

# MacDONALD DENTURE CLINIC

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**G. MacDonald**  
*Denturist*

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BADDECK  
PHONE  
**295-2516**



**FREE**

## THIS WEEK

**NORTHSIDE COMMUNITY NEWS**

**FREE**

**VOL. 9 - NO. 9 - FEBRUARY 27<sup>TH</sup> - 2019**

WEBSITE  
[www.kleeradio.com](http://www.kleeradio.com)

### AROUND THE TOWN

I attended the Rising Tide Festival Kickoff on Friday and we broadcast live for almost three hours with a number of local entertainers and hosted by Wendy Bergfekdt - you will be hearing more from this organization as we come into the new year - special thanks to Meghan and Dan for their invitation and

(CONTINUED ON PAGE 3)



## RALPH IVEY'S

**Auto Repair Ltd. and Muffler Man**

**BRING YOUR CAR IN FOR  
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**IF WE CAN'T DO IT - IT CAN'T BE DONE!**

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**Regular Oil ..... \$42.95**

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## NORTHSIDE COMMUNITY NEWS ITEMS

### SENIORS BINGO

The Regular SUNDAY after-noon Bingo resumes. There will be an Afternoon BINGO Game at the Sydney Mines Seniors & Pensioners Club, 6 Fraser Avenue, Sydney Mines.

**WHEN: SUNDAY - 2:00 pm**

**COST:** - \$2.00 entry card DAUBERS ONLY - MONEY GAMES Come out and spend a wonderful Saturday afternoon and maybe win some prizes. Hope to see you all there - Jackpot \$1,350 on 54 #s or less - Loonie Jackpot 160 +

**COMMUNITY SENIORS DAY -** Every Thursday at the Sydney Mines Seniors & Pensioners Club, Fraser Avenue, Sydney Mines. All seniors in the area are welcome, no charge for the programs.

**10 AM -** Coffee Break, tea, coffee and light refreshments, play games of your choice.

**1:00 PM -** CRAFTS, instructor will be available for you.

**7:00 PM -** Fun Darts - all welcome. For more information phone (902) 736-3100.

Some News Items courtesy of **Swing Over The Mountain Newsletter -** Login - <http://sotmnews.weebly.com>

For the latest and most comprehensive list of local events, logon to - [www.musiccapebreton.com](http://www.musiccapebreton.com) Mike Little updates his listings each week.

**FREE PUBLICITY -** If your group or organization is sponsoring a community event and you'd like some **free publicity**, email us with your information and we'll publish it free - email us [thisweek@kleeradio.com](mailto:thisweek@kleeradio.com)

### North Sydney Fire Hall

#### THURSDAY NIGHT -

After Work Party Kitchen open from 5:00 - 9:00 pm, music by Ernie, Todd & Wade, from 6:00 - 9:00 - Food Special - Club & Fries \$9.50 - **FREE ADMISSION.**

**FRIDAY, MARCH 15 -** St. Patrick's Day Party, Live music with FULL CIRCLE from 9:00 - 1:00 - \$5.00.

**MARCH 23 -** Fund Raiser for C. B. Expos - tickets 295-8822

**MARCH 29 -** Air Cadet Squadron 591 Easter Dance - 9:00-1:00 music by Firehounds DJ, donation at door - 50/50 tickets sold at dance

### BRAS d'OR SENIORS WEEKLY 45s GAME

The Bras d'Or Seniors Club are hosting weekly 45's game on Thursdays at 7:30 pm.

1st, 2nd and 3rd cash prizes are awarded. Also a chance to win the main Jackpot, mini Jackpot, and Loonie Jackpot and 50/50 draw.

**FLORENCE LEGION - BINGO** every Thursday, doors open 5:00 PM, cards on sale 6:00 PM; bingo starts at 7:00 PM Cash prizes

**Send Your Birthday Wishes To Us At**

[thisweek@kleeradio.com](mailto:thisweek@kleeradio.com)

### UPCOMING SENIORS EVENTS

The Sydney Mines Seniors & Pensioners Club has a host of great programs coming up.

**MARCH 1 -** Soup & Dessert - \$8.00 - Turkey & Beef Barley.

**MARCH 15 -** Community Day, come help celebrate St. Patrick's Day - no admission.

**APRIL 6 -** SPRING FLING - C 11:00 - 3:00.

**APRIL 29 -** Merchandise Bingo starts at 7:30 pm.

**MAY 31 -** Monte Carlo Night - at 7:00 pm.

**JUNE -** Lobster Draw, stay tuned for details.

**TAKEAWAY**  
*thyme*  
**SAVOUR**  
"food shoppe"  
Heat & Serve Meals - Fresh Meal Selections - Frozen Selections  
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**Ph: 217-0280**

212 Commercial St., - North Sydney



### 7 PIECE CHICKEN

Med. Fries, Medium Gravy,  
3 rolls **\$25.95**  
PLUS TAX



### 12 PIECE CHICKEN

Large Fries, Med. Gravy, Med. Salad,  
4 rolls **\$36.95**  
PLUS TAX



### 18 PIECE CHICKEN

Large Fries, Med. Gravy, 2 Med. Salad,  
6 rolls **\$46.95**  
PLUS TAX

Upsize Your Fries ..... 99c  
Located in Bras d'Or on Trans Canada Highway

**- HOURS OF OPERATION -**

**11:00 AM - 10:00 pm**

**PHONE**

**902-736-9496**



## Keith Bain

MLA -Victoria-The Lakes

1415 Highway 105, Bras d'Or, NS, B1Y 2N5

902-736-0301 (Office)

902-736-0411 (Fax)

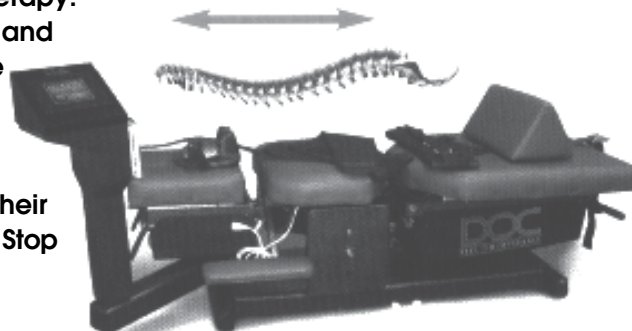
[keithbainmla@bellaliant.com](mailto:keithbainmla@bellaliant.com)

### NEW DECOMPRESSION TABLE RELIEVES PAIN

Darren Strong from Strong Chiropractic, announces a new, sophisticated computerized decompression table that allows the spine to be gently stretched and relaxed for spinal decompression therapy.

The pattern of alternating pulling and relaxing creates vacuum-like pressure which allows disc material that was herniated or protruded to be pulled back in the disc over time.

Patients will notice a reduction of their pain during these treatment sessions. Stop in today and ask about the new table and how you can benefit.



793 Mahon St., New Waterford - 862-9444 224 Commercial St. North Sydney - 241-9444

## COMMUNITY NEWS ITEMS

### MERCHANDISE BINGO GAME

|                |
|----------------|
| BINGO          |
| 7 25 44 57 62  |
| 15 22 40 50 70 |
| 11 30 46 74    |
| 2 28 37 55 68  |
| 10 27 39 59 75 |

Holy Family Parish CWL are hosting a Merchandise Bingo game Wednesday, February 27 at 7:30 pm.

The game will take place at the Holy Parish Family Hall, 899 Main Street, Sydney Mines.

Admission is \$2.00 each and extra cards are \$1.00

Canteen Services will be available at this game.

### Part Time Bartender

The North Sydney Firefighters Club, 14 Pierce Street, North Sydney is looking for a part time Bartender

Please drop off resume in person Monday-Friday, 10 am - 5 pm - 14 Pierce Street, North Sydney. A Criminal Record check is required.

### Free Chair Yoga Classes Resume

Wednesday, March 6th, 12.30 - 1.30 pm. - St. Stephen's Community Hall, Pitt St. Florence.

Open to the public. Sponsored by Florence St. Vincent de Paul with a grant from the Community Health Board.

[www.kleeradio.com](http://www.kleeradio.com)

### ST. PATRICK'S DAY VARIETY CONCERT SUNDAY, MARCH 17

#### NORTH SYDNEY FIREMEN'S CLUB

Time: 2:00 p.m.

Admission: Goodwill donations accepted - 50/50 Draw and canteen - featuring Fiddlers, musicians, vocalists and dancers - Sound by: Railroad Recording Productions.

Fundraiser for St. Joseph's CWL. - For information phone: 902-794-3772

### FLY TYING



Fly Tying Wednesday evenings at 7:00 P.M. We will meet at the Minor Base Ball Building on Pitt St Sydney Mines. We charge no fees. Come out and try this fun and interesting hobby.

### MARCH BREAK DAY CAMPS



Northside Pool - March 18 - 22 - 8:30 - 3:30. For more information - 902-736-1211

## AROUND THE TOWN



a special Thank you to **Mabel** and Alex who looked after the technical aspects of the broadcast and to **Connor MacLeod** for his assistance with loading the gear.... The **Scotties Tournament of Hearts** is now over and I think we can safely say that Centre 200 and all the volunteers and support staff as well as the best curling teams in Canada enjoyed their stay and it was a welcome **economic boost** for Cape Breton as well - congratulations to the **Alberta** team who won the **Championship** in an exciting extra end coming back from a 5 - 1 deficit - an exciting finish to a great Tournament, a job well done by everyone.... See **page 4** for a picture of land donated by **Joe Peck** for the new **Atlantic Park** - Joe has been a community supporter of many local Northside projects and is to be **commended** for his valuable donation.... Many Cape Bretoners have to travel to Antigonish or Halifax for medical treatments and if you read this week's **TAX TIPS** you will see how you can deduct these travel, meal and hotel expenses on your income tax - there could be substantial savings for you.... See **page 2** for upcoming programs at the Sydney Mines Seniors & Pensioners Club.... **K-LEE RADIO** will produce a series of shows patterned after the **Pig & Whistle** TV show and after airing the show, it will be made available for **download** from their website and you will be able to play it in MP3 format on your mobile devices or laptops for a great **Camp Fire Ceilidh** all Summer long - the shows are in production now and will be ready for play and download in a few weeks.... **Trivia Buffs**, see page 8 for this week's Trivia and see how many you can get, average score is 10.... If you are a **senior** and want some help with your **income tax return**, see **page 5** for dates for his Free Help.... **FREE PUBLICITY** - If your club or community group has an upcoming event and would like some **FREE PUBLICITY**, simply email us your information and we'll publish it our paper and also broadcast it on our internet radio station - please email your event information to - [thisweek@kleeradio.com](mailto:thisweek@kleeradio.com)



## EDDIE ORRELL

MLA - Northside-Westmount

[eddieorrell@bellaliant.com](mailto:eddieorrell@bellaliant.com)

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**Fax: (902) 794-1815**

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TRAINED NURSES AVAILABLE 24 HOURS A DAY  
7 DAYS A WEEK

**FOR HELP DIAL 811**

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The Pizza Experts Since 1977



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PIZZA - SUBS - LASAGNA - SALADS - DONAIRS - NACHOS - GARLIC FINGERS

16" PIZZA (Combo or CP)

12" Garlic Fingers

1 Litre Pop

**\$27.50** TAX INCLUDED

18" PIZZA (Combo or CP)

14" Garlic Fingers

2 Litre Pop

**\$33.50** TAX INCLUDED



**NOW OFFERING GLUTEN FREE**  
**WE DELIVER - (902) 794-3191**



**330 Commercial St., North Sydney - 794-3191**



## NORTHSIDE COMMUNITY NEWS/EVENTS

### BENEFIT DANCE



In support of Glen McGean Sr. who is battling cancer.

The dance will be held Friday, March 8 at the Sydney Mines Seniors & Pensioners Club, Fraser Avenue, Sydney Mines.

The dance will run from 8:00 - 12:00 with music by Dinky Cameron and the admission is by donation at the door.



Branch 19 and Branch 008 Legions

Chase The Ace Jackpot - **\$10,773**, Northside 4 Chase The Ace Jackpot is now at **\$40,000** Tickets on sale all week long.

Thank you for supporting these weekly draws.

### Hopeful Hearts Nar Anon Family Group Meetings

Hopeful Hearts Nar Anon Family Group is for friends and family of those with substance abuse disorders.

If you're affected by someone else's addiction, they offer hope. Regular Meetings are Wednesdays 8:00 - 9:00 pm at 26 Haley St, North Sydney. Call 902-322-5588 for info.

#### UPCOMING DATES

February 27, 2019 8:00 pm - 9:00 pm

March 6, 2019 8:00 pm - 9:00 pm

March 13, 2019 8:00 pm - 9:00 pm

March 20, 2019 8:00 pm - 9:00 pm

March 27, 2019 8:00 pm - 9:00 pm

## Joe Peck Donates Park Land



JOHN SCOTT PHOTO

Here is a good deed for 2019! - Joe Peck turns over the deed to land that he donated to the Atlantic Memorial Park Project. Shown in the photo are Brian Ferguson, Joe Peck and Cyril Aker. Anyone else that wants to do a good deed can donate through our website at <http://ampheroes.ca/donate/> - Thanks again to Joe Peck for this awesome gift.



Traditional Music Night - every Thursday at the Blue Mist Beverage Room in Bras d'Or - The very best of Cape Breton fiddling. Stop by for great Cape Breton fiddling.

### Cape Breton Storyteller

Celtic Myths & Legends  
Ghost Stories  
Local UFO Sightings  
From Cape Breton Island



Written & Compiled By GLEN GRAY

On sale Now at Buffett's Office Supplies, Commercial Street, North Sydney - just \$4.95

Some News items courtesy of  
**Swing Over The Mountain News**  
logon to website  
[www.sotmnews.weebly.com](http://www.sotmnews.weebly.com)  
monthly newsletter

### Free Wagon Rides

Saturday, March 16, 2019 from 12:00 pm to 3:00 pm at the Carmen Young Track at 175 King St., North Sydney, NS  
This is a free event!

Enjoy the serene experience of a horse drawn wagon this winter as CBRM Recreation and Two Rivers Wildlife Park present wagon rides in various locations in the community.

March 16 - Carmen Young Track, North Sydney

Taste of Winter is a program of the CBRM Recreation Department. For a full schedule of activities, including community run activities, visit [www.tasteofwinter.ca](http://www.tasteofwinter.ca)

## YOUR FREE SODUKO WEEKLY PUZZLE

|   |   |   |   |   |   |   |   |
|---|---|---|---|---|---|---|---|
| 8 |   | 2 |   |   |   |   | 1 |
|   |   |   | 9 |   |   |   |   |
|   | 4 |   | 2 |   |   | 6 |   |
|   |   |   | 8 |   |   | 5 |   |
|   |   |   | 3 | 7 |   | 6 | 9 |
|   |   |   |   |   | 1 |   |   |
|   | 3 |   | 6 |   |   |   | 5 |
| 6 | 9 |   |   |   | 8 |   |   |
|   |   | 4 | 7 |   |   | 3 |   |

You can also get your Daily Soduko Puzzle and Crossword Puzzle by logging on to - [www.kleeradio.com](http://www.kleeradio.com) and clicking on the FEATURES Page. Also included is a DAILY FREE SOFTWARE giveaway. Logon today to get yours FREE!!

**If you like Soduko Puzzles, logon to our website and enjoy a Daily Puzzle along with a new Daily Crossword Puzzle - Logon Features at - [www.kleeradio.com](http://www.kleeradio.com)**

**EXERCISE CLASS**

Monday at 1:00 pm, no charge and open to the public at the Sydney Mines Seniors & Pensioners Club, 6 Fraser Avenue.

**K-LEE RADIO** is celebrating its 10th year of broadcasting on in Cape Breton. We have been playing the very best in Cape Breton & Celtic music 24 Hours A Day - 7 Days A Week- Visit [www.kleeradio.com](http://www.kleeradio.com)



**Royal Canadian Legion  
Branch 83 - Florence**

**BINGO**

**EVERY THURSDAY  
DOORS OPEN 5 PM - CARDS ON  
SALE - 6:00 PM**

7:00 pm - CASH PRIZES

**SATURDAY NIGHT  
KITCHEN**

**EVERY SATURDAY**

Entertainment by

**'THE CIRCLE'**

Downstairs 7:00 - 10:00 pm

Happy Hour: 7:30 - 8:30 pm

45s Card Game Every

Monday - 7:30 sharp

**BREAKFAST**

**SUNDAY - 9:00 - 12:00  
Adults \$8.00**

**736-6313**

Cape Breton Storyeller Book now on sale on the Northside at Buffett's Office Supplies, North Sydney. Makes a Great Gift

**SUNDAY MORNING GOSPEL  
SHOW AIRS AT 9:00 AM**

For those of you who like to start Sunday morning off with some inspirational music, we have just the thing for you.

Tune in on Sunday mornings at 9 am when host Pierre Chiasson presents a one hour show of the best in traditional Gospel songs to listen to as you have your Sunday Brunch - [www.kleeradio.com](http://www.kleeradio.com)

**DJ JACK COOL  
OLDIES  
SHOW**

**7 DAYS A WEEK**

[WWW.KLEERADIO.COM](http://WWW.KLEERADIO.COM)

**NORTH SYDNEY  
LIBRARY NEWS**

**FIBRE LUNCH** - every Thursday from 1:00 - 3:00.

**STORYTIME** every Saturday afternoon.

**CHRONIC PAIN GROUP** meets February 21 from 2:00 - 4:00 pm, new members are welcome to attend.

**KNIT-A-THON** - March 2 McConnell Library and we are accepting donations of yarn, needles, hooks and finished items.

Knitted items are donated to local charities for free distribution for people in need.

[www.kleeradio.com](http://www.kleeradio.com)



Promoting  
Cape Breton  
Music, News  
and People

**COMMUNITY VOLUNTEER  
INCOME TAX PROGRAM**

No appointments first come, first served. In case of cancellation due to bad weather or power outages, please follow schedule.

**NORTH SYDNEY SENIORS  
CLUB - Commercial Street**

**MARCH 6 - 9:00 - 11:00**

**MARCH 20 - 9:00 - 11:00**

**APRIL 3 - 9:00 - 11:00**



**APRIL 17 - 9:00 - 11:00**

**SYDNEY MINES SENIORS  
CLUB - 6 Fraser Avenue**

**MARCH 13 - 9:00 - 11:00**

**MARCH 22 - 9:00 - 11:00**

**APRIL 10 - 9:00 - 11:00**

**APRIL 24 - 9:00 - 11:00**

**FREE PUBLICITY for your  
event, fund raiser etc.  
[thisweek@kleeradio.com](mailto:thisweek@kleeradio.com)**

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HOME CENTRE**



**SICO EVOLUTION  
\$12.00 PER  
GALLON**

**1100 MAIN STREET  
SYDNEY MINES**

**RONA**

**736-9722**

**Sydney Mines Seniors  
& Pensioners Club**

**SUNDAY NIGHTS** at 7:30 we have tarabish, everyone is welcome. 1st, 2nd and 3rd place Prizes are awarded.

**MONDAY AFTERNOON** - at 1:00 - Exercise Classes, everyone is welcome.

**MONDAY NIGHT** - at 7:30 - **FUN NIGHT** - we invite members from other Seniors Clubs - Bingo 7:30 dabbers only - Loonie Draw Enjoy a game of SCAT - \$1.00, light refreshment, see you there.

**WEDNESDAY** - 7:30 45s Card Game 1st, 2nd, 3rd

**EMERA SKATING**

**PARENT & TOT SKATE** - Emera Centre Northside - Thursday, Feb 28 at 11:30 AM - 12:50 PM - public skating

**ADULT SKATE** - Emera Centre Northside - North Sydney Thursday, Feb 28 at 1:00 PM - 2:30 PM - public skating.



**TEEN SKATE** - Emera Centre Northside - North Sydney, Friday, March 1 at 8:45 PM - 9:45 PM - public skating

**ROYAL CANADIAN LEGION - SYDNEY MINES - 736-3206**

**PEPPER & PEARL FRIDAYS - 10:00 - 2:00 AM**

**TUESDAY BINGO GAME**

**NOW AT - 7:30 PM**

**Hall Rental Available - 736-3206**

**BINGO  
Jackpot  
\$2,425.00+**

**BINGO Tues.  
7:30 PM  
Biggeelr  
Games &  
Prizes**





K-LEE RADIO DJ Jack Cool is shown here wearing his silver and bronze medals that he won in Greenwood for this year's Cape Breton Special Olympics Winter Games.

The Beaver Cove athlete has participated for many years in the Special Olympics and we congratulate him on his recent Medal win.



835 MAIN STREET - SYDNEY MINES

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## SATURDAY DANCE

The Sydney Mines & Pensioners Club will host a SATURDAY DANCE from 8:00 - 12:00 pm in their Clubrooms 6 Fraser Avenue in Sydney Mines. The cost of the Dance is just \$3.00 and it is open to the public.

There will be a variety of music available. Come out to our Club, 6 Fraser Avenue in Sydney Mines and have a great night every Saturday. Canteen Service and Bar Service is available.

FOR THE BEST IN LOCAL  
CAPE BRETON MUSIC  
**[www.kleeradio.com](http://www.kleeradio.com)**

## COMMUNITYEVENTS

**BINGO** - will be held every Sunday night at the Millville Community Centre - 7 pm - Cash Prizes Only

**MACS (Monday Afternoon Crafters)** - 1:00 - 3:00 at the Ross Ferry Fire Hall. Everyone welcome - crafting is optional.

## BREAKFAST BRUNCH

Last Sunday of every month

Big Bras d'Or Fire Hall

**FEBRUARY 24**

9:00 - 12:00 pm

Sponsored By

Friends Of The Big Bras  
d'Or Fire Hall

1390 Old Route 5, Big Bras d'Or  
Adults \$8.00 - Children \$4.00

**EAT IN or TAKE OUT**



**DON'T FORGET**

**OUR LOCAL  
FOOD BANKS**

*Shear Madness*

HAIR DESIGNS  
HANDICAP ACCESSIBLE



**Come  
Check  
Us Out!**

**WALK IN SERVICE**

**Tues. & Wed. 9 - 5**

**Thurs. 9 - 7 - Fri. 9 - 5 - Sat. 9 - 4**

**Gift Certificates Available**

**T-Zone Vibration Available**

363 Main St.  
Florence

**736-7777**

## ITEMS FOR SALE

32 inch Flat screen TV, ex. cond. \$75.00 OBO.

Complete single bed, excellent condition with head board and foot board, asking \$150.00

2005 Dodge Caravan, very good condition, inspected until December 2019, running condition, asking \$1,250 OBO or will trade for car of equal value.

**PHONE (902) 578-7181**

## NORTHSIDE COMMUNITY NEWS

**FREE BOWLING** - Thursday, March 7, 2019 - all day at the Strand Bowling Lane at 133 Main Street, Sydney Mines.

Gather a team of four or five friends, family and/or co-workers. Call Big Brothers Big Sisters of Cape Breton to get your pledge sheets and gather pledges for the event.

Book your hour of bowling (on March 7/19) through 902-564-5437. Bring your pledges in the day of the event.

The more money you raise, the more chances for prizes to be won!!!

## CONTACT INFORMATION

**GLEN GRAY, EDITOR**

**PH: 902-564-9022**

Email Address

[glengray@kleeradio.com](mailto:glengray@kleeradio.com)

## North Sydney Garden Club Meeting Scheduled

The regular monthly meeting of the North Sydney Garden Club will

be held as a Dinner Meeting on Thursday, February 28th at 1:00pm at Canton Restaurant on Commercial St., North Sydney.

The Northside Minor Hockey Draw - Last week's winner was Blair Reashore and the amount was \$10,736. Thank you for your support



## BRANCH 008 LEGION NEWS

**MARCH 17** - Fish Cake and Beans, dessert included \$12.00. Music - Take Out 3:00 - 4:00 Eat In 4:00 - 6:00 with light music.

**K-LEE RADIO** will be there from 4 - 6 with lots of great Irish music and Prizes and trivia Games.

**MARCH 30 - SUPER BINGO** \$40.00 each with over \$4,280 in Prizes.

## Comin' Home Song Release



A new local song written by Northside's Ron Gillis and Mel McMullin has been released. Vocals for the song are by Tim Jackson, Harmony Vocals Lynda Maxwell, Lyrics Ron Gillis, Mel McMullin

Music, arrangement by Shane MacLean and it was produced by Shane MacLean and the Engineer for the song was Mike Shepherd.

## FARMERS MARKET

Time: 8:30 AM - 1:00 PM  
Cape Breton Farmers' Market every SATURDAY 8:30 am to 1:00 pm. - 340 Keltic Drive in Sydney River.

**FREE PUBLICITY for your  
event, fund raiser etc.  
[thisweek@kleeradio.com](mailto:thisweek@kleeradio.com)**



House of  
Commons

**Mark Eyking MP**  
Sydney - Victoria

500 Kings Road, Sydney  
902.567.6275  
[markeyking.c1@parl.gc.ca](mailto:markeyking.c1@parl.gc.ca)

**A Strong Voice for Cape Breton**



## SYDNEY MINES LIBRARY NEWS

### 2019 PROGRAMS

**PRE-SCHOOL** - Thursdays at 10:30 m - 2 - 3 year olds.

**TEEN BOOK CLUB** - Tuesday, March 19- 3:30 pm.

**AFTERNOON CRAFTS** - 6 - 10 year olds - Thursdays 3:00 - 4:00 pm

**SENIORS BOOK CLUB** - first Tuesday of the month - March 5th

To register for any of these programs or if you wish additional information, please call the Library at (902) 736-3219.

**KNIT-A-THON** - We are collecting yarn, needles and knitting supplies for the March 2 Knit-A-Thon to be held at McConnell Library. Knitted goods go to CBRL Childrens Programs.

### COUNTRY JAMBOREE

Saturday evening at the Army-Navy Hall in Bras d'Or from 7:00 - 10:00 pm.



Join us for a St. Patricks Day Irish Ceilidh, lots of Irish music, Free Giveaways and Trivia Prizes - Branch 008 Legion Fish Cake & Beans Supper, dessert included \$12.00.

## Victory Park March Break Staycation Draw

**Drawing Tuesday, March 12**  
**Basket Value \$1,100**



**CLANSMAN MOTEL** - 1 night accommodation \$125.00

**STRAND BOWLING ALLEYS** - 1 hour family bowling 8 strings, includes shoe rental - \$30.00

**SKI BEN EOIN** - Family Outing, 4 members, (skiing, snowshoeing, snowboarding, cross country skiing) \$224.00

**NORTHSIDE COMMUNITY POOL** - Gift Certificate - 10 swims - \$66.00

**HIGHLAND ARTS THEATRE (HAT)** - 2 tickets for a show (to be determined) - \$80.00

**FIRED CREATIONS** - Pottery Painting Cafe - George Street, Sydney \$25 Gift Certificate

**HAIRMASTERS** - Private Career College/Salon - Esthetics/Hair Spa, "Buddy Pedicure"/Manicure/Shampoo/Cut - \$200.00

**GAME ON LASER TAG** (Westmount) - \$25.00 Gift Certificate and T-Shirt

**PLAY PALACE** - George Street, Sydney - 2 one day Passes - \$20.00

**PERSONAL DONATION** - Girl Accessories - \$100.00

**FOOD VOUCHERS** - CLANSMAN \$25.00, UNDERGROUND CAFE, Sydney Mines - 2 Lunch Specials \$25.00, WENDYS 4 #1 Combo (cheeseburger/side/drink) \$39.00, SNACKS Granola Bars and Welch's Fruit Snacks \$12.00

**GAS CARD** - \$50.00 - RED PLAID BLANKET \$45.00 - Scrabble Game/Twister Game/Deck of Cards \$15.00

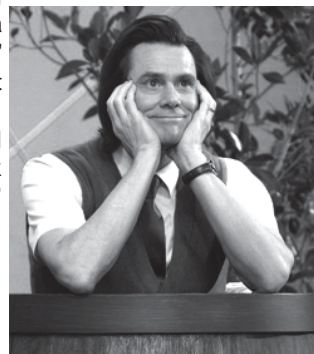
**VICTORY PARK T-SHIRTS** - 2 Adults, 2 Junior

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**"KIDDING"** - I'm not sure if you heard any of the buzz lately about this Showtime series which started airing last September, or if you may have been a viewer since the start. If you did check it out then you already know how different this half-hour comedy/drama really is. Actually, calling this show a "comedy/drama" is somewhat accurate, although I would say "dark comedy/drama" would be more appropriate. Jim Carrey plays Mr. Pickles, the host of a long running children's



program "Mr. Pickles Puppet Time" on public television.

Carrey is supported by some great actors here; Catherine Keener plays his puppet-making sister, Frank Langella acts as the father and Judy Greer plays Mr. Pickles ex-wife. Mr. Pickles sits on a multi-million dollar branded empire across many entertainment platforms; all that gets put in jeopardy after Mr. Pickles sees the first year anniversary of his son's death-a death that Mr. pickles feels indirectly responsible for. No longer able to find solace in the always upbeat puppet world he created, Mr. Pickles starts to veer off-course, and that's when the comedy starts here-the "dark

comedy" that is, especially when his father sees the approaching train of financial and emotional disaster and decides to market Mr. Pickles dolls, sanction a Japanese version of the Mr. Pickles show, as well as a Stars on Ice version-and eventually plans to replace Mr. Pickles with a cartoon version of "Mr. Pickles Puppet Time". It's a fact that Canada's own Jim Carrey is a living legend, a Renaissance man at whatever he does; actor,

comedian, impressionist, screenwriter, musician, producer and painter-that's all him. Plus, it takes a special actor to pull off so many more serious roles effortlessly, especially when one is usually associated with

more over-the-top and silly characters such as "Ace Ventura", "Dumb and Dumber" and in the TV series "In Living Color".

Jim Carrey excelled in those roles-and he does the same here. Imagine a character that is so laid-back and casual that he makes Mr. Rogers look and sound like a speed freak; now imagine that same character unraveling when so many people depend on him for their livelihood, and his putting on a brave face and sucking up those negative feelings and emotions-even as he's dying emotionally. This series is great-one of the best I've seen in years, and I'm not kidding about that.



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Do you travel to Antigonish, or maybe Halifax for medical treatment? If you have to travel at least 80 kilometres (one way) from your home to obtain medical services, you may be able to claim accommodation, meal, and parking expenses in addition to your transportation expenses as medical expenses.

There are conditions to qualify for the claim of course, but they are simply that substantially equivalent medical services were not available near your home; you took a reasonably direct travelling route; and it is reasonable, under the circumstances, for you to have travelled to that place for those medical services.

Also if a medical practitioner certifies in writing that you were incapable of travelling alone to obtain medical services, you can also claim the transportation and travel expenses of an attendant who accompanied you.

For meal and vehicle expenses, you can choose to use the detailed method or the simplified method for calculating meal and vehicle expenses. If you use the detailed method, you have to keep all receipts and records for your 12-month period. The simplified method allows you to claim a flat rate of \$17/meal, to a maximum of \$51/day (sales tax included) per person, without receipts.

To use the simplified method to determine the amount you can claim for vehicle expenses, multiply the number of kilometres by the cents/km rate from the province or territory in which the travel begins. If your travel begins in Nova Scotia, the rate is 49.5 cents per kilometer.

You must keep receipts for all accommodation expenses and you must be able to show that the amount paid for accommodation is necessary because of the distance travelled and your medical condition. Claim the amount for accommodation as shown on your receipts and keep them in case the CRA asks to see them.

To find out more, talk to your tax professional or visit [www.cra-arc.gc.ca/travelcosts](http://www.cra-arc.gc.ca/travelcosts)

## K-LEE RADIO WEEKLY TRIVIA CHALLENGE

- 1 - Which kind of bulbs were once exchanged as a form of currency?
- 2 - What colour jersey is worn by the winners of each stage of the Tour De France?
- 3 - Which chess piece can only move diagonally?
- 4 - Name the three primary colours.
- 5 - Who was Henry VIII's first wife?
- 6 - Which popular BBC series about old collectables began in 1979, is still running to this day?
- 7 - What is sushi traditionally wrapped in?
- 8 - A caravan is a group of which animals?
- 9 - According to Paul Simon, how many ways are there to leave your lover?
- 10 - According to proverb, how do still waters run?
- 11 - Ag is the symbol of which chemical element?
- 12 - At what degree Celsius does water freeze?
- 13 - At what speed in mph does a wind become a hurricane?
- 14 - By what name do we often call nitrous oxide?

**ANSWERS -** 1 Tulips, 2 Yellow, 3 the bishop, 4 red, yellow and blue, 5 Catherine of Aragon, 6 Antiques Roadshow, 7 Edible seaweed, 8 Camels, 9 Fifty, 10 Deep, 11 Silver, 12 Zero, 13 73 mph, 14 - Laughing gas

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