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FREE

THIS WEEK

CBRM COMMUNITY NEWS ITEMS

FREE

VOL. 7 - NO. 26 - July 6th - 2017

WEBSITE
www.kleeradio.com



K-LEE RADIO will be broadcasting from the Sydney Mines Seniors & Pensioners Club on Friday, July 7th and

July 12th from 1:00 - 4:00 pm with our **OLDIES** program. Please stop in for an afternoon of fun and music - Free Give-aways throughout the afternoon.



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Pickup Truck - 3/4 Door, Extended Cab -	\$139.99	(Lincoln, Tahoe, Suburban)	\$149.99

126 SEAVIEW DRIVE
NORTH SYDNEY

Phone For An
Appointment

794-4947

NORTHSIDE COMMUNITY NEWS ITEMS

North Sydney Fire Hall

THURSDAY NIGHT - Open Mic Night with Ernie, Todd & Wade, kitchen open.

DANCE - Killin' Time - July 14th from 9:00 - 1:00 - Adm. - \$3.00.



- July 5 Veendam 0800-1600
- July 12 Maasdam 0800-1600
- July 18 Maasdam 0800-1600
- July 25 Veendam 0800-1600
- July 26 Maasdam 0800-1600
- Aug. 1 - Maasdam 1100-1800
- Aug. 02 Veendam 0800-1600
- Aug. 05 Rotterdam 0800-1700
- Aug. 05 Insignia 0900-1800
- Aug. 06 Boudicca 0730-1630

SENIORS BINGO

The Regular SUNDAY afternoon Bingo resumes. There will be an Afternoon BINGO Game at the Sydney Mines Seniors & Pensioners Club, 6 Fraser Avenue, Sydney Mines.

WHEN: SUNDAY AFTERNOON
TIME: 2:00 pm

COST: - \$2.00 entry card DAUBERS ONLY - MONEY GAMES
Come out and spend a wonderful Sunday afternoon and maybe wine some prizes. Hope to see you all there.

BINGO				
7	25	44	57	62
15	22	40	50	70
11	30	46	74	
2	28	37	55	68
10	27	39	59	75

3RD ANNUAL BALL HOCKEY TOURNAMENT - As part of Bartown Festival - July 23rd at the Pierce Street Courts - 4:00 - 7:00 pm.

Grab your hockey gear and some friends and drop by the courts. No registration required, all ages welcome and free of charge. Round up a team (4 - 7) or we can make one for you. Please bring your own gear.

SATURDAY DANCE

The Sydney Mines & Pensioners Club will host a **SATURDAY DANCE** at 8:00 pm in their Clubrooms 6 Fraser Ave., Sydney Mines. The cost of the Dance is just \$3.00.

Music will be provided by R & B Country (Ray Petrie & Bud Harold), the same band that played this Summer at Indian Beach to rave results.

Come out to our Club, 6 Fraser Avenue in Sydney Mines and have a great night every Saturday. Canteen Service is available.

SOME NEWS ITEMS in this edition for the Northside area are courtesy of "Swing Over The Mountain Newsletter" - email - <http://sotmnews.weebly.com>

FERAL CATS CHASE THE ACE DRAW - Jackpot is now \$36,500 with 15 cards remaining! Tickets on sale all week long.



C. B EXHIBITION BEGINS
AUGUST 14 - 19



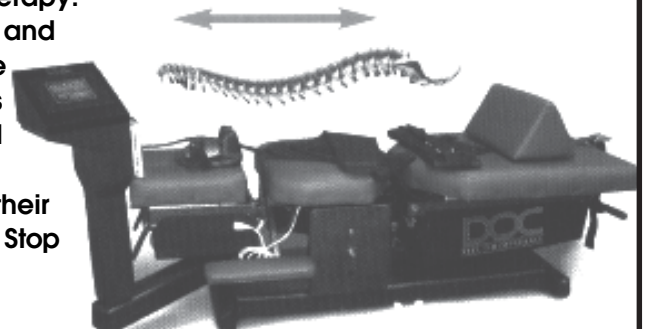
I love the **Summer** weather... llots of community activities going on.... Check out the list of great music at the new **Theatre Pub & GRILL** where the old DEONO Theatre used to be on Commercial Street in North Sydney - see their list of upcoming **performers** elsewhere in this edition..... Plans are underway now for the **101st Annual Cape Breton County Exhibition** which begins **August 14 - 19** and this year there will be teams of oxen, a great favorite among local Exhibition attendees.... Also coming up **July 22 - 30** is the annual **Bartown Festival** and this year there is a lot of local events for you and the whole family to attend - **K-LEE RADIO** will be there as well for this Festival....and speaking of community radio, K-LEE RADIO will be at the **Sydney Mines Seniors & Pensioners Club** on Friday, July 7th and Wednesday, July 12th with a live broadcast from 1:00 - 4:00 **both days** - an afternoon of great **Oldies music**, stop by and enjoy the music and free giveaways..... **the mackerel** are running again and I have been out already getting feeds for the neighbours.... A **Plant Sale** will take place this **Monday, July 10th** at 6:00 pm at the North Sydney Legion Cenotaph on Archibald Avenue.... Come out and enjoy **Sydney Mines celebration** of Canada's 150th Anniversary - Heritage Day will be held on July 8th, see schedule on **page 5** of this edition.... I would like to thank the **CBRM Recreation** area director **Joe Costello** for his assistance with our **Canada Day** show on the Sydney Boardwalk - Also to **M.P Mark Eyking** for supplying Canada flags to distribute to over **300 children** on Saturday... It's the 50th **Garden Club Rose and Flower Show** and the Theme: OH! Canada - It will be held on Tuesday, July 18, 1-4 pm at Legion Branch 19, Archibald Avenue, North Sydney.... **The Big Wave Festival** in Bras d'Or kicks off **July 16 - 22** and you can see a list of all their events on the **BIG WAVE Facebook page**.... **FREE PUBLICITY** - If your club or group is holding a Summer event, email us with your information and we'll publish it in our paper and on our community radio show - thisweek@kleeradio.com

NEW DECOMPRESSION TABLE RELIEVES PAIN

Darren Strong from Strong Chiropractic, announces a new, sophisticated computerized decompression table that allows the spine to be gently stretched and relaxed for spinal decompression therapy.

The pattern of alternating pulling and relaxing creates vacuum-like pressure which allows disc material that was herniated or protruded to be pulled back in the disc over time.

Patients will notice a reduction of their pain during these treatment sessions. Stop in today and ask about the new table and how you can benefit.



793 Mahon St., New Waterford - 862-9444 224 Commercial St. North Sydney - 241-9444

C.B.R.M. COMMUNITY NEWS

UPCOMING SENIORS EVENTS

Listed below are some of the upcoming events scheduled for the Sydney Mines Seniors & Pensioners Club, Sydney Mines

OLDIES RADIO SHOW - FRIDAY, JULY 7TH AND WEDNESDAY, JULY 12TH BOTH AFTERNOONS FROM 1:00 - 4:00 PM



If you need anymore information on these events please call the Hall at 902-736-3100.

BREAKFAST BRUNCH

Last Sunday of every month
Big Bras d'Or Fire Hall - JULY 30th 9:00 am - 12 noon - Sponsored By "Friends of Big Bras d'Or Fire Hall" 1390 Old Route #5 - Big Bras d'Or Adults \$8.00 - Children \$4.00 EAT IN or TAKE OUT

www.kleeradio.com

Some News Items courtesy of Swing Over The Mountain Newsletter - email - <http://sotmnews.weebly.com>



North Sydney Legion Cenotaph - Archibald Avenue, North Sydney.

MONDAY, JULY 10TH

6:00 pm

PERRENIALS - \$5.00

All are welcome to attend this sale



"BEST WINGS IN CAPE BRETON"
\$8.99 LB
ALL DAY - EVERY DAY

FREE MOVIES TUESDAY 7PM & 9PM

MATT MINGLEWOOD BAND

COMING SEPT. 30TH - TICKETS ON SALE NOW AT THE PUB

TICKETS FOR PRETTY ARCHIE JULY 22 ON SALE NOW

FREE SATURDAY MATINEE EVERY WEEK

1PM-8PM - THIS WEEK: DAN MACARTHUR & JOE MACLEOD

BARTOWN FESTIVAL
JULY 22 - JULY 28
Events Schedule Next Week

212 Commercial St., - North Sydney

Heat & Serve Meals - Fresh Meal Selections - Frozen Selections
Grab 'n Go Lunch
Soups - Sandwiches - Salads
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Med. Fries, Med. Gravy, Med. Salad, 3 rolls **\$24.95**
PLUS TAX



12 PIECE CHICKEN

Large Fries, Med. Gravy, Med. Salad, 4 rolls **\$34.95**
PLUS TAX



18 PIECE CHICKEN

Large Fries, Med. Gravy, Med. Salad, 6 rolls **\$42.25**
PLUS TAX

Located in Bras d'Or on Trans Canada Highway

- HOURS OF OPERATION -
11:00 AM - 10:00 pm
PHONE

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The Cape Breton Exhibition
Runs From August 14-19



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www.sotmnews.weebly.com
monthly newsletter

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ROYAL CANADIAN LEGION - SYDNEY MINES - 736-3206

PEPPER & PEARL FRIDAYS - 10:00 - 2:00 AM

BINGO - TUESDAY - 8 PM

Hall Rental Available - 736-3206

BINGO
Jackpot
\$775.00

BINGO Tues.
8 PM
Bigger
Games &
Prizes



NORTH SYDNEY LIBRARY NEWS

FIBRE LUNCH Thursday, July 6th from 1:00 - 3:00 pm. Free, everyone welcome.

below are some of the exciting Summer Programs....

TUES., JULY 11 - 2 - 4 pm - CODING - ages 10 and up.

WED., JULY 12 - 1 - 3 pm - SCRATCH CODING - Ages 8 - 14 - by Brilliant Labs.

WED., JULY 12 - 3:30 - 5:30 M. BOTS Ages 8 - 14 - by Brilliant Labs.

FRI., JULY 14 - 3 pm - Where Does Your Water Come From? - by ACAP.

WED., JULY 19 - 10:30 am - MAKING ROBOTS - by Bell Museum.

FRI., JULY 28 - 10:30 am - African Dance - All ages, adults too.

THURS., AUG. 3 - 2 - 4 pm - LEGO ROBOTICS - ages 5 - 12

TUES., AUG. 8 - 2 - 3 pm - SCIENCE FUN - Ages 10 and up.

To register call (902) 794-3272. There are limited spaces for each program, call early to register - All programs are FREE.

BARTOWN FIREWORKS - will be held Sunday, July 30th at the Carme YoungSports Complex beginning at 10 pm Sponsored by Cape Breton Beverages & Marine Atlantic.



BRANCH 008 LEGION THANK YOU

Thank You to all who came to Branch 008 for the free breakfast for Canada Day.

Thank You to the Ladies Auxiliary for donating Juice and Pancake mix. Also for the Branch for helping with the sausage, to Crown Taxi for the cake.

Thank You to all the children who came out to the Doll Carriage Parade and Bicycle Parade, all who volunteered in any way - THANKS!

I cannot go without saying how proud I am of the Cenotaph and Graveyards to see all those Canadian flags at our Cenotaph, a flag for each veteran's name on the monument. Thanks George, Cyril, Sid, Jim for looking after this.

It makes you very proud to be Canadian.

BARTOWN PARADE

Join us for the Annual Bartown Parade starting at the old North Sydney Forum, travels down Pierce Street, down to Regent Street and onto Commercial Street, left on Blowers and back to the old North Sydney Forum. For more information call the Bartown Office (902) 794-8589.

BARTOWN KICKOFF - After the Parade join us at Smelt Brook for some great entertainment, children's activities and a free BBQ. Music will be by Final Cut. The draw for the Sobey's \$200 gift card will take place at this event. You must be present to claim the prize.

NORTHSIDE NEWS

EXERCISE PROGRAM AT SENIORS CLUB

The popular Monday Exercise Program is back at the Sydney Mines Seniors & Pensioners Club beginning at 1:00 pm.

All welcome, you do not have to be a member to participate, admission is free.

Earl's Greenhouses
429 Seaview Drive
794-4146

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Spring Annuals
Fall Mums Coming
in September
Gift Certificates Available

Jocelyn's PermaLeaves

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THOSE GOOD OLD OLDIES
Mon. - FRIDAY - 7:00 PM
DJ JACK COOL
www.kleeradio.com

www.kleeradio.com

Royal Canadian Legion Branch 83 - Florence POOL TOURNAMENT



Every Wednesday

BINGO EVERY THURSDAY
8:00 pm - CASH PRIZES

SATURDAY NIGHT KITCHEN

PARTY with THE CIRCLE from 7:00 - 10:00

BREAKFAST EVERY SUNDAY FROM 9:00 - 12:00

Adults \$7.50 - Kids \$5.00

CHASE THE ACE - Sunday JACKPOT - \$4,550

736-6313



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NORTHSIDE COMMUNITY NEWS ITEMS



SYDNEY MINES LIBRARY NEWS

LEGO registration, every 2nd Tuesday, is ongoing and the times is 3:30 - 4:30 pm. We have openings for interested participants, please check at the desk for details.

Looking for Pre School participants - every 2nd Wednesday for early Registration October start.

Summer Reading Program started, lots of Prizes available.

READING TOGETHER CLUB registration for September for grades 2 -3 and 4 - 6 for both Sydney Mines and North Sydney Mines Libraries.

Not many spots left for July programs, register now .

JULY 10 - Science Day - 2:30 ages 5 - 10, one opening.

Please pre-register for all Summer Programs.

AUG. 16 - 11 am - Jamie Junger presents "Fishing For Pickles" - children and Adults, Free admission - No pre-registration required.



SYDNEY MINES LITTLE LEAGUE 50/50 DRAW - Last week's winner was Joe Petite and the amount was \$5,200. Thank you for your support.



DJ JACK COOL OLDIES SHOW

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SOME NEWS ITEMS in this editi on for the Northside area are courtesy of "Swing Over The Mountain Newsletter" at <http://sotmnews.weebly.com>

Sydney Mines Heritage Day Events

Come out and enjoy Sydney Mines own celebration of Canada's 150th Anniversary. Heritage Day will be held on July 8th.

There will be fun activities at two Sydney Mines locations.

9 AM - Come to the Sydney Mines Heritage Museum (159 Legatto Street) to register for a community Heritage Hunt. From there you can learn about Sydney Mines Heritage first hand by visiting a few sites of interest around the community.

Enjoy fun activities on the museum grounds and half price passes for museum tours and fossil field trips.

NOON - Holy Family Hall (905 Main Street) for a Heritage Display and story telling session led by Ronald Labelle, Cape Breton Regional Library storyteller-in-residence.

Refreshments and snacks with an ethnic flair will be served. The afternoon will close at 3 pm with a Legacy tune written especially for this occasion.

For more information, call (902) 371-5088 or visit our Facebook Page at Heritage Day in Sydney Mines.

BIG BRAS D'OR 45s Card Games Mondays at 7:00 pm. Pre School Play Group, Tuesdays 10 am - noon. For Hall Bookings - Darlene - 304-8580.

Sydney Mines Seniors & Pensioners Club News

WEDNESDAY: 45 Card Game & Jackpot, Loonie, Mini Pot, and Even Split. - TIME: 7:30

FREE PUBLICITY for your event, fund raiser etc. thisweek@kleeradio.com

**BARTOWN SCHEDULE
PHONE (902) 794-8589**



**BALLAST GROUND FISHERIES
NORTH SYDNEY - 794-4083**



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We will fly to any major airport in Canada

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BINGO - Every Sunday Night at the Millville Com-

BINGO
7 25 44 57 62
15 22 40 50 70
11 30 46 74
2 28 37 55 68
10 27 39 59 75

munity Centre beginning at 7:00 pm. Cash Prizes Only.

CLANSMAN MOTEL



Chicken Wing Night SATURDAYS

Best Wings on The Northside!

**TOP OF PEPPETT STREET - NORTH SYDNEY - 794-7226
JUST 2 KILOMETRES FROM THE NORTH SYDNEY FERRY TERMINAL**

Vegan Choices Available Seniors' & Children's Menu

BREAKFAST

DAILY 7 AM

K-LEE RADIO - www.kleeradio.com

NORTHSIDE COMMUNITY NEWS

50th Anniversary Garden Show

It's the 50th Garden Club Rose and Flower Show and the Theme: OH! Canada.

It will be held on Tuesday, July 18, 1-4 pm at Legion Branch 19, Archibald Avenue, North Sydney.

The syllabus available at the North Sydney Library or call 794-3197

THEATRE PUB & GRILL

JUL 8 - Dan McCarthy & Joe MacLeod at 4 PM - Live DJ with dancing at 10 pm.

JUL 15 - The Ayl Men at 4 PM Joel Young at 10 PM

JUL 22 - Mike LeLievre at 4:00 PM - Pretty Archie opens BARTOWN DAYS at 10 PM

JUL 26 - Watch for The Theatre Pub in the Bartown Parade!

JUL 28 - Bartown's 1st Annual Beer Pong Tournament

JUL 29 - Brandon Collier & Jason Kempt at 4 PM - Bandit helps us wrap up Bartown Days at 10 PM

BARTOWN SCHEDULE EVENTS NOW ONLINE

The Bartown Festival events list is now available online at <http://bartown.ca>

The Festival will run from July 22 - July 30.

For additional information, Contact the Bartown Office at (902) 794-8589.



XAVIER CAMPBELL BENEFIT DANCE

A Benefit Dance for Xavier Campbell will be held July 8th from 9:00 - 1:00 at the Millville Community Centre.

There will also be a Silent Auction, 50/50 Draw - Music by DJ - Big Mike.

BARTOWN EVENTS

SUNDAY, JULY 23 - 5 km Road Race - Northern Yacht Club - 9:00 am - Registration starts at 8 am and is \$10.00 - includes a t-shirt. Pre-registration is required and can be done by calling the Bartown Office (902) 794-8589 or by emailing us at festival@bartown.ca

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For the latest and most comprehensive list of local events, logon to - www.musiccapebreton.com
Mike Little updates his listings each week.

CONTACT INFORMATION

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glengray@kleeradio.com

email us - thisweek@kleeradio.com

If you like **Sudoku Puzzles**, logon to our website and enjoy a **Daily Puzzle** along with a new **Daily Crossword Puzzle** - Logon Features at - www.kleeradio.com

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Upcoming K-LEE RADIO Remote Broadcasts

We will be broadcasting from the Sydney Mines Seniors & Pensioners Club on Friday, July 7th and also on Wednesday, July 12th.
Come join us for an afternoon of Oldies music - 1:00 - 4:00 - both days

NORTHSIDE COMMUNITY NEWS

DRAGON BOAT FESTIVAL SET FOR AUGUST 12 - Paddles up everyone! It's the 10th anniversary this year for the Boularderie MammoWarriors.

We invite you to the Cape Breton Unionized Trades Dragon Boat Festival at the Big Fiddle to watch the races and cheer us on.

The MammoWarriors are trying to reach \$30,000 as this year's donation to the Cape Breton Cancer Patient Care Fund.

Many, many thanks to you for continuing support for this important cause. Your encouragement and contributions keep us going.

BARTOWN BURGER BATTLE

Come out to local food establishments and try their burgers as they battle it out for the title of "Northside's Best Burger".



Vote online for your favorite at

bartown.ca - Keep an eye on our social media pages to see our participants.

WASHER TOSS TOURNAMENT - To be held at Munroe Park as part of the Bartown Festival.

\$10.00 for a full day of washer toss. All registration fees will go towards Firts and Second Prizes.

FRONT STREET FROLIC

Join us for a multi cultural celebration of Canada's 150th anniversary, July 25th

The streets between Archibald Avenue and Blowers Street will be blocked off from traffic for a night of entertainment including live music by the MacLellan Brothers, food, vendors and a live fire performance from Brant Fireguy!

SUPER HERO TRAINING

This year's Bartown Festival will include something special for the area children.

On Monday, July 24th, from 2:00 - 4:00 pm at Munroe Park, your children can come dressed as their favorite Super Hero.

There will be a set of challenges to become a member of the Official Justice League. Ages 4 - 11

Armstrong Memorial Branch #19



ROYAL CANADIAN LEGION NORTH SYDNEY
Archibald Avenue - North Sydney

Chase The Ace Jackpot - \$14,169.50

BARTOWN CRIB TOURNAMENTite - JULY 27th

BARTOWN SENIORS TEA - JULY 28th

794-4816 - 794-7482 - Members & Guests

A & A's ODD JOBS

- * **Lawn Maintenance**
- * **Garbage Removal**
- * **Light Carpentry**
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Snow Removal in Winter Moavnths



537-0190 - 794-1238

Novice / Beginner Line Dancing Classes starting again!! No Partner Needed!! Fee: \$5.00 Thursdays 7 PM(sharp) - 8 PM at Big Bras d'Or Fire Hall (1390 Old Rte 5 - at Black Rock Rd). Never line danced before or need a refresher? This is the class for you. Start with us NOW, have some FUN and get DANCING!! Classes will run right through until October - so we'll have enough time to help it stick!!

If you have any questions, call Nancy at 902-674-2500

Sunday Morning Gospel Radio Show Airs 9 am

For those of you who like to start Sunday morning off with some inspirational music, we have just the thing for you.

Tune in on Sunday mornings at 9 am when host Pierre Chiasson presents a one hour show of the best in traditional and contemporary Gospel songs to listen to as you have your Sunday Brunch - Logon.

www.kleeradio.com



BY PAUL POWER

STYX - "The Mission" - Although the band Styx has released 16 albums since forming in 1972 they were always at their best when the album had a theme, or a concept, such as the "Kilroy Was Here" and "Paradise Theatre" albums. The last Styx studio album was released in 2005-so their return was welcomed by many fans.

I mentioned concept albums-and this one is such; it tells the story of a mission to the planet Mars. The storyline was written by Tommy Shaw and Will Evankovich, and the band announced the album in conjunction with the release of the lead single "Gone Gone Gone", while "Radio Silence" and "Hundred Million Miles from Home" were later made available before the actual album release. "Gone Gone Gone" has Canadian Lawrence Gowan doing another great job here as one of the band's lead singers and keyboard player (a gig he's had since May of 1999) ushering in what is an instant



classic Styx track, complete with all their trademark sounds; Gowan also does lead vocals on "Radio Silence" and does a fantastic job on "The Greater Good".

The song "Hundred Million Miles from Home" features Tommy Shaw on lead vocals (he is actually my favourite singer in the band) and he is incredible on the songs "Locomotive" and "Red Storm". The band stretches its creative touch on a song that will blow your mind when you hear just how much Styx sounds like The Beatles on "Mission To Mars", and "Trouble At The Big Show" (with James Young on vocals) is a surprise-with a retro Pink Floyd-like delivery.

There are some interesting bridges tying the songs together-which is apropos for most concept albums. But don't let "concept album" scare you away-this is a Styx album that's filled with songs that can stand alone as great tracks by themselves.

Fans of the band will be very happy with this album-was it worth waiting 12 years for? For the most part yes, and by the way-the album's cover artwork is amazing.

BIG WAVE FESTIVAL

JULY 16 - JULY 22

The Big Wave Festival kicks off with a Pancake Breakfast at the Big Bras d'Or Fire Hall on July 16th and concludes with the ever famous Poker Run and day long festivities at the Factory Wharf on July 22nd.

Baked goods and pies from St. James, lobster rolls from St. John's United, live music all afternoon and an evening of music and refreshments under the tent are all in store.

Various events will also be



held during the week including the annual Strawberry Tea & Sale at St. John's United Church.

Look for flyers in tghe mail detailing all the week long events.

Also look for information on the Big Wave Facebook page.

BIG BRAS d'OR FIRE HALL NEWS - 45s card games have finished for the year and will start again September 11.

Pre-School Play Group Tuesdays at 10 am noon.

Line Dancing has started up again. Novice - Beginners only, Thursday at 7 pm. Fee \$5.00.

The Big Bras d'Or Fire Hall is available to rent for showers,

birthday parties, meetings etc. Contact Darlene 902-304-8589 Price is \$50.00.

ROSS FERRY NEWS
BREAKFAST - Knox Church

Hall, Roass
Breakfast Ferry -
July 15th

from 8 qm - 11 am - \$8.00, under 12 - \$4.00. We will also have this Breakfast on August 26th.

NORTHSIDE COMMUNITY NEWS ITEMS

ROSS FERRY - Thursday night sessions on the natural history of our area. Starts at 7 PM, rfreshments supplied by Knox Church.

JULY 6TH - Fred Baechler - Managing Cape Breton's groundwater resource - what can we learn from others?

JULY 13TH - Joyce MacDonald - Gaelic history, songs, stories.

JULY 20 - Bill Danielson - Cape Breton's Loopy weather, will it get loopier?

SUMMER SUNDAYS - 1:30-5:30 through until Labor Day we will be cooking hot dogs, sausages and our world famous french fries at the park.

FARMERS MARKET - Every Sunday 1:00 pm - 3:00 pm (July

9th through SEptember) at the Ross Ferry Fire Hall.

VOLUNTEERS - Do you have a Sunday afternoon this Summer you can spare? Volunteers are needed to run the BBQ. Please contact Greta at 902-674-0035

ROSS FERRY - The Ross Ferry Fire Department will be conducting thier annual door to door canvassing during July and August.

BARTOWN EVENT - Senior's Tea at Branch 19 Legion, Archibald Avenue, North Sydney. Relax with a hot cup of tea and refreshments while listening to Ernie Wells - Sponsored by Branch 19 Legion.

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