney Garden Club** will be held on Thursday, January 31st at 1:00 pm at the home of Ann Marie Steele, 53 King Street..... Help celebrate Family Literacy Day at the **NORTH SYDNEY LIBRARY** - Saturday, January 26th, from 1:00 - 3:00 pm. - Girl Guides, Pathfinders, Rangers will read to younger Sparks, Brownies and any children - they bring a book and exchange it for a book to keep - Hot Chocolate and Cookies, tables and Coloring Pages, all children are invited to attend..... The Northside 4 **Chase The Ace Jackpot** is now at **\$32,500** - Tickets on sale all week long - this would be a nice win just after Christmas and a great way to celebrate the new year....

For those of you who don't know what to get for Valentines Day, here's a helpful suggestion - **VALENTINES DANCE** - Feb. 9 - Branch 008 Legion, Sydney Mines, Supper Dance with Roast Beef from 7:00 - 8:30, dancing from 9:00 - 1:00 with Dave MacNeil - \$15.00.... or you can also go to the North Sydney Firemans Hall **FEB. 9** - Valentines Dinner & Dance - Supper 6:00 - 8:00 - Dance 9:00 - 1:00 - Music by Firehounds DJ Don't forget the **TAX TIPS** in this issue because we all like to make sure we are getting the maximum return on your taxes and I'm sure there are some tax items you may not think of to include in your return, see **page 8** for details..... How much do you know about the Island you live on? - to see how much you know, take the **Cape Breton Trivia Quiz** on **page 4** - I had many trivia buffs ask me to include some Cape Breton Trivia questions in our quizzes now see how many you can get - the average score is 6.... **SUPER BOWL** - The teams have been decided, New England Patriots and Los Angeles Rams will meet Feb. 3 for the **Super Bowl** - I will make my annual prediction - **New England by 7 points** - I correctly predicted last year's winner and also the Stanley Cup winner so I'm "riding the wave" - The **North Sydney Fire Hall** will have the game on the big screen TV along with snacks - stop by to watch the game **FREE PUBLICITY** - We offer to all non profit clubs and community organizations free publicity for their upcoming events - simply email us with your information and we'll publish it in our paper and broadcast it on our internet radio station as well - www.kleeradio.com



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CAPE BRETON QUIZ

1. What beach is known as Round Lake?

- (A) Florence Beach (B) Dalem's Lake (C) Indian Beach
(D) Ingonish Beach

2. What famous hockey player (in the NHL) comes from Inverness County, Cape Breton?

- (A) Sidney Crosby (B) (C) Wayne Gretzky (C) Al MacInnis
(D) Danny Grant

3. Which of the following is false about Cape Breton?

- (A) It's got some crazy weather (even some snow in late spring)
(B) Mining was a common line of work here for many years
(C) It's an island
(D) It's part of New Brunswick

4. True or False. Sydney and North Sydney are the only two cities in Cape Breton.

- (A) True (B) False

5. This body of water is northwest of Cape Breton. Fill in the blank. _____ of St. Lawrence.

Answer: (One word)

6. To get from Bras d'Or to Ingonish you have to go over how many mountains?

- (A) 1 (B) 2 (C) 3 (D) 2

7. Why is Cape Breton called Cape Breton?

- (A) It was named after a superhero named Breton
(B) Because it has a cape
(C) This is where Breton Crackers originated
(D) It's the English translation of one of the more important settlers' wife's name

8. What popular tourist attraction can be seen in the background on the movie "Squanto"?

- (A) The Alexander Graham Bell Museum
(B) The Fortress of Louisbourg
(C) Marconi National Historic Site of Canada
(D) Cape Breton Highlands National Park

9. Margaree Valley is located where?

- (A) West of Inverness (B) South of Cheticamp
(C) South of Baddeck (D) East of Sydney

10. Where is Cape Breton's only information center located?

- (A) Sydney (B) Port Hastings
(C) Baddeck (D) Mabou

ANSWERS - 1B, 2C, 3D, 4B, 5 Gulf, 6D, 7B, 8B, 9B, 10B

Ground Hog Festivities at Two Rivers Wildlife Park in Mira.

FRIDAY, FEB. 1 - Park open 10 am - 5 pm - Coasting, Skating, Snow Shoeing, weather permitting.

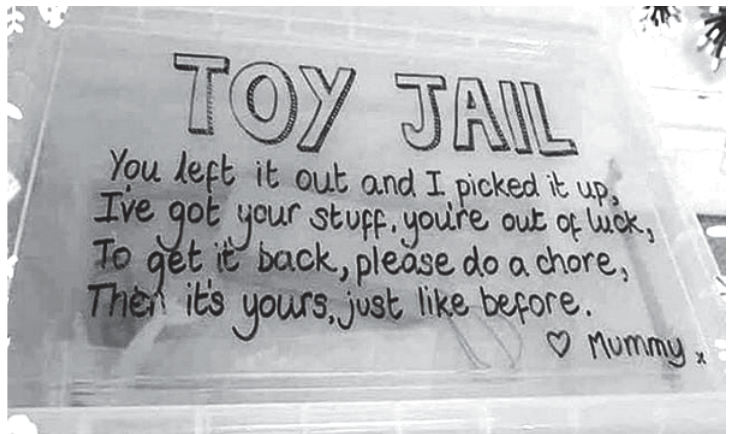
SATURDAY - FEB. 2 - GROUND HOG

DAY - Park Open 10 am - 5 pm. Ground Hog Day Festivities begin at 11:15 and the Ground Hog Prediction by Two Rivers Tunnel will be at 11:22. Coasting, Skating, Snow Shoeing, weather PERMITTING.

KITCHEN OPEN 12 - 5 with Homemade Soup, Hot Dogs, Sandwiches, Tea, Coffee, Juice.



A Suggestion To Harried Parents



I came across this gem of an idea quite by accident recently and thought I'd share it with you. This resourceful Mother has found a way to reinforce the idea of children picking up their toys with a wonderful "carrot & stick" solution. If you leave your toys out, they get put into **TOY JAIL** and to get them out you need to complete a chore. This is one of those "teachable moments" parents often talk about.

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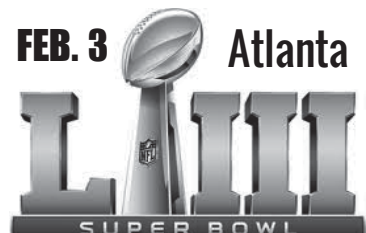


Phone For An Appointment

(902) 794-2460

FAMILY LITERACY DAY - January 26 - see page 6 for North Sydney Library Program

FREE PUBLICITY for your event, fund raiser etc.
thisweek@kleeradio.com



EXERCISE CLASS

Monday at 1:00 pm, no charge and open to the public at the Sydney Mines Seniors & Pensioners Club, 6 Fraser Avenue.

IONA LEGION SUPPER - Friday

night - Corned Beef & Cabbage - Supper is served from 6 - 7 pm - Coffee & Tea included

 Ceilidh starts at 7 pm - until 10 pm (free!) - Adult \$15 (\$13 + tax) - Senior/Child \$10 (\$8.70 + tax). Coffee & Tea included

Royal Canadian Legion Branch 83 - Florence**BINGO**

EVERY THURSDAY
DOORS OPEN 5 PM - CARDS ON SALE - 6:00 PM

7:00 pm - CASH PRIZES

SATURDAY NIGHT KITCHEN

EVERY SATURDAY
downstairs, 'THE CIRCLE' entertainment, 7:00 - 10:00 PM, Happy Hour: 7:30 - 8:30 PM

45s Card Game Every Monday - 7:30 sharp

BREAKFAST

SUNDAY - 9:00 - 12:00
Adults \$8.00

736-6313

Join us and listen to the very best in local radio music programming that we provide for you 7 days a week, 24 hours a day on www.kleeradio.com

SUNDAY MORNING GOSPEL SHOW AIRS AT 9:00 AM

For those of you who like to start Sunday morning off with some inspirational music, we have just the thing for you.

Tune in on Sunday mornings at 9 am when host Pierre Chiasson presents a one hour show of the best in traditional Gospel songs to listen to as you have your Sunday Brunch - www.kleeradio.com

**DJ JACK COOL OLDIES SHOW**

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**NORTH SYDNEY LIBRARY NEWS**

CHRONIC PAIN GROUP meets Wednesday from 2:00 - 4:00 pm, new members welcome to attend.

JAN. 23 - WRITERS GROUP meets from 7:00 - 9:00
FIBRE LUNCH - every Thursday from 1:00 - 3:00.

K-LEE RADIO celebrated its 10th year of broadcasting on October 1st. We have been playing the very best in Cape Breton & Celtic music 24 Hours A Day - 7 Days A Week. www.kleeradio.com

**COUNTRY JAMBOREE**

Saturday evening at the Army-Navy Hall in Bras d'Or from 7:00 - 10:00 pm.

**North Sydney Garden Club Meeting**

The regular monthly meeting of the North Sydney Garden Club will be held on Thursday, January 31st at 1:00 pm at the home of Ann Marie Steele, 53 King St.

K-LEE MUSIC TRIVIA

This Cape Breton singer has been performing for Cape Breton audiences for almost 50 years. He has the longest running Celtic music show still heard on radio. What is his name?

ANSWER - DONNIE CAMPBELL

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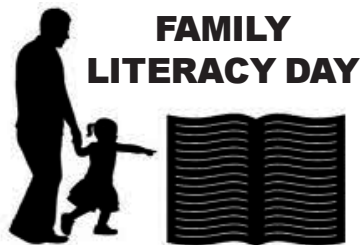
PHONE 736-8908

SATURDAY DANCE

The Sydney Mines & Pensioners Club will host a SATURDAY DANCE from 8:00 - 12:00 pm in their Clubrooms 6 Fraser Avenue in Sydney Mines. The cost of the Dance is just \$3.00 and it is open to the public.

There will be a variety of music available. Come out to our Club, 6 Fraser Avenue in Sydney Mines and have a great night every Saturday. Canteen Service and Bar Service is available.

FOR THE BEST IN LOCAL
CAPE BRETON MUSIC
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FAMILY LITERACY DAY

NORTH SYDNEY LIBRARY -
Saturday, January 26th, from
1:00 - 3:00 pm.

Girl Guides, Pathfinders,
Rangers will read to younger
Sparks, Brownies and any
children.

They bring a book and
exchange it for a book to keep.
Hot Chocolate and Cookies,
tables and Coloring Pages.

K-LEE MUSIC TRIVIA

His given name is Roy
Alexander Batherson but this
rock and roll performer has over
5 decades of Cape Breton mu-
sical history and is still perform-
ing today. His name?

ANSWER-MATT MINGLEWOOD

Shear Madness

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NORTHSIDE COMMUNITY NEWS

NOTICE OF PUBLIC INFORMATION SESSIONS

CAP (Capped Assessment Pro-
gram of Nova Scotia)

The CBRM invites residents
for two public information ses-
sions regarding the current CAP
program and it's effect on resi-
dents.

WHERE: CBRM Community
Room, City Hall, 320 Esplanade

WHEN: Sunday, January 27th,
2019

TIME: 2:00 pm - 4:00 pm, and
6:00 pm - 8:00 pm

The sessions will include:

A presentation on the current
CAP system

Information about the CAP
phase-out pilot project

PVSC (Property Valuation
Services) will be a presenting
information on how market value
is determined

Representatives from CBRM
and PVSC will be on hand to
answer questions

**K-LEE
RADIO
ST. PADDY'S
DAY CEILIDH
MARCH 17
BR. 008
LEGION - 4:00-6:00**



Join us for a St. Patricks Day
ceilidh with lots of traditional
Irish music, Free Giveaways
and Trivia Prizes.

Branch 008 Legion will fea-
ture a Fish Cake & Beans Sup-
per, dessert included \$12.00.



To quote Bob Dylan, "If you
can't lend a hand, get down off
the road, for the times they are
a changin'" - Happy Birthday!!

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NORTH SYDNEY

North Sydney Library
MLA Eddie Orrell's Office
Bianchinis Pizzeria
Black Spoon Restaurant
Branch 19 Legion
Strongs Chiropractic
North Sydney Fire Hall
Barber Shop
Hair Salon
Clansman Motel
North Sydney Mall Lotto
Kenny's Pizza
OK Tire Ltd.
Ralph Ivey Auto
McCormick's Tire

SYDNEY MINES

Sydney Mines Library
Seniors & Pens. Club
Northern Contracting
Robins Donuts

Branch 008 Legion
Needs Convenience
RONA Hardware
MacDonald Denture

FLORENCE

Florence Legion
Shear Madness
Florence Library
CH Tax Prep.

BRAS d'OR

LICK A CHICK
Celtic Market
Kitchen 1409
Blue Mist
Jane's Restaurant
Bras d'Or Convenience

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BY PAUL POWER

"Bad, Worse and Terrible"

I have written here before that I am a fan of horror movies-but only ones that are not an insult to the viewer's intelligence, with gratuitous violence and gore trying to cover up for a lack of vision, and plot. So this week I am offering a warning about 3 movies; first the BAD-"HellFest" (which is also the name of a European heavy metal festival) tells a tale that is so predictable; a bunch of teenagers go to the scariest horror-themed amusement park they can find for spooky fun. The acting is not that bad, but the serial killer who slays with impunity (remember-it's a horror park so he blends in with the crew) follows victims, and whistles the nursery rhyme song "Ring around the Rosie". Why? At the end of all the killing he goes home and greets his young daughter with the same tune-yes, I spoiled the ending-but this movie deserved that. The WORSE is "Mandy"-a movie that is so whacked out the producer, director and crew must have been on acid or mushrooms during the making of it. The only small plus here is Nicholas Cage's 'over-the-top' psychotically-charged performance as a revenge seeking maniac who hacks,

chops and slashes his way through the cult that killed his girlfriend. Actor Linus Roche (King Ecbert of "Vikings") plays the creepy, sleazy cult leader; Linus is better than this, but maybe the paycheque was something he couldn't refuse. Now, the TERRIBLE; "Tales of Poe". Directors Bart Mastronardi & Alan Rowe Kelly should have called their "Tales of Poe" movie "Tales of Poo", because this movie is crap. It's a trilogy of stories based on the writings of Edgar Allan Poe.

The directors seem to think that unnecessary, incessant and annoying screaming and contorted scowls on the actors faces can make up for schlock-it doesn't. This movie has some of the worst acting I have ever seen. It makes Tonny Wiseau's acting skills look like Sir Lawrence Olivier.

I'm not going to name the 3 individual stories in this flick, but will say that the third one goes on for a half an hour, and is a dream sequence with almost no dialogue, and looks like a nightmare induced by food poisoning-or a college film studies student's F grade project. This is just my opinion, but my experience viewing these movies leads me to suggest that you skip these duds-you'll never get that wasted viewing time back.



Armstrong Memorial Branch #19

ROYAL CANADIAN LEGION - NORTH SYDNEY
Archibald Avenue - North Sydney

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GENERAL MEETING WED., JAN. 23 - 8 PM

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TAX TIPS COLUMN

When should you expect your tax slips?

T4(Employment): - Employers are required to distribute T4s by February 28th, 2019.

T4A(Wage loss replacement benefits, scholarships and pensions):

These income slips are required to be distributed by February 28th, 2019.

T4E(Employment Insurance Benefits): - Through My Service Canada Account, you can view and print your T4E as early as February 4th.

All Service Canada slips for taxation year 2018 will be issued by mail between January 30th and February 28th, 2019.

T4(P)/T4(OAS)(CPP Benefits): - Through My Service Canada Account, you can view and print your T4(P) & T4(OAS) as early as February 4th.

All Service Canada slips for taxation year 2018 will be issued by mail between January 30th and February 28th, 2019.

T3/T5013(Investment Income): - These two slips are not required to be mailed out until March 31st, 2019.

T5(Investment Income): - Investment income slips are required to be distributed by February 28th, 2019.

T5007(Social Assistance and WCB Benefits): - These income slips are required to be distributed by February 28th, 2019.

T2202A(Tuition and Education): - Through your school's web portal, you may view and print your slip as early as February 4th, and they are required to be available by February 28th, 2019 at the latest.

RRSP: - There is no specific deadline by which financial institutions must issue RRSP receipts. However, most of them recognize that you want them as soon as possible and try to comply. Remember that contributions you make in the first 60 days of 2019 must be recorded on the 2018 tax return, so if you decide not to wait you will need to file an adjustment later. Before you file, check your online banking site for download options.

MOST IMPORTANTLY, the Canada Revenue Agency has now closed the EFILE system for annual maintenance, and therefore no tax return in Canada can be Efiled until it reopens on February 18th, 2019. So there's no rush yet, take some time and be sure you have all of your slips before you file.



A SELECTION OF POEMS BY RON GILLIS NORTH SYDNEY POET

I have received several poems by North Sydney Lyricist and poet Ron Gillis in the last few weeks and I'd like to share them with you

'My Son's Journey'

Conceived in mother's womb, birth cradle.

Two years old under mother's feet working at table

Five on way to school, to learn subjects of the day,

Mom home in peaceful bliss, quietly going grey.

Eighteen high school graduate world beckoning at your feet,
Wait, have four more years to go to obtain college certificate.

Twenty six at altar waiting for woman you dearly love,

Join hands in matrimony, guidance from above.

© RON GILLIS

'To Make a House a Home'

To make a house a home, full of warmth and love,

must have ingredients provided by ones you love.

Have a mom and daddy, children running free,

Grandma knitting mittens for coming winter siege.

Have a spacious kitchen, sitting room of blue.

Windows facing Westward, sunlight streaming through.

Have emotional mixture happiness, sadness, pain,

Shared by family members in house of wooden frame.

All these words together make me realize

That a home is just a structure that a family brings alive

All these words together make me realize

That a home is just a structure that a family brings alive.

© RON GILLIS

Borrowed Lines

If I were to put in writing words associated with you

I couldn't think of a single one stymied I'd be tis true.

So back in time I would travel searching out poet's of yore

Borrow from them a line or two, dilemma solved I'm sure.

From Robbie I'd borrow a humorous line,

Keats a line of compassion,

Wordsworth a line of intellect,

Kilmer a line I'm sure would fit.

These lines so befitting directed to you my dear,

straight from the hearts of poets, poets of yesteryear.

Now I have related in verse feelings I have for you

Thank The Bards of Yesteryear for painting a picture so true.

Thank The Bards of yesteryear for painting a picture so true.

© RON GILLIS



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