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NORTHSIDE COMMUNITY NEWS

EREE

VOL. 9 - NO. 8 - FEBRUARY 20TH - 2019

WEBSITE www.kleeradio.com

AROUND THE TOWN

It's that time of year again, The Johnny Miles Festival Society along with the Royal Canadian Legion Branch 008 is once again holding their annual winter fundraiser Ice Jam 2019, on Feb.24th from 5 pm to midnight. Come and enjoy an evening of fine musical entertainment, there will be a different

(CONTINUED ON PAGE 3)



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NORTHSIDE COMMUNITY NEWS ITEMS

SENIORS BINGO

The Regular BINGO SUNDAY after- 7 25 44 57 62 noon Bingo resumes. There will 2 28 37 55 68 be an Afternoon 10 27 39 59 75

BINGO Game at the Sydney Mines Seniors & Pensioners Club, 6 Fraser Avenue, Sydney Mines.

WHEN: SUNDAY - 2:00 pm

COST: - \$2.00 entry card DAUBERS ONLY - MONEY GAMES Come out and spend a wonderful Saturday afternoon and maybe win some prizes. Hope to see you all there - Jackpot \$1,350on 54 #s or less - Loonie Jackpot went last week.

COMMUNITY SENIORS DAY -

Every Thursday at the Sydney Mines Seniors & Pensioners Club. Fraser Avenue. Svdnev Mines. All seniors in the area are welcome, no charge for the programs.

10 AM - Coffee Break, tea, coffee and light refreshments, play games of your choice.

1:00 PM - CRAFTS, instructor will be available for you.

7:00 PM - Fun Darts - all welcome. For more information phone (902) 736-3100.

Some News Items courtesy Swing Over The Mountain Newlsletter -Login http:// sotmnews.weeblv.com

For the latest and most comprehensive list of local events, logon to www.musiccapebreton.com

Mike Little updates his listings each week.

FREE PUBLICITY - If your group or organization is sponsoring a community event and you'd like some free publicity, email us with your information and we'll publish it free - email us thisweek@kleeradio.com

North Sydney Fire Hall

THURSDAY NIGHT -After Work Party Kitchen open from

5:00 - 9:00 pm. music by Ernie,

Todd & Wade, from 6:00 - 9:00 - Food Special - 2 pc. Fish & Chips \$9.50 - FREE ADMIS-SION.

FEB. 23 - Montreal vs Toronto on the Big Screen - 7:00 pm, no admission fee. Come and join the fun!!

FRIDAY, MARCH 15 - St. Patrick's' Day Party, Live music with FULL CIRCLE from 9:00 - 1:00 - \$5.00.

BRAS d'OR SENIORS WEEKLY 45s GAME

The Bras d'Or Seniors Club are hosting weekly 45's game on Thursdays at 7:30 pm.

1st, 2nd and 3rd cash prizes are awarded. Also a chance to win the main Jackpot, mini Jackpot, and Loonie Jackpot and 50/50 draw.

FLORENCE LEGION - BINGO every Thursday, doors open 5:00 PM, cards on sale 6:00 PM; bingo starts at 7:00 PM Cash prizes

ICE JAM - Sydney Mines Legion, Sunday, February 24 from 5 pm - see page 3 for additional information.

UPCOMING SENIORS EVENTS

The Sydney Mines Seniors & Pensioners Club has a host of great programs coming up.

MARCH 15 - Community Day. come help celebrate St. Patrick's Day - no admission.

APRIL 6 - SPRING FLING - from 11:00 - 3:00.

APIL 29 - Merchandise Bingo starts at 7:30 pm.

MAY 31 - Monte Carlo Night - at 7:00 pm.

JUNE - Lobster Draw, stay tuned for details.



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keithbainmla@bellaliant.com

NEW DECOMPRESSION TABLE RELIEVES PAIN

Darren Strong from Strong Chiropractic, announces a new, sophisticated computerized decompression table that allows the spine to be gently stretched and relaxed for spinal decompression therapy.

The pattern of alternating pulling and relaxing creates vacuum-like pressure which allows disc material that was herniated or protruded to be pulled back in the disc over time.

Patients will notice a reduction of their pain during these treatment sessions. Stop in today and ask about the new table and how you can benefit.

793 Mahon St., New Waterford - 862-9444 224 Commercial St. North Sydney - 241-9444

COMMUNITY NEWS ITEMS



The Johnny Miles Festival Society along with the Royal Canadian Legion Branch 008 is once again holding their annual winter fundraiser Ice Jam 2019, on Feb.24th from 5 pm to midnight. Come and enjoy an evening of fine musical entertainment, there will be a different band every hour.

The kitchen and bar will be open and a silent auction will be on tap. This event is in support of our annual summer festival. Hope to see you there.

MERCHANDISE BINGO GAME



Holy Family Parish CWL are hosting a Merchandise Bingo game Wednesday, February 27 at 7:30 pm.

The game will take place at the Holy Parish Family Hall, 899 Main Street, Sydney Mines.

Admission is \$2.00 each and extra cards are \$1.00

Canteen Services will be available at this game.

Part Time Bartender

The North Sydney Firefighters Club, 14 Pierce Street, North Sydney is looking for a part time Bartender

Please drop off resume in person Monday-Friday, 10 am - 5 pm - 14 Pierce Street, North Sydney. A Crimnal Record check is required.

Free Chair Yoga Classes Resume

Wednesday, March 6th, 12.30 - 1.30 pm. - St. Stephen's Community Hall, Pitt St. Florence.

Open to the public. Sponsored by Florence St. Vincent de Paul with a grant from the Community Health Board.

ST. PATRICK'S DAY VARIETY CONCERT SUNDAY, MARCH 17

NORTH SYDNEY FIREMEN'S CLUB

Time: 2:00 p.m.

Admission:Goodwill donations accepted - 50/50 Draw and canteen - featuring Fiddlers, musicians, vocalists and dancers - Sound by: railroad recording productions

Fundraiser for St. Joseph's CWL. - For information phone: 902-794-3772

AROUND THE TOWN

band every hour - the kitchen and bar will be open and a silent auction will be on tap - I can tell you, having attended several of these Ice Jams, that you will be entertained and the best thing is that all monies raised will be used to host the Johnny Mlles Festival.... if you are around this Friday night, stop by the **Rising** Tide Festival at the Five Eleven Youth and Family Centre at 127 Brook Street, North Sydney - see page 4 ad for details - K-LEE RADIO will be broadcasting live..... see page 7 for details on the Victory Park Staycation Draw on March 2 with over \$1,100 in prizes to be won.... The Northside 4 Chase The Ace Jackpot is starting to build up to a nice win at \$40,000, drawing every Friday Also the North Sydney and Sydney Mines Legion Chase the Ace is now \$10,373 and either one of these wins would be a nice way to start the new year..... It was annonced at the end of last week that MP Mark Eyking would not re-offer in the next federal election after having served 19 years as MP for Sydney-Victoria - Mark has served with distinction and he has been a great supporter of **Northside News** over the years and we wish him, Pam and his family all the best in the future..... see page 6 for FREE **SKATING** at Emera Centre for Adults, Tots and Teens... if you're looking for something a little different to do this weekend, take a run to Wentworth Park for FREE WAGON RIDES as part of Taste Of Winter sponsored by the CBM Receation - see page 5 fo details....welcome back to A & K Lick -A-Chick now open for another season of Great Tasting Chicken on the Northside... On Friday, March 1st, there will be a World Day of Prayer held at St. Andrew's Presbyterian Church at 7:00 pm - it is located at 643 Main Street in Sydney Mines and the storm date is Friday, March 8th.... The Northside Storytelling Sessions will continue at the North Sydney Heritage Museum on Sunday, February 24th - see page 8. - FREE PUBLICITY - We offer to all non profit clubs and community organizations free publicity for their upcoming events - simply email us with your information and we'll publish it in our paper and broadcast it on our internet radio station as well - www.kleeradio.com

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Rising Tide Festival Kick-Off

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Hosted By
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Wayne Bedecki & more

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EXERCISE CLASS

Monday at 1:00 pm, no charge and open to the public at the Sydney Mines Seniors & Pensioners Club, 6 Fraser Avenue.

K-LEE RADIO is celebrating its 10th year of broadcasting on in Cape Breton, We have been playing the very best in Cape Breton & Celtic music 24 Hours A Day 7 Days A Week- Visit www.kleeradio.com

Royal Canadian Legion Branch 83 - Florence



BINGO

EVERY THURSDAY DOORS OPEN 5 PM - CARDS ON SALE - 6:00 PM

7:00 pm - CASH PRIZES

SATURDAY NIGHT KITCHEN

EVERY SATURDAYEntertainment by

'THE CIRCLE'

Downstairs 7:00 - 10:00 pm Happy Hour: 7:30 - 8:30 pm 45s Card Game Every Monday - 7:30 sharp

BREAKFAST

SUNDAY - 9:00 - 12:00 Adults \$8.00

736-6313

Cape Breton Storyeller Book now on sale on the Northside at Buffett's Office Supplies, North Sydney. Makes a Great Gift

SUNDAY MORNING GOSPEL SHOW AIRS AT 9:00 AM

For those of you who like to start Sunday morning off with some inspirational music, we have just the thing for you.

Tune in on Sunday mornings at 9 am when host Pierre Chiasson presents a one hour show of the best in traditional Gospel songs to listen to as you have your Sunday Brunch - www.kleeradio.com



DJ JACK COOL OLDIES SHOW

7 DAYS A WEEK
WWW.KLEERADIO.COM



NORTH SYDNEY LIBRARY NEWS

FIBRE LUNCH - every Thursday from 1:00 - 3:00. STORYTIME every Saturday afternoon.

CHRONIC PAIN GROUP meets February 21 from 2:00 - 4:00 pm, new members are welcome to attend.

KNIT-A-THON - March 2 McConnell Library and we are accepting donations of yarn, needles, hooks and finished items.

Knitted items are donated to ocal charities for free distribution for people in need.

www.kleeradio.com



Promoting Cape Breton Music, News and People

COMMUNITY VOLUNTEER INCOME TAX PROGRAM

No appointments first come, fir st served. In case of cancellation due to bad weather or power outages, please follow schedule.

NORTH SYDNEY SENIORS CLUB - Commercial Street MARCH 6 - 9:00 - 11:00 MARCH 20 - 9:00 - 11:00 APRIL 3 - 9:00 - 11:00



APRIL 17 - 9:00 - 11:00 SYDNEY MINES SENIORS CLUB - 6 Fraser Avenue MARCH 13 - 9:00 - 11:00 MARCH 22 - 9:00 - 11:00 APRIL 10 - 9:00 - 11:00 APRIL 24 - 9:00 - 11:00

FREE PUBLICITY for your event, fund raiser etc. thisweek@kleeradio.com

SUPPORT OUR LOCAL FOOD BANKS

Sydney Mines Seniors & Pensioners Club

SUNDAY NIGHTS at 7:30 we have tarabish, everyone is welcome. 1st, 2nd and 3rd place Prizes are awarded.

MONDAY AFTERNOON - at 1:00 - Exercise Classes, everyone is welcome.

MONDAY NIGHT - at 7:30 -FUN NIGHT - we invite members from other Seniors Clubs -Bingo 7:30 dabbers only -Loonie Draw Enjoy a game of SCAT - \$1.00, light refreshment, see you there.

WEDNESDAY - 7:30 45s Card Game 1st, 2nd, 3rd

WAGON RIDES

Wagon Rides – Wentworth Park – Sydney - Friday, Feb. 22 at 5:00 PM - 8:00 PM - part of Taste of Winter 2019.



Enjoy the serene experience of a horse drawn wagon this winter as CBRM Recreation and Two Rivers Wildlife Park present wagon rides in various locations in the community.

RISING TIDE FESTIVAL FEB. 22

DON RAY HOME CENTRE

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736-9722



ROYAL CANADIAN LEGION - SYDNEY MINES - 736-3206

PEPPER & PEARL FRIDAYS - 10:00 - 2:00 AM
TUESDAY BINGO GAME
NOW AT - 7:30 PM
Hall Rental Available - 736-3206

BINGO Jackpot **\$2,400.00+** BINGO Tues. 7:30 PM Biggeelr Games & Prizes

EMERA FREE SKATE

PARENT & TOT SKATE -Emera Centre Northside North Sydney - Thursday, Feb 21 at 11:30 AM - 12:50 PM - public skating

ADULT SKATE - Emera Centre Northside - North Sydney -Thursday, Feb 21 at 1:00 PM -2:30 PM - public skating

TEEN SKATE – Emera Centre Northside - North Sydney, Friday, Feb. 22 at 8:45 PM - 9:45 PM - public skating.

FARMERS MARKET

Time: 8:30 AM - 1:00 PM Cape Breton Farmers' Market every SATURDAY 8:30 am to 1:00 pm. - 340 Keltic Drive in Sydney River.



835 MAIN STREET - SYDNEY MINES

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SATURDAY DANCE

The Sydney Mines & Pensioners Club will host a SATURDAY **DANCE** from 8:00 - 12:00 pm in their Clubrooms 6 Fraser Avenue in Sydney Mines. The cost of the Dance is just \$3.00 and it is open to the public.

There will be a variety of music available. Come out to our Club, 6 Fraser Avenue in Sydney Mines and have a great night every Saturday. Canteen Service and Bar Service is available.

FOR THE BEST IN LOCAL CAPE BRETON MUSIC

www.kleeradio.com

COMMUNITY EVENTS

BINGO - will be held every Sunday night at the Millville Community Centre - 7 pm - Cash Prizes Only

MACS (Monday Afternoon Crafters - 1:00 - 3:00 at the Ross Ferry Fire Hall. Everyone welcome - crafting is optional.

BREAKFAST BRUNCH

Last Sunday of every month Big Bras d'Or Fire Hall

FEBRUARY 24

9:00 - 12:00 pm Sponsored By Friends Of The Big Bras d'Or Fire Hall 1390 Old Route 5, Big Bras d'Or Adults \$8.00 - Children \$4.00



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ITEMS FOR SALE

32 inch Flat screen TV. ex. cond. \$75.00 OBO.

Complete single bed, excellent condition with head board and foot board, asking \$150.00

2005 Dodge Caravan, very good condition, inspected until December 2019, running condition, asking \$1,250 OBO or will trade for car of equal value.

PHONE (9020 578-7181

NORTHSIDE COMMUNITY NEWS

FREE BOWLING - Thursday, March 7, 2019 - all day at the Strand Bowling Lane at 133 Main Street, Sydney Mines.

Gather a team of four or five friends, family and/or coworkers.Call Big Brothers Big Sisters of Cape Breton to get your pledge sheets and gather pledges for the event.

Book your hour of bowling (on March 7/19) through 902-564-5437.Bring your pledges in the day of the event.

The more money you raise, the more chances for prizes to be won!!!

CONTACT INFORMATION

GLEN GRAY. EDITOR

PH: 902-564-9022 **Email Address**

glengray@kleeradio.com

The Northside Minor Hockey Draw - Last week's winner was Michelle McKee and the amount was \$10,749. Thank you for your support



BRANCH 008 **LEGION NEWS**

MARCH 17 - Fish Cake and Beans, dessert included \$12.00. Music - Take Out 3:00 - 4:00 Eat In 4:00 - 6:00 with light music.

K-LEE RADIO will be there from 4 - 6 with lots of great Irish music and Prizes and trivia Games.

MARCH 30 - SUPER BINGO \$40.00 each with over \$4,280 in Prizes.

STRIKING A CHORD **PIANO CONCERT**

Boularderie Elementary School and Boularderie Lakeview Choir.

An afternoon of music. February 24th th at 3:00 pm.

Admission is by donation.

Some News items courtesy of **Swing Over The Mountain News** logon to website www.sotmnews.weebly.com monthly newsletter

THE LOCAL NPC GAMES · COMICS · RPG'S

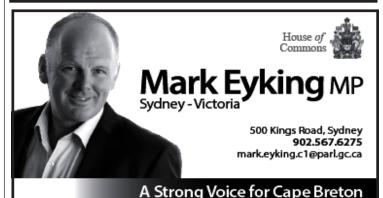
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SYDNEY MINES LIBRARY NEWS

2019 PROGRAMS

PRE-SCHOOL - Thursdays at 10:30 m - 2 - 3 year olds.

TEEN BOOK CLUB - Tuesday, Feb. 19 - 3:30 pm. The book "The Film Club" by David Gilmore.

AFTERNOON CRAFTS - 6 - 10 year olds - Thursdays 3:00 - 4:00 pm

SENIORS BOOK CLUB - first Tuesday of the month.

To register for any of these programs or if you wish additional information, please call the Library at (902) 736-3219.

KNIT-A-THON - We are collecting yarn, needles and knitting supplies for the March 2 Knit-A-Thon to be held at McConnell Lbrary. Knitted goods go to CBRL Childrens Programs.

COUNTRY JAMBOREE

Saturday evening at the Army-Navy Hall in Bras d'Or from 7:00 - 10:00 pm.



www.kleeradio.com

Victory Park March Break Staycation Draw

Drawing Tuesday, March 12 Basket Value \$1,100

CLANSMAN MOTEL - 1 night accommodation \$125.00

STRAND BOWLING ALLEYS - 1 hour family bowling 8 strings, includes shoe rental - \$30.00

SKI BEN EOIN - Family Outing, 4 members, (skiing, snowshoeing, snowboarding, cross country skiing) \$224.00



NORTHSIDE COMMUNITY POOL - Gift Certificate - 10 swims - \$66.00

HIGHLAND ARTS THEATRE (HAT) - 2 tickets for a show (to be determined) - \$80.00

FIRED CREATIONS - Pottery Painting Cafe - George Street, Sydney \$25 Gift Certificate

HAIRMASTERS - Private Career College/Salon - Esthetics/Hair Spa, "Buddy Pedicure"/Manicure/Shampoo/Cut - \$200.00

GAME ON LASER TAG (Westmount) - \$25.00 Gift Certificate and T-Shirt

PLAY PALACE - George Street, Sydney - 2 one day Passes - \$20.00

PERSONAL DONATION - Girl Accessories - \$100.00

FOOD VOUCHERS - CLANSMAN \$25.00, UNDERGROUND CAFE, Sydney Mines - 2 Lunch Specials \$25.00, WENDYS 4 #1 Combo (cheeseburger/side/drink) \$39.00, SNACKS Granola Bars and Welch's Fruit Snacks \$12.00

GAS CARD - \$50.00 - RED PLAID BLANKET \$45.00 - Scrabble Game/Twister Game/Deck of Cards \$15.00

VICTORY PARK T-SHIRTS - 2 Adults, 2 Junior

FOR TICKETS CALL (902) 794-2373 - (902) 574-9529

Take 2 PAUL POWER

"Velvet Buzzsaw" - To be honest I had no plans on writing this particular column until a few nights ago when screen surfing through Netflix I saw a great line-up of actors for this movie. One of my favourite actors is Jake Gyllenhaal (ever since 1999's October Sky" movie) in the lead role, with Toni Collette, John

Malcovich and Rene Russo adding ever thespiar more appeal to this feature. This film, by filmmaker Dan Gilroy, looks visually amazing-with rich camera shots and angles that are appealing, but for some reason they

seem a tad alarming at the same time. As the story progresses we get to see a collective of the super-talented and rich in the Avant-guarde art world. You'll be wondering who is more despicable here-the navel gazing, pompous and self-absorbed artistes or their bloodsucking agents and publicists; they are both cuttingedge and cut throat. Do not let this information turn you away from this movie though, because as it progresses the pieces of a very disturbing puzzle come together to form a picture of true horror. Yes, this is a horror movie in every sense of the word. It's a perfect example of how greed can literally kill. SPOILER ALERT- when a woman (Zawe Ashton) discovers the body of a man who lived in her building the doors of mystery open up, and when she physically opens the man's apartment door she finds a treasure-trove of original art, hundreds of paintings of all sizes that show the work of an artist that was incredibly talented and totally insane. There's no family to claim the artwork so she takes it all as she works for an art agency, and needs her 'big break'. Once the popularity of the works comes to light the main characters do a mad dash to get some of the paintings to sell

for hig bucks. The artist had a twisted and a b u s e d upbringing, and e v e n t u a l l y murdered his father. That rage got reflected in the colorfully oversaturated and very disturbing paintings he did,

with a secret ingredient-his own blood. So the artwork is cursed. Each person that tries to cash in on the artist's legacy meets an untimely, and very artappropriate dispatch. As mentioned earlier this movie quickly turns on a dime to become something totally unexpected-and totally different. I read all the hype last year about the movie "Hereditary" and how that movie was being looked at as the best horror movie in 20 years (not to me-I wrote that it was a huge letdown) but this movie is way better-and a lot scarier. BTW-both movies starred Toni Collette; her role here is much more enjoyable. So if you want to watch a creative horror movie, "Velvet Buzzsaw" is definitely cutting edge.



Armstrong Memorial Branch #19

ROYAL CANADIAN LEGION - NORTH SYDNEY Archibald Avenue - North Sydney

CHASE THE ACE JACKPOT - \$10,373+ CRIB GAME ON THURSDAYS 7:00 PM

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CAN YOU SPLIT YOUR PENSION INCOME?

Since 2007, you may split certain pension income with your spouse or common-law partner. This can be done if the following conditions are met:

- the pensioner and spouse or common-law partner must live together
- the pensioner and spouse or common-law partner are residents of Canada on December 31 of the year
- the pensioner received pension income that is eligible for the pension income tax creditld?

Up to 1/2 of eligible pension income may be allocated to the taxpayer's spouse when the tax returns are filed. In some cases this will result in a pension income tax credit for the transferee. No funds are actually transferred using pension splitting - it is simply a method for reducing the taxable income of one spouse by allocating income, on the tax return, to the other spouse.

Income that does not qualify as pension income for the pension income tax credit:

- Old Age Security or Canada Pension Plan benefits
- Quebec Pension Plan benefits
- death benefits
- retiring allowances
- RRSP withdrawals other than annuity payments
- payments from salary deferral arrangements, retirement compensation arrangements, employee benefit plans, or employee trusts

The transfer must be agreed to by both spouses, by filing the Canada Revenue Agency (CRA) form Form T1032 Joint Election to Split Pension Income, with the tax return. Form T1032 also provides an area for input of the total amount of withholding tax deducted from the pension income of the transferor. The withholding taxes related to the transferred pension income are then transferred to the spouse, on a pro-rata basis. Thus, if 40% of the pension income is transferred to the spouse, 40% of the withholding taxes will also be transferred.

For more information about Pension splitting, please speak with your Tax Professional.

K-LEE RADIO TRIVIA

This Summer K-LEE RADIO will host general trivia. Here is a sample of the trivia.

- 1 Where is the Sea of Tranquility?
- 2 Name the 7th planet from the sun.
- **3** Name the world's biggest island.
- **4** What is the diameter of the earth?
- 5 What is a heliport?
- 6 Ag is the symbol for what?
- **7** What is the common name for nitrous oxide?
- **8** How many carats in pure gold?
- **9** What was Valentina Tereshkova famous for?

ANSWERS - 1 - the moon, 2 - Uranus, 3 - Greenland, 4 - 8000 miles, 5 - helicopter landing gas, 8 - 6 - Silver, 7 - laughing gas, 8 - 24, 9 - first woman in space

Northside Storytelling Sessions Continue Sunday, February 24

The Northside Storytelling Sessions will continue at the North Sydney Heritage Museum on Sunday, February 24th from 6:30 - 8:00 pm.

The Guest Speaker for this session will be Historical Society founder Gordon Sampson and he will speak on winter pastimes such as ice skating, ice jumping, hooking cars and skiing.

Refreshments will be provided and the public is invited to attend.

The Museum is located adjacent to the North Sydney Library on Commercail Street in North Sydney

For suggestions on future guest speakers or topics, please email roberthillman2@gmail.com



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