

NORTHSIDE THIS WEEK

MAY 20 - MAY 27 - 2011

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HELLO NORTHSIDE RESIDENTS!

Welcome to the very first edition of **Northside This Week**. Our publication will pick up where the North Sydney Weekly left off.

But, in the immortal words of pitchman Billy Mays, "**But wait!! there's More!!**" Along with the printed copy of the weekly events and news, we will also be broadcasting on **K-LEE RADIO** on a daily basis.

Plans are underway now to erect an AM tower on the hill in the Industrial Park to broadcast music, news, sports and stories along with the weekly events in **Northside This Week**.

You can also tune in **K-LEE RADIO** on the internet at www.kleeradio.com. We feel this exciting new development will better serve the Northside area and the small businesses that depend on cost effective advertising.

While researching this publication I was told many times that people were disappointed at not getting a copy of the paper as they disappear quickly.

We listened to you and each edition of **Northside This**

Week will also be published on the **K-LEE RADIO** website so that you'll never run out!

In addition to the weekly printed coverage and radio coverage we will also have an internet presence with **Twitter** and **Facebook** accounts so that you can interact daily

and be kept up to date on any last minute changes in schedules or events.

We look forward to meeting with everybody on the Northside with our new publication especially the local clubs and organizations that are the heart of any community. This will be your opportunity to have your organization and its events promoted and advertised in three different media for complete market penetration.

And, being a small business ourselves, we recognize the need for small businesses to maximize their advertising budget to make it spread as far as possible. Whenever you advertise in **Northside This Week**, you will also receive ad time on the radio as well and this will help spread your advertising message to more people for the same amount of money.

We plan to add some additional features to the weekly publication to make you want to pick up a copy as soon as it comes out. Our press time will be **Friday morning** with distribution to key businesses and stores in the Northside communities mentioned above our masthead.

So, enough of our talking for now and let's get on with making **Northside This Week** your favorite weekly newspaper. Be sure to pick up a copy as soon as it comes out so that you don't miss out on any of the features, news, trivia, jokes and local events that will be the main focus.

Thank you in advance for your support and your suggestions to make this your weekly fun read.

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VICTORIA DAY BACKGROUND

Victoria Day is a Canadian statutory holiday celebrated on the last Monday on or before May 24, in honour of both



Queen Victoria's birthday and the current reigning Canadian sovereign's official birthday. It is sometimes informally considered as marking the beginning of the summer season in Canada.

The holiday has been observed since before Canada was formed, originally falling on the sovereign's actual birthday, and continues to be celebrated in various fashions across the country on the fixed date.

Royal salutes (21-gun salutes) are fired in each provincial capital and in the national capital at noon on Victoria Day. In Quebec, the same day was, since the Quiet Revolution, unofficially known as *Fête de Dollard* until 2003, when provincial legislation officially named the same date as Victoria Day the National Patriots' Day.

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AROUND THE TOWN

Personal glimpses, random thoughts and things heard around the Northside on my jaunts.

On May 28th the Ceilidh Area (Cape Breton Island and part of the mainland from Antigonish to the Causeway) **Girl Guides** will be celebrating 100 years of Guiding in Nova Scotia in Sydney. Plans include a parade with bands and costumed characters and ponies. The celebrations begin at 1 PM with the parade and end at 7 PM. Congratulations to the area's Girl Guides for many years of great Service..... I spoke with Cape Breton singer/songwriter **Carmel Mikol** at the Wentworth Perk Coffee House and she told me of plans to release her new CD shortly, just finishing up work at Lakewind Studios....Is it just me or what? – the **condition of the roads** are getting really bad and some holes you cannot see in the night especially when it's raining like it has been for soooooo many weeks now..... **Coca Cola** is just for drinking right??? Well, apparently not. I was told this week about some uses for a can of Coke that I had no idea about. If you have **cooked on crud**, pour some cola into the pan, and bring it to a boil. The carbonation and

heat will work together to loosen that mess! This same procedure will remove lime scale from the inside of your teapot. Just pour it in and bring to a boil. Cola is also a great de-greaser; pour over a load of greasy work clothes, on a greasy stain in your garage or even a nasty spill in the kitchen. It will break up the grease so it is easy to clean away..... **The Northside Sports Hall of Fame Association** is working toward opening a new hallowed hall in the Northside Civic Centre in October of this year. A room has been set aside in the new arena that will include a wall of inductees, trophies, jerseys, sports equipment, photos and even a mural of the **North Sydney Community Forum**. A total of five honorees from the categories of athletes, teams and builders will get the nod each year. Anyone in the community can nominate a sports hero to the committee. The group can be found on Facebook by searching for Northside Sports Hall of Fame. The group is also looking for two more committee members..... **Cycling Update** - While there might have been an April windchill blowing outside, it was a warm and festive gathering inside as the **Northside Chapter of Velo Cape Breton** welcomed the start of what is anticipated to be yet another great year for cyclists. The banquet got off to an excellent start as the crowd spilled in at the **Northstar Inn** where seasoned members mixed and mingled with tens of

(continued on page 5)

Down Memory Lane

The year was 1986 and the following events, people and places all appeared in the Cape Breton Post.

Radio Shack was selling the Tandy Home Computer for ...”just \$1999 and the monitor for \$469 Mary Brown's Chicken Snack Pak was on 99 cents Mary Brown has the best Legs in Town. Don-Ray Lumber was selling a gallon of latex paint for \$13.95 and Aluminum doors for \$139.00 The Gateway Restaurant at the North Sydney Mall had a Sunday Special Roast Beef Dinner with dessert for \$6.95 The Sydney Mines Legion held a bike sale at the North Sydney Mall Prince Mine set new production records The Florence Fire Dept had a Lip Sync contest and the Grand Prize was \$500.00 Dawn's Confectionery opened in Sydney Mines... Matt Minglewood was playing at Montys on Pond Street in Sydney Mines The town council ends the street name confusion of Young Street and Young Street Extension by naming the extension Wilkie Avenue Mel Brown, Recreation Director of Sydney Mines, announced that ATVs and motor bikes were banned from town playing fields because of the extensive damage they caused to the grounds James Hatcher and Vaughn Balderston were the proud poster winners of the Jeux Canada Games poster contest Joes King Of Ppizza had a special buy 1 get the second one for half price Coastal Construction dumped Hill's Auto Body for 9 games in the Northern Yacht Club Dart League Playoffs Over 100 attended the bridal shower for Lisa MacLean held at the St. Pius X Hall Pool users were required to don bathing caps to use the North Sydney Community Pool for sanitation reasons The Cedar House Restaurant was now open for the season offering breads, scones, biscuits, oatcakes, cookies muffins and fine home cooked meals In the memorial Memos written by Lisa Taylor and Kelli Gordon, donations to Operation Eyesight and the Policeman's Boys Club were made by the students. 100 vocational students were given two weeks break to go to on-the-job-training, the theme for the 1986 Graduating Class was "Never Give Up On A Dream" and chairperson Eileen Jardine was hard at work lining up Awards Night Activities. ... Top 5 songs of 1986 - #1 Addicted To Love – Robert Palmer, #2 Danger Zone – Kenny Loggins, #3 Take Me Home Tonight, - Eddie Money, #4 Stuck With You – Hughie Lewis, #5 Sara – Starship ... Top Movies – Top Gun, Crocodile Dundee, Platoon, Karate Kind 2, Star Trek 4 – The Voyage Home Ronald Reagan was president of the U.S., a gallon of gas cost 93 cents, a dozen eggs were 87 cents and a gallon of milk cost \$2.22 Top TV shows – The Cosby Show, Cheers, Family Ties, Murder She Wrote and The Golden Girls.

North Sydney Fire Hall

May 20 - Wicked Game

May 27 - EVOLUTION

10 pm - 2 am

\$5 Cover Charge - Members & Guests

Sat., May 21 - Benefit Dance for Gilbert Sibley

1 NIGHT ONLY - Don't Miss It
June 10 - Tony Lee - X Rated Hypnotist

KITCHEN

OPEN 5 PM

Pierce St., North Sydney - 794-7072

Northside This Week

is published every
Friday for the
residents of the
Northside by

Minstrel Publications

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thisweek@kleeradio.com

NEAT BOTTLE TOP TRICK TO TRY

I was talking with Tanya from Mandy J's Restaurant and she mentioned that she was on the K-LEE RADIO website and thought the bottle top trick was "cool."

I forgot about this trick for awhile but it bears repeating here.



Basically, just cut up a disposable water or pop bottle and keep the neck and the top



Insert a plastic bag through the neck and sew the top cork back on to make a water tight seal.

This is an old fisherman's trixk as well and it keeps things dry.

Home handyman can also use it to store small obkects like nuts, bolts and washers.

It's quick and simple and you can resue your discarded bottles and help keep Cape Breton "green."

Logon To K-LEE RADIO Monday For a Northside Program

If you have a computer, logon at 11 AM on Monday Morning for The Good Morning Cape Breton Show with host Gloen Gray.

The show focuses on Cape Breton topics and music and includes features such as Celebrity Birthdays, On This Day In History, You Can't Make This Stuff Up, The Storytellers, weird news, your smile of the day and a look at the local events happening in their coverage area.

Northside artists will be featured in the music portion of the show and we will also play some poetry and a song from Northside poet and songwriter Ron Gillis.

You are invited to come and "have tea with us" on Monday at 11 AM.

You can request a song by emailing us at this address... request@kleeradio.com.

East Coast Countdown Top 10 Songs This Week

Here are the top 10 songs as voted upon by the listeners at East Coast Countdown

- #10 - Slowcoaster - BYO Life"
- #9 - The Arka Teks - I Know You Know
- #8 - Jay Smith - Hurts Like Hell
- #7 - The Subtitles - Actions
- #6 - The Oympic Symphonium - Settle Down
- #5 - Angelo Spinnazzola - Better Follow Better Bet
- #4 - Breagh MacKinnon - Heartstrings
- #3 - Jimmy Rankin - Here In My Heart
- #2 - Chris Colepaugh - Missed A Page
- #1 - Christina Martin - Daisy

Please logon to eastcoastcontdown.com and vote for your favorite artists and song. There are 4 Cape Bretoners on this week's charts, give them your support.

The East Cast Countdown is heard Saturdays evenings at 7 PM on K-LEE RADIO

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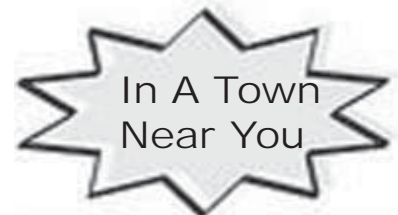
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Around the Town

(continued from Page 2)

new members and guests. All you food lovers can check out the **Fish Cake recipe** elsewhere in this publication, it's really tasty, I had to be the inspector for a recent batch...I had lunch at **Mandy Jays** and it was a very nice way to spend lunch getting to know **Tanya and Carol**. The lunch was prepared quickly and it tasted "just like Mother use to Make", I highly recommend that you stop in and try it for yourself....I had to borrow my wife's car last week to run around town and when I got out, the horn and light started flashing. I had to press the remote starter to make it stop. This kept up for about two hours until I ended up at **Ralph Ivey's Auto Repair** and he was able to fix the problem by installing a new battery in the remote starter. It was quick, easy and painless for me. They really know their business, say hello to Ralph for me and tell him how happy I am not to have the horn beeping every time I opened the door, **thanks Ralph!!** I've been hearing a lot of talk around town about the poor showing the **Liberals** made and what needs to be done to remedy the situation. I've heard the name **Justin Trudeau** banded about at several of my stops. Not a bad idea, he comes by his credentials naturally..... I don't know if it's just Cape Breton but last week as I shopped for various items in the Northside, I was called "dear", "honey" and "darling". I wasn't the least bit put off by this form of address and **the clerks were all smiling**, it's nice to see people enjoying their jobs.... I met with the executive from the **Sydney Mines Legion** and they outlined some of the many activities they sponsor throughout the year. They host a childrens dance party for as many as 170 kids, Friday night karaoke, fish supper, Fathers Day raffle on a garden bench, 2 rounds of golf, a golf tournament at the **Alderdale Course** at the end of June. Many Legions provide very active programs in their communities and often do not get the proper credit for the time and effort the committee members put in each and every week. Be sure to say "Thank You" to your local legion members for a job well done.... Check elsewhere in this publication for **meetings for volunteers** for radio and newspaper "stringers" in various communities who can send us community activities and local events in your area I met with Recreation program director **Emily Gray** this week and they are gearing up for a busy summer with lots of programs and activities set for the summer. Also at that same meeting were **Bonita Gouthro, Michelle** from **Bartown Festival** and that committee is also beginning the task of organizing their many daily festival activities. The **Johnny Miles Festival** is also taking shape with **Kim Rideout**. I spoke with North Sydney Historical Society and Robert Hillman and he is excited about the **Grand Opening** of the new display area slated to open in early June. A sure sign that the warmer weather is coming is seeing **Cisco's Takeout** operating on Commercial Street. They have a dinner special all week long. See you around the town next week. **Happy Victoria Day!!**

THE Blue Mist

Corner of Bras d'Or Corner - 736-2801

Saturday Matinee - 5:00 - 8:00 pm

Andrew Doyle & Cory Keeping

Also Late Night - 10:30 - 2:00 pm



Wing Night
WED & SAT



STEAK ON FRIDAY

**Some K-LEE RADIO
Programs you might
like to tune into**



SUN. - 9 AM - Gospel - 7 PM - The Scottish Hour

Monday - 11 AM - Good Mornig Cape Breton

Tuesday & Thurs. - The Bluegrass Hour

Friday - 7 PM Fiddlers Green - Best of CB Fiddlers

Saturday - 7 PM - The East Coast Countdown

www.kleeradio.com

THIS WEEK COMPUTER TIPS

My favourite keyboard shortcut of all is CTRL+Z. If you make a mistake in Word, Excel, or almost any windows program or even in Windows itself, and you recognize it right away, pressing the CTRL and Z keys at the same time will undo the last thing you did. I wish we had that function in real life.

If you're using a Mac, the equivalent combination is Command+Z. The Command key is the one with the apple and the four loops on it, sometimes just called the "apple key."

SIGNS OF THE TIMES

**Everyone Brings
Joy To This Office**



**Some when they Enter
Some When They Leave**

RON GILLIS

Poet and songwriter Ron Gillis has been writing for many years. It all began when Ron decided to jot down some of his ideas in verse form and he hasn't stopped since!

Ron's poems have tackled all subjects from his life growing up in Iona to insights of family dynamics.

Ron also converted his poetry into a musical CD entitled **Lyrical Expressions** which includes songs about Cape Breton and two of my favorite songs from that CD are Barra Connection and Westray.

Ron is a frequent contributor to **KLEE RADIO** with his

poetry and verse and songs from his CD.

One of my favorite poems by Ron is "**100 Years of Living**" which Ron wrote for his mother. The poems range from a nostalgic look at his son's room, the Grand Ole Opry legends, life and times growing up in Iona and an amusing story about an extra skylight Ron put in the ceiling of the local Post Office when driving a fork lift.

If you tune in to the Victoria Day Good Morning Cape Breton Monday Show on www.kleeradio.com at 11 AM, I'll make sure I play some of Ron's poems including the one I already mentioned, "**100 Years Of Living.**" See you there folks.

The Storytellers

The Outhouse Caper

For many of you, an outhouse is a thing of the distant past, or something to be shunned when you go to a camping park. But for many Cape Breton bungalows, this was the only waste management system that they had.

Basically, not too much effort was spared on the poor old outhouse. It was not some place where you planned to stay for any length of time. It was usually built with scraps of wood, a creaky door and the usual "one holer" with various contraptions for a seat.

It was great fun to play jokes on people who were in the outhouse heeding the call of nature. You had them at their moment of weakness. The boys would collect snakes and frogs and push them through any of the several air holes and sit back and listen to the girls screech. It usually topped 150 decibels for a snake.

The girls would usually throw baking flour or water through the holes at the boys. I remember one very special adventure back in the summer of 1963. Our uncle was visiting from Ontario with his family. His two boys were great practical jokers and more than once we were literally caught with our pants down and suffered the water or cow manure tortures.

We planned our revenge with great stealth. Our mother was conscripted as one of our co-conspirators. We asked her to tell us when one of the boys had sneaked out to the outhouse. On Thursday night, July 15th, 1963, all our plans converged on the outhouse in back of our bungalow. Our mother gave us the "high sign" meaning that one of the boys had gone to the outhouse.

We sneaked quietly down the slight incline and wrapped a rope around the outhouse door which prevented an escape. We then quickly ran around the back and tugged on the rope for all we were worth. Suddenly the flimsy shell of the outhouse toppled over and a roar shattered the night calm. There was uncle Billy with his pants bunched up trying to get up and him screaming and cursing in tongues. We ran for the bungalow with a sick feeling.

We thought we would receive the wrath of God. When uncle Billy was finally able to speak a few words, he asked who was responsible. My mother looked right at her brother and said, "Oh Billy, where's your sense of humour? It was a prank by some of the boys around the bungalows. They do it every year."

My brother and I looked at each other and then at Mom. The truth dawned clear and we knew that Mom had set us up. However she wasn't a "squealer" so that counted for a lot. She walked around the rest of the night with a big smile on her face. I guess revenge sometimes waits a long time to get paid back.

For the rest of the vacation, Uncle Billy drove 5 miles to the gas station to use their bathroom and we never told anyone the secret..... until now.

The Storytellers is designed to present Cape Breton stories, legends and tall tales for your entertainment



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Victoria Day Trivia

Victoria Day is held to honor the memory of Queen Victoria who had the distinction of being the longest reigning Queen in history.

We have come up with some general trivia questions about her and her reign. Have some fun with these, make an educated guess at the answers.

1. How old was Queen Victoria when she ascended to the throne? A) 18 b) 24 c) 32
2. How long did she reign?
a) 28 years b) 51 years c) 64 years
3. How tall was she?
a) 5 foot b) 5 foot 3 in c) 5 foot 7 in
4. Where was Queen Victoria born?
a) Hanover Castle b) Kensington castle c) Windsor Castle
5. What year did she become Queen?
a) 1863 b) 1855 c) 1837
6. When did she die? A) 1888 b) 1899 c) 1901
7. Who succeeded her after her death?
a) King Henry b) King John c) King Edward

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Your Weekly Smile



Cape Bretoners are known for their sharp wit and the next story illustrates this point very well. The kids in Calgary wanted to treat their Granny to Christmas with them. Ada never flew before and she was a little nervous. The flight up wasn't too bad. However, on the return trip when they left Halifax there was quite a bit of turbulence. Anyone who has ever flown into Sydney airport on the "hang glider" of a shuttle will appreciate that the bumps and twists of the plane can be upsetting. A flight attendant seeing that Ada was a little bit frightened agreed to sit with her until the plane landed. After several gut wrenching lurches and a big bang on landing the flight attendant remarked, "We have arrived safely in Sydney." Ada looked at her and said with true Cape Breton wit, "Did we land on our own or were we shot down?"....

Two Styles of Yoga

Note the similarities in the traditional style of Yoga and The Cape Breton style as demonstrated by the following pictures.

TRADITIONAL YOGA STYLE



CAPE BRETON YOGA STYLE



It's a Dog's Life!

Now that spring and summer are quickly approaching our best friends are letting us know that they want to be out and about. Why not have them looking and feeling great for all their adventures with an enjoyable visit to Doggie Do's.

Here at Doggie Do's we offer your pet a stress free environment where they don't just get a hair cut but an entire experience that includes socialization with other dogs, a free consultation on what would best for them to fit their lifestyle and lots of love from the staff.

Our team has a combined twenty years of experience and are very knowledgeable about all breeds and the specific care that should be given to each type of coat.

We have a wide range of services that include, dental scaling, anal glands, aromatherapy massage, soft

claw application and up keep as well as amazing cuts!

All of our products are completely natural and we have something for every coat type. We have extra whitening, medicated, flea dip, hypo-allergenic shampoo and a wide range of natural colognes to have your best friend smelling fantastic long after they leave the shop.

Flea season is right around the corner and we recommend that you give your dog garlic and brewers yeast tablets as a natural preventative defense from those nasty pests. Also our natural flea baths will kill anything that may have made its way onto your pet.

We absolutely love dogs and therefore we groom for comfort first and great looks second although we are normally are successful at combining both. Mats are the enemy, when your dog

becomes matted it has to be ripped out and most times must be pulled right from the skin, we will not torture your pet to have them look good. What we will suggest at this time is that we give them a clean shave, (not bald) and start over. Each time a mat gets wet and dry it tightens causing bruising on the dog's skin as well as bald patches after a certain amount of time has elapsed.

As of June 1st we will be starting our summer hours from 9am to 6pm and also offer special appointments just in case these times don't match up with your busy schedule. We have walk in service for nails to be cut.

We do everything in our power to make sure your dog leaves here happy, looking wonderful, and smelling amazing while sporting our trademark bandana's and bows on the ladies.

We appreciate your business and have many returning clients. Because of this we offer memberships to everyone who stops by. Having a membership can earn free grooming's and hopefully have you and your best friend leaving with a smile.

In the quaint little Cape Breton village lived man named Joseph Albert Chaisson. He was the caretaker for the little parish church in Red Point. He worked there until he had just turned 50. One day the curate called him into the office with some sad news. "I'm afraid we will have to close the church Joseph. It has to do with finances. We just don't have enough money to keep the church open. He went on to explain to Joseph that because of his excellent work, he had sent his name on to Rome as a candidate for the Pope's chauffeur for his Canadian visit.

He was successful and went to Rome to begin his duties. He met with His Holiness and they hit it off immediately. About 6 months after he began his job, the Pope announces that he would like to visit Cape Breton. The plans are made and they arrive in Cape Breton. On the way to visit Joseph's home, the Pope says to Joseph, "Joseph, now that we are away from Rome and the world press, I would like to drive the car." Of course Joseph let the Pope drive. The Pope takes off his ornamental headdress and asks Joseph for his chauffeur's cap.

The Pope is having a wonderful time and begins to speed up. Suddenly in the mirror, they see the red flashing light of a mountie car. Joseph says to the Pope, "Just pull over your Holiness and I will handle this."

When the mountie approaches the car, Joseph rolls the window down and says, "Good afternoon officer, may I be of assistance?" The mountie takes one look, recognizes the Pope and says, "One moment please, I'll be right back."

The mountie goes back to the car and frantically asks the dispatcher to get a hold of the mayor, the RCMP Commander and the local MP. The RCMP commander comes on the line and asks, "What's the problem?" The officer says, "Well, I just pulled over a guy for speeding."

"What's the problem then?" asks the commander. "Well, he must be somebody really, really important and I wanted to check with you first."

The commander asks, "Who is he anyway?" The Mountie replies, "I don't know who the hell the passenger is, but he has the Pope for a chauffeur!"

A&K

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Did You Know?

Elephants are the only animals that cannot jump.

An ostrich's eye is bigger than its brain

A starfish has NO brain.

Polar bears are left-handed.

WORD TRIVIA - Here's your chance to broaden your vocabulary with these words which you may never have heard before

01. basiation (verb)

- a. to prostrate oneself in front of a man
- b. to bask in glory
- c. the act of putting things into a basin
- d. to kiss

02. pickthank (noun)

- a. a person who collects many thanks for having done good deeds
- b. a person who having been thanked finds fault with the person thanking him
- c. a person who is poor about remembering to thank people
- d. a person who flatters in order to receive thanks

03. bloviate (verb)

- a. to lie around idly
- b. to blubber uncontrollably
- c. to speak pompously and overbearingly
- d. to forget things prostrate oneself in front of a man

04. drazel (noun)

- a. the past tense of drizzle
- b. a vagabond
- c. a particular type of painting technique
- d. a vegetable found in the South Pacific

05. bedswerver (noun)

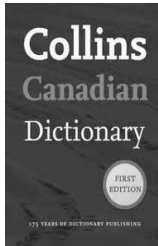
- a. a bed on castors for easy moving
- b. a nurse on skates
- c. an unfaithful spouse
- d. a crank handle for turning a bed around

06. windlestraw (noun)

- a. a type of machine for baling straw
- b. a light breeze
- c. a lightweight or feeble person
- d. a spinning wheel

07. morkin (noun)

- a. an animal killed by accident
- b. a person prone to extreme sentimentality
- c. the partner of Mindy
- d. a small owl native to New Zealand



STRANGE TRIVIA

If you yelled for 8 years, 7 months, and 6 days, you would have produced enough sound energy to heat one cup of coffee.

The human heart creates enough pressure when it pumps out to the body, that it can squirt blood 30 feet.

A cockroach will live 9 days without its head before it starves to death.

Banging your head against a wall uses 150 calories per hour.

A flea can jump 350 times its body length. That's like a human jumping the length of a football field.

The catfish has over 27,000 taste buds.

Butterflies taste with their feet.

The strongest muscle in the body is the tongue.

Right-handed people, on average, live nine years longer than left-handed people.

Clubs & Teams

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BINGO

**SYDNEY MINES
FIREMEN'S CLUB**

BINGO

EVERY WEDNESDAY 8 PM

**15 Games in Booklet
Warm Up**

1/2 the Take Even Split

Early Bird \$150.00 Draw

Winner Take 80%

Four \$25.00

Door Prizes

QUICKIE GAME

\$1629.00

JACKPOT #54

\$2350

BONANZA #48

\$800.00

LUCKY 7

\$550.00

LOONIE

\$579.00+



THURSDAY PUB NIGHT

**Darryl
Keigan**

Join Us Every Thursday as we
Dish Out Great Entertainment
and Food! - See You There!

Elliot St. - SYDNEY MINES

736-6664

JC

STRENGTH & FITNESS CENTRE

736-6030

806 Main Street
Sydney Mines



**New Treadmills
Have Just
Arrived!**

Friendly Atmosphere

With Personal Trainer - \$75.⁰⁰ per month

A Personal Trainer works with both men and
women Three Days A Week Per Month

Special Ages 13 - 17 - \$50.⁰⁰ per month

A Personal Trainer Works with both Men and
Women Three Days A Week Per Month

We Now Have Clothing

HOURS - Monday To Friday 8:00 am - 8 pm
SATURDAY 8:00 am - 5:00 pm



DoggieDo's

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WALK IN SERVICE - OPEN 7 DAYS A WEEK

Say you
Saw It
In Your
Northside
This Week
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\$ **5.00**
OFF

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Bath and Tidy
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Appointment
Online

www.doggiedos.com

204 Commercial Street
Downtown North Sydney



Book Online: myonlineappointment.com/doggiedos

OR CALL 794-7536

Northside At A Glance

Friday, May 20

Sydney Mines Legion - Fish Supper 4:00 - 6:00 pm and
Karaoke 8:00 12:00 -members & guests

North Sydney Firemens hall - Wicked game playing 10:00
2:00 am

North Sydney Legion - Dance - Killin Time - 9:00 - 1:00
am

Saturday, May 21

North Sydney Firemens Hall - Benefit Dance For Gilbert
Sibley

Blue Mist Pub - Andrew Doyle & Cory Keeping 5:00 -
8:00 and 10:30 - 2:00 am

Monday, May 23

North Sydney Legion - Bingo 8 PM

Sleep In for all those who have Victoria Day Off!!

Tuesday, May 24

Bingo - Sydney Mines Legion - 8 PM start

Mandy Jay's Restaurant - All Day Breakfast now being
served

Summertime Revue with the usual cast of characters and
special guest Sam Moon - Tickets available at the Savoy
Theatre Box office

Wednesday, May 25

Sydney Mines Legion - Open Mike with Bobbie and friends
- 7 PM start

Blue Mist Pub - Wing Night Special

Sydney Mines Firemens Club - Bingo - 8 PM start

Summertime Revue with the usual cast of characters and
special guest Sam Moon - Tickets available at the Savoy
Theatre Box office

Thursday, May 26

Sydney Mines Firemens Hall - Pub Night with entertainer
Darryl Keigan



LIKES / DISLIKES



What did you like in this publication? What did you **NOT**
like? Email us with your answers so that we can tailor this
weekly publication to your wishes. Email us at
thisweek@kleeradio.com

Trivia Answers Victoria

1 D - 2 A - 3C - 4 B - 5C - 6C - 7 A

How many were you able to get?

YOUR WEEKLY HOROSCOPE

ARIES - This week's scenario is highlighted by financial & domestic issues that need to be defined. You may need to get other's attention. Your productivity and morale will improve, thanks to your understanding of people and systems. It's intuition that makes it happen, not simple logic. Sensitivity is very strong. Promises don't mean anything unless the money is in the bank.

TAURUS - This week's scenario is highlighted by a time to celebrate your accomplishments & take a good look at your future. Leave nothing to chance when trying to make an effective point. Don't let your jokes get out of hand. People will definitely remember you, but it could be for all the wrong reasons. It's hard for you to sit still. Most likely, you're already planning something else to do, before you complete the first.

GEMINI - This week's scenario is highlighted by your financial status & your ability to reap your rewards. Not just the financial ones, the spiritual & emotional rewards you receive this week, will give you the power to accomplish more than you ever anticipated. Your positive self exertion will lead you into interesting moneymaking ventures. A helping hand given to someone who lacks confidence may fuel them to prove their worth to you, in a big way.

CANCER - This week's scenario is highlighted by challenges to your leadership. The information you're gleaning now will pay off for some time to come. You're the boss now, even if you don't have the official title, you have the control. You'll be the one to decide what information requires immediate attention. You may need to defend your territory. It's really a matter of lining up supporters, creating alliances, and dealing with matters in a diplomatic manner.

LEO

This week's scenario is highlighted by your extreme sensitivity to aggressive behavior. You don't really like having to deal with aggression. Keep your cool. If you play your cards right now, you'll really shine. It's not that you're being flashy, what makes you so special is your ability to contain your emotions and your words. Watch the situation carefully and pick your spots. You'll need to get a quick impression of a situation and then move on. You won't have much time for reflection. You may be forced to guess.

VIRGO - This week's scenario is highlighted by popularity & making your mark. Your creative talents will bring you added popularity & respect. You may have felt a little under the weather lately, but this week, you'll exude personal magnetism. You'll be invited to a social gathering. You'll have the opportunity to network with some new contacts. You'll enjoy meeting new people & experiencing new adventures down the new paths you take, this week.

LIBRA - This week's scenario is highlighted by new circumstances that come about through the auspices of friends, groups and organizations. You may your dreams into a reality. have some visions or dreams that are suddenly recognized as ideal situations. Be willing to work through any fear and take some risks with international projects, travel plans and financial opportunities. Look for the silver lining. Secret love and artistic projects keep you singing and walking on air. The world looks bright and beautiful, investments will begin to pay off. Love will conquer all.

SCORPIO - This week's scenario is highlighted by your keen perception of others' needs & wants. Your imagination will be energized. Accept incoming calls, you may be invited, at the last minute, to a social event which proves to be a real eye opener. You should visit museums, libraries, take a vacation, get in touch with nature. Try to include as many other people as possible in your plans. They'll appreciate the security you offer in organizing projects. Do something that brings your mind closer to your soul. Enjoy any projects that relate to the beautification of your home or property.

SAGITTARIUS - This week's scenario is highlighted by your natural tendency to be sensitive. Others may irritate you with their senseless comments. Realize that some insults don't deserve the courtesy of a response. If you let the lid off your emotions, you may never get it back on again. Doing so may be a quick recipe for disaster. Stay alert to subtleties. By mid-week you'll feel like you're in the center of everything, taking all the heat from everyone. In actuality, you're actually in your own little corner making waves that are barely send ripples. Cool yourself off and try to find your positive flow.

CAPRICORN - This week's scenario is highlighted by your ability to work quietly behind the scenes for the best possible results. You have many opportunities to communicate with friends or groups who value what you have to offer. Reach out for optimistic conclusions to group activities. You can sell anyone anything if you try. Do not try to lure people to your side. Use methods that are clear and concise. You can count on the support of someone who is operating behind the scenes in your life.

AQUARIUS - This week's scenario is highlighted by agreements or making a commitment to a partner or mate. Love may enter your life through the back door. Be on the alert for someone standing in the wings. You are especially sensitive to the trends of the times and know exactly where to put your energy in relation to new projects. Avoid any compulsions with expenditures, even if you have been waiting for funds for what you need and want. Don't even think about retribution if you have collected some grudges against a partner or mate.

PISCES - This week's scenario is highlighted by your ability to use diplomacy & tact. Skillful discussions to find what is fair and right, could pave the way for better relationships. Sensitive discussions bear fruit now. You'll be able to express yourself in a new way to friends and groups. Others will look to you as their spokesperson and leader. Avoid depressing people, at all costs. Get ready to be more involved in group projects.

Armstrong Memorial Branch #19

ROYAL CANADIAN
LEGION
NORTH SYDNEY



MONDAYS
Bingo 8 PM
UPSTAIRS



DANCE

Killin' Time

Friday, May 20 - 9:00 - 1:00

Saturday, May 28 - 9:00 - 1:00

FRIDAYS - 3:00 - 6:00 PM

Happy Hour

GENERAL MEETING - 8 PM
Wednesday May 25th

Archibald Avenue - North Sydney
794-4816 - 794-7482 - Members & Guests