42 FRASER AVENUE SYDNEY MINES PHONE 736-2280

#### **G. MacDonald**

Denturist

HIGH STREET BADDECK **PHONE** 295-2516



NORTHSIDE COMMUNITY NEWS

EREE

VOL. 9 - NO. 5 - JANUARY 30TH - 2019

**WEBSITE** www.kleeradio.com

#### AROUND THE TOWN

This weekend will see the 53rd Annual Super Bowl Football game between New England Patriots and Los Angeles Rams... the average cost of a Super Bowl tocket is \$2,800 and the cost of a 30 second TV commercial is 5 million dollars ... that's not a mistake, companies are actually paying that

(CONTINUED ON PAGE 3)



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#### NORTHSIDE COMMUNITY NEWS ITEMS

#### SENIORS BINGO

The Regular BINGO SUNDAY after- 7 25 44 57 62 noon Bingo resumes. There will 2 28 37 55 68 be an Afternoon 10 27 39 59 75

BINGO Game at the Sydney Mines Seniors & Pensioners Club, 6 Fraser Avenue, Sydney Mines.

WHEN: SUNDAY - 2:00 pm

COST: - \$2.00 entry card DAUBERS ONLY - MONEY GAMES Come out and spend a wonderful Saturday afternoon and maybe win some prizes. Hope to see you all there - Jackpot \$1,275 on 54 #s or less - Loonie Jackpot\$236.

#### **COMMUNITY SENIORS DAY -**

Every Thursday at the Sydney Mines Seniors & Pensioners Club. Fraser Avenue. Svdnev Mines. All seniors in the area are welcome, no charge for the programs.

10 AM - Coffee Break, tea, coffee and light refreshments, play games of your choice.

1:00 PM - CRAFTS, instructor will be available for you.

7:00 PM - Fun Darts - all welcome. For more information phone (902) 736-3100.

Some News Items courtesy Swing Over The Mountain Newlsletter -Login http:// sotmnews.weeblv.com

For the latest and most comprehensive list of local events, logon to www.musiccapebreton.com

Mike Little updates his listings each week.

FREE PUBLICITY - If your group or organization is sponsoring a community event and you'd like some free publicity, email us with your information and we'll publish it free - email us thisweek@kleeradio.com

#### **North Sydney Fire Hall**

THURSDAY NIGHT-

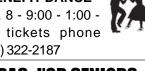
After Work Party Kitchen open from 5:00 - 9:00 pm,

music by Ernie, Todd & Wade, from 6:00 - 9:00 - Food Special - Fish & Chips \$9.50 - FREE ADMISSION.

SUPER BOWL - FEB. 3 - from 6:00 - 12 midnight.

FEB. 9 - Valentines Dinner & Dance - Supper 6:00 - 8:00 -Dance 9:00 - 1:00 - Music by Firehounds DJ. Tickets available soon.

BENEFIT DANCE -Feb. 8 - 9:00 - 1:00 -For tickets phone (902) 322-2187



#### **BRAS d'OR SENIORS WEEKLY 45s GAME**

The Bras d'Or Seniors Club are hosting weekly 45's game on Thursdays at 7:30 pm.

1st, 2nd and 3rd cash prizes are awarded. Also a chance to win the main Jackpot, mini Jackpot, and Loonie Jackpot and 50/50 draw.

FLORENCE LEGION - BINGO every Thursday, doors open 5:00 PM, cards on sale 6:00 PM; bingo starts at 7:00 PM Cash prizes

#### **Sydney Mines Seniors** & Pensioners Club

SUNDAY NIGHTS at 7:30 we have tarabish, everyone is welcome, 1st, 2nd and 3rd place Prizes are awarded.

**MONDAY AFTERNOON - at** 1:00 - Exercise Classes, everyone is welcome.

MONDAY NIGHT - at 7:30 -FUN NIGHT - we invite members from other Seniors Clubs -Bingo 7:30 dabbers only -Loonie Draw Enjoy a game of SCAT - \$1.00, light refreshment, see you there.

**WEDNESDAY** - 7:30 45s Card Game 1st, 2nd, 3rd

FERAL CATS 50/50 DRAW - Carmella MacQueen, Sydney, is the winner of the 50/50 draw for Jan./19 with a prize of \$974.00.

FREE PUBLICITY for your event. fund raiser etc.

thisweek@kleeradio.com

#### HAPPY RETIREMENT

We extend Best Wishes to Danny Penny on the occasion of his retirement. Danny worked at the Florence Legion for 26 years.

Thank you Danny for all your jokes and conversation. Best Wishes on your well deserved retirement.



212 Commercial St,.- North Sydney



#### Keith Bain

**MLA -Victoria-The Lakes** 

1415 Highway 105, Bras d'Or, NS, B1Y 2NS 902-736-0301 (Office) 902-736-0411 (Fax)

keithbainmla@bellaliant.com

#### **NEW DECOMPRESSION TABLE RELIEVES PAIN**

Darren Strong from Strong Chiropractic, announces a new, sophisticated computerized decompression table that allows the spine to be gently stretched and relaxed for spinal decompression therapy.

The pattern of alternating pulling and relaxing creates vacuum-like pressure which allows disc material that was herniated or protruded to be pulled back in the disc over time.

Patients will notice a reduction of their pain during these treatment sessions. Stop in today and ask about the new table and how you can benefit.

793 Mahon St., New Waterford - 862-9444 224 Commercial St. North Sydney - 241-9444

# NORTH SYDNEY STORYTELLING SESSIONS



The idea for the storytelling has been kicked around for a few years and we finally got our ducks in a row.

The North Sydney Historical Society would supply the North Sydney Heritage Museum as the venue.

John Scott who currently volunteers as the Social Media Coordinator and the North Sydney Historical Society have teamed up to present the monthly Storytelling sessions.

John is the founder of several very successful Facebook groups that deal with historical matters. His groups have a topic presented and many members discuss or comment on it.

We will cover a host of topics during this year and would love to hear from those that attend.

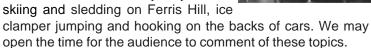
This is something new for all of those involved and we can adapt as we go.

Our first speaker was Mr. Ron MacDonald who is a well know journalist, historian, storyteller, author and long time executive with the North Sydney Historical Society.

Ron spoke on growing up in the 1940's as a young boy. He

amused the audience with his experiences & laughter was heard many times during his talk. Many people later on stated that they learned many things about the Northside from Ron.

Next month's topic will be on winter pastimes such as skating on the harbor, Hawks rinks, the North Sydney Forum, skiing and sledding on Ferris Hill, ice



Anyone wishing to be a guest speaker please contact John at <a href="mailto:capewebvideo@gmail.com">capewebvideo@gmail.com</a> or visit our website at Facebook Page

**NEXT MEETING** - February 24 - 6:30 - 8:00 at the North Sytdney Heritage Museum, Commercial Street, North Sydney.



#### **EDDIE ORRELL**

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much for an ad... that goes to show you how much attention is being given to this game - so I ave included some Super Bowl Trivia facts in this week's column - Every year there are 72 footballs used for the Super Bowl - there are more than 700,000 footballs purchased for the NFL each year.... Super Bowl Sunday is second for most food consumed on any given day - Thanksgiving is No. 1.... The Super Bowl holds nine of the ten spots for the most watched TV broadcasts of all time in the U.S.... More than 1.3 billion chicken wings are expected to be consumed during Super Bowl weekend.... Americans will buy 12.5 million pizzas on Super Bowl Sunday, with an average order value of \$26.45 - these are just a few of the many trivia facts for Super Bowl - I predict New England Patriots by 7 points to win this year's Super Bowl ..... I know it's a little early, but if you are planning to go out on St. Patrick's Day, K-LEE RADIO will be broadcasting from Sydney Mines Branch 008 Legion from 4:00-6:00 with lots of great Irish music and free giveaways, come join us and help celebrate St. Paddy's Day in style - there will also be a Fish Cake and Baked Beans Supper....Don' forget the fun family activities at Two Rivers Park this weekend for Ground Hog Day, see page 4 for a list of activities..... GARDEN CLUB **MEETING** The regular monthly meeting of the North Sydney Garden Club will be held on Thursday, January 31st at 1:00 pm at the home of Ann Marie Steele, 53 King St..... How much do you know about Ground Hog Day? - see page 8 for the Trivia Quiz and see how many you can correctly guess... North Sydney poet/writer Ron Gillis has another true story to entertain you this week, see page 8 to read this harrowing Iona stroy.... Branch 008 Legion, Sydney Mines, MARCH 17 - Fish Cake and Beans. dessert included \$12.00. Music - Take Out 3:00 - 4:00 Eat In 4:00 - 6:00 with light music - MARCH 30 - SUPER BINGO \$40.00 each with over \$4,280 in Prizes..... FREE PUBLICITY -We offer to all non profit clubs and community organizations free publicity for their upcoming events - simply email us with your information and we'll publish it in our paper and broadcast it on our internet radio station as well - www.kleeradio.com

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We, the Family and Friends of Brian Bobbitt would like to thank each and evey one who donated Prizes, Gift Cards, Money and who came out to

greet him.

We would ike to thank his great buddy Cliff MacIntyre and my family, Crystal, Holly, Brian and Wendy.

To all, I cannot say enough or express how I feel for the Love you showed him, hopefully everything will go great an he'll be back to our ood Times. To the Bartender, a great job!

**FAMILY OF BRIAN BOBBITT** 

# K-LEE RADIO ST. PADDY'S DAY IRISH CEILIDH MARCH 17 - BR. 008 LEGION - 4:00-6:00

Join us for a St. Patricks Day Irish Ceilidh with lots of traditional Irish music, Free Giveaways and Trivia Prizes.

Branch 008 Legion will feature a Fish Cake & Beans Supper, dessert included \$12.00.

# YOUR FREE SODUKO WEEKLY PUZZLE 6 4 9 3 7 5 2 6 7 9 4 1 3 7 8 3 5 1 3 8 1 2 8

You can also get your Daily Soduko Puzzle and Crossword Puzzle by logging on to - www.kleeradio.com and clicking on the FEATURES Page. Also inlcuded is a DAILY FREE SOFTWARE giveaway. Logon today to get yours FREE!!



#### BRANCH 008 LEGION NEWS

VALENTINES DANCE - Feb. 9 - Supper Dance with Roast Beef from 7:00 - 8:30, dancing from 9:00 - 1:00 with Dave MacNeil - \$15.00.

MARCH 17 - Fish Cake and Beans, dessert included \$12.00. Music - Take Out 3:00 - 4:00 Eat In 4:00 - 6:00 with light music.

**K-LEE RADIO** will be there from 4 - 6 with lots of great Irish music and Prizes and trivia Games.

MARCH 30 - SUPER BINGO \$40.00 each with over \$4,280 in Prizes.

#### **COMMUNITY EVENTS**

**BINGO** - will be held every Sunday night at the Millville Community Centre - 7 pm - Cash Prizes Only

MACS (Monday Afternoon Crafters - 1:00 - 3:00 at the Ross Ferry Fire Hall. Everyone welcome - crafting is optional.

#### BREAKFAST BRUNCH

Last Sunday of every month Big Bras d'Or Fire Hall

#### **FEBRUARY 24**

9:00 - 12:00 pm Sponsored By Friends Of The Big Bras d'Or Fire Hall 1390 Old Route 5, Big Bras d'Or Adults \$8.00 - Children \$4.00 EAT IN or TAKE OUT



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FAMILY LITERACY DAY - January 26 - see page 6 for North Sydney Library Program

FREE PUBLICITY for your event, fund raiser etc. thisweek@kleeradio.com



#### **EXERCISE CLASS**

Monday at 1:00 pm, no charge and open to the public at the Sydney Mines Seniors & Pensioners Club, 6 Fraser Avenue.

**IONA LEGION SUPPER - Friday** 

night - Salisbury Steak-Supper is served from \_\_\_ 6 - 7 pm - Coffee & Tea included

Ceilidh starts at 7 pm - until 10 pm (free!) - Adult \$15 (\$13 + tax) - Senior/Child \$10 (\$8.70 + tax). Coffee & Tea included

**Roval Canadian Legion Branch 83 - Florence** 



EVERY THURSDAY **DOORS OPEN 5 PM - CARDS ON SALE - 6:00 PM** 

7:00 pm - CASH PRIZES

#### **SATURDAY NIGHT KITCHEN**

**EVERY SATURDAY** Entertainment by

'THE CIRCLE'

Downstairs 7:00 - 10:00 pm Happy Hour: 7:30 - 8:30 pm 45s Card Game Every Monday - 7:30 sharp

#### **BREAKFAST**

SUNDAY - 9:00 - 12:00 **Adults \$8.00** 

736-6313

**NEW BARTENDERS** - Come in and meet the new Florence Legion, Br. 83 Bartenders Holly Luker and Wanda MacDonald

#### **SUNDAY MORNING GOSPEL SHOW AIRS AT 9:00 AM**

For those of you who like to start Sunday morning off with some inspirational music, we have just the thing for you.

Tune in on Sunday mornings at 9 am when host Pierre Chiasson presents a one hour show of the best in traditional Gospel songs to listen to as you have your Sunday Brunch www.kleeradio.com



DJ JACK COOL **OLDIES** SHOW

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#### **NORTH SYDNEY** LIBRARY NEWS

**CHRONIC PAIN GROUP** meets February 21 from 2:00 - 4:00 pm, new membefrs welcome to attend.

FEB. 12 - CBU presents Science Program "Exploring Water", ages 8 - 12 from 6:30-8:00. please call to register (902) 794-3272.

FEB. 13 - WRITERS GROUP meets fom 7:00 -

FIBRE LUNCH - every Thursday from 1:00 - 3:00. STORYTIME every Saturday afternoon.

COUNTRY **JAMBOREE** Saturday evening at the Army-Navy Hall

in Bras d'Or from

7:00 - 10:00 pm.



#### **GROUND HOG FESTIVITIES** AT TWO RIVERS WILDLIFE **PARK IN MIRA**



FRIDAY, FEB. 1 - Park open 10 am - 5 pm - Coasting, Skating, Snow Shoeing, weather permit-

SATURDAY-FEB.2-GROUND HOG DAY - Park Open 10 am -5 pm. Ground Hog Day Festivities begin at 11:15 and the Ground Hog Prediction by Two Rivers Tunnel wll be at 11:22. Coasting, Skating, Snow Shoeing, weather PERMITTING.

KITCHEN OPEN 12 - 5 with Homemade Soup, Hot Dogs, Sandwiches, Tea, Coffee, Juice,



Branch 19 and Branch 008 Legions Chase

The Ace Jackpot - \$9,311.

Northside 4 Chase The Ace Jackpot is now at \$34,000 Tickets on sale all week long.

Thank you for supporting these weekly draws.

#### TRIVIA NIGHT

Thursday, Breton Brewing -7:00 PM AST - 9:00 PM

We host Trivia Night every Thursday evening from 7 pm - 9 pm. Your \$5 donation at the door goes directly toward our monthly charity.

Burrito Jax will be here serving up some delicious burritos!

This month we will be supporting Northside Rising and the Northside Foodbanks.

Northside Rising is a community initiative that brings citizens, businesses leaders, organizations, and government together for the united purpose of addressing major issues on the Northside that matter to us.

As a community, we have some big challenges - addictions, poverty, business growth, and much more. Alone, none of us will be able to eradicate these issues. However, together we can rise up in a united pursuit of learning, communicating, and empowering progress on the Northside.

Cape Breton Storyeller Book now on sale on the Northside at Buffett's Office Supplies, North Sydney. Makes a Great Gift

# HOME CENTRE RONA

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#### **ROYAL CANADIAN LEGION - SYDNEY MINES - 736-3206**

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#### SATURDAY DANCE

The Sydney Mines & Pensioners Club will host a SATURDAY **DANCE** from 8:00 - 12:00 pm in their Clubrooms 6 Fraser Avenue in Sydney Mines. The cost of the Dance is just \$3.00 and it is open to the public.

There will be a variety of music available. Come out to our Club, 6 Fraser Avenue in Sydney Mines and have a great night every Saturday. Canteen Service and Bar Service is available.

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#### **North Sydney Garden Club Meeting**

The regular monthly meeting of the North Sydney Garden Club will be held on Thursday, January 31st at 1:00 pm at the home of Ann Marie Steele, 53 King St.

#### **Emera Skating Events**

PARENT & TOT SKATE -Emera Centre Northside -North Sydney - Thursday, January 31 at 11:30 AM - 12:50 PM - public skating

ADULT SKATE - Emera Centre Northside – North Sydney Thursday, January 31 at 1:00 PM - 2:30 PM - public skating

TEEN SKATE - Emera Centre Northside – North Sydney

Friday, February 1 at 8:45 PM - 9:45 PM - public skating

FREE CLUB NOTICES - EMAIL THISWEEK@KLEERADIO.COM



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#### NORTHSIDE COMMUNITY NEWS



Fly Tying Wednesday evenings at 7:00 P.M. We will meet at the Minor Base Ball Building on Pitt St Sydney Mines. We charge no fees. Come out and try this fun and interesting hobby.

#### **CONTACT INFORMATION**

**GLEN GRAY. EDITOR** 

PH: 902-564-9022

**Email Address** glengray@kleeradio.com

The Northside Minor Hockey Draw - Last week's winner was Nathan Clarkson and the amount was \$11,065. Thank you for your support



**HAPPY BIRTHDAY** - We would like to wish Connor MacLeod Best Wishes on his birthday. Connor delivered our paper for many years and is now in his 2nd year of universty at St. F X. - From Mom, Dad. Kate, Glen and Joan

If you like Soduko Puzzles, logon to our website and enjoy a Daily Puzzle along with a new Daily Crossword Puzzle -Logon Features at www.kleeradio.com

#### THE LOCAL NPC GAMES · COMICS · RPG'S

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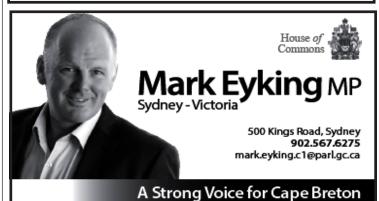
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#### SYDNEY MINES LIBRARY NEWS

2019 PROGRAMS
PRE-SCHOOL - Thursdays at 10:30 m - 2 - 3 year olds.

**TEEN BOOK CLUB** - Tuesday, Feb. 19 - 3:30 pm. The book "The Film Club" by David Gilmore.

AFTERNOON CRAFTS - 6 - 10 year olds - Thursdays 3:00 - 4:00 pm

**SENIORS BOOK CLUB** - first Tuesday of the month.

To register for any of these programs or if you wish additional information, please call the Library at (902) 736-3219.

Traditional Music
Night - every
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## Where Can I Pick Up My Free Copy Of **THIS WEEK IN CBRM**

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Black Spoon Restaurant
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North Sydney Fire Hall
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North Sydney Mall Lotto
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#### **SYDNEY MINES**

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#### **FLORENCE**

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# Take 2

"ERIC CLAPTON: Life in 12 Bars" - I've written here a number of times before that I love watching music documentaries (often called Rockumentaries) and especially the ones that have the actual artist or band featured prominently in the production ("in their words" per SE). This Eagle Rock Entertainment DVD release is one of them: Eric Clapton is a living legend in the world of

rock and roll and blues-being one of the preeminent guitarists of the last 60 years. As a matter of fact Clapton ranked second in Rolling S t o n e magazine's list of the "100 Greatest Guitarists of All

Time", and fourth in Gibson Guitar's "Top 50 Guitarists of All Time". That legacy is welldocumented here in this feature that clocks in at over 2 hours in duration. However, what really sets this rock-doc apart from many is how Eric details the cold hard facts about his drug and alcohol addiction-and how those highs led to his worst lows. Throughout his years with Blind Faith, Cream, Derek & the Dominoes (with the song "Layla" highlighted here) and the fact that one of his biggest solo hits is the live version of

"Cocaine" (the irony of which should be lost to no one) yet through it all Eric Clapton was driven by the music-and the beast that is the rock and roll machine. He did clean up his act a bit when his first child was born in 1986, but a horrendous accident claimed the life of that son (Conor) when he fell out of a window 53 stories up when the window was briefly left open. Clapton honoured Conor in the heart-wrenching 1992 Grammy award winning song "Tears in Heaven". Another plus on this disc is the unfettered access director Lili Fini Zanuck was granted to great archival footage, which will give Clapton

fans an insight they probably never saw before. We also get to see some great interviews with other musical legends (not going to say who-you'll have to watch). Eric Clapton took the

Blues-infused it with rock and roll and did more than almost anyone else to save, foster and grow Blues music. Given Eric Clapton's troubled and lonely upbringing, seeing contemporaries die all around him, and his bitterness at living through it all it's surprising that Mister Clapton is still on this side of the dirt. He actually credits music for saving himand in return he has given us close to 60 years of musical magic. There is only 1 Eric Clapton-and this DVD helps us appreciate him even more.





#### Armstrong Memorial Branch #19

**ROYAL CANADIAN LEGION - NORTH SYDNEY Archibald Avenue - North Sydney** 

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#### TAX TIPS COLUMN

Parents, rejoice! The new 2018 federal budget amended the Employment Insurance (EI) parental sharing benefit, allowing parents to take up to five additional weeks of time off, starting in March 2019 after the birth or adoption of a child (a whole three months earlier than before). So, you can continue watching your toddler watch The Wiggles on repeat.

Here are a few things you'll want to take note of about the new benefit when it comes to qualifications:

- Parents with children born or placed for adoption on or after March 17, 2019 will be eligible.
- Parents including same-sex and adoptive parents are eligible for this credit only if both new parents share the time at home with the new baby an effort to encourage families to share the responsibility of raising children, which is helping boost gender equality in the workplace.
- Parents selecting the standard duration of parental leave could receive up to 40 weeks of parental benefits (an increase from the current 35 weeks).

Parents selecting the extended duration of parental benefits could receive up to 69 weeks of parental benefits (an increase from the current 61 weeks). As well, the Working While on Claim rules now apply to sickness and maternity benefits. Grab your calculator, because this one requires some math to understand. While on maternity leave, some women choose to return to work early, before their El benefits end. This is allowed and doable, but requires an adjustment in how much they receive in their benefits. A claimant receives 55% of their weekly salary as their El benefit. When they return to work early, they must subtract 50 cents of each dollar they earn, and this amount will be subtracted from their overall El benefit.of purchase was previously 50%) – meaning the amount that can be claimed has tripled. Yes, this one totally deserves a fist-pump.



#### TAX PROFESSIONALS

222 Commercial Street - North Sydney - B2A 1B7

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#### INTERRUPTED JOURNEY

My story takes place during the late thirties while we were living in, Grand Narrows, Cape Breton, the train station our home, my father the station master.

My story concerns my mother and her episode with a doubleheader freight train, and church. To make my readers familiar with the events leading to my story, I will explain.

You see while living in Grand Narrows if one wished to go to church, you had two choices, Christmas Island which was about a mile away, or St. Columba's church in Iona, separated by a

seven span railway bridge.

One summer, in early evening my mother a devout

church goer decided to attend Benediction, she chose Iona's St. Columba's church, a choice which was to cause very anxious moments.

On her haste to begin her journey, she failed to check for on coming trains, half way across, she heard a train whistle, to her horror saw a train rounding a turn approaching the bridge.

My father by this time realizing the situation, alerted the lona operator to flag down the train, but to no avail, the train rumbled through toward mother.

My mother as she related to us afterward took evasive action, stepped to the side of the bridge, with The Barra Strait waters below and clung to one of the girders. The train being a double-header seemed forever to pass . Finally as the caboose appeared signalling the end of the train, she loosened her grip, regained her composure and continued to church, offering, I'm sure, a Prayer of Thanks.

© RON GILLIS

#### **GROUND HOG DAY TRIVIA QUIZ**

Ground Hog Day is February 2nd and we have some trivia for you surrounding this pesky little varmint.

- **1** Locally, we have our own Ground Hog in Mira What is his name?
- **2** If the Ground Hog sees his shadow, how many weeks of Winter do we have left?
- 3 Who was the male lead in the movie "Ground Hog Day?"
- 4 What was the name of the Ground Hog in that movie?
- **5** What U.S. state is Punxsutawney located?
- 6 Another name for a ground hog is?
- 7 Where a ground hog lives underground is called a ?????
- 8 Ground Hog Day was first observed in what year?

or burrow, 8 1886

**ANSWERS** - 1 - Two Rivers Tunnel, 2- 6 weeks, 3 - Bill Murray, 4 - Punxsutawney Phil, 5 - Pennsylvania 6 - Woodchuck, 7 -den



Christmas is over but the food needs for families still goes on Please remember your local food banks - we need your support